



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## 5.1.2 Capability enhancement and development schemes employed by the Institution for students:

1. Soft skill development
2. Language and communication skill development
3. Yoga and wellness
4. Analytical skill development
5. Human value development

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## CERTIFICATE OF THE HEAD OF THE INSTITUTION





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**DR JAIN MATHEW**

**PRINCIPAL**

## **TO WHOMSOEVER IT MAY CONCERN**

**This is to certify that our institution, St. Gregorios Dental College has conducted the following capability enhancement programs during 2019- 2020, 2020- 2021, 2021- 2022, 2022- 2023 & 2023- 2024.**

- 1. Soft Skill Development**
- 2. Language And Communication Skill Development**
- 3. Yoga And Wellness**
- 4. Analytical Skill Development**
- 5. Human Value Development**
- 6. Personality And Professional Development**
- 7. Employability Skill Development**

**PRINCIPAL**



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## CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES



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## ACADEMIC YEAR 2023- 2024



# ST.GREGORIOS DENTAL COLLEGE

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## SOFT SKILL DEVELOPMENT



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## BASIC COMPUTER COURSE

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/VAL/011/2023

24.6.2023

### CIRCULAR

Subject: Basic Computer Course

Dental Education Unit, St. Gregorios Dental College is organizing an Orientation Program for post graduates on 26.06.23 - 27.06.23 at 10 am in college auditorium

For further reference reach out to Dr. Allu Baby.

  
PRINCIPAL

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St. Gregorios Dental College  
Chelad, Kerala - 686 681

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BROCHURE

# basic computer course

VALUE ADDED PROGRAM  
FOR POSTGRADUATES

RESOURCE PERSON : **SR. KEZIA**



**26-27 JUNE 2023**

**10.00 AM**

**COLLEGE AUDITORIUM**

**DEPT. OF PUBLIC HEALTH DENTISTRY  
IQAC | ST GREGORIOS DENTAL COLLEGE**





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## POST-EVENT REPORT: BASIC COMPUTER COURSE

Date: 26.06.23 - 27.06.23

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

Basic Computer Skills Course training used a combination of lecture and interactive discussion. The basics of the computer were introduced through stimulating presentations and demonstrations. Interactive discussion facilitated learning through the sharing of knowledge and allowed participants the chance to ask questions and clarify concepts. Group activities and peer-to-peer learning were encouraged to develop collaboration and teamwork. Overall, the training methodology was planned to make sure it engages participants and provides a conducive environment for learning and skill development in basic computer usage. Hands on was held at the internet centre.

### Key Highlights:

Key highlights of the Basic Computer Skills Course included engaging lectures on computer fundamentals, interactive discussions on internet safety and cybersecurity, and participant feedback sessions for continuous improvement. The course proved to be effective in building a collaborative learning environment in which participants could acquire vital computer skills in a supportive setting.

### Conclusion:

The Basic Computer Skills Course provided an opportunity for the participants to acquire the most basic knowledge of computers. The course had some challenges, but it still went very well and addressed the basic course objectives..



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## ATTENDANCE LIST



**ST. GREGORIOS DENTAL COLLEGE, CHELAD**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD KOTHAMANGALAM ERNAKULAM DIST, KERALA - 686681

TOPIC: *Basic Computer Course*

Sl no.	Name of participant	26/06/2023 Day 1	27/06/2023 Day 2
1	Dr. Jison James	<i>[Signature]</i>	<i>[Signature]</i>
2	Dr. Aya	<i>[Signature]</i>	<i>[Signature]</i>
3	Dr. Sa. Jasmin Cyril	<i>[Signature]</i>	<i>[Signature]</i>
4	Dr. Sanjay S	<i>[Signature]</i>	<i>[Signature]</i>
5	Dr. Srinath VP	<i>[Signature]</i>	<i>[Signature]</i>
6	Dr. Jimmy George	<i>[Signature]</i>	<i>[Signature]</i>
7	Dr. Ann Maxim Sunny	<i>[Signature]</i>	<i>[Signature]</i>
8	Dr. Lyle P. Matthew	<i>[Signature]</i>	<i>[Signature]</i>
9	Dr. Ashwanya Malayachandran	<i>[Signature]</i>	<i>[Signature]</i>
10	Dr. Divya	<i>[Signature]</i>	<i>[Signature]</i>
11	Dr. Ashwanya Uthappa	<i>[Signature]</i>	<i>[Signature]</i>
12	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
13	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
14	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
15	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
16	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
17	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
18	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
19	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
20	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
21	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>
22	Dr. Anika	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM

### CERTIFICATE OF MERIT

This certificate is awarded to

DR. AISHWARYA ULLATHIL

FOR SUCCESSFULLY COMPLETEING 15 HOURS OF  
VALUE ADDED COURSE ENTITLED "BASIC  
COMPUTER COURSE" ORGANISED BY THE DENTAL  
EDUCATION UNIT IN ASSOCIATION WITH IQAC.

**DR. JAIN MATHEW**  
PRINCIPAL



**DR. ALLU BABY**  
DEU CONVENOR





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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON BASIC COMPUTER COURSE



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## MELODIOUS NOTES

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/VAL/015/2023

20.09.2023

### CIRCULAR

Subject: Melodious Notes – program for first years.

Music Club, St. Gregorios Dental College is organizing an program entitled “Melodious Notes” for BDS first year students on 22.09.23-23.09.2023 at 6pm in college auditorium  
For further reference reach out to Mrs. Nima M Kalappura



  
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BROCHURE

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

# MELODIOUS NOTES

VALUE ADDED PROGRAM FOR BDS 1ST YEARS

**DATE & TIME**



**22-23  
SEPT 2023  
8:30am  
COLLEGE AUDITORIUM**

**RESOURCE PERSON**

**SUJA RAVI**

Organized by  
**MUSIC CLUB, INTERNAL QUALITY ASSURANCE CELL**



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## POST-EVENT REPORT: MELODIOUS NOTES

Date: 22.09.23-23.09.2023

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

The course's instructional approach comprised group projects, interactive lectures, and demonstrations. Theoretical education was used to expose students to music concepts, and then there were opportunities for debate and reflection. Instructor feedback was given to help pupils understand and advance. The goal of this strategy was to increase participant involvement and comprehension.

### Key Highlights:

Engaging lectures that provide a thorough introduction of music theory, instrumental techniques, and performing skills were among the course's main features. Students were able to practically apply their academic understanding through interactive demonstrations. Peer engagement was promoted and collaborative learning was enabled through group activities and conversations. Throughout the course, instructor feedback ensured that students understood and made progress. It was a valuable source of direction and support. All things considered, the course successfully blended academic education with real-world application, fostering a dynamic learning environment that encouraged participants' interest and skill development.

### Conclusion:

In summary, the course's goals of giving students a strong foundation in music theory and performance techniques were accomplished. Participants obtained useful knowledge and self-assurance in their musical abilities through interesting lectures, hands-on demonstrations, and group activities. With the help of the course's encouraging atmosphere and skill-building opportunities, students left feeling prepared and enthusiastic to pursue their musical endeavours





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## ATTENDANCE LIST





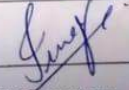
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TOPIC: MELODIAS NOTES - Value added course.

Sl no.	Name of participant	22/9/23 Day 1	23/9/23 Day 2
1.	Safnel M.S	Saf	Saf
2.	Aiswarya Lakshmi	Amit	Amit
3.	Aiswarya Ps	Amit	Amit
4.	Akhila C	Akhila	Akhila
5.	AKRANSHA. PRADEEP	Amit	Amit
6.	Aleka Anand Nanda	Amit	Amit
7.	Aceena Manam Samu	Amit	Amit
8.	Aless Sunil	Amit	Amit
9.	Amitha Grace	Amit	Amit
10.	Amentha	Amit	Amit
11.	Anakha Sajjan	Amit	Amit
12.	Angel Babul	Amit	Amit
13.	ANITA SIMON	Amit	Amit
14.	Anjali Angel	Amit	Amit
15.	Angana PS	Amit	Amit
16.	Anju G	Amit	Amit
17.	ANN MARY VIPIN	Amit	Amit
18.	ANABEL MARY BENDY	Amit	Amit
19.	Anu Sanny Thomas	Amit	Amit
20.	Anupama V. Shalby	Amit	Amit
21.	Aparna Anil	Amit	Amit
22.	Christeena	Amit	Amit
23.	Denna	Amit	Amit
24.	DONA DAVID	Amit	Amit
25.	Harpriya H	Amit	Amit

		
PRINCIPAL	DEU Convenor	DEU Secretary



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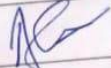
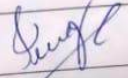
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TOPIC: Miscellaneous notes

Sl no.	Name of participant	22-9-23	23-9-23
		Day 1	Day 2
26.	JENY MARY JOE	Jen	Jen
27.	Kadecja Shifana	Kadecja	Kadecja
28.	Lois J Samuel	Lois	Lois
29.	Maria Leo Paul	Maria	Maria
30.	Meera Dinesh	Meera	Meera
31.	Monny VB	Monny	Monny
32.	Monika.G	Monika	Monika
33.	Nesthan Jacob	N	N
34.	NIDHI ELIZABETH BABU	Nidhi	Nidhi
35.	Nipora Suresh	Nipora	Nipora
36.	Pavithra Pradeep	Pavithra	Pavithra
37.	Pooja TR	Pooja	Pooja
38.	Ramgovind	Ramgovind	Ramgovind
39.	RIYA ANN JACOB	Riya	Riya
40.	Sapnil	Sapnil	Sapnil
41.	Shravan	Shravan	Shravan
42.	VANDANA S	Vandana	Vandana
43.	Shanthi	Shanthi	Shanthi

 PRINCIPAL	 DEU Convenor	 DEU Secretary
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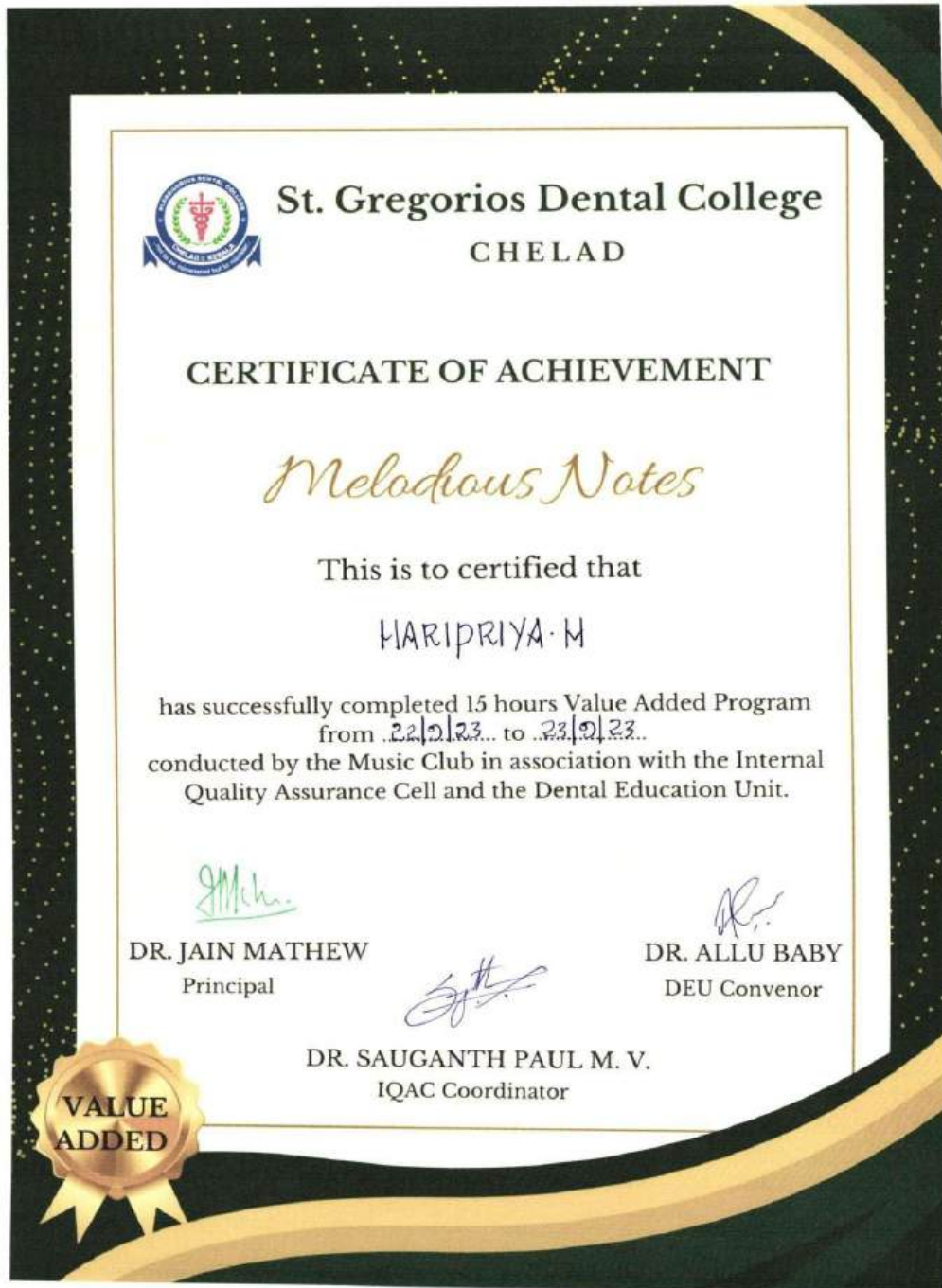
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## PHOTOGRAPH



PHOTOGRAPHS OF MELODIOUS NOTES CLASS



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## **LANGUAGE AND COMMUNICATION**



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## **TALK ON CODE OF CONDUCT**

# CIRCULAR

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/007/2024

25.04.2024

## CIRCULAR

Subject: Continuous Dental Education program (CDE) on 'Talk On Code Of Conduct' for Undergraduate students, Post graduate students and faculty members

This is to inform you that a Continuous Dental Education program (CDE) for UG students, PG students and staff is being organised by the Ethical Committee of the college on the topic entitled 'Talk on Code of Conduct' on 29.04.2024 at the college auditorium at 10.00am

For further reference, reach out to Dr. Anila S.

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# TALK ON CODE OF CONDUCT



CDE PROGRAM FOR POSTGRADUATES &  
UNDERGRADUATES

**DR ANILA S**

RESOURCE PERSON

**29 APRIL 2024**

**ETHICAL COMMITTEE  
IQAC**

**10.00 AM**

**COLLEGE  
AUDITORIUM**

**ST GREGORIOS DENTAL COLLEGE, CHELAD**





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## POST EVENT REPORT

On April 29, 2024, the Ethical Committee held a Code of Conduct Talk in the college auditorium for graduate and undergraduate students. The talk's objective was to encourage greater understanding of and adherence to ethical norms and principles in the workplace, particularly in the areas of technology and coding. The significance, tenets, and practical implementation of codes of conduct in diverse professional contexts were the main topics of discussion at the event. Dr. Anila S. talked on the meaning and concept of a code of conduct in his opening remarks. During the discussion, the core values of integrity, respect, accountability, and transparency—which form the foundation of a strong code of conduct—were also thoroughly discussed. The event's goals were to raise awareness of the value of clear communication in dentistry practice and to give dental practitioners the resources and techniques they need to become more fluent in language.

The application of these ideas to actual situations provided the context for their explanation. Through the interactive conversations at the event, participants were invited to express their ideas, opinions, and insights about how the code of conduct is applied and issues that arise in various professional settings. Peer learning and the exchange of knowledge were enabled by this interactive component. Participants were asked to share their thoughts, opinions, and insights about how the code of conduct is applied and problems that come up in different professional settings during the interactive conversations during the event. This interactive element allowed for peer learning and information sharing.




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## ATTENDANCE LIST



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 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: TALK ON CODE OF CONDUCT  
 DATE - 29/4/24

Sl no.	Name of participant	Signature
1.	DR. SREENATH UP.	[Signature]
2.	Dr. Sargun	[Signature]
3.	DR. USSE	[Signature]
4.	Dr. Vithya SL	[Signature]
5.	Dr. Vithya K	[Signature]
6.	Dr. Nisha B.	[Signature]
7.	Dr. Shikha	[Signature]
8.	Dr. Sunil	[Signature]
9.	Dr. Abhaya	[Signature]
10.	DR. AKHIL THOMAS	[Signature]
11.	Dr. SRILAKSHI	[Signature]
12.	Dr. SREBA PY	[Signature]
13.	DR. ARJUN D MULLA	[Signature]
14.	Dr. Anjali Ashok	[Signature]
15.	Dr. RESHMA MATHW	[Signature]
16.	Dr. Anwaraya Ulagakumar	[Signature]
17.	DR. Dnya Suman	[Signature]
18.	Dr. FATU PAUL	[Signature]
19.	Dr. GOPIKA DUTTA	[Signature]
20.	Dr. Anwaraya Ulagakumar	[Signature]
21.	Dr. BASIL JOSE	[Signature]
22.	Dr. DONA POY	[Signature]
23.	Dr. Nisha Manim Joseph	[Signature]
24.	Dr. AIDA SARA JAMES	[Signature]
25.	Dr. SONA ANIL KURIAN	[Signature]

 PRINCIPAL	 DEU Convenor	DEU Secretary
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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Talk on Code of Conduct*

Sl no.	Name of participant	Signature
1.	<i>Manisha Chandran</i>	<i>[Signature]</i>
2.	<i>Shruthi V.S</i>	<i>[Signature]</i>
3.	<i>Jeff Jacob Mathias</i>	<i>[Signature]</i>
4.	<i>RINKU C RAJEEV</i>	<i>[Signature]</i>
5.	<i>PNISHA RACHEL JOHN</i>	<i>[Signature]</i>
6.	<i>Aka Susana Banu</i>	<i>[Signature]</i>
7.	<i>Mirwa T.P</i>	<i>[Signature]</i>
8.	<i>AMAL A.</i>	<i>[Signature]</i>
9.	<i>HITHNA A</i>	<i>[Signature]</i>
10.	<i>Nalavika Naima Shaji</i>	<i>[Signature]</i>
11.	<i>Elma Sajjo T</i>	<i>[Signature]</i>
12.	<i>Puthal Mona James</i>	<i>[Signature]</i>
13.	<i>LIYA MARIA JOSEPH</i>	<i>[Signature]</i>
14.	<i>MELVIN THOMAS</i>	<i>[Signature]</i>
15.	<i>Susanna Johnson.</i>	<i>[Signature]</i>
16.	<i>Ajitha</i>	<i>[Signature]</i>
17.	<i>ARSHA KA</i>	<i>[Signature]</i>
18.	<i>JOSEPH JERAL</i>	<i>[Signature]</i>
19.	<i>ROHITHI</i>	<i>[Signature]</i>
20.	<i>SANIL M.S</i>	<i>[Signature]</i>
21.	<i>Niyana</i>	<i>[Signature]</i>
22.	<i>Pavithra Pradeep</i>	<i>[Signature]</i>
23.	<i>Harshanya</i>	<i>[Signature]</i>
24.	<i>Alice Thomas</i>	<i>[Signature]</i>
25.	<i>ANN MARIA BENJITH</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary





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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: TALK ON CODE OF CONDUCT

DATE - 22/4/24

Sl no.	Name of participant	Signature
26.	ALVIN RAJU	
27	DIANA ELIZABETH BON	
28.	Chiffy elizabeth philly	
29	GEORGE RAJU	
30.	DHIOOPA T.M	
31	Hakul P G	
32	Beehl Cass.	
32	Maya Maria Abraham	
34.	Arijina Rose	
35	IONINU B	
36	Sasuli Saji Nais	
37	HRIDYA KURIAKOSE	
38.	Gopika SM	
39	Hidhysha Tam	
40.	Nametherna -	
41	Irene	
42	Anju	
43	Laksh Pathma	
44	Fathima Saleem	
45	FAPHANA S.	

PRINCIPAL	DEU Convener	DEU Secretary



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## CERTIFICATE

ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

# CERTIFICATE

## OF ATTENDANCE

This Certificate Presented to :

*Dr. Fida Sa James.*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 29th April 2024.

*J.M.*

**Dr. Jain Mathew**  
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## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Sans Anus Kuria*

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## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Niya Mariam Joseph*

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*JM Mathew*

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*Dr. Dana Sava Roy*

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This Certificate Presented to :

*Dr. Rehana Mathew.*

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*Dr. Anjali Ashok.*

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*JMch.*

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*Dr. Anjan D Menon.*

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*Dr. Sreelakshmi P.V.*

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*Dr. Srilaxmi*

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# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON CODE OF CONDUCT



# **ST.GREGORIOS DENTAL COLLEGE**

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **NATIONAL READING DAY**

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

### CIRCULAR

SGDC/DC/019/2023

15.06.2023

This is to inform that the college is celebrating **National Reading Day** at the college library from 19.06.2023 to 23.06.2023, organized by the Library Advisory Committee. The students are instructed to assemble at the library by 9.30am on 19.06.2023 for the inauguration.

For further reference, reach out to Mr. Shiju George



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Chelad, Kerala - 686 581



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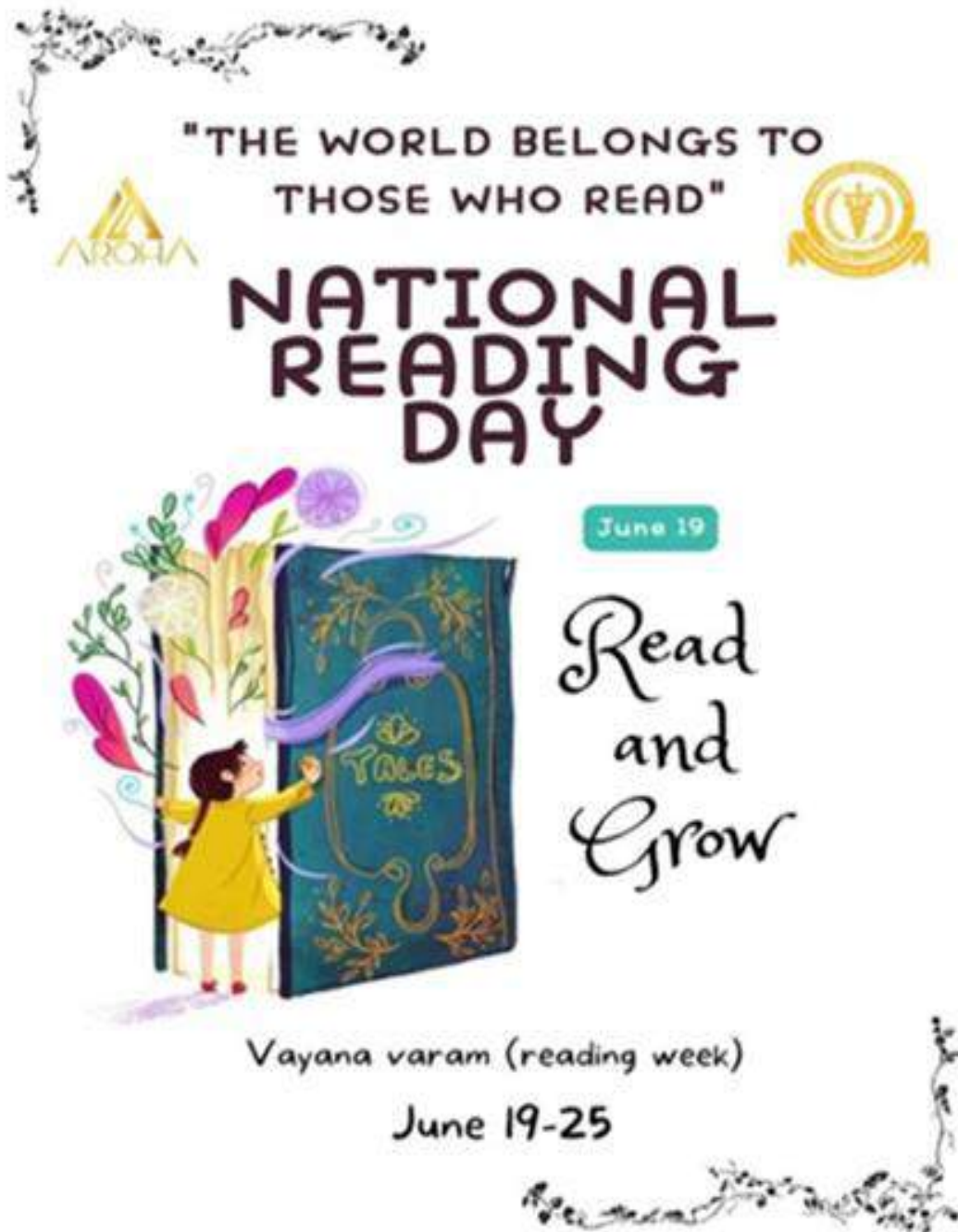
# ST.GREGORIOS DENTAL COLLEGE

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## BROCHURE



"THE WORLD BELONGS TO  
THOSE WHO READ"

**NATIONAL  
READING  
DAY**

June 19

Read  
and  
Grow

Vayana varam (reading week)  
June 19-25

The brochure features a central illustration of a young girl in a yellow dress standing next to a large, ornate blue book titled 'TALES'. The book is surrounded by colorful flowers and leaves. The text is arranged around the illustration, with the quote at the top, the title in large bold letters, the date in a green box, and the slogan 'Read and Grow' in a cursive font. The bottom text mentions 'Vayana varam (reading week)' and the dates 'June 19-25'. There are decorative floral flourishes in the top-left and bottom-right corners.





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## POST EVENT REPORT

National reading day was observed on June 19, 2023 with an aim to promote the joy and importance of reading among all age groups. The event was held at the college library and included various activities and programs designed to engage the college community and highlighting the role of language as a bridge in human connection and cultural exchange. It involved both staff and students in order to foster a love for reading among all individuals alike.

A book review competition was conducted involving teaching staff, non teaching staff and students with the aim of incorporating values of reading in the present generation. The event provided an invaluable opportunity to delve deeply into language and communication. Students were able to engage with different genres and styles of writing, gaining insights into the power of words in conveying emotions, ideas and narratives.

The event was a resounding success achieving its goal of promoting reading and literary appreciation within the college community. The diverse range of events and high levels of participation reflected the enthusiasm and commitment of students and faculty alike.



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: NATIONAL READING DAY  
(19-06-2023)

Sl no.	Name of participant	Signature
1	Mounika G	Mounika
2	Anana Anil	Anana
3	Anjana	Anjana
4	Anita Simon	Anita
5	Meesa Divish	Meesa
6	Angel Bal	Angel
7	Dona David	Dona David
8	Anupama V Shally	Anupama
9	Riya Ann Jacob	Riya Ann Jacob
10	Dona Sange Thomas	Dona
11	Harpriya H	Harpriya
12	Anakha	Anakha
13	Ann Mary Vibri	Ann Mary
14	Proji TR	Proji
15	Amitha Grace	Amitha
16	Abhinav PA	Abhinav
17	Christiana K. Jayu	Christiana
18	Annabel May Benny	Annabel
19	Aleena Maryamth Samu	Aleena
20	Nyria Akshith	Nyria
21	Lois J. Samuel	Lois
22	Anpi G	Anpi
23	Madiya Leo Paul	Madiya
24	Alkansa Pradeep	Alkansa
25	Ashika E	Ashika

		
PRINCIPAL	DEU Convener	DEU Secretary



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA-686681

TOPIC: NATIONAL READING DAY  
(19-06-2023)

Sl no.	Name of participant	Signature
26	Denna Shijo	Denna
27	Arulby Arjunan	Arulby
28	Rishabh	Rishabh
29	Sona Ch	Sona
30	Sunil Skanyan	Sunil
31	Gayatri	Gayatri
32	Justin Paul	Justin
33	Anjali	Anjali
34	Shreya	Shreya
35	Pranav	Pranav

PRINCIPAL	DEU Conveonor	DEU Secretary



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## PHOTOGRAPH



## PHOTOGRAPH OF NATIONAL READING DAY





# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## LIBRARY DAY

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

### CIRCULAR

SGDC/DC/016/2024

04.04.2024

This is to inform that the Library Advisory committee is conducting an event to celebrate **Library Day** on 06.04.2024 at the college library at 10.00am. The students are instructed to assemble at the library by 9.30am.

For further reference, reach out to Mr. Shiju George

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BROCHURE

ST. GREGORIOS DENTAL COLLEGE

# LIBRARY DAY 2024



**APRIL 6TH 2024**

Time - 10:30 am

**VENUE: CONSERVATIVE**

**SEMINAR HALL**

**NEVER STOP  
READING**

**ALL ARE INVITED!!**



# ST.GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## POST EVENT REPORT

The Library day was conducted on 6<sup>th</sup> April 2024. The Library Day event successfully highlighted the vital role of language and communication in fostering a thriving community. Attendees engaged in a variety of interactive sessions, including workshops on effective communication and language learning. The day's activities emphasized the significance of clear, articulate expression and the power of words in shaping our understanding of the world.

As a part of library day celebration Dr Midhun Paul, reader of Department of Endodontics presented a talk regarding the importance of reading physical books over e-books. The theme was read your way. Notably, guest speaker shared insights on how multilingualism enriches cultural perspectives and enhances interpersonal connections. The event also featured collaborative projects, where participants practiced language skills and explored diverse communication methods

These sessions covered a range of topics, from effective public speaking and active listening to the art of persuasive writing. Each workshop was tailored to cater to different proficiency levels, ensuring that participants of all backgrounds could benefit from the activities.

A student from final year donated his book to our library on the same day. Library Day not only celebrated the library's role as a knowledge hub but also demonstrated how effective language use can bridge gaps and build stronger relationship between individuals.





# ST.GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDENCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: LIBRARY Day  
(06-04-2024)

Sl no.	Name of participant	Signature
1.	Niyona Suchesh	
2.	Amabel Mary Benoy	
3.	Anasapama VJ Shally	
4.	LOUIS J SAMUEL	
5.	Anu Sunny Thomas	
6.	Ashya DS	
7.	Meera Dinesh.	
8.	Angel Babu	
9.	Ashu G	
10.	Christeena K Shaijia	
11.	Pooja T.R	
12.	ANAKHA SATAN	
14.	Anwanya LI	
15.	Anita Simen	
16.	Adhithya VJ	
17.	Maumika G	
18.	Apparna Aul	
19.	Akhaha Pradeep	
20.	Dona David	
21.	John Mary Vapiu	
22.	Janitha Grace Abraham	
23.	Haripriya H	
24.	Prerna M Daziyam Saran	
25.	Haritha Lalpal	
26.	RIVA ANI JACOB.	

PRINCIPAL	DEU Convenor	DEU Secretary



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: LIBRARY DAY  
(06-04-24)

Sl no.	Name of participant	Signature
27	Prano Shij	
28	DR. SELVARAJ	
29	Dr. Arjun D. Menon	
30	Dr Anjali Ashok.	
31	Dr. Basal Jose	
32	DR. DONA ROY	
33	Dr. Reshma Mather	
34	Dr. Anitha PV	

PRINCIPAL	DEU Convenor	DEU Secretary



# ST.GREGORIOS DENTAL COLLEGE

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## PHOTOGRAPH



## PHOTOGRAPH OF LIBRARY DAY



# ST.GREGORIOS DENTAL COLLEGE

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## YOGA AND WELLNESS





# **ST.GREGORIOS DENTAL COLLEGE**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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## **YOGA IN DAILY LIFE**

# CIRCULAR

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 010/2023

19.06.2023

## **CIRCULAR**

**Subject:** Value added program on YOGA IN DAILY LIFE.

The Health Club and Internal Quality Assurance Cell, St. Gregorios Dental College are organizing a value added program entitled 'YOGA IN DAILY LIFE' for Second year students from 21.06.2023-22.06.2023 at the College Auditorium.

For further reference reach out to Ms. Josna Raju.



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**PRINCIPAL**

**St. Gregorios Dental College  
Chelad, Kerala - 686 661**

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# ST.GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

BROCHURE

# YOGA IN DAILY LIFE

VALUE ADDED PROGRAM FOR BDS 2ND YEAR STUDENTS



START AT  
10:00 AM

21-22  
JUNE 2023

COLLEGE  
AUDITORIUM

ORGANIZED BY:

HEALTH CLUB  
INTERNAL QUALITY ASSURANCE CELL  
ST. GREGORIOS DENTAL COLLEGE



RESOURCE PERSON  
**BINOY THOMAS**



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## POST-EVENT REPORT: YOGA IN DAILY LIFE

**Date:** 21.06.2023-22.06.2023

**Trainer:** Mr. Binoy Thomas

### **Training Methodology:**

Their training methodology for yoga blends dynamic lectures with multimedia, interactive group discussions, and immersive practical sessions. Participants engage in guided meditations, yoga postures, and reflective exercises to deepen their understanding and embodiment of yoga principles. Through experiential learning and group feedback, they aim to foster self-awareness and personal growth, providing a transformative learning experience within the allocated time frame.

### **Key Highlights:**

- Dynamic Lectures integrated with multimedia
- Hands-on practical sessions including guided meditations and yoga postures
- Reflective exercises for deepening understanding
- Fostering self-awareness and personal growth
- Transformational learning experience within the specified time frame

### **Conclusion:**

The event brought together knowledge, practice, and personal development in harmony. The participants were able to go back with an enriched application of the principles learned in yoga through experiential learning and interactive discussion. The reflective exercises embedded self-awareness and mindfulness, leading to a transformation.





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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Yoga in Daily Life - Attundam .*

Sl no.	Name of participant	21-6-23 Day 1	22-6-23 Day 2
1.	Adithya vj	Adithya	Adithya
2	Akhila .c	Akhila	Akhila
3.	Aiswarya P.S	Aiswarya	Aiswarya
4.	Aleena Mariam Samu	Aleena	Aleena
5.	Ammitha	Ammitha	Ammitha
6.	Anakha Sajin	Anakha	Anakha
7.	Angel Babu	Angel	Angel
8.	AURIA SIMON	Auria	Auria
9.	Anjana .PS	Anjana	Anjana
10.	Anya.G	Anya	Anya
11.	ANABEL MARY BENNY	Anabel	Anabel
12.	ANN MARY VIRIN	Ann	Ann
13.	Anupama V. Shally	Anupama	Anupama
14.	Anu Sonny Thomas	Anu	Anu
15.	Aparna Anil	Aparna	Aparna
16.	Christema k Saij	Christema	Christema
17.	Denna shijo	Denna	Denna
18.	Dona david	Dona	Dona
19.	Haripriya	Haripriya	Haripriya
20.	LOIS .J. SARALEP	Lois	Lois
21.	Maria Leo Paul	Maria	Maria
22.	Meera Dinesh	Meera	Meera
23.	Mounika.G	Mounika	Mounika
24.	Money v. Benny	Money	Money

PRINCIPAL	DEU Convenor	DEU Secretary



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Yoga IN DAILY LIFE.

Sl no.	Name of participant	01.06.23 Day 1	02.06.23 Day 2
26.	JENNY MARY JOE	<i>[Signature]</i>	<i>[Signature]</i>
27.	Angali	<i>[Signature]</i>	<i>[Signature]</i>
28.	Amitha Corae Abraham	<i>[Signature]</i>	<i>[Signature]</i>
29.	Alen Suresh	<i>[Signature]</i>	<i>[Signature]</i>
30.	Atakanandan	<i>[Signature]</i>	<i>[Signature]</i>
31.	Abhikansha	<i>[Signature]</i>	<i>[Signature]</i>
32.	Anusuya Ideshani	<i>[Signature]</i>	<i>[Signature]</i>
33.	NEATHAN JACOB	<i>[Signature]</i>	<i>[Signature]</i>
34.	NIDHI ELIZABETH BABU	<i>[Signature]</i>	<i>[Signature]</i>
35.	Niyana	<i>[Signature]</i>	<i>[Signature]</i>
36.	Prathima	<i>[Signature]</i>	<i>[Signature]</i>
37.	poorja	<i>[Signature]</i>	<i>[Signature]</i>
38.	Pamaovind	<i>[Signature]</i>	<i>[Signature]</i>
39.	RIYA ANIN JACOB	<i>[Signature]</i>	<i>[Signature]</i>
40.	SAPNIL MS	<i>[Signature]</i>	<i>[Signature]</i>
41.	SHRAVAN	<i>[Signature]</i>	<i>[Signature]</i>
42.	Vandana. S	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary



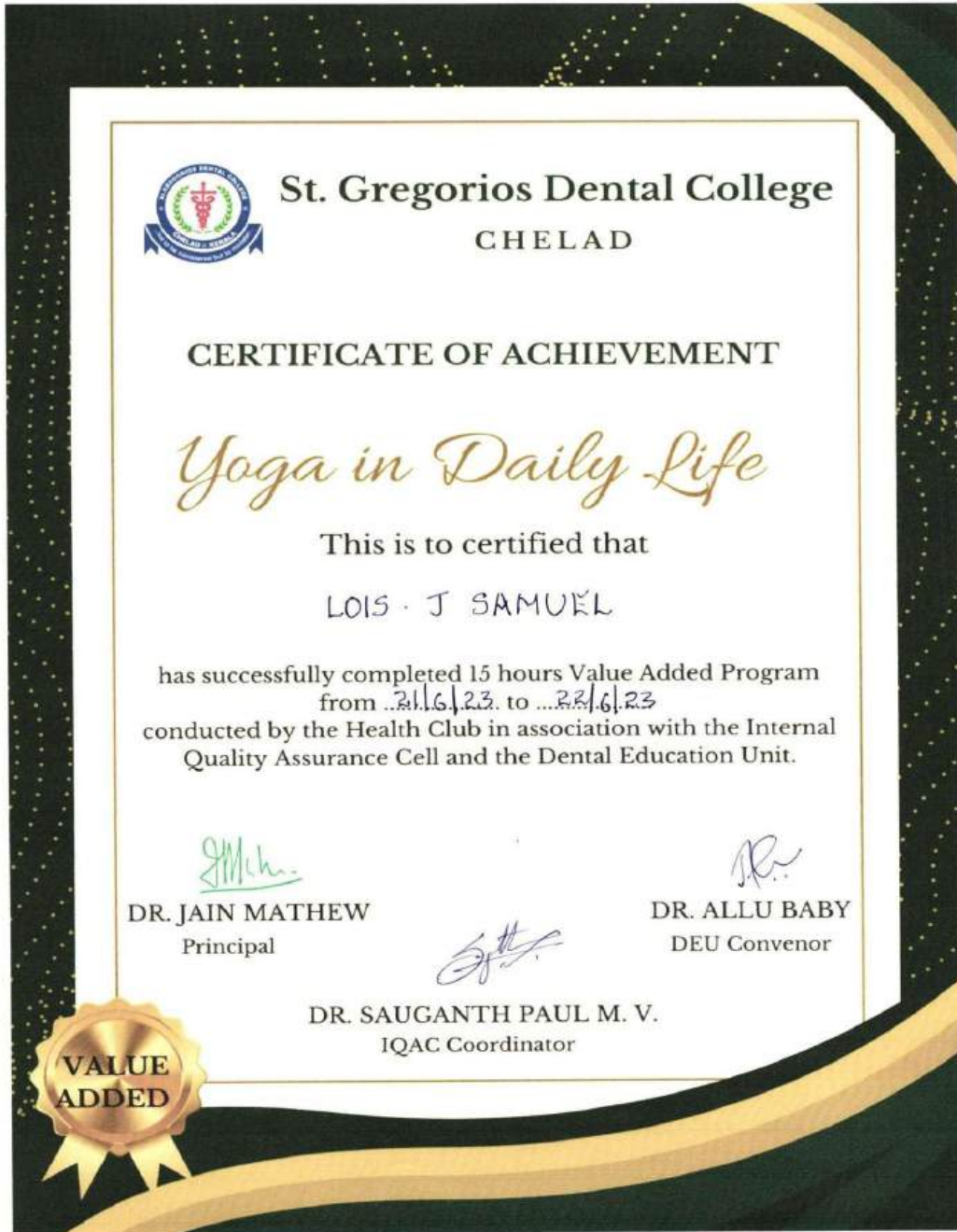
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## CERTIFICATE







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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## PHOTOGRAPH



## PHOTOGRAPH OF CLASS ON YOGA IN DAILY LIFE





# **ST.GREGORIOS DENTAL COLLEGE**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## **MANAGEMENT OF STRESS AND IMPORTANCE OF MENTAL HEALTH**



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

ST. GREGORIOS DENTAL COLLEGE

CHELAD, KOTHAMANGALAM

SGDC/VAL/012/2023

02.08.2023

## CIRCULAR

Subject: Value added program on MANAGEMENT OF STRESS AND IMPORTANCE OF MENTAL HEALTH.

The Health Club, St. Gregorios Dental College is organizing a value added program entitled 'MANAGEMENT OF STRESS AND IMPORTANCE OF MENTAL HEALTH' for Final year part 2 students on 04.08.2023 at the College Auditorium.

For further reference reach out to Dr. Silpa Abraham.



  
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Chelad, Kerala - 686 681

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BROCHURE

## MANAGEMENT OF STRESS

## IMPORTANCE OF MENTAL HEALTH

Value-added program for FINAL YEAR BDS students



RESOURCE PERSON

**DR DIXO ALEX**



Organized by

Health Club, IQAC

ST. GREGORIOS DENTAL COLLEGE

**04/08/23 & 13/10/23**

**10.00AM - 5:30PM**

**COLLEGE AUDITORIUM**



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## POST-EVENT REPORT: MANAGEMENT OF STRESS AND IMPORTANCE OF MENTAL HEALTH

Date: 04.08.2023 and 13.10.2023

### Training Methodology:

The training methodology uses interactive lectures, case studies, group discussions, and experiential exercises for active participation by the trainees. It also teaches practical techniques in mindfulness practices and scenarios for role-playing, which will help the trainees acquire and apply the skills. Personalized learning is ensured through continuous feedback and reflection sessions that reinforce the understanding of stress management and mental health concepts.

### Key Highlights:

- Principles of stress management covered comprehensively
- Practical tools for improving mental wellbeing
- Learning through interaction
- Personalized feedback
- Real-world application
- Focus on proactive self-care
- Holistic development in a supportive learning environment

### Conclusion:

This value-added course on the Management of Stress and Importance of Mental Health thus enables the holistic approach of dealing with stress and paying attention to mental health among participants. Participants are able to gain precious knowledge and skills through this blend of theory, practical exercises, and interactive discussions that will help individuals skilfully handle stressors and help them build up resilience. This course prepares an individual for sustained personal and professional growth by creating an enabling learning environment and underlining proactive self-care.





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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Management of Stress and Importance of Mental Health.

4/8/23 13.10.23

Sl no.	Name of participant	Day 1	Day 2
1	Manisha Chandran	Manisha	Manisha
2	Saethy Vs.	Saethy	Saethy
3	Jeff Jacob Mathews	Jeff	Jeff
4	S. Mahima Mahendran	Mahima	Mahima
5	Mariya Elizabeth Sunil	Mariya	Mariya
6	Aishwarya Lizbeth K	Aishwarya	Aishwarya
7	Nishal Am Mathew	Nishal	Nishal
8	Rinku Rajan	Rinku	Rinku
9	Lena Rachel Laji	Lena	Lena
10	Vishali Jaiprakash.	Vishali	Vishali
11	Arbin Joy	Arbin	Arbin
12	Aneekha Anna Eldho	Aneekha	Aneekha
13	Anoopa TM	Anoopa	Anoopa
14	Kareena Rachel	Kareena	Kareena
15	Diyamma Vt	Diyamma	Diyamma
16	Puthri Nora James	Puthri	Puthri
17	Lijana Shibu	Lijana	Lijana
18	Luya Manya Bugh	Luya	Luya
19	Marmya Muriya Aloy	Marmya	Marmya
20	Jithin Jose	Jithin	Jithin
21	Hanna Mary Eldho	Hanna	Hanna
22	Anya greesh	Anya	Anya
23	Chippy Elizabeth Philip	Chippy	Chippy
24	Ansha Rachel	Ansha	Ansha
25	GEORGE BU	George	George
	PRINCIPAL	DEU Convenor	DEU Secretary





# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM

### CERTIFICATE OF MERIT This certificate is awarded to

ANOOPA J.M

FOR SUCCESSFULLY COMPLETEING 15 HOURS OF  
VALUE ADDED COURSE ENTITLED "MANAGEMENT  
OF STRESS AND IMPORTANCE OF MENTAL HEALTH"  
ORGANISED BY THE DENTAL EDUCATION UNIT IN  
ASSOCIATION WITH IQAC.

DR. JAIN MATHEW  
PRINCIPAL



DR. ALLU BABY  
DEU CONVENOR





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## PHOTOGRAPH



## PHOTOGRAPH OF CLASS ON MANAGEMENT OF STRESS AND IMPORTANCE OF MENTAL HEALTH





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## **AWARENESS OF MENSTRUATION AND MENSTRUAL AIDS**



# ST.GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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BROOCHURE

## AWARENESS OF MENSTRUATION & MENSTRUAL AIDS

VALUE ADDED PROGRAM FOR UNDERGRADUATES

 RESOURCE PERSON  
**DR LIZA THOMAS**

 Organized by  
**Women Cell**  
ST. GREGORIOS DENTAL COLLEGE

**7-8 SEPT 2023**  
10.00AM - 5:30PM

**COLLEGE  
AUDITORIUM**



# ST.GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## POST-EVENT REPORT: AWARENESS ON MENSTRUATION AND MENSTRUAL AIDS

Date: 07.09.2023 TO 08.09.2023

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

The training style takes a multipronged approach, combining several tactics to increase understanding and participation. Through the use of multimedia tools, group discussions, and interactive sessions, participants actively engage with the subject. Through the practical application of concepts, hands-on exercises and demonstrations improve learning. Furthermore, role-playing games and case studies help students develop their critical thinking and problem-solving abilities. continual progress and tailored support for every participant are ensured by means of continual evaluation and feedback procedures. The methodology's overall goal is to establish a dynamic, welcoming learning environment that supports the development of comprehensive knowledge and skills related to menstrual health and cleanliness.

### Key Highlights:

The program's salient features encompass a thorough examination of menstruation and menstrual assistance, with a particular focus on menstrual health, hygienic habits, and the management of menstrual diseases. To guarantee practical learning and skill development, the programme includes interactive workshops and practical demonstrations. In addition, it dispels cultural misconceptions and taboos related to menstruation, encouraging candid discussion and awareness. Additionally, the programme has a strong emphasis on advocating for menstruation equity, giving participants the tools they need to encourage community access to services and knowledge. The program's overall goal is to give participants the information, abilities, and self-assurance they need to promote menstrual health and cleanliness, which will enhance their wellbeing and gender parity.



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## Conclusion:

In summary, this programme on menstruation and menstrual aids is an important step towards advancing justice, hygienic practices, and menstrual health. The management of monthly diseases, hygienic habits, and menstrual physiology have all become more clear to participants thanks to extensive teaching, hands-on demonstrations, and interactive sessions. Through tackling cultural taboos and promoting menstrual equity, participants gain the ability to dispel stigma, encourage candid conversations, and support community access to resources and knowledge. In the future, this program's influence will go beyond the classroom and support societal advancement, gender parity, and enhanced wellbeing. By working together, we can keep bringing about good change and making sure that menstruation no longer acts as a barrier but rather as a spur for inclusivity and empowerment.





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## ATTENDANCE





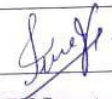
### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Awareness of Nutrition & Nutritional Disorders.  
 Dates - 2/9/23 - 8/9-23.

Sl no.	Name of participant	Day 1	Day 2
1.	Adithya vj	Adithya	Adithya
2.	Aiswarya Lakshmi	Aiswarya	Aiswarya
3.	Aiswary P.S	Aiswarya	Aiswarya
4.	Akhila E	Akhila	Akhila
5.	MICKANSHA PRADEEP	Mickansha	Mickansha
6.	Alakanandha	Alakanandha	Alakanandha
7.	Aleena Manam Sarou	Aleena	Aleena
8.	Alen Sunil	Alen	Alen
9.	Amitha Grace Abraham	Amitha	Amitha
10.	Ameritha p.l	Ameritha	Ameritha
11.	Anakha Sajin	Anakha	Anakha
12.	Angel Baby	Angel	Angel
13.	ANITA SIMON	Anita	Anita
14.	Anjali Angel	Anjali	Anjali
15.	Anjana p.s	Anjana	Anjana
16.	Angel G.	Angel	Angel
17.	ANN MARY VIPIN	Ann Mary	Ann Mary
18.	ANABEL MARY BENNY	Anabel	Anabel
19.	Anu Sonny Thomas	Anu	Anu
20.	Anupama V. Shally	Anupama	Anupama
21.	Aparna Anil	Aparna	Aparna
22.	Christena K Saiju	Christena	Christena
23.	Denna Shijo	Denna	Denna
24.	DONA DAVID	Donna	Donna
25.	Haripriya H	Haripriya	Haripriya

		
PRINCIPAL	DEU Convenor	DEU Secretary



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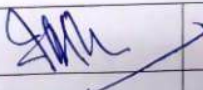
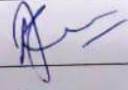
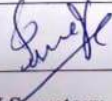
## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Awareness on Menstruation & Menstrual Aids.

Sl no.	Name of participant	7/9/23 Day 1	6/9/23 Day 2
26.	JENY MARY JOE	Jen	Jen
27.	Kadeeja Shifana	Kadeeja	Kadeeja
28.	Lois J. Sanocef	Lois	Lois
29.	Maria Leo Paul	Maria	Maria
30.	Meera Dinesh	Meera	Meera
31.	Melony V.B	Melony	Melony
32.	Mounika.G	Mounika	Mounika
33.	NEATHAN JACOB	Neathan	Neathan
34.	MINNY PAVITHRA	Minny	Minny
35.	Niyora Suchish	Niyora	Niyora
36.	NIDHI ELIZABETH BABU	Nidhi	Nidhi
37.	Pooja TR	Pooja	Pooja
38.	PANGOVINDH	Pango	Pango
39.	RIVA ANN JACOB	Riva	Riva
40.	Sapnil MS	Sapnil	Sapnil
41.	SHRAVAN RAJEEV	Shra	Shra
42.	VANDANA S	Vandana	Vandana
43.	SREUTHY SUCUNAN	Sreuthy	Sreuthy

		
PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATES



ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM

### CERTIFICATE OF MERIT

This certificate is awarded to

CHRISTEENA K SAIJU

FOR SUCCESSFULLY COMPLETEING 15 HOURS OF  
VALUE ADDED COURSE ENTITLED "AWARENESS OF  
MENSTRUATION AND MENSTRUAL AIDS"  
ORGANISED BY THE DENTAL EDUCATION UNIT IN  
ASSOCIATION WITH IQAC AND WOMEN  
EMPOWERMENT CELL.

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**DR. JAIN MATHEW**  
PRINCIPAL



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**DR. ALLU BABY**  
DEU CONVENOR





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## PHOTOGRAPH



PHOTOGRAPH OF AWARENESS CLASS ON  
MENSTRUATION





# ST.GREGORIOS DENTAL COLLEGE

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**BE CLEAN, BE HELATHY**



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## CIRCULAR

**ST. GREGORIOS DENTAL COLLEGE**

**CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 002/2024

19.03.2024

### CIRCULAR

Subject: Value added program on BE CLEAN BE HEALTHY.

The Women Empowerment Cell, St. Gregorios Dental College is organizing a value added program entitled 'BE CLEAN BE HEALTHY' for Final year part 1 students from 21.03.2024-22.03.2024 at the College Auditorium.

For further reference reach out to Dr. Lynette Beena Mathai.



**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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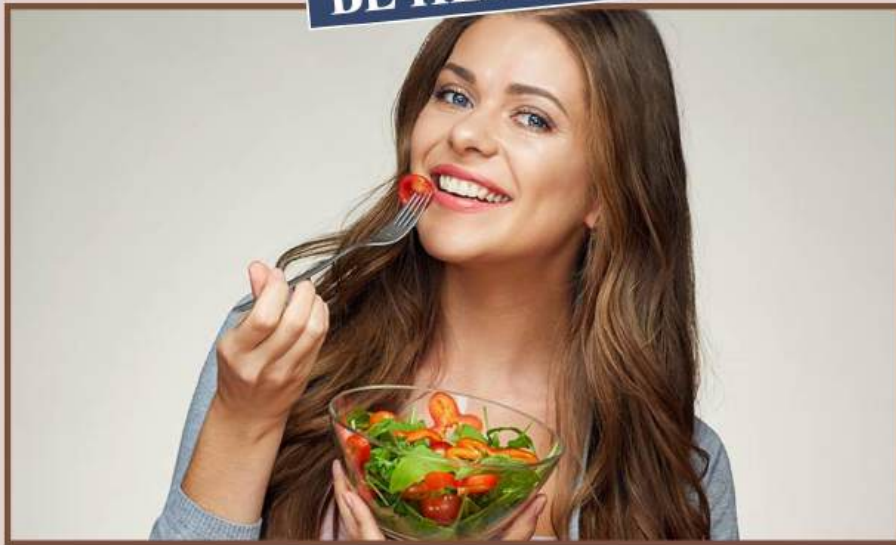
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## BROCHURE

# BE CLEAN BE HEALTHY



VALUE ADDED PROGRAM FOR FINAL YEAR BDS PART 1

**MARCH 21-22, 2024 | 08:30 AM**

COLLEGE AUDITORIUM

RESOURCE PERSON  
**DR ELIZABETH V ISSAC**

ORGANIZED BY:  
**WOMEN CELL  
ST GREGORIOS DENTAL COLLEGE**



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## POST-EVENT REPORT: BE CLEAN BE HEALTHY

Date: 21.03.2024-22.03.2024

### Training Methodology:

Training methods include interactive lectures, group discussions, practice, and case studies to engage participants. The practical, hands-on activities through role-plays and simulation exercises increase the acquisition and application of skills. Personalized learning is fostered through constant feedback and reflection sessions in a supportive environment to explore the topic of menstrual health with confidence and empowerment.

### Key Highlights:

- Lecture with interactivity and group discussion
- Practical exercises such as role plays, cases, and simulation techniques
- Continuous feedback and reflective sessions
- Tailor-made learning approach
- Supportive environment for empowerment and confidence building

### Conclusion:

In short, this two-day program on menstrual health will comprehensively dwell on essential topics and empower participants with practical knowledge and skills. It is through interactive sessions and a supportive environment that the attendees will be equipped to advocate for menstrual health, spread awareness, and bring about positive change in their communities and beyond.





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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Be Clean, Be Healthy*

Sl no.	Name of participant	21/08/24 Day 1	22/08/24 Day 2
1	MIRWA TP	<i>Mirwa</i>	<i>Mirwa</i>
2	Vaishnavi Sibin	<i>Vaishnavi</i>	<i>Vaishnavi</i>
3	Hepsiba Tom	<i>Hepsiba</i>	<i>Hepsiba</i>
4	Selvakshmi	<i>Selva</i>	<i>Selva</i>
5	Sandra Mariam Thomas	<i>Sandra</i>	<i>Sandra</i>
6	GOPIKA SM	<i>Gojika</i>	<i>Gojika</i>
7	Harika kusakara	<i>Harika</i>	<i>Harika</i>
8	Riya Elizabeth Saji	<i>Riya</i>	<i>Riya</i>
9	Nithya A	<i>Nithya</i>	<i>Nithya</i>
10	Sarinal ce	<i>Sarinal</i>	<i>Sarinal</i>
11	Sneha MS	<i>Sneha</i>	<i>Sneha</i>
12	Kiya Maria Paul	<i>Kiya</i>	<i>Kiya</i>
13	Angadha Jayaraj	<i>Angadha</i>	<i>Angadha</i>
14	Abhinaya k	<i>Abhinaya</i>	<i>Abhinaya</i>
15	Sandya Susan	<i>Sandya</i>	<i>Sandya</i>
16	Maria M Raju	<i>Maria</i>	<i>Maria</i>
17	Maria Rom	<i>Maria</i>	<i>Maria</i>
18	Sameera Saji	<i>Sameera</i>	<i>Sameera</i>
19	Sarrah Matthew.	<i>Sarrah</i>	<i>Sarrah</i>
20	FRANK SHIBU	<i>Frank</i>	<i>Frank</i>
21	Angitha k vijay	<i>Angitha</i>	<i>Angitha</i>
22	NIDHIYA ELIAS	<i>Nidhiya</i>	<i>Nidhiya</i>
23	JINI JINI	<i>Jini</i>	<i>Jini</i>
24	Ani k R	<i>Ani</i>	<i>Ani</i>
25	Pashitha Ann Jinneth	<i>Pashitha</i>	<i>Pashitha</i>

PRINCIPAL	DEU Convenor	DEU Secretary



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: BE CLEAN, BE HEALTHY

Date - 21/3/24 22/3/24

Sl no.	Name of participant	Day 1	Day 2
26	Mehy Jan Shaw	Mehy	Mehy
27	Annet Rachel Joy	Annett	Annett
28	Annett Alessi	Annessia	Annessia
29	Luiza S Raj	Luiza	Luiza
30	Annett Theresa	Annett	Annett
31	MELBIN K REESON	Melbin	Melbin
32	Azeha KA	Azeha	Azeha
33	Abhirami Suresh	Abhirami	Abhirami
34	Anna Ahim Bannay	Anna	Anna
35	Annie Robert	Annie	Annie
36	Angela Baker	Angela	Angela
37	Henna Sony Paul	Henna	Henna
38	Sreeraj S	Sreeraj	Sreeraj
39	Sheela S Kumar	Sheela	Sheela

PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATE



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CHELAD, KOTHAMANGALAM

### CERTIFICATE OF MERIT

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FRANK SHIBU

FOR SUCCESSFULLY COMPLETEING 15 HOURS OF  
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HEALTHY" ORGANISED BY THE DENTAL EDUCATION  
UNIT IN ASSOCIATION WITH IQAC.

**DR. JAIN MATHEW**  
PRINCIPAL



**DR. ALLU BABY**  
DEU CONVENOR





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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON BE CLEAN BE HEALTHY





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## ZUMBA MOVE TO THE RHYTHM

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/VAL/004/2024

20.05.2024

### CIRCULAR

Subject: Certificate course on "ZUMBA: MOVE TO THE RHYTHM" program for First year students

This is to inform that a value-added course on topic entitled 'Zumba: Move to the Rhythm' for first year students is being organised by the IQAC on 22.05.2024-23.05.2024 at the college auditorium.

For further reference, reach out to Dr. Souganth Paul M. P.

**PRINCIPAL**  
PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE

# ZUMBA

## MOVE TO THE RHYTHM

VALUE ADDED PROGRAM



TARGET : FIRST YEAR BDS

VENUE: COLLEGE AUDITORIUM

**22-23**  
**MAY 2024**

ORGANIZED BY:

INTERNAL QUALITY ASSURANCE CELL  
ST GREGORIOS DENTAL COLLEGE



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## POST EVENT REPORT

Date: 22.5.24 - 23.5.24

Location: St. Gregorios Dental College

Speaker: Ms. Minnu Kandirickal

Training Methodology:

The goal of this Zumba class's training style is to provide an organised, entertaining, and welcoming atmosphere where students can get fitter while having fun with dance moves. To guarantee participants' growth and enjoyment, the methodology incorporates a number of instructional strategies, feedback mechanisms, and support systems.

Key Highlights:

- Provided a structured session for students
- Different dance styles are taught
- Various modifications can be made for different fitness levels
- Engaging and interactive sessions
- Many group activities are provided
- Proper warm up and cool down techniques are learnt from the session

Conclusion:

An engaging, thought-provoking, and useful approach to using dance to improve fitness is what the Zumba: Move to the Rhythm course aimed to offer. Participants benefit from structured classes, a range of dancing genres, and an emphasis on adaptation in an environment that is supportive and inviting to all fitness levels. Multimedia instruction, inspirational strategies, and team-building exercises improve the experience. Participants' continued advancement and well-being are guaranteed by the provision of safety, health, and other resources. Through regular feedback, assessments, and a final demonstration, participants receive the opportunity to track their progress and celebrate their successes. Enabling students to attain their health goals and enjoy dancing was the ultimate goal of this training





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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: ZUMBA - Move to the Rhythm

Sl no.	Name of participant	Day 1	Day 2
1.	Zeba fakhima.	<i>[Signature]</i>	<i>[Signature]</i>
2.	Roshana. kaulkar	<i>[Signature]</i>	<i>[Signature]</i>
3.	Vishnavy An	<i>[Signature]</i>	<i>[Signature]</i>
4.	Jenny sebastian.	<i>[Signature]</i>	<i>[Signature]</i>
5.	Maisha S	<i>[Signature]</i>	<i>[Signature]</i>
6.	Arunde. V.A.	<i>[Signature]</i>	<i>[Signature]</i>
7.	Anna. lobin	<i>[Signature]</i>	<i>[Signature]</i>
8.	Maria. rose.	<i>[Signature]</i>	<i>[Signature]</i>
9.	Aiswarya V.S	<i>[Signature]</i>	<i>[Signature]</i>
10.	Bilgitha R. benny	<i>[Signature]</i>	<i>[Signature]</i>
11.	Madhuvana zamesh	<i>[Signature]</i>	<i>[Signature]</i>
12.	Jeba saja	<i>[Signature]</i>	<i>[Signature]</i>
13.	Ashtika. saji	<i>[Signature]</i>	<i>[Signature]</i>
14.	Preetha rajamohanam	<i>[Signature]</i>	<i>[Signature]</i>
15.	Divya cose.	<i>[Signature]</i>	<i>[Signature]</i>
16.	Heena. S.	<i>[Signature]</i>	<i>[Signature]</i>
17.	Anamika. jayakumar	<i>[Signature]</i>	<i>[Signature]</i>
18.	Kavya santhosh	<i>[Signature]</i>	<i>[Signature]</i>
19.	Alvinda. KA MH	<i>[Signature]</i>	<i>[Signature]</i>
20.	femi gomez.	<i>[Signature]</i>	<i>[Signature]</i>
21.	H Sana	<i>[Signature]</i>	<i>[Signature]</i>
22.	Luise Thomas	<i>[Signature]</i>	<i>[Signature]</i>
23.	Neta mathews	<i>[Signature]</i>	<i>[Signature]</i>
24.	Devika Saubh	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary



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UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: ZUMBA - Move to the Rhythm

Sl no.	Name of participant	22/5/24 Day 1	23/5/24 Day 2
25.	Geemi. susai.	Yes	Yes
26.	Haripriya.	Yes	
27.	Riya.		Yes
28.	Kaushana.	Yes	Yes

		
PRINCIPAL	DEU Convenor	DEU Secretary



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATES



ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM

### CERTIFICATE OF MERIT

This certificate is awarded to

IRENE THOMAS

FOR SUCCESSFULLY COMPLETEING 15 HOURS OF  
VALUE ADDED COURSE ENTITLED "ZUMBA:MOVE TO  
THE RHYTHM" ORGANISED BY THE DENTAL  
EDUCATION UNIT IN ASSOCIATION WITH IQAC.

DR. JAIN MATHEW  
PRINCIPAL



DR. ALLU BABY  
DEU CONVENOR





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## PHOTOGRAPH



## PHOTOGRAPH OF ZUMBA CLASS





# **ST.GREGORIOS DENTAL COLLEGE**

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## **ANALYTICAL SKILL DEVELOPMENT**



# ST.GREGORIOS DENTAL COLLEGE

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---

## DEMOCRATISING INNOVATION

# CIRCULAR

**ST. GREGORIOS DENTAL COLLEGE**

**CHELAD, KOTHAMANGALAM**

SGDC/VAL/001/2024

12.02.2024

## **CIRCULAR**

Subject: Certificate course on "DEMOCRATISING INNOVATION – YOUNG INNOVATORS PROGRAM" for Interns

This is to inform that a value added course on topic entitled 'Democratising Innovation (Young Innovator's Program)' for interns is being organised by the IQAC from 16.02.2024 at the college auditorium.

For further reference, reach out to Dr. Souganth Paul M. P.



**PRINCIPAL**

**PRINCIPAL**  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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## BROCHURE



# DEMOCRATISING INNOVATION




## YOUNG INNOVATORS PROGRAM YIP

Empower future innovators

COLLEGE AUDITORIUM	FEBRUARY
10 AM - 12 PM	16-24 2024

**ID CARD AND MOBILE  
PHONE ARE MANDATORY  
TO ATTEND THE  
PROGRAM**

**A Government of Kerala initiative**

   yipkerala | yip.kerala.gov.in





# ST.GREGORIOS DENTAL COLLEGE

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---

## POST EVENT REPORT

Date: 16.02.2024- 24.02.2024

Location: St. Gregorios Dental College

Speaker: Ms. Anjali Skaria

Training Methodology:

Project-based learning, cooperative group projects, and practical exercises are all used in the course. Interactive workshops centre around design thinking, whilst mentorship programmes and hackathons offer practical perspectives. Digital tool training and ethical dialogues deepen comprehension. Progress is ensured via peer evaluations, constructive criticism, and ongoing assessment. Students pitch their innovations at the course's final exhibition, which is accompanied by sessions on presentation techniques and reflective journaling.

Key Highlights:

- Interactive workshops and hackathons
- Hands-on learning including prototyping and makerspace tools
- Training of digital tools
- Continuous assessment of the students

Conclusion:

Students who complete the course "Democratising Innovation for Young Innovators" will have the necessary abilities, know-how, and resources to actively engage with and support the innovation ecosystem. Students receive information and ideas from professionals in the field through practical experience, group projects, and mentoring. The course places a strong emphasis on innovation's societal impact and ethical issues. The programme ends in a final display where students demonstrate their creative ideas and exhibit their capacity for critical thought, teamwork, and innovation. Graduates of this programme will be well-equipped to drive innovation in a variety of disciplines and to take on leadership roles.



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## ATTENDANCE LIST


**ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
 UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

Department: IQAC  
 Course: Democratic Innovation Young Innovators Program (YIP)

Sl. No.	Name of Student	6/1/24	7/1/24	8/1/24	9/1/24	10/1/24	11/1/24	12/1/24	13/1/24	14/1/24	15/1/24	16/1/24	17/1/24	18/1/24	19/1/24	20/1/24	21/1/24	22/1/24	23/1/24	24/1/24	25/1/24	
1	Albin Joy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2	Arunima Higobeth K	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	Akshaya TK	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Dhanya Mary Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Shruthi V.S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	Vyshali Jayaprakash	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
7	Aparna O Raj	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	Rishna V H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
9	Amia Reeth Siji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	S. Mahima Mahendran	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

  
**PRINCIPAL**

  
**DEU Convener**

  
**DEU Secretary**



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

**ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
 UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA-686681

Department:

Course:

Sl. No.	Name of Student	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
1	Maseya Elizabeth Sanoil	✓	✓	✓	✓	✓																				
2	Mishal Ann Mathew	✓	✓	✓	✓	✓																				
3	Rinku C. Rajeev	✓	✓	✓	✓	✓																				
4	Liya Manoj Joseph	✓	✓	✓	✓	✓																				
5	MANISHA CHANDRAN	✓	✓	✓	✓	✓																				
6	Manya Mania Aaly	✓	✓	✓	✓	✓																				
7	Gouri Lakshmi S	✓	✓	✓	✓	✓																				
8	Hanna Aary eltha.	✓	✓	✓	✓	✓																				
9	Jeff Jacob Mathew	✓	✓	✓	✓	✓																				
10	chippy Elizabeth Philip	✓	✓	✓	✓	✓																				

  
 PRINCIPAL

  
 DEU Convener

  
 DEU Secretary





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**ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
 UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA, 686681

Department: \_\_\_\_\_  
 Course: \_\_\_\_\_

Sl. No.	Name of Student	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
1	Elizabeth Radinatti	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
2	George Bijju	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
3	Anoop T.M.	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
4	Anya Gireesh	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
5	Ashley elalho	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
6	Alka Susan Binu	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
7	Aneetha Anna Eltho	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
8	Anisha Raichel John	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
9	Minni B Mammullil	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				
10	Sasanna Johnson	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>																				

<i>[Signature]</i> PRINCIPAL	<i>[Signature]</i> DEU Convener	<i>[Signature]</i> DEU Secretary
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## CERTIFICATES





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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON  
DEMOCRATIZING INNOVATIONS



# ST.GREGORIOS DENTAL COLLEGE

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---

## RESEARCH METHODOLOGY

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

### CIRCULAR

SGDC/CDE/006/2024

20.04.2024

Subject: Continuous Dental Education program (CDE) on the topic entitled 'Research Methodology' for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Research Committee on the topic entitled 'Research Methodology' on 22.04.2024 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Anila S.



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Chelad, Kerala - 686 681





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## BROCHURE

  
**ST GREGORIOS  
DENTAL COLLEGE**

**PG ORIENTATION (CDE)**  
**RESEARCH  
METHODOLOGY**

**RESOURCE PERSON**

 **DR. ARUN K JOY**  
READER  
(DEPT. OF PROSTHODONTICS)

**22 APRIL 2024**

**TIME: 10.00 AM  
COLLEGE AUDITORIUM**

ORGANIZED BY  
**DEPT. OF PUBLIC HEALTH DENTISTRY  
DENTAL EDUCATION UNIT**



# ST.GREGORIOS DENTAL COLLEGE

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## POST EVENT REPORT

The Research Methodology Continuing Dental Education program on April 22, 2024, was one important step in the improvement of research skills among dental professionals and postgraduates. The program was conducted by the Research Committee, led by Dr. Nishad A., aiming at teaching the basics of research in dentistry. Interactive sessions and workshops enabled the participants to learn about the design of research, data collection, analysis, and sharing of findings. Dr. Nishad's leadership created a learning atmosphere that was supportive and, in the meantime, encouraged active participation. The program encouraged evidence-based dentistry and motivated participants to make contributions to dental research. In this regard, it proved to be a great opportunity for staff and students to improve their research skills and further better dental practices.



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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: *Research Methodology*

Date - 22-4-24 .

Sl no.	Name of participant	Signature
1	Aiswarya ddayakumar	<i>[Signature]</i>
2	Diksha (Subramaniam)	<i>[Signature]</i>
3.	Imtiaz Paul	<i>[Signature]</i>
4	SOPIKA P ANEESH	<i>[Signature]</i>
5	Shanaya Ullatif	<i>[Signature]</i>
6	ARJUN D MENON	<i>[Signature]</i>
7	Anjali Ashok	<i>[Signature]</i>
8	RESHMA MATHEW	<i>[Signature]</i>
9	Nesha C Joseph	<i>[Signature]</i>
10	Vidya K	<i>[Signature]</i>
11	Vidhyas	<i>[Signature]</i>
12	Shikha B	<i>[Signature]</i>
13	Sonal	<i>[Signature]</i>
14	Albest Thomas	<i>[Signature]</i>
15	Sreelakshmi	<i>[Signature]</i>
16	Seilaxmi	<i>[Signature]</i>
17	Dethy Kumari	<i>[Signature]</i>
18	Sona Anna Kuriyan	<i>[Signature]</i>
19	BASIL JOSE	<i>[Signature]</i>
20	Dona Roy.	<i>[Signature]</i>
21	Aida Sona James	<i>[Signature]</i>
22	NIYAT MAARIM JOSEPH	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary





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## CERTIFICATE

ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

# CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. AISWARYA UDAYAKUMAR

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.



**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Sauganth Paul**  
COORDINATOR, IQAC



**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*DR. DIVYA SUBRAMANIAM*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. TINJU PAUL

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. GIOPIKA P DINESH

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. AISWARYA ULLATIL

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. ARJUN D MENDON

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*DR. ANJALI ASHOK*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*DR. RESHMA MATHEW*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

*JMh.*

**Dr. Jain Mathew**  
PRINCIPAL

*S.P.*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*AB*

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. NISHA C JOSEPH

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. VIDHYA S:L

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. SHIKHA B

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*DR. SUNIL SKARIA*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

*JMch.*

Dr. Jain Mathew  
PRINCIPAL

*S.P.*

Dr. Sauganth Paul  
COORDINATOR, IQAC

*AB*

Dr. Allu Baby  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. ALBERT THOMAS*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

*JM*

Dr. Jain Mathew  
PRINCIPAL

*S.P.*

Dr. Sauganth Paul  
COORDINATOR, IQAC

*AB*

Dr. Allu Baby  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*DR. SREEBA*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*DR. SREELAXMI*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

*JMch.*

**Dr. Jain Mathew**  
PRINCIPAL

*S.P.*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*Dr. Allu Baby*

**Dr. Allu Baby**  
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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. DITHYKUMARI

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. SONA ANNS KURIA

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*DR. BASIL JOSE*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

*JMch.*

**Dr. Jain Mathew**  
PRINCIPAL

*S.P.*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*Dr. Allu Baby*

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Dona Roy*

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

*JMch.*

**Dr. Jain Mathew**  
PRINCIPAL

*S.P.*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*Dr. Allu Baby*

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. AIDA SARA JAMES

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. NIYA MARIAM JOSEPH

has attended a CDE program on  
"RESEARCH METHODOLOGY"  
conducted by Research Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 22nd April 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON RESEARCH  
METHEDODOLOGY



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## **HUMAN VALUE DEVELOPMENT**



# **ST.GREGORIOS DENTAL COLLEGE**

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## **SELF DEFENCE**



# CIRCULAR

**ST. GREGORIOS DENTAL COLLEGE**

**CHELAD, KOTHAMANGALAM**

SGDC/VAL/013/2023

04.08.2023

## CIRCULAR

Subject: Value Added Course on Self Defence for 3<sup>rd</sup> year students.

This is to inform that a value-added program entitled SELF DEFENSE is being organised by the Women Empowerment Cell (WEC) of the college for 3<sup>rd</sup> year students from 10.08.2023

For further reference, reach out to Ms. Nima M. Kalappura



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St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE

ST GREGORIOS DENTAL COLLEGE, CHELAD

# SELF DEFENCE

VALUE ADDED



**DATE & VENUE**

10-11 AUG 2023  
09.00 AM  
COLLEGE AUDITORIUM

**ORGANIZED BY**



WOMEN CELL  
INTERNAL QUALITY ASSURANCE CELL



# ST.GREGORIOS DENTAL COLLEGE

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## POST EVENT REPORT

Date: 10.08.2023 – 11.08.2023

Location: St. Gregorios Dental College

Speaker and Trainer: Mr. Renjith Jose

### **Training Methodology:**

The students receive instruction in self-defence through a combination of classroom theory and real-world application. Key concepts are reviewed at the start of the session, and then there are interactive discussions and demonstrations. Students can build their physical skills through practical practice sessions that emphasise strikes, blocks, escapes, and forceful communication methods. Role-playing games reinforce situational awareness and decision-making by simulating real-life dental practice circumstances. Students can apply acquired skills under pressure through scenario-based instruction, which fosters confidence and adaptability. Throughout the training, safety, moral issues, and the legal ramifications of self-defence are stressed. Students are encouraged to improve their methods and thinking through ongoing feedback and reflection, which promotes a culture of empowerment and readiness in the face of possible threats.

### **Key Highlights:**

- Interactive workshops
- Fostered and experimental learning technique
- Insights from the karate master, Mr. Renjith Jose were astounding to the students
- The workshop gave basic training for the students and the program was continued as practice sessions for the students monthly once on every second Saturday.
- The program was helpful to build their self confidence and replicate real life scenarios
- Hands on practice was implemented and all students were given equal chances to practice the demonstrations under expert guidance of the master



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## Conclusion:

In summary, the dental students' self-defence training programme is a thorough and customised way to give aspiring dentists the knowledge and frame of mind needed to guarantee their personal safety and security in a variety of practicing settings. The curriculum equips students with the skills necessary to identify possible risks, clearly communicate boundaries, and react confidently in difficult circumstances by fusing academic knowledge with real-world application. By use of practical exercises, authentic situations, and moral direction, learners acquire not just physical competence but also an anticipatory and accountable security mindset. In the end, the programme helps dentistry students develop a culture of readiness, professionalism, and empowerment so they may face their professional lives with courage and resiliency.





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## ATTENDANCE LIST





### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: SELF DEFENSE

Sl no.	Name of participant	10/8/23 Day 1	11/8/23 Day 2
	MIRWA T P	Mirwa T P.	Mirwa T P.
	Nikma	Nikma	Nikma
	Fathana	Fathana	Fathana
	Sajeeba	Sajeeba	Sajeeba
	Sandhya Susan	Sandhya	Sandhya
	Sandhya Manuvaran	Sandhya	Sandhya
	SARA MATHEW	Sara	Sara
	SNEHA N.S	Sneha	Sneha
	Snigdha Jayaraj	Snigdha	Snigdha
	Baulebhini Sudheer	Baulebhini	
	SREEMOH .C.R	Sreemoh	Sreemoh
	VAISHNAV	Vaishna	Vaishna

		
PRINCIPAL	DEU Convenor	DEU Secretary



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Self Defense .

Sl no.	Name of participant	10/8/23	11/9/23 .
	Anjitha		
	Abhinaya K Vijay		
	Asha K.A		
	ANNET RACHEL 70Y		
	Aspika SM		
	HEPZIBHA TOM		
	Aishya Kuriakos.		
	Jini jaji		
	Maria M Raja		
	Liya Meera Paul		
	Merin Rose		
	Prabha Jani Axa		

PRINCIPAL	DEU Convenor	DEU Secretary



# ST.GREGORIOS DENTAL COLLEGE

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## CERTIFICATES



ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM

### CERTIFICATE OF MERIT

This certificate is awarded to

KRISHNA PRAKASH

FOR SUCCESSFULLY COMPLETEING 15 HOURS OF  
VALUE ADDED COURSE ENTITLED "SELF DEFENSE"  
ORGANISED BY THE DENTAL EDUCATION UNIT IN  
ASSOCIATION WITH IQAC.

DR. JAIN MATHEW  
PRINCIPAL



DR. ALLU BABY  
DEU CONVENOR





# ST.GREGORIOS DENTAL COLLEGE

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---

## PHOTOGRAPH



## PHOTOGRAPH OF SELF DEFENCE CLASS





# **ST.GREGORIOS DENTAL COLLEGE**

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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**GENDER EQUALITY- EVERYONE'S RESPONSIBILITY**

CIRCULAR

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/016/2023

12.12.2023

**CIRCULAR**

Subject: GENDER EQUALITY EVERYONE'S RESPONSIBILITY

Women Cell, St. Gregorios Dental College is organizing an program entitled "GENDER EQUALITY EVERYONE'S RESPONSIBILITY" for BDS 2<sup>nd</sup> year students on 14.12.23-15.12.23 at 10am in college auditorium

For further reference reach out to Dr. Annie V Issac



**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE

**UNITE FOR WOMEN**

# GENDER EQUALITY

**EVERYONE'S RESPONSIBILITY**

**VALUE ADDED PROGRAM FOR BDS 2ND YEARS**

**14-15 DEC 2023**  
08.30 am

**COLLEGE AUDITORIUM**

**Organized by**  
**WOMEN CELL, INTERNAL QUALITY ASSURANCE CELL**

**RESOURCE PERSON**  
**DR RESHMA RAJU**



# ST.GREGORIOS DENTAL COLLEGE

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---

## POST-EVENT REPORT: GENDER EQUALITY EVERYONE'S RESPONSIBILITY

Date: 14.12.23 - 15.12.23

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

This course's training methodology combines a number of approaches in a dynamic and engaging way to guarantee successful learning results. To enhance their comprehension of gender equality issues, participants will partake in a variety of lectures, debates, case studies, group activities, and multimedia presentations. To improve relevance and applicability, the training will also include practical exercises and real-world situations. In addition, there will be chances for participants to reflect on themselves and learn from their peers, creating a welcoming and inclusive learning atmosphere. To increase engagement and knowledge retention, trainers will support critical thinking, promote active involvement, and offer tailored feedback. In general, the training approach is meant to be dynamic, captivating, and powerful, giving learners the tools they need to become change agents and advance gender equality.

### Key Highlights:

One of the course's main attractions is its thorough examination of gender equality concerns, from historical viewpoints to current difficulties. Participants will acquire a sophisticated comprehension of gender stereotypes, prejudices, and the effects they have on people and the community. The relevance of intersectionality—recognizing the ways in which gender intersects with other identities including race, class, and sexual orientation—is emphasised throughout the course. We'll look at doable tactics for advancing gender equality in the workplace, in the classroom, and in the media, among other contexts. The workshop also emphasises how important it is to include boys and men as allies in the fight for gender equality. Through hands-on workshops, practical demonstrations, and group projects,





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---

participants will gain the skills and information need to effectively promote gender equality both inside and outside of their communities. Conclusion:

To sum up, this course has offered a thorough examination of gender equality as a shared

duty. The significance of gender equality and the complex nature of its pursuit have been clear to participants through an analysis of historical settings, current issues, and useful tactics. Participants become more capable of confronting inequality in their individual domains when they acknowledge the intersections of gender with other identities and participate in critical dialogues regarding prejudices and stereotypes. It is essential that the ideas and understandings acquired in this course be put into practice going forward in order to promote systemic change and create inclusive settings. In the end, achieving gender equality will need our combined efforts, which we can pursue by continuing to raise awareness, educate the public, and take action.



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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Gender Equality ; Engineer's Responsibility

Date - 14-12-23 15-12-23

Sl no.	Name of participant	Day 1	Day 2
1	Adithya Vj	[Signature]	[Signature]
2	Akhila C	[Signature]	[Signature]
3	Aiswarya P S	[Signature]	[Signature]
4	Aleena Manam Samu	[Signature]	[Signature]
5	Amontha	[Signature]	[Signature]
6	Anakha Sajan	[Signature]	[Signature]
7	Angel Babu	[Signature]	[Signature]
8	ANITA SIMON	[Signature]	[Signature]
9	Anjana PS	[Signature]	[Signature]
10	Anju G	[Signature]	[Signature]
11	ANABEL MARY BENDY	[Signature]	[Signature]
12	ANN MARY VINI	[Signature]	[Signature]
13	Anupama V. Shally	[Signature]	[Signature]
14	Anu Sonny Thomas	[Signature]	[Signature]
15	Aparna Anil	[Signature]	[Signature]
16	Christena K Saiju	[Signature]	[Signature]
17	Denna shijo	[Signature]	[Signature]
18	Dona david	[Signature]	[Signature]
19	Hampacya	[Signature]	[Signature]
20	Lois J sarouel	[Signature]	[Signature]
21	Maria Leo Paul	[Signature]	[Signature]
22	Meera Dinesh	[Signature]	[Signature]
23	Mounika G	[Signature]	[Signature]
24	Money v. Benny	[Signature]	[Signature]

[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU Convenor	DEU Secretary



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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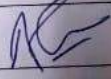
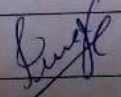
## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Gender Equality ; Euryzoin's Reproductibility .

Sl no.	Name of participant	14/12/23 Day 1	15/12/23 Day 2
26.	JENY MARY JOE	Jen	Jen
27.	Anjali Angel	Anjali	Anjali
28.	Amitha Grace Abraham	Amitha	Amitha
29.	Alexa Suki	Alexa	Alexa
30.	Alakanandha P.S	Alexa	Alexa
31.	Akshansa Pradeep	Alexa	Alexa
32.	Aishwarya Lakshmi	Alexa	Alexa
33.	NEETHAN JACOB	Neethan	Neethan
34.	NIDHI ELIZABETH BABU	Nidhi	Nidhi
35.	Nagana	Nagana	Nagana
36.	Parijath	Parijath	Parijath
37.	Pooja	Pooja	Pooja
38.	Ramdhovind	Ramdhovind	Ramdhovind
39.	RIYA ANN JACOB	Riya	Riya
40.	SAPNIL MS	Sapnil	Sapnil
41.	SHADIAN RAJEER P	Shadian	Shadian
42.	Vandana S	Vandana	Vandana
43.	SEETHY SANKI	Seethy	Seethy

		
PRINCIPAL	DEU Convenor	DEU Secretary





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## CERTIFICATES







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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON GENDER EQUALITY



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## SELF DEFENCE

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/VAL/005/2024

27.05.2024

### CIRCULAR

Subject: Value Added Course on Self Defence for 3<sup>rd</sup> year students.

This is to inform that a value-added program entitled SELF DEFENSE is being organised by the Women Empowerment Cell (WEC) of the college for 3<sup>rd</sup> year students from 28.05.2024

For further reference, reach out to Ms. Nima M. Kalappura



  
**PRINCIPAL**  
PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kothamangalam

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## BROCHURE

VALUE ADDED PROGRAM

# SELF DEFENCE

FOR THIRD YEAR BDS STUDENTS



RESOURCE PERSON  
MR RENJITH JOSE



DATE & TIME  
**28-29 MAY 2024**

VENUE:  
**COLLEGE AUDITORIUM**

ORGANIZED BY:  
**WOMEN CELL  
ST GREGORIOS DENTAL COLLEGE**





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## POST EVENT REPORT

Date: 28.05.2024 – 29.05.2024

Location: St. Gregorios Dental College

Speaker and Trainer: Mr. Renjith Jose

### **Training Methodology:**

Self-defence is taught to the pupils by combining classroom theory with practical application. The course begins with a review of key ideas followed by interactive discussions and demonstrations. Through hands-on training that emphasises blows, blocks, escapes, and powerful communication techniques, students can develop their physical talents. Because role-playing games mimic real-world dental practice situations, they strengthen situational awareness and decision-making skills. Scenario-based training helps students apply learned skills under pressure, which builds their confidence and flexibility. Safety, ethical concerns, and the legal implications of self-defence are emphasised throughout the course. Through continuous feedback and reflection, students are motivated to enhance their approaches and thinking, fostering a culture of empowerment and preparedness for potential dangers.

### **Key Highlights:**

- Engaging seminars
- Encouraged and innovative methods of learning
- The students were astounded by the karate teacher Mr. Renjith Jose's insights.
- The students received basic training in the workshop, and the program was continued with monthly practice sessions held on the second Saturday of each month.
- The program helped them imitate real-life situations and increase their self-confidence.
- Practical instruction was used, and each student had an equal opportunity to practice the demonstrations under the master's knowledgeable supervision.

### **Conclusion:**

In conclusion, the comprehensive and personalised self-defense training plan offered to dentistry students equips future professionals with the skills and mindset necessary to ensure



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their own safety and security in a range of practice environments. The programme integrates academic information with practical application to provide students the skills they need to recognise potential hazards, convey limits properly, and behave boldly in challenging situations. Through hands-on activities, real-world scenarios, and moral guidance, students develop not just their physical skills but also a proactive and responsible security mindset. Ultimately, the course assists dental students in cultivating a mindset of preparedness, professionalism, and self-determination so they can approach their careers with bravery and fortitude.



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## ATTENDANCE LIST



**ST. GREGORIOS DENTAL COLLEGE, CHELAD**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: SELF DEFENSE .

Sl no.	Name of participant	28/5/24	29/5/24
Sl no.	Name of participant	Day 1	Day 2
1	Aarve Maria Vinod	<i>[Signature]</i>	<i>[Signature]</i>
2	Angela Mathew	<i>[Signature]</i>	<i>[Signature]</i>
3	Arcana K J	<i>[Signature]</i>	<i>[Signature]</i>
4	R. Anabhe	<i>[Signature]</i>	<i>[Signature]</i>
5	Blessy Susan Raja	<i>[Signature]</i>	<i>[Signature]</i>
6	Nandana Jay	<i>[Signature]</i>	<i>[Signature]</i>
7	Minim Gerald.	<i>[Signature]</i>	<i>[Signature]</i>
8	Amutha NB	<i>[Signature]</i>	<i>[Signature]</i>
9	Fathima Salim	<i>[Signature]</i>	<i>[Signature]</i>
10	Anna Thomas	<i>[Signature]</i>	<i>[Signature]</i>
11	Gayathrydevi K	<i>[Signature]</i>	<i>[Signature]</i>
12	Ann Maria Renjith	<i>[Signature]</i>	<i>[Signature]</i>
13	Akhanya K Nani	<i>[Signature]</i>	<i>[Signature]</i>
14	Meenalekshy P S	<i>[Signature]</i>	<i>[Signature]</i>
15	Anjali AP	<i>[Signature]</i>	<i>[Signature]</i>
16	Shrini Shaji		<i>[Signature]</i>
17	Lynne Joshy Cheran		<i>[Signature]</i>
18	Smithy B	<i>[Signature]</i>	
19	Aleena Anna May	<i>[Signature]</i>	<i>[Signature]</i>
20	Raja Raj P		<i>[Signature]</i>
21	Aradh	<i>[Signature]</i>	
22	Narvedhya Giju	<i>[Signature]</i>	<i>[Signature]</i>
23	Sanya Elia Raja	<i>[Signature]</i>	<i>[Signature]</i>
24	Dawika VS	<i>[Signature]</i>	<i>[Signature]</i>
25	Fahann	<i>[Signature]</i>	

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary



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TOPIC: *Self Defense*

Sl no.	Name of participant	28-5-24 Day 1	29-5-24 Day 2
26	Swathi Suresh	Swathi	Swathi
27	Sajeshha	Sajeshha	Sajeshha
28	Aneena Ama Ayn	Aneena	Aneena
29	Aishwarya S	Aishwarya	Aishwarya
30	Ahsana Nazreen	Ahsana	Ahsana
31	Aleena Elizabeth Issac	Aleena	Aleena
32	Anvit Simon	Anvit	Anvit
33	Athira Kurhisan	Athira	Athira
34	Athira P R	Athira	Athira
35	Geetika Joshi	Geetika	Geetika
36	Jia Suresh	Jia	Jia
37	Krishna Prakash	Krishna	Krishna
38	Mena Xavier	Mena	Mena
39	Rishu Sunil	Rishu	Rishu
40	Rashmi Robin	Rashmi	Rashmi

PRINCIPAL	DEU Convenor	DEU Secretary





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## PHOTOGRAPH



## PHOTOGRAPH OF CLASS ON SELF DEFENCE



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## **PERSONALITY AND PROFESSIONAL DEVELOPMENT**



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## BASIC LIFE SUPPORT

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/ VAL/003/2024

01.04.2024

### CIRCULAR

Subject: Certificate course on Basic life support BLS for Interns.

Department of Oral and Maxillofacial Surgery, St. Gregorios Dental College is organizing a value-added program on Basic life support for interns on 04.04.2024 and 05.04.2024 from 8 am at the college auditorium.

For further reference, reach out to Dr. Sanjith Salim.



  
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Chelad, Kerala - 686 681

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## BROCHURE



# Basic LIFE SUPPORT

- 04, 05 APRIL
- COLLEGE AUDITORIUM
- TIME- 8:30AM

**DR SANJITH SALIM**  
RESOURCE PERSON

**ORGANIZED BY:**

DEPT. OF ORAL & MAXILLOFACIAL SURGERY  
ST GREGORIOS DENTAL COLLEGE, CHELAD





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---

## POST-EVENT REPORT: BASIC LIFE SUPPORT TRAINING

Date: 04.04.2024 - 05.04.2024

Location: College Auditorium, St. Gregorios Dental College

### **Training Methodology:**

Instructions for the use of the latest CPR and AED guidelines, including specific compression depth, speed, and techniques, were provided to the interns. Through practical sessions, the participants were able to apply what they had learned in simulated cardiac arrest situations. The trainees were instructed by Health Careers Institute Private Ltd representatives in hands-on application. Certificate was given for the students.

### **Key Highlights:**

- In-depth conversations about survival importance in making the lives of those who have suffered a heart attack bearable
- Thorough guidelines on the importance of early identification and activation of the emergency medical service systems.
- Demonstrations on practical approaches to chest compressions, airway control and rescue breaths.
- Practice using shock box machines underlining the essence of prompt defibrillations.
- Role-playing as an avenue of creating real-life situations which might occur.



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- Conclusion:

The CPR training was effective in giving interns the necessary skills and knowledge in the Basic Life Support to take appropriate actions during heart attack incidences. This, therefore, enables them to contribute to saving the life of a victim in their various localities through prompt initiation of emergency services. Continued training and reinforcement of skills are necessary for maintaining readiness and ensuring optimal outcomes in emergency situations. In a scenario of urgency, it is crucial for skills enhancement and training to go on simply to keep a state of readiness and increase the chances of getting best results.





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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: BLS (Basic Life Support)

04/04/24 05/04/24

Sl no.	Name of participant	Day 1	Day 2
1	Mamisha Chandan	Mamisha	Mamisha
2	Lauthe VS.	Lauthe	Lauthe
3	Off Jacob Mathew	Off Jacob	Off Jacob
4	S. Nakim Mahendran	S. Nakim	S. Nakim
5	Mariya Elizabeth Sreed	Mariya	Mariya
6	Aiswarya Elizabeth K	Aiswarya	Aiswarya
7	Neelhal An Mathew.	Neelhal	Neelhal
8	Rakhi C Rajan	Rakhi	Rakhi
9	Lina Rachel Saji	Lina	Lina
10	Vishali Jaiprakash	Vishali	Vishali
11	Hibin Joy	Hibin	Hibin
12	Anetta Anna Eldho	Anetta	Anetta
13	Anoopa TM	Anoopa	Anoopa
14	Karuna Rachel	Karuna	Karuna
15	Rishona VH	Rishona	Rishona
16	Puthari Naza James	Puthari	Puthari
17	Liyanna Shibu	Liyanna	Liyanna
18	Lilya Maria Joseph	Lilya	Lilya
19	Mammya Maria Aby	Mammya	Mammya
20	Jithin Jose	Jithin	Jithin
21	Hanna Mary Eldho	Hanna	Hanna
22	Arya Gouesh	Arya	Arya
23	Chippy Elizabeth Philip	Chippy	Chippy
24	Anisha Rachel	Anisha	Anisha
25	GEORGE BIJU	George	George
	PRINCIPAL	DEU Convenor	DEU Secretary





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TOPIC: *BLS - Value Added.*

Sl no.	Name of participant	4-4-24 Day 1	5-4-24 Day 2
26	<i>Alvin Raju</i>	<i>Alvin</i>	<i>Alvin</i>
27	<i>Gouri Lakshmi</i>	<i>Gouri</i>	<i>Gouri</i>
28	<i>Susanna Johnson</i>	<i>Susanna</i>	<i>Susanna</i>
28	<i>Minna B. Mannullil</i>	<i>Minna</i>	<i>Minna</i>
30	<i>Jose Saju Aravam.</i>	<i>Jose</i>	<i>Jose</i>
31	<i>Dunya Mary Philip</i>	<i>Dunya</i>	<i>Dunya</i>
32	<i>Amma V Raj</i>	<i>Amma</i>	<i>Amma</i>
33	<i>Dilna Elisabeth biju</i>	<i>Dilna</i>	<i>Dilna</i>
34	<i>Alex Mathew</i>	<i>Alex</i>	<i>Alex</i>
35	<i>Ajka Susann Binu</i>	<i>Ajka</i>	<i>Ajka</i>
36	<i>Azina B Paul</i>	<i>Azina</i>	<i>Azina</i>
37	<b>MELWIN THOMAS</b>	<i>Melwin</i>	<i>Melwin</i>
38	<i>Ashreea Tu</i>	<i>Ashreea</i>	<i>Ashreea</i>

 <b>PRINCIPAL</b>	 <b>DEU Convenor</b>	 <b>DEU Secretary</b>
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## CERTIFICATE



**MWT**  
ACADEMY  
Education for Employment

**MWT Global Academy Pvt. Ltd.**

37/1989 A, Bhattathiripad Road, Opp. Elamkulam Kavalakkal Temple  
Off. Kaloor - Kadavanthra Road, Kaloor, Kochi - 682 017, Kerala, India

**CERTIFICATE**

This is to certify that

*Rinku C Rajeev*

has successfully completed  
**Basic Life Support (BLS)  
Provider Course**

1 Day	04 <sup>th</sup> April 2024	04 <sup>th</sup> April 2026
Course Duration	Date Completed	Expires On

Organisational Member of  
**Quality Council of India**  
CORP/CS/5598/2021-22



2024/03/MWTGA  
Certificate No

*Jeril Cherian*  
Jeril Cherian  
Principal



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## PHOTOGRAPH



## PHOTOGRAPH OF BASIC LIFE SUPPORT CLASS



# **ST.GREGORIOS DENTAL COLLEGE**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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## **DIGITAL DENTISTRY**



# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/001/2024

15.01.2024

### CIRCULAR

Subject: Continuous Dental Education program (CDE) on the topic entitled 'Digital Dentistry: Revolutionizing Prosthodontic Treatment Planning And Fabrication' for Faculty members and Prosthodontic PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and Prosthodontic PG students is being organised by the Department of Prosthodontics and Crown and Bridge on the topic entitled 'Digital Dentistry: Revolutionizing Prosthodontic Treatment Planning And Fabrication' on 17.01.2024 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Arun K. Joy.

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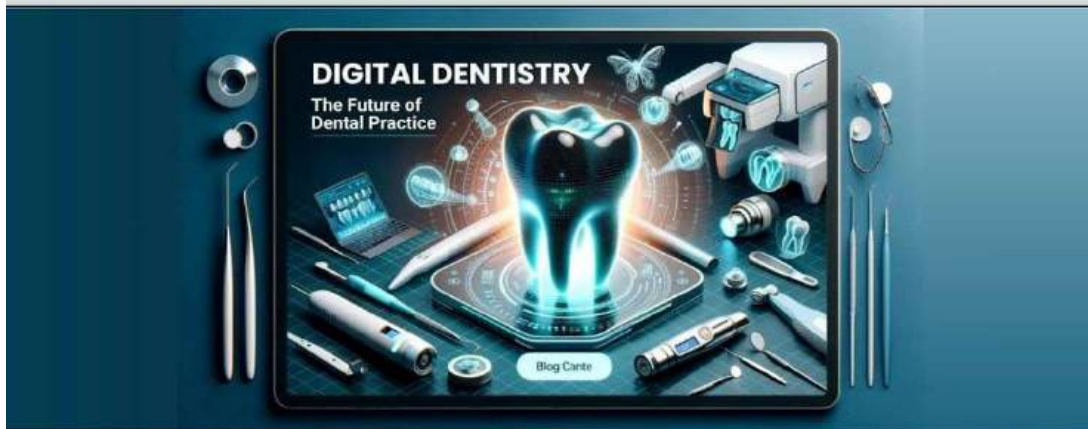
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BROCHURE

**CDE**

## ***DIGITAL DENTISTRY***

**Revolutionizing Prosthodontic Treatment Planning and Fabrication**



**TARGET:** Prosthodontics Post Graduates

RESOURCE PERSON

**DR GEORGE FRANCIS**



**Organized by:**

**January 17, 2024**  
**10.00 - 12.00 noon**

**COLLEGE AUDITORIUM**

**DEPT. OF PROSTHODONTICS**  
**ST GREGORIOS DENTAL COLLEGE**

Visit our website for more information: [www.sgdc.ac.in](http://www.sgdc.ac.in)



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## POST EVENT REPORT

In honour of Prosthodontist Day, the Department of Prosthodontics and Crown and Bridge hosted a Continuing Dental Education (CDE) programme on January 17, 2024. The program's main focus was on the revolutionary effects of digital dentistry on prosthodontic treatment planning and fabrication. The department head, Dr. George Francis, led the discussion, which focused on the development and uses of digital technologies in prosthodontics. The seminar, which was attended by faculty members and postgraduate students from the prosthodontics department, offered insights into workflow integration, CAD/CAM procedures, and digital imaging. Dr. George described how the use of digital dentistry improves accuracy, productivity, and patient-specific solutions throughout the planning and creation of treatment plans. The course emphasised how crucial it is for prosthodontists to adopt new technologies in order to improve patient care and clinical practice. After attending, attendees had a better awareness of how digital tools are transforming prosthodontic practices and were able to expand their knowledge and skill set for future use.







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## CERTIFICATE

ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

# CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Divya Subramanian.*

has attended a CDE program on  
**"Digital Dentistry: Revolutionizing Prosthodontic  
Treatment Planning & Fabrication"**  
conducted by Dept. of Prosthodontics & Crown & Bridge,  
Dental Education Unit, IQAC  
held on 17th January 2024.

*JM*

Dr. Jain Mathew  
PRINCIPAL

*SP*

Dr. Sauganth Paul  
COORDINATOR, IQAC

*AB*

Dr. Allu Baby  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Anwanya Udayakumar.*

has attended a CDE program on  
"Digital Dentistry: Revolutionizing Prosthodontic  
Treatment Planning & Fabrication"  
conducted by Dept. of Prosthodontics & Crown & Bridge,  
Dental Education Unit, IQAC  
held on 17th January 2024.

*JMch.*

Dr. Jain Mathew  
PRINCIPAL

*S.P.*

Dr. Sauganth Paul  
COORDINATOR, IQAC

*Abi*

Dr. Allu Baby  
CONVENOR, DEU



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DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Aiswarya Elattil*

has attended a CDE program on  
**"Digital Dentistry: Revolutionizing Prosthodontic  
Treatment Planning & Fabrication"**  
conducted by Dept. of Prosthodontics & Crown & Bridge,  
Dental Education Unit, IQAC  
held on 17th January 2024.

*JM*

**Dr. Jain Mathew**  
PRINCIPAL

*SP*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*AB*

**Dr. Allu Baby**  
CONVENOR, DEU





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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Sapika.P. Dinosh*

has attended a CDE program on  
**"Digital Dentistry: Revolutionizing Prosthodontic  
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*Dr. Reshma Mathew.*

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**Dr. Jain Mathew**  
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*S.P.*

**Dr. Sauganth Paul**  
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*Dr. Ajay D. Menon*

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## PHOTOGRAPH



## PHOTOGRAPH OF CLASS ON DIGITAL DENTISTRY



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## **ESSENTIALS OF EXODONTIA**

CIRCULAR

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD KOTHAMANGALAM**

SGDC/CDE/002/2024

14.02.2024

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Exodontia Essentials: CDE Program' for postgraduate students.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students is being organised by the Department of Oral Pathology on the topic entitled 'Exodontia Essentials: CDE Program' on 16.02.2024 at the college auditorium.

For further reference, reach out to Dr. Sanjith Salim



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St. Gregorios Dental College  
Chelad, Kerala - 686 681



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BROCHURE

**Essentials of  
Exodontia**

**CDE for Postgraduates**

**DR BRIGHT E C**  
RESOURCE PERSON

ORGANIZED BY: **DEPT. OF ORAL & MAXILLOFACIAL SURGERY**

**FEBRUARY 16, 2024 | 10.00 AM | COLLEGE AUDITORIUM**





# ST.GREGORIOS DENTAL COLLEGE

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## POST EVENT REPORT

The "Exodontia Essentials" programme, which included oral and maxillofacial surgeon Dr. Bright, turned out to be a really informative and helpful occasion. Dr. Bright's expertise shone through as he delivered a comprehensive overview of essential techniques and advancements in exodontia procedures. His astute advice on patient care, best practices, and the newest equipment and technology in the industry was much appreciated by the attendees. Because of Dr. Bright's captivating presentation style, attendees were kept enthralled and ready to take in the amount of information imparted. Without a question, the event made a lasting impression, giving participants the abilities and information they needed to succeed in their careers and improve patient outcomes.



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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD



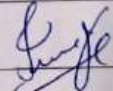
UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Exodontia Essentials

Date - 16/02/2024

Sl no.	Name of participant	Signature
1.	Aishwarya Udayakumar	Aishwarya
2.	Gopika P Dinosh	Gopika
3.	Danya Subramanian	Danya
4.	Imba Paul	Imba Paul
5.	Aishwarya Ullathil	Aishwarya
6.	Aya P Menon	Aya P Menon
7.	Ajial Ashok	Ajial Ashok
8.	Reshmi Mathew	Reshmi Mathew
9.	Nisha	Nisha
10.	Vidhya S. h.	Vidhya S. h.
11.	Vidhya K.	Vidhya K.
12.	Shikha	Shikha
13.	Lumil	Lumil
14.	Albert Thomas	Albert Thomas
15.	Preeba	Preeba
16.	Geethakshmi	Geethakshmi
17.	Vishyukumari	Vishyukumari
18.	Sena Anu Kurian	Sena Anu Kurian
19.	Basil Jose	Basil Jose
20.	Dona Roy	Dona Roy
21.	Arda Gave James	Arda Gave James
22.	Viya Mariam Joseph	Viya Mariam Joseph

		
PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATE

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This Certificate Presented to :

Dr. AISWARYA UDAYAKUMAR

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held on 16th February 2024.

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Dental Education Unit, IQAC  
held on 16th February 2024.

*J. Mathew*

**Dr. Jain Mathew**  
PRINCIPAL

*S. Sauganth Paul*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*A. Baby*

**Dr. Allu Baby**  
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Dr. ARYA

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## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. BASIL JOSE

has attended a CDE program on  
"Exodontia Essentials"  
conducted by Dept. of Oral & Maxillofacial Surgery,  
Dental Education Unit, IQAC  
held on 16th February 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



# ST.GREGORIOS DENTAL COLLEGE

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This Certificate Presented to :

*Dr. Dona Roy*

has attended a CDE program on  
"Exodontia Essentials"  
conducted by Dept. of Oral & Maxillofacial Surgery,  
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held on 16th February 2024.

*J. Mathew*

**Dr. Jain Mathew**  
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*S. Paul*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*A. Baby*

**Dr. Allu Baby**  
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*Dr. AIDA SARA JAMES*

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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON EXODONTIA



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## DIAGNOSIS – A CRUCIAL STEP

# CIRCULAR

## ST GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/003/2024

26.02.2023

### CIRCULAR

Subject: Continuous Dental Education program (CDE) on Oral Path Day - Diagnosis The Crucial Step' for postgraduate students.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students is being organised by the Department of Oral Pathology on the topic entitled 'Oral Path Day - Diagnosis The Crucial Step' on 28.02.2023 at the college auditorium.

For further reference, reach out to Dr. Tina Elizabeth Jacob



**PRINCIPAL**

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St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE



# DIAGNOSIS THE CRUCIAL STEP

CDE program for Post Graduates

RESOURCE PERSON

**DR TINA ELIZABETH**

**28 FEB 2024**

**10.00 AM**

**COLLEGE  
AUDITORIUM**

DEPARTMENT OF  
ORAL & MAXILLOFACIAL PATHOLOGY



**ST GREGORIOS DENTAL COLLEGE**





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## POST EVENT REPORT

The post-event report of Dr. Tina Elizabeth Jacob's oral pathology diagnostics workshop emphasises how important it was to improve participants' diagnostic skills and patient care. Through his comprehensive lecture, Dr. Tina effectively polished attendees' diagnostic skills by clarifying the histological, radiological, and clinical components of disorders related to oral pathology. Her focus on evidence-based differential diagnosis techniques gave participants a thorough framework for assessing various oral pathology presentations. In addition, the workshop promoted a more profound comprehension of the application of diagnostic instruments, cultivating participants' competence in utilising technology for accurate diagnosis. In addition to encouraging interdisciplinary collaboration, Dr. Tina's skill and captivating presentation motivated participants to apply newly acquired knowledge to their clinical practice, which eventually enhanced patient management techniques and healthcare results.



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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *DIAGNOSIS - The crucial step*

Date : *28-02-24*

Sl no.	Name of participant	Signature
1	<i>Aishwarya Udayakumar</i>	<i>Aishwarya</i>
2	<i>Divya Subramaniam</i>	<i>Divya</i>
3	<i>GOPIKA P DINESH</i>	<i>Gopika</i>
4	<i>Tintu Paul</i>	<i>Tintu</i>
5	<i>Aashwarya Allettil</i>	<i>Aashwarya</i>
6	<i>Arjun D. Meron</i>	<i>Arjun</i>
7	<i>Roshma Mathew</i>	<i>Roshma</i>
8	<i>Ayushi Ashok</i>	<i>Ayushi</i>
9	<i>Nisha George</i>	<i>Nisha</i>
10	<i>Vidya S</i>	<i>Vidya</i>
11	<i>Vidya K</i>	<i>Vidya</i>
12	<i>Shikha B.</i>	<i>Shikha</i>
13	<i>Sunil C</i>	<i>Sunil</i>
14	<i>Albert Thomas</i>	<i>Albert</i>
15	<i>Saeeda</i>	<i>Saeeda</i>
16	<i>Sailaxmi</i>	<i>Sailaxmi</i>
17	<i>Dithyakumari</i>	<i>Dithya</i>
18	<i>Sona Anne Kurian</i>	<i>Sona</i>
19	<i>BASIL JOSE</i>	<i>Basil</i>
20	<i>Dona Roy</i>	<i>Dona</i>
21	<i>Aida Sara James</i>	<i>Aida</i>
22	<i>Neyya Marian Joseph</i>	<i>Neyya</i>

		
PRINCIPAL	DEU Convenor	DEU Secretary



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DR. ANJALI ASHOK

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“**DIAGNOSIS THE CRUCIAL STEP**”  
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Dr. NISHA C JOSEPH

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*JMch.*

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*AB*

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*JMch.*

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Dr. DONA ROY

has attended a CDE program on  
**"DIAGNOSIS THE CRUCIAL STEP"**  
conducted by Dept. of Oral & Maxillofacial Pathology,  
Dental Education Unit, IQAC  
held on 28th February 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. AIDA SARA JAMES

has attended a CDE program on  
"DIAGNOSIS THE CRUCIAL STEP"  
conducted by Dept. of Oral & Maxillofacial Pathology,  
Dental Education Unit, IQAC  
held on 28th February 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON DIAGNOSIS THE CRUCIAL STEP



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---

## BEYOND THE APEX

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/004/2024

05.03.2024

### CIRCULAR

Subject: Continuous Dental Education program (CDE) entitled "Beyond the Apex: Advancements in Endodontic Techniques and Technologies" for postgraduate students of the Department of Conservative Dentistry and Endodontics.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students is being organised by the Department of Oral Pathology on the topic entitled 'Beyond the Apex: Advancements in Endodontic Techniques and Technologies' on 06.03.2024 at the seminar hall, Department of CD&E.

For further reference, reach out to Dr. Aksa Mariam Varghese



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## BROCHURE



# BEYOND THE APEX

Advancements in Endodontic Techniques and  
Technologies

**CDE PROGRAM**

ORGANIZED BY: **DEPT. OF CONSERVATIVE DENTISTRY & ENDODONTICS**

**DR JAIN MATHEW**  
RESOURCE PERSON

**MARCH 06, 2024** | **10.00 AM** | **SEMINAR HALL**





# ST.GREGORIOS DENTAL COLLEGE

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---

## POST EVENT REPORT

The informative talk given by Dr. Jain Mathew, Head of the Department of Conservative Dentistry and Endodontics, is summarised in the post-event report. Because of Dr. Jain's experience, attendees gained essential knowledge about the most recent developments and best practices in the field of endodontics. The endodontic treatment participants acquired a thorough understanding of the basic concepts, sophisticated methods, and state-of-the-art technologies. A positive learning atmosphere was created by Dr. Jain's captivating presentation style and extensive expertise, which encouraged insightful conversations and information sharing. Attendees left the workshop with a solid theoretical and practical skill set that will enable them to advance their endodontic clinical practice.



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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCROZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: *Beyond the apex: Advancement in Endodontic Techniques of Technology*  
Date : *6-3-24* .

Sl no.	Name of participant	Signature
1	BASIL JOSE	<i>[Signature]</i>
2	Dona Sara Roy.	<i>[Signature]</i>
3	Aida Sara James	<i>[Signature]</i>
4	Sona Anna Kuran	<i>[Signature]</i>
5	Niya Marian Joseph.	<i>[Signature]</i>
6	Pithykumari K	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATE

ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

# CERTIFICATE

## OF ATTENDANCE

### CERTIFICATE

This Certificate Presented to :

*Dr. Dethy Kumari . K . K.*

has attended a CDE program on  
**"Beyond the Apex: Advancements in Endodontic  
Techniques & Technology"**  
conducted by Dept. of Conservative Dentistry & Endodontics,  
Dental Education Unit, IQAC  
held on 06th March 2024.

*JM*

**Dr. Jain Mathew**  
PRINCIPAL

*S.P.*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*AB*

**Dr. Allu Baby**  
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## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Niya Manian Joseph.*

has attended a CDE program on  
"Beyond the Apex: Advancements in Endodontic  
Techniques & Technology"  
conducted by Dept. of Conservative Dentistry & Endodontics,  
Dental Education Unit, IQAC  
held on 06th March 2024.

Dr. Jain Mathew  
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Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Sana Anus Kuria.*

has attended a CDE program on  
**"Beyond the Apex: Advancements in Endodontic  
Techniques & Technology"**  
conducted by Dept. of Conservative Dentistry & Endodontics,  
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held on 06th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

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has attended a CDE program on  
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conducted by Dept. of Conservative Dentistry & Endodontics,  
Dental Education Unit, IQAC  
held on 06th March 2024.

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PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Basel Jose*

has attended a CDE program on  
**"Beyond the Apex: Advancements in Endodontic  
Techniques & Technology"**  
conducted by Dept. of Conservative Dentistry & Endodontics,  
Dental Education Unit, IQAC  
held on 06th March 2024.

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## PHOTOGRAPH



PHOTOGRAPH OF CLASS ON BEYOND THE APEX



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## TRAMPOLIM- SCAN FOR A PERFECT SMILE

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/009/2024

27.05.2024

### CIRCULAR

Subject: Continuous Dental Education program (CDE) on 'Trampolim - Scan For A Perfect Smile' for Post graduate students and faculty members

This is to inform you that a Continuous Dental Education program (CDE) for PG students and staff is being organised by the Department of Orthodontics and Dentofacial Orthopaedics of the college on the topic entitled 'Trampolim – Scan for a Perfect Smile' on 30.05.2024 at the department seminar hall at 10.00am. Interested students are also invited.

For further reference, reach out to Dr. Tony Michael

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DEPT. OF ORTHODONTICS, SGDC  
**TRAMPOLIM 7.2**



Celebrating  
THE WORLD ORTHODONTIC  
HEALTH DAY

‘SCAN FOR A  
PERFECT SMILE’

-An inhouse campaign for clear aligner

MAY 30, 2024

Fifteen selected cases will be evaluated by using intra oral scanner and a customised treatment plan with clear aligner will be presented to you at no cost (A nominal cost of Aligner will be charged if you wish to proceed with the treatment)

Book your slots ASAP  
Dr Vidhya 9633980494  
Dr Shikha 8078854918



IN ASSOCIATION WITH  
**DentCare**<sup>®</sup>  
Aligners





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## POST EVENT REPORT

On May 10, 2024, the college hosted the 'Trapolim – Scan for a Perfect Smile' Continuous dentistry Education (CDE) programme for dentistry postgraduates and staff members. With the use of interactive Q&A sessions, case study analyses, practical workshops, and expert lectures, this event intended to improve knowledge and practical abilities in invisible orthodontics. Types of invisible orthodontic appliances, using digital tools for treatment planning, and ethical issues in orthodontic practice were some of the important subjects covered.

The programme was quite successful with Dr. G.Dharmadeep; it received a 4.7/5 total satisfaction rating. The hands-on seminars were well appreciated by the participants as they offered them real-world experience in employing modern 3D imaging tools and putting clear aligners. Through peer debates and comments, the interactive workshops promoted a collaborative learning environment.

Notwithstanding the program's achievements, certain obstacles were noted, namely a lack of time for in-depth practical experience. The organisers intend to arrange more follow-up seminars in order to address this. In addition, the participants' diverse ability levels demonstrated the necessity of pre-assessment surveys in order to better customise the content.

All things considered, the CDE programme on "Trapolim – Scan for a Perfect Smile" was a huge success. Future programmes will take participant comments into account, provide advanced modules, and guarantee ongoing development in order to continue providing memorable learning opportunities.



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE LIST

**Department of Orthodontics, SGDC**

**Trampoline 7.2 ('Scan for a Perfect Smile')**

**Participant Attendance List**

Sl. No.	Name	Designation	Signature
1.	Dr. Binny Kurian	Professor & Head	
2.	Dr. Tony Michael	Professor	
3.	Dr. Reji K. Paul	Professor	
4.	Dr. Aiswarya Gopinath	Reader	
5.	Dr. Deebly Minions	Reader	
6.	Dr. Mousha J	Senior Lecturer	
7.	Dr. Nisha C. Joseph	III <sup>rd</sup> yr Per.	
8.	Dr. Vidhya K.	III <sup>rd</sup> yr Per.	
9.	Dr. Vidya S. K.	III <sup>rd</sup> yr Per.	
10.	Dr. Dhanya M.	III <sup>rd</sup> yr Per.	
11.	Dr. Shikha B.	III <sup>rd</sup> yr Per.	
12.	Dr. Sunil Sankar	III <sup>rd</sup> yr Per.	
13.	Dr. Silasmi O	I <sup>st</sup> yr Per.	
14.	Dr. Sneha P.V.	I <sup>st</sup> yr Per.	
15.	Dr. Albert Thomas	I <sup>st</sup> yr Per.	
16.	Aiswarya Iyazhith K.	Intern	
17.	Santhya V.S.	Intern	
18.	Vychari Jaiprakash	Intern	
19.	Aparna V. Raj	Intern	
20.	DR. MERIN GEORGE	HOD & Reader	
21.	Dr Anny Kunnath	Reader	



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## CERTIFICATE

Department of Orthodontics & Dentofacial Orthopedics  
St. Gregorios Dental College  
Chelad, Kothamangalam



# TRAMPOLIM 7.2

ORTHODONTICS  
SGDC

## Certificate

Awarded to

Dr. .... *Dr. VISHVA S.H.* .....

for participating in Trampolim 7.2  
"SCAN FOR A PERFECT SMILE - An inhouse campaign for clear aligner"  
organised by Dept. of Orthodontics, SGDC  
in association with Dentcare aligners,  
on 30th May, 2024, at St. Gregorios Dental College,  
Kothamangalam.

*Dr. Jain Mathew*  
Principal, SGDC

*Dr. Binoy Kurian*  
Organizing Chairman

*Dr. Tony Michael*  
Organizing Secretary

*Dr. Binu Purnama*  
Speaker







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Chelad, Kothamangalam

ORTHODONTICS  
SGDC

## TRAMPOLIM 7.2

### Certificate

Awarded to

Dr.....*DR. VIDHYA .K.*.....

for participating in Trampoline 7.2  
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Kothamangalam.

*J.M.S.*  
Dr. Jain Mathew  
Principal, SGDC

*B.K.*  
Dr. Binny Kurian  
Organizing Chairman

*T.M.*  
Dr. Tony Michael  
Organizing Secretary

*B.P.*  
Dr. Binu Punnose  
Speaker







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St. Gregorios Dental College

Chelad, Kothamangalam



# TRAMPOLINI 7.2


ORTHODONTICS  
SGDC

## Certificate


Awarded to


Dr. .... Dr. NISHA..... S. .... JOSEPH.....

for participating in Trampoline 7.2  
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Dr. Jain Mathew  
Principal, SGDC

  
Dr. Binoy Kurian  
Organizing Chairman

  
Dr. Tony Michael  
Organizing Secretary

  
Dr. Binu Punnosa  
Speaker





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St. Gregorios Dental College  
Chelad, Kothamangalam

ORTHODONTICS  
SGDC

# TRAMPOLIM 7.2

## Certificate

Awarded to

Dr.....DR. DHANYA M......

for participating in Trampolim 7.2  
"SCAN FOR A PERFECT SMILE - An inhouse campaign for clear aligner"  
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in association with Dentcare aligners,  
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Dr. Jain Mathew  
Principal, SGDC

Dr. Binny Kurian  
Organizing Chairman

Dr. Tony Michael  
Organizing Secretary

Dr. Bina Punnoose  
Speaker





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Department of Orthodontics & Dentofacial Orthopedics  
St. Gregorios Dental College  
Chelad, Kothamangalam




# TRAMPOLIM 7.2

## Certificate

Awarded to

Dr. .... Dr. SHIKHA..... B. ....

for participating in Trampolim 7.2  
"SCAN FOR A PERFECT SMILE - An inhouse campaign for clear aligner"  
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Dr. Jain Mathew  
Principal, SGDC

  
Dr. Binoy Kurian  
Organizing Chairman

  
Dr. Tony Michael  
Organizing Secretary

  
Dr. Binu Purnoosa  
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# TRAMPOLIM 7.2

## Certificate

Awarded to

Dr.....Dr. Sunil...Skariya.....

for participating in Trampoline 7.2  
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Dr. Jain Mathew  
Principal, SGDC

Dr. Binny Kurian  
Organizing Chairman

Dr. Tony Michael  
Organizing Secretary

Dr. Binu Punnose  
Speaker





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Chelad, Kothamangalam

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SGDC


## TRAMPOLIM 7.2


### Certificate


Awarded to

Dr.....*Dr. SRILAXMI..A*.....  
for participating in Trampolim 7.2  
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Dr. Binu Purnomo  
Speaker

  
Dr. Tony Michael  
Organizing Secretary

  
Dr. Binny Kurian  
Organizing Chairman

  
Dr. Jain Mathew  
Principal, SGDC





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St. Gregorios Dental College  
Chelad, Kothamangalam

ORTHODONTICS  
SGDC


# TRAMPOLIM 7.2

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Awarded to


Dr.....*DR. SREEBA P.V.*.....

for participating in Trampoline 7.2  
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Dr. Binu Punnose  
Speaker





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St. Gregorios Dental College  
Chelad, Kothamangalam

ORTHODONTICS  
SGDC


## TRAMPOLIM 7.2

### Certificate


Awarded to

Dr. ALBERT THOMAS.....

for participating in Trampolim 7.2  
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Dr. Binu Punnos  
Speaker







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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## PHOTOGRAPH



## PHOTOGRAPH OF TRAMPOLIM CLASS





# **ST.GREGORIOS DENTAL COLLEGE**

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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---

## **EMPLOYABILITY SKILL DEVELOPMENT**



# ST.GREGORIOS DENTAL COLLEGE

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---

## DENTAL PHOTOGRAPHY

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/005/2024

11.03.2024

### CIRCULAR

Subject: Continuous Dental Education program (CDE) on the topic entitled 'Dental Photography' for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Department of Prosthodontics and Crown and Bridge on the topic entitled 'Dental Photography' on 13.03.2024 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Merin K. Joseph.



**PRINCIPAL**

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St. Gregorios Dental College  
Chelad, Kothamangalam



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE



### DATE & VENUE

13 MARCH 2024

10.00 AM

COLLEGE AUDITORIUM

### ORGANIZER

DEPT. OF PROSTHODONTICS & CROWN AND BRIDGE  
ST GREGORIOS DENTAL COLLEGE, CHELAD

### RESOURCE PERSON

DR VIJIT

# DENTAL PHOTOGRAPHY

**CDE FOR FACULTIES & POSTGRADUATES**





# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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---

## POST EVENT REPORT

The Continuing Dental Education program on Dental Photography, conducted on March 13, 2024, at the Department of Prosthodontics and Crown and Bridge under the guidance of Dr. Vijit, was a pivotal initiative aimed at enhancing the photography skills of both staff and postgraduate students in dentistry. Throughout the session, participants delved into fundamental photography principles, familiarized themselves with dental photography equipment, and honed their abilities to capture and enhance clinical images effectively. Emphasis was placed on the significance of sequential photography for comprehensive case documentation and its role in improving patient communication. The program received commendation from attendees for its practical approach and hands-on training, with participants expressing confidence in integrating dental photography into their clinical practice. Moving forward, the department intends to further enrich the curriculum with advanced topics in dental photography, ensuring continued professional development and enhanced patient care.



# ST.GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD




UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA-686681

TOPIC: DENTAL PHOTOGRAPHY

date - 13/3/24

Sl no.	Name of participant	Signature
1	Aiswarya Velayakumar	Aiswarya
2	Divya Subramaniam	Divya
3	Tintu Paul	Tintu
4	MOPIKA P DINESH	Mopika
5	Amranya M Mathil	Amranya
6	Arijit D Menon	Arijit
7	Anjali Anand	Anjali
8	RESAMA MATHEW	Resama
9	Iruba C Joseph.	Iruba
10	Madhul	Madhul
11	Vidya K	Vidya
12	Shikha B	Shikha
13	Suneel	Suneel
14	Albert Thomas.	Albert
15	Sreeta PV	Sreeta
16	Selaxmi	Selaxmi
17	Dithyakumari	Dithya
18	Sona Ann Kurian	Sona
19	BASIL JOSE	Basil
20	NNA MARIAM JOSEPH	NNA
21	Arda Sae James	Arda
22	Romy Roy	Romy

		
PRINCIPAL	DEU Convenor	DEU Secretary



# ST.GREGORIOS DENTAL COLLEGE

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## CERTIFICATE

ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

# CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. AISWARYA UDAYAKUMAR

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



# ST.GREGORIOS DENTAL COLLEGE

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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. DIVYA SUBRAMANIAN

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. TINTU PAUL

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.



**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Sauganth Paul**  
COORDINATOR, IQAC



**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. GIOPIKA P DINESH

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. AISWARYA ULATIL

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. ARJUN D MENON

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

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DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. ANJALI ASHOK

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
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**Dr. Sauganth Paul**  
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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. RESHMA MATHEW

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Nisha C Joseph*

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
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DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. VIDHYA S.L

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. VIDHYA K

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. SHIKA B

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. SUNIL SKARIA

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. ALBERT THOMAS

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. SREEBA P.V

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

JMch.

**Dr. Jain Mathew**  
PRINCIPAL

S.P.

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

AB

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

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PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. SREELEKSHMI*

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. DITHYKUMARI

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. SONA ANNS KURIA*

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





# ST.GREGORIOS DENTAL COLLEGE

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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. Basil Jose

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.



**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Sauganth Paul**  
COORDINATOR, IQAC



**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. NIYA MARIAM JOSEPH

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. AIDA SARA JAMES

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





# ST.GREGORIOS DENTAL COLLEGE

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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

Dr. DONA ROY.

has attended a CDE program on  
"DENTAL PHOTOGRAPHY"  
conducted by Dept. of Prosthodontics & Crown and Bridge,  
Dental Education Unit, IQAC  
held on 13th March 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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## PHOTOGRAPH



## PHOTPGRAPHS OF CLASS ON DIGITAL PHOTOGRAPHY



# **ST.GREGORIOS DENTAL COLLEGE**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## **ETHICS IN DENTAL PRACICE**

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/008/2024

03.05.2024

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Ethics In Dental Practice'.

This is to inform you that a Continuous Dental Education program (CDE) for 1- year postgraduate students and faculty members is being organised by the Department of Orthodontics and Dentofacial Orthopaedics on the topic entitled 'Ethics In Dental Practice' on 08.05.2024 from 10.00am to 11.00am at the college auditorium. Interested students are also invited

For further reference, reach out to Dr. Tony Michael

  
PRINCIPAL

Copy to:

Notice Board

Office

All departments

Library



St. Gregorios Dental Coll. 28  
Chelad, Kerala - 686 631



# ST.GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681


(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE


ST. GREGORIOS DENTAL COLLEGE  
CHELAD  
ETHICS COMMITTEE  
INTERNAL QUALITY ASSURANCE CELL

# ETHICS IN DENTAL PRACTISE

CDE PROGRAM



**DR. BINNOY  
KURIAN**  
SPEAKER



**08 MAY, 2024**  
10:00 AM  
COLLEGE AUDITORIUM

TARGET  
1st YEAR POST GRADUATES





# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## POST EVENT REPORT

On May 8th, 2024, St. Gregorios Dental College hosted a CDE programme titled Ethics in Dental Practice. The program's goal was to look at moral dilemmas and issues from the perspective of recent postgraduate students, which is something dentists deal with on a regular basis in their work. The purpose of the lecture was to use case studies to motivate practitioners to engage in cross-border ethical dialogues. This allowed participants to share best practices with one another. The chairman of the department of orthodontics and dentofacial orthopaedics is the renowned Kochi orthodontist Dr. Binnoy Kurian. He discussed how the four moral concepts of beneficence, non-maleficence, justice, and patient autonomy may be used to apply morality to dentistry.

In addition, he pointed out that this programme offered in-depth insights into difficult subjects and included tips on how to handle some of the more difficult dental ethics concerns, such informed consent. He discussed in great detail the possible legal repercussions for a dentist who violates ethical standards. He achieved this by looking at relevant legal frameworks and real-world examples of what happens to businesspeople—or maybe I should say, "Professionals"—who act unethically. In other subject areas, students might lead group talks based on made-up scenarios in which they may pretend to be dentists and provide peer-to-peer guidance as they worked out the moral conundrums.





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## CERTIFICATE

ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

# CERTIFICATE

## OF ATTENDANCE

This Certificate Presented to :

*Dr. Reshma Mathew*

has attended a CDE program on  
"ETHICS IN DENTAL PRACTICE"  
conducted by Dept. of Orthodontics & Dentofacial  
Orthopedics in association with IQAC,  
St. Gregorios Dental College, Chelad  
held on 08th May 2024.

*JM*

**Dr. Jain Mathew**  
PRINCIPAL

*S.P.*

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

*AB*

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. ARJUN D MENON

has attended a CDE program on  
"ETHICS IN DENTAL PRACTICE"  
conducted by Dept. of Orthodontics & Dentofacial  
Orthopedics in association with IQAC,  
St. Gregorios Dental College, Chelad  
held on 08th May 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. Basil Jose*

has attended a CDE program on  
"ETHICS IN DENTAL PRACTICE"  
conducted by Dept. of Orthodontics & Dentofacial  
Orthopedics in association with IQAC,  
St. Gregorios Dental College, Chelad  
held on 08th May 2024.

*JMch.*

Dr. Jain Mathew  
PRINCIPAL

*S.P.*

Dr. Sauganth Paul  
COORDINATOR, IQAC

*Dr. Allu Baby*

Dr. Allu Baby  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

**CDE**  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. DONA SARA ROY

has attended a CDE program on  
**"ETHICS IN DENTAL PRACTICE"**  
conducted by Dept. of Orthodontics & Dentofacial  
Orthopedics in association with IQAC,  
St. Gregorios Dental College, Chelad  
held on 08th May 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*Dr. ANJALI ASHOK*

has attended a CDE program on  
“**ETHICS IN DENTAL PRACTICE**”  
conducted by Dept. of Orthodontics & Dentofacial  
Orthopedics in association with IQAC,  
St. Gregorios Dental College, Chelad  
held on 08th May 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. ALBERT THOMAS

has attended a CDE program on  
“**ETHICS IN DENTAL PRACTICE**”  
conducted by Dept. of Orthodontics & Dentofacial  
Orthopedics in association with IQAC,  
St. Gregorios Dental College, Chelad  
held on 08th May 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

DR. SREEBA P V

has attended a CDE program on  
"ETHICS IN DENTAL PRACTICE"  
conducted by Dept. of Orthodontics & Dentofacial  
Orthopedics in association with IQAC,  
St. Gregorios Dental College, Chelad  
held on 08th May 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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ST. GREGORIOS  
DENTAL COLLEGE

CDE  
PROGRAM

## CERTIFICATE OF ATTENDANCE

This Certificate Presented to :

*DR. SRILAXMI*

has attended a CDE program on  
"ETHICS IN DENTAL PRACTICE"  
conducted by Dept. of Orthodontics & Dentofacial  
Orthopedics in association with IQAC,  
St. Gregorios Dental College, Chelad  
held on 08th May 2024.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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## PHOTOGRAPH



PHOTOGRAPHS OF CLASS ON ETHICS IN DENTAL PRACTICE



# ST. GREGORIOS DENTAL COLLEGE

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**ACADEMIC YEAR 2022-2023**





# ST. GREGORIOS DENTAL COLLEGE

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## SOFT SKILL DEVELOPMENT



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## BASIC COMPUTER COURSE

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/011/2022.

26.11.2022

**CIRCULAR**

Subject: Basic Computer Course

Dental Education Unit, St. Gregorios Dental College is organizing an Orientation Program for post graduates on 28.11.22 to 29.11.22 at the college auditorium

For further reference reach out to Dr. Allu Baby.



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Chelad, Kerala - 686 681





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## BROCHURE

ST. GREGORIOS DENTAL COLLEGE  
CHELAD  
DENTAL EDUCATION UNIT

# BASIC COMPUTER COURSE

value added program for post graduates

 **28-29**  
NOVEMBER, 2022

TIME: 10.00 AM  
VENUE: COLLEGE AUDITORIUM



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
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## **POST-EVENT REPORT: BASIC COMPUTER COURSE**

Date: 28.11.2022 to 29.11.2022

Location: St. Gregorios Dental College, Auditorium

Training Methodology:

Basic Computer Skills Course training used a combination of lecture and interactive discussion. The basics of the computer were introduced through stimulating presentations and demonstrations. Interactive discussion facilitated learning through the sharing of knowledge and allowed participants the chance to ask questions and clarify concepts. Group activities and peer-to-peer learning were encouraged to develop collaboration and teamwork. Overall, the training methodology was planned to make sure it engages participants and provides a conducive environment for learning and skill development in basic computer usage. Hands on activities were also held in the internet

Key Highlights:

Key highlights of the Basic Computer Skills Course included engaging lectures on computer fundamentals, interactive discussions on internet safety and cybersecurity, and participant feedback sessions for continuous improvement. The course proved to be effective in building a collaborative learning environment in which participants could acquire vital computer skills in a supportive setting.

Conclusion:

The Basic Computer Skills Course provided an opportunity for the participants to acquire the most basic knowledge of computers. The course had some challenges, but it still went very well and addressed the basic course objectives..



# ST. GREGORIOS DENTAL COLLEGE

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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Basic Computer Course

Sl no.	Name of participant	28.11.22 Day 1	29.11.22 Day 2
1	DR. TINTU PAUL	<i>Tintu Paul</i>	<i>Tintu Paul</i>
2	Dr. Jimmy George k.	<i>Jimmy George</i>	<i>Jimmy George</i>
3	DR. AISHWARYA UDAYA KUNH R	<i>Aishwarya</i>	<i>Aishwarya</i>
4	Dr. Dhanya M	<i>Dhanya</i>	<i>Dhanya</i>
5	Mr. Aiswarya Muttal	<i>Aiswarya</i>	<i>Aiswarya</i>
6	DR. ARYA ARAVIND	<i>Arya Aravind</i>	<i>Arya Aravind</i>
7	Dr. Dithyukumari k	<i>Dithyukumari</i>	<i>Dithyukumari</i>
8	Dr. Anu Manjya Sunny	<i>Anu Manjya</i>	<i>Anu Manjya</i>
9	Dr. Suresh Sharan	<i>Suresh Sharan</i>	<i>Suresh Sharan</i>
10	Dr. Vidhya K.	<i>Vidhya</i>	<i>Vidhya</i>
11	Dr. Sonal Ann Kuria	<i>Sonal Ann Kuria</i>	<i>Sonal Ann Kuria</i>
12	Dr. Sreemath V. P	<i>Sreemath</i>	<i>Sreemath</i>
13	Dr. Jessie P Mathew	<i>Jessie P Mathew</i>	<i>Jessie P Mathew</i>
14	Dr. Shikha B	<i>Shikha</i>	<i>Shikha</i>
15	Dr. Sarjini S.	<i>Sarjini</i>	<i>Sarjini</i>
16	Dr. Aida James	<i>Aida James</i>	<i>Aida James</i>
17	DR. GOPIKA DINESH	<i>Gopika Dinesh</i>	<i>Gopika Dinesh</i>
18	Dr. Nisha S. Joseph	<i>Nisha S. Joseph</i>	<i>Nisha S. Joseph</i>
19	Dr. Divya Subramanian	<i>Divya Subramanian</i>	<i>Divya Subramanian</i>
20	Dr. Justine Cyril	<i>Justine Cyril</i>	<i>Justine Cyril</i>
21	Dr. JINSEL JAMES	<i>Jinsel James</i>	<i>Jinsel James</i>
22	Dr. Vally S L.	<i>Vally S L.</i>	<i>Vally S L.</i>
23	Dr. Melba	<i>Melba</i>	<i>Melba</i>
24	Dr. Nisha Mariam Joseph	<i>Nisha Mariam Joseph</i>	<i>Nisha Mariam Joseph</i>

		
PRINCIPAL	DEU Convenor	DEU Secretary



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## PHOTOGRAPHS



Photos of basic computer course





# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE





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---

## MELODIOUS NOTES

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/003/2023

04.02.2023

**CIRCULAR**

Subject: Melodious Notes – program for first years.

Music Club, St. Gregorios Dental College is organizing an program entitled “Melodios Notes” for BDS first year students on 6.02.2023 - 7.02.2023 at 6 pm in college auditorium

For further reference reach out to Mrs. Nima M Kalappura



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**PRINCIPAL**  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

VALUE ADDED PROGRAM

# MELODIOUS NOTES

*For first year bds students*

**FEBRUARY 06-07, 2023**

**Location :**  
COLLEGE AUDITORIUM

**TIME:**  
10.00 AM ONWARDS

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

INTERNAL QUALITY ASSURANCE CELL  
DENTAL EDUCATION UNIT





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## **POST-EVENT REPORT: MELODIOUS NOTES**

Date: 6.02.2023 - 7.02.2023

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

The course's instructional approach comprised group projects, interactive lectures, and demonstrations. Theoretical education was used to expose students to music concepts, and then there were opportunities for debate and reflection. Instructor feedback was given to help pupils understand and advance. The goal of this strategy was to increase participant involvement and comprehension.

### Key Highlights:

Engaging lectures that provide a thorough introduction of music theory, instrumental techniques, and performing skills were among the course's main features. Students were able to practically apply their academic understanding through interactive demonstrations. Peer engagement was promoted and collaborative learning was enabled through group activities and conversations. Throughout the course, instructor feedback ensured that students understood and made progress. It was a valuable source of direction and support. All things considered, the course successfully blended academic education with real-world application, fostering a dynamic learning environment that encouraged participants' interest and skill development.

### Conclusion:

In summary, the course's goals of giving students a strong foundation in music theory and performance techniques were accomplished. Participants obtained useful knowledge and self-assurance in their musical abilities through interesting lectures, hands-on demonstrations, and group activities. With the help of the course's encouraging atmosphere and skill-building opportunities, students left feeling prepared and enthusiastic to pursue their musical endeavours further.



# ST. GREGORIOS DENTAL COLLEGE

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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Melodious Note*

Sl no.	Name of participant	6/2/23	07/02/23
		Day 1	Day 2
1.	Aave Maria Vinod.	<i>Aave</i>	<i>Aave</i>
2.	Aishwarya S	<i>Aish</i>	<i>Aish</i>
3.	Ajeena K J	<i>Ajeena</i>	<i>Ajeena</i>
4.	Aleena Anna Aby.	<i>Aleena</i>	<i>Aleena</i>
5.	Almit Suresh.	<i>Almit</i>	<i>Almit</i>
6.	Alphin K David	<i>Alphin</i>	<i>Alphin</i>
7.	Amrutha N B	<i>Amrutha</i>	<i>Amrutha</i>
8.	Anaina Rajendran	<i>Anaina</i>	<i>Anaina</i>
9.	Angela Mathew	<i>Angela</i>	<i>Angela</i>
10.	Anjali A P	<i>Anjali</i>	<i>Anjali</i>
11.	Anna Thomas	<i>Anna</i>	<i>Anna</i>
12.	Ann Maria Rejith	<i>Ann</i>	<i>Ann</i>
13.	Arya L	<i>Arya</i>	<i>Arya</i>
14.	Achansa K Nair	<i>Achansa</i>	<i>Achansa</i>
15.	Blessy S R	<i>Blessy</i>	<i>Blessy</i>
16.	Devika V S	<i>Devika</i>	<i>Devika</i>
17.	Fathima Riyas	<i>Fathima</i>	<i>Fathima</i>
18.	Fathima Salim	<i>Fathima</i>	<i>Fathima</i>
19.	Gayathri Devi K	<i>Gayathri</i>	<i>Gayathri</i>
20.	Harpriya R.	<i>Harpriya</i>	<i>Harpriya</i>
21.	Husna J S	<i>Husna</i>	<i>Husna</i>
22.	Ashwani Joseprakash.	<i>Ashwani</i>	<i>Ashwani</i>
23.	Jeny Priya Shankar	<i>Jeny Priya</i>	<i>Jeny Priya</i>
24.	Joseph John Chettupuzhakkara	<i>Joseph</i>	<i>Joseph</i>
25.	Lakshmi A.M.	<i>Lakshmi</i>	<i>Lakshmi</i>

PRINCIPAL	DEU Convenor	DEU Secretary





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## PHOTOGRAPHS



Photos of music class- Melodious Notes






# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

VALUE  
ADDED  
PROGRAM

## CERTIFICATE

OF APPRECIATION

*Melodious Notes*

**THIS IS PRESENTED TO**

\_\_\_\_\_

*JENYPRIYA SHANKAR*

**FOR SUCCESSFULLY COMPLETING 15 HOURS VALUE ADDED  
COURSE FROM ...6/02/2022..... TO ...7/03/2022..... CONDUCTED BY  
THE MUSIC CLUB IN ASSOCIATION WITH THE INTERNAL QUALITY  
ASSURANCE CELL AND THE DENTAL EDUCATION UNIT.**

*JM*

\_\_\_\_\_

*AB*

\_\_\_\_\_

**DR. JAIN MATHEW**  
PRINCIPAL

*SPM*

\_\_\_\_\_

**DR. ALLU BABY**  
DEU CONVENOR

**DR. SAUGANTH PAUL M. V.**  
IQAC COORDINATOR



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## OBE E LEARNING COURSE

**ST GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

**CIRCULAR**

SGDC/ELC/001/2023

27.02.2023

Subject: E learning program on **OUTCOME BASED EDUCATION - E LEARNING  
COURSE** for staff members

A seminar training session on **OUTCOME BASED EDUCATION - E LEARNING  
COURSE** organised by the Department of Prosthodontics Crown and Bridge shall be held according to the following schedule.

- Date: 29.02.2023
- Time: 10.00am to 11.00am
- Venue: College auditorium

All faculty members and interns are instructed to attend the session without fail.

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## BROCHURE


**ST GREGORIOS DENTAL COLLEGE**  
CHELAD

ORGANIZED BY  
INTERNAL QUALITY ASSURANCE CELL

# OUTCOME BASED EDUCATION


E-LEARNING PROGRAM  
for Faculties & Interns

## WHAT IS OUTCOME-BASED EDUCATION (OBE)?

 Date  
**29 February 2023**

Time  
**10.00 am**

Venue  
**College Auditorium**

  
**DR SUNNY KURIAKOSE**





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## **POST EVENT REPORT**

A fruitful and enriching programme overseen by Dr. Sunny Kuriakose is highlighted in the OBE E-Learning Course post-event report. The ideas of Outcome-Based Education (OBE) and how they are applied in online learning settings were thoroughly explained to the participants. Dr. Sunny Kuriakose's experience promoted a learner-centered approach by offering helpful advice on creating, implementing, and evaluating online courses that are in line with OBE frameworks. Participants' awareness and proficiency in integrating OBE in online education were improved through lively debates and information sharing during interactive sessions. Participants expressed confidence in using OBE principles to improve student learning outcomes in their online courses, and feedback revealed high satisfaction with the program's content and delivery. In order to improve the caliber of online learning, there is a strong desire for ongoing cooperation and the application of OBE techniques.



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: OOE - Learning course

Date - 29/2/23

Sl no.	Name of participant	Signature
1	Arya Haridas	[Signature]
2	Porani An Prasad.	[Signature]
3	Annie Jesty	[Signature]
4	Aragna P.R.	[Signature]
5	BIJIN GEORGE	[Signature]
6	SARA VARGHESE	[Signature]
7	ANGEL MARY	[Signature]
8	Akshaya	[Signature]
9	Albert Thomas Nollukadam	[Signature]
10	Alvina Mathew	[Signature]
11	Agna K Ghoval.	[Signature]
12	Gia Mariam	[Signature]
13	Aravind N Xavi	[Signature]
14	Shoethal Subramaniam	[Signature]
15	Aruna Lakshmi	[Signature]
16	Tareasa elizabeth James.	[Signature]
17	Mariam chevan	[Signature]
18	Snaha G Nath	[Signature]
19	Maya Das	[Signature]
20	Shamika Saleem	[Signature]
21	Anna Sandra Collins	[Signature]
22	Alby Abraham	[Signature]
23	Athula S. Pichasady	[Signature]
24	Maxin George	[Signature]

PRINCIPAL	DEU Convenor	DEU Secretary





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## PHOTOGRAPH



Photos of OBE learning course





# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE





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## **INTRODUCTION TO DIGITAL DENTISTRY** **- E LEARNING COURSE**

**ST GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

**CIRCULAR**

SGDC/ELC/002/2022

27.09.2022

Subject: E learning program on **INTRODUCTION TO DIGITAL DENTISTRY- E  
LEARNING COURSE** for staff members

A seminar training session on INTRODUCTION TO DIGITAL DENTISTRY- E  
LEARNING COURSE organised by the Department of Prosthodontics Crown and Bridge shall  
be held according to the following schedule.

- Date: 29.09.2022
- Time: 10.00am to 11.00am
- Venue: College auditorium

All faculty members and interns are instructed to attend the session without fail.



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## BROCHURE

 **ST GREGORIOS DENTAL COLLEGE**  
CHELAD


DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE  
IN ASSOCIATION WITH  
DENTCARE DENTAL LAB

# INTRODUCTION TO DIGITAL DENTISTRY

E-LEARNING PROGRAM  
for Faculties & Interns



**MR. ABIN JOHNS RAJU**  
Head ,R&D ,  
Dentcare Dental Lab

**29 SEPTEMBER 2022**  
**10.00 AM TO 12.30 PM** 

**COLLEGE AUDITORIUM**





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

The "Introduction to Digital Dentistry" e learning course held at St. Gregorios Dental College on 29.09.2022 provided a thorough introduction of important digital technologies and their uses in dentistry, and it concluded with success. Under the direction of the faculty from Dentcare Laboratory, the event included thought-provoking talks, hands-on activities, and lively debates that gave participants important knowledge on digital imaging, CAD/CAM systems, intraoral scanning, and 3D printing. The advantages of digital dentistry, such as better accuracy, efficiency, and patient outcomes, became clearer to the participants. Attendee feedback was overwhelmingly favorable, emphasising the practical applicability of the course and its potential to revolutionize dental workflows. In the future, the organisers hope to build on the momentum created by the course by providing opportunities for advanced training and encouraging dental professionals to keep working together to embrace digital technologies for better patient care.




# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE

 **ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: INTRODUCTION TO DIGITAL DENTISTRY. (E-learning)

DATE : 29/09/2022

Sl no.	Name of participant	Signature
1.	Arya Haridas	
2.	Praveen Anand Prasad	
3.	Anna Sindhu Collins	
4.	BILIN GEORGE	
5.	Pragya P.R.	
6.	Amie Jesty	
7.	SARA LAKSHMI	
8.	Angel Mary	
9.	Albert Thomas Netteckadam	
10.	Akshaya	
11.	Aaravind M Nair	
12.	Agna K Geeran	
13.	ANAMU LAKSHMI	
14.	Rochan Thomas	
15.	Ahima Mathias	
16.	Clay Abraham	
17.	Maham Cherian	
18.	Sheethal Subramaniam	
19.	Maya Das	
20.	Spicha G Nath	
21.	Transa Elizabeth Jaimon	
22.	AJA MARUM	
24.	Athira S Pichuody	
25.	Shamila Saleem	
26.	Richa Saju	

PRINCIPAL	DEU Convenor	DEU Secretary





# ST. GREGORIOS DENTAL COLLEGE

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## PHOTOS OF CLASS ON DIGITAL DENTISTRY







# ST. GREGORIOS DENTAL COLLEGE

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## LANGUAGE AND COMMUNICATION SKILL



# ST. GREGORIOS DENTAL COLLEGE

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---

**BE A LEADER, ALWAYS A LEADER**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 002/2023

17.01.2023

**CIRCULAR**

Subject: Value added program on BE A LEADER, ALWAYS A LEADER.

The internal Quality Assurance Cell, St. Gregorios Dental College is organizing a value added program entitled 'BE A LEADER, ALWAYS A LEADER' for Final Year Part 1 Students from 19.01.2023-20.01.2023 at the College Auditorium.

For further reference reach out to Dr. Sauganth Paul.



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## BROCHURE

ST GREGORIOS DENTAL COLLEGE  
DEPT. OF ANATOMY AND EMBROLOGY  
INTERNAL QUALITY ASSURANCE CELL

**BE A  
LEADER  
ALWAYS A  
LEADER**

VALUE ADDED PROGRAM FOR FINAL YEAR PART I

RESOURCE PERSON  
**Prof. K M Kuriakose**

19-20 JAN 2023 | COLLEGE AUDITORIUM

TIME: 10.00 AM



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## **POST-EVENT REPORT**

**Date:** 19.01.2023-20.01.2023

### **Training Methodology:**

The training methodology for the "Be a Leader, Always a Leader" program involves the use of multi-dimensional, interactive, and participatory approaches in enhancing learning outcomes. These include lectures, group discussions, case studies, experiential activities, and reflection sessions. The emphasis will be on active involvement in the application of concepts of leadership, insight sharing, and effective collaboration. Continuous feedback mechanisms ensure that learning experiences are tailored to address individual and group needs in an ever-changing and dynamic learning environment.

### **Key Highlights:**

- Interactive and participatory training approach for language and communication skills
- Incorporation of lectures, group discussions, and case studies
- Experiential learning activities to apply leadership concepts and communication skills
- Reflection sessions for personal and group insights
- Continuous feedback mechanisms for customized learning
- Emphasis on active engagement and collaboration for effective leadership development.



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: BE A LEADER, ALWAYS A LEADER.  
19/1/23 - 20/1/23.

Sl no.	Name of participant	Day 1	Day 2
1	Kareena Rachel Pannan	<i>[Signature]</i>	<i>[Signature]</i>
2	LIYANA SHIBU	<i>[Signature]</i>	<i>[Signature]</i>
3	ANIN KAJA	<i>[Signature]</i>	<i>[Signature]</i>
4	Amuthij Pina	<i>[Signature]</i>	<i>[Signature]</i>
5	Alina B. Paul	<i>[Signature]</i>	<i>[Signature]</i>
6	Dina Elizabeth Syji	<i>[Signature]</i>	<i>[Signature]</i>
7	Rubai Elvao James	<i>[Signature]</i>	<i>[Signature]</i>
8	Sacha S. Kumar	<i>[Signature]</i>	<i>[Signature]</i>
9	Quash David	<i>[Signature]</i>	<i>[Signature]</i>
10	stenna Sony paul	<i>[Signature]</i>	<i>[Signature]</i>
11	Aai K. Raghavan	<i>[Signature]</i>	<i>[Signature]</i>
12	Amma chin	<i>[Signature]</i>	<i>[Signature]</i>
13	Anzija Babu	<i>[Signature]</i>	<i>[Signature]</i>
14	anice Roberts	<i>[Signature]</i>	<i>[Signature]</i>
15	Nidhiya Elias	<i>[Signature]</i>	<i>[Signature]</i>
16	Neha Khosla	<i>[Signature]</i>	<i>[Signature]</i>
17	Aashika Ann. jinnat	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i> PRINCIPAL	<i>[Signature]</i> DEU Convenor	<i>[Signature]</i> DEU Secretary
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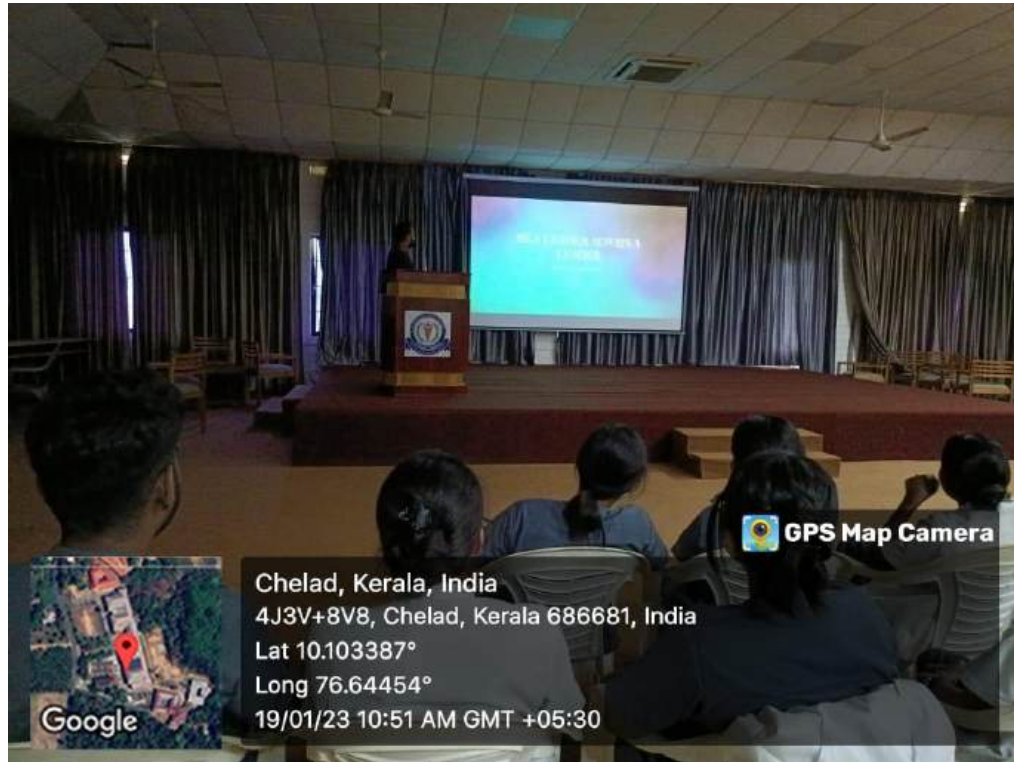


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## PHOTOGRAPHS



Photograph of value added course- 'be a leader, always a leader'



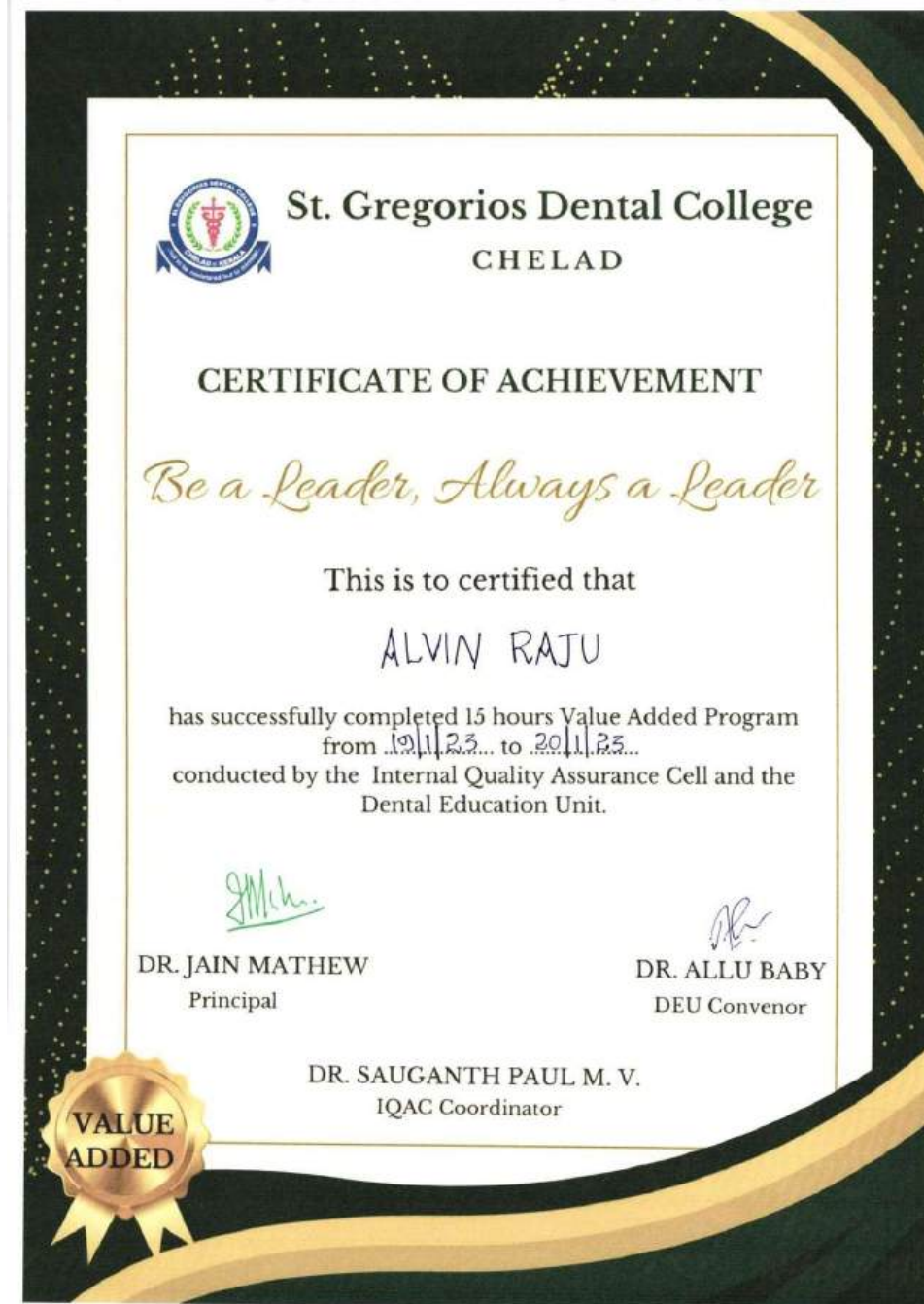


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---

## TALK ON CODE OF CONDUCT

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/004/2023

01.03.2023

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Talk On Code Of Conduct' for Undergraduate students, Post graduate students and faculty members

This is to inform you that a Continuous Dental Education program (CDE) for UG students, PG students and staff is being organised by the Ethical Committee of the college on the topic entitled 'Talk on Code of Conduct' on 03.03.2023 at the college auditorium at 10.00am

For further reference, reach out to Dr. Anila S.



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## BROCHURE



ST GREGORIOUS DENTAL COLLEGE  
CHELAD

# TALK OF CODE OF CONDUCT

CDE PROGRAM FOR POST GRADUATES & UNDER GRADUATES

 10 A.M. | 03 MARCH, 2023

 COLLEGE AUDITORIUM

RESOURCE PERSON



DR M P PAUL

ORGANIZED BY

ETHICAL COMMITTEE  
IQAC





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

The Ethical Committee hosted a Code of Conduct Talk for undergraduate and graduate students on March 3, 2023, in the college auditorium. The purpose of the talk was to promote a better comprehension and adherence to ethical guidelines and standards in the professional realm, particularly within the realm of technology and coding. The event's primary focus was on the importance, principles, and actual application of codes of conduct in various professional settings. In his introductory remarks, Dr. Paul M.P. discussed the definition and idea of a code of conduct. The fundamental principles that underpin a robust code of conduct—integrity, respect, responsibility, and transparency—were also covered in detail during the conversation. The context in which these concepts were explained was the application of these concepts to real-world scenarios. The occasion served to underscore the significance of proficient communication in dental practice and to furnish dental practitioners with the instruments and tactics to enhance their linguistic abilities.

Participants were encouraged to share their thoughts, experiences, and insights regarding the application of the code of conduct and problems in different professional settings through the event's interactive discussions. This interactive element made it possible for knowledge sharing and peer learning. Through the interactive conversations at the event, participants were invited to express their ideas, opinions, and insights about how the code of conduct is applied and issues that arise in various professional settings. Peer learning and the exchange of knowledge were enabled by this interactive component.



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: TALK ON CODE OF CONDUCT

3/3/23

Sl no.	Name of participant	Signature
1	Dr. Shivaraja Udayakumar	
2	Dr. P. Thyagarajan K	
3	Dr. Sajin S	
4	Dr. Tute Paul	
5	DR. GREENATH V.P	
6	Dr. Sreedhar Sreedhar	
7	Dr. Anil P. Hattori	
8	Dr. Nisha Mariani	
9	Dr. Aishwarya Mahesh	
10	DR VIDHA K	
11	Dr. Jimmy George	
12	Dr. Ananya M	
13	Dr. Anshu Marya	
14	Dr. Vidya S.L	
15	Dr. Vidhya K	
16	Dr. Jasmira Cyril	
17	Dr. Anshu James	
18	DR. Divya Subramanian	
19	Dr. Sona Anns Kusilo	
20	Dr. Tinsin James	
21	Mirza T.P	
22	Geetha S. M	
23	Tina JST	
24	Liza Martin Paul	
25	Rishna T. P	

PRINCIPAL	DEU Convenor	DEU Secretary



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: TALK ON CODE OF CONDUCT

3/3/23

Sl no.	Name of participant	Signature
26	Abhinaya K A	[Signature]
27	Hephziba Tom	[Signature]
28	Mehar Jan Shaw	[Signature]
29	Moerim Rose	[Signature]
30	S Farhana	[Signature]
31	Sancha Marian Thomas	[Signature]
32	SARA MATHEW	[Signature]
33	Sudakshmi	[Signature]
34	Rupai Elizabeth Shashi	[Signature]
35	Sandra Susan Sajon	[Signature]
36	Shaysha Sasi	[Signature]
37	Shilpa Kunchan	[Signature]
38	Manya M Raju	[Signature]
39	Merin Yousa	[Signature]
40	Ritu Smit	[Signature]
41	Anjitha K Vijay	[Signature]
42	Arsha N.S	[Signature]
43	Vaishnavi S.	[Signature]
44	ANNEE RACHEL JOY	[Signature]
45	Arsha K A	[Signature]

PRINCIPAL	DEU Convenor	DEU Secretary



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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---

## PHOTOGRAPHS



**Photos of talk on code of conduct**





# ST. GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



This certificate is proudly presented to:

*Dr. Jona Annas Kuria*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

*J. Mathew*

Dr. Jain Mathew  
PRINCIPAL

*A. Baby*

Dr. Allu Baby  
CONVENOR, DEU

*S. Paul*

Dr. Sauganth Paul  
COORDINATOR, IQAC

ST. GREGORIOS DENTAL COLLEGE  
CHELAD



# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Jinson James.*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

ST. GREGORIOS DENTAL COLLEGE  
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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Vialhya S.L.*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

*JM Mathew*

Dr. Jain Mathew  
PRINCIPAL

*Dr. Allu Baby*

Dr. Allu Baby  
CONVENOR, DEU

*Dr. Sauganth Paul*

Dr. Sauganth Paul  
COORDINATOR, IQAC

ST. GREGORIOS DENTAL COLLEGE  
CHELAD



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)



## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Lida James.*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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This certificate is proudly presented to:

*Dr. Jasmine Cyril*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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This certificate is proudly presented to:

*Dr. Vidhya K.*

has attended a CDE program on  
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conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
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Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Irma Maria Sunny*

has attended a CDE program on  
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conducted by **Ethical Committee, IQAC &**  
Dental Education Unit  
held on 03rd March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Divya Subramanian*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Dhanya M.*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

*JMh.*

Dr. Jain Mathew  
PRINCIPAL

*Dr. Allu Baby*

Dr. Allu Baby  
CONVENOR, DEU

*Dr. Sauganth Paul*

Dr. Sauganth Paul  
COORDINATOR, IQAC

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This certificate is proudly presented to:

*Dr. Lisie P. Mathew.*

has attended a CDE program on  
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conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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*Dr. Jinte Paul*

has attended a CDE program on  
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conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

*JM*

Dr. Jain Mathew  
PRINCIPAL

*AB*

Dr. Allu Baby  
CONVENOR, DEU

*SP*

Dr. Sauganth Paul  
COORDINATOR, IQAC

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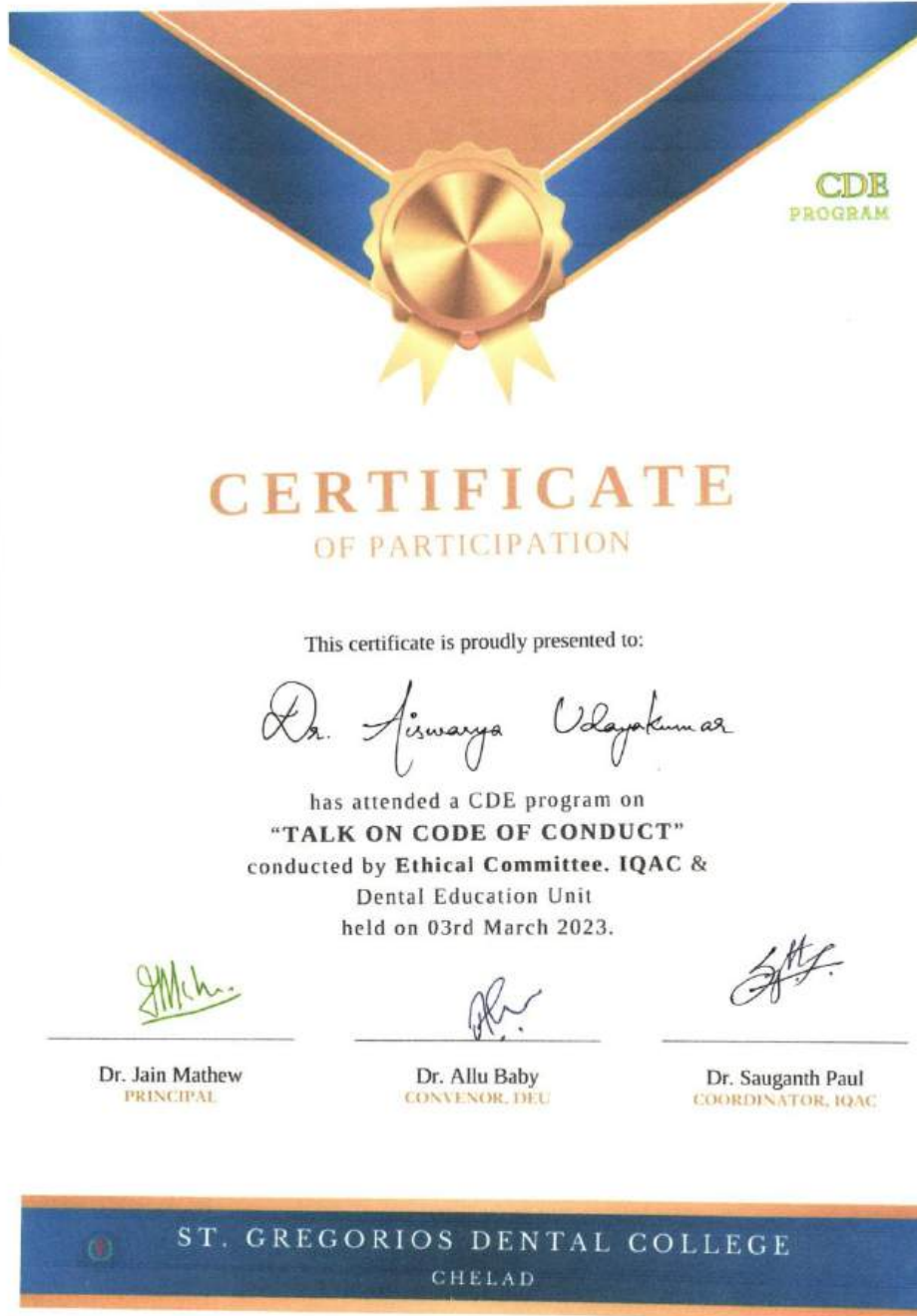




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This certificate is proudly presented to:

*Dr. Aiswarya Udayakumar*

has attended a CDE program on  
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conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

*JM*

Dr. Jain Mathew  
PRINCIPAL

*AB*

Dr. Allu Baby  
CONVENOR, DEU

*SP*

Dr. Sauganth Paul  
COORDINATOR, IQAC

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This certificate is proudly presented to:

*Dr. Seemath C. P.*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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PROGRAM

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This certificate is proudly presented to:

*Dr. Sajin S.*

has attended a CDE program on  
"TALK ON CODE OF CONDUCT"  
conducted by Ethical Committee, IQAC &  
Dental Education Unit  
held on 03rd March 2023.

*JM*

Dr. Jain Mathew  
PRINCIPAL

*AB*

Dr. Allu Baby  
CONVENOR, DEU

*SP*

Dr. Sauganth Paul  
COORDINATOR, IQAC

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---

## LIBRARY DAY

**ST. GREGORIOS DENTAL COLLEGE**

**CHELAD, KOTHAMANGALAM**

**CIRCULAR**

SGDC/DC/010/2023

25.04.2023

This is to inform that the Library Advisory committee is conducting an event to celebrate **Library Day** on 27.04.2023 at the college library at 10.00am. The students are instructed to assemble at the library by 9.30am.

For further reference, reach out to Dr. Annie V. Issac



PRINCIPAL

PRINCIPAL,  
St. Gregorios Dental College,  
Chelad, Kerala - 686 011

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## BROCHURE

**Library  
Day 2023**

**Lets Join!**

**27 April 2023**  
**Time - 10:30 am**  
**Venue: Third year classroom**

**St. Gregorios Dental College, Chelad**





# ST. GREGORIOS DENTAL COLLEGE

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## **POST EVENT REPORT**

Library Day was celebrated at St. Gregorios Dental College on 27 April 2023. The event aimed to highlight the importance of linguistic skills and effective communication in academic and professional success. The day featured a variety of activities designed to enhance students' language abilities and foster a deeper appreciation for the role of communication in learning.

As part of the celebrations, Dr. Allu Baby, Reader, Dept. of Conservative Dentistry and Endodontics delivered an engaging lecture on the importance of reading. Her talk explored the impact of reading in unlocking a world of knowledge, imagination and possibilities along with emphasising how reading can improve our communication and writing abilities.

The event was a remarkable success with effectively highlighting the importance of linguistic skills and their application in various aspects of life. The enthusiastic participation of students and the positive feedback received indicated a successful endeavour that underscored the library's role in supporting language and communication development.



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCROZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE






### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCROZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: LIBRARY DAY  
(27-04-2023)

Sl no.	Name of participant	Signature
1.	Meenakshi P.S	Meenakshi P.S
2.	Aishwarya S	Aishwarya S
3.	Suvalhi Suresh	Suvalhi Suresh
4.	Suathi S Prasad	Suathi S Prasad
5.	Dinaya Mary Philip	Dinaya Mary Philip
6.	Rishu C Rajeev	Rishu C Rajeev
7.	Siona Rachel Saji	Siona Rachel Saji
8.	Maniya Elizabeth Siril	Maniya Elizabeth Siril
9.	Mishal Ann Mathew	Mishal Ann Mathew
10.	Lybra Joshy cheeran	Lybra Joshy cheeran
11.	Lakshmi A.M	Lakshmi A.M
12.	APARNA U RAY	APARNA U RAY
13.	Crayathmydevi .k	Crayathmydevi .k
14.	Pooja Raj P	Pooja Raj P
15.	MANISHA CHANDRAN	MANISHA CHANDRAN
16.	Dilna Elizabeth Buyer	Dilna Elizabeth Buyer
17.	Alex Mathew	Alex Mathew
18.	Alina . B. Paul	Alina . B. Paul
19.	Alvin Raju	Alvin Raju
20.	SEETHY V.S.	SEETHY V.S.
21.	MELVIN THOMAS	MELVIN THOMAS
22.	Sario Jacob	Sario Jacob
23.	R. Lita Mathew	R. Lita Mathew
24.	Irthim Saji	Irthim Saji
25.	Jeff Jacob Mathew	Jeff Jacob Mathew

		
PRINCIPAL	DEU Convenor	DEU Secretary



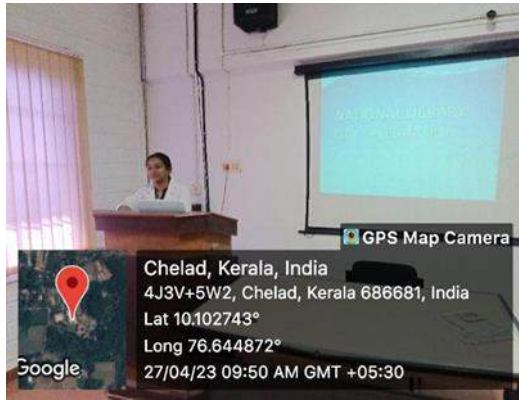


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## PHOTOGRAPHS



Photos of library day celebration





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---

## YOGA AND WELLNESS



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## YOGA IN DAILY LIFE

**ST. GREGORIOS DENTAL COLLEGE**

**CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 001/2023

03.01.2023

**CIRCULAR**

Subject: Value added program on YOGA IN DAILY LIFE.

The Health Club and Internal Quality Assurance Cell, St. Gregorios Dental College are organizing a value added program entitled 'YOGA IN DAILY LIFE' for First and Second year students from 05.01.2023-06.01.2023 at the College Auditorium.

For further reference reach out to Dr. Silpa Abraham.



**PRINCIPAL**

**PRINCIPAL**  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE

# YOGA IN DAILY LIFE

**VALUE ADDED**

  
**05-06 JANUARY**  
**10:00 AM ONWARDS**

**TARGET:** *First year & Second year BDS students*

**ST GREGORIOS DENTAL COLLEGE**

**HEALTH CLUB**  
**INTERNAL QUALITY ASSURANCE CELL**





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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## **POST-EVENT REPORT: YOGA IN DAILY LIFE**

**Date:** 05.01.2023-06.01.2023

**Trainer:** Mr. Binoy Thomas

### **Training Methodology:**

A mix of theoretical discourse and experiential engagement characterizes the instructional approach for lecture and practice sessions on yoga. With the balance of informative presentations and active participation in place, our approach is designed to provide participants with an opportunity to gain a good understanding of the principles of yoga, along with experiencing and practicing the same. Such a method ensures continuous interaction, hands-on experience, and reflective exercises in the process of learning for complete and wholesome comprehension within the time frame.

### **Key Highlights:**

- Integrated with lecture, discussion, exercise, and reflective interaction.
- Emphasis on active participation and experiential learning.
- Continuous feedback loop for skill development.
- Practical application of concepts within the limited timeframe.

### **Conclusion:**

Participants went through a learning process that was transformative and rewarding with valuable insights and practical skills to enhance their yoga practice and improve overall well-being. The positive impact created by this event further underlines the importance of continuing education and community engagement in facilitating growth and collective empowerment.



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE






**ST. GREGORIOS DENTAL COLLEGE, CHELAD**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Yoga in Daily Life

Sl no.	Name of participant	Day 1 5/1/23	Day 2 6/1/23
1.	Adithya VJ	Adithya	Adithya
2.	Aiswarya Lakshmi M.S	Aishwarya	Aishwarya
3.	Aiswarya PS	Aishwarya	Aishwarya
4.	Akhila.C	Akhila	Akhila
5.	Akkarsha Pradeep	Akhila	Akhila
6.	Alakananthe P.S	Alakananthe	
7.	Aleena Mariam Samu	Aleena	Aleena
8.	Alex Sunil	Alex	Alex
9.	Amitha Grau Abraham	Amitha	
10.	Amritha P.K	Amritha	Amritha
11.	Anakha Sajon	Anakha	Anakha
12.	Angel Babu	Angelbabu	Angelbabu
13.	Anita Simon	Anita	
14.	Anjali Angel	Anjali	Anjali
15.	Anjana P.S	Anjana	Anjana
16.	Anya.G	Anya	Anya
17.	Annamay Vipin	Annamay	Annamay
18.	Annabel Mary Binoy	Annabel Mary	Annabel Mary
19.	Anupama V. Shally	Anupama	Anupama
20.	Anu sony Thomas	Anu	Anu
21.	Aparna Anil	Aparna	Aparna
22.	Christeena K. Saiju	Christeena	Christeena
23.	Denna shijo	Denna	Denna
24.	Dona David	Dona	
25.	Haripriya H	Haripriya	Haripriya

		
PRINCIPAL	DEU Convenor	DEU Secretary



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UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: YOGA IN DAILY LIFE

Sl no.	Name of participant	05/01/23	05/01/23
26.	Jeny Mary Joe	Jeny	Jeny
27.	Kadhaja Shifona	Kadha	Kadha
28.	Lois J Samuel	Lois	Lois
29.	Maniya Leo Paul	Maniya	Maniya
30.	Meesa Dineth	Meesa	Meesa
31.	Manu V.B	Manu	Manu
32.	Manuika G	Manuika	Manuika
33.	Neethan Jacob	Neethan	Neethan
34.	Nidhi Elizabeth Babu	Nidhi	Nidhi
35.	Niyona Suchesh	Niyona	Niyona
36.	Pavithra Pradeep	Pavithra	Pavithra
37.	Pooja T.R	Pooja	Pooja
38.	Ramgouind	Ramgouind	Ramgouind
39.	Riya Ana Jacob	Riya	Riya
40.	Sapni M.S	Sapni	Sapni
41.	Shravan Rajeev P	Shravan	Shravan
42.	Vandana S.	Vandana	Vandana
43.	Sruithi Suganan	Sruithi	Sruithi

		
PRINCIPAL	DEU Convenor	DEU Secretary



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TOPIC: *Yoga in Daily Life.*

Sl no.	Name of participant	Day 1 5/11/23	Day 2 6/11/23
1.	Aave Maria Vinod	<i>[Signature]</i>	<i>[Signature]</i>
2.	Aishwarya S.	<i>[Signature]</i>	<i>[Signature]</i>
3.	Ajeena KJ	<i>[Signature]</i>	<i>[Signature]</i>
4.	Aleena Anna Aby	<i>[Signature]</i>	<i>[Signature]</i>
5.	Almit Suresh	<i>[Signature]</i>	<i>[Signature]</i>
6.	Amaratha N.S	<i>[Signature]</i>	<i>[Signature]</i>
7.	Anwina Rajendran	<i>[Signature]</i>	<i>[Signature]</i>
8.	Angela Mathew	<i>[Signature]</i>	<i>[Signature]</i>
9.	Anjali P	<i>[Signature]</i>	<i>[Signature]</i>
10.	Annamaria Ranjith	<i>[Signature]</i>	<i>[Signature]</i>
11.	Anna Thomas	<i>[Signature]</i>	<i>[Signature]</i>
12.	Arya L	<i>[Signature]</i>	<i>[Signature]</i>
13.	Ashamsa K Nair	<i>[Signature]</i>	<i>[Signature]</i>
14.	Aswani Joseprakash	<i>[Signature]</i>	<i>[Signature]</i>
15.	Blessymot S.R	<i>[Signature]</i>	<i>[Signature]</i>
16.	Devika V.S	<i>[Signature]</i>	<i>[Signature]</i>
17.	Fathima Salim	<i>[Signature]</i>	<i>[Signature]</i>
18.	Gayathry Dewi K	<i>[Signature]</i>	<i>[Signature]</i>
19.	Husna S.S	<i>[Signature]</i>	<i>[Signature]</i>
20.	Joseph John chettupuzhakkaran	<i>[Signature]</i>	<i>[Signature]</i>
21.	Lybna Joshy Cheeran	<i>[Signature]</i>	<i>[Signature]</i>
22.	Meenakshi PS	<i>[Signature]</i>	<i>[Signature]</i>
23.	Miriam Gerald	<i>[Signature]</i>	<i>[Signature]</i>
24.	Nairvedhya Ciju	<i>[Signature]</i>	<i>[Signature]</i>
25.	Nandana Joy	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary







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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## PHOTOGRAPHS




Photos of Yoga Day



# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATES



ST. GREGORIOS DENTAL COLLEGE  
C H E L A D

# CERTIFICATE


OF PARTICIPATION


*Yoga in Daily Life*


PROUDLY PRESENTED TO


SWATHI SURESH

for successfully completing 15 hours value added program from  
..11/05/2022... to ...14/05/2022.. conducted by the Internal Quality  
Assurance Cell and the Dental Education Unit.

  
DR. JAIN MATHEW  
PRINCIPAL

  
DR. ALLU BABY  
DEU CONVENOR

  
DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR





# ST. GREGORIOS DENTAL COLLEGE

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## NATIONAL VACCINATION DAY – ‘VACCINE WORK FOR EVERYONE’



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/005/2023

13.03.2023

**CIRCULAR**

Subject: Value Added Program on 'National Vaccination Day – Vaccine Work for Everyone' for Second year students.

Department of Physiology of St. Gregorios Dental College is organizing a value-added program on "National Vaccination Day - Vaccine Work for Everyone" for Second year students on 16.03.2023 and 17.03.2023 at 8.30am in the college auditorium

For further reference, reach out to Ms. Jitha K S

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St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE

# VACCINE WORK FOR EVERYONE

IN ACCORDANCE WITH  
NATIONAL VACCINATION DAY  
FOR SECOND YEAR BDS STUDENTS

RESOURCE PERSON  
**DR. LIZA THOMAS**



**ST. GREGORIOS DENTAL  
COLLEGE**  
CHELAD

DEPT. OF PHYSIOLOGY  
DENTAL EDUCATION UNIT

**COLLEGE AUDITORIUM**

VACCINATION VENUE

**16-17 MARCH 2023 09.00AM - 04.00PM**



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

Date: 16.03.2023 – 17.03.2023

Location: St. Gregorios Dental College

Speaker: Dr. LISA THOMAS, General Physician, St. Joseph's Hospital, Dharmagiri, Kothamangalam

### **Training Methodology:**

A blended learning strategy is used in the training process, which combines case studies, lectures, interactive discussions, and demonstrations. In addition to self-paced learning modules, participants participate in live sessions that allow for real-time discussion and idea clarification. Group activities encourage cooperation and the real-world application of knowledge, while assessments guarantee understanding and retention.

### **Key Highlights:**

- A thorough rundown of vaccinations, including everything from fundamentals to COVID-19 shots.
- Interactive teaching strategies include group discussions, case studies, and demonstration lectures
- A focus on vaccine efficacy, safety, and equitable distribution.
- Techniques to combat vaccine scepticism and advance public health.
- Useful advice on administering vaccinations and providing aftercare
- Demonstrative classes on vaccine administration
- Resources for advocacy and continuing education.




# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ



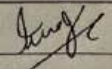
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE


**ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
 UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: 'VACCINE WORK FOR EVERYONE'

Sl no.	Name of participant	16-1-23 Day 1	17-1-23 Day 2
1.	ABHINAYA K.A	Present	Present
2.	Jini Jini	Present	Present
3.	Shena .N.S	Sub.	
4.	Sana Mathew	Sub.	Sub.
5.	Mama .P	Present	Present
6.	Ansha K.A .	Present	Present
7.	S. FARHANA	Present	Present
8.	Saameel C.R	Sub.	Sub.
9.	Vaishnavi J	Present	Present
10.	Rishi Ramesh	Sub.	Sub.
11.	Gopika S.M	Sub.	Sub.
12.	Nama .S	Sub.	Sub.
13.	Sajeesha Sasi	Sub.	Sub.
14.	Merin Xavier	Sub.	Sub.
15.	Saadhakshini	Sub.	Sub.
16.	Anyika K. Vijay	Sub.	Sub.
17.	Annett Rachel Joy	Sub.	Sub.
18.	Hephziba Tam	Sub.	Sub.
19.	Liya Mesin Paul	Sub.	Sub.
20.	Maria M. Regin.	Sub.	Sub.
21.	Mehar An Slah	Sub.	Sub.
22.	Sandya Nazeem Thomas	Sub.	Sub.
23.	Haidya Karvathose	Sub.	Sub.
24.	Mehin Rose M.T	Sub.	Sub.
25.	Sandhya Susan Satyan	Sub.	Sub.

		
PRINCIPAL	DEU Convenor	DEU Secretary





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: VACCINE WORK FOR EVERYONE.

Sl no.	Name of participant	Day 1 16/3/23	Day 2 17/3/23
26	Shikha bhanu	Shikha	Shikha
27	Samra Saji	Samra	Samra
28	Riya Elizabeth Sasi	Riya	Riya

PRINCIPAL	DEU Convenor	DEU Secretary



# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE





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## PHOTOGRAPHS



Photos on Vaccine Day programme



# ST. GREGORIOS DENTAL COLLEGE

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---

## ZUMBA: WHERE FITNESS MEETS FUN



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/006/2023

21.03.2023

**CIRCULAR**

Subject: Certificate course on "ZUMBA: WHERE FITNESS MEETS FUN" program for First year students

This is to inform that a value-added course on topic entitled 'Zumba: Where Fitness Meets Fun' for first year students is being organised by the IQAC on 23.3.23-24.3.23 at the college auditorium.

For further reference, reach out to Dr. Souganth Paul M. P.

  
PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 684



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## BROCHURE

ST GREGORIOS DENTAL COLLEGE 2023

# ZUMBA

WHERE FITNESS MEETS FUN

VALUE ADDED PROGRAM  
FOR FIRST YEAR BDS  
STUDENTS

ORGANIZED BY  
INTERNAL QUALITY ASSURANCE  
CELL

DATE & VENUE

 **23 March, 2023**  
08.30 am

 **COLLEGE  
AUDITORIUM**



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

Date: 23.3.23-24.3.23

Location: St. Gregorios Dental College

Speaker: Zin. Minnu Kandirickal

### **Training Methodology:**

The goal of this Zumba class's training style is to provide an organised, entertaining, and welcoming atmosphere where students can get fitter while having fun with dance moves. To guarantee participants' growth and enjoyment, the methodology incorporates a number of instructional strategies, feedback mechanisms, and support systems.

### **Key Highlights:**

- Provided a structured session for students
- Different dance styles are taught
- Various modifications can be made for different fitness levels
- Engaging and interactive sessions
- Many group activities are provided
- Proper warm up and cool down techniques are learnt from the session



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Zumba : where fitness meets fun

23-03-2023 24-03-2023

Sl no.	Name of participant	Day 1	Day 2
1	ADHITHYA VJ	Adh	Adh
2	AISWARYA LAKSHMI MJ	Aish	Aish
3	AISWARYA P S	Aish	Aish
4	AKHILA C	Akh	Akh
5	AKKASHA PRADEEP	Aamp	Aamp
6	ALAKANANDA P S	Ala	Ala
7	ALEENA SAMU	Ale	Ale
8	ALEN SUNIL	A	
9	AMITHA GRACE ABRAHAM	A	A
10	AMRITHA P K	Amr	Amr
11	ANAKHA SASAN	Ana	Ana
12	ANGEL BABU	Angel	Angel
13	ANNA SIMON	A	A
14	ANJAL ANGEL	Anj	Anj
15	ANJANA P S	Anj	Anj
16	ANJU G	Anj	Anj
17	ANNABEL MARY BENNY	Annb	Annb
18	ANN MARY VIPIN	Annm	Annm
19	ANUPAMA V SHALLY	Anupa	Anupa
20	ANU SONNY THOMAS	Anu	Anu
21	APARNA ANIL	Apr	Apr
22	CHRISTEENA K SAIJU	Chr	Chr
23	DENNA SHILO	Den	Den
24	DONA DAVID	Don	Don
25	HARIPRIYA H	Har	Har

PRINCIPAL	DEU Convenor	DEU Secretary



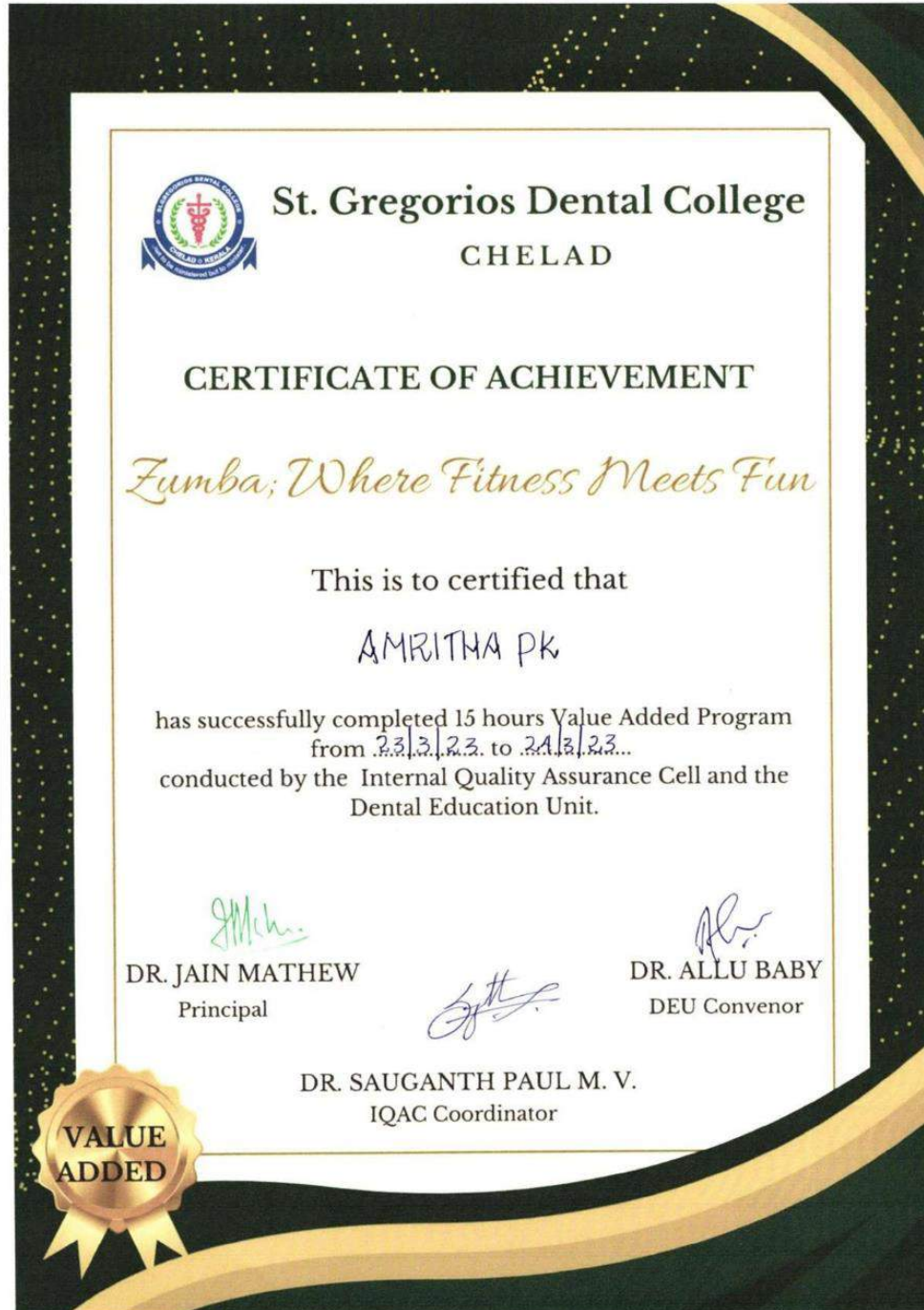




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---

## PHOTOGRAPHS



Photos of zumba class



# ST. GREGORIOS DENTAL COLLEGE

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---

## AWARENESS ON TOBACCO CESSATION



**ST GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/007/2023

29.05.2023

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Awareness On Tobacco Cessation' for postgraduate students and staff.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students and staff is being organised by the Department of Public Health Dentistry on the topic entitled 'Awareness On Tobacco Cessation' on 31.05.2023 at the college auditorium.

For further reference, reach out to Dr. Kiran Mathai

**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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## BROCHURE



**ST GREGORIOUS DENTAL COLLEGE  
CHELAD**

ORGANIZED BY

**DENTAL EDUCATION UNIT  
DEPT. OF PUBLIC HEALTH DENTISTRY**

## AWARENESS ON TOBACCO CESSATION PROGRAMME

for post graduates

RESOURCE PERSON

**DR KIRAN MATHAI**

**31** MAY  
2023

COLLEGE AUDITORIUM  
TIME: 10.00 AM





# ST. GREGORIOS DENTAL COLLEGE

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## **POST EVENT REPORT**

The Continuous Dental Education program entitled, 'AWARENESS ON TOBACCO CESSATION' has been proven to be a valuable and impactful programme that intended to provide dental practitioners with the necessary tools to properly counsel patients on quitting smoking. The programme provided participants with significant insights into evidence-based cessation tactics, patient communication techniques, and the physiological impacts of tobacco on oral and systemic health. The lectures and interactive workshops by Dr Kiran Mathai were interspersed with case-based discussions to enhance learning. Attendee feedback was extremely good, emphasising the presenters' experience, the course's practical applicability, and the collaborative character of the learning process. In order to further empower dental practitioners, the organisers hope to build on the success of this course in the future by adding more case studies and offering resources for continuing assistance.







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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. ARYA ARAVIND.*

has attended a CDE program on  
**"AWARNESS ON TOBACCO CESSATION  
PROGRAMME"**  
conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

ST. GREGORIOS DENTAL COLLEGE  
CHELAD



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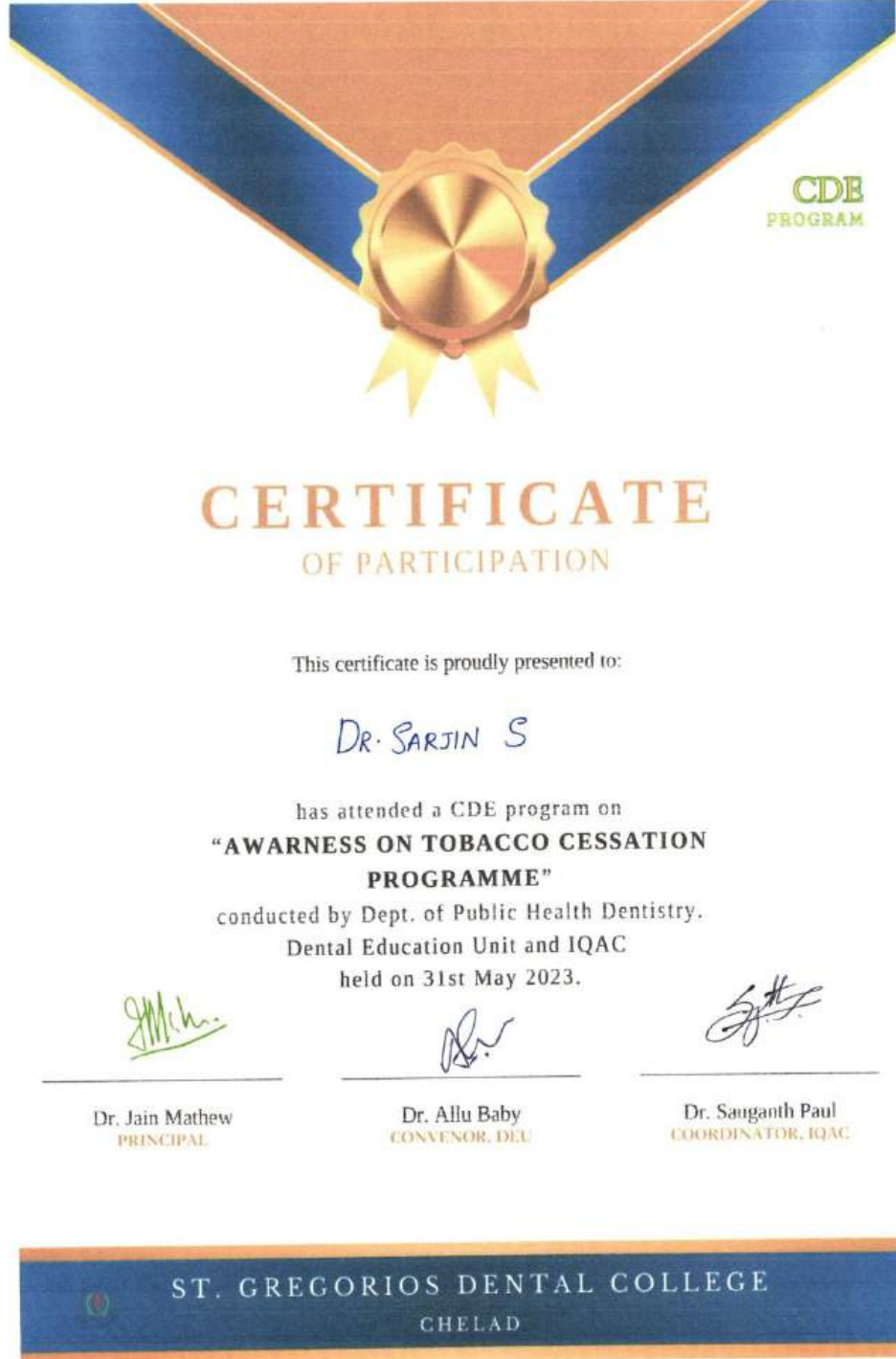




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CDE  
PROGRAM

## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. VIDHYA S.L*

has attended a CDE program on  
"AWARNSS ON TOBACCO CESSATION  
PROGRAMME"

conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. VIDHYA K*

has attended a CDE program on  
**"AWARENESS ON TOBACCO CESSATION  
PROGRAMME"**

conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

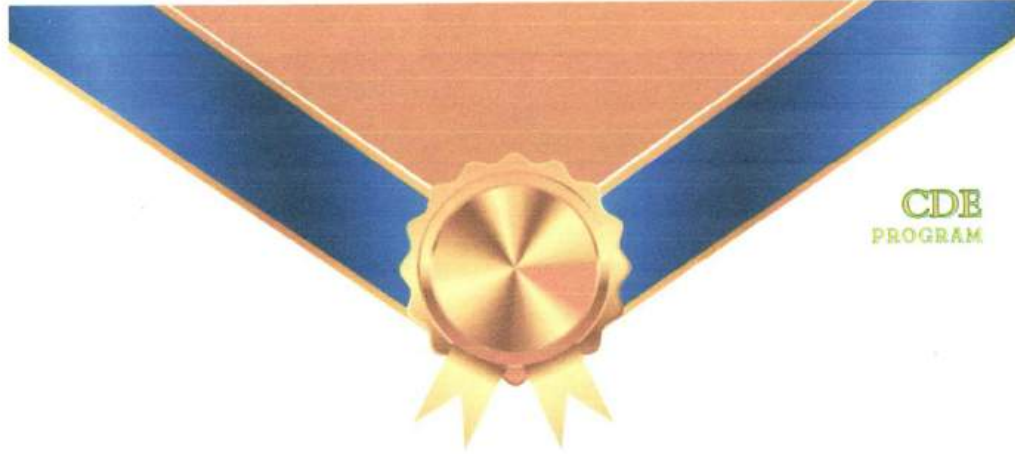
Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. SREENATH UP*

has attended a CDE program on  
**"AWARNNESS ON TOBACCO CESSATION  
PROGRAMME"**

conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. TINTU PAUL*

has attended a CDE program on  
**"AWARENESS ON TOBACCO CESSATION  
PROGRAMME"**

conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. LISSIE P GEORGIE*

has attended a CDE program on  
"AWARNES ON TOBACCO CESSATION  
PROGRAMME"  
conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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CDE  
PROGRAM

## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. JASMINE CYRIL*

has attended a CDE program on  
**“AWARNESS ON TOBACCO CESSATION  
PROGRAMME”**  
conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. DIVYA S*

has attended a CDE program on  
**"AWARENESS ON TOBACCO CESSATION  
PROGRAMME"**

conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sanganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. NIYA MARIAM JOSEPH*

has attended a CDE program on  
**"AWARNESS ON TOBACCO CESSATION  
PROGRAMME"**  
conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
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Dr. Sauganth Paul  
COORDINATOR, IQAC

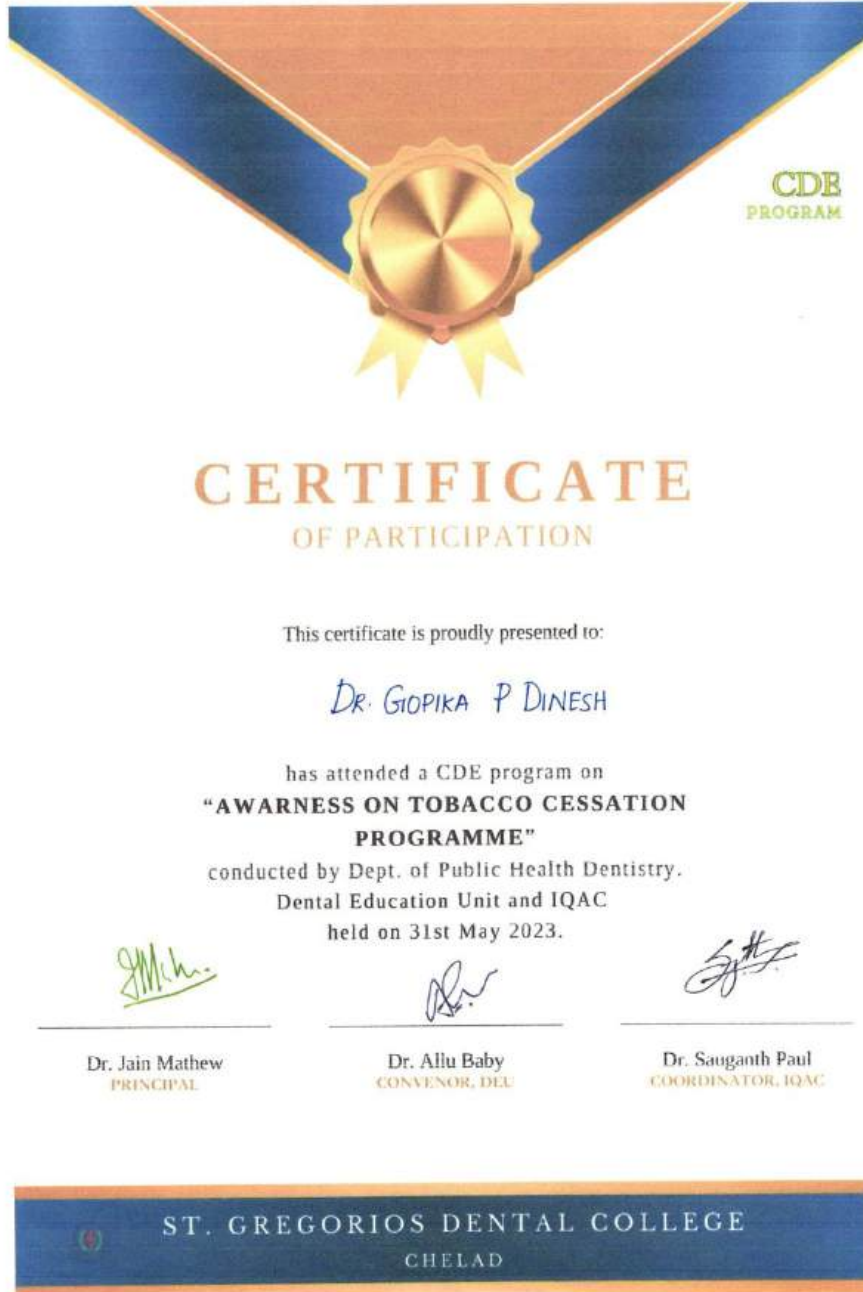
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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. AIDA SARA JAMES*

has attended a CDE program on  
**"AWARENESS ON TOBACCO CESSATION  
PROGRAMME"**  
conducted by Dept. of Public Health Dentistry,  
Dental Education Unit and IQAC  
held on 31st May 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

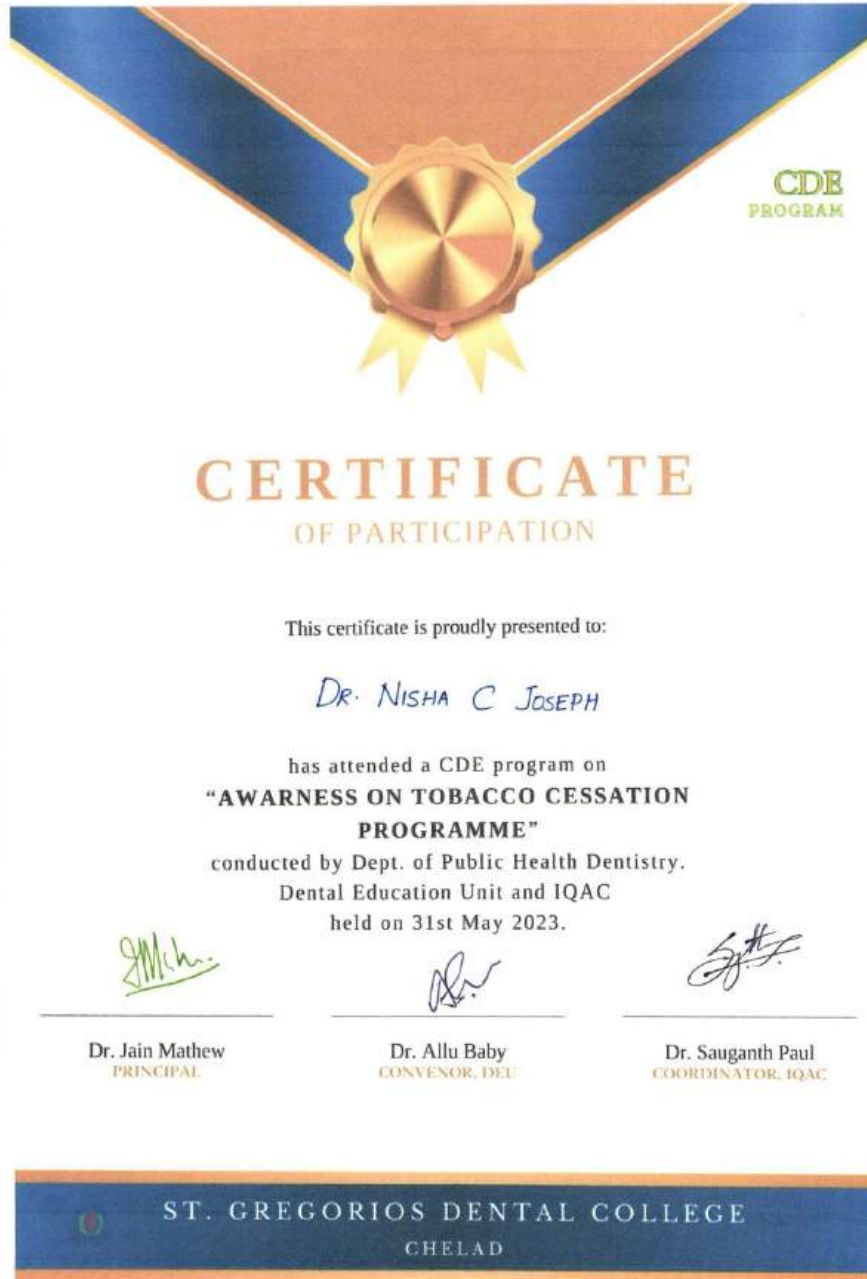
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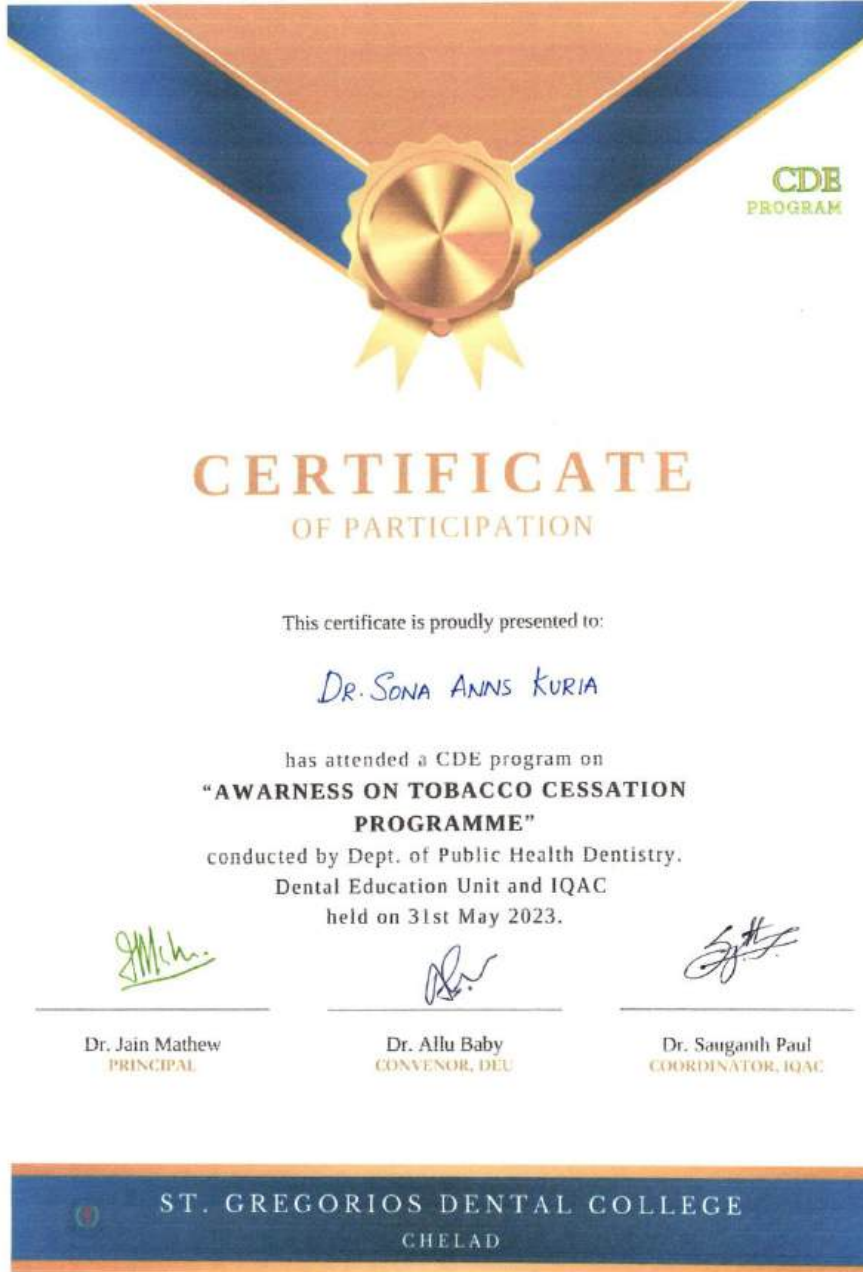




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CDE  
PROGRAM

## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. DITHYKUMARI*

has attended a CDE program on  
**“AWARNESS ON TOBACCO CESSATION  
PROGRAMME”**  
conducted by Dept. of Public Health Dentistry,  
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## PHOTOGRAPH



Photos of tobacco cessation awareness programme



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---

## ANALYTICAL SKILL DEVELOPMENT



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---

## WRITING FOR RESEARCH GRANTS

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/006/2022

10.08.2022

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Writing For Research Grants' for postgraduate students and staff.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students and staff is being organised by the Department of Periodontics on the topic entitled 'Writing For Research Grants' on 12.08.2022 at the college auditorium.

For further reference, reach out to Dr. Annie V Issac



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Chelad, Kerala - 686 681





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## BROCHURE



ST GREGORIOUS DENTAL COLLEGE  
CHELAD

CDE PROGRAM ON

# WRITING FOR RESEARCH GRANTS

FOR POST GRADUATES & FACULTIES

RESOURCE PERSON  
DR ANILA

12 10.00 AM  
AUG  
2022

ORGANIZED BY

DENTAL EDUCATION UNIT  
DEPT. OF PERIODONTICS

VENUE

COLLEGE AUDITORIUM



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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---

## **POST EVENT REPORT**

Participants found the Grant Writing Course for Dentists, led by Dr. Anila S., to be a priceless chance to further their research endeavours and improve their grant writing abilities. Attendees received individualised comments, engaging seminars, and expert coaching to help them understand the nuances of writing strong grant proposals that are tailored to the dental industry. Participants were able to collaborate, improve their proposals, and develop self-confidence in their skills because to Dr. Anila S.'s knowledge and active teaching approach. Participant feedback was extremely positive, highlighting the course's applicability, efficiency, and opportunity for career advancement. In the future, the organisers of the course hope to build on this achievement by providing more tools and assistance to further empower dental researchers.



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE

22-23  
PGS (2022/23)



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCROZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Writing for Research Grants.

122 / 8/22.

Sl no.	Name of participant	Signature
1	Dr. Sunil Anand	[Signature]
2	Dr. Sreenath D.P	[Signature]
3	Dr. Anna Mariya Sunny	[Signature]
4	Dr. Nitya Kumari	[Signature]
5	Dr. Divya Subramana	[Signature]
6	Dr. Abhil Joseph	[Signature]
7	Dr. Dhanya M	[Signature]
8	Dr. Jinson James	[Signature]
9	Dr. Sona An S	[Signature]
10	DR. LISSE P MATHEW	[Signature]
11	Dr. Suman Geet	[Signature]
12	Dr. Aida James	[Signature]
13	Dr. Shikha B	[Signature]
14	Dr. Jimmy George	[Signature]
15	Dr. Shajith S	[Signature]
16	Dr. Vidhya S.L	[Signature]
17	Dr. Aya Arvind	[Signature]
18	DR. TINTU PAUL	[Signature]
19	Dr. Anusuya Udayakumar	[Signature]
20	Dr. Nija Mariam Joseph	[Signature]
21	Dr. Gurjita P. Dinesh	[Signature]
22	Dr. Anusuya Ullathil	[Signature]
23	Dr. Nisha P Joseph	[Signature]
24	Dr. Vidhya K	[Signature]
25		

[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATE



## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. SUNIL SKARIA*

has attended a CDE program on  
**"WRITING FOR RESEARCH GRANTS"**  
conducted by Dept. of Periodontics & Implantology,  
Dental Education Unit and IQAC  
held on 12th August 2022.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. DIVYA SUBRAMANIAN*

has attended a CDE program on  
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Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
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Dr. Sauganth Paul  
COORDINATOR, IQAC

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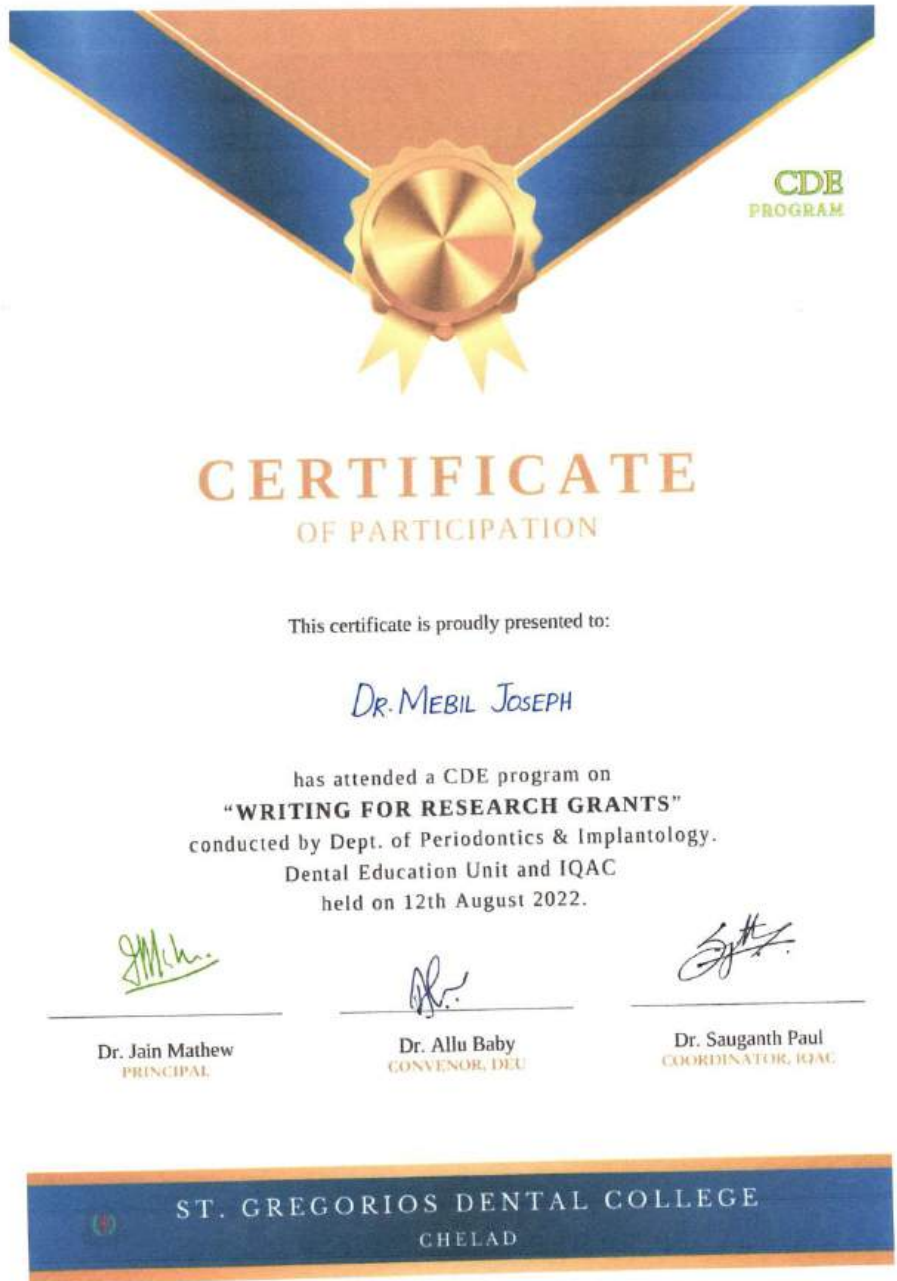




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This certificate is proudly presented to:

*DR. JIMMY GEORGIE*

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This certificate is proudly presented to:

*Dr. SONA ANNS KURIA*

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. VIDHYA S.L*

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*DR. TINTU PAUL*

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Dental Education Unit and IQAC  
held on 12th August 2022.

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This certificate is proudly presented to:

*DR. SARJIN S*

has attended a CDE program on  
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held on 12th August 2022.

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CDE  
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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*DR. ARYA ARAVIND*

has attended a CDE program on  
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Dental Education Unit and IQAC  
held on 12th August 2022.

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*DR. GIOPIKA P DINESH*

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This certificate is proudly presented to:

*DR. AISWARYA ULLATIL*

has attended a CDE program on  
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Dental Education Unit and IQAC  
held on 12th August 2022.

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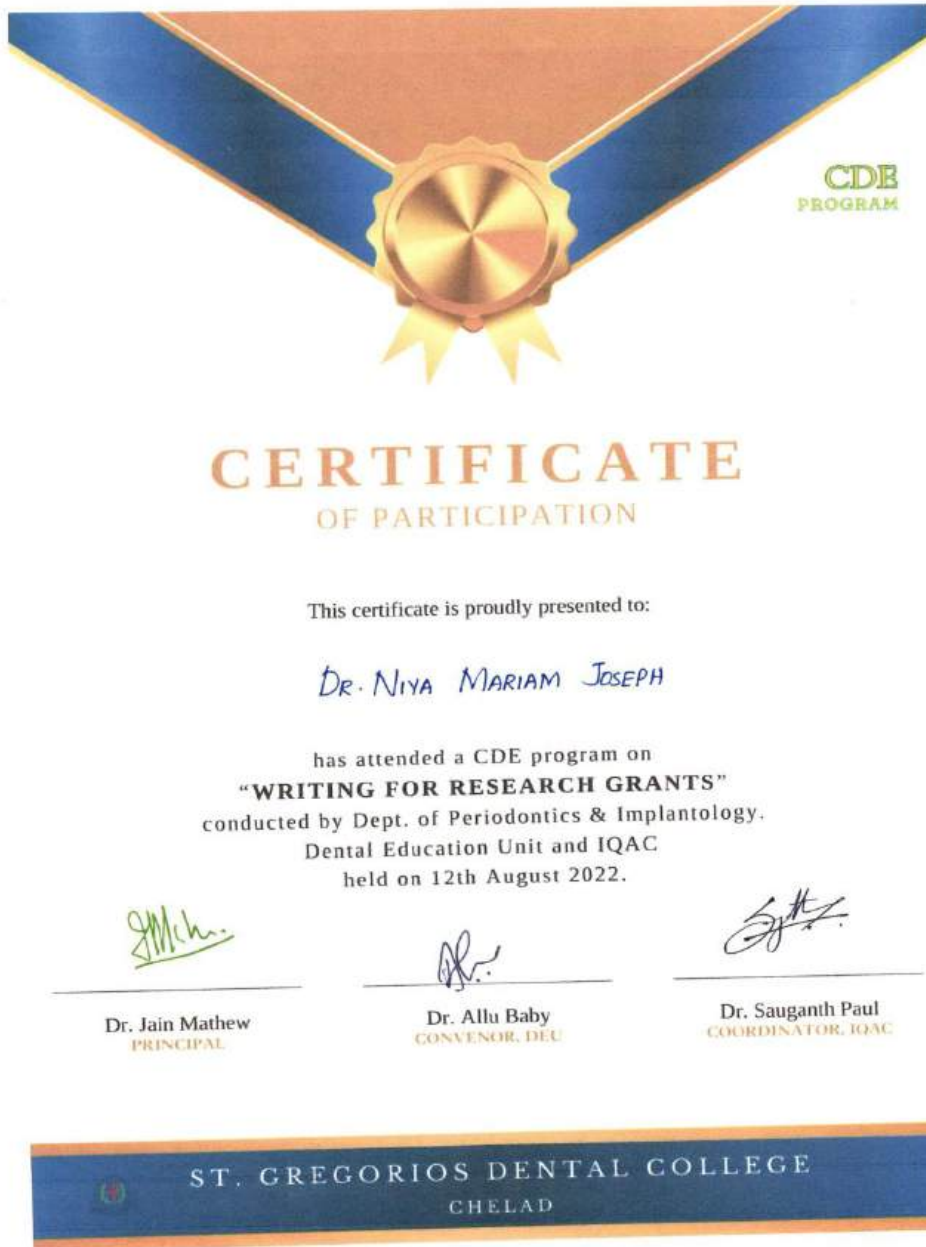
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---

## PHOTOGRAPH



Photos of writing for research grants programme



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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---

## RESEARCH METHODOLOGY

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/008/2022

14.11.2022

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on the topic entitled 'Research Methodology' for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Research Committee on the topic entitled 'Research Methodology' on 16.11.2022 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Eldho Babu.



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## BROCHURE

**ST GREGORIOUS DENTAL COLLEGE**

CDE PROGRAM

# Research Methodology

for post graduates & faculties



**Dr. AMAL K IYPE**  
RESOURCE PERSON

**VENUE**  
College Auditorium

**DATE**  
16 NOVEMBER 2023

**TIME**  
10.00 AM

ORGANIZED BY  
**RESEARCH COMMITTEE**  
IQAC





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## **POST EVENT REPORT**

The CDE programme on ‘Research Methodology’ was conducted on 16<sup>th</sup> November 2023. This lecture was exceptionally interactive and proved to be enlightening to staff and postgraduate students alike. His expertise illuminated key concepts, methodologies, and best practices in dental research. The session oriented the participants regarding how to design rigorous research projects and how to navigate ethical considerations. The session cultivated a culture of academic excellence and research competency within its participants. Overall, this event contributed immensely to the enhancement of research competencies within the dental community.



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Research Methodology*

Date - *16/11/2022*

Sl no.	Name of participant	Signature
1.	<i>Dr. Jimmy George K</i>	<i>[Signature]</i>
2.	<i>Dr. Divya Subramanian</i>	<i>[Signature]</i>
3.	<i>Dr. Dithyakumari K.K</i>	<i>[Signature]</i>
4.	<i>Dr. Anu Mariya Sunny</i>	<i>[Signature]</i>
5.	<i>Dr. Nitya Maxiam Joseph</i>	<i>[Signature]</i>
6.	<i>Dr. Vidhya B.</i>	<i>[Signature]</i>
7.	<i>Dr. Dhanya M.</i>	<i>[Signature]</i>
8.	<i>Dr. Sreenath U. P</i>	<i>[Signature]</i>
9.	<i>Dr. Mebil Joseph</i>	<i>[Signature]</i>
10.	<i>Dr. Lissie P. Mathew</i>	<i>[Signature]</i>
11.	<i>Dr. Shreya V.</i>	<i>[Signature]</i>
12.	<i>Dr. Tintu Paul.</i>	<i>[Signature]</i>
13.	<i>Dr. Jaswin Cyril</i>	<i>[Signature]</i>
14.	<i>Dr. Anwarana Udayakumar.</i>	<i>[Signature]</i>
15.	<i>Dr. Geopika P. Pineshi.</i>	<i>[Signature]</i>
16.	<b>DR. JINSON JAMES</b>	<i>[Signature]</i>
17.	<i>Dr. Rene Anus Kurian</i>	<i>[Signature]</i>
18.	<i>Dr. Sarin S</i>	<i>[Signature]</i>
19.	<i>Dr. Vidhya B.</i>	<i>[Signature]</i>
20.	<i>Dr. Anil Akhayan.</i>	<i>[Signature]</i>
21.	<i>Dr. Anya Anand</i>	<i>[Signature]</i>
22.	<i>Dr. Nida James</i>	<i>[Signature]</i>
23.	<i>Dr. Nisha C. Saje</i>	<i>[Signature]</i>
24.	<i>Dr. Anwarana Udayakumar</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
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## CERTIFICATE



## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Arunaya Olfatil*

has attended a CDE program on  
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**Dental Education Unit**  
held on 16th November 2022.

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Dr. Allu Baby  
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Dr. Sauganth Paul  
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*AB*

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*JM*

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*AB*

Dr. Allu Baby  
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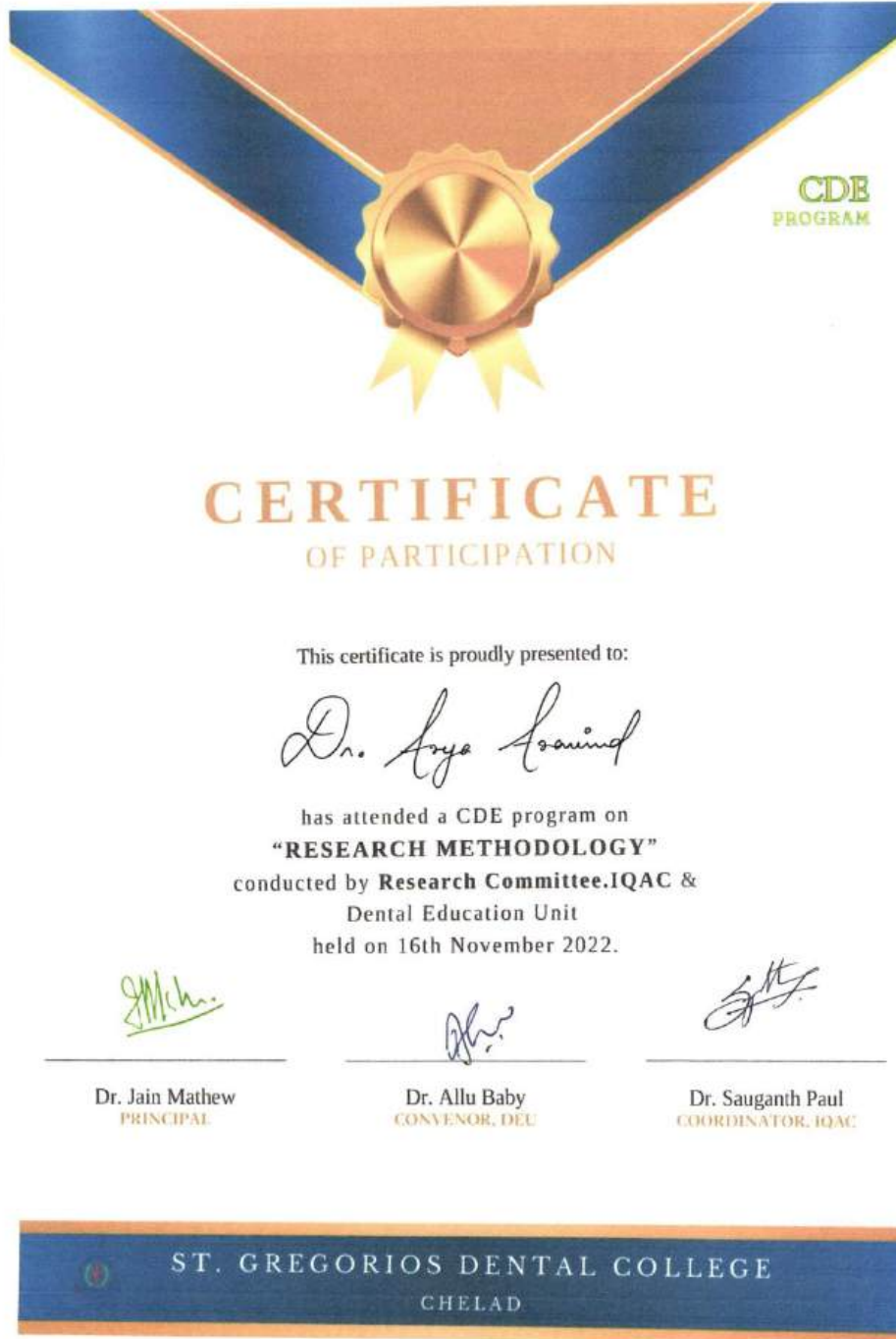
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*JMh.*

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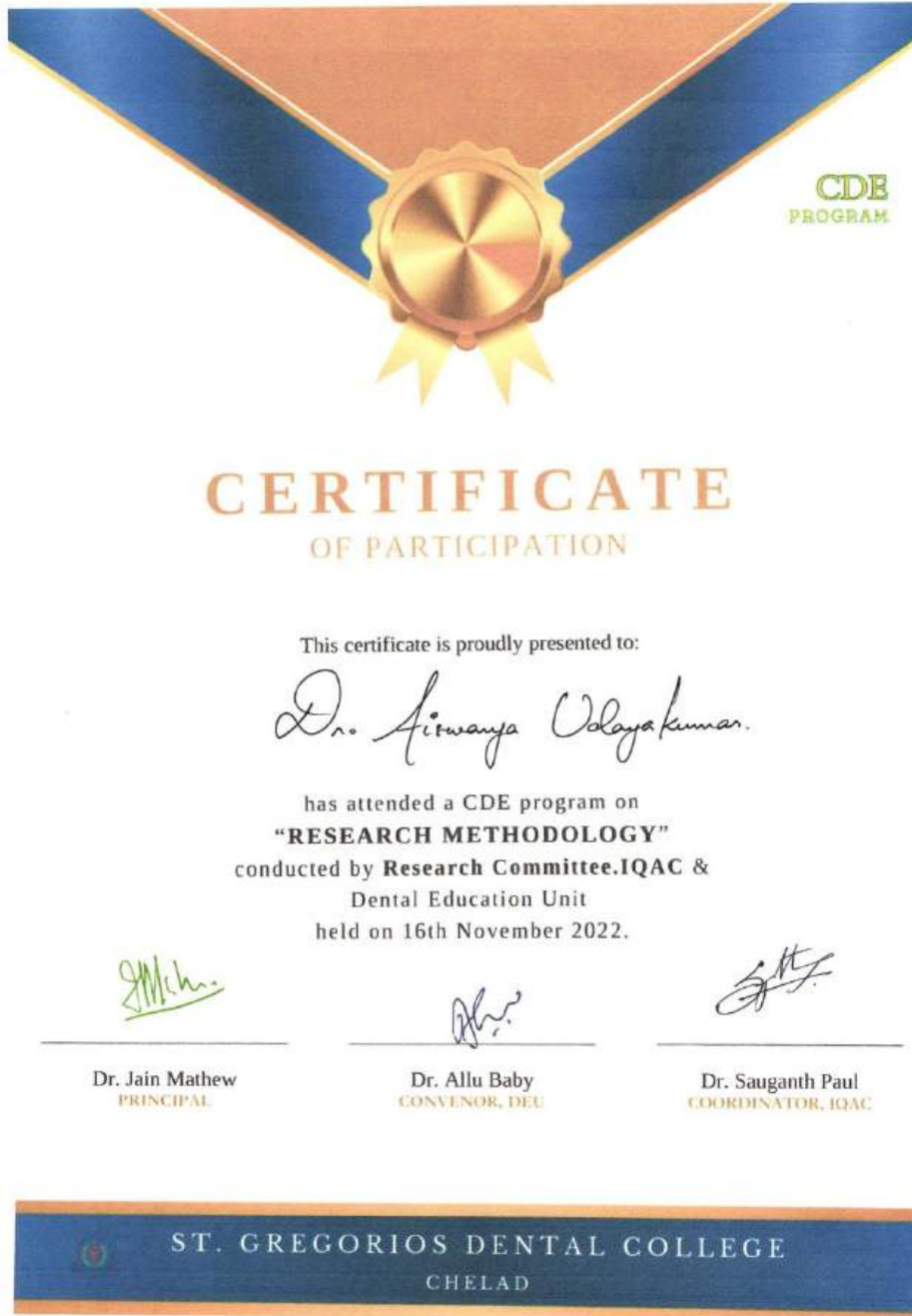
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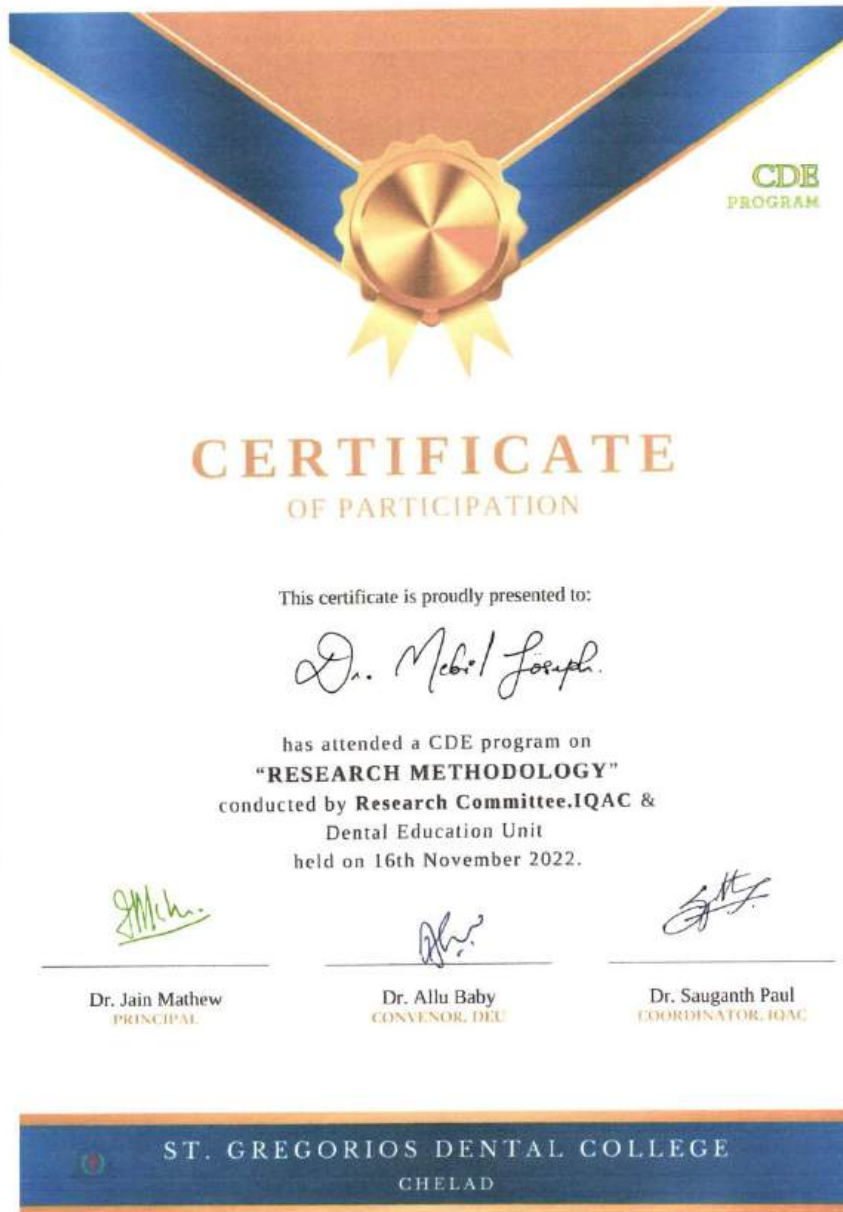




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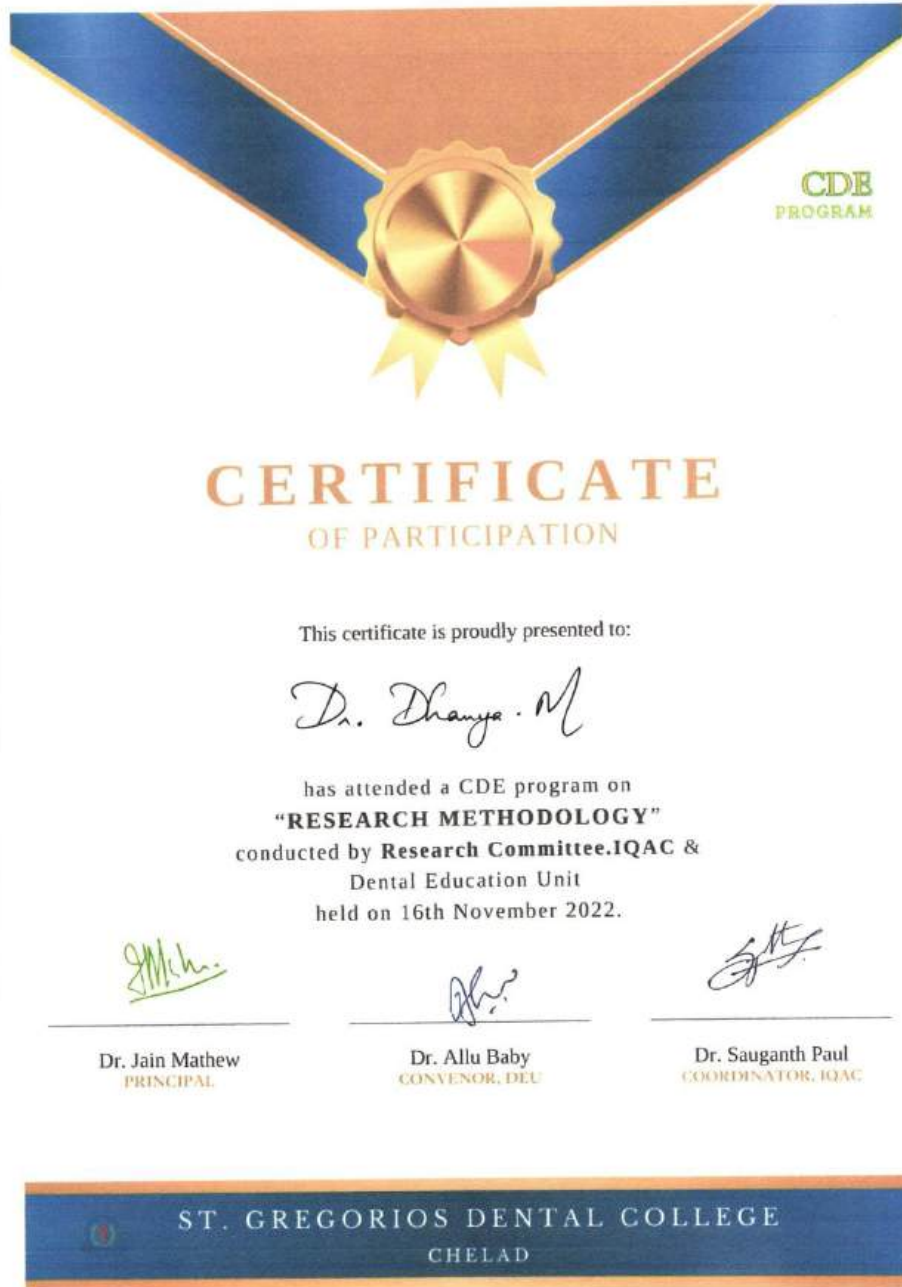




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*JMh.*

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*Ab.*

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CDE  
PROGRAM

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*JM*

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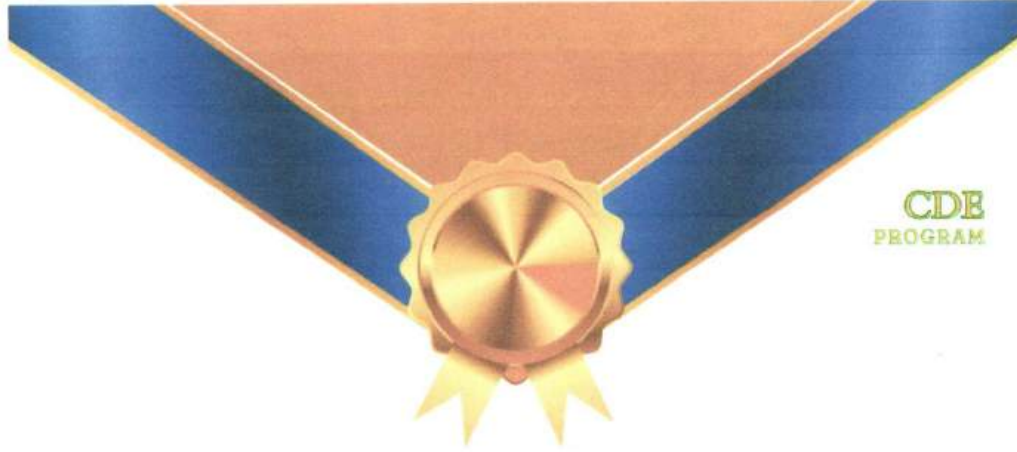
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## PHOTOGRAPHS



Photos of research methodology lecture



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## HUMAN VALUE DEVELOPMENT



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---

**EQUAL OPPORTUNITIES- BETTER FUTURE**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 010/2022

27.09.2022

**CIRCULAR**

Subject: Value added program on EQUAL OPPORTUNITIES- BETTER FUTURE.

The Women Empowerment Cell, St. Gregorios Dental College is organizing a value added program entitled 'EQUAL OPPORTUNITIES- BETTER FUTURE' for Interns from 29.09.2022-01.10.2022 at the College Auditorium.

For further reference reach out to Dr. Silpa Abraham.

Copy to  
Notice board  
Office  
All department  
Library



  
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St. Gregorios Dental College  
Chelad, Kerala - 686 681





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## BROCHURE

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

“Equal Opportunities,  
No Exceptions.”

VALUE ADDED PROGRAM

TARGET INTERNS

2022  
29-30  
SEP

GENDER INEQUALITY

**GENDER EQUITY**

WOMEN CELL, IQAC  
TIME: 10.00 AM



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---

## **POST-EVENT REPORT: EQUAL OPPORTUNITIES- BETTER FUTURE**

**Date:** 29.09.2022-01.10.2022

### **Training Methodology:**

The training methodology in the "Equal Opportunities, Better Future" course is innovative and interactive. These strategies combine lectures, interactive discussions and workshops. Role-playing exercises and simulations will help participants apply these ideas. Modern technology tools make it possible to interact. Continuous feedback and reflection create a dynamic learning environment to encourage understanding and action toward fostering inclusivity and social justice.

### **Key Highlights:**

- Engaging and dynamic training methodology.
- Diverse: lecture, interactive discussion, case studies, workshops are incorporated.
- Practical application through role plays and simulation exercises.
- Utilisation of technological tools for better interaction:
- Continuous feedback and reflection for effective learning and action.



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## ATTENDANCE



**ST. GREGORIOS DENTAL COLLEGE, CHELAD**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Equal Opportunities - Better future (VALUE ADDED PROGRAM)

Sl no.	Name of participant	29/9/22 Day 1	30/9/22 Day 2	1/10/22 Day 3	Day 4
1.	Akshay Raj.	Akshay	Akshay	Akshay	
2.	Siraj Vincent	Siraj	Siraj	Siraj	
3.	Shilpa Thomas	Shilpa	Shilpa	Shilpa	
4.	Justine Jose	Justine	Justine	Justine	
5.	Nandee Praveen	Nandee	Nandee	Nandee	
6.	Nyru Fatima	Nyru	Nyru	Nyru	
7.	Anu Jose	Anu	Anu	Anu	
8.	Anna Mary Seji	Anna	Anna	Anna	
9.	Akshaya R. Nath	Akshaya	Akshaya	Akshaya	
10.	Justine Jose	Justine	Justine	Justine	
11.	Anna Mary Jose	Anna	Anna	Anna	
12.	Prasijothi P	Prasijothi	Prasijothi	Prasijothi	
13.	Linda Maria Jose	Linda	Linda	Linda	
14.	Muhamad M.	Muhamad	Muhamad	Muhamad	
15.	Rinnu Ruse Anthony	Rinnu	Rinnu	Rinnu	
16.	Aiswarya Narayanan	Aiswarya	Aiswarya	Aiswarya	
17.	Rose Maria Jaimoo	Rose	Rose	Rose	
18.	Tipsa Binu Prakash	Tipsa	Tipsa	Tipsa	
19.	Sargatha Sapikura	Sargatha	Sargatha	Sargatha	
20.	Alias Biju	Alias	Alias	Alias	
21.	ARVA HARIDAS	ARVA	ARVA	ARVA	
22.	Maya Das	Maya	Maya	Maya	
23.	Anna Mary Paul	Anna	Anna	Anna	
24.	Magi Xavier	Magi	Magi	Magi	
25.	Saru Anna George	Saru	Saru	Saru	

PRINCIPAL	DEU Convenor	DEU Secretary



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1.	Akshay Raj.	Akshay	Akshay	Akshay	
2.	Siraj Vincent.	Siraj	Siraj	Siraj	
3.	Shilpa Thomas.	Shilpa	Shilpa	Shilpa	
4.	Justine Jose.	Justine	Justine	Justine	
5.)	Nandu Prasad.	Nandu	Nandu	Nandu	
6.)	Nyru Fathima.	Nyru	Nyru	Nyru	
7.)	Annu Jose.	Annu	Annu	Annu	
8.)	Anna Mary Saji.	Anna	Anna	Anna	
9.)	Akshaya R. Nath.	Akshaya	Akshaya	Akshaya	
10.)	Justine Jose.	Justine	Justine	Justine	
11.)	Anna Mary Jose.	Anna	Anna	Anna	
12.)	Prasijothi P.	Prasijothi	Prasijothi	Prasijothi	
13.)	Linda Maria Jose.	Linda	Linda	Linda	
14.)	Ashwath M.	Ashwath	Ashwath	Ashwath	
15.)	Runni Rose Anthony.	Runni	Runni	Runni	
16.)	Aiswarya Narayanan.	Aiswarya	Aiswarya	Aiswarya	
17.)	Rose Maria James.	Rose	Rose	Rose	
18.)	Jipsa Bindu Prakash.	Jipsa	Jipsa	Jipsa	
19.)	Sargatha Sreethara.	Sargatha	Sargatha	Sargatha	
20.)	Alia's Biju.	Alia's	Alia's	Alia's	
21.)	ARVA HARIDAS.	Arva	Arva	Arva	
22.)	Maya Das.	Maya	Maya	Maya	
23.)	Ann Mary Paul.	Ann	Ann	Ann	
24.)	Magi Xavier.	Magi	Magi	Magi	
25.)	Sani Anna Jose.	Sani	Sani	Sani	

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3.	Shilpa Thomas.	Shilpa	Shilpa	Shilpa	
4.	Justine Jose.	Justine	Justine	Justine	
5.)	Nandu Praxid	Nandu	Nandu	Nandu	
6.)	Allyna fathima.	Allyna	Allyna	Allyna	
7.)	Annu Jose.	Annu	Annu	Annu	
8.)	Anna Mary Saji	Anna	Anna	Anna	
9.)	Akshaya R. Nath.	Akshaya	Akshaya	Akshaya	
10.)	Justine Jose.	Justine	Justine	Justine	
11.)	Anna Mary Jose	Anna	Anna	Anna	
12.)	Praciyothi P	Praciyothi	Praciyothi	Praciyothi	
13.)	Linda Maria Jose	Linda	Linda	Linda	
14.	Ahammad M.	Ahammad	Ahammad	Ahammad	
15.)	Renua Rose Anthony	Renua	Renua	Renua	
16.)	Aiswarya Narayanan.	Aiswarya	Aiswarya	Aiswarya	
17.)	Rose Maria Jaimoo	Rose	Rose	Rose	
18.)	Jipsa Bendu Prakash	Jipsa	Jipsa	Jipsa	
19.)	Sargatha Sargatha	Sargatha	Sargatha	Sargatha	
20.)	Alia's Biju	Alia's	Alia's	Alia's	
21.)	ARVA HARIDAS	Arva	Arva	Arva	
22.)	Maya Das	Maya	Maya	Maya	
23.)	Anna Mary Paul	Anna	Anna	Anna	
24.)	Magi Xavier	Magi	Magi	Magi	
25.)	Sani Anna Jose	Sani	Sani	Sani	

PRINCIPAL	DEU Convenor	DEU Secretary





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## PHOTOGRAPHS



Photos of equal oppertunities better future





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---


**LIVE YOUR DREAM**



# ST. GREGORIOS DENTAL COLLEGE

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## BROCHURE

 **ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

WOMEN CELL  
INTERNAL QUALITY ASSURANCE CELL

# Live your dream

VALUE ADDED PROGRAM FOR FINAL YEAR PART II

RESOURCE PERSON  
**DR. MARIYA BIJU**

**07** March 2023  
COLLEGE AUDITORIUM  
TIME: 10.00 AM



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## **POST EVENT REPORT**

Date: 07.03.2023 – 08.03.2023

Location: St. Gregorios Dental College

Speaker: Dr. Mariya Biju, General Practitioner, St. Joseph's Hospital, Dharmagiri, Kothamangalam

### **Training Methodology:**

During the motivating speech, Dr. Mariya Biju—a courageous woman who, despite being paralyzed after an accident, is confined to a wheelchair—told many relevant anecdotes and inspirational tales to the students. The training methodology for "Live Your Dream" involves a blend of interactive lectures, group discussions, self-reflection exercises, and practical activities. Through engaging sessions, participants explore their passions, set meaningful goals, and develop strategies to overcome obstacles. Emphasis is placed on experiential learning, fostering a supportive environment for personal growth and empowerment.

### **Key Highlights:**

- The program was orated beautifully by the brave heart, Dr. Mariya Biju
- Self-reflection activities to identify interests and assets.
- Realistic techniques for establishing objectives and conquering challenges
- A focus on self-care, adaptation, and resilience.
- Possibilities for introspection, affirmation, and visualisation
- Empowerment to motivate others and bring about constructive change

Resources for continued growth and a community that is supportive







# ST. GREGORIOS DENTAL COLLEGE

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## PHOTOGRAPHS



Photos on live your dreams



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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---

## SELF DEFENSE

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/009/2023

04.05.2023

**CIRCULAR**

Subject: Value Added Course on Self Defence for 3<sup>rd</sup> year students.

This is to inform that a value-added program entitled SELF DEFENSE is being organised by the Women Empowerment Cell (WEC) of the college for 3<sup>rd</sup> year students from 08.05.2023

For further reference, reach out to Ms. Nima M. Kalappura



**PRINCIPAL**

**PRINCIPAL**  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

VALUE ADDED PROGRAM FOR THIRD BDS

# SELF DEFENCE

WOMEN CELL, INTERNAL QUALITY ASSURANCE CELL



MAY 08-09, 2023 | 9 AM to 4 PM  
COLLEGE AUDITORIUM



ST. GREGORIOS DENTAL COLLEGE  
CHELAD



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## **POST EVENT REPORT**

Date: 08.05.2023 – 09.05.2023

Location: St. Gregorios Dental College

Speaker and Trainer: Mr. Renjith Jose

### **Training Methodology:**

The students receive instruction in self-defense through a combination of classroom theory and real-world application. Key concepts are reviewed at the start of the session, and then there are interactive discussions and demonstrations. Students can build their physical skills through practical practice sessions that emphasise strikes, blocks, escapes, and forceful communication methods. Role-playing games reinforce situational awareness and decision-making by simulating real-life dental practice circumstances. Students can apply acquired skills under pressure through scenario-based instruction, which fosters confidence and adaptability. Throughout the training, safety, moral issues, and the legal ramifications of self-defense are stressed. Students are encouraged to improve their methods and thinking through ongoing feedback and reflection, which promotes a culture of empowerment and readiness in the face of possible threats.

### **Key Highlights:**

- Interactive workshops
- Fostered and experimental learning technique
- Insights from the karate master, Mr. Renjith Jose were astounding to the students
- The workshop gave basic training for the students and the program was continued as practice sessions for the students monthly once on every second Saturday.
- The program was helpful to build their self confidence and replicate real life scenarios

Hands on practice was implemented and all students were given equal chances to practice the demonstrations under expert guidance of the master




# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

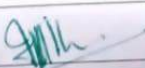

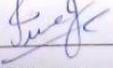
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE


**ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
 UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: SELF DEFENSE

Sl no.	Name of participant	8/5/23	9/5/23
		Day 1	Day 2
1	Abhinaya K. A	Att	Att
2	Asoka R	Att	Att
3	Jini Jiji	Ji	Ji
4	Mishra	Ma	Ma
5	Sandra Susan	Sa	Sa
6	ANJITHA K VIJAY	Att	Att
7	maia m rasu	ma	ma
8	Nibha A	Nib	Nib
9	Sandra Mariam	Sandra	Sandra
10	SNEHA NS	SN	SN
11	Smrithi & prasad	sm	sm
12	Robin	Rob	Rob
13	Annet Rachel Joy	A	A
14	Starhana	St	St
15	Liya Menn	Li	Li
16	SARA Mathew	Sa	Sa
17	Aleena	Ale	Ale
18	SNIGDHA JAYARAJ	Jay	Jay
19	Sayogsha Jasi	Sa	Sa
20	Geetha & M	Ge	Ge
21	mehar jan shaw	mehar	mehar
22	Aswani	As	As
23	Sheetakshmi	Sh	Sh

 <b>PRINCIPAL</b>	 <b>DEU Convenor</b>	 <b>DEU Secretary</b>
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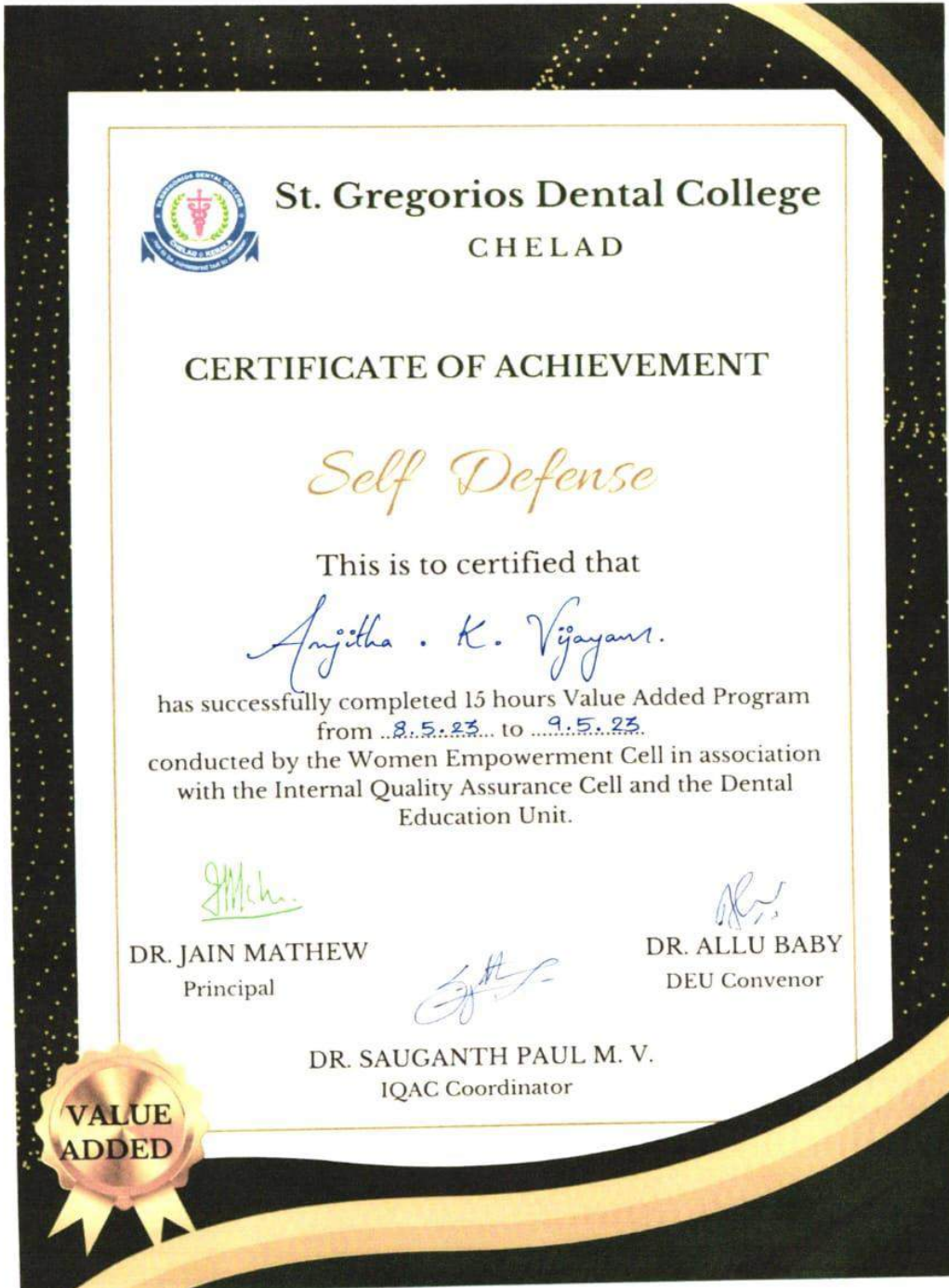


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## PHOTOGRAPHS



Photographs of Self Defense program



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## **BODY POSITIVITY; EMBRACE DIVERSE BEAUTY STANDARDS**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/007/2023

01.04.2023

**CIRCULAR**

Subject: Value added program on 'Body Positivity; Embracing Diverse Beauty Standards'

This is to inform that a value-added course on topic entitled 'Body Positivity; Embracing Diverse Beauty Standards' for second year students is being organised by the Women Empowerment Cell on 4.4.23-6.4.23 at the college auditorium.

For further reference, reach out to Ms. Nima M Kalappura



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## BROCHURE

ST. GREGORIOS DENTAL COLLEGE  
CHELAD



# BODY POSITIVITY

EMBRACING DIVERSE BEAUTY STANDARDS

VALUE ADDED

FOR SECOND YEAR BDS



DR ALLU  
BABY  
SPEAKER

VENUE  
COLLEGE AUDITORIUM

04 APRIL,  
2023  
8:30am

ORGANIZED BY  
WOMEN CELL, IQAC



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

Date: 4.4.23-6.4.23

Location: St. Gregorios Dental College

Speaker: Dr.Allu Baby

### **Training Methodology:**

Emphasis is placed on interactive and experiential learning via role-playing, media analysis, and case studies. Projects involving groups of people and peer groups encourage collaborative learning. Essays and other reflective activities like journaling promote personal development. Expert perspectives are offered via panels and guest speakers. Safe sharing is ensured in a supportive environment. Ongoing evaluation and input direct development. Real-world impact is ensured by practical application through action plans and community projects. Multimedia and reading lists are two resources that help with continuous learning.

### **Key Highlights:**

- The program utilised case studies, media analysis and role playing to engage participants
- It encouraged peer learning groups and group projects
- Incorporated journaling and reflection essays
- Gave expert insight on diverse perspectives
- The program created a safe space for open, non judgemental sharing



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Body Positivity : Embracing Diverse Beauty Standards.

Sl no.	Name of participant	4.4.23	5.4.23	6.4.23
		Day 1	Day 2	Day 3
	MIRWA JP	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> Anisha Jayaraj	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> Abhinav	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> Sande Morgan Anam	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> SNEHA NS	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> Fathma Akang Anil Simon	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> Sara Mathan	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> SAJEESHA	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> Aradhya Sreelakshmi Vaishnavi	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>[Signature]</i> SREEMOL	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convener	DEU Secretary



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)



## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Body Positivity: Embracing Diverse Beauty Standards

Sl no.	Name of participant	4.4.23	5.4.23	6.4.23
	Mithan	[Signature]	[Signature]	[Signature]
	Akhira Kungian	[Signature]	[Signature]	[Signature]
	Arsha	[Signature]	[Signature]	[Signature]
	GOPIKA SM	[Signature]	[Signature]	[Signature]
	<del>HEE HEIDUNH. DUVENBOE</del>	[Signature]	[Signature]	[Signature]
	Roshni Robin	[Signature]	[Signature]	[Signature]
	Athira B	[Signature]	[Signature]	[Signature]
	Mnaya	[Signature]	[Signature]	[Signature]
	Melvin Rose	[Signature]	[Signature]	[Signature]
	Melvin Ramei	[Signature]	[Signature]	[Signature]
	Jani Jiji	[Signature]	[Signature]	[Signature]
	Mehar San Shah	[Signature]	[Signature]	[Signature]
	Mariya M. Raju	[Signature]	[Signature]	[Signature]
	GOPIKA JOSHI	[Signature]	[Signature]	[Signature]
	Annet Rachel Jigy	[Signature]	[Signature]	[Signature]
	LIYA MERIN PAUL	[Signature]	[Signature]	[Signature]
	RANTUCUNU	[Signature]	[Signature]	[Signature]
	HEERIKISA	[Signature]	[Signature]	[Signature]
	JCYB	[Signature]	[Signature]	[Signature]

[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU Convenor	DEU Secretary





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## PHOTOGRAPHS



Photos on body positivity embracing disease beauty standard lecture



# ST. GREGORIOS DENTAL COLLEGE

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## PERSONALITY AND PROFESSIONAL DEVELOPMENT



# ST. GREGORIOS DENTAL COLLEGE

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## BASIC LIFE SUPPORT



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 008/2023

03.05.2023

**CIRCULAR**

Subject: Certificate course on Basic life support BLS for Interns.

Department of Oral and Maxillofacial Surgery, St. Gregorios Dental College is organizing a value-added program on Basic life support for interns on 05.05.2023 and 06.05.2023 at 8 am at the college auditorium.

For further reference, reach out to Dr. Sanjith Salim.



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A handwritten signature in green ink, appearing to read "S. Salim", written over the printed name of the principal.

**PRINCIPAL**  
PRINCIPAL

St. Gregorios Dental College  
Chelad, Kerala - 686 681



# ST. GREGORIOS DENTAL COLLEGE

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## BROCHURE

MWT GLOBAL ACADEMY PVT.LTD

# BASIC LIFE SUPPORT

VALUE ADDED PROGRAM

ST GREGORIOS DENTAL COLLEGE

DEPT. OF ORAL AND MAXILLOFACIAL SURGERY  
INTERNAL QUALITY ASSURANCE CELL

**RESOURCE PERSON**

**DR. SANJITH SALIM**  
MWT GLOBAL ACADEMY  
PVT.LTD

**05-06 MAY 2023**

COLLEGE AUDITORIUM  
TIME: 10.00 AM



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST-EVENT REPORT: BASIC LIFE SUPPORT TRAINING**

Date: 05.05.2023 – 06.05.2023

Location: College Auditorium, St. Gregorios Dental College

### **Training Methodology:**

Instructions for the use of the latest CPR and AED guidelines, including specific compression depth, speed, and techniques, were provided to the interns. Through practical sessions, the participants were able to apply what they had learned in simulated cardiac arrest situations. The trainees were instructed by Health Careers Institute Private Ltd representatives in hands-on application. Certificate was given for the students.

### **Key Highlights:**

- In-depth conversations about survival importance in making the lives of those who have suffered a heart attack bearable
- Thorough guidelines on the importance of early identification and activation of the emergency medical service systems.
- Demonstrations on practical approaches to chest compressions, airway control and rescue breaths.
- Practice using shock box machines underlining the essence of prompt defibrillation.

Role-playing as an avenue of creating real-life situations which might occur.



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: BASIC LIFE SUPPORT

Sl no.	Name of participant	5/5/23	6/5/23
		Day 1	Day 2
1	AKHIL VARUGHESE	Akhil	Akhil
2	Annulakshmi	Ak	Ak
3	John V Zachariah	John	John
4	Alwin Mathew	Alwin	Alwin
5	DIJIL DAVID	Di	Di
6	Annie Treasa Jesty	Annie	Annie
7	Divya Mary philip	Divya	Divya
8	Cerita Ery	Cerita	Cerita
9	ANAGHA PR	Anagha	Anagha
10	TREASA JAIMON	Treasa	Treasa
11	MATHA (KESITHA)	Matha	Matha
12	Shamila	Shamila	Shamila
13	Ruth Rachel	Ruth	Ruth
14	Biksh George	Biksh	Biksh
15	Richa Sora	Richa	Richa
16	Kawany Smit	Kawany	Kawany
17	Elbe Jacob	Elbe	Elbe
18	Christy Mariam Cheriau	Christy	Christy
19	MARIA RANI	Maria	Maria
20	AKSHARA ELIZABETH KURIEN	Akshara	Akshara
21	Liby Abraham	Liby	Liby
22	Agna K Ghevar	Agna	Agna
23	Keenu Anu Peadar	Keenu	Keenu
24	Alekhya PR	Alekhya	Alekhya
25	Amelia Maria Prange	Amelia	Amelia

PRINCIPAL	DEU Convenor	DEU Secretary







# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE

**MWT**  
ACADEMY  
Education for Employment

**MWT Global Academy Pvt. Ltd.**  
37/1989 A, Bhattathiripad Road, Opp. Elankulam Kavalakkal Temple  
Off. Kaloor - Kadavanthra Road, Kaloor, Kochi - 682 017, Kerala, India

**CERTIFICATE**

This is to certify that  
**Dr. TIA MIRIA GEORGE**

has successfully completed  
**Basic Life Support (BLS)  
Provider Course**

1 Day	06 <sup>th</sup> June 2023	07 <sup>th</sup> June 2025
Course Duration	Date Completed	Expires On

Organisational Member of  
**Quality Council of India**  
CORP/CS/5598/2021-22

**MWT Global Academy Pvt. Ltd.**  
Kochi - 17

2023/06/MWTGA  
Certificate No

**Jeril Cherian**  
Principal



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## PHOTOGRAPHS



Photo of BLS programme



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## TIPS IN EXODONTIA



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 008/2023

03.05.2023

**CIRCULAR**

Subject: Certificate course on Basic life support BLS for Interns.

Department of Oral and Maxillofacial Surgery, St. Gregorios Dental College is organizing a value-added program on Basic life support for interns on 05.05.2023 and 06.05.2023 at 8 am at the college auditorium.

For further reference, reach out to Dr. Sanjith Salim.

  
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St. Gregorios Dental College  
Chelad, Kerala - 686 681



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# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE


*Talk on*  
**tips in**  
**EXODONTIA**


»»» CDE PROGRAM FOR FACULTIES AND  
POSTGRADUATES





**DR JOHN ABY**  
RESOURCE PERSON

**ORGANIZED BY**  
DEPT. OF ORAL & MAXILLOFACIAL SURGERY  
DENTAL EDUCATION UNIT

 **DATE**  
13 FEB, 2023

 **TIME**  
10:00 AM

 **VENUE**  
COLLEGE  
AUDITORIUM

 **ST GREGORIOUS DENTAL COLLEGE**  
**CHELAD**



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## **POST EVENT REPORT**

The "Tips in Exodontia" Continuing tooth Education (CDE) event, delivered by Dr. John Aby, took place on February 13, 2023, and offered postgraduate students and staff an incredible opportunity to learn about more complex tooth extraction techniques and strategies. He offered enlightening advice on a range of exodontia-related topics, including sophisticated extraction methods, efficient complication control, and all-encompassing patient care plans. The lecture was very beneficial to the attendees, who were able to improve their clinical proficiency and obtain a greater grasp of the subtleties involved in extractions. Participants responded favorably to the program's emphasis on practical relevance, and they valued the chance to gain practical insights that may improve their practice right away. Attendee feedback was very positive about the program, which highlighted the need for more advanced-level seminars on exodontia-related subjects. All things considered, the CDE program laid a strong basis for future efforts in this crucial area of dentistry and acted as a driver for continued professional growth and excellence in dental practice.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Tips in Exodontia

DATE : 13/2/23.

Sl no.	Name of participant	Signature
1	Dr. Anjo Aravind.	
2	Dr. Lacie P Mathew.	
3	Dr. Divya Subramanian.	
4	Dr. Vidya.SL.	
5	Dr. Nisha.C.Joseph.	
6	Dr. Vidhya.K.	
7	Dr. Mebil Joseph Puthiakulangara.	
8	Dr. Dethyakumari K.K.	
9	Dr. Dhanya.M.	
10	Dr. Shikha.B	
11	Dr. Tintu Paul.	
12	Dr. Gopika P Dinesh.	
13	Dr. Aishwarya Udayakumar	
14	Dr. Aida James.	
15	Dr. Nija Mariam Joseph.	
16	Dr. Jimmy George. K	
17	Dr. Sreenath. P.U.P	
18	Dr. Jinson James Puthuparambil.	
19	Dr. Sona Anns Kuria.	
20	Dr. Sunil. Shariya.	
21	Dr. Aishwarya. Vllattil.	
22	Dr. Jasmin Cyail.	
23	Dr. Sarjin.S	
24	Dr. Ann Mariya Sunny.	

PRINCIPAL	DEU Convenor	DEU Secretary





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## CERTIFICATE



## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Ann Maria Sunny*

has attended a CDE program on  
"TALK ON TIPS IN EXODONTIA"  
conducted by Dept. of Oral & Maxillofacial Surgery,  
Dental Education Unit and IQAC  
held on 13th February 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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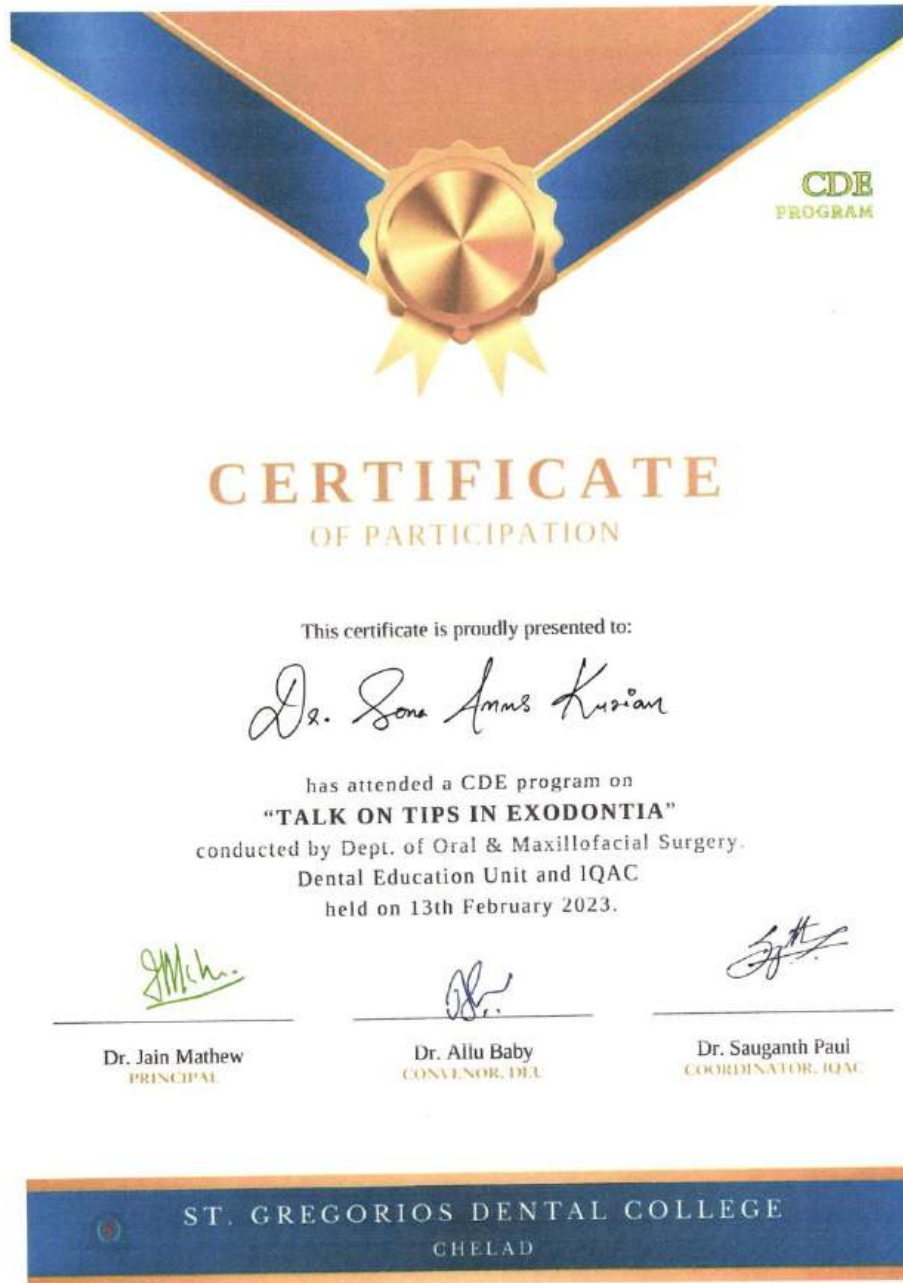




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PROGRAM

## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Sona Anus Kusian*

has attended a CDE program on  
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This certificate is proudly presented to:

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This certificate is proudly presented to:

*Dr. Sunil Skaria*

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Dr. Sauganth Paul  
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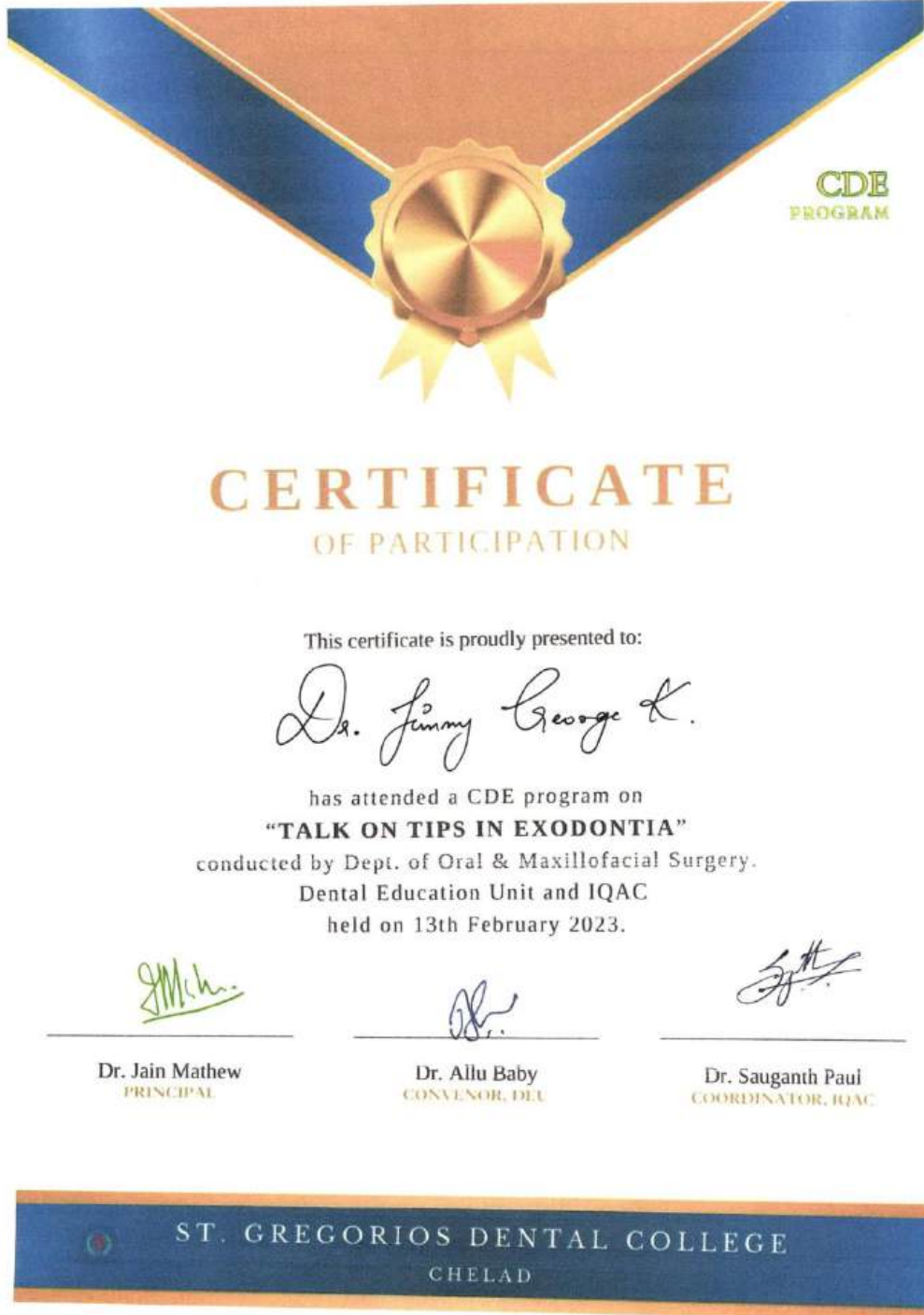
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This certificate is proudly presented to:

*Dr. Jimmy George K.*

has attended a CDE program on  
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This certificate is proudly presented to:

*Dr. Seemath V.P*

has attended a CDE program on  
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conducted by Dept. of Oral & Maxillofacial Surgery,  
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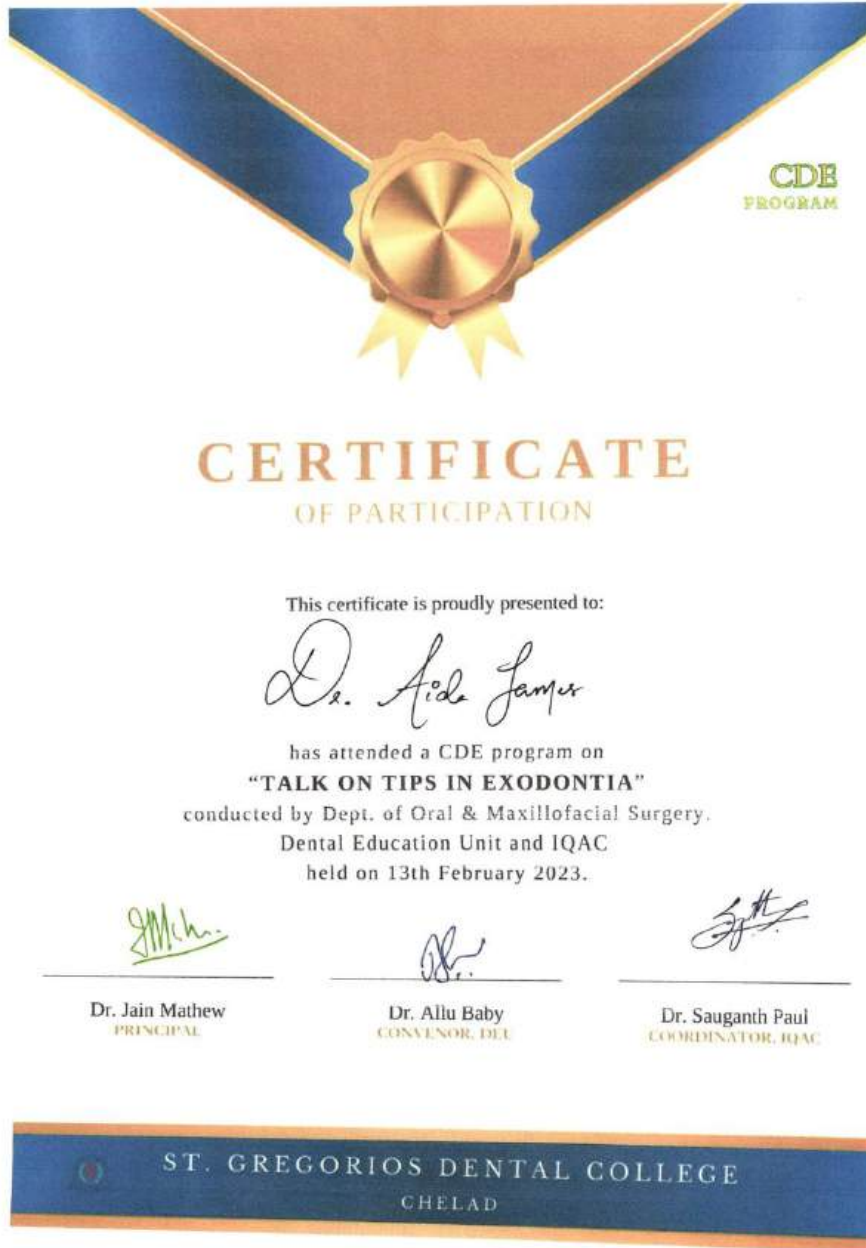




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This certificate is proudly presented to:

*Dr. Aida Janyer*

has attended a CDE program on  
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*JM Mathew*

Dr. Jain Mathew  
PRINCIPAL

*Dr. Allu Baby*

Dr. Allu Baby  
CONVENOR, DEU

*Dr. Sauganth Paul*

Dr. Sauganth Paul  
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This certificate is proudly presented to:

*Dr. Gopika P. Dinush*

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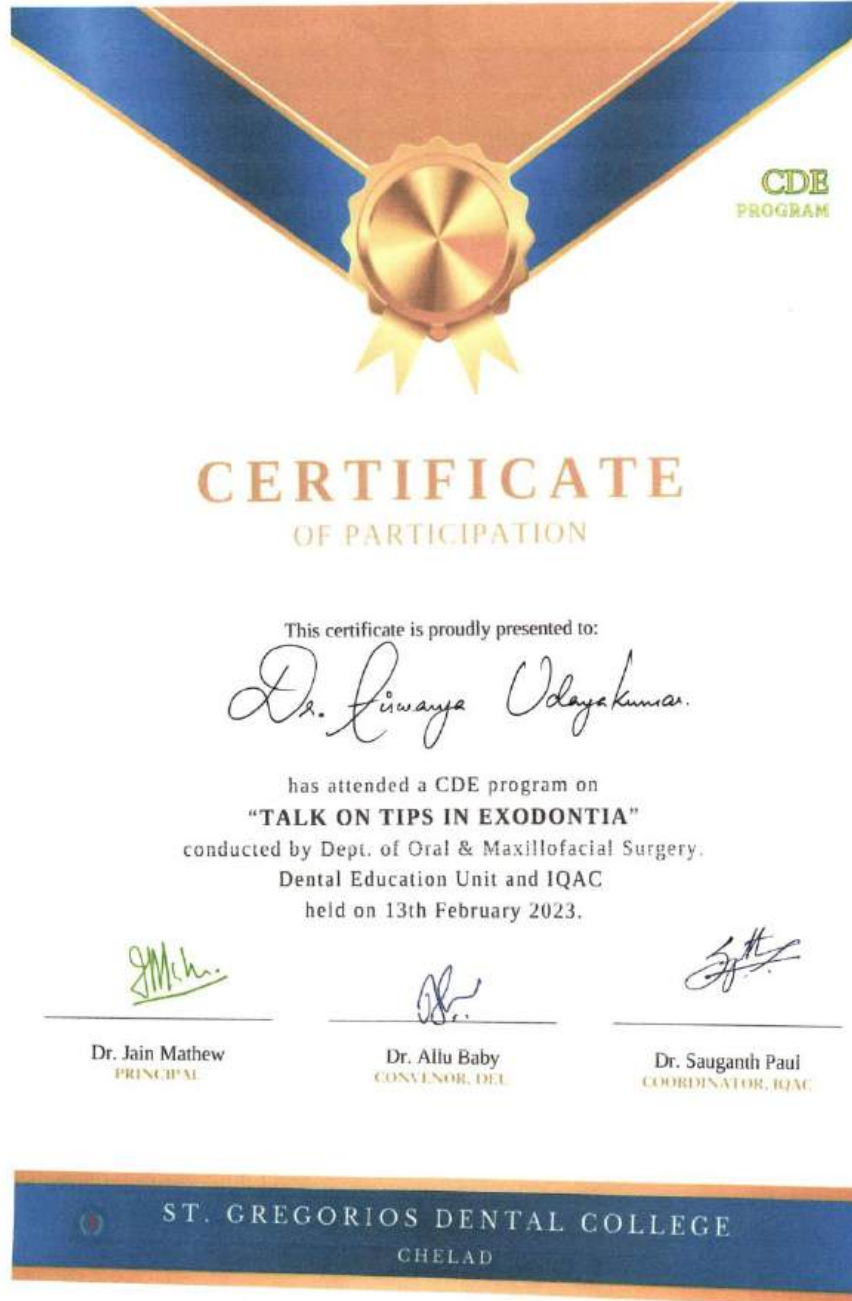
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This certificate is proudly presented to:

*Dr. Nija Mariam Joseph*

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This certificate is proudly presented to:

*Dr. Shikha B*

has attended a CDE program on  
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held on 13th February 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Alilu Baby  
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This certificate is proudly presented to:

*Dr. Dillykumari*

has attended a CDE program on  
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*Dr. Tintu Paul*

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This certificate is proudly presented to:

*Dr. Dhanya M*

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PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEL

Dr. Sauganth Paul  
COORDINATOR, IQAC

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This certificate is proudly presented to:

*Dr. Arya Arvind*

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This certificate is proudly presented to:

*Dr. Lisie P. Mathew.*

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This certificate is proudly presented to:

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## PHOTOGRAPH



Photos on talk on tips in exodontia



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## RECENT TRENDS IN ALL CERAMIC RESTORATION

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/005/2023

07.03.2023

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on the topic entitled Recent Trends In All Ceramic Restoration for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Department of Conservative Dentistry and Endodontics on the topic entitled 'Recent Trends In All Ceramic Restoration' on 09.03.2023 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Aksa Mariam Varghese.

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St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE

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# RECENT TRENDS

## IN ALL CERAMIC REATORATIONS

CDE PROGRAM FOR POST GRADUATES

RESOURCE PERSON  
**DR ROBIN THERUVIL**

ORGANIZED BY  
**DENTAL EDUCATION UNIT**  
DEPT. OF CONSERVATIVE & ENDODONTICS

**09** 2023  
**MARCH**  
TIME: 10.00 AM  
COLLEGE AUDITORIUM





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

On March 9, 2023, Dr. Robin Theruvil's Continuing Dental Education (CDE) programme on current trends in all-ceramic restorations provided insightful information on how restorative dentistry is changing. Through an examination of cutting-edge ceramic materials and inventive fabrication procedures, participants were led by Dr. Robin's experience to emphasise the uses of these materials in achieving both functional longevity and aesthetic quality in dental restorations. Participants learned a great deal about how to use intraoral scanners and CAD/CAM systems to improve precision, streamline operations, and integrate digital technologies into their practice. The programme demonstrated the adaptability of all-ceramic restorations in meeting various restorative and cosmetic dental demands through clinical case presentations, highlighting their significance in attaining better patient results. Overall, the CDE program served as a catalyst for enhancing participants' understanding of recent advancements in all-ceramic restorations, empowering them to deliver excellence in modern restorative dentistry practice.





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## CERTIFICATE



CDE  
PROGRAM

## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Gopika P. Dinesh*

has attended a CDE program on  
**"RECENT TRENDS IN ALL CERAMIC  
RESTORATIONS"**

conducted by Dept. of Conservative Dentistry & Endodontics,  
Dental Education Unit and IQAC  
held on 09th March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

ST. GREGORIOS DENTAL COLLEGE  
CHELAD



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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Anurag Mathil*

has attended a CDE program on  
**"RECENT TRENDS IN ALL CERAMIC  
RESTORATIONS"**

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held on 09th March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

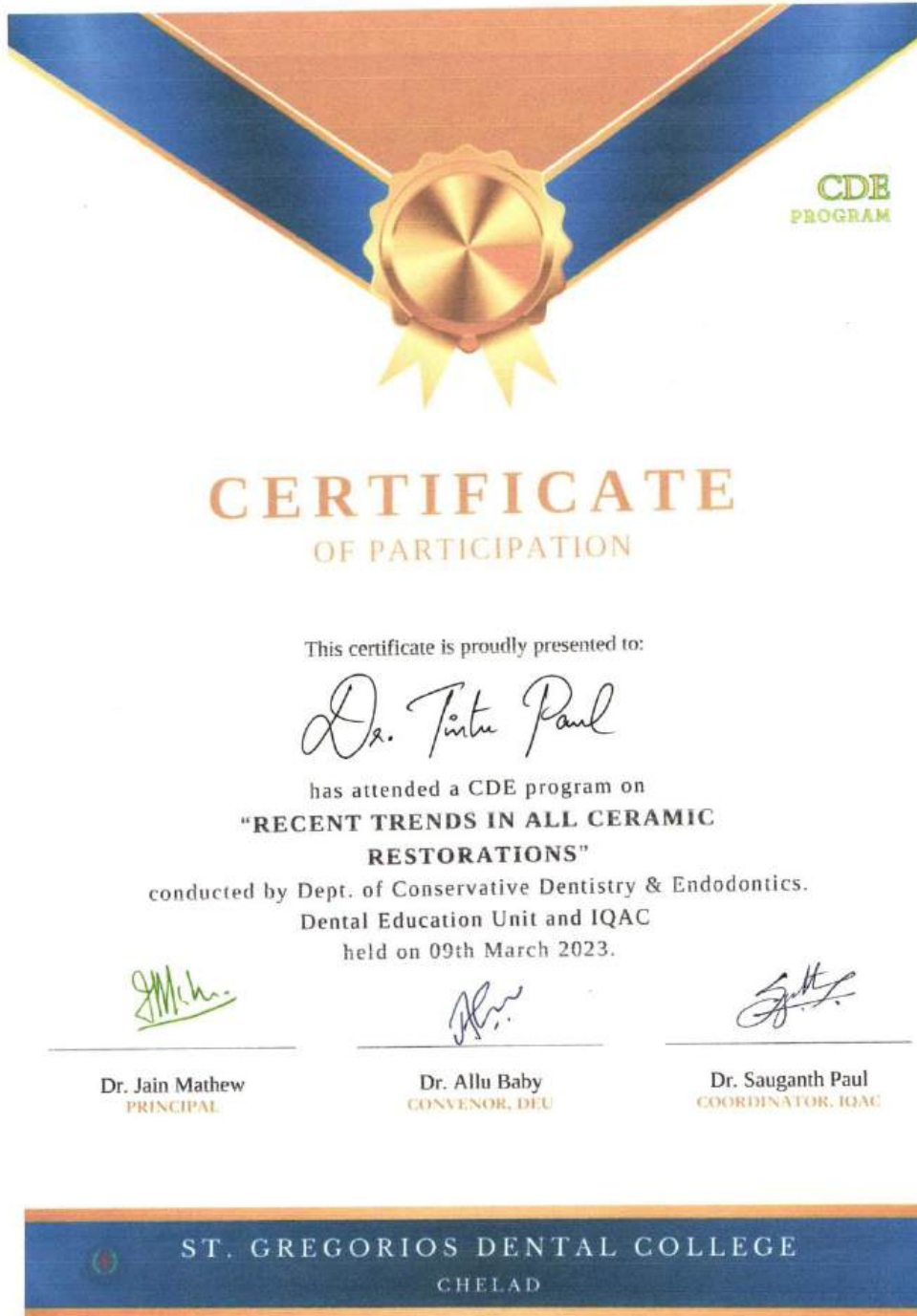




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*JMch.*  
Dr. Jain Mathew  
PRINCIPAL

*Abi*  
Dr. Allu Baby  
CONVENOR, DEU

*S.P.*  
Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Jasmin Cyoil*

has attended a CDE program on  
**"RECENT TRENDS IN ALL CERAMIC  
RESTORATIONS"**

conducted by Dept. of Conservative Dentistry & Endodontics.  
Dental Education Unit and IQAC  
held on 09th March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

ST. GREGORIOS DENTAL COLLEGE  
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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Anurag Odayakumar*

has attended a CDE program on  
**"RECENT TRENDS IN ALL CERAMIC  
RESTORATIONS"**

conducted by Dept. of Conservative Dentistry & Endodontics,  
Dental Education Unit and IQAC  
held on 09th March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Aya Francis*

has attended a CDE program on  
**"RECENT TRENDS IN ALL CERAMIC  
RESTORATIONS"**

conducted by Dept. of Conservative Dentistry & Endodontics,  
Dental Education Unit and IQAC  
held on 09th March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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## PHOTOGRAPHS



Photos on talk on recent trends in all ceramic restoration



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---

## PROTECT YOUR SMILE

**ST GREGORIOS DENTAL COLLEGE  
CHELAD KOTHAMANGALAM**

SGDC/CDE/006/2023

18.03.2023

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Protect Your Smile' for postgraduate students and staff.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students and staff is being organised by the Department of Periodontics on the topic entitled 'Protect Your Smile' on 20.03.2023 at the college auditorium.

For further reference, reach out to Dr. Annie V Issac



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St. Gregorios Dental College  
Chelad, Kerala - 686 681





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## BROCHURE

ST GREGORIOUS DENTAL COLLEGE  
CHELAD

*cde program on*  
**Protect Your  
Smile**

for post graduates and faculties

RESOURCE PERSON  
**DR ANILA**

**DATE: 20.03.2023**

**TIME : 10.00 AM  
COLLEGE AUDITORIUM**

DENTAL EDUCATION UNIT  
DEPT. OF PERIODONTICS & IMPLANTOLOGY



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---

## **POST EVENT REPORT**

Organised by the Department of Periodontics, the "Protect Your Smile" Continuing Dental Education programme was a great success, bringing together dental professionals from different backgrounds for a valuable learning opportunity. The programme skillfully covered crucial subjects in periodontics, promoting a dynamic interchange of knowledge and skills. It featured incisive lectures, interactive workshops, and fascinating case discussions by Dr. Anila S. A collaborative environment, knowledgeable professors, and practical relevance were highly praised by participants, who also noted the program's significance in developing their professional networks and refining their clinical abilities. Although it was well accepted generally, recommendations for improvements for the future included adding more complex subjects and lengthening the time of the practical workshops. Without a doubt, the occasion demonstrated the department's dedication to boosting dental education.





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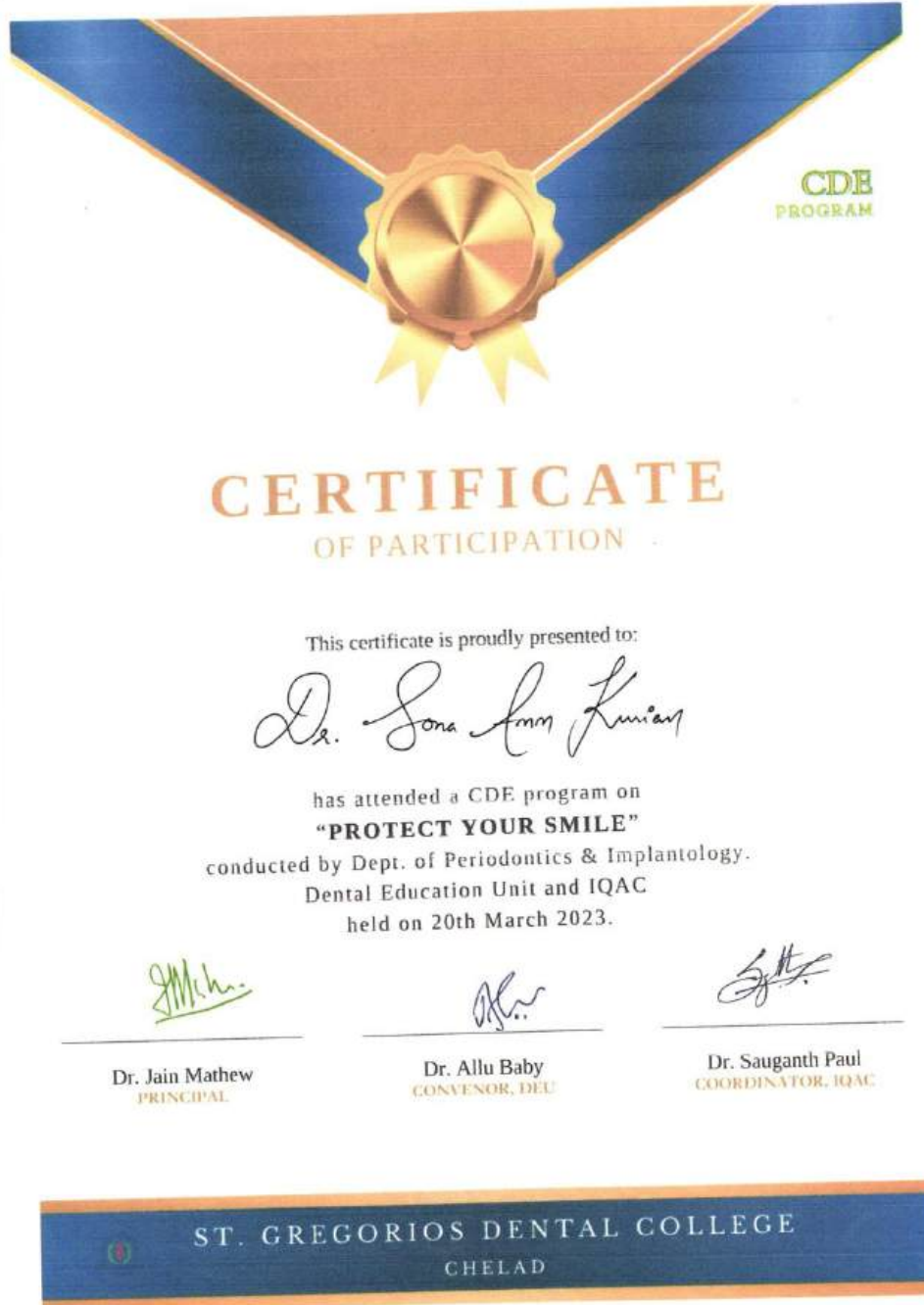




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Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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CDE  
PROGRAM

## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Nija Marin Joseph*

has attended a CDE program on  
**"PROTECT YOUR SMILE"**  
conducted by Dept. of Periodontics & Implantology,  
Dental Education Unit and IQAC  
held on 20th March 2023.

*JMch.*

Dr. Jain Mathew  
PRINCIPAL

*AB*

Dr. Allu Baby  
CONVENOR, DEU

*SP*

Dr. Sauganth Paul  
COORDINATOR, IQAC

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CDE  
PROGRAM

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*Dr. Jimmy George*

has attended a CDE program on  
**"PROTECT YOUR SMILE"**  
conducted by Dept. of Periodontics & Implantology.  
Dental Education Unit and IQAC  
held on 20th March 2023.

*JMch.*

Dr. Jain Mathew  
PRINCIPAL

*Alu*

Dr. Allu Baby  
CONVENOR, DEU

*S.P.*

Dr. Sauganth Paul  
COORDINATOR, IQAC

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This certificate is proudly presented to:

*Dr. Vidhya S. L*

has attended a CDE program on  
**"PROTECT YOUR SMILE"**  
conducted by Dept. of Periodontics & Implantology,  
Dental Education Unit and IQAC  
held on 20th March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

ST. GREGORIOS DENTAL COLLEGE  
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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Anuja Aravind*

has attended a CDE program on  
**"PROTECT YOUR SMILE"**  
conducted by Dept. of Periodontics & Implantology,  
Dental Education Unit and IQAC  
held on 20th March 2023.

*JM*

Dr. Jain Mathew  
PRINCIPAL

*AB*

Dr. Allu Baby  
CONVENOR, DEU

*SP*

Dr. Sauganth Paul  
COORDINATOR, IQAC

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Sajin S*

has attended a CDE program on  
**"PROTECT YOUR SMILE"**  
conducted by Dept. of Periodontics & Implantology,  
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held on 20th March 2023.

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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*JM*

Dr. Jain Mathew  
PRINCIPAL

*AB*

Dr. Allu Baby  
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CDE  
PROGRAM

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*Dr. Sreenath UP*

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PRINCIPAL

Dr. Allu Baby  
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---

## PHOTOGRAPH



Talk on protect your smile



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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---

## EMPLOYABILITY SKILL DEVELOPMENT



# ST. GREGORIOS DENTAL COLLEGE

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## IMPORTANCE OF RADIOLOGY IN DENTISTRY

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/007/2022

05.11.2022

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on the topic entitled 'Importance Of Radiology In Dentistry' for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Department of Oral Medicine and Radiology on the topic entitled 'Importance Of Radiology In Dentistry' on 08.11.2022 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Ancy Kuriakose.

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Chelad, Kerala - 686 681

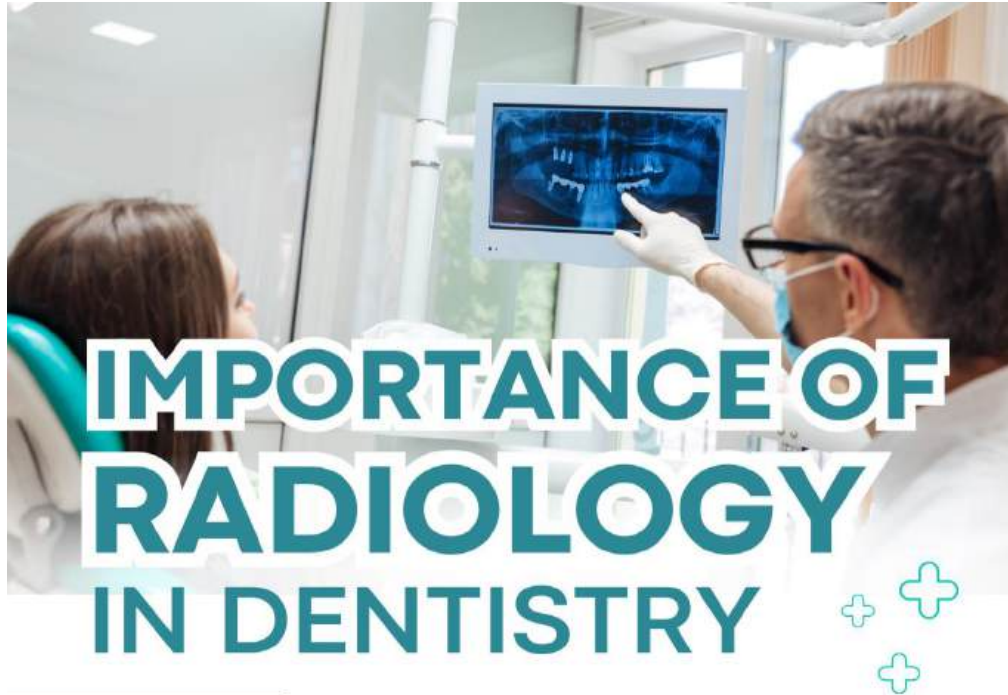




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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE



CDE PROGRAM FOR FACULTIES AND  
POSTGRADUATES

● 08 2022  
● NOVEMBER  
● TIME : 10.00 AM  
COLLEGE AUDITORIUM

  
RESOURCE PERSON  
DR. BILAHARI N

ORGANIZED BY

  
DEPT. OF ORAL MEDICINE & RADIOLOGY  
DENTAL EDUCATION UNIT  
ST GREGORIOUS DENTAL COLLEGE CHELAD



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## **POST EVENT REPORT**

Conducted by Dr. Bilahari N., the Continuing Dental Education (CDE) session took a deep dive into the importance of radiography in dentistry on November 8, 2022. Staff members and postgraduate students alike attended this session, which offered a thorough examination of the crucial role that radiology plays in all facets of dentistry practice. The lecture shed light on the vital role that radiographic methods play in exact diagnosis, well-thought-out treatment planning, and top-notch patient care. Participants received important insights into the most recent developments and best practices in dental radiology through a series of thought-provoking case studies, innovative procedures, and informative conversations. Along with improving participants' comprehension of radiology's important nature, the program gave them the know-how and abilities to apply cutting-edge radiographic techniques in their clinical settings. This CDE curriculum helped dental professionals become more clinically astute, improve patient care standards, and provide better treatment outcomes by highlighting the critical role of radiography.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: IMPORTANCE OF RADIOLOGY IN DENTISTRY.

Date - 8/11/22.

Sl no.	Name of participant	Signature
2	Dr. Jimmy George K.	[Signature]
2	Dr. Sreenath (UP)	[Signature]
3	Dr. Jayin Subramanian	[Signature]
4	Dr. Sostin S	[Signature]
5	Dr. Niji Mariam Joseph	[Signature]
6	Dr. Liji P Mathew	[Signature]
7	Dr. Prishah Joseph	[Signature]
8	Dr. Subhanya Chandrakumar	[Signature]
9	Dr. Vidyesh S	[Signature]
10	Dr. Hany K. K.	[Signature]
11	Dr. James James Puthan Perumal	[Signature]
12	Dr. Vethya K.	[Signature]
13	Dr. Anu James	[Signature]
14	Dr. DHANYA M	[Signature]
15	Dr. Anu Anand	[Signature]
16	Dr. Hinde Paul	[Signature]
17	Dr. Sonna Anu Kuria	[Signature]
18	Dr. Bipika P. Dinesth	[Signature]
19	Dr. Anu Macys Sunny	[Signature]
20	Dr. SHIKHA B	[Signature]
21	Dr. Jasmira Jayal	[Signature]
22	Dr. Sunil Shreejith	[Signature]
23	Dr. Malal Joseph Puthankulangara	[Signature]

PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATE







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Dr. Allu Baby  
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COORDINATOR, IQAC

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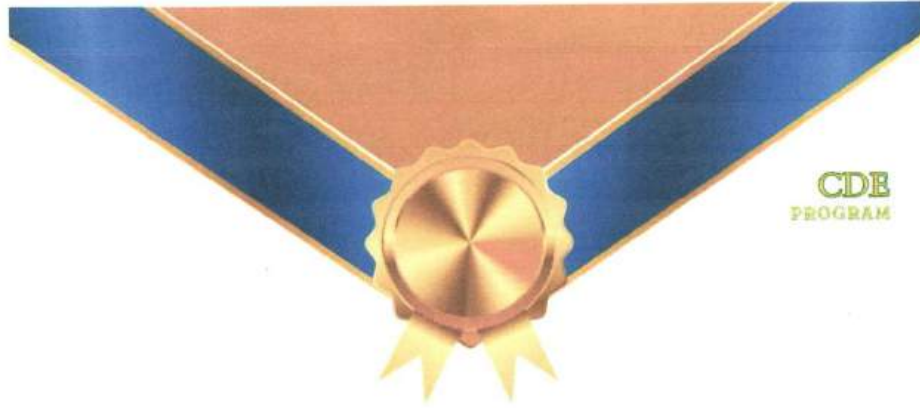
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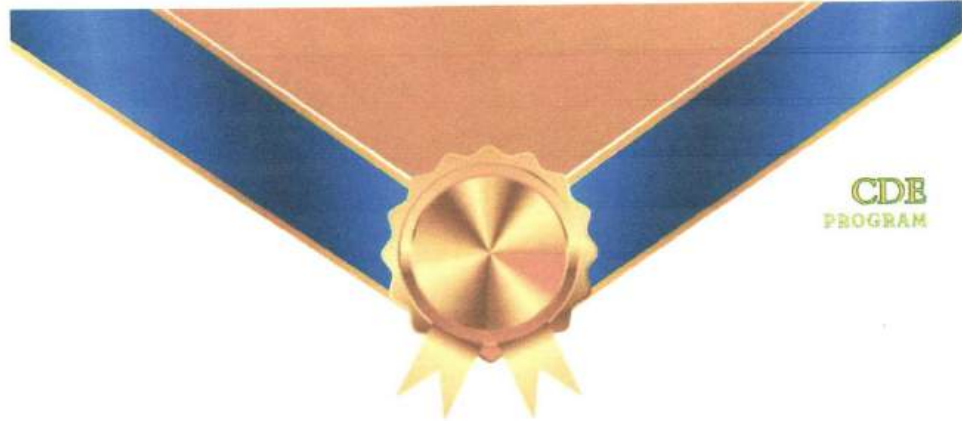




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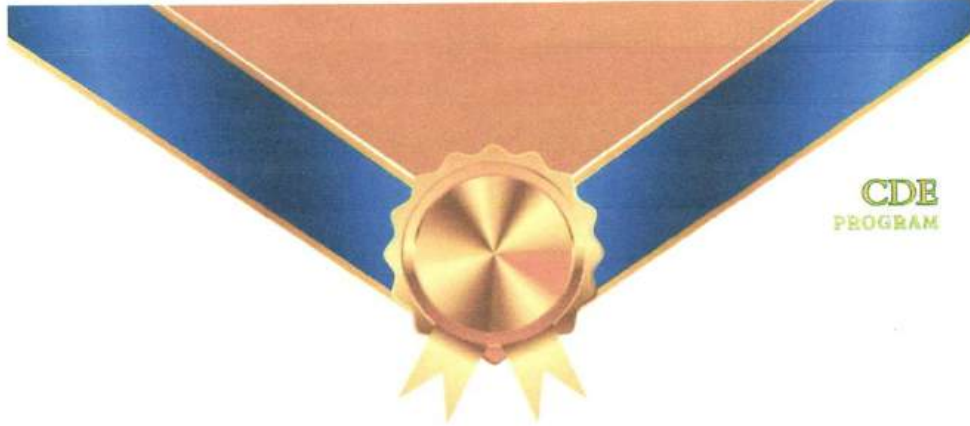
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## PHOTOGRAPHS



Photos of talk on importance of radiology in dentistry



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---

## CHALLENGING CASE SCENARIOS ON PEDIATRIC ORAL PATHOLOGY



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/002/2023

20.02.2023

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on the topic entitled 'Challenging Case Scenarios On Pediatric Oral Pathology' for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Department of Oral Pathology on the topic entitled 'Challenging Case Scenarios On Pediatric Oral Pathology' on 22.02.23 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Merlyn Rajan.



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## BROCHURE

  
ST. GREGORIOS  
DENTAL COLLEGE  
CHELAD

*Challenging case scenarios*  
In  
**Pediatric Oral  
Pathology**

DATE  
**22 FEB 2023**

RESOURCE PERSON  
**DR PRATHIBA RAMONI**

**CDE PROGRAM  
FOR POST GRADUATES**

**ORGANIZED BY**  
DEPT. OF ORAL PATHOLOGY  
DENTAL EDUCATION UNIT

TIME  
10.00 AM

VENUE  
College Auditorium



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## **POST EVENT REPORT**

The Continuing Dental Education (CDE) program held on February 22nd, 2023, titled "Challenging Case Scenarios on Pediatric Oral Pathology" and led by Dr. Prathiba Ramoni, provided a valuable platform for both staff and postgraduate students to delve into complex diagnostic and management issues in pediatric oral pathology. Dr. Ramoni, a renowned expert in the field, facilitated interactive discussions and case presentations covering a spectrum of challenging scenarios, including developmental anomalies, tumors, and cysts. Through a multidisciplinary approach, participants gained practical insights into the diagnostic process, including history taking, clinical examination, and ancillary investigations such as radiographic interpretation and histopathological analysis. Furthermore, the program emphasized patient-centered treatment strategies, fostering a holistic approach to pediatric oral pathology management. Feedback from attendees highlighted the program's effectiveness in enhancing diagnostic skills and providing practical solutions for challenging cases, underscoring its value in advancing clinical proficiency and patient care in pediatric dentistry.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Challenging Case scenarios in Pediatric oral  
Pathology  
Date - 22/2/23

Sl no.	Name of participant	Signature
1	Dr. Jimmy George K	[Signature]
2	Dr. JINSON JAMES	[Signature]
3	Dr. Lily J Mathew.	[Signature]
4	Dr. B Sona Anns Kumen	[Signature]
5	Dr. Anwaraya Mattil	[Signature]
6	Dr. Divya Subramanian	[Signature]
7	Dr. Anaya Anand.	[Signature]
8	Dr. Tintu Paul	[Signature]
9	Dr. Nisha C. Joseph	[Signature]
10	Dr. Abid Joseph	[Signature]
11	Dr. Dhanya M	[Signature]
12	Dr. Aida James	[Signature]
13	Dr. Sunil Sivaraya	[Signature]
14	Dr. VIDHYA K	[Signature]
15	Dr. Anomay Sunny	[Signature]
16	Dr. Parthykumari K.K.	[Signature]
17	Dr. Nilya Mariam Joseph	[Signature]
18	Dr. Gopika P Dinzeesh.	[Signature]
19	Dr. Sneha U. P	[Signature]
20	Dr. Shikha P	[Signature]
21	Dr. Anusaya Udayakumar	[Signature]
22	Dr. Tasmia Cynl.	[Signature]
23	Dr. Sajin S.	[Signature]
24	Dr. Vidya S.L	[Signature]

[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU Convenor	DEU Secretary





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has attended a CDE program on  
"CHALLENGING CASE SCENARIOS ON  
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held on 22nd February 2023.

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PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC

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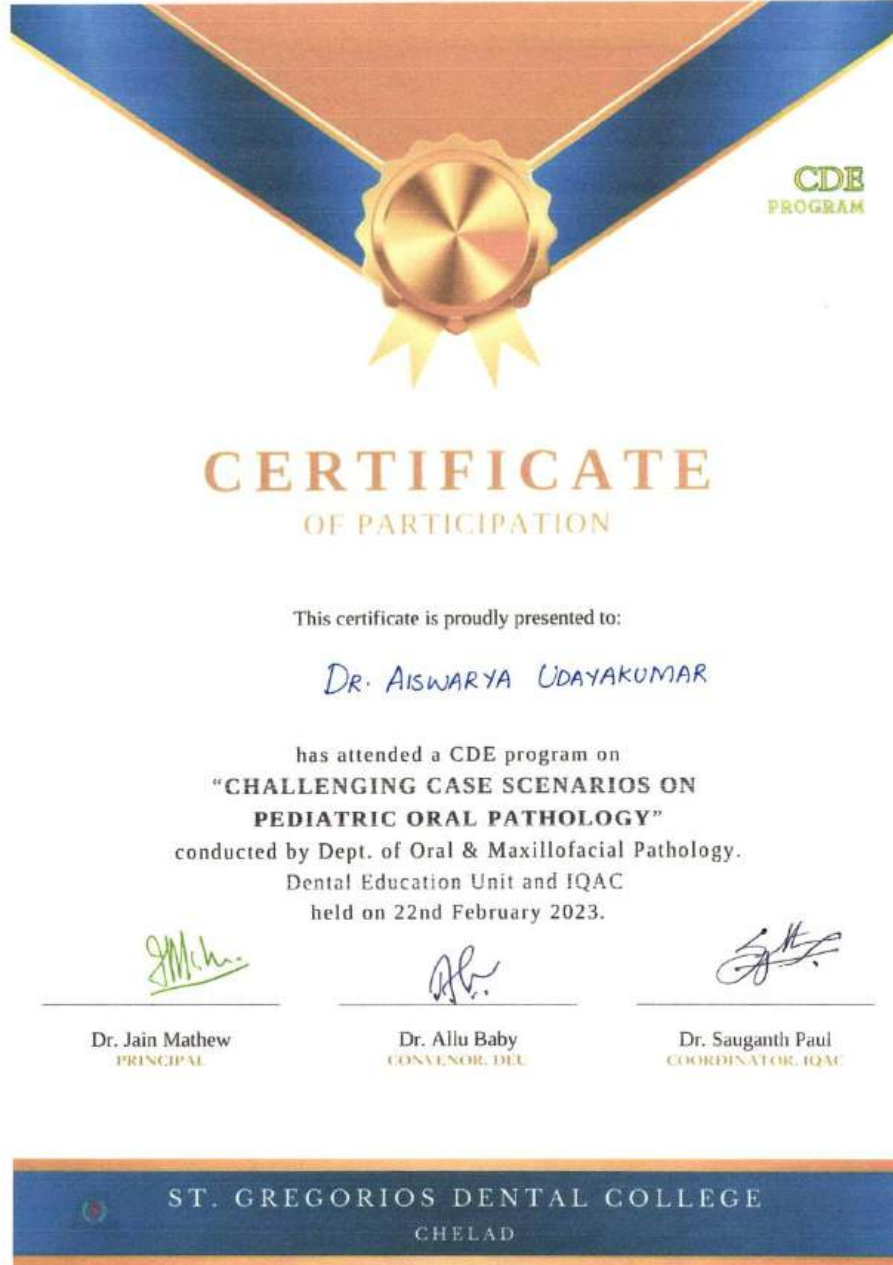




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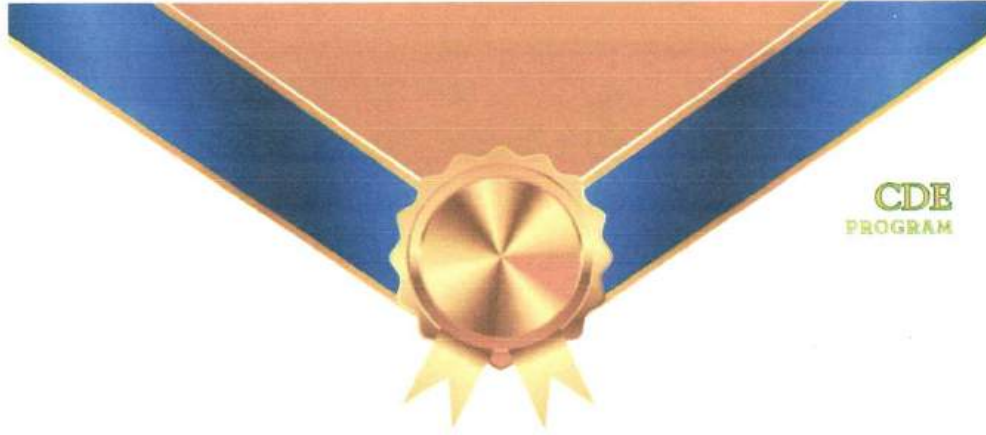
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CDE  
PROGRAM

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*DR. DIVYA SUBRAMANNIAN*

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## PHOTOGRAPHS



Talk on challenging case scenerios in pediatric dentistry





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---

## CBCT- ORIENTATION PROGRAM

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/003/2023

21.02.2023

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on the topic entitled CBCT- Orientation Program for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Department of Oral Medicine and Radiology on the topic entitled 'CBCT- Orientation Program' on 23.02.2023 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Ancy Kuriakose.



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## BROCHURE

CDE PROGRAM FOR PG'S

# CBCT Orientation

Organized by Dept. of Oral Medicine & Radiology  
In association with Dental Education Unit



RESOURCE PERSON  
**DR BILAHARI N**

VENUE  
**College Auditorium**

DATE  
**23 FEBRUARY 2023**

TIME  
**10.00 AM**



### **ORGANIZED BY**

DEPT. OF ORAL MEDICINE & RADIOLOGY  
DENTAL EDUCATION UNIT  
ST GREGORIOUS DENTAL COLLEGE  
CHELAD



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---

## **POST EVENT REPORT**

Dr. Bilahari N.'s CBCT Orientation programme, offered as part of Continuing Dental Education (CDE) on February 23, 2023, was a key opportunity for staff and postgraduate students who wanted to take benefit of Cone Beam Computed Tomography (CBCT) technology in dental care. Through a thorough explanation of CBCT concepts, applications, and interpretation procedures, participants were led by Dr. Bilahari's expertise. The clinical utility of CBCT in several dental specialties, such as implantology, endodontics, orthodontics, and maxillofacial surgery, was better understood by attendees. The trainees gained actual proficiency in using this sophisticated imaging modality by honing their skills in CBCT picture editing and interpretation through hands-on demonstrations. In addition to increasing participants' understanding, the programme emphasised how crucial it is to follow radiation safety guidelines and take ethical concerns into account when doing CBCT imaging. All things considered, the CDE programme gave participants insightful knowledge and practical skills for successfully incorporating CBCT technology into their clinical practices, raising the bar for patient care and diagnostic accuracy.





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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCROZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: CBT ORIENTATION PROGRAM

23/2/23.

Sl no.	Name of participant	Signature
1.	Dr. Sreenath UP	
2.	Dr. Pinson James	
3.	Dr. Saurin S.	
4.	Dr. Jimmy George	
5.	Dr. Vicky K.	
6.	Dr. Leslie P. Matthew	
7.	Dr. Anja Aravind	
8.	Dr. Nisha C Joseph	
9.	Dr. Gamin Cyril	
10.	Dr. Ann. Maria Sunny	
11.	Dr. Vichya B.	
12.	Dr. Niga Maria Joseph	
13.	Dr. Divya Subramanian.	
14.	Dr. Abhinaya Udayakumar	
15.	Dr. Michael Joseph	
16.	Dr. Aida James	
17.	Dr. Dithyakumari K K	
18.	Dr. Tenta Paul	
19.	Dr. Shikha B.	
20.	Dr. Aishwarya S.	
21.	Dr. Gopika P. Dinsh	
22.	Dr. SUNIL SKARIYA	
23.	Dr. Dhanya M.	
24.	Aishwarya Ulatteil	
25.	Dr. Soma Ann Skurda.	

PRINCIPAL	DEU Convener	DEU Secretary



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## CERTIFICATE



## CERTIFICATE OF PARTICIPATION

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## CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to:

*Dr. Sarjin S.*

has attended a CDE program on  
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held on 23rd February 2023.

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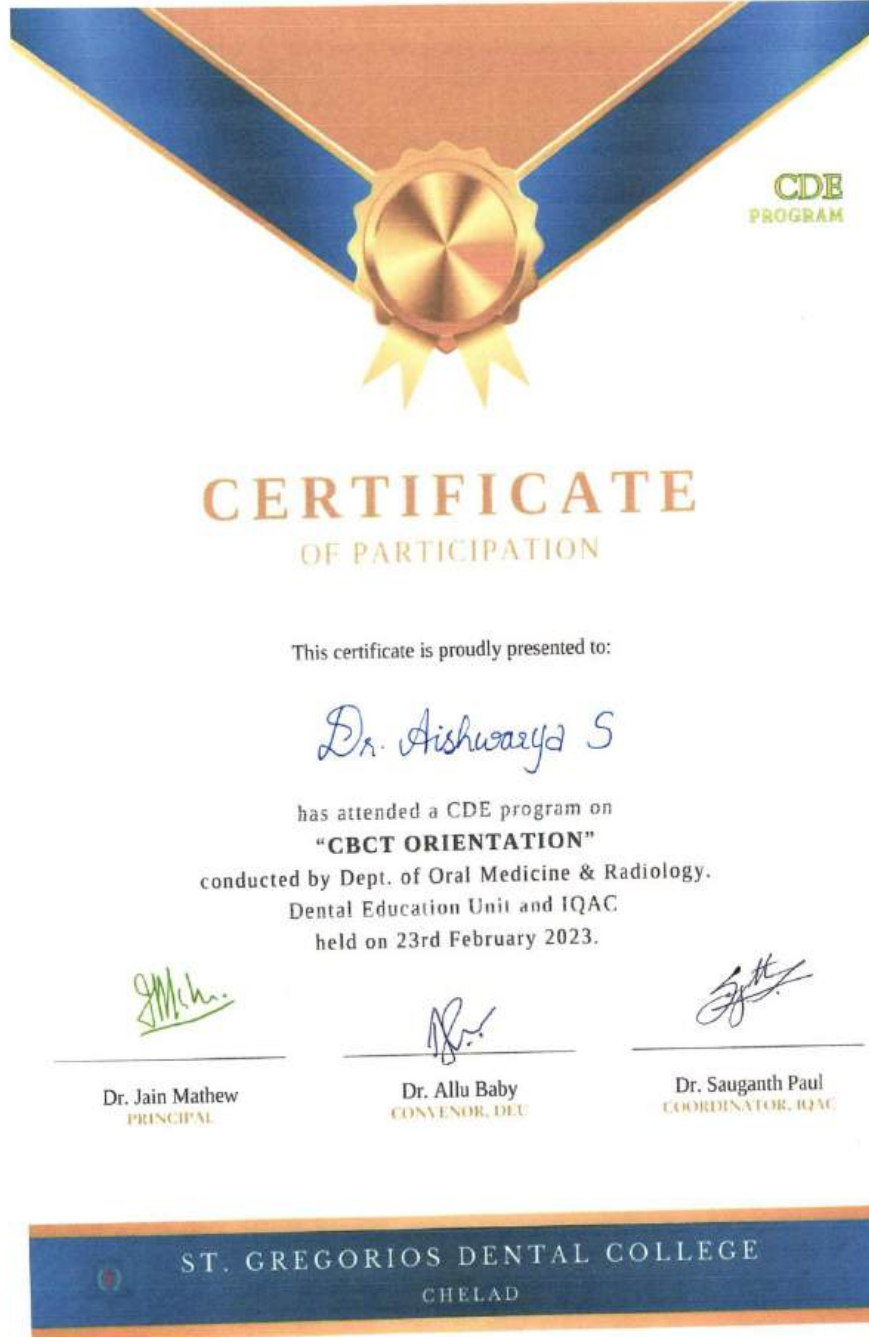




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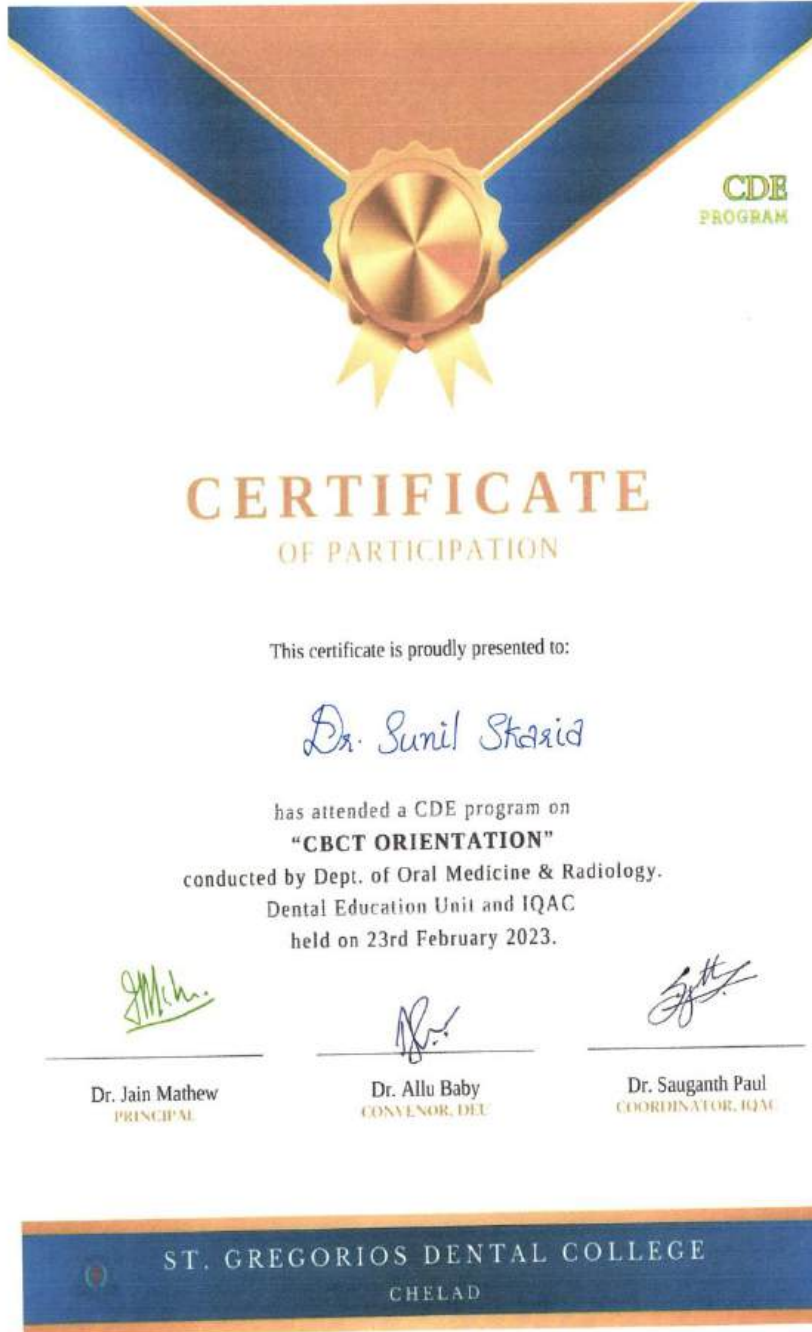
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## PHOTOGRAPHS



Photos of talk on CBCT orientation



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## ETHICS IN DENTAL PRACTICE



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/008/2023

01.05.2023

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Ethics In Dental Practice'.

This is to inform you that a Continuous Dental Education program (CDE) for 1- year postgraduate students and faculty members is being organised by the Department of Orthodontics and Dentofacial Orthopaedics on the topic entitled 'Ethics In Dental Practice' on 03.05.2023 from 10.00am to 11.00am at the college auditorium. Interested students are also invited.

For further reference, reach out to Dr. Tony Michael

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## BROCHURE

**ETHICS IN  
DENTAL PRACTICE**

CDE PROGRAM FOR 1ST YEAR PG'S

 **ST. GREGORIOS DENTAL COLLEGE**  
Dept. of Orthodontics & Dentofacial Orthopedics  
in association  
Internal Quality Assurance Cell

  
**RESOURCE PERSON**  
**DR BINNOY KURIAN**

DATE  
**03 MAY 2023**

TIME: 10.00 AM  
VENUE: COLLEGE AUDITORIUM



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## **POST EVENT REPORT**

A CDE programme called Ethics in Dental Practice took place on June 6, 2023, at St. Gregorios Dental College. The program's objective was to examine moral conundrums and difficulties from the viewpoint of new postgraduate students that dentists encounter on a daily basis in their practice. The seminar's goal was to encourage practitioners to have cross-border ethical conversations by using case studies. Participants were able to exchange best practices as a result. Dr. Binnoy Kurian, a well-known orthodontist from Kochi, is the head of the department of orthodontics and dentofacial orthopaedics. He talked on how morality might be applied to dentistry using the four moral principles of beneficence, non-maleficence, fairness, and patient autonomy.

Furthermore, he noted that this seminar featured recommendations on how to address some of the more challenging dental ethics issues, such informed consent, in addition to offering deep insights into challenging subjects. He went into considerable depth about the potential legal ramifications for breaking ethical rules as a dentist. He accomplished this by examining pertinent legal frameworks and actual cases of what occurs to businesspeople—or perhaps I should say, "professionals"—who engage in unethical behaviour. In other parts of the curriculum, students would conduct group discussions using hypothetical situations in which they might play dentists and offer peer-to-peer mentorship while figuring out how to resolve such moral quandaries





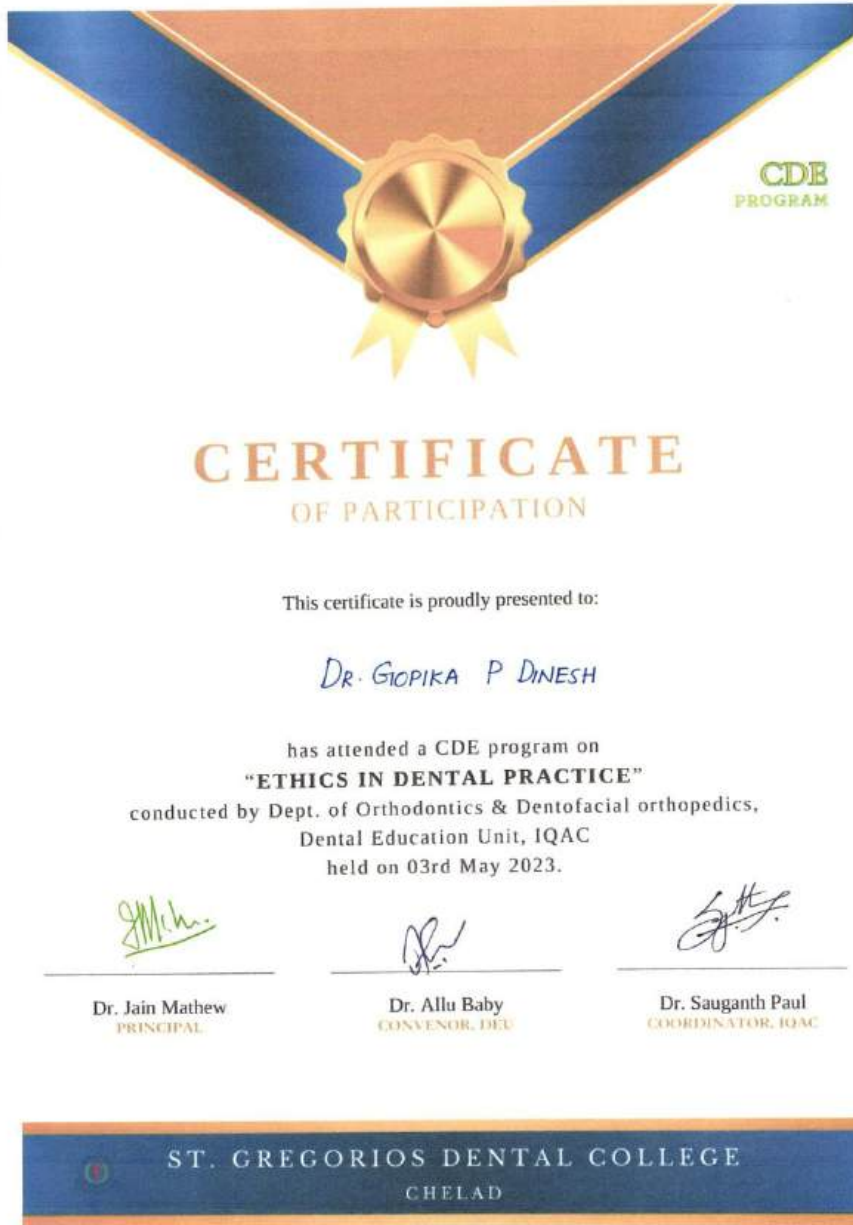


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## CERTIFICATE



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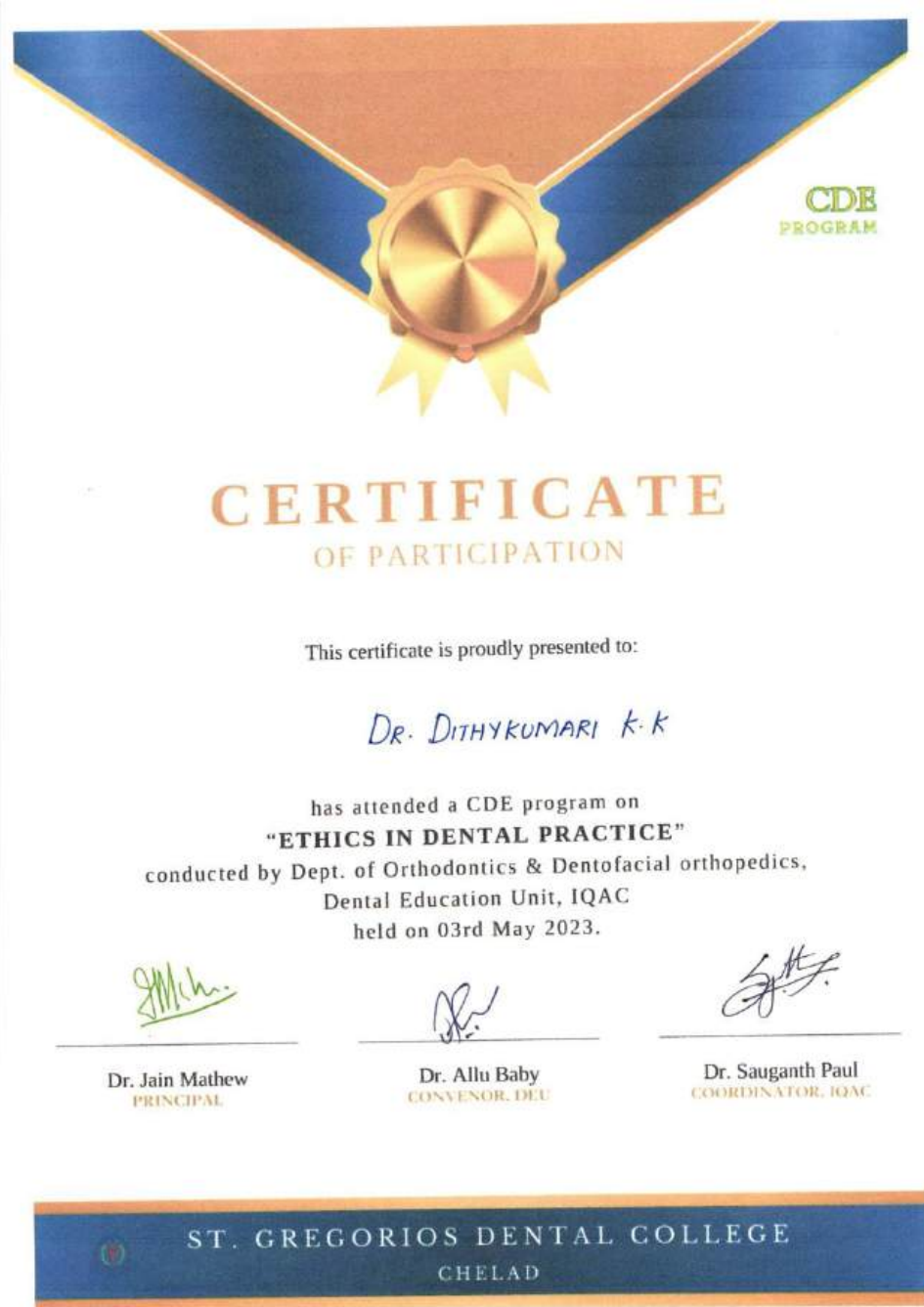




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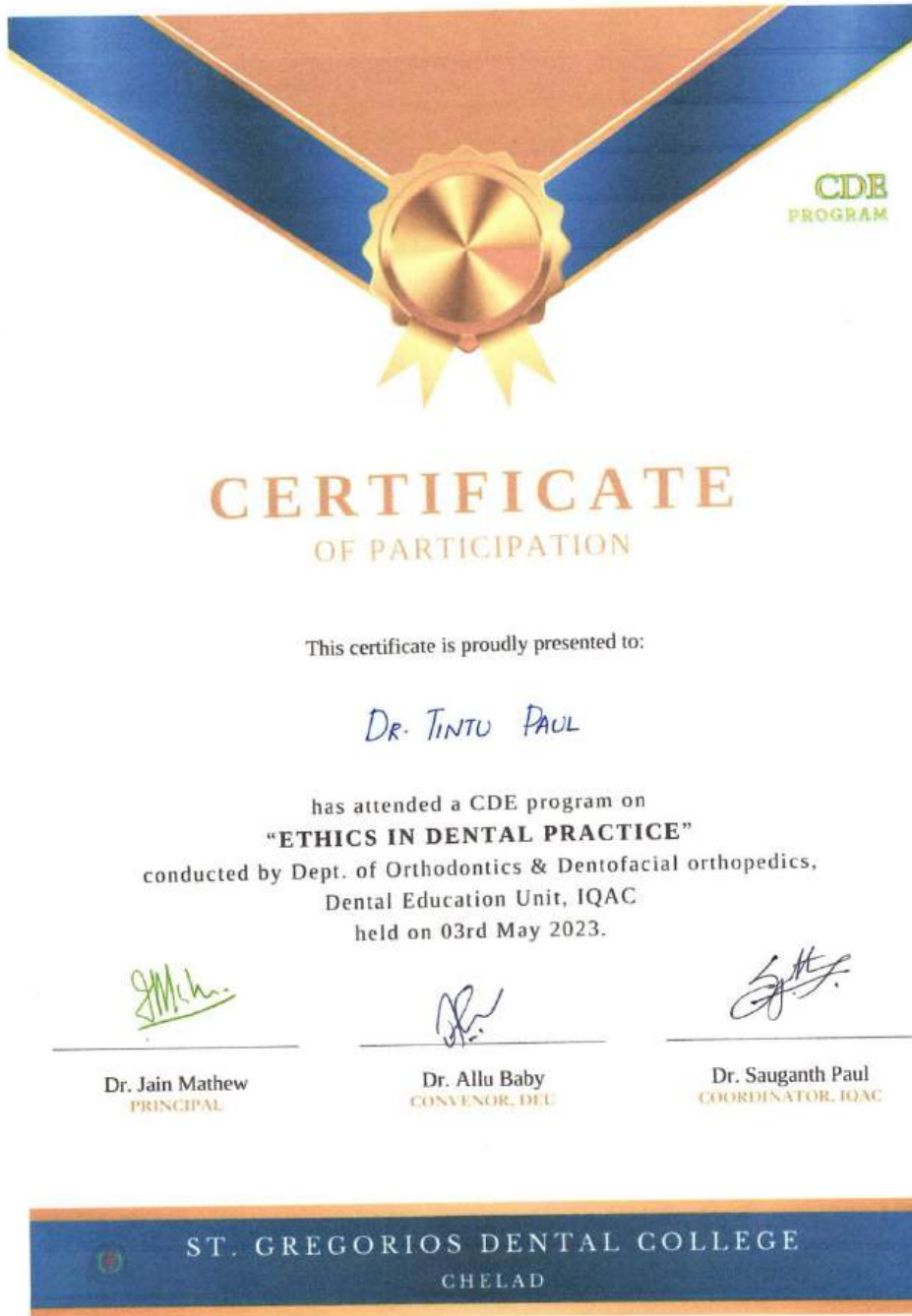




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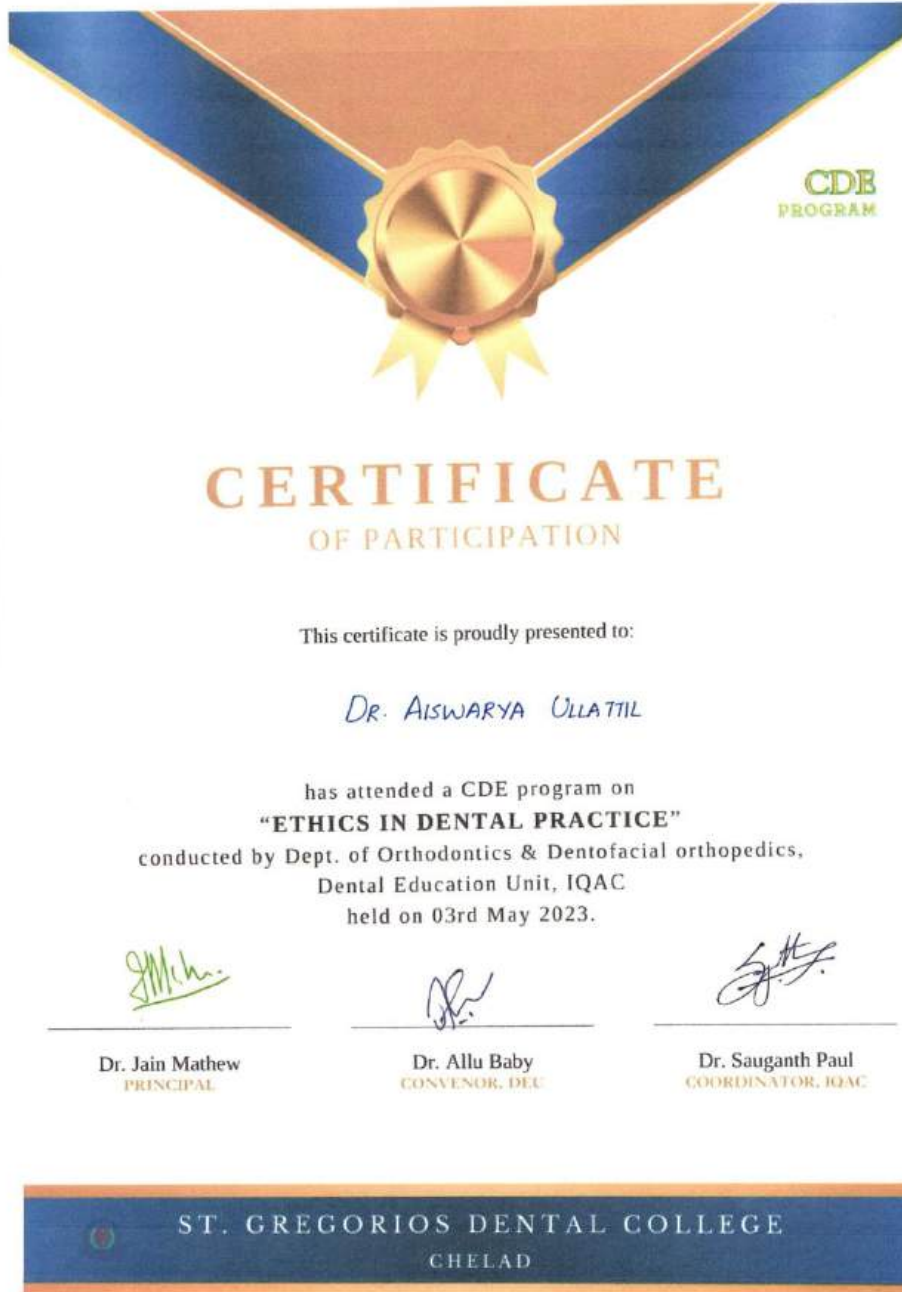
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## PHOTOGRAPHS



Photos of talk on ethical practice



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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**ACADEMIC YEAR 2021-2022**



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
 (AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## SOFT SKILL DEVELOPMENT





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## BASIC COMPUTER COURSE

**ST GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/008/2022.

24.5.2022

**CIRCULAR**

Subject: Basic Computer Course

Dental Education Unit, St. Gregorios Dental College is organizing an Orientation Program for post graduates on 26.5.2022 to 27.5.2022 at in college auditorium  
For further reference reach out to Dr. Allu Baby.

  
**PRINCIPAL**

St. Gregorios Dental College  
Chelad, Kerala - 686 681

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BROCHURE

## BASIC COMPUTER COURSE

VALUE ADDED PROGRAM FOR POST GRADUATES



DENTAL EDUCATION UNIT | INTERNAL QUALITY ASSURANCE CELL



8:00am - 2:00pm  
26 - 27 MAY, 2022



Location  
LIBRARY HALL | COLLEGE AUDITORIUM

ST. GREGORIOS DENTAL COLLEGE  
Chelad





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## **POST-EVENT REPORT**

**Date:** 26.05.2022-27.05.2022

**Location:** St. Gregorios Dental College, Auditorium

### **Training Methodology:**

Basic Computer Skills Course training used a combination of lecture and interactive discussion. The basics of the computer were introduced through stimulating presentations and demonstrations. Interactive discussion facilitated learning through the sharing of knowledge and allowed participants the chance to ask questions and clarify concepts. Group activities and peer-to-peer learning were encouraged to develop collaboration and teamwork. Overall, the training methodology was planned to make sure it engages participants and provides a conducive environment for learning and skill development in basic computer usage. Hands on was held at the internet centre.

### **Key Highlights:**

Key highlights of the Basic Computer Skills Course included engaging lectures on computer fundamentals, interactive discussions on internet safety and cybersecurity, and participant feedback sessions for continuous improvement. The course proved to be effective in building a collaborative learning environment in which participants could acquire vital computer skills in a supportive setting.

### **Conclusion:**

The Basic Computer Skills Course provided an opportunity for the participants to acquire the most basic knowledge of computers. The course had some challenges, but it still went very well and addressed the basic course objectives..







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## PHOTOGRAPHS



Photo of basic computer course



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## MELODIOUS NOTES



**ST GREGORIOS DENTAL COLLEGE  
CHELAD KOTHAMANGALAM**

SGDC/VAL/009/2022

27.05.2022

**CIRCULAR**

Subject: Melodious Notes – program for first years.

Music Club, St. Gregorios Dental College is organizing an program entitled "Melodios Notes"  
for BDS first year students on 30.05.2022 to 31.05.2022 in college auditorium

For further reference reach out to Mrs. Nima M Kalappura



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21. 01. 24

## Melodious Notes

DATE: 30.05.2022-31.05.2022

TIME: 8AM -4PM





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## **POST-EVENT REPORT: MELODIOUS NOTES**

Date: 30.05.2022 to 31.05.2022

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

The course's instructional approach comprised group projects, interactive lectures, and demonstrations. Theoretical education was used to expose students to music concepts, and then there were opportunities for debate and reflection. Instructor feedback was given to help pupils understand and advance. The goal of this strategy was to increase participant involvement and comprehension.

### Key Highlights:

Engaging lectures that provide a thorough introduction of music theory, instrumental techniques, and performing skills were among the course's main features. Students were able to practically apply their academic understanding through interactive demonstrations. Peer engagement was promoted and collaborative learning was enabled through group activities and conversations. Throughout the course, instructor feedback ensured that students understood and made progress. It was a valuable source of direction and support. All things considered, the course successfully blended academic education with real-world application, fostering a dynamic learning environment that encouraged participants' interest and skill development.

### Conclusion:

In summary, the course's goals of giving students a strong foundation in music theory and performance techniques were accomplished. Participants obtained useful knowledge and self-assurance in their musical abilities through interesting lectures, hands-on demonstrations, and group activities. With the help of the course's encouraging atmosphere and skill-building opportunities, students left feeling prepared and enthusiastic to pursue their musical endeavours further.



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## ATTENDANCE



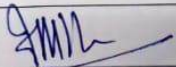

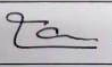
### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: *Melodious notes*

Sl no.	Name of participant	30/8/2022 Day 1	31/08/2022 Day 2
1	Abhinaya	<i>Abhinaya</i>	<i>Abhinaya</i>
2	Anjitha	<i>Anjitha</i>	<i>Anjitha</i>
3	Ahsana	<i>Ahsana</i>	<i>Ahsana</i>
4	Asha	<i>Asha</i>	<i>Asha</i>
5	Aswani	<i>Aswani</i>	<i>Aswani</i>
6	Swathi	<i>Swathi</i>	<i>Swathi</i>
7	Annet R J	<i>Annet R J</i>	<i>Annet R J</i>
8	Anil Suresh	<i>Anil Suresh</i>	<i>Anil Suresh</i>
9	Aleena	<i>Aleena</i>	<i>Aleena</i>
10	Aneena	<i>Aneena</i>	<i>Aneena</i>
11	Ancha	<i>Ancha</i>	<i>Ancha</i>
12	Snigdha	<i>Snigdha</i>	<i>Snigdha</i>
13	Sandra Susan	<i>Sandra Susan</i>	<i>Sandra Susan</i>
14	Sandra Mariam	<i>Sandra Mariam</i>	<i>Sandra Mariam</i>
15	Sujeebu	<i>Sujeebu</i>	<i>Sujeebu</i>
16	Purhane	<i>Purhane</i>	<i>Purhane</i>
17	Rishi	<i>Rishi</i>	<i>Rishi</i>
18	Roshni	<i>Roshni</i>	<i>Roshni</i>
19	Nehma	<i>Nehma</i>	<i>Nehma</i>
20	Vaishnavi	<i>Vaishnavi</i>	<i>Vaishnavi</i>
21	Melba	<i>Melba</i>	<i>Melba</i>
22	Mavis Rose	<i>Mavis Rose</i>	<i>Mavis Rose</i>
23	Mavis Xavier	<i>Mavis Xavier</i>	<i>Mavis Xavier</i>
24	Mirva	<i>Mirva</i>	<i>Mirva</i>
25	Greenol	<i>Greenol</i>	<i>Greenol</i>

		
PRINCIPAL	DEU Convenor	DEU Secretary







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## PHOTOGRAPHS



Photo of melodious notes class



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## LANGUAGE AND COMMUNICATION SKILL



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## TALK ON CODE OF CONDUCT



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/002/2022

14.03.2022

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Talk On Code Of Conduct' for Undergraduate students, Post graduate students and faculty members

This is to inform you that a Continuous Dental Education program (CDE) for UG students, PG students and faculty members is being organised by the Ethical Committee of the college on the topic entitled 'Talk on Code of Conduct' on 17.03.2022 at the college auditorium at 10.00am

For further reference, reach out to Dr. Anila S.



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## TALK ON CODE OF CONDUCT

CDE FOR POST GRADUATES AND UNDER GRADUATES

ETHICAL COMMITTEE, IQAE  
DENTAL EDUCATION UNIT

**DR ANILA S**  
Resource Person

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

17 MARCH 2022 | 10.00-11.00 AM | COLLEGE AUDITORIUM



# ST. GREGORIOS DENTAL COLLEGE

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## **POST EVENT REPORT**

To encourage a deeper understanding and adherence to ethical guidelines and standards in the professional sphere, particularly within the realm of technology and coding, the Ethical Committee held a Code of Conduct Talk for undergraduate and postgraduate students on March 17, 2022, in the college auditorium. The main topic of discussion at the event was the significance, tenets, and practical implementation of codes of conduct in many professional contexts. Dr. Anila S, the head of the department of periodontics, started off with an introduction, going over the meaning and notion of a code of conduct. The event's goals were to draw attention to how crucial good communication is in dentistry practice and to give dental practitioners the resources and techniques they need to become more fluent in language.

The discussion also delved into the core values—integrity, respect, accountability, and transparency—that give rise to a strong code of conduct. The application of these ideas to actual situations was the background against which they were discussed. Participants were encouraged to share their thoughts, experiences, and insights regarding the application of the code of conduct and problems in different professional settings through the event's interactive discussions. This interactive element made it possible for knowledge sharing and peer learning.




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## ATTENDANCE


**ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
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TOPIC: Talk on "CODE OF CONDUCT".

17/3/22

Sl no.	Name of participant	Signature
1.	Rishu C Rajeev	
2.	Vishali Jayaprakash	
3.	Chippy Elizabeth Philip	
4.	Anisha Rachel John	
5.	Siona Rachel Saji	
6.	S Malini mathendran	
7.	Riyana V.H	
8.	Manya Elizabeth Sani	
9.	Anoop T.M	
10.	Ashley Eldo Paulose	
11.	Ajama N Raj	
12.	Rishanya Elizabeth K	
13.	MANNYA MARIA ABY	
14.	Hanna Mary Eldho	
15.	Geovri Lakshmi S	
16.	Aneetta Elldho	
17.	Alka Susan Biju	
18.	Jaff Jacob Mathew	
19.	ALEX MATHEW	
20.	Jubin Saji	
21.	Abin Jay	
22.	Akshara T. K	
23.	LIYA MARIA JOSEPH	
24.	Malvin Anomas	
25.	ARYA GIREESH	

PRINCIPAL	DEU Convenor	DEU Secretary





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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Code of conduct

17-3-22

Sl no.	Name of participant	Signature
26	George Biju	
27	Elizabeth Kadiyattil	
28	Manisha Chandran.	
29	Geethy V.S	
30	Mishael Ann Mathew	
31.	Dr. Jeevin Abraham George	
32	Dr. Pooja Jayar	
33.	Dr. Ann George	
34	Dr. JOSE NELSON	
35.	DR. Jaisa Mathan	
36.	DR. Fishnu Sivarozan	
37.	Dr. Karrena Mathan Kafeel Reyzid	
38.	Dr. Sreenith V. P	
39.	Dr. Jimmy George K	
40.	Dr. Anya Abraham	
41.	DR. VIKRAN JAMES	
42.	DR. ANV MARIYA SUNNY	
43.	Dr. Srijan S	
44.	Dr. Jasmine Camil	
45.	Dr. Lissa P Mathew	
46.	Dr. Alshwanya Udazhakumar	
47.	Dr. Anya Subramanian	
48.	DR. MERLE JOSEPH	
49.	Dr. Anida James	
50.	DR NIYA MARIAM JOSEPH	

PRINCIPAL	DEU Convenor	DEU Secretary







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CDE  
PROGRAM

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

CERTIFICATE  
**CERTIFICATE**  
*OF ATTENDANCE*

This certificate is proudly present to :

*Dr. POOJA JAYAN*

has actively participated in the CDE program on:

**TALK ON CODE OF CONDUCT**

held on 17th March 2022 at St. Gregorios Dental College,  
organized by Ethical Committee, IQAC &  
Dental Education unit

Dr. Jain Mathew  
PRINCIPAL

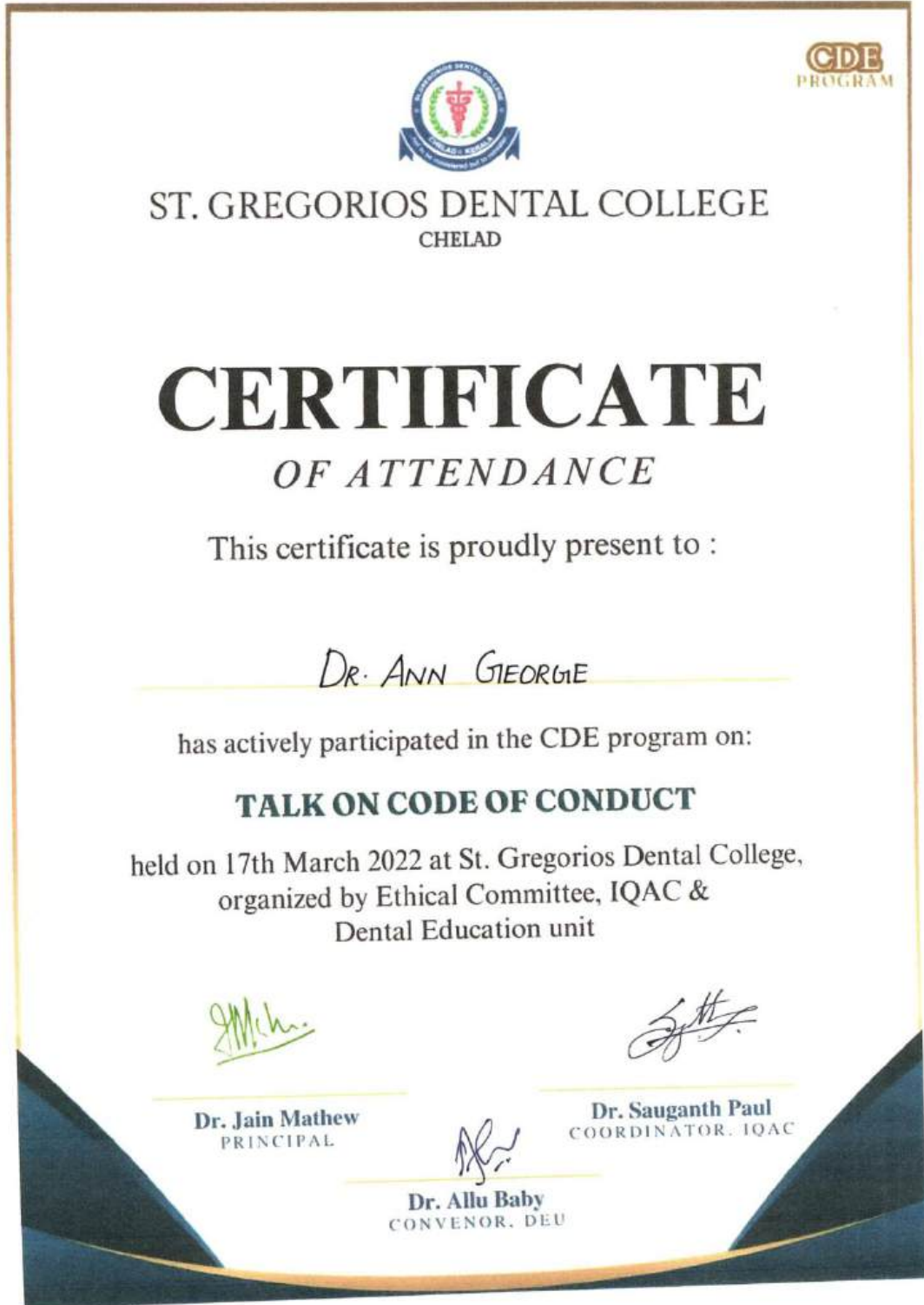
Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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**Dr. Jain Mathew**  
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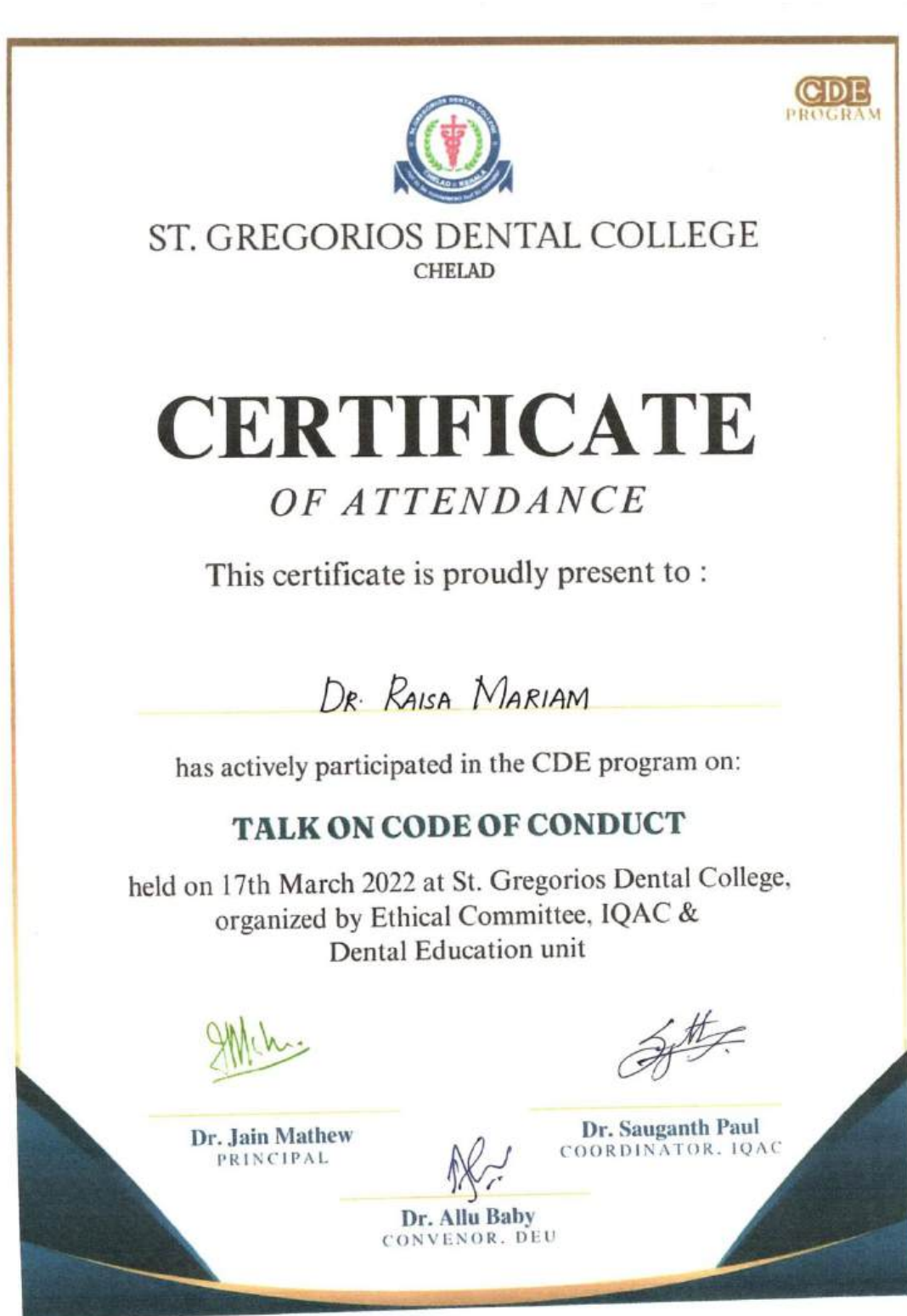
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COORDINATOR, IQAC

**Dr. Allu Baby**  
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**Dr. Jain Mathew**  
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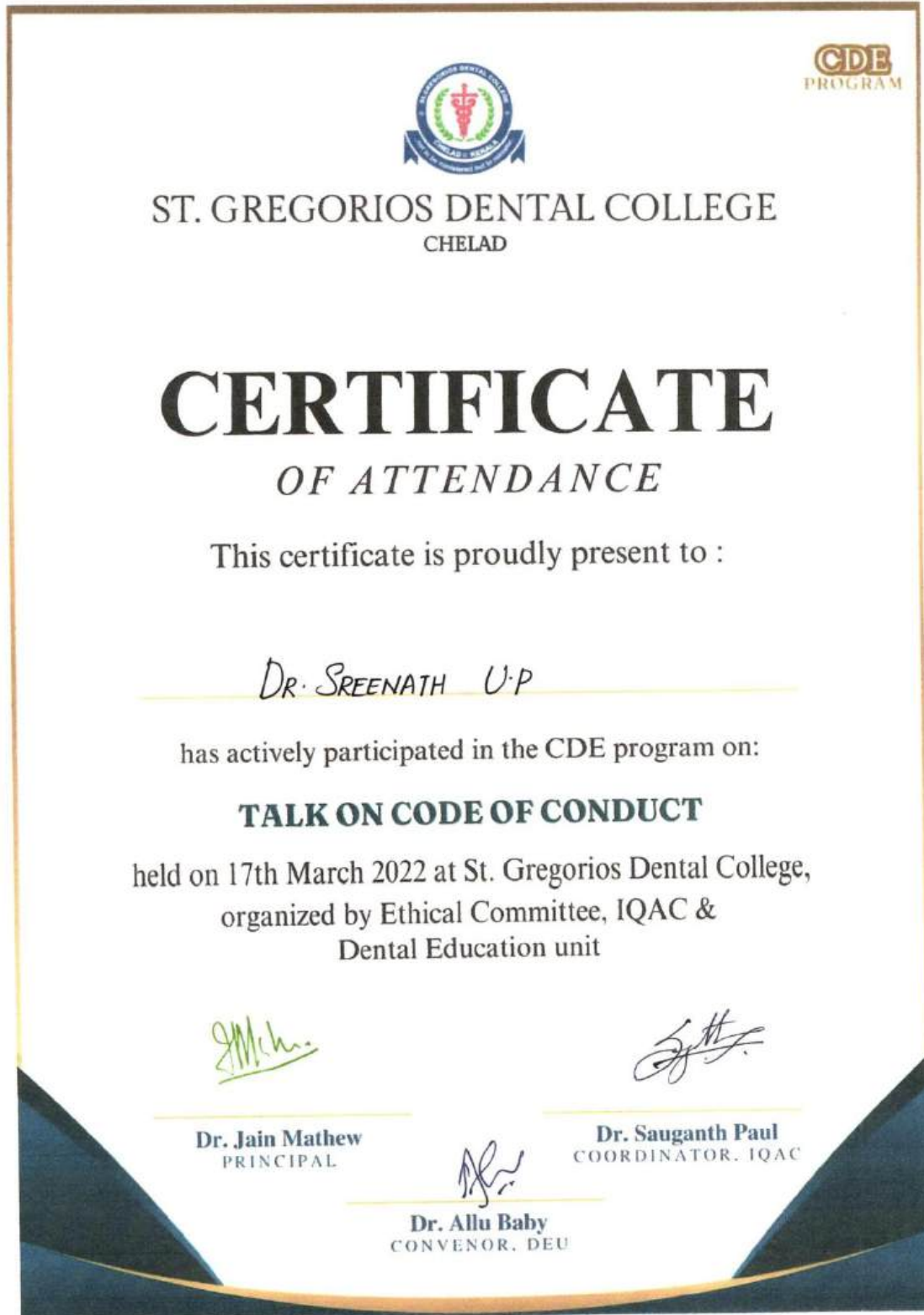
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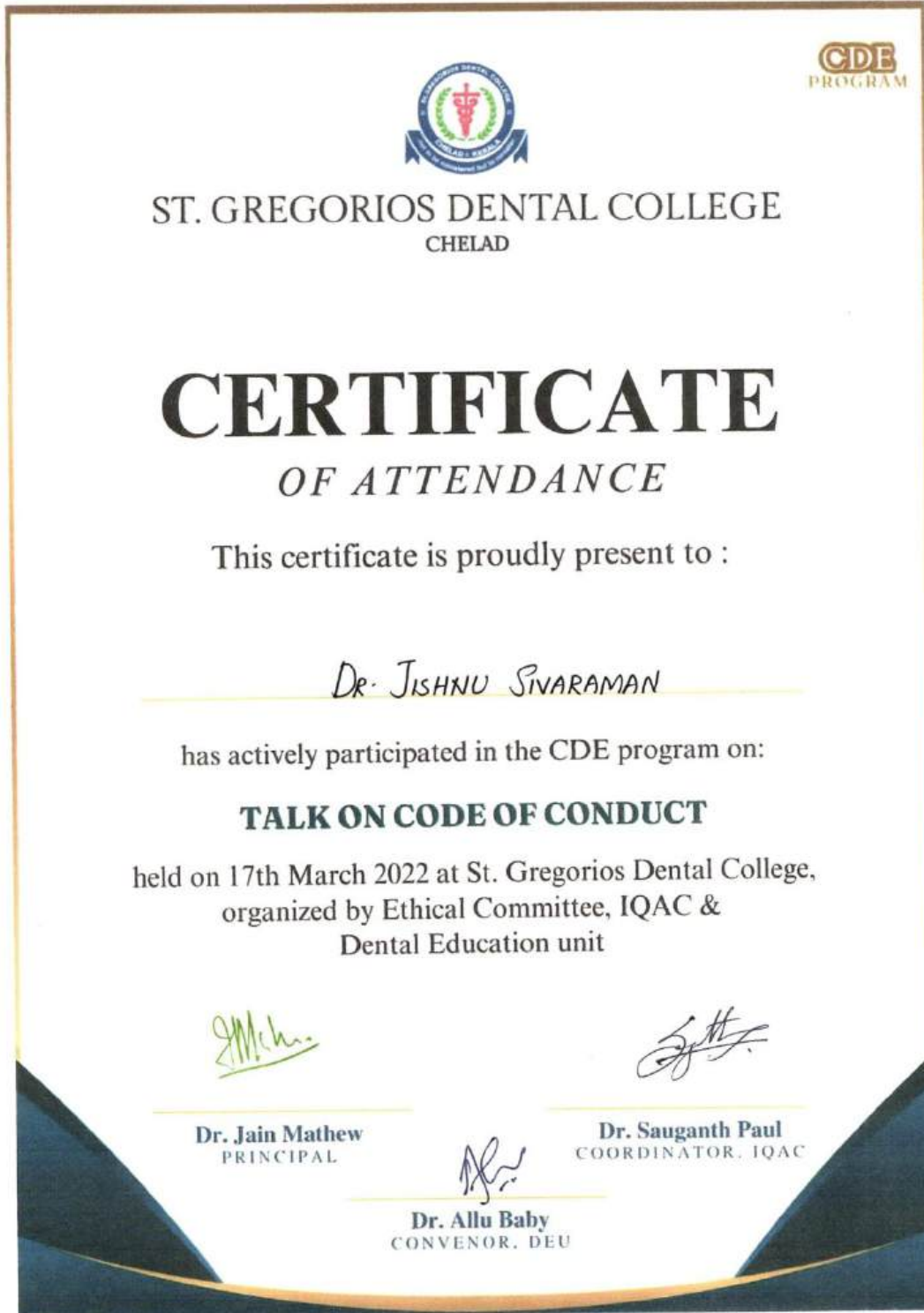






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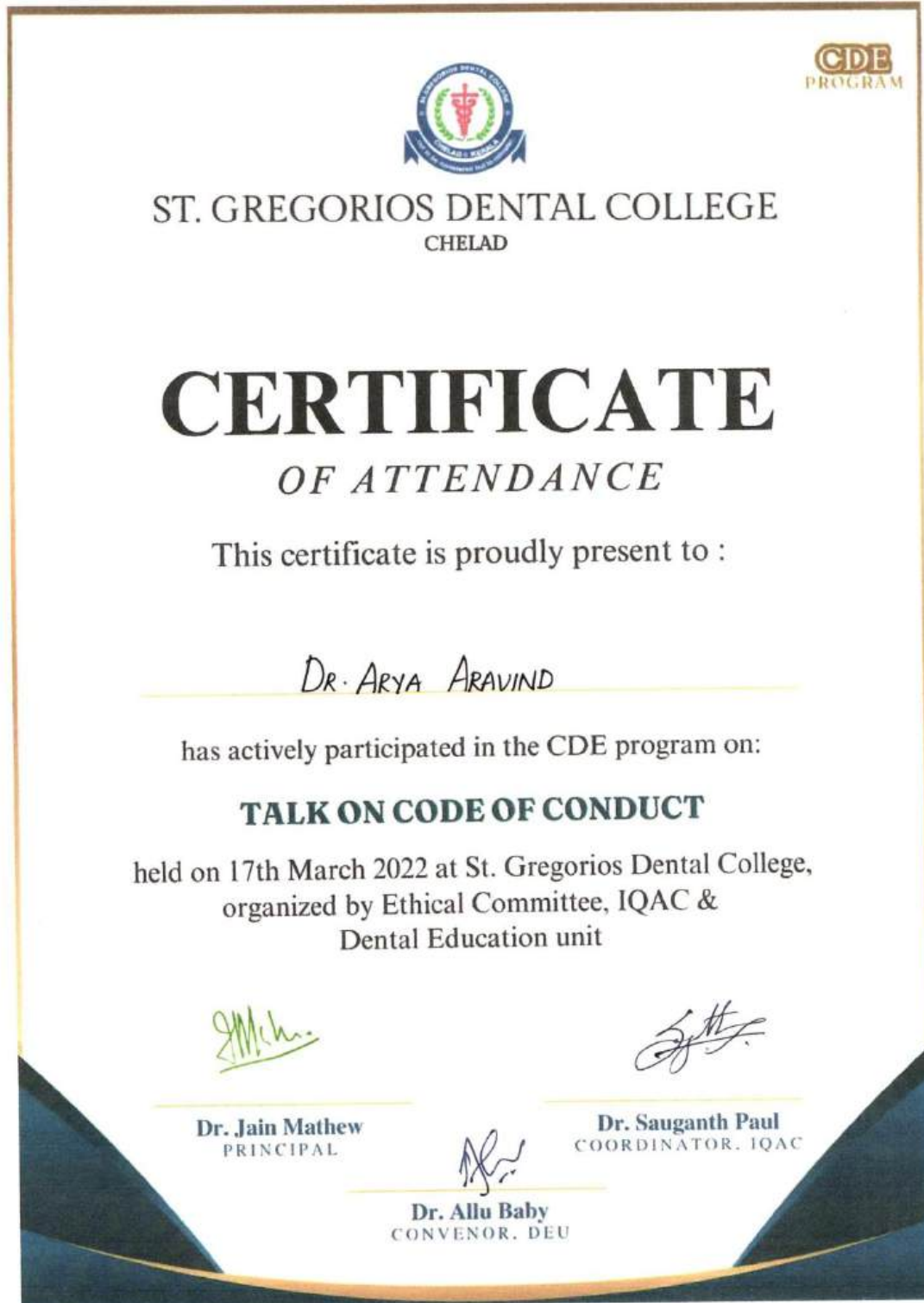
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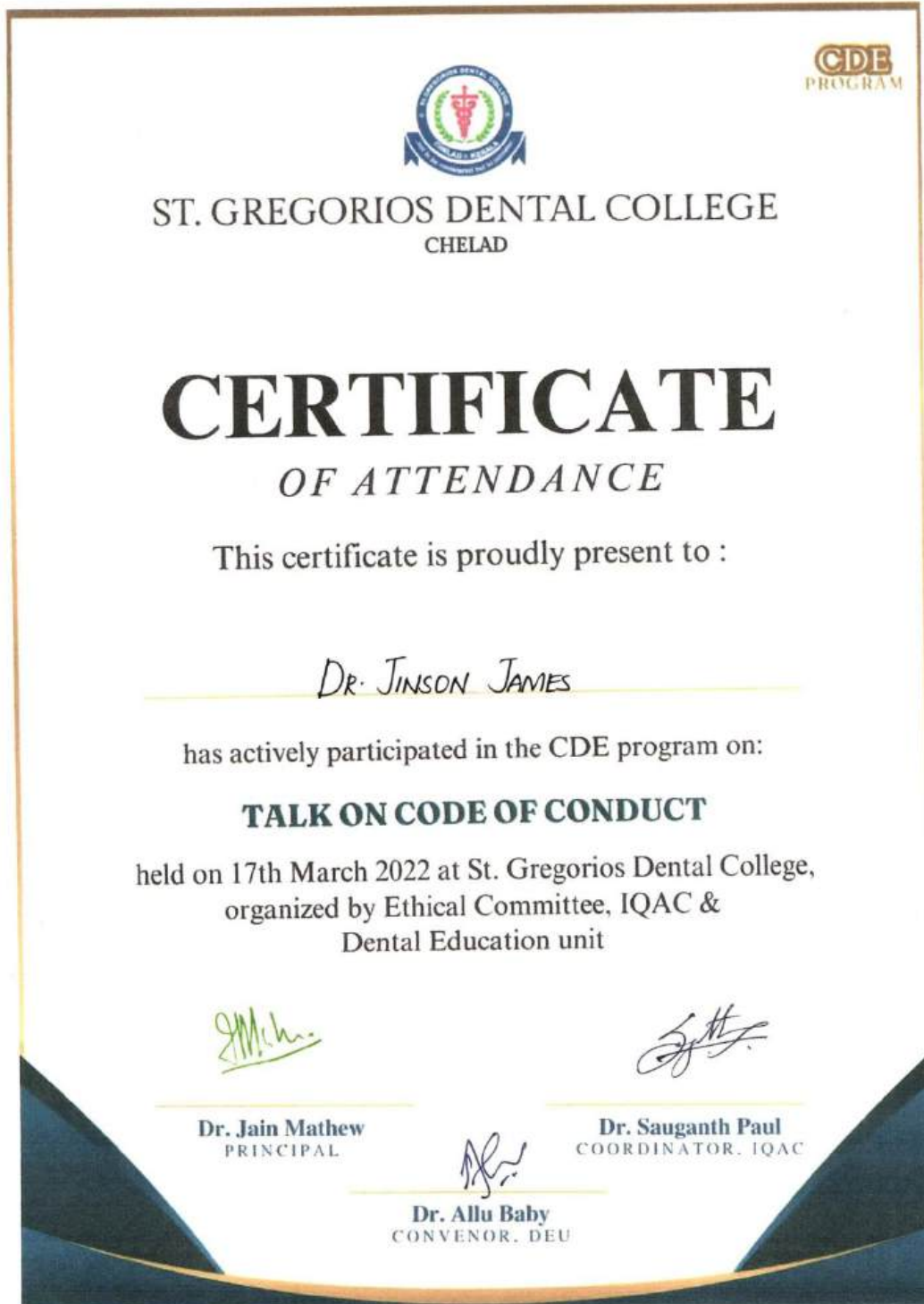
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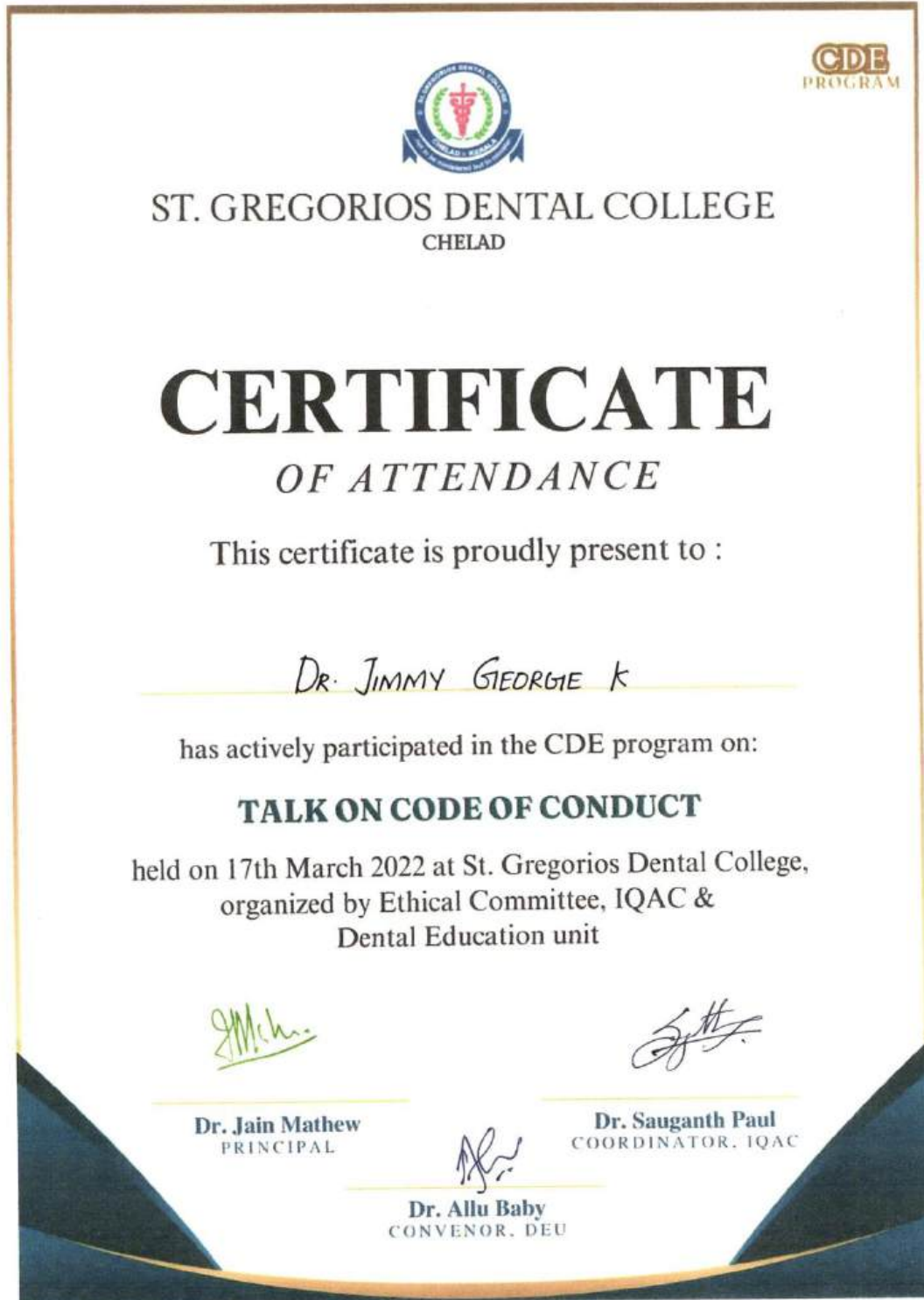
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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)



CDE  
PROGRAM

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. ANN MARIYA SUNNY*

has actively participated in the CDE program on:

### TALK ON CODE OF CONDUCT

held on 17th March 2022 at St. Gregorios Dental College,  
organized by Ethical Committee, IQAC &  
Dental Education unit

Dr. Jain Mathew  
PRINCIPAL


Dr. Sauganth Paul  
COORDINATOR, IQAC


Dr. Allu Baby  
CONVENOR, DEU



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CHELAD

# CERTIFICATE

## OF ATTENDANCE


This certificate is proudly present to :


Dr. JASMINE CYRIL


has actively participated in the CDE program on:

**TALK ON CODE OF CONDUCT**

held on 17th March 2022 at St. Gregorios Dental College,  
organized by Ethical Committee, IQAC &  
Dental Education unit

  
**Dr. Jain Mathew**  
PRINCIPAL

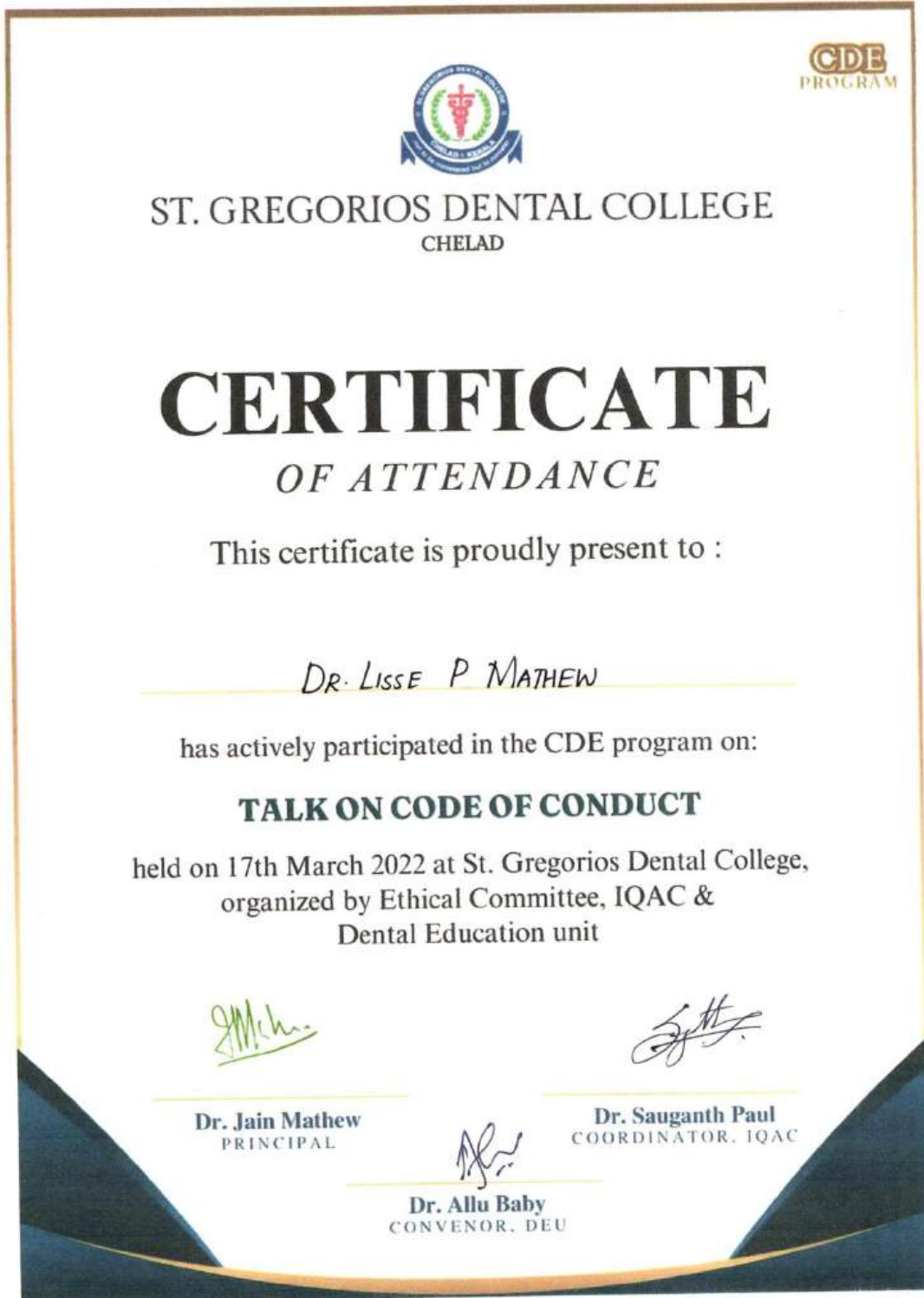
  
**Dr. Allu Baby**  
CONVENOR. DEU

  
**Dr. Sauganth Paul**  
COORDINATOR. IQAC



# ST. GREGORIOS DENTAL COLLEGE

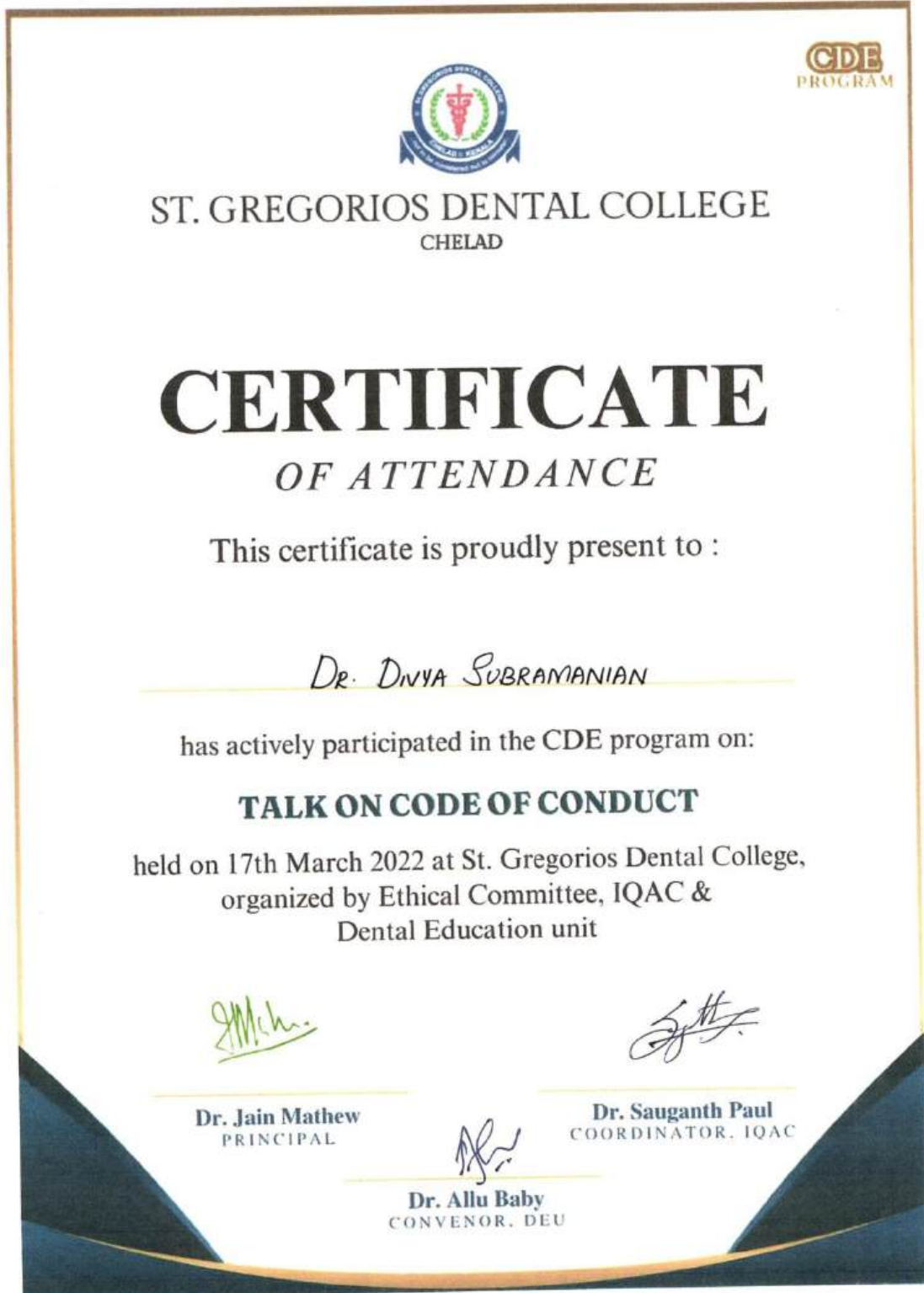
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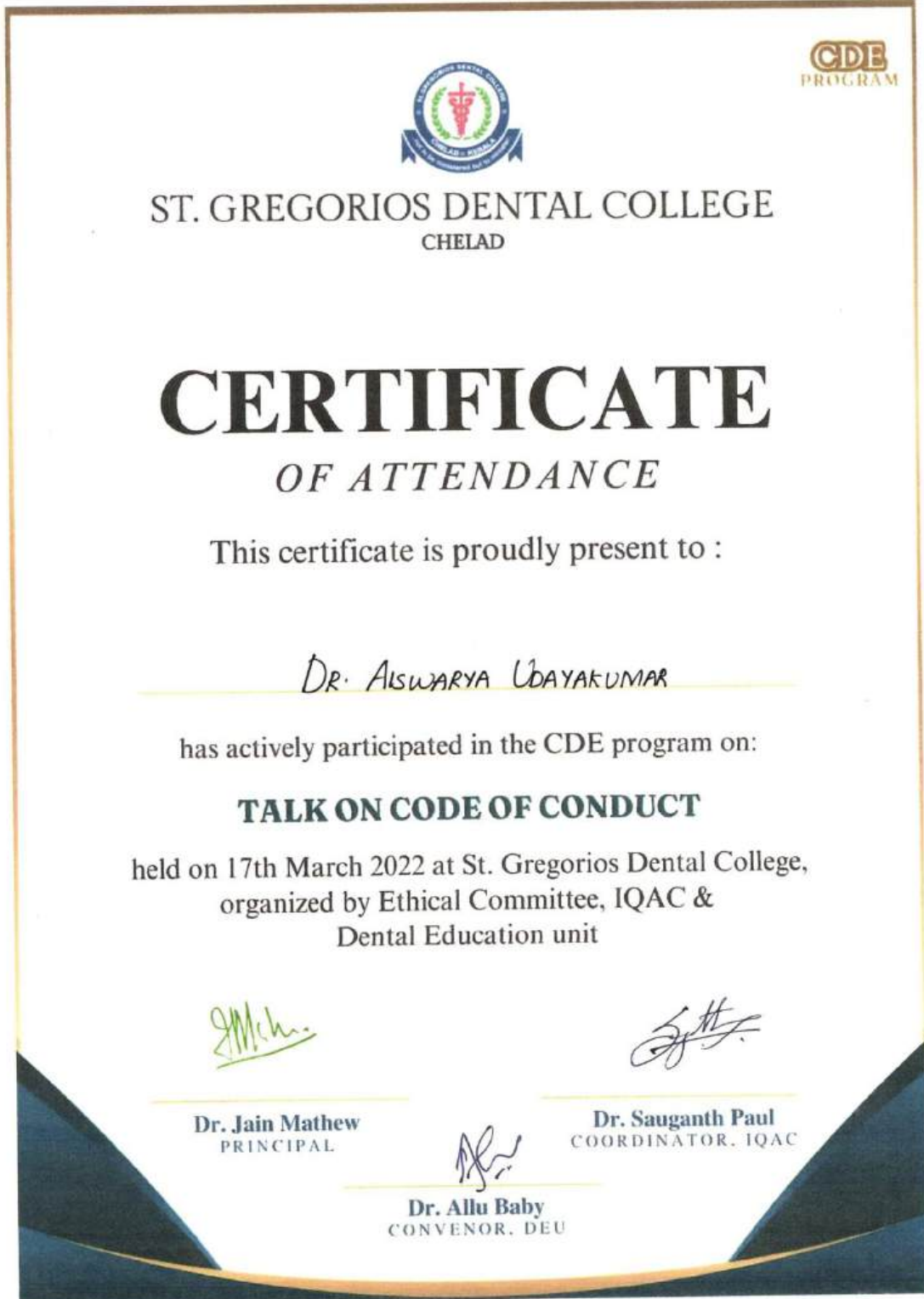






# ST. GREGORIOS DENTAL COLLEGE

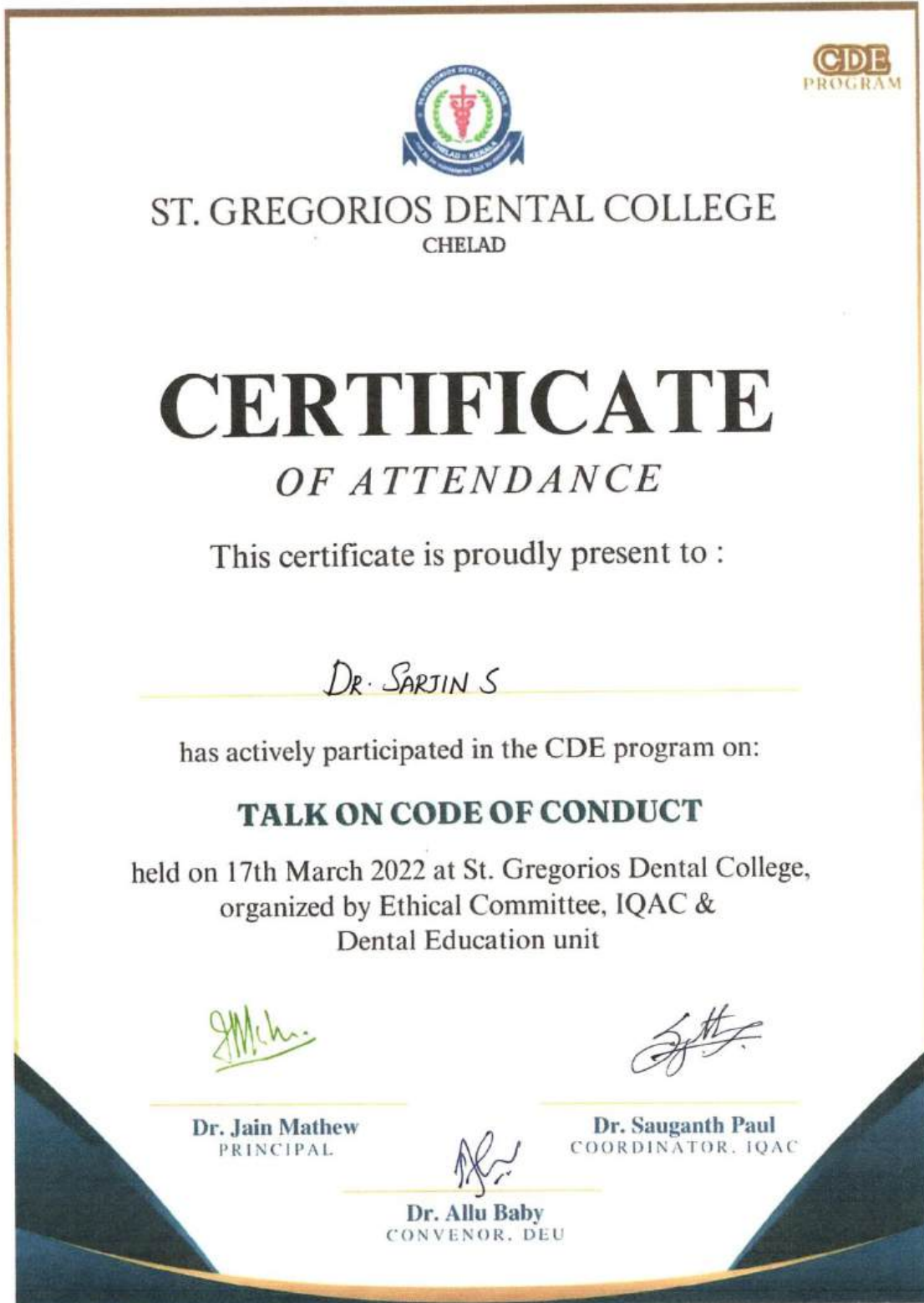
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# ST. GREGORIOS DENTAL COLLEGE

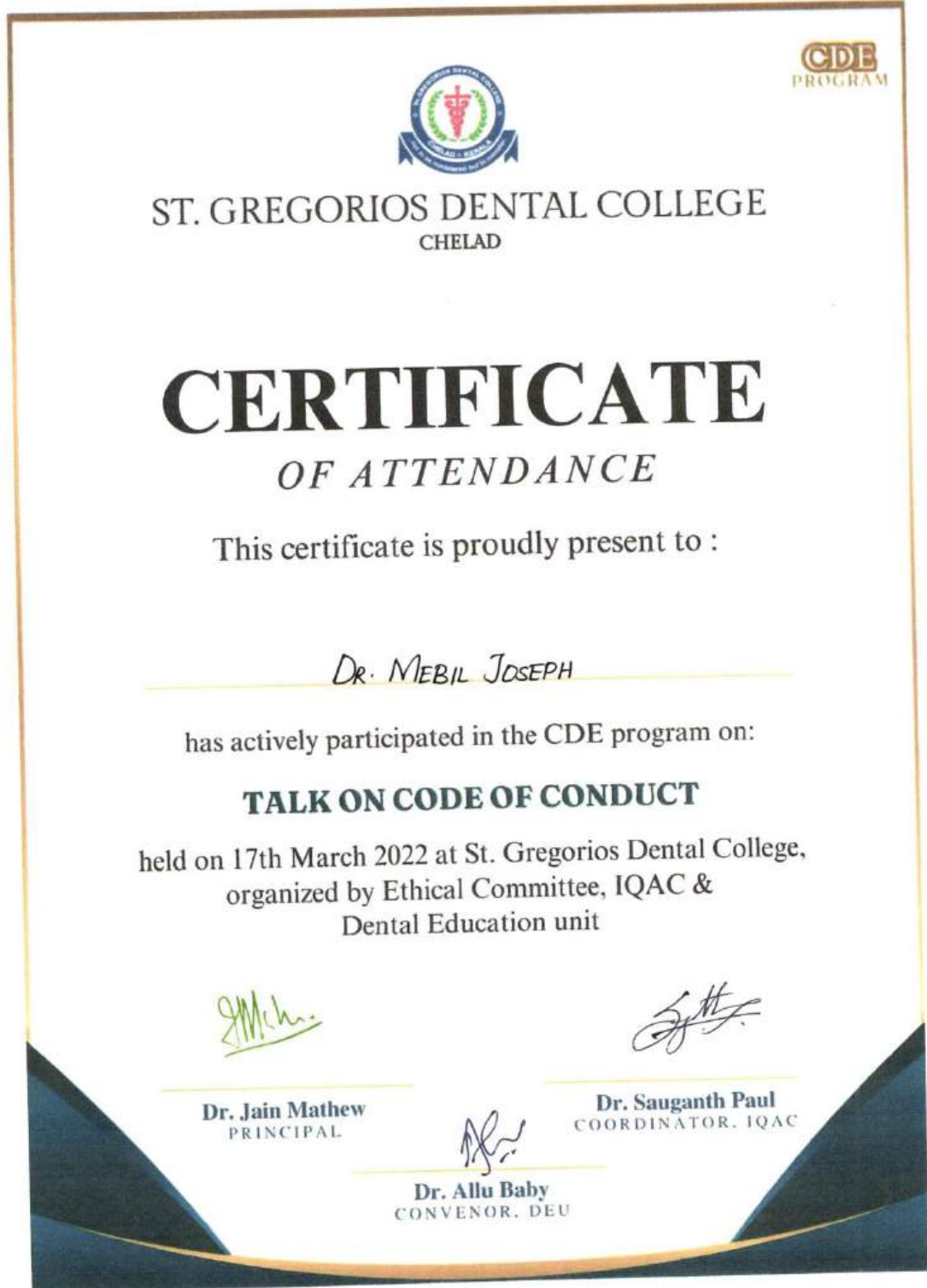
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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE


This certificate is proudly present to :

*DR. NIYA MIRIAM JOSEPH*


has actively participated in the CDE program on:

**TALK ON CODE OF CONDUCT**


held on 17th March 2022 at St. Gregorios Dental College,  
organized by Ethical Committee, IQAC &  
Dental Education unit



**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Sauganth Paul**  
COORDINATOR, IQAC



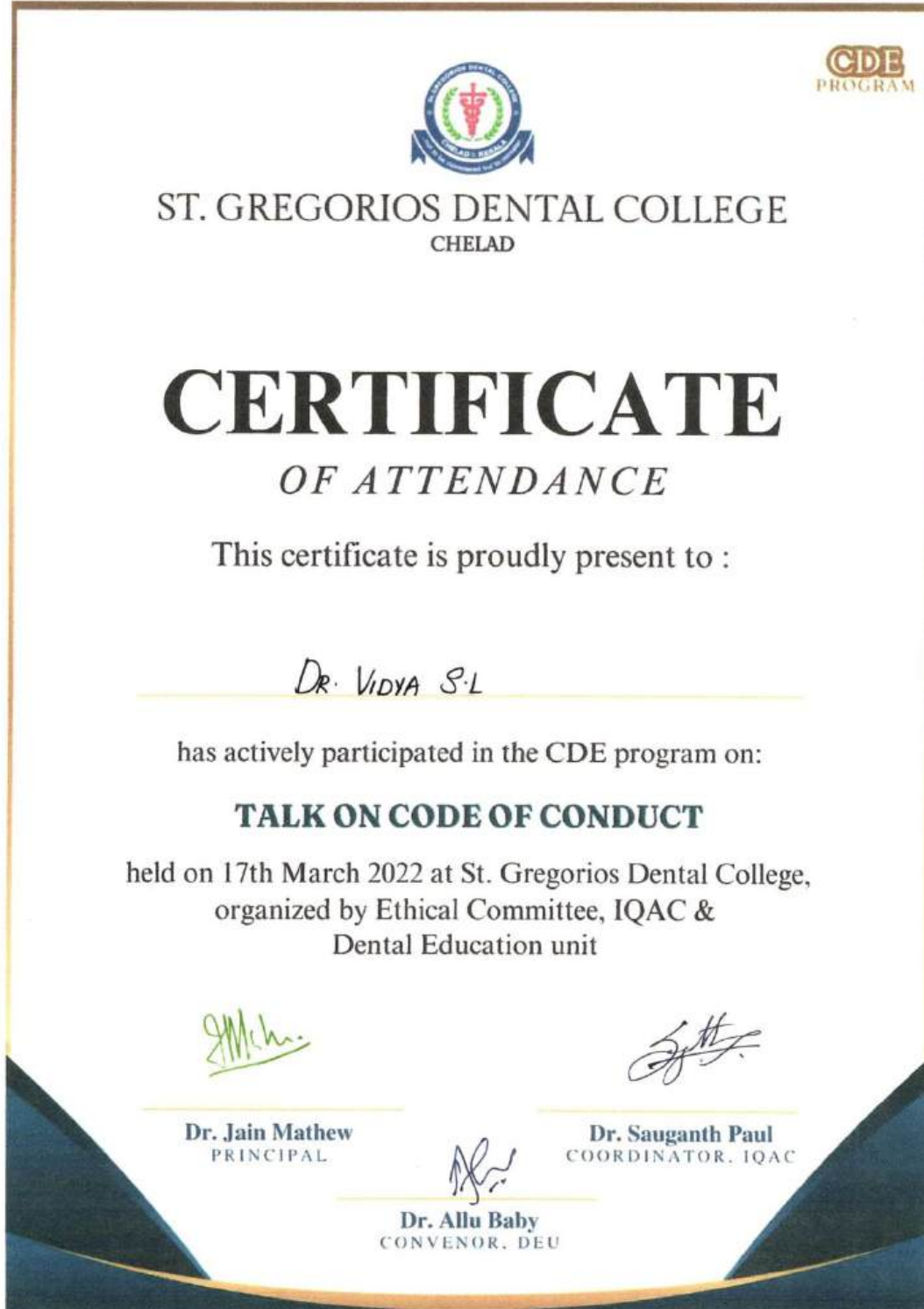
**Dr. Allu Baby**  
CONVENOR, DEU





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## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*DR. NISHA C JOSEPH*

has actively participated in the CDE program on:

### TALK ON CODE OF CONDUCT

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Dental Education unit

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. VIDHYA K*

has actively participated in the CDE program on:

### TALK ON CODE OF CONDUCT

held on 17th March 2022 at St. Gregorios Dental College,  
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Dental Education unit

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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**CDE**  
PROGRAM

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. Jerin Abraham Georgie*

has actively participated in the CDE program on:

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Dental Education unit

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

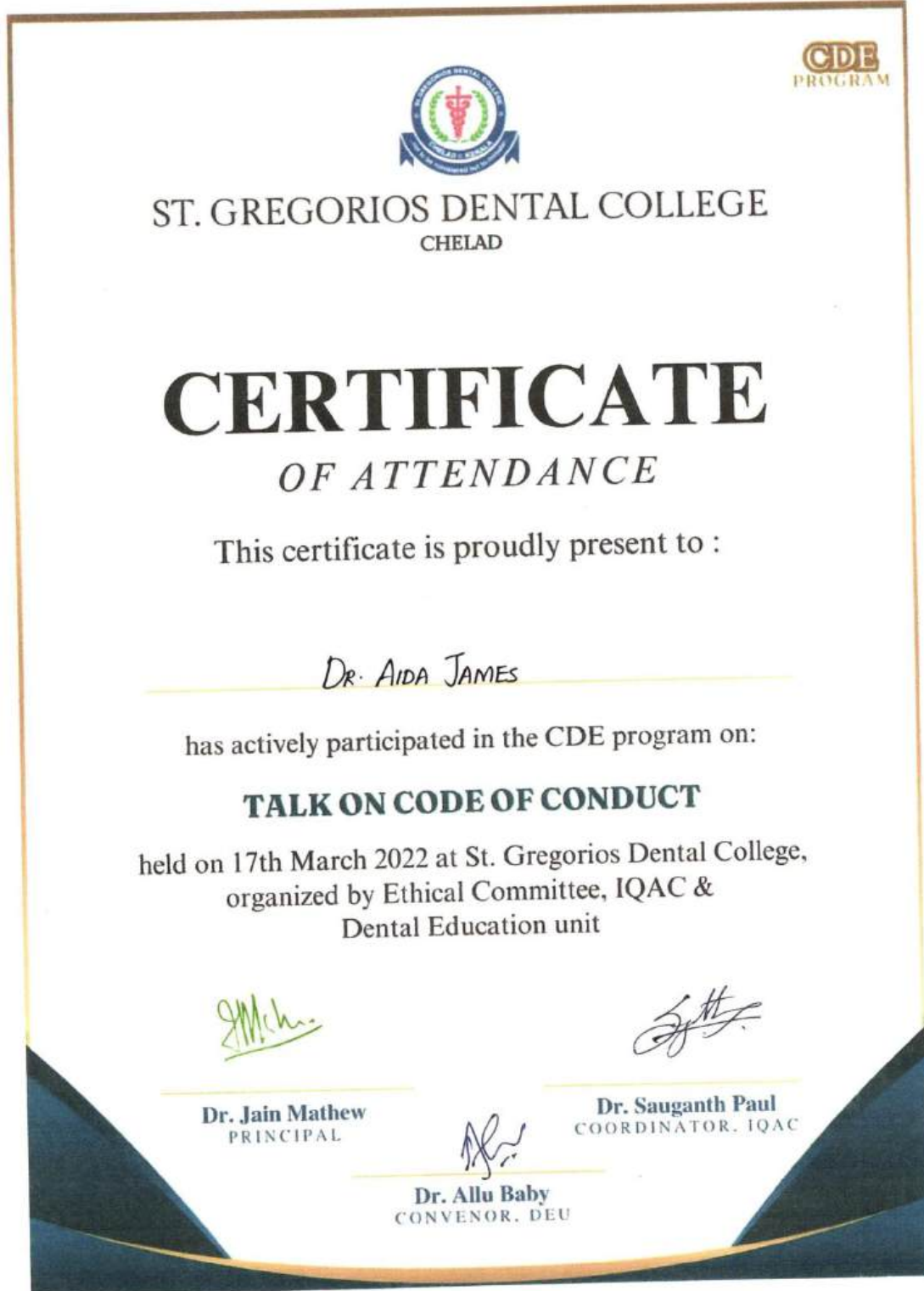
Dr. Allu Baby  
CONVENOR, DEU





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## PHOTOGRAPHS



Photograph of class on code of conduct



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## INTERNATIONAL BOOK DAY

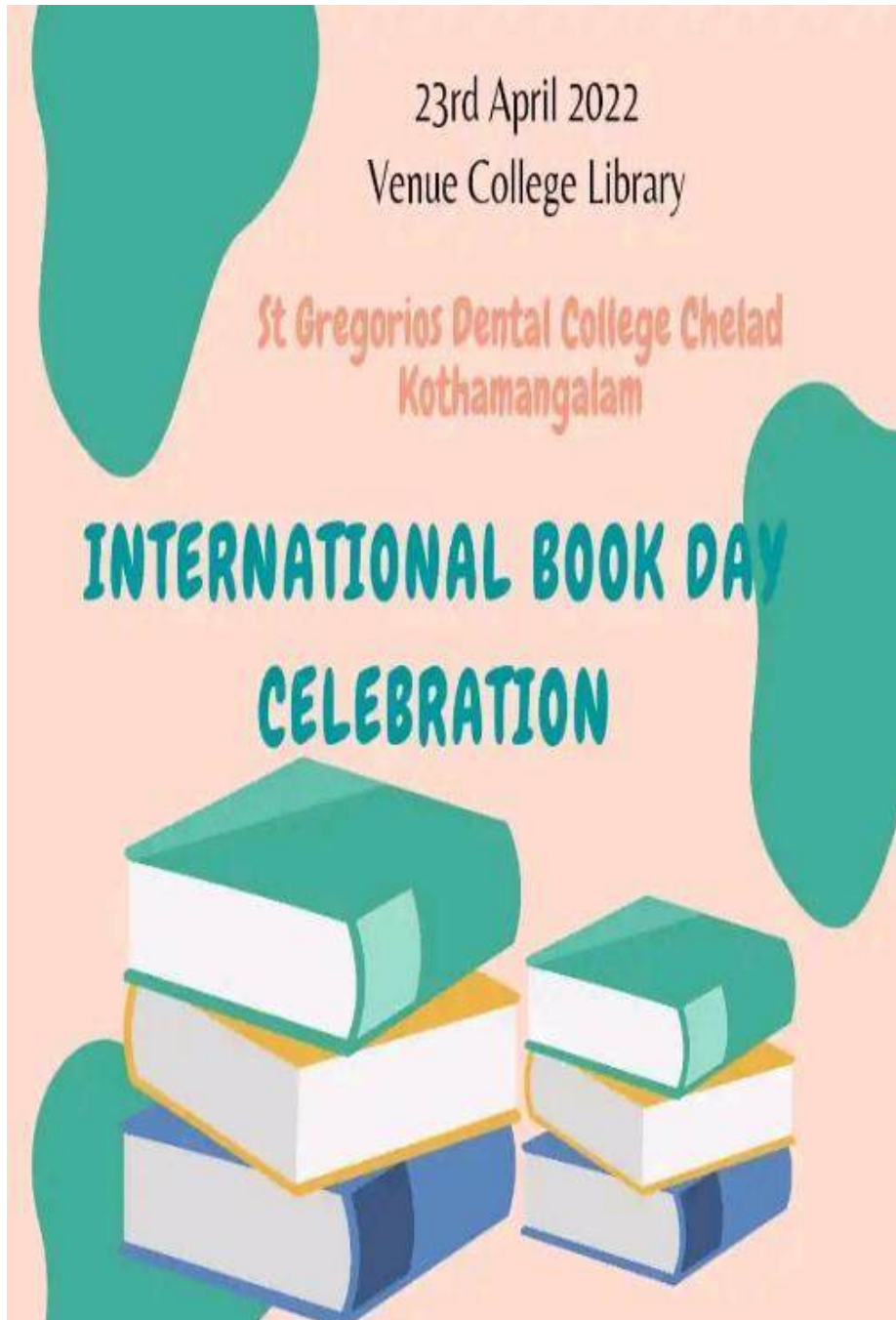


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## BROCHURE





**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

**CIRCULAR**

SGDC/DC/014/2022

20.04.2022

This is to inform that the Library Advisory committee is conducting an event to celebrate **Library Day** on 23.04.2022 at the college library at 10.00am. The students are instructed to assemble at the library by 9.30am.

For further reference, reach out to Sr. Kezia



A handwritten signature in green ink, appearing to be "J. M. Ch." with a horizontal line underneath.

PRINCIPAL

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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All departments

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## **POST EVENT REPORT**

Books form a link between the past and the future, a bridge between generations and across cultures. International Book Day was celebrated at St. Gregorios Dental College on April 23, 2022. The event aimed to celebrate the rich tapestry of language and communication, bringing the student community together through the shared love of reading.

As a part of this event Chev Prof Baby M Varghese gave a talk on a new concept “Little Library” and the importance of reading. He also donated 25 books to the college library on behalf of Chev Commander T U Kuruvila, Secretary MJSC educational trust. Several students also donated their favourite books to the library. The event fostered a spirit of generosity and community service among students, faculty and staff along with highlighting the pivotal role that books play in preserving and promoting diverse languages and cultures.

The event was a tremendous success, achieving its goal of celebrating literature and promoting reading within the college community. The diverse range of activities and high levels of participation reflect the enthusiasm and commitment of students, faculty and staff along with reinforcing the idea that language is a fundamental bridge for communication and connection across the world.



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## PHOTOGRAPH



Photograph of Chev Commader Tu Kuruvilla donating books



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## ATTENDANCE LIST




### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: INTERNATIONAL BOOK DAY  
(23-04-2022)

Sl no.	Name of participant	Signature
1	Liya Mariya Joseph	Liya
2	Seethy V.S	Seethy
3	Jef Jacob Mother	Jef
4	Aparna N. Raj	Aparna
5	Mishal Anu Mathew	Mishal
6	Dilma Elizabeth Byri	Dilma
7	Ana Anroola	Ana
8	Mannya Maria Aji	Mannya
9	Chippy Elizabeth	Chippy
10	Lujahira Shibu	Lujahira
11	Uma Rashed Piji	Uma
12	Iswarya Lizabeth	Iswarya
13	Karuna Rachel Punnen	Karuna
14	Jithin Siji	Jithin
15	Fathma Eliza Paulina	Fathma
16	Renli C Rajiv	Renli
17	GEORGE BITU	George
18	Alva Raju	Alva
19	Aibin Jey	Aibin
20	Manya Elizabeth Suresh	Manya
21	Vishal Jaiprakash	Vishal
22	Arneetta Anura elch	Arneetta
23	MANISHA CHANDRAN	Manisha
24	Anoop T. M	Anoop
25	Alma B Paul	Alma

		
PRINCIPAL	DEU Convenor	DEU Secretary





# ST. GREGORIOS DENTAL COLLEGE

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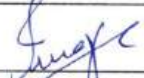
## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: INTERNATIONAL BOOK DAY  
(23-04-2022)

Sl no.	Name of participant	Signature
26	Melvin Thomas	Melvin
27	Melvin K Reech	Melvin
28	Nishya Elias	Nishya
29	A	
30	Anisha Rochael John	Anisha
31	Aashitha Am Jnrct	Aashitha
32	Hanno Sony Paul	Hanno
33	Ani K Dargam	Ani
34	S. Malima Mahendran	Malima
35	Gouri Lakshmi S	Gouri
36	Priyana VIT	Priyana
37	Anette Teresa Rachel	Anette
38	Alha Susan Binu	Alha
39	Aradhya Arud	Aradhya
40	Ruthi Naxo James	Ruthi
41	Alex Mather	Alex
42	Dyrci Elizabeth Vint	Dyrci
43	Itanna Mary Eldho	Itanna
44	Dnya S Raj	Dnya
45	Akshara T.K	Akshara
46	Ananya Balu	Ananya
47	Brecha S Kumar	Brecha
48	Frank Shiny	Frank
49	Abhismita Anusha	Abhismita
50	Itina Cshini Benny	Itina

		
PRINCIPAL	DEU Convenor	DEU Secretary



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: INTERNATIONAL BOOK DAY  
(23-04-2022)

Sl no.	Name of participant	Signature
51	Annie Robert	Annie
52	Sreeraj S	Sreeraj
53	Rishi Rishi	Rishi
54	Amyria Rose	Amyria
55	Ciitta Noor	Ciitta
56	Jiya Jresh	Jiya
57	Abisara	Abisara
58	Honey Leja Jayan	Honey
59	Lara Rajesh	Lara
60	Kezia Maryam Jacob	Kezia
61	Elma Sajjo T	Elma
62	Gurabhi B.S	Gurabhi
63	NOPIKA JOSHY	Nopeka
64	Mahula Masato Sajjo	Mahula
65	Athira PR	Athira
66	F SHA SAINUDHEEN	F Sha
67	Angela susan	Angela
68	Anit Simon	Anit
69	Shreethi Saji Nair	Shreethi
70	Anoma Anu Gym	Anoma
71	Mervin Xayig	Mervin
72	Jelcy Maryam Jacob	Jelcy
73	Raj Mohan	Raj
74	Adhira Kumbharan	Adhira
75	Rintu Suni	Rintu

		
PRINCIPAL	DEU Convenor	DEU Secretary



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## YOGA AND WELLNESS



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## YOGA IN DAILY LIFE



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 007/2022

09.05.2022

**CIRCULAR**

Subject: Value added program on YOGA IN DAILY LIFE.

The Dental Education Unit and Internal Quality Assurance Cell, St. Gregorios Dental College are organizing a value added program entitled 'YOGA IN DAILY LIFE' for First year students from 11.05.2022-14.05.2022 at the College Auditorium.

For further reference reach out to Dr. Tina Elizabeth Jacob.



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**PRINCIPAL**  
PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE



St. Gregorios Dental College  
Chelad

# YOGA IN DAILY LIFE

value added program  
for 1st year BDS students

### ORGANIZED BY

Dental Education Unit  
INTERNAL QUALITY ASSURANCE CELL



09.30 AM - 1.00 PM

11-14

May 2022

@ COLLEGE AUDITORIUM



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## **POST-EVENT REPORT: YOGA IN DAILY LIFE**

**Date:** 11.05.2022-14.05.2022

**Trainer:** Mr. Binoy Thomas

### **Training Methodology:**

This four-day Yoga program for dental students consists of dynamic training methods that are adapted to their needs and time factors. The program includes interactive workshops, practice sessions, and educational lectures to give a comprehensive introduction to Yoga, considering their busy schedules.

### **Key Highlights:**

- Interactive workshops and practical sessions
- Energizing Yoga sessions focusing on breathe control and relaxation
- Educational lectures on Yoga philosophy and anatomy relevant to dental students
- Hands-on guidance on integrating Yoga into daily routines
- Emphasis on stress management and promoting overall well-being
- Supportive and inclusive learning environment
- Valuable tools and strategies for personal and professional growth



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## PHOTOGRAPHS



Photographs of value-added course- yoga in daily life





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## ATTENDANCE LIST



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UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Yoga in Daily Life*

Sl no.	Name of participant	11/5/22 Day 1	12-05-22 Day 2	13-05-22 Day 3	14-05-22 Day 4
2.	Ana Maria Vimal	<i>Ana</i>	<i>Ana</i>	<i>Ana</i>	<i>Ana</i>
2	Ajitha K J	<i>AJ</i>	<i>AJ</i>	<i>AJ</i>	<i>AJ</i>
3.	Amaltha NR	<i>Am</i>	<i>Am</i>	<i>Am</i>	<i>Am</i>
4.	Ana Maria Rejilla	<i>Am</i>	<i>Am</i>	<i>Am</i>	<i>Am</i>
5.	Blessy R	<i>Blessy</i>	<i>Blessy</i>	<i>Blessy</i>	<i>Blessy</i>
6.	Lizbeth Esthy	<i>Liz</i>	<i>Liz</i>	<i>Liz</i>	<i>Liz</i>
7.	POOJA	<i>Pooja</i>	<i>Pooja</i>	<i>Pooja</i>	<i>Pooja</i>
8.	Jathina Mousa	<i>Jathina</i>	<i>Jathina</i>	<i>Jathina</i>	<i>Jathina</i>
9.	Sneha Suresh	<i>Sneha</i>	<i>Sneha</i>	<i>Sneha</i>	<i>Sneha</i>
10.	Mecnakhi P.S	<i>Mecnakhi</i>	<i>Mecnakhi</i>	<i>Mecnakhi</i>	<i>Mecnakhi</i>
11.	Jathina Salim	<i>Jathina</i>	<i>Jathina</i>	<i>Jathina</i>	<i>Jathina</i>
12.	Ashamta K Nair	<i>Ashamta</i>	<i>Ashamta</i>	<i>Ashamta</i>	<i>Ashamta</i>
13.	Anu Thomas	<i>Anu</i>	<i>Anu</i>	<i>Anu</i>	<i>Anu</i>
14.	Robin K Mathew	<i>Robin</i>	<i>Robin</i>	<i>Robin</i>	<i>Robin</i>
15.	Abhishekya Ciju	<i>Abhishekya</i>	<i>Abhishekya</i>	<i>Abhishekya</i>	<i>Abhishekya</i>
16.	Miriam Greald	<i>Miriam</i>	<i>Miriam</i>	<i>Miriam</i>	<i>Miriam</i>
17.	Amel Lamech	<i>Amel</i>	<i>Amel</i>	<i>Amel</i>	<i>Amel</i>
18.	Anya L	<i>Anya</i>	<i>Anya</i>	<i>Anya</i>	<i>Anya</i>
19.	Gayaboy Das K	<i>Gayaboy</i>	<i>Gayaboy</i>	<i>Gayaboy</i>	<i>Gayaboy</i>
		<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
	<b>PRINCIPAL</b>	<b>DEU Convenor</b>	<b>DEU Secretary</b>		



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: YOGA IN DAILY LIFE

Sl no.	Name of participant	11-05-22 Day 1	12-05-22 Day 2	13-05-22 Day 3	14-05-22 Day 4
20.	Anaina Rajendran	Anaina	Anaina	Anaina	Anaina
21.	Devika S	DEV	DEV	DEV	DEV
23.	Soniya Elsa Raji	Soniya	Soniya	Soniya	Soniya
24.	Nandhana Jay	Nandhana	Nandhana	Nandhana	Nandhana
25.	Angela Mathew	Angela	Angela	Angela	Angela
26.	Husna J S	Husna	Husna	Husna	Husna
27.	Joseph John Chettiputhal	Joseph	Joseph	Joseph	Joseph
28.	Alicea Anna Pby	Alicea	Alicea	Alicea	Alicea
29.	Vadakkil Sara Jacob	Sara	Sara	Sara	Sara
30.	R. Anakha	Anakha	Anakha	Anakha	Anakha
31.	Santosh B	Santosh	Santosh	Santosh	Santosh
32.	Ashwini Fox Prakash	Ashwini	Ashwini	Ashwini	Ashwini
33.	Sheni Anji	Sheni	Sheni	Sheni	Sheni
34.	Sanaya Johnson	Sanaya	Sanaya	Sanaya	Sanaya
35.	Ashwini S	Ashwini	Ashwini	Ashwini	Ashwini
36.	Angeli AP	Angeli	Angeli	Angeli	Angeli

		
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OF PARTICIPATION

*Yoga in Daily Life*


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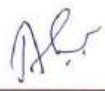
*SWATHI SURESH*

for successfully completing 15 hours value added program from  
..11/05/2022... to ..14/05/2022.. conducted by the Internal Quality  
Assurance Cell and the Dental Education Unit.




\_\_\_\_\_

DR. JAIN MATHEW  
PRINCIPAL



\_\_\_\_\_

DR. ALLU BABY  
DEU CONVENER



\_\_\_\_\_

DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR



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## ZUMBA: MOVE, GROOVE AND TRANSFORM



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/006/2022

29.04.2022

**CIRCULAR**

Subject: Certificate course on "ZUMBA: MOVE, GROOVE AND TRANSFORM" program for  
First year students

This is to inform that a value-added course on topic entitled 'Zumba: Move, Groove and Transform' for first year students is being organised by the IQAC on 3.5.22-4.5.22 at the college auditorium.

For further reference, reach out to Dr. Souganth Paul M. P.



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## BROCHURE

**ZUMBA**  
**MOVE,**  
**GROOVE,**  
**TRANSFORM**

**VALUE ADDED PROGRAM**  
FOR 1ST YEAR BDS STUDENTS

03 - 04 MAY 2022  
TIME: 08.00 AM  
COLLEGE AUDITORIUM

ORGANIZED BY  
WOMEN CELL, IQAC  
ST. GREGORIOS DENTAL COLLEGE, CHELAD



# ST. GREGORIOS DENTAL COLLEGE

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---

## **POST EVENT REPORT**

Date: 3.5.22-4.5.22

Location: St. Gregorios Dental College

Speaker: Zin Minnu Kandirickal

### **Training Methodology:**

The goal of this Zumba class's training style is to provide an organised, entertaining, and welcoming atmosphere where students can get fitter while having fun with dance moves. To guarantee participants' growth and enjoyment, the methodology incorporates a number of instructional strategies, feedback mechanisms, and support systems.

### **Key Highlights:**

- Provided a structured session for students
- Different dance styles are taught
- Various modifications can be made for different fitness levels
- Engaging and interactive sessions
- Many group activities are provided
- Proper warm up and cool down techniques are learnt from the session



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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: ZONISA : Move, Grow and transform.

3/5/22 4/5/22

Sl no.	Name of participant	Day 1	Day 2
1	Jini Ji	Ji	Ji
2	Mazia M. Raju	Mazia MR	Mazia MR
3	Nikhil A	Nikhil A	Nikhil A
4	Shigolha Jayaraj	Shigolha	Shigolha
5	Maishnani Lebu	Lebu	Lebu
6	Laya M. M. Phil	Laya	Laya
7	MIRWA TP	Mirwa	Mirwa
8	Sreelakshmi	Sreelakshmi	Sreelakshmi
9	Ashwini K A	Ashwini	Ashwini
10	Sneha VS	Sneha VS	Sneha VS
11	Gopika S.M	Gopika	Gopika
12	Meha San Shaw	Meha	Meha
13	Sarika Maria Thomas	Sarika	Sarika
14	Anjitha K Vijay	Anjitha	Anjitha
15	Rupzika Tom	Rupzika	Rupzika
16	Sandra Susan	Sandra	Sandra
17	Annet Rachel	Annet	Annet

		
PRINCIPAL	DEU Convenor	DEU Secretary







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## PHOTOGRAPHS



Photograph of zumba class



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CHELAD

### CERTIFICATE

OF PARTICIPATION

*Lumba: Move, Groove and Transform*

PROUDLY PRESENTED TO

MIRWA · T P

for successfully completing 15 hours value added program from  
...3/5/22... to ...4/5/22... conducted by the Internal Quality Assurance Cell and the Dental Education Unit.



DR. JAIN MATHEW  
PRINCIPAL



DR. ALLU BABY  
DEU CONVENOR



DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR





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## AWARENESS ON MALARIA



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/005/2022

22.04.2022

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Awareness On Malaria' for postgraduate students and staff.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students and staff is being organised by the Department of Microbiology on the topic entitled 'Awareness On Malaria' on 25.04.2022 at the college auditorium.

For further reference, reach out to Dr. Annie V Issac



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## BROCHURE

CDE

AWARENESS

ON  
MALARIA



TEACHING FACULTIES & POST GRADUATES

April 25, 10:00 a.m.  
COLLEGE AUDITORIUM

RESOURCE PERSON  
DR. VIPIN UNNI



ORGANIZED BY

**DENTAL EDUCATION UNIT & DEPT. OF MICROBIOLOGY**  
ST. GREGORIOS DENTAL COLLEGE, CHELAD



# ST. GREGORIOS DENTAL COLLEGE

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---

## **POST EVENT REPORT**

The "Awareness on Malaria" class was an essential forum for spreading knowledge and encouraging community members to take an active role in preventing malaria. Under the direction of Dr. Vipin Unni, the discussion shed light on the complex dynamics of malaria transmission, epidemiology, prevention, and treatment options. Through captivating talks, lively debates, and practical case studies, attendees acquired a thorough grasp of the worldwide prevalence of malaria and the importance of coordinated efforts to prevent and manage it. In addition, the course emphasised the value of interdisciplinary cooperation, community engagement, and advocacy in promoting long-term malaria treatments. With their newly acquired information and their insights from one another, the attendees became advocates for malaria awareness, ready to make a difference and help.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: AWARENESS ON MALARIA

Date - 25th April 2022

Sl no.	Name of participant	Signature
1.	Dr. Raisa Mariam Jacob.	
2.	Dr. Ann George.	
3.	Dr. Harishankaran. U.	
4.	Dr. Sarjin. S.	
5.	Dr. Nuya Mariam Joseph.	
6.	Dr. Vradhya. K.	
7.	Dr. Nisha C. Joseph.	
8.	Dr. Rishwarya Udayakumar.	
9.	Dr. Tinson James Puthuparambil.	
10.	Dr. Sreenath U.P.	
11.	Dr. Boja Jayan.	
12.	Dr. Jasmin Cyril.	
13.	Dr. Anya Aravind.	
14.	Dr. Jessin Abraham.	
15)	Dr. Jox Nelson	
16)	Dr. Jishnu Sivaraman	
17)	DR. KAREENA MIRIAM	
18)	Dr. Jimmy George	
	<del>Dr. [Name]</del>	

PRINCIPAL	DEU Convenor	DEU Secretary





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This certificate is proudly present to :

DR. RAISA MARIAM JACOB

has actively participated in the CDE program on:

**AWARENESS ON MALARIA**

held on 25th April 2022 at St. Gregorios Dental College,  
organized by Dept. of Microbiology,  
Dental Education unit & IQAC

  
**Dr. Jain Mathew**  
PRINCIPAL

  
**Dr. Allu Baby**  
CONVENOR, DEU

  
**Dr. Sauganth Paul**  
COORDINATOR, IQAC



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This certificate is proudly present to :

*DR. ANN GEORGIE*

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**Dr. Jain Mathew**  
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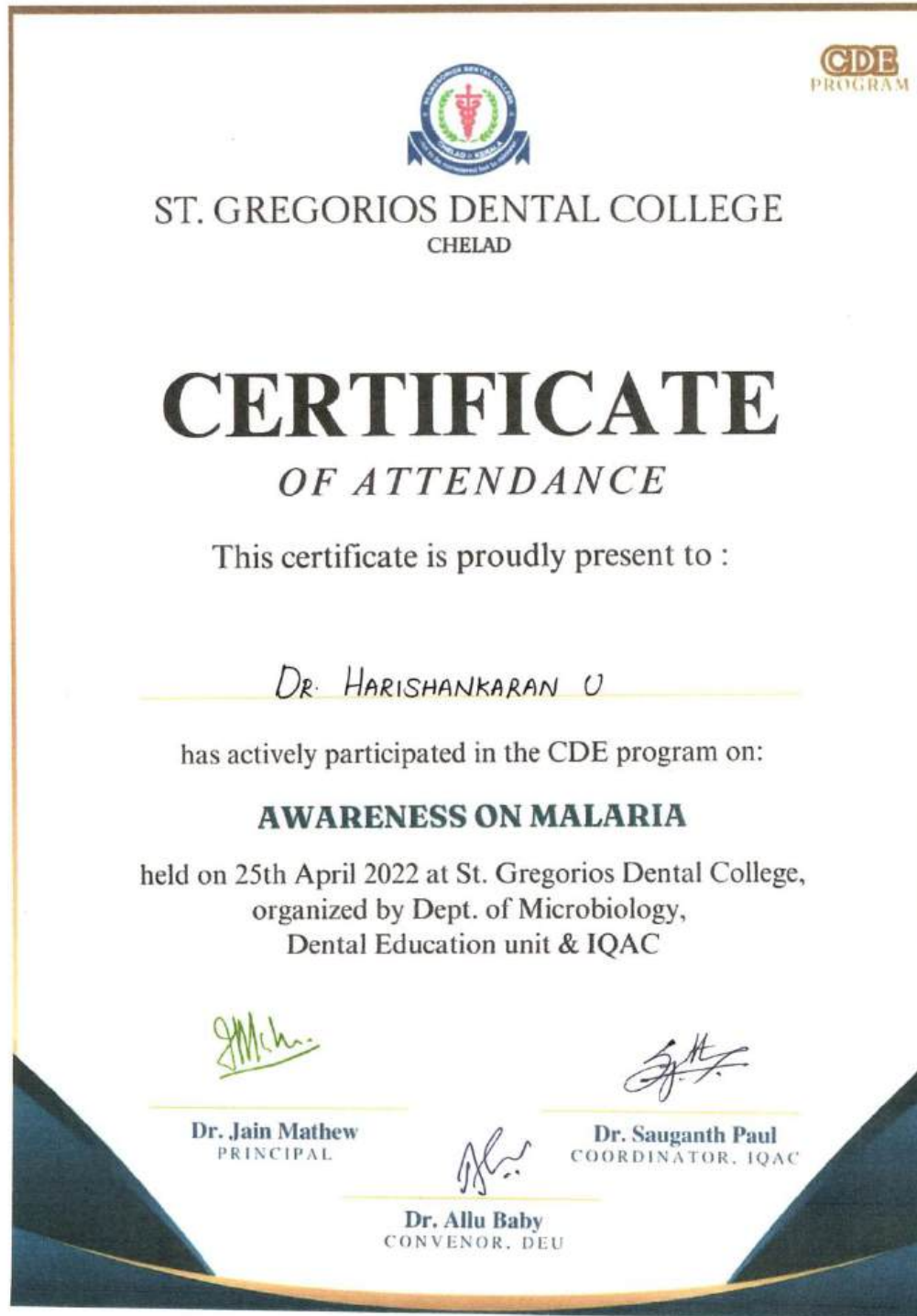
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COORDINATOR, IQAC

**Dr. Allu Baby**  
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*Dr. SARJIN S*

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PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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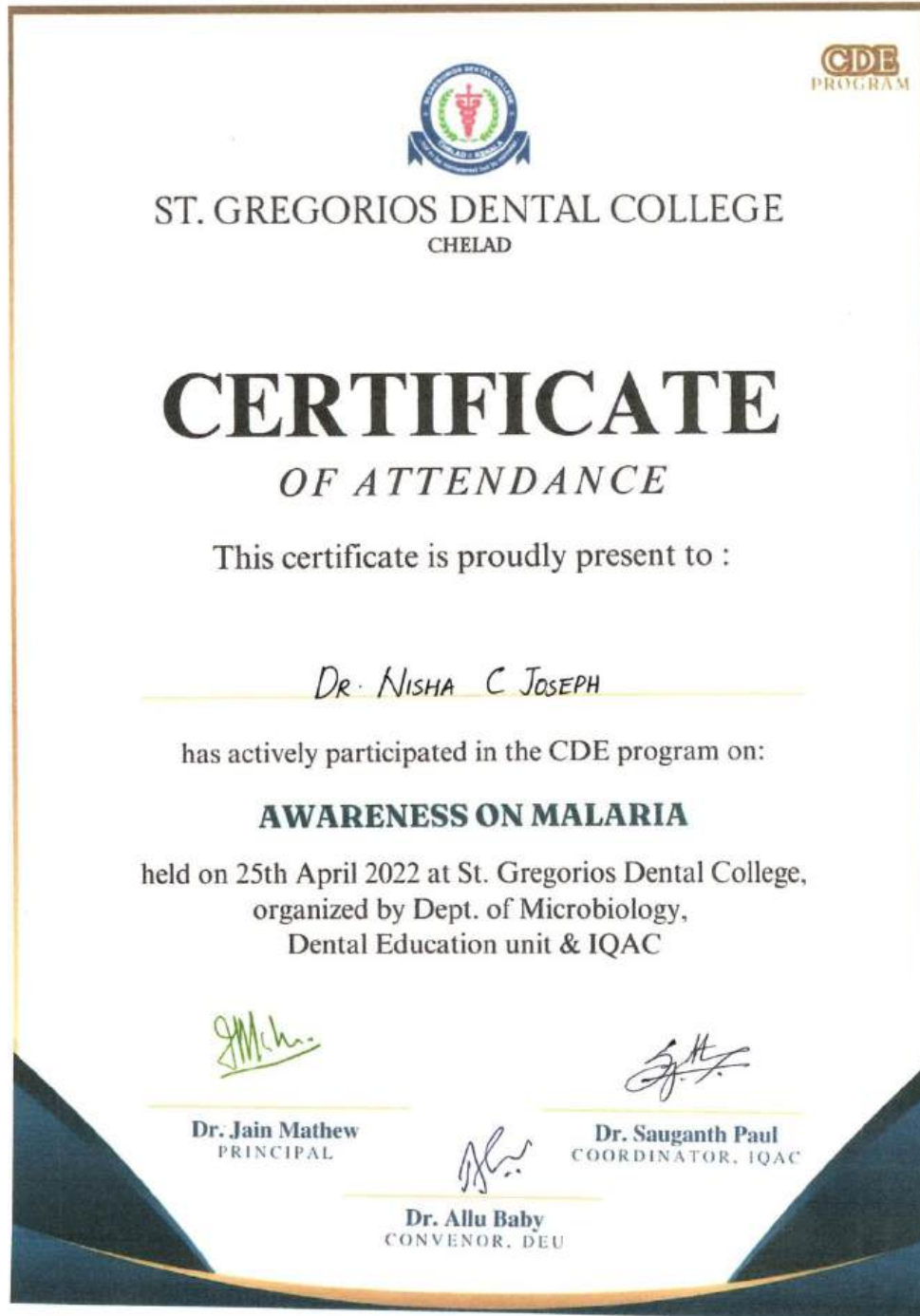
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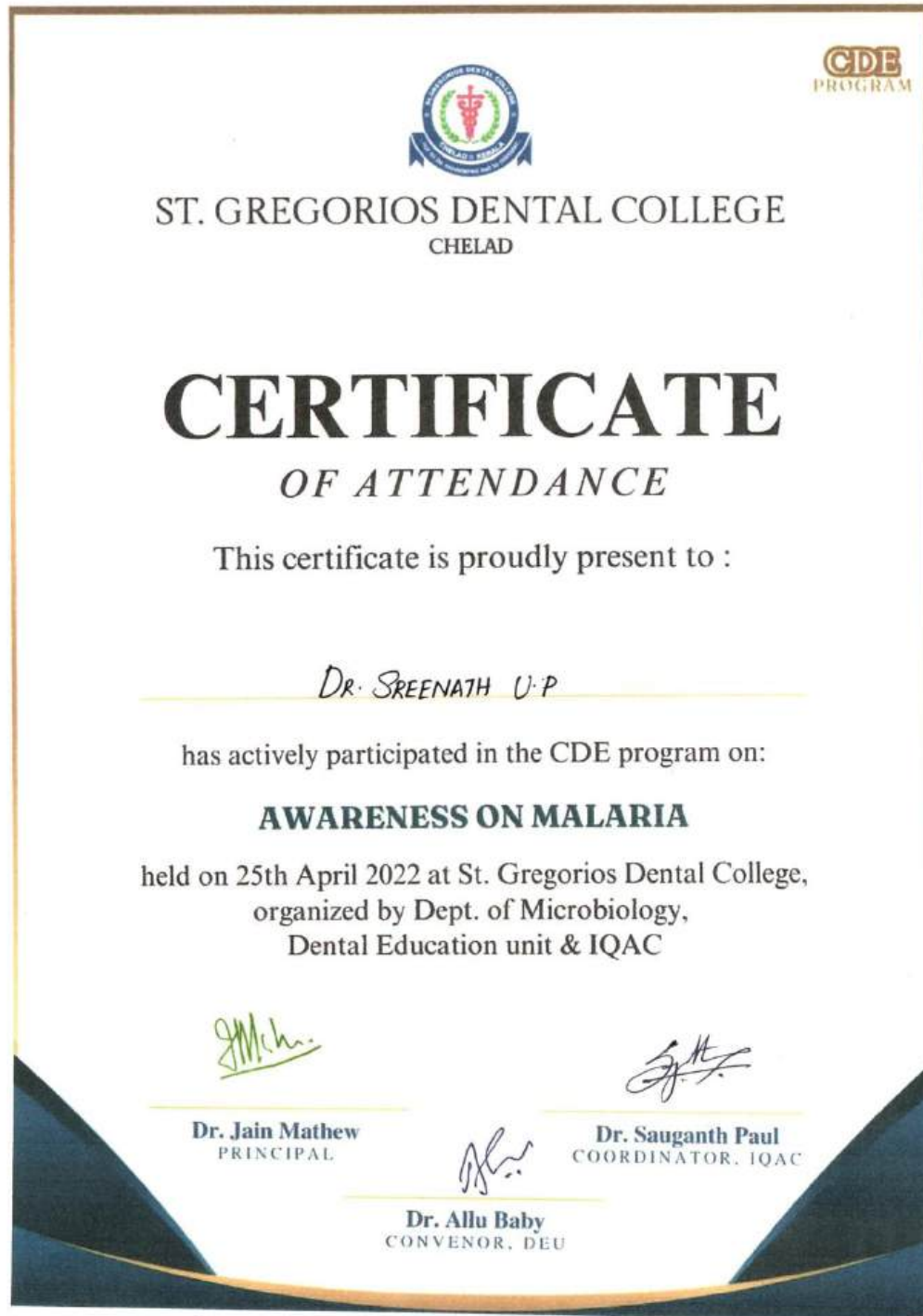
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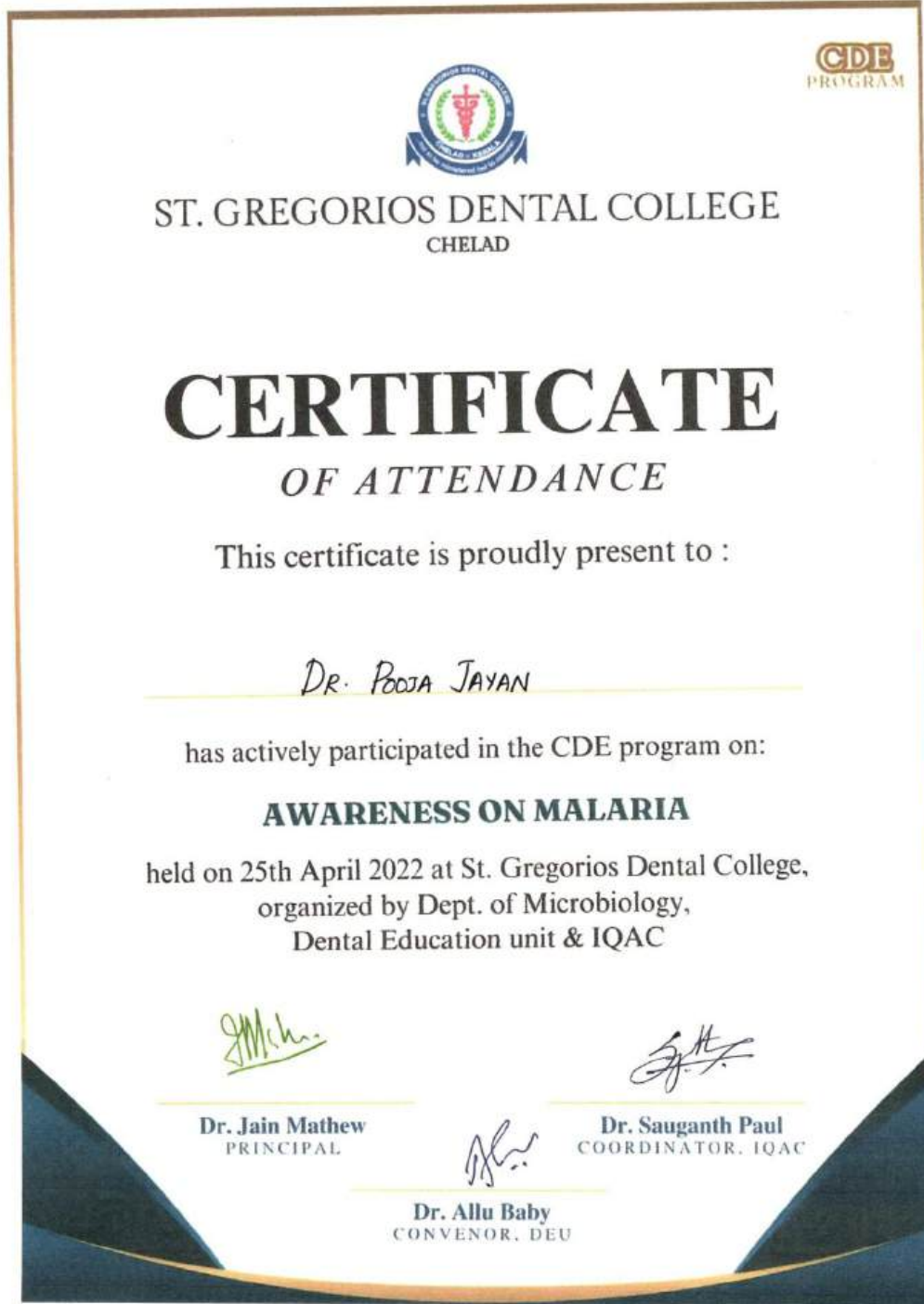
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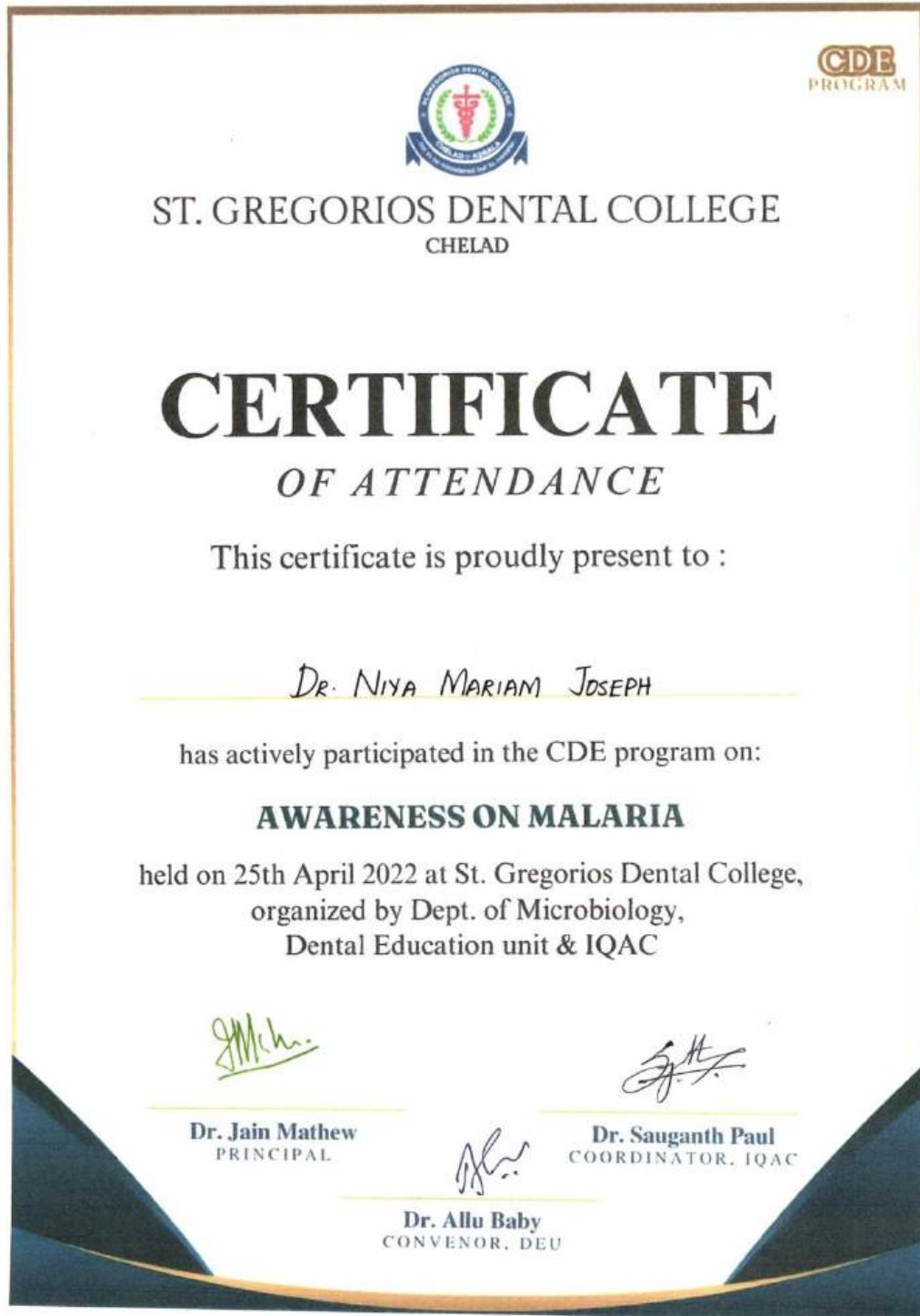
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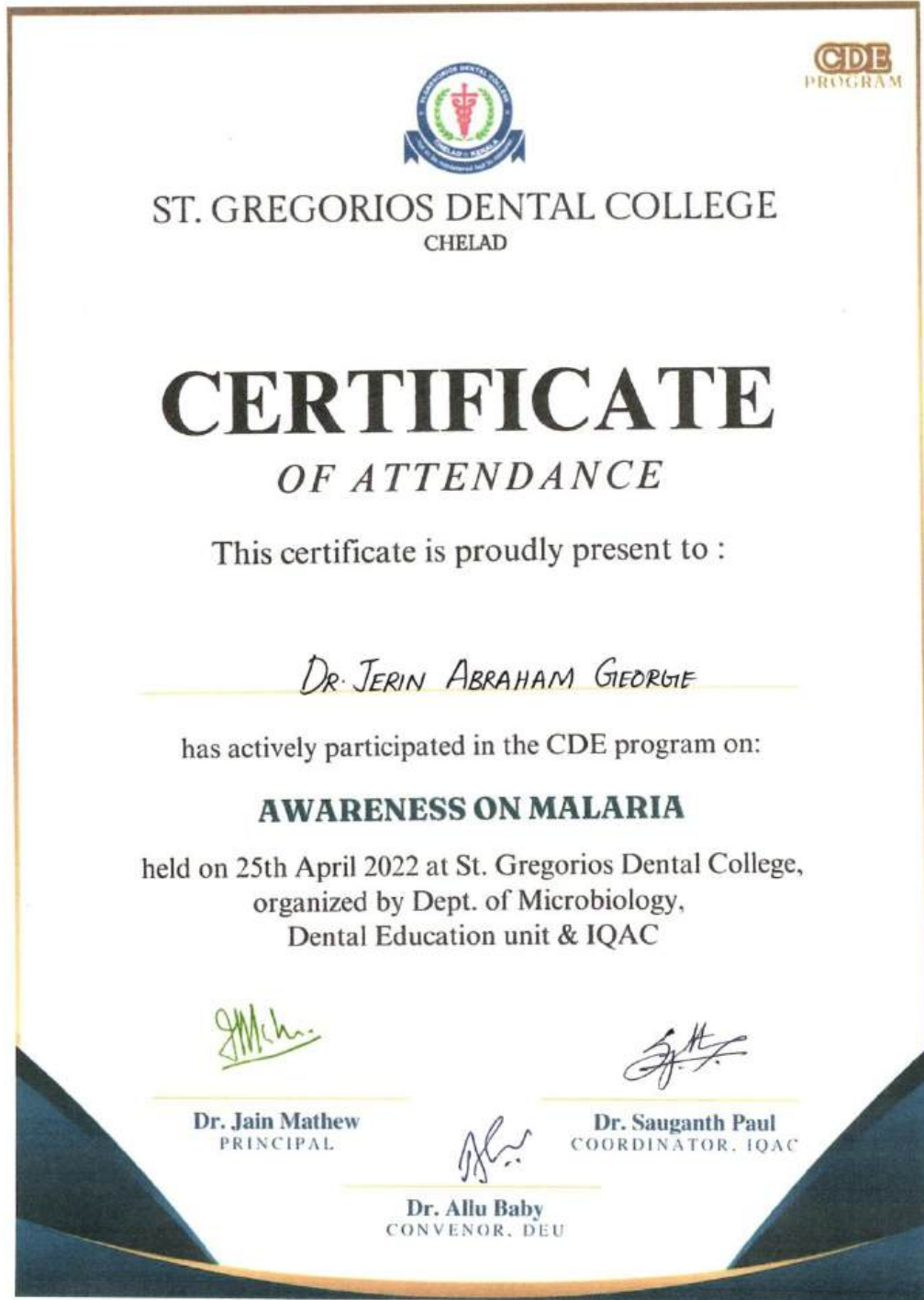
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This certificate is proudly present to :


*DR. JOSE NELSON*


has actively participated in the CDE program on:

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held on 25th April 2022 at St. Gregorios Dental College,  
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Dental Education unit & IQAC

  
**Dr. Jain Mathew**  
PRINCIPAL

  
**Dr. Sauganth Paul**  
COORDINATOR, IQAC

  
**Dr. Allu Baby**  
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DR. KAREENA MIRIAM KAFEEEL


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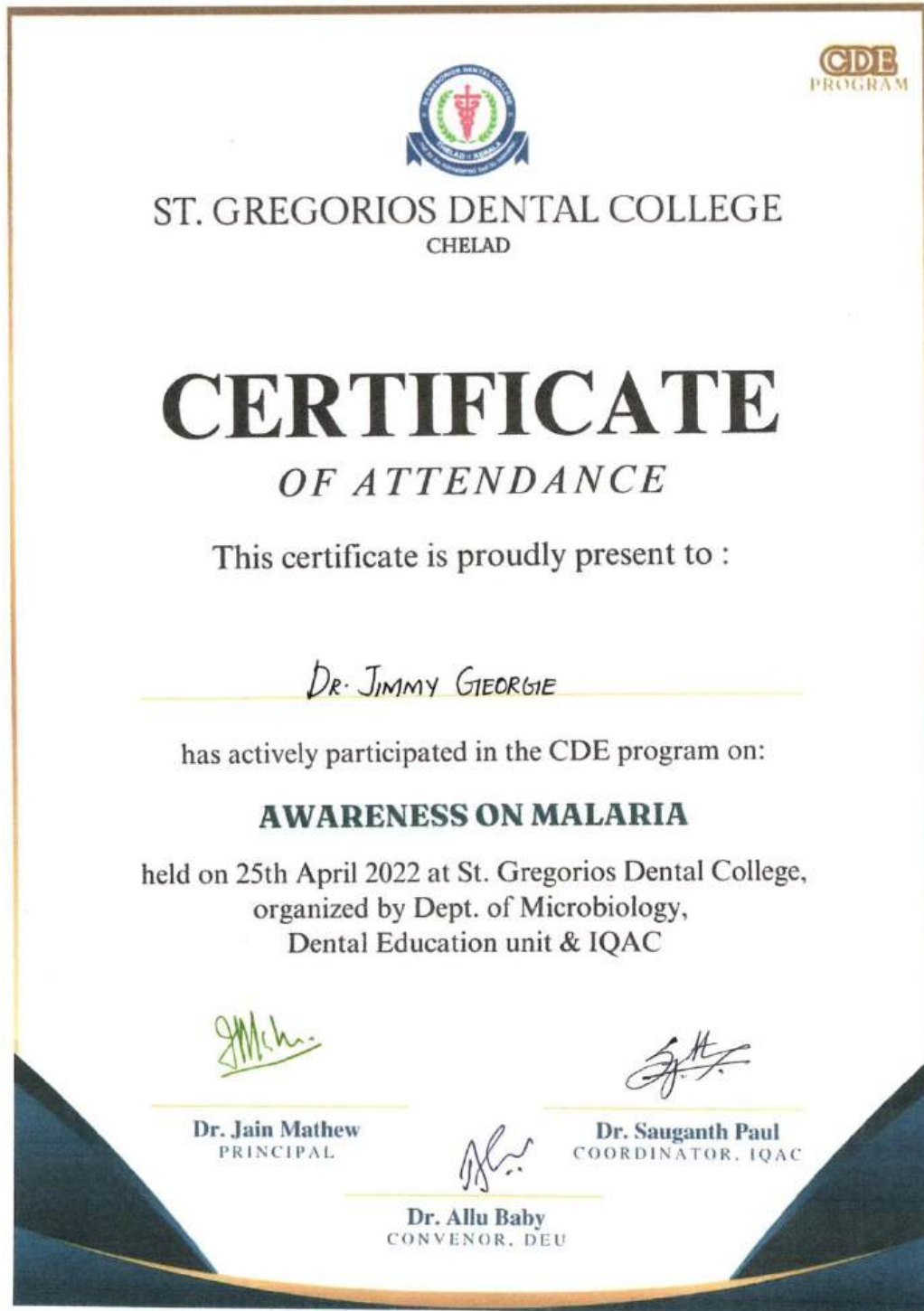


**Dr. Allu Baby**  
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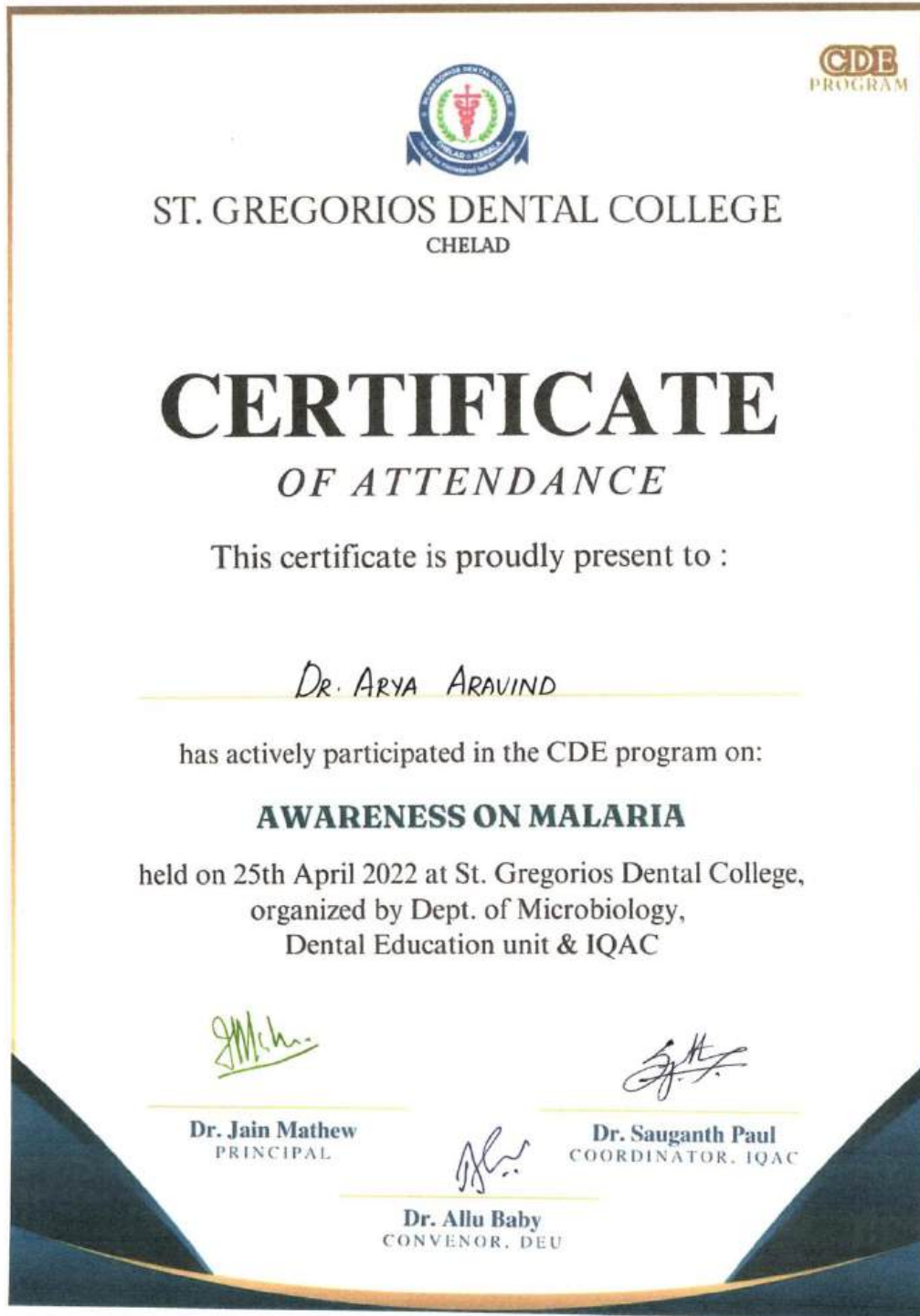






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This certificate is proudly present to :

*Dr. JASMIN CYRIL*

has actively participated in the CDE program on:

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held on 25th April 2022 at St. Gregorios Dental College,  
organized by Dept. of Microbiology,  
Dental Education unit & IQAC

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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## PHOTOGRAPHS



Photograph of class on awareness on malaria



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## ANALYTICAL SKILL DEVELOPMENT





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## RESEARCH METHODOLOGY

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/006/2021

11.08.2021

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on the topic entitled 'Research Methodology' for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Research Committee on the topic Entitled 'Research Methodology' on 13.08.2021 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Anila S.



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St. Gregorios Dental College  
Chelad, Kerala - 686 681



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROSCHURE

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

RESERACH COMMITTE, IQAC  
DENTAL EDUCATION UNIT

# RESEARCH METHODOLOGY

**CDE PROGRAM**

FOR TEACHING FACULTIES AND POST GRADUATES



RESOURCE PERSON

**DR. TINA ELIZABETH JACOB**

 **13 AUG 2021**

 **10.00-11.00 AM**

 **COLLEGE AUDITORIUM**



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## **POST EVENT REPORT**

'RESEARCH METHODOLOGY': The CDE program was conducted in the premises of St. Gregorios Dental College on 13.08.2021. This lecture was to make the attendees understand the principles, methods, and techniques involved in the conduction of the effective research in different disciplines. Dr. Tina explained many aspects related to the design of the research, collection of data, and methods of analysis in dental research. There were many provocative questions, followed by good discussions. This session enabled the participants to execute meaningful research and supported building evidence-based practice in dentistry. The positive nature of the feedback points out the effectiveness of this program in the enhancement of participants' research capacity





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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: RESEARCH METHODOLOGY

13 - 08 - 2021

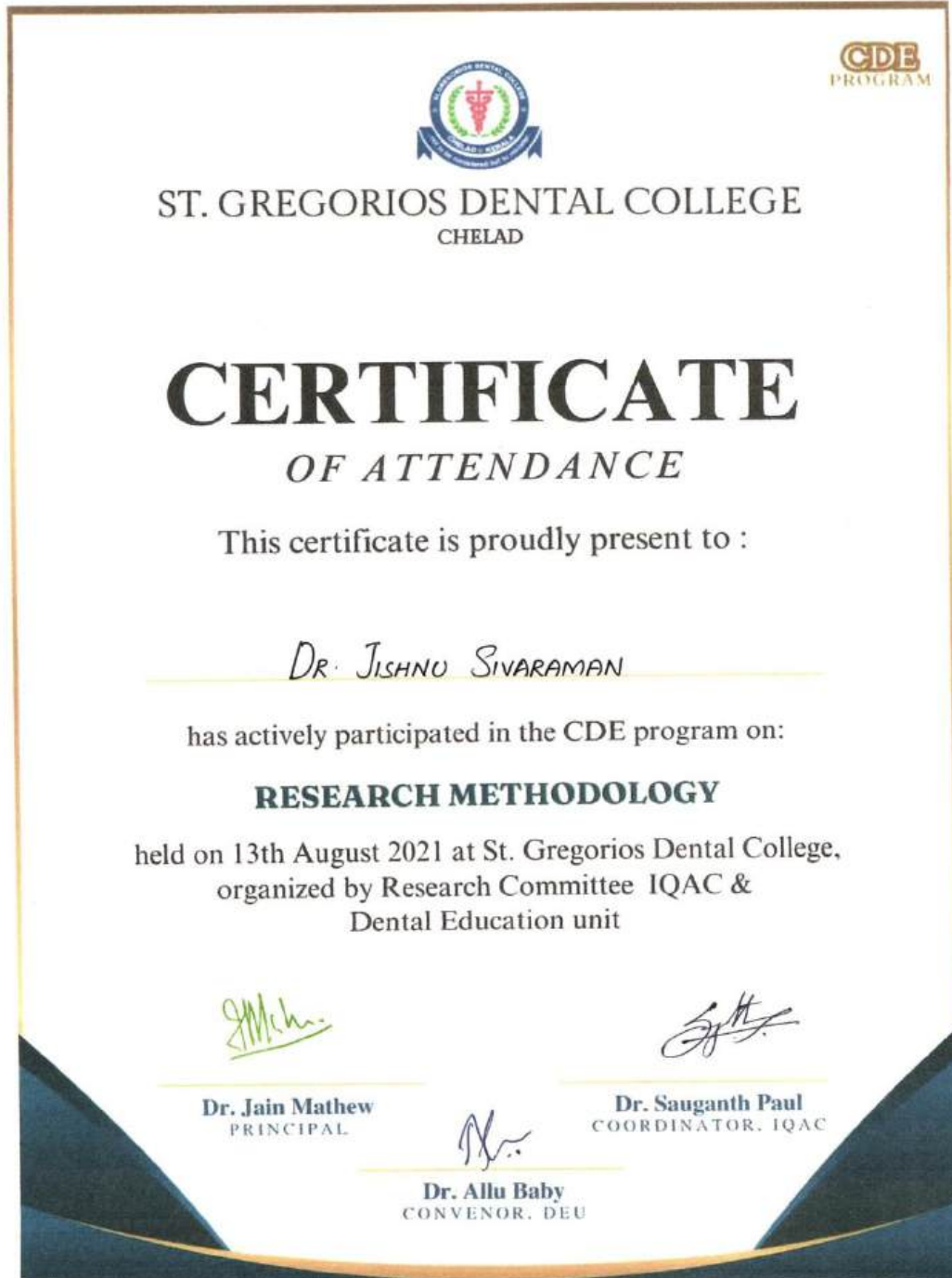
Sl no.	Name of participant	Signature
1	Dr. JISHNU SIVARAMAN	
2	Dr. Pooja Jayan	
3	Dr. Sajin S	
4	Dr. Anwaraya Udayakumar	
5	DR Ann George	
6	Dr. Anni Mariya Sunny	
7	Dr. Nija Mariam Joseph	
8	Dr. Jose Nelson	
9	Dr. Laisa Mariam	
10	Dr. Arya Asanoid	
11	Dr. Jasmin Cyril	
12	Dr. Jennin Abraham George	
13	Dr. Sreemath V.P	
14	DR JINSON JAMES	
15	Dr. Nisha E Joseph	
16	Dr. Lisie P Mathew	
17	Dr. Aida James	
18	Dr. Kareena Mariam	
19	Dr. Hanshankar . U	
20	Dr. VIDYA S.L	
21	Dr. Vidhya P	
22	Dr. Jimmy George	
23	Dr. Divya Subramanian	

PRINCIPAL	DEU Convenor	DEU Secretary



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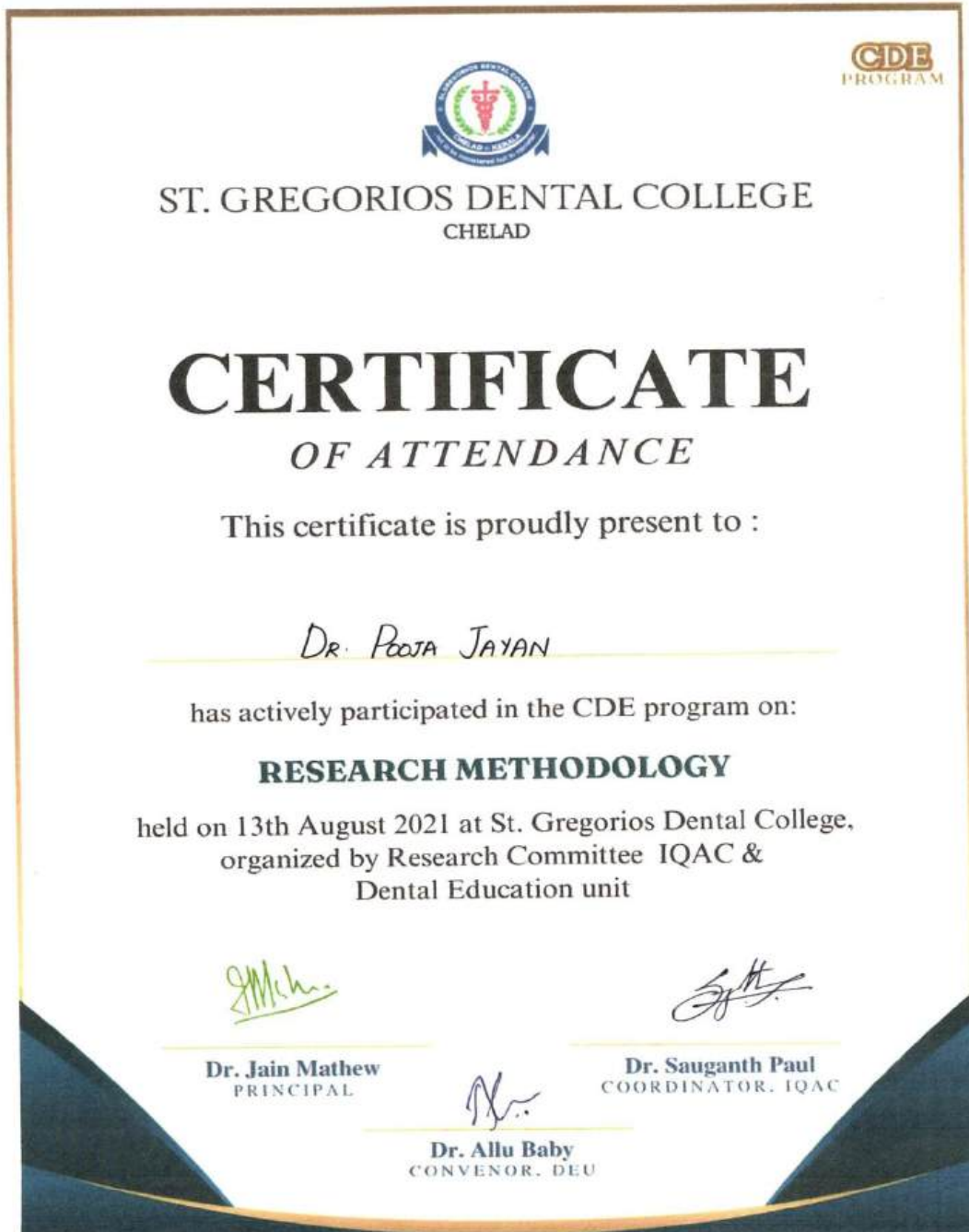
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**CDE**  
PROGRAM



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. AISWARYA UDAYAKUMAR*

has actively participated in the CDE program on:

### RESEARCH METHODOLOGY

held on 13th August 2021 at St. Gregorios Dental College,  
organized by Research Committee IQAC &  
Dental Education unit

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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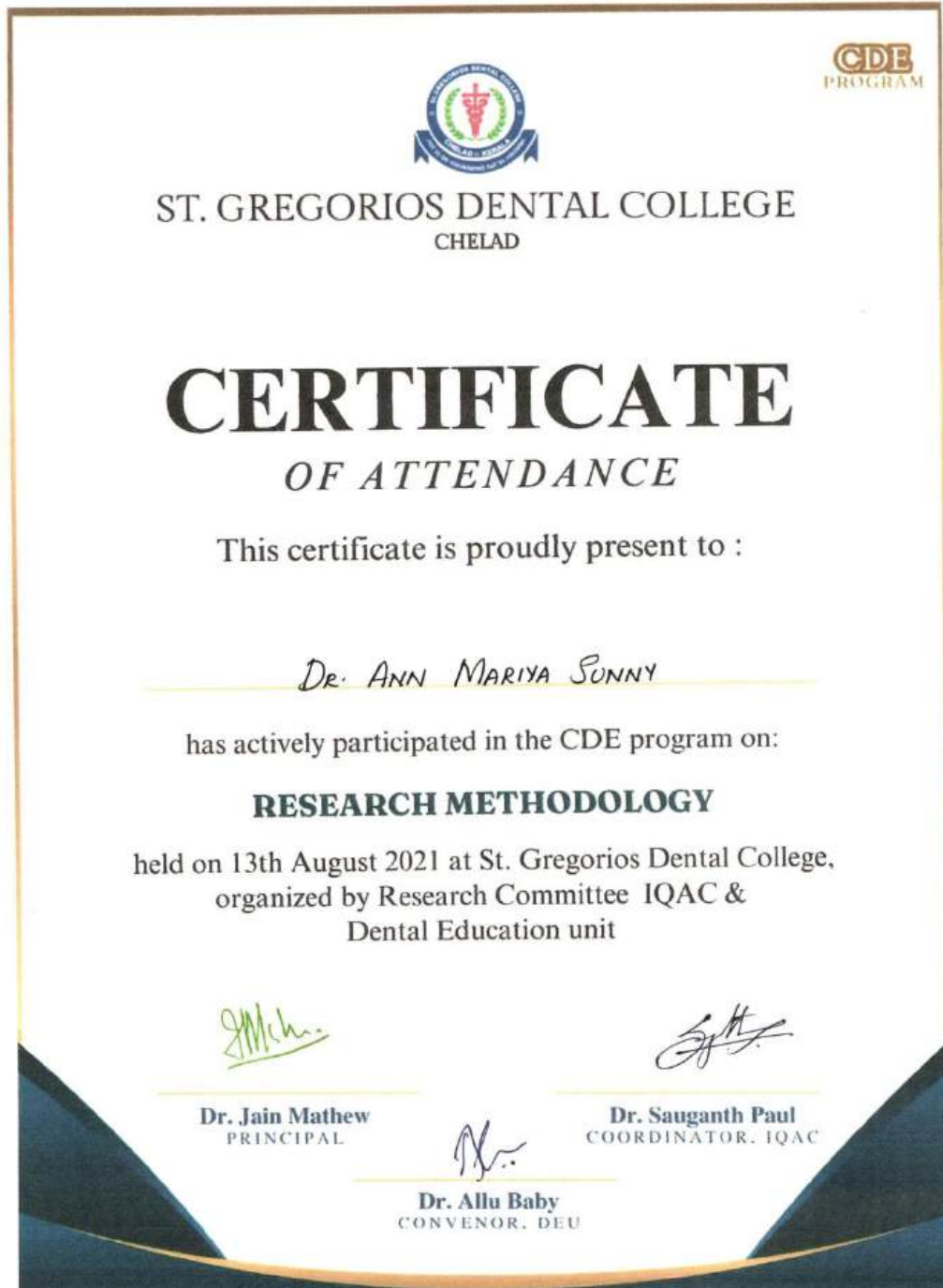
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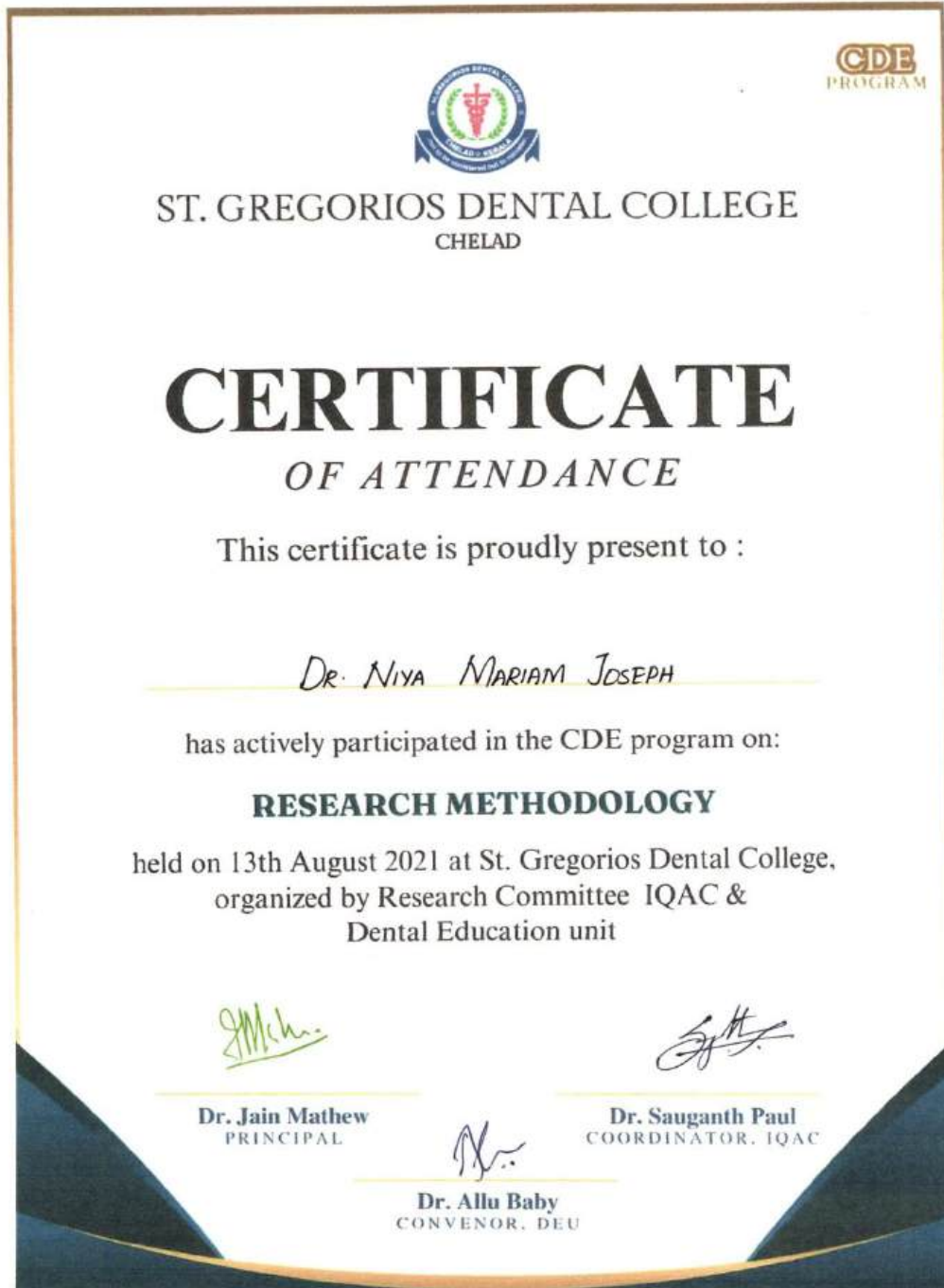
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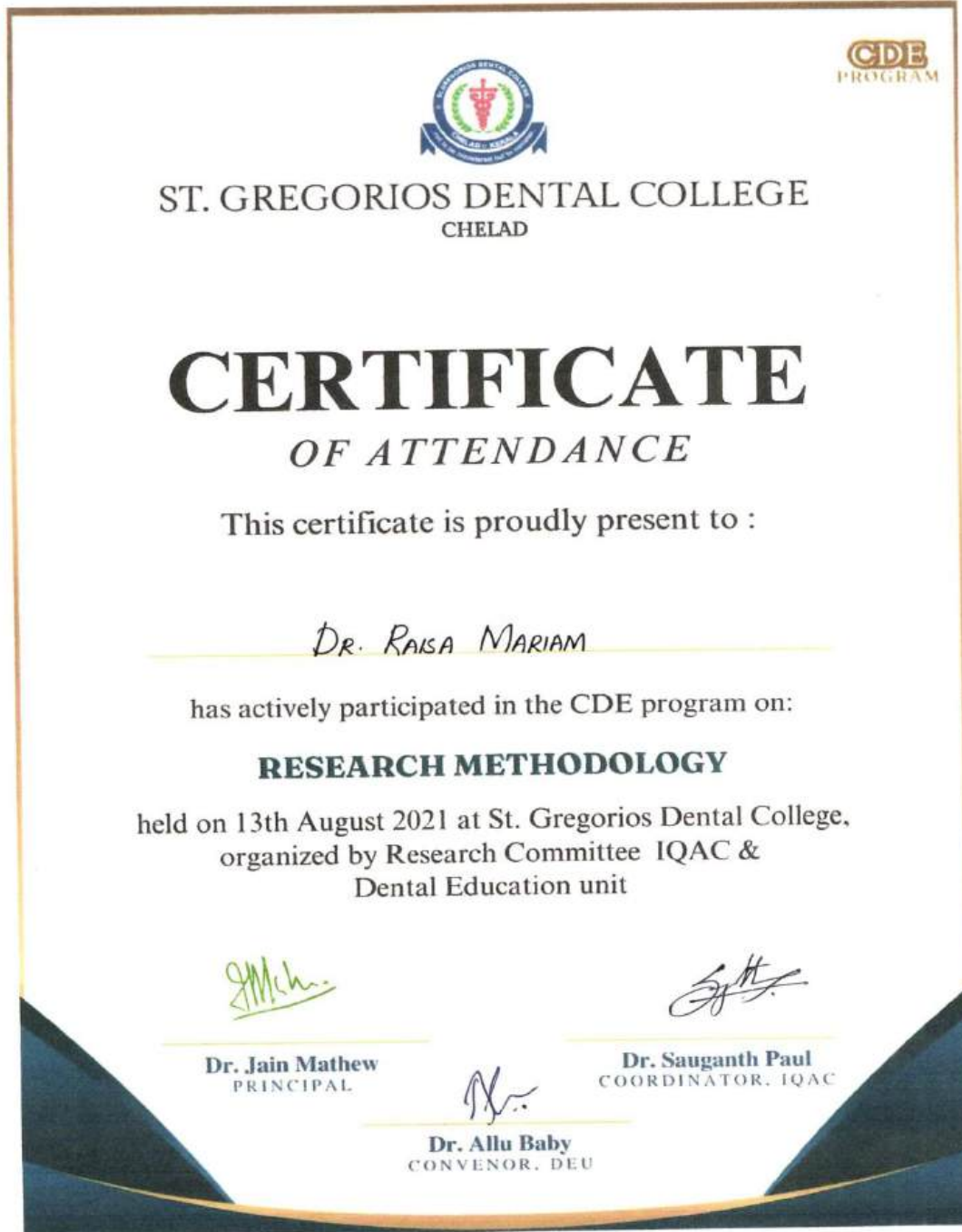






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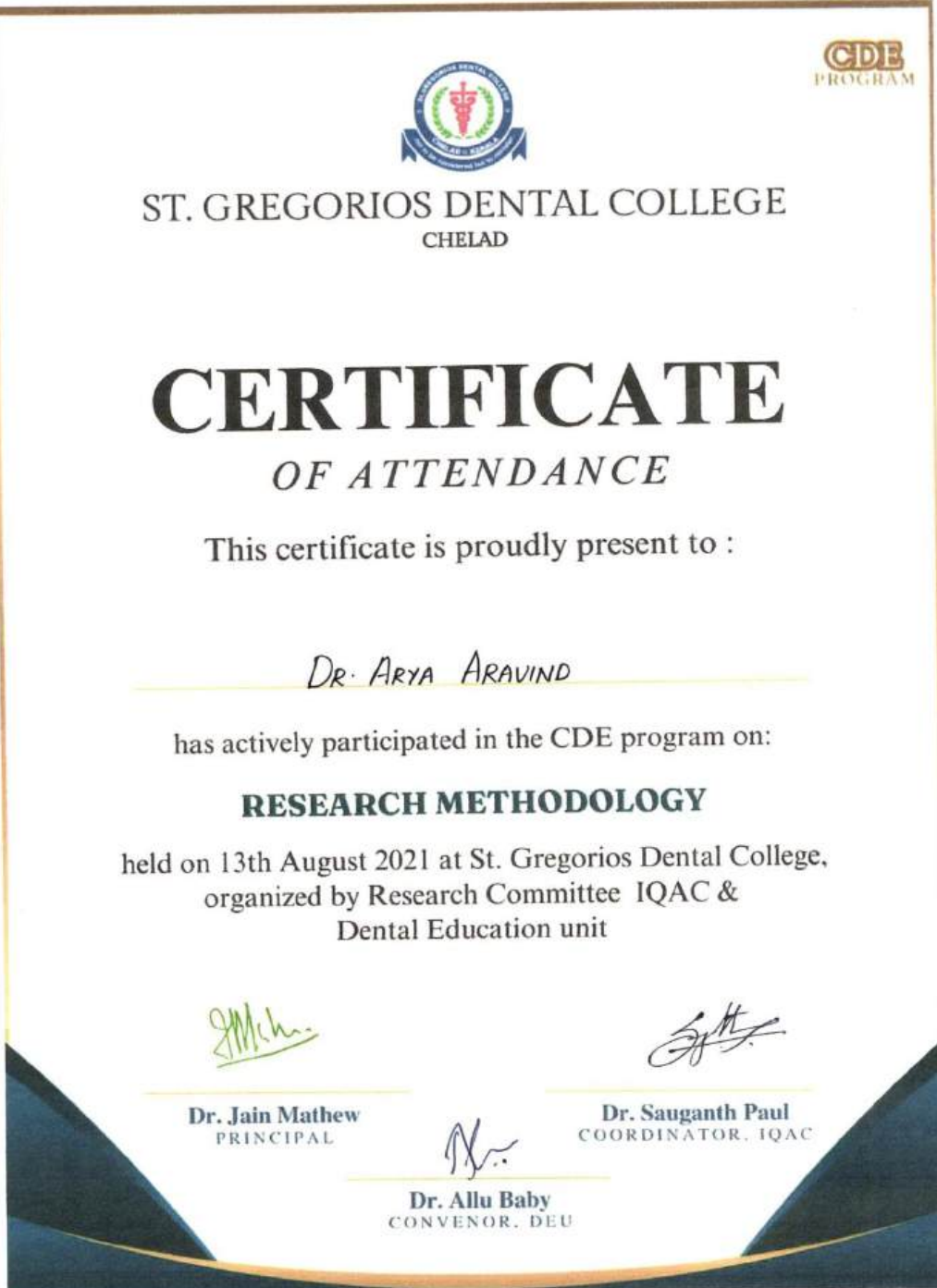
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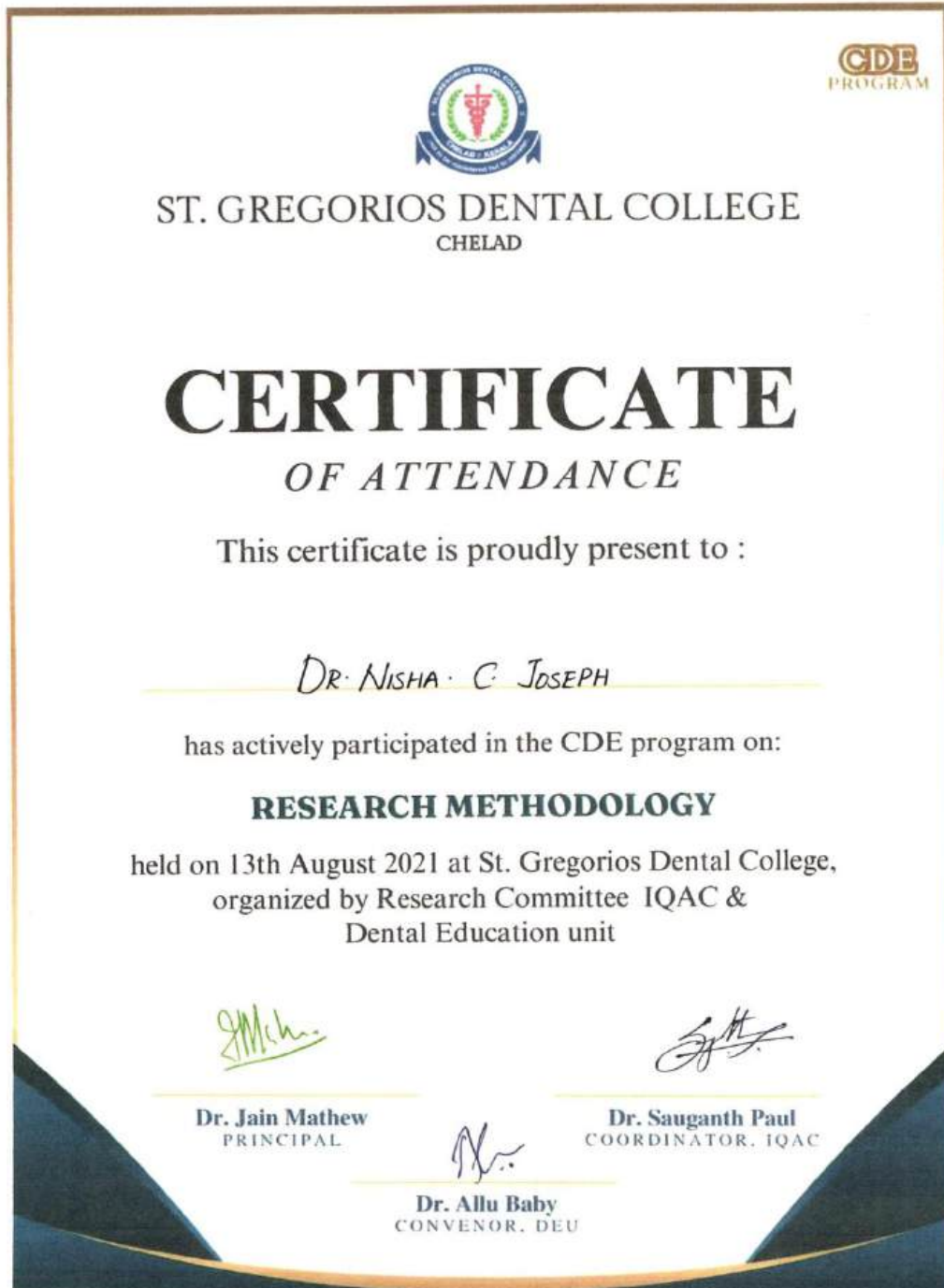
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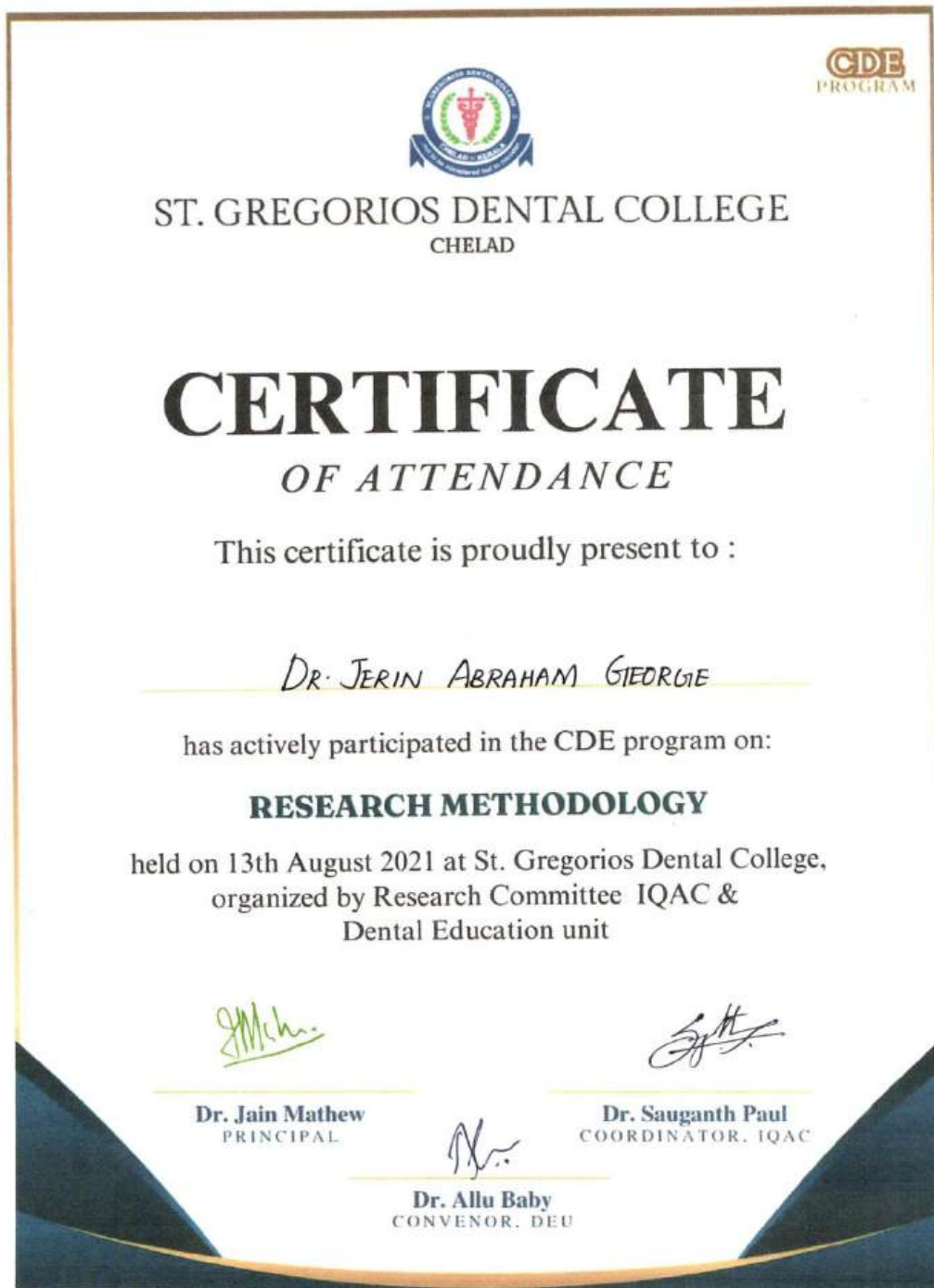
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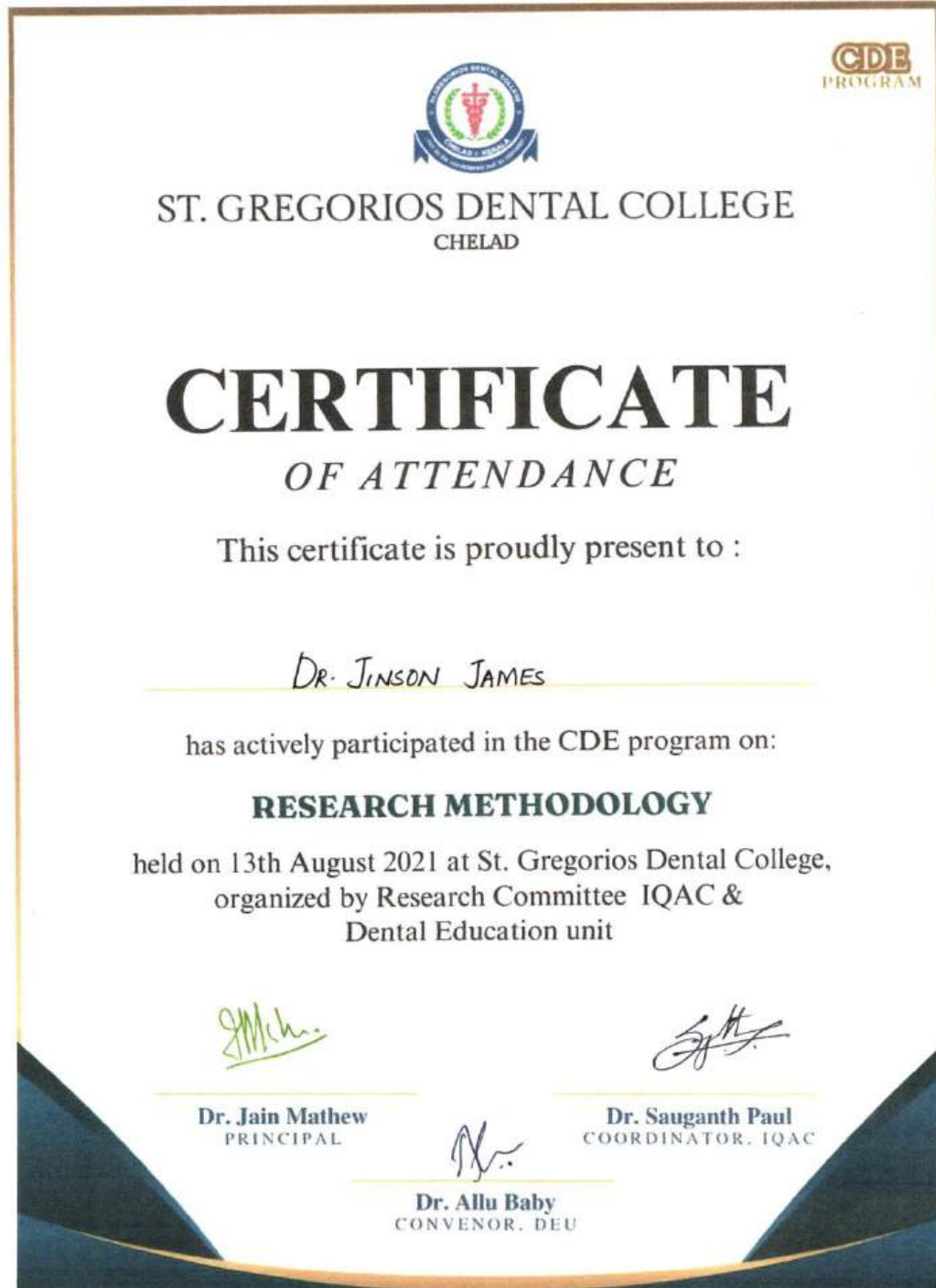
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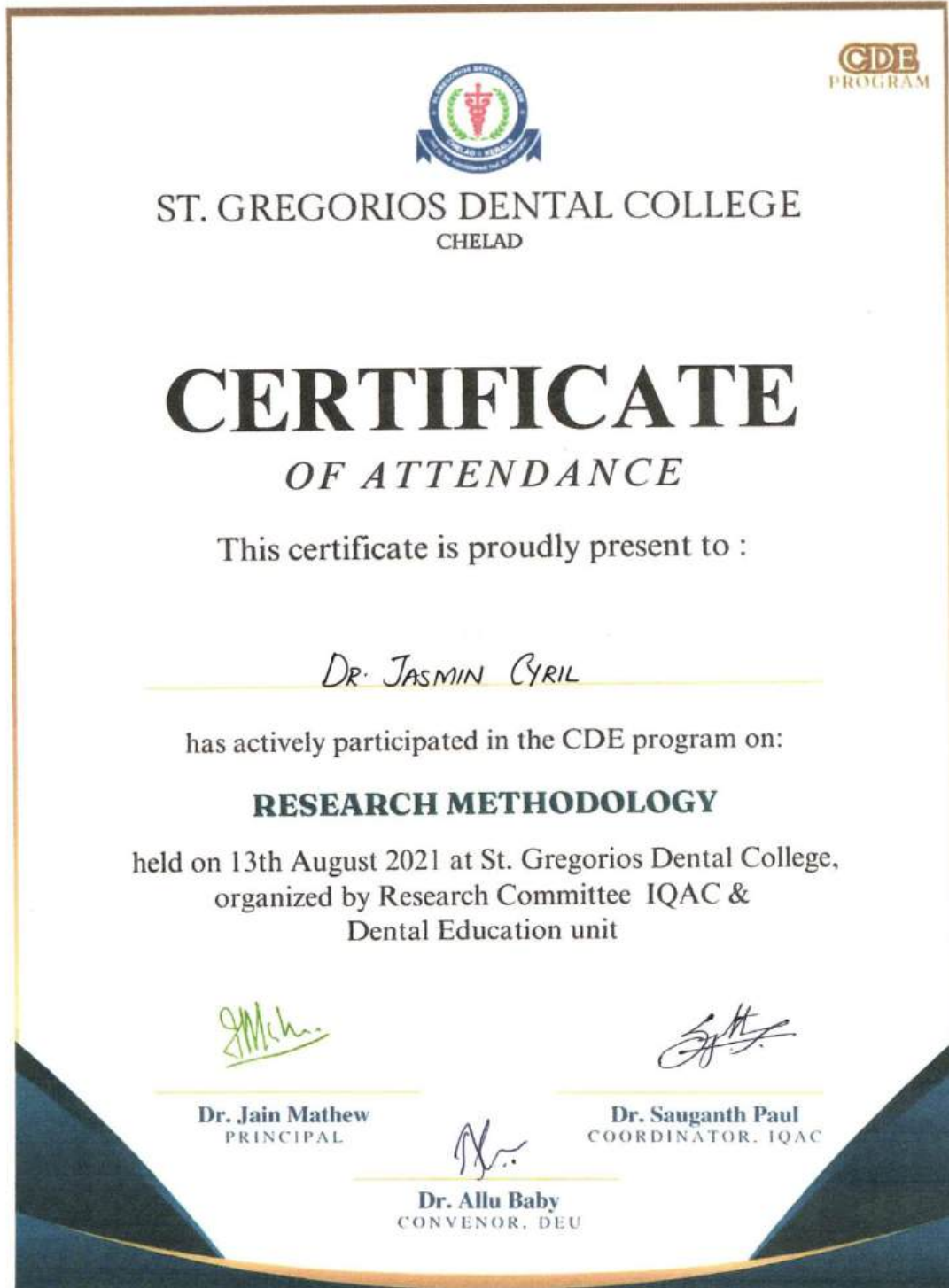
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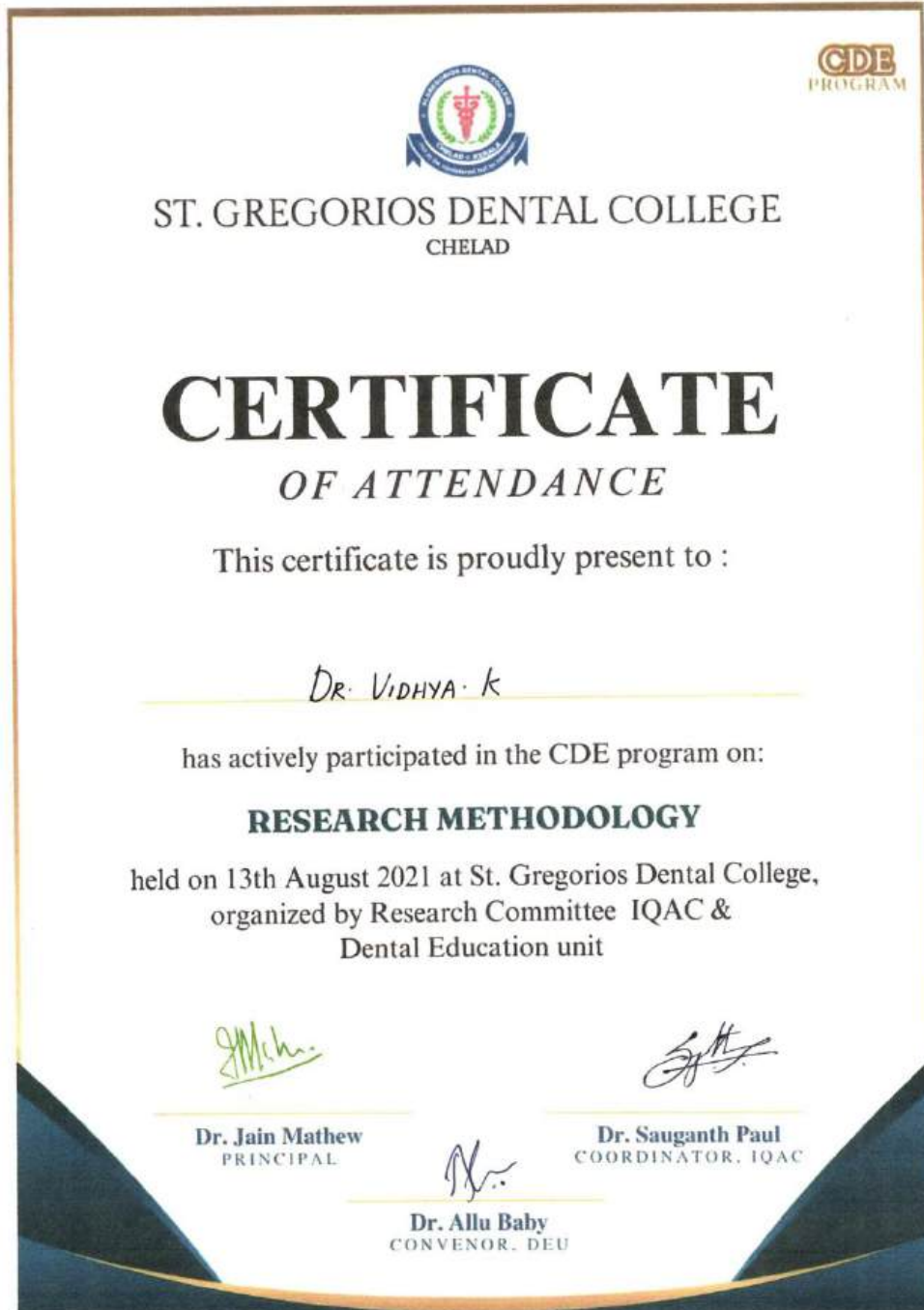
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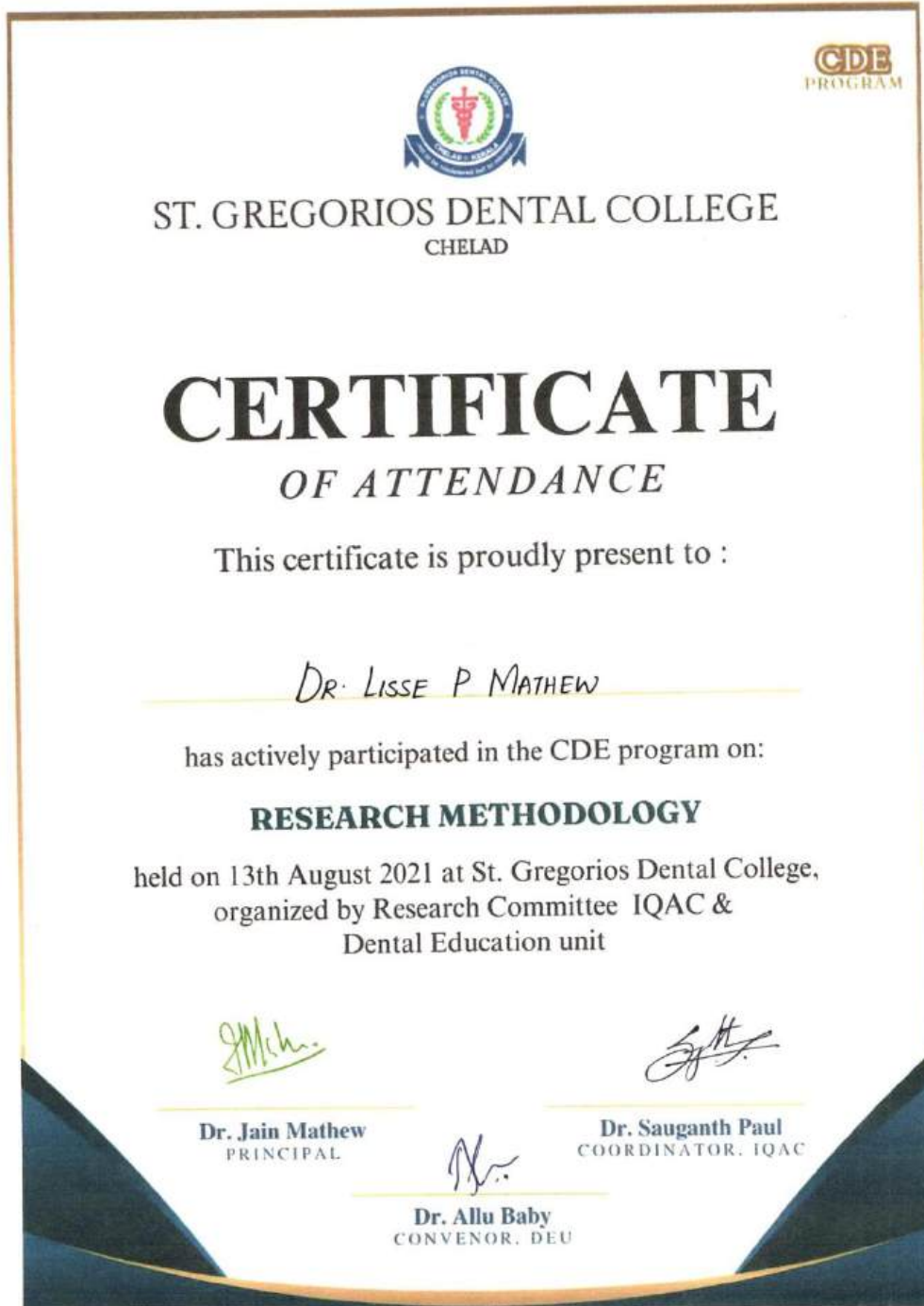
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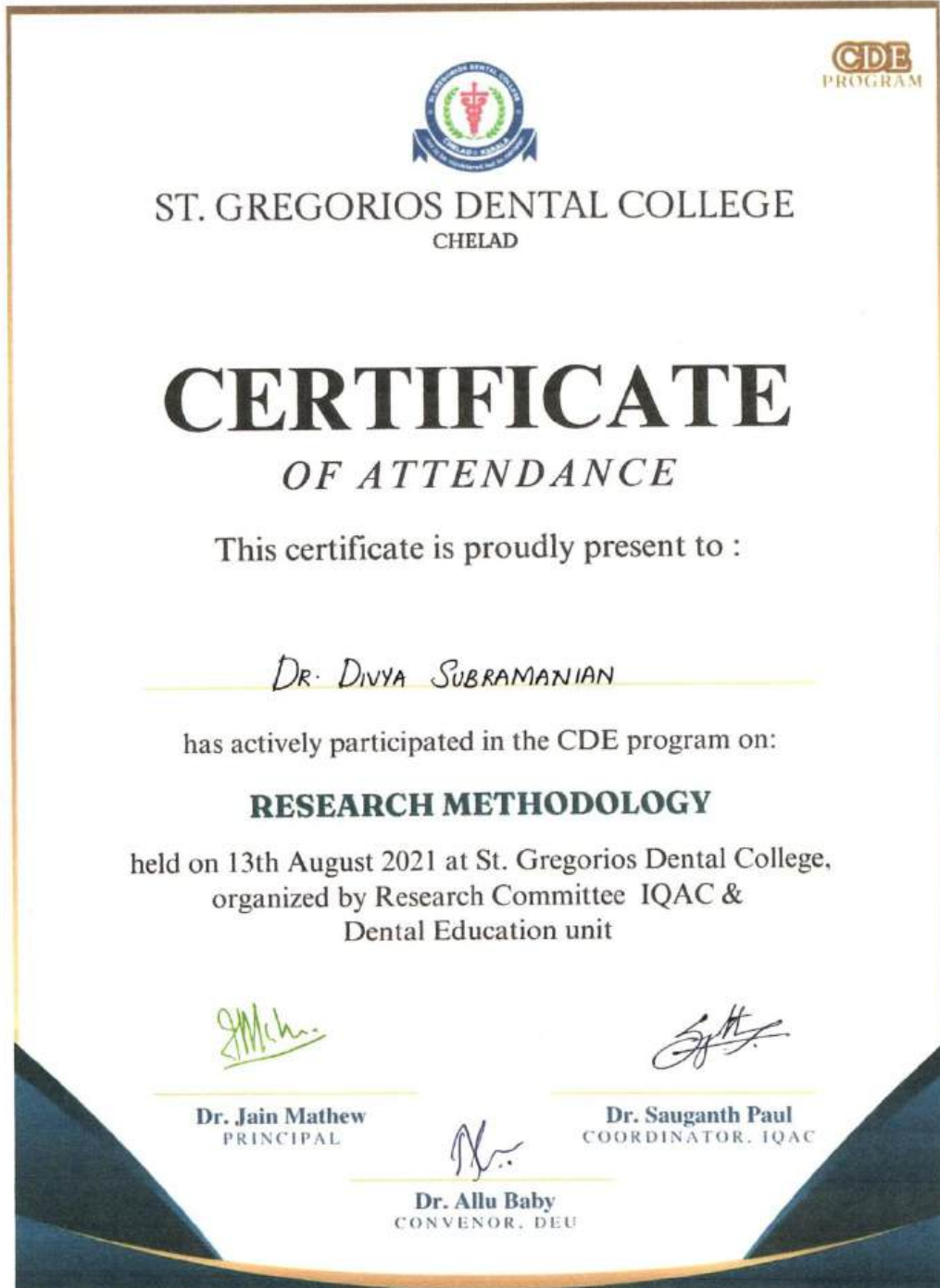
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## PHOTOGRAPHS



Photograph of class on research methodology





# ST. GREGORIOS DENTAL COLLEGE

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## HUMAN VALUE DEVELOPMENT



# ST. GREGORIOS DENTAL COLLEGE

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## SELF DEFENSE

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/001/2022

28.01.2022

**CIRCULAR**

Subject: Value Added Course on Self Defence for 3<sup>rd</sup> year students.

This is to inform that a value-added program entitled SELF DEFENSE is being organised by the Women Empowerment Cell (WEC) of the college for 3<sup>rd</sup> year students from 01.02.2022 at the college auditorium

For further reference, reach out to Dr. Annie V Issac



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## BROCHURE

**SELF DEFENCE**  
VALUE ADDED PROGRAM

2022  
01-02  
FEB

TARGET  
3RD YEAR BDS STUDENTS

LOCATION  
COLLEGE AUDITORIUM

ORGANIZED BY  
**WOMEN CELL**  
INTERNAL QUALITY ASSURANCE CELL,  
ST. GREGORIOS DENTAL COLLEGE





# ST. GREGORIOS DENTAL COLLEGE

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## **POST EVENT REPORT**

Date: 01.02.2022 – 02.02.2022

Location: St. Gregorios Dental College

Speaker and Trainer: Mr. Renjith Jose

### **Training Methodology:**

The students receive instruction in self-defense through a combination of classroom theory and real-world application. Key concepts are reviewed at the start of the session, and then there are interactive discussions and demonstrations. Students can build their physical skills through practical practice sessions that emphasize strikes, blocks, escapes, and forceful communication methods. Role-playing games reinforce situational awareness and decision-making by simulating real-life dental practice circumstances. Students can apply acquired skills under pressure through scenario-based instruction, which fosters confidence and adaptability. Throughout the training, safety, moral issues, and the legal ramifications of self-defense are stressed. Students are encouraged to improve their methods and thinking through ongoing feedback and reflection, which promotes a culture of empowerment and readiness in the face of possible threats.

### **Key Highlights:**

- Interactive workshops
- Fostered and experimental learning technique
- Insights from the karate master, Mr. Renjith Jose were astounding to the students
- The workshop gave basic training for the students and the program was continued as practice sessions for the students monthly once on every second Saturday.
- The program was helpful to build their self confidence and replicate real life scenarios
- Hands on practice was implemented and all students were given equal chances to practice the demonstrations under expert guidance of the mast



# ST. GREGORIOS DENTAL COLLEGE

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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Self Defence* VALUE ADDED COURSE

Sl no.	Name of participant	01/02/2022 Day 1	02/02/2022 Day 2
1.	Amal A	Amal	Amal
2.	Archal Eric	Archal	Archal
3.	Angela Susan Jacob	Angela	Angela
4.	ANJINI ROSE	Anjini	Anjini
5.	CIELLA Mocken	Ciella	Ciella
6.	Dona Davis	Dona	Dona
7.	Elma Sajjo T	Elma	Elma
8.	Esha Chinnuderi	Esha	Esha
9.	Honey Leza Sajin	Honey	Honey
10.	Jesly Mariam Jacob	Jesly	Jesly
11.	Karin Marium George	Karin	Karin
12.	Malavika Pitham Shaji	Malavika	Malavika
13.	Maniya George	Maniya	Maniya
14.	Manya Raji Daniel	Manya	Manya
15.	Maya Maniya Pithamara	Maya	Maya
16.	Nakul P. G.	Nakul	Nakul
17.	R. Romari	Romari	Romari
18.	Shruti Raji Nair	Shruti	Shruti
19.	Sreethi V S	Sreethi	Sreethi
20.	SORABHI E. S.	Sorabhi	Sorabhi
21.	Vidhya K S	Vidhya	Vidhya

PRINCIPAL	DEU Convenor	DEU Secretary



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## PHOTOGRAPHS



Photograph of Self Defence class (karate)



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## SELF ESTEEM AND SELF CONFIDENCE



**ST GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/003/2022.

8.03.2022

**CIRCULAR**

Subject: Self Esteem and Self Confidence

Department of Conservative Dentistry and Endodontics is organizing a value added program entitled "SELF ESTEEM AND SELF CONFIDENCE" on 10.3.2022 to 11.03.2022 for Part 2 students in the college auditorium.



  
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## BROCHURE

 **ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

INTERNAL QUALITY ASSURANCE CELL  
DENTAL EDUCATION UNIT  
DEPT. OF CONSERVATIVE & ENDODONTICS

**SELF ESTEEM**  
**SELF CONFIDENCE**

VALUE ADDED PROGRAM  
FOR FINAL YEAR PART 2

  
**RESOURCE PERSON**  
**FR. SHANU PAULOSE**

  
**9.00 AM - 4.00 PM**

**10-11 MARCH ,2022** 

**COLLEGE AUDITORIUM** 



# ST. GREGORIOS DENTAL COLLEGE

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## **POST-EVENT REPORT: SELF ESTEEM AND SELF CONFIDENCE**

Date: 10.03.2022 to 11.03.2022

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

Creating supportive environments with peers or mentors, using cognitive-behavioral strategies to confront negative attitudes, and experiential learning to increase competence via achievement are common training methodologies for enhancing self-esteem and confidence. These methods support people in strengthening their sense of self, overcoming obstacles with more skill, and building their general self-assurance and self-worth.

### Key Highlights:

The program focuses on enhancing self-esteem and self-confidence through cognitive-behavioral techniques to challenge negative thoughts, experiential learning for skill development and achievement, and creating a supportive environment with mentors or peers. It aims to empower participants to build a stronger self-concept, navigate challenges effectively, and foster personal growth and well-being.

### Conclusion:

To sum up, the programme provides a comprehensive strategy for raising self-worth and confidence through experiential learning, cognitive-behavioral methods, and a caring community. Through enabling individuals to transform pessimistic ideas, acquire useful abilities, and obtain motivation, the programme fosters individual development, adaptability, and enhanced overall health.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: *Self Esteem and Self Confidence.*

Sl no.	Name of participant	10-3-22 Day 1	11-3-22 Day 2
	NIKKY Peter	<i>Nicky</i>	<i>Nicky</i>
	ciby abraham	<i>Ciby</i>	<i>Ciby</i>
	Saya Baby	<i>Saya</i>	<i>Saya</i>
	JIA MARIA	<i>Jia</i>	<i>Jia</i>
	Angel	<i>Angel</i>	<i>Angel</i>
	Annie drcasa jetsy	<i>Annie</i>	<i>Annie</i>
	Johan V	<i>Johan</i>	<i>Johan</i>
	Dijil	<i>Dijil</i>	<i>Dijil</i>
	Anghe	<i>Anghe</i>	<i>Anghe</i>
	JOSE SAM AVARAN	<i>Jose</i>	<i>Jose</i>
	Prudh Ann	<i>Prudh</i>	<i>Prudh</i>
	Alwina	<i>Alwina</i>	<i>Alwina</i>
	Ammalakshmi	<i>Ammala</i>	<i>Ammala</i>
	Preasa	<i>Preasa</i>	<i>Preasa</i>
	Agna	<i>Agna</i>	<i>Agna</i>
	Sheetal	<i>Sheetal</i>	<i>Sheetal</i>
	Mahalakshmi	<i>Mahala</i>	<i>Mahala</i>
	Richa	<i>Richa</i>	<i>Richa</i>
	Ruth	<i>Ruth</i>	<i>Ruth</i>
	Sneha	<i>Sneha</i>	<i>Sneha</i>
	Akshaya	<i>Akshaya</i>	<i>Akshaya</i>
	Aswathy	<i>Aswathy</i>	<i>Aswathy</i>
	Memia Benny	<i>Memia</i>	<i>Memia</i>
	Divya	<i>Divya</i>	<i>Divya</i>
	ELBE	<i>elbe</i>	<i>elbe</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary





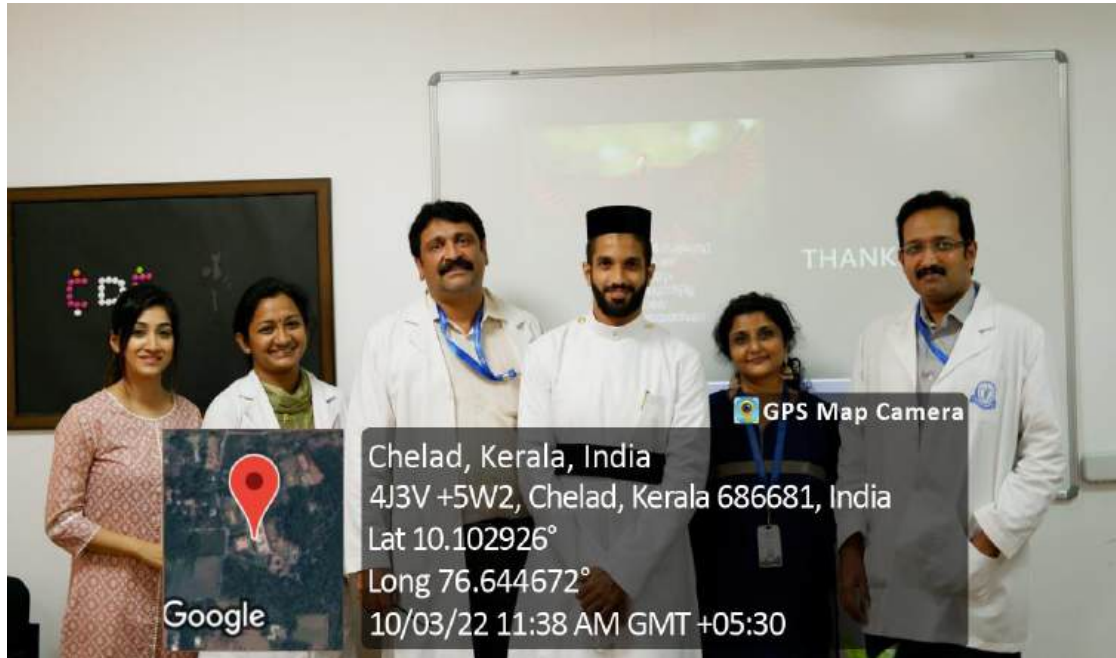


# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## PHOTOGRAPHS



Photograph of class on self esteem and self confidence



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

# CERTIFICATE

OF PARTICIPATION

*Self Esteem and Self Confidence*

PROUDLY PRESENTED TO

*PREENU ANN*

for successfully completing 15 hours value added program from  
*10/03/2022* to *11/03/2022* conducted by the Department of  
Conservative Dentistry and Endodontics in association with the  
Internal Quality Assurance Cell and the Dental Education Unit.

 DR. JAIN MATHEW PRINCIPAL	 DR. ALLU BABY DEU CONVENOR
 DR. SAUGANTH PAUL M. V. IQAC COORDINATOR	



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **BRING OUT THE BEST IN YOU – A GUIDELINE TO SUCCESS**



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/005/2022

15.04.2022

**CIRCULAR**

Subject: Certificate course on "Bring out the Best in You - A guideline to Success" program for Final year Part 1 students.

Department of Prosthodontics and Crown and Bridge of St. Gregorios Dental College is organizing a value-added program entitled 'Bring out the Best in You – A guideline to Success' program for Final year Part 1 students on 18.04.2022-19.04.2022 in the college auditorium

For further reference, reach out to Dr. Arun Joy



A handwritten signature in green ink, appearing to read "J.M.Ch.", written over a horizontal line.

**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE



**ST GREGORIOS  
DENTAL COLLEGE**

INTERNAL QUALITY ASSURANCE CELL

*Bring out the  
best in you*  
**A GUIDELINE TO  
SUCCESS**

VALUE ADDED PROGRAM  
FOR FINAL YEAR PART 1



**RESOURCE PERSON**  
**Dr. CIVY PULAYATH**

**DATE:**  
18-19 APRIL 2022

**VENUE:**  
COLLEGE AUDITORIUM

**TIME:**  
09.00 AM - 4.00 PM





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

Date: 18.04.2022-19.04.2022

Location: St. Gregorios Dental College

Speaker: Dr. Civy Pulayath

### **Training Methodology:**

In order to encourage students' personal and professional growth, the undergraduate dental program "Bring Out the Best in You: A Guideline to Success" used interactive workshops, experiential learning, and guest lecturers. Students identify their skills, shortcomings, and areas for progress through the use of self-assessment tools, goal-setting, and reflective practice. Mindfulness exercises and skill-building seminars support fundamental abilities and overall wellbeing. Professional development seminars and networking events offer chances for skill improvement and career discovery. The program's efficacy is continuously assessed and feedback is given, allowing students to develop the abilities, frame of mind, and routines necessary for success in the dental field. In order to enable students to succeed academically, professionally, and personally as they set out on their path to become qualified and caring dental professionals, an all-encompassing strategy was developed.

### **Key Highlights:**

- Interactive workshops
- Fostered and experimental learning technique
- Insights from the industry expert, Dr. Civy Pulayath offered valuable perspectives, guidance and inspiration to students' personal and professional growth
- The workshop gave a structured approach to goal setting and action planning
- Offered a holistic approach for both academic and personal growth
- The program had continuous feedback and evaluation going on to ensure program effectiveness and improvement



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



**ST. GREGORIOS DENTAL COLLEGE, CHELAD**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM ERNAKULAM DIST. KERALA - 686681

TOPIC: BRING OUT THE BEST IN YOU

Dates - 18/4/22 - 19/4/22

Sl no.	Name of participant	Day 1	Day 2
1.	AKHIL VARGHESE	Akhil	Akhil
2.	SUSSANA JOHNSON	Sussana	Sussana
3.	Jeff Jacob Mathias	Jeff	Jeff
4.	MARIA RANI THOMAS	Maria	Maria
5.	Manisha Chandran	Manisha	Manisha
6.	MINNU B NANNULLIL	Minnu	Minnu
7.	Shruthi V S	Shruthi	Shruthi
8.	Johani Kachariath	Johani	Johani
9.	Elbin Joy	Elbin	Elbin
10.	Divya Olavy Dhalli	Divya	Divya
11.	Aswathi Smit	Aswathi	Aswathi
12.	Akshara Swan	Akshara	Akshara
13.	Akshara Elizabeth	Akshara	Akshara
14.	Diji David	Diji	Diji
15.	Akshara Kriakon	Akshara	Akshara
16.	MARIA BENNY	Maria	Maria
17.	Alka Susom Dony	Alka	Alka
18.	Anetta Anna Eldho	Anetta	Anetta
19.	Anisha Rachel John	Anisha	Anisha
20.	Aparna U. Raj	Aparna	Aparna
21.	George CBOU	George	George
22.	ANOOPA IM	Anoop	Anoop
23.	Christy Elizabeth Philip	Christy	Christy
24.	Ashley Eldo Paulose	Ashley	Ashley
25.	Hanna Mary Eldho	Hanna	Hanna
	PRINCIPAL	DEU Convenor	DEU Secretary







# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## PHOTOGRAPHS



Photograph of class on bring out the best in you



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## TALK ON EMPOWERING WOMEN IN LEADERSHIP POSITIONS



**ST. GREGORIOS DENTAL COLLEGE**

**CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 004/2022

30.03.2022

**CIRCULAR**

Subject: Value added program entitled TALK ON EMPOWERING WOMEN IN LEADERSHIP POSITIONS.

The Women Empowerment Cell, St. Gregorios Dental College are organizing a value added program entitled 'TALK ON EMPOWERING WOMEN IN LEADERSHIP POSITIONS' for Second year students from 01.04.2022-02.04.2022 at the College Auditorium.

For further reference reach out to Dr. Silpa Abraham.



  
**PRINCIPAL**  
**PRINCIPAL**  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

**EMPOWERING WOMEN IN  
LEADERSHIP POSITIONS**

**GENDER EQUITY**

VALUE ADDED PROGRAM FOR  
2ND YEAR BDS STUDENTS

**01-02 APRIL 2022**  
**10.00 AM**

ORGANIZED BY  
WOMEN CELL, IQAC

**COLLEGE AUDITORIUM**



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST-EVENT REPORT**

**Date:** 01.04.2022-02.04.2022

### **Training Methodology:**

The training modality includes interactive lectures, group discussions, role-playing exercises, and peer-mentoring sessions to actively involve participants. Emphasis shall be placed on experiential learning as participants will be given the opportunity to apply the concepts in real-life scenarios. Facilitators are there to guide and support that collaborative and supportive learning environment. Understanding is enhanced with the use of multi-media resources and case studies. The reflection and feedback mechanisms ensure continuous improvement. The methodology will empower women to develop practical skills and strategies in becoming successful leaders.

### **Key Highlights:**

- Interactive lectures and group discussions encourage active participation among the learners.
- Role-play exercises facilitate the practical application of leadership skills.
- Peer mentoring sessions offer support and networking.
- It emphasizes experiential learning to increase understanding and capabilities.
- Resources include rich media and case studies that enrich the experience.



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Talk on Empowering Women in Leadership Positions  
[1-4-22 - 2-4-22]

Sl no.	Name of participant	Day 1	Day 2
1	Amal A.	Amal	Amal
2	Angela Susan Jacob	Angela	Angela
3	DONA DAVIS	Dona	Dona
4	Jesay Mariam Jacob.	Jesay	Jesay
5	Anil Jose	Anil	Anil
6	Anjana Rose.	Anjana	Anjana
7	Maria George.	Maria	Maria
8	Shobha Saji	Shobha	Shobha
9	HONEY LEYA SAJAN.	Honey	Honey
10	Mulisha Hani Shaji	Mulisha	Mulisha
11	Ciitta Mookan	Ciitta	Ciitta
12	MARIYA REJI DANIEL	Mariya	Mariya
13	Uma Samudran.	Uma	Uma
14	Shruti Saji Nair	Shruti	Shruti
15	Maya Maria Abraham.	Maya	Maya
16	KRISHA MARIAM GEORGE	Krish	Krish
17	Nakul PG	Nakul	Nakul
18	Sreethi V.S	Sreethi	Sreethi
19	R. Ramani	Ramani	Ramani
20	Swathi B.S	Swathi	Swathi
21	Vidhya K.S	Vidhya	Vidhya

		
PRINCIPAL	DEU Convenor	DEU Secretary






# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
C H E L A D

# CERTIFICATE


OF PARTICIPATION

*Talk on Empowering Women in  
Leadership Positions*


PROUDLY PRESENTED TO

AMAL A


for successfully completing 15 hours value added program from  
...14/22... to ...24/22... conducted by the Women  
Empowerment Cell in association with the Internal Quality  
Assurance Cell and the Dental Education Unit.




DR. JAIN MATHEW  
PRINCIPAL



DR. ALLU BABY  
DEU CONVENOR



DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## PHOTOGRAPHS



Photograph of class on empowering women



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## GENDER EQUITY



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **GENDER EQUITY: SUPPORTING GIRLS EDUCATION; INVESTING IN FUTURE GENERATIONS**



**ST. GREGORIOS DENTAL COLLEGE**

**CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 002/2022

05.02.2022

**CIRCULAR**

Subject: Value added program on GENDER EQUITY: SUPPORTING GIRLS EDUCATION;  
INVESTING IN FUTURE GENERATIONS.

The Women Empowerment Cell, St. Gregorios Dental College are organizing a value added program entitled 'GENDER EQUITY: SUPPORTING GIRLS EDUCATION; INVESTING IN FUTURE GENERATIONS' for Third year students from 08.02.2022-09.02.2022 at the College Auditorium.

For further reference reach out to Ms. Nima M. Kalapura.

  
PRINCIPAL

St. Gregorios Dental College  
Chelad, Kerala - 686 681



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# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

# GENDER EQUITY

SUPPORTING GIRLS EDUCATION:  
INVESTING IN FUTURE GENERATIONS

VALUE ADDED PROGRAM  
for third year BDS students



**ORGANIZED BY**

WOMEN CELL, IQAC  
ST. GREGORIOS DENTAL COLLEGE, CHELAD



**08-09 FEB  
2022**

**09.00 AM  
College Auditorium**

St. Gregorios Dental College,  
Chelad



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST-EVENT REPORT**

**Date:** 08.02.2022-09.02.2022

### **Training Methodology:**

The training methodology used a mixture of interactive lectures, case studies, group discussions, and practical exercises. Reflective activities helped participants gain deeper understanding and application in real-world scenarios. Interactive sessions promoted collaboration and peer learning, and expert facilitation kept participants engaged and ensured learning retention. Additionally, multimedia and experiential learning techniques enhanced the learning experience, promoting understanding of gender equity issues and strategies for girls' education.

### **Key Highlights:**

- Comprehensive exploration into issues of gender equity in education.
- In-depth analysis of the barriers hindering access to education for girls.
- Quality education and leadership development are probably the best strategies to empower girls.
- Examination of the long-term advantages of investing in girls' education.
- Highlight the contributions that families, communities, and policies can provide in the concern for gender equity.




# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE


**ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
 UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Gender Equity, Supporting Girls Education, Investing in Future Generations

Sl no.	Name of participant	9/2/22 Day 1	9/2/22 Day 2
1	AIBRAF JOY	<i>[Signature]</i>	<i>[Signature]</i>
2	ANASHA T.M	<i>[Signature]</i>	<i>[Signature]</i>
3	Alka Susana Binu	<i>[Signature]</i>	<i>[Signature]</i>
4	Jithin Elizabeth Biju	<i>[Signature]</i>	<i>[Signature]</i>
5	LIYANA SHIBU	<i>[Signature]</i>	<i>[Signature]</i>
6	ANOMA U. RAJ	<i>[Signature]</i>	<i>[Signature]</i>
7	NOYA GANESH	<i>[Signature]</i>	<i>[Signature]</i>
8	MANISHA CHANDRAN	<i>[Signature]</i>	<i>[Signature]</i>
9	MANISHA MARY ELIUD	<i>[Signature]</i>	<i>[Signature]</i>
10	Ashwarya Elizabeth K.	<i>[Signature]</i>	<i>[Signature]</i>
11	Alena B. Paul	<i>[Signature]</i>	<i>[Signature]</i>
12	Manya Maria Aji	<i>[Signature]</i>	<i>[Signature]</i>
13	CHIRAGU BIJU	<i>[Signature]</i>	<i>[Signature]</i>
14	MELVINA THOMAS	<i>[Signature]</i>	<i>[Signature]</i>
15	Alex Mathew	<i>[Signature]</i>	<i>[Signature]</i>
16	Kareem Rachel Purnam	<i>[Signature]</i>	<i>[Signature]</i>
17	J.J. Jacob Mathew	<i>[Signature]</i>	<i>[Signature]</i>
18	Alvin Raju	<i>[Signature]</i>	<i>[Signature]</i>
19	Rinku Jc Rajeev	<i>[Signature]</i>	<i>[Signature]</i>
20	Shiby Elizabeth Philip	<i>[Signature]</i>	<i>[Signature]</i>
21	RIHANA V.H	<i>[Signature]</i>	<i>[Signature]</i>
22	Jithin Saji	<i>[Signature]</i>	<i>[Signature]</i>
23	Ashwin T.K	<i>[Signature]</i>	<i>[Signature]</i>
24	Manya Elizabeth Sunil	<i>[Signature]</i>	<i>[Signature]</i>
25	Geetha Lakshmi	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary







# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## PHOTOGRAPH



Photograph of class on gender equity



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

# CERTIFICATE

OF PARTICIPATION

*Gender Equity- Supporting Girls Education;  
Investing in Future Generations*

PROUDLY PRESENTED TO



JEFF JACOB MATHEWS

for successfully completing 15 hours value added program from  
8/2/22 to 2/2/22..... conducted by the Women  
Empowerment Cell in association with the Internal Quality  
Assurance Cell and the Dental Education Unit.



---

DR. JAIN MATHEW  
PRINCIPAL



---

DR. ALLU BABY  
DEU CONVENOR



---

DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## PERSONALITY AND PROFESSIONAL DEVELOPMENT





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## BASIC LIFE SUPPORT

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 007/2021

01.12.2021

**CIRCULAR**

Subject: Certificate course on Basic life support (BLS) for Interns.

Department of Oral and Maxillofacial Surgery, St. Gregorios Dental College is organizing a value-added program on Basic life support for interns on 3.12.2021 - 4.12.2021 at 8 am at the college auditorium.

For further reference, reach out to Dr. Sanjith Salim.



  
**PRINCIPAL**

**PRINCIPAL**  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

 **ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

# BASIC LIFE SUPPORT

**VALUE ADDED PROGRAM**  
**FOR INTERNS**

LEAD BY:  
**HEALTH CAREERS INSTITUTE**

**03-04**  
DECEMBER 2021

**8.00 AM - 4.00 PM**  
COLLEGE AUDITORIUM

IN ASSOCIATION WITH  
IQAC, DENTAL EDUCATION UNIT & DEPT. OF OMFS



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST-EVENT REPORT**

Date: 3.12.2021 - 4.12.2021

Location: College Auditorium, St. Gregorios Dental College

### **Training Methodology:**

Instructions for the use of the latest CPR and AED guidelines, including specific compression depth, speed, and techniques, were provided to the interns. Through practical sessions, the participants were able to apply what they had learned in simulated cardiac arrest situations. The trainees were instructed by Health Careers Institute Private Ltd representatives in hands-on application. Certificate was given immediately after that.

### **Key Highlights:**

- In-depth conversations about survival importance in making the lives of those who have suffered a heart attack bearable
- Thorough guidelines on the importance of early identification and activation of the emergency medical service systems.
- Demonstrations on practical approaches to chest compressions, airway control and rescue breaths.
- Practice using shock box machines underlining the essence of prompt defibrillations.
- Role-playing as an avenue of creating real-life situations which might occur.





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Basic Life Support*

Sl no.	Name of participant	3/12/2021 Day 1	4/12/2021 Day 2
1	Aishwarya Mangam	<i>[Signature]</i>	<i>[Signature]</i>
2	Basil Jose	<i>[Signature]</i>	<i>[Signature]</i>
3	AKSHAY P R M	<i>[Signature]</i>	<i>[Signature]</i>
4	Alisa Biju	<i>[Signature]</i>	<i>[Signature]</i>
5	Ann Anny Jose	<i>[Signature]</i>	<i>[Signature]</i>
6	Praviz Jose	<i>[Signature]</i>	<i>[Signature]</i>
7	Ashley S. Reyy	<i>[Signature]</i>	<i>[Signature]</i>
8	Akshaya R. Nath	<i>[Signature]</i>	<i>[Signature]</i>
9	Fakhana Mohammed P	<i>[Signature]</i>	<i>[Signature]</i>
10	TRENIS THOMAS	<i>[Signature]</i>	<i>[Signature]</i>
11	Nandu P.	<i>[Signature]</i>	<i>[Signature]</i>
12	ANNA MARY PAUL	<i>[Signature]</i>	<i>[Signature]</i>
13	Jisha Bindu Prabash	<i>[Signature]</i>	<i>[Signature]</i>
14	Maggi Xavier	<i>[Signature]</i>	<i>[Signature]</i>
15	Ruchika KC	<i>[Signature]</i>	<i>[Signature]</i>
16	Arya Haridas	<i>[Signature]</i>	<i>[Signature]</i>
17	Meera Viji	<i>[Signature]</i>	<i>[Signature]</i>
18	Justine Jose	<i>[Signature]</i>	<i>[Signature]</i>
19	Meera Varghese	<i>[Signature]</i>	<i>[Signature]</i>
20	Kessiya Babu	<i>[Signature]</i>	<i>[Signature]</i>
21	MEERNA MARIA JOSE	<i>[Signature]</i>	<i>[Signature]</i>
22	MAYA DAS	<i>[Signature]</i>	<i>[Signature]</i>
23	Nyru Fatima	<i>[Signature]</i>	<i>[Signature]</i>
24	Pratyoti PP	<i>[Signature]</i>	<i>[Signature]</i>
25	Ashwini M Anni	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
PRINCIPAL	DEU Convenor	DEU Secretary





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



**Health Careers Institute Pvt. Ltd.**



37/1989 A, Bhattathiripad Road, Opp. Elamkulam Kavalakkal Temple,  
Off. Kaloor – Kadavanthra Road, Kaloor, Kochi - 682 017, Kerala, India



### CERTIFICATE



This is to certify that

Maya Das

has successfully completed

**BASIC LIFE SUPPORT**

1 Day	03/12/2021
Course Duration	Date Completed

Organisational Member of  
**Quality Council of India**  
CORP/CS/5598/2021-22



HCBS-22/03/43  
Certificate No



  
\_\_\_\_\_  
Jeril Cherian  
Principal



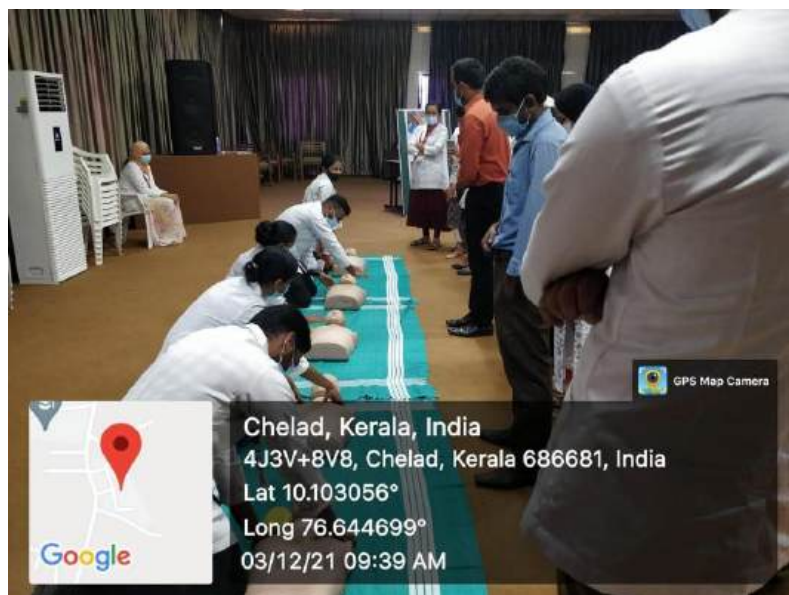




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## PHOTOGRAPHS



Photograph of Basic Life Support class





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---

## MANAGEMENT OF MEDICALLY COMPROMISED PATIENT

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/008/2021

16.11.2021

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Management Of Medically Compromised Patient' for staff and post graduate students.

This is to inform you that a Continuous Dental Education program (CDE) is being organised by the research committee on the topic entitled 'Management Of Medically Compromised Patient' on 18.11.2021 at the college auditorium.

For further reference, reach out to Dr. Sanjith Salim



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Chelad, Kerala - 686 681



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

**ST. GREGORIOS DENTAL COLLEGE**  
**CHELAD**

In association with  
**Dental Education Unit & Dept. of Oral & Maxillofacial Surgery**

**MANAGEMENT  
OF MEDICALLY  
COMPROMISED  
PATIENT**

**VALUE ADDED PROGRAM**

FOR TEACHING FACULTIES AND POST GRADUATES

**RESOURCE PERSON**  
**DR. AINU ANN JOSE**

**2021**  
**18 NOVEMBER**

**TIME & VENUE**  
**8.00 AM -1.00 PM / COLLEGE AUDITORIUM**



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

MANAGEMENT OF MEDICALLY COMPROMISED PATIENT, the CDE program conducted at the college auditorium on 18.11.2021 explored subtle aspects of caring for patients with different medical histories and gave participants all the tools they needed to get the best possible dental results while putting the safety and wellbeing of their patients first. The program was organised by the department of Oral and Maxillofacial Surgery, St Gregorios Dental College. Dr AINU Ann Jose was the speaker of the program. Participant knowledge of managing medical complications, reducing risks, and putting evidence-based protocols into practice was greatly enhanced via interactive workshops, case studies, and talks. In addition to improving clinical competency, this multimodal program reinforced the value of providing comprehensive dental care by fostering a greater comprehension of interdisciplinary collaboration.





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE

19/11/21

10:30



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: MANAGEMENT OF MEDICALLY COMPROMISED PATIENTS

DATE - 18/11/21

Sl no.	Name of participant	Signature
1.	Dr. Raisa Mariano Jacob	[Signature]
2.	Dr. Divya Subarmanian	[Signature]
3.	Dr. Abela James	[Signature]
4.	Dr. Nitya Maria Joseph	[Signature]
5.	Dr. Parvathy Jayan	[Signature]
6.	Dr. Prashantha K.	[Signature]
7.	Dr. Nisha Maria Joseph	[Signature]
8.	Dr. Anu George	[Signature]
9.	Dr. Nisha C Joseph	[Signature]
10.	Dr. Jeeva Abraham George	[Signature]
11.	Dr. Anil Mathan V.J	[Signature]
12.	Dr. Mebil Joseph	[Signature]
13.	Dr. Anu George	[Signature]
14.	Dr. Jose Nelson	[Signature]
15.	Dr. Raisa Maria Jacob	[Signature]
16.	Dr. Ashwarya Udayakumar	[Signature]
17.	Dr. Vidya S.L	[Signature]
18.	Dr. Kusuma Muriya Kayal Reynold	[Signature]
19.	Dr. P. Pindal	[Signature]
20.	Dr. Anurag Chackraborty	[Signature]
21.	Dr. Jithin Suparaman	[Signature]
22.	Dr. Jany George K.	[Signature]
23.	Dr. Sreenath VP	[Signature]
24.	Dr. Jinson James puthuparambil	[Signature]
25.	Dr. Anu George	[Signature]

[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU Convenor	DEU Secretary



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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CDE  
PROGRAM

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*DR. RAISA MARIAM JACOB*

has actively participated in the CDE program on:

**MANAGEMENT OF MEDICALLY  
COMPROMISED PATIENT**

held on 18th November 2021 at St. Gregorios Dental College,  
organized by Dept. of Oral & Maxillofacial Surgery,  
Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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CDE  
PROGRAM



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. Divya Subramanian*

has actively participated in the CDE program on:

### MANAGEMENT OF MEDICALLY COMPROMISED PATIENT

held on 18th November 2021 at St. Gregorios Dental College,  
organized by Dept. of Oral & Maxillofacial Surgery,  
Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

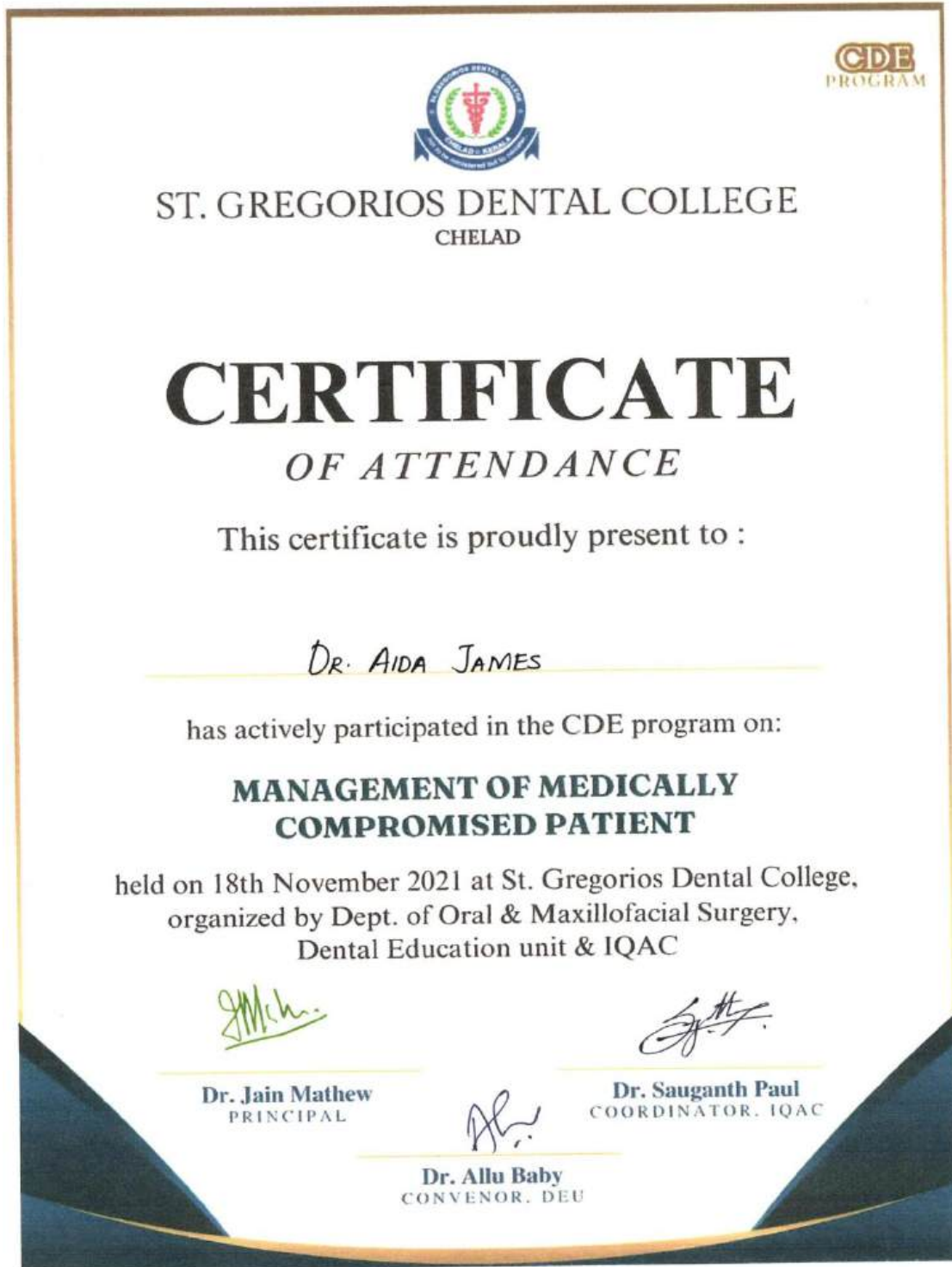
Dr. Allu Baby  
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CDE  
PROGRAM



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. NIYA MARIAM JOSEPH*

has actively participated in the CDE program on:

### MANAGEMENT OF MEDICALLY COMPROMISED PATIENT

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Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

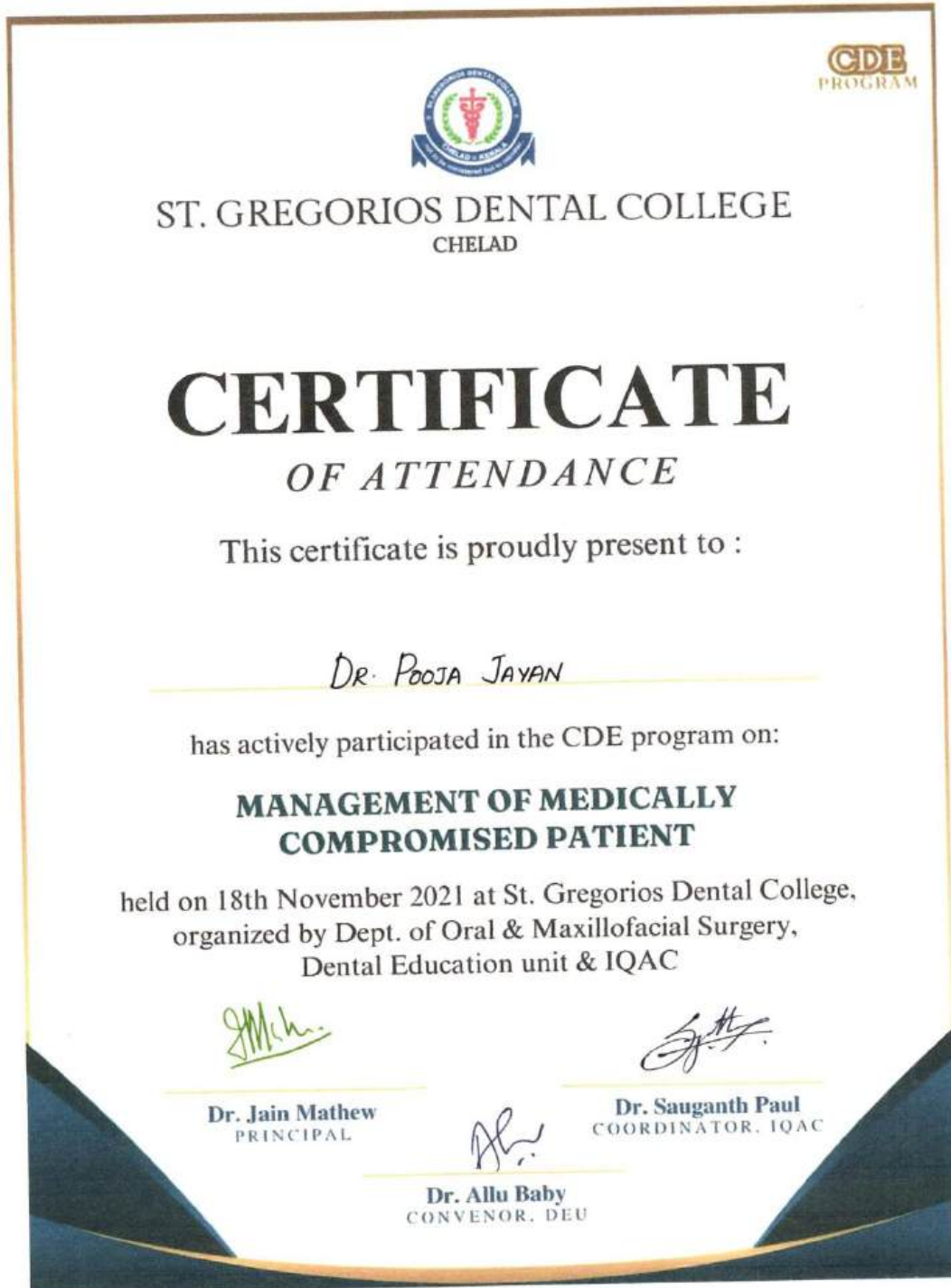
Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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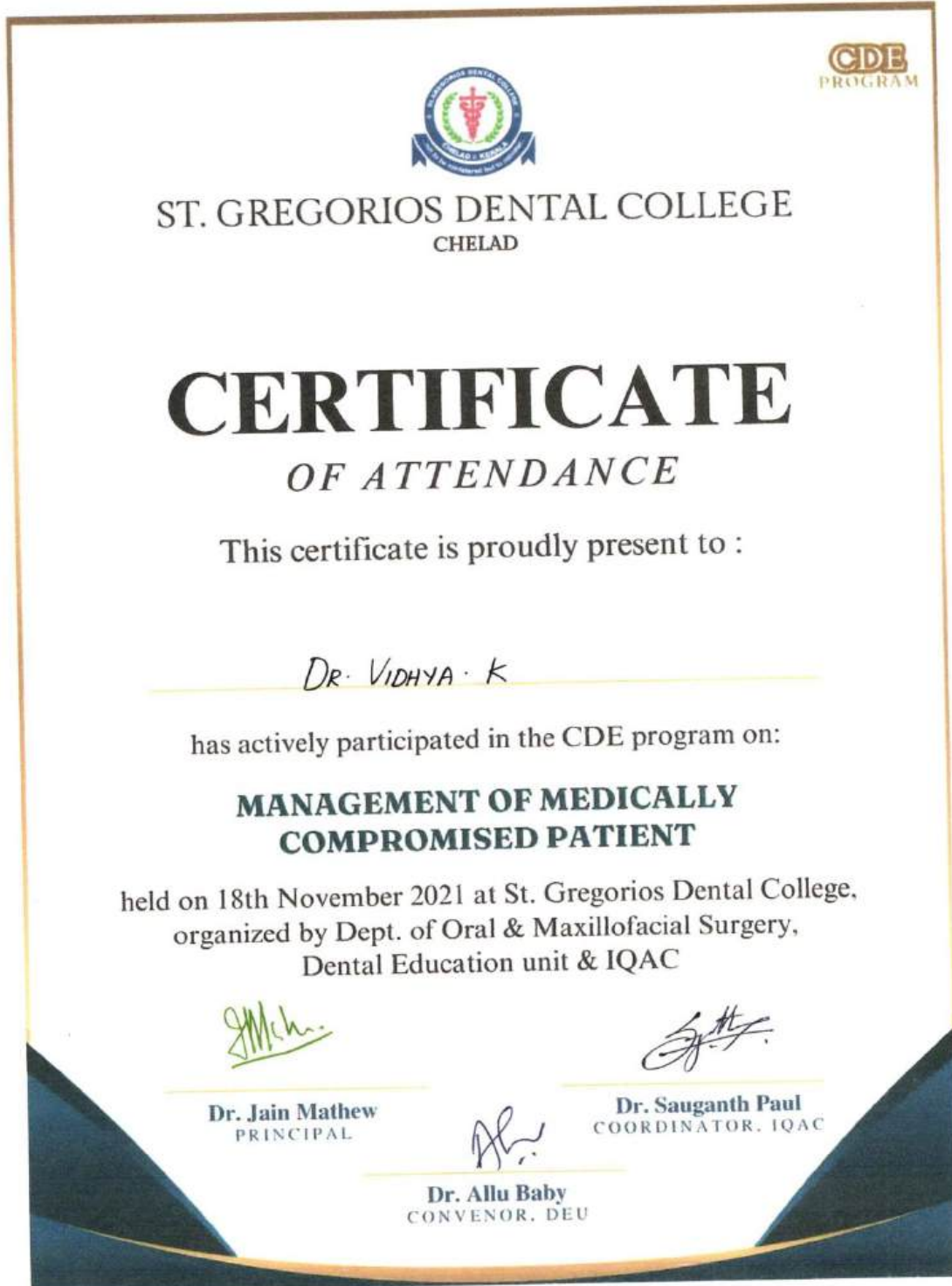
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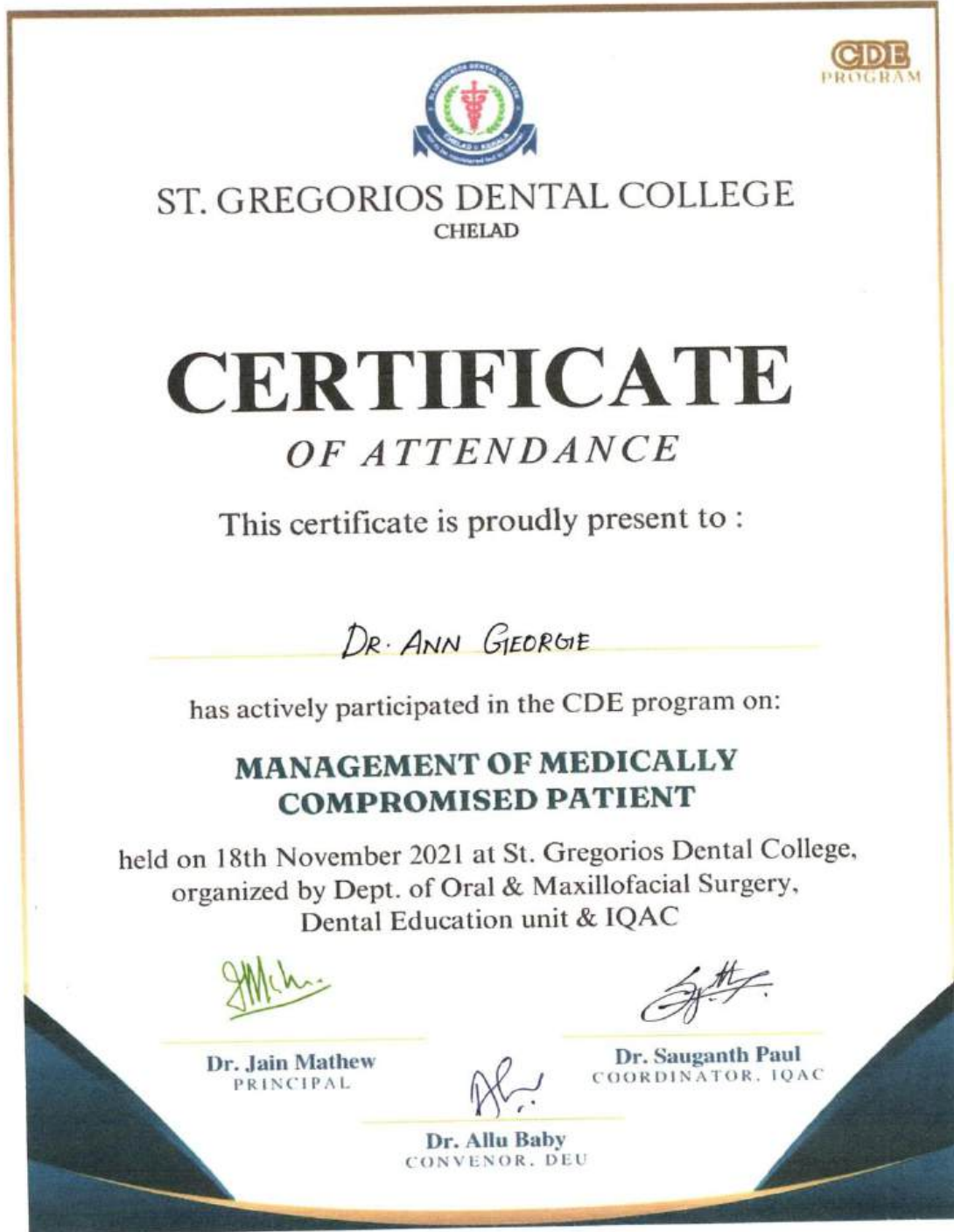
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## CERTIFICATE OF ATTENDANCE




This certificate is proudly present to :

DR. NISHA C JOSEPH

has actively participated in the CDE program on:

**MANAGEMENT OF MEDICALLY  
COMPROMISED PATIENT**

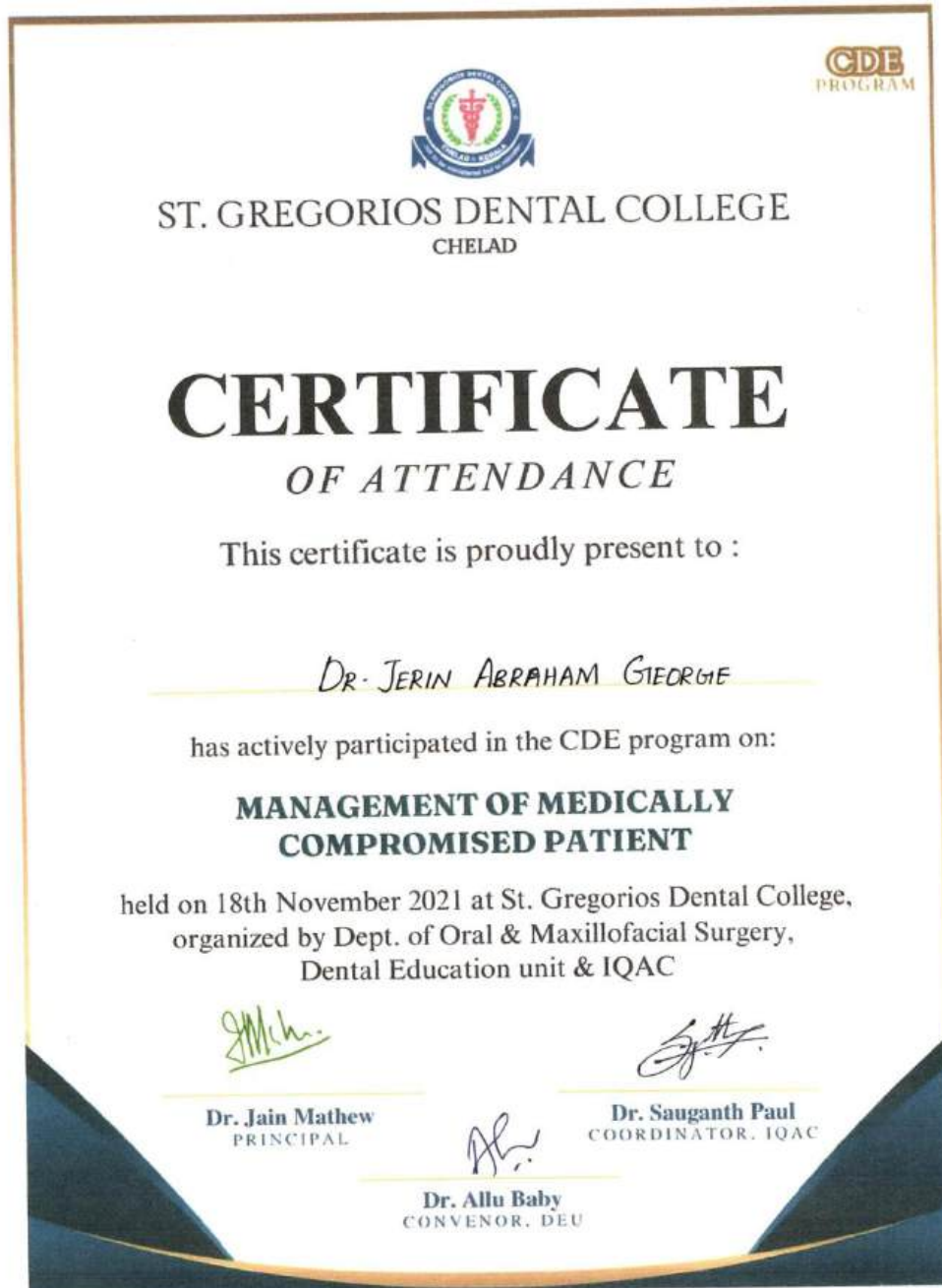
held on 18th November 2021 at St. Gregorios Dental College,  
organized by Dept. of Oral & Maxillofacial Surgery,  
Dental Education unit & IQAC

 <u>Dr. Jain Mathew</u> PRINCIPAL	 <u>Dr. Sauganth Paul</u> COORDINATOR, IQAC	 <u>Dr. Allu Baby</u> CONVENOR, DEU
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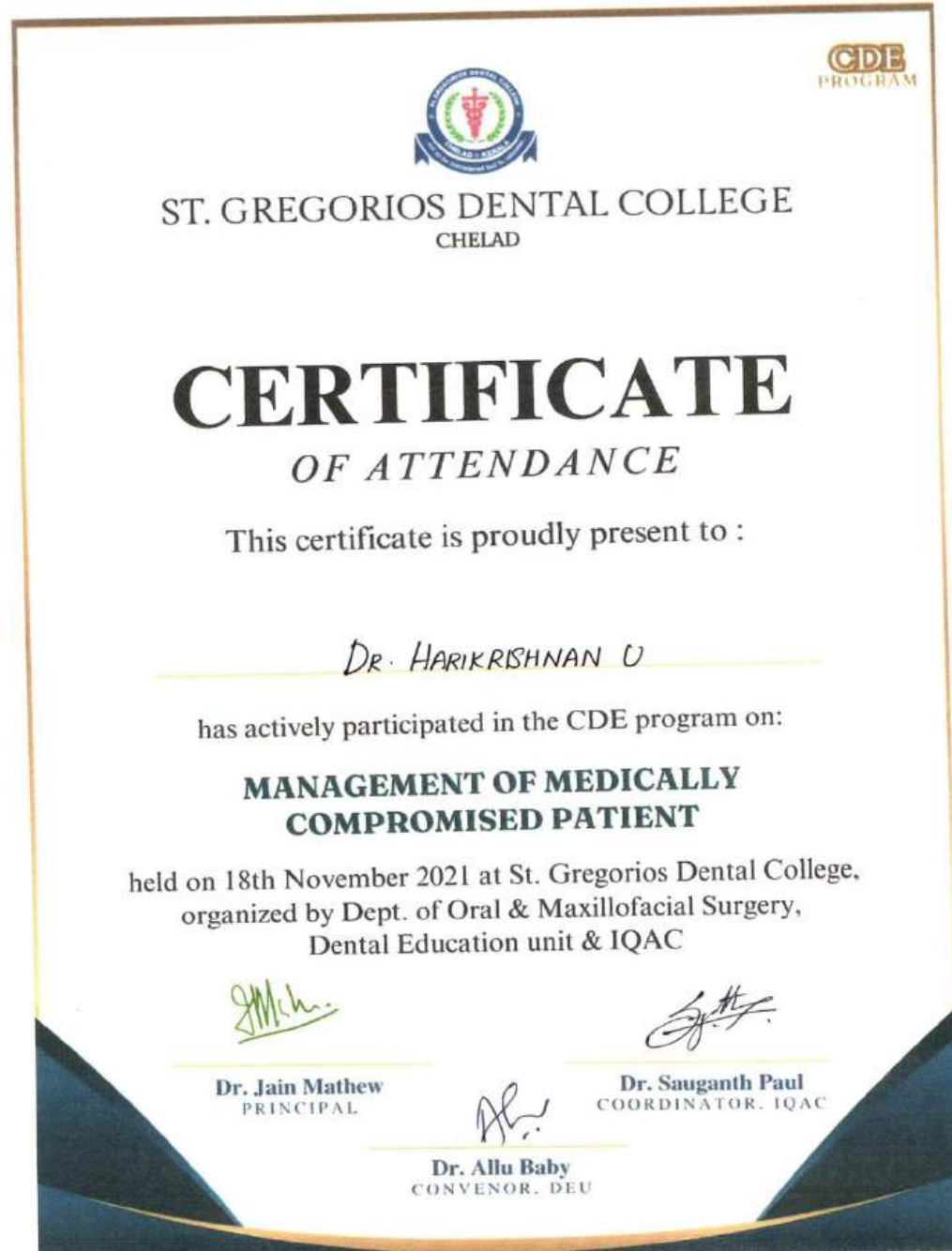
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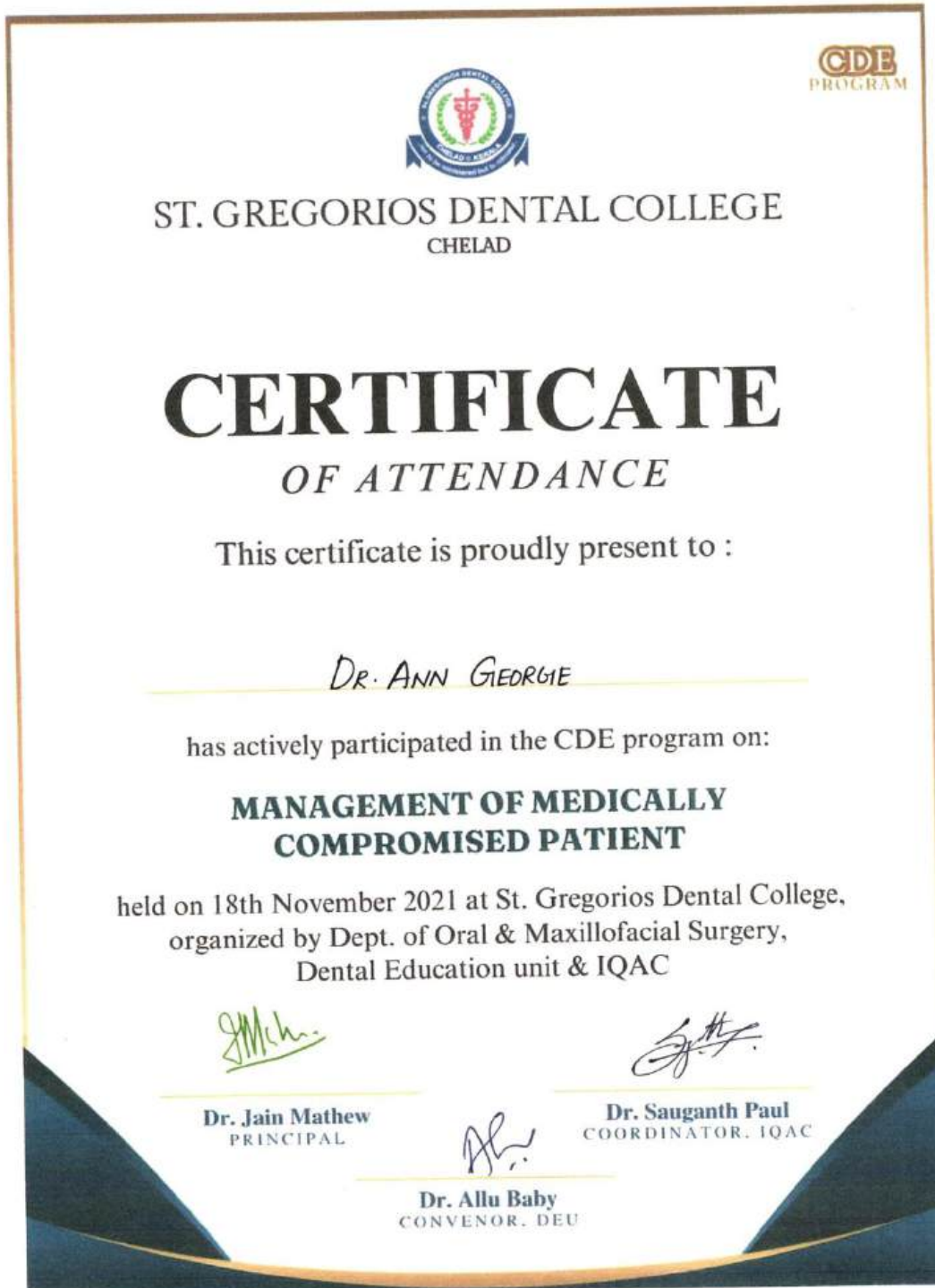
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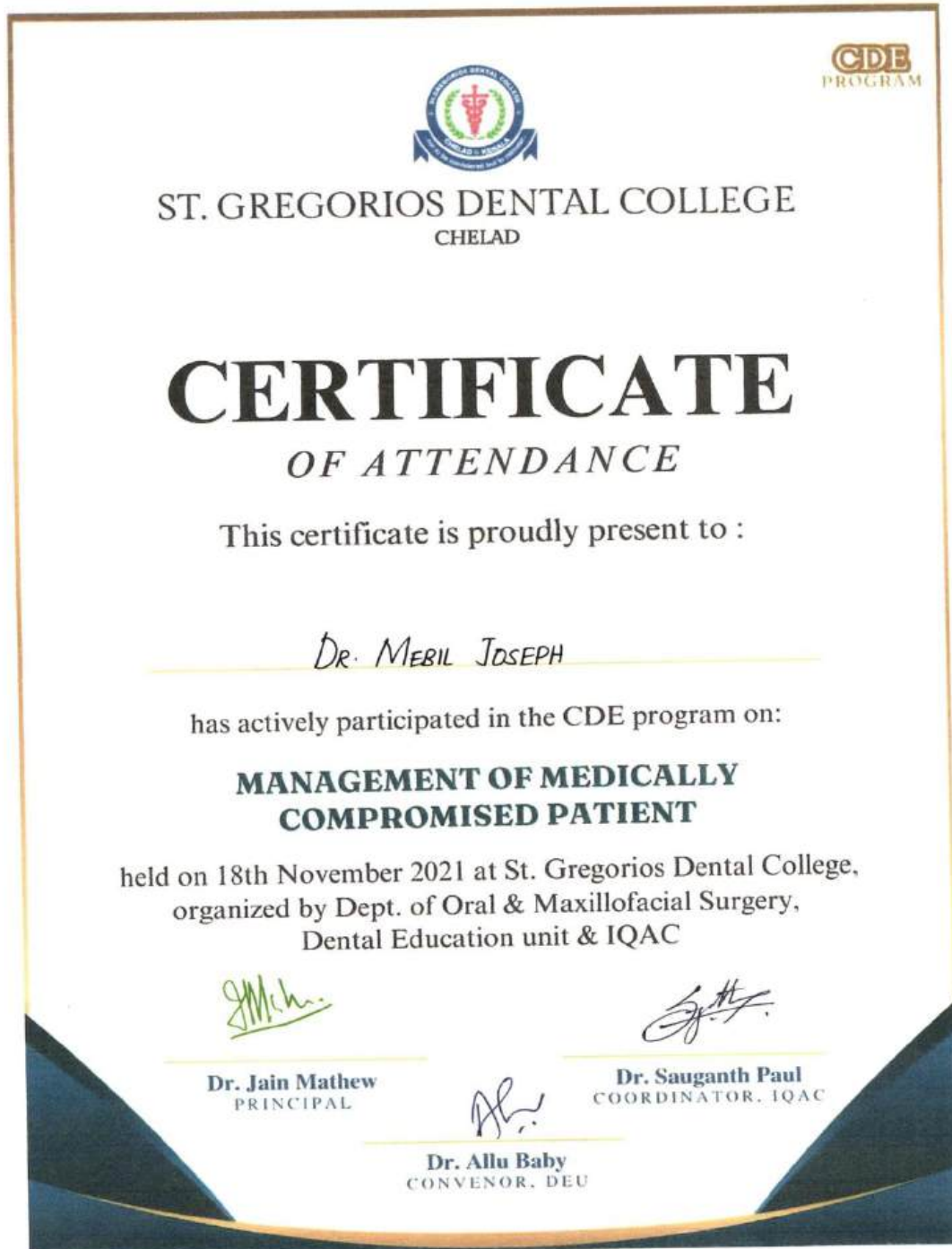






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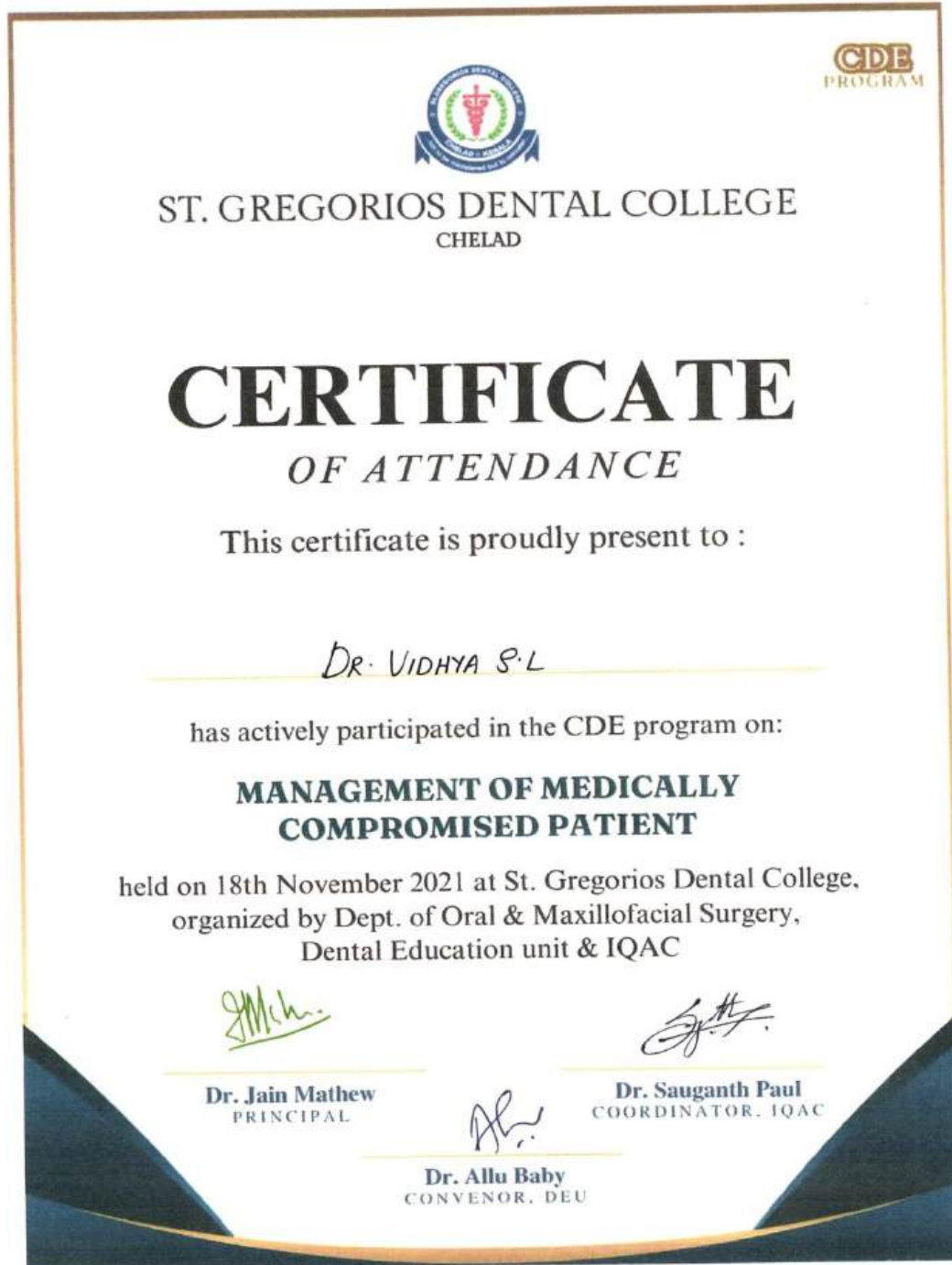
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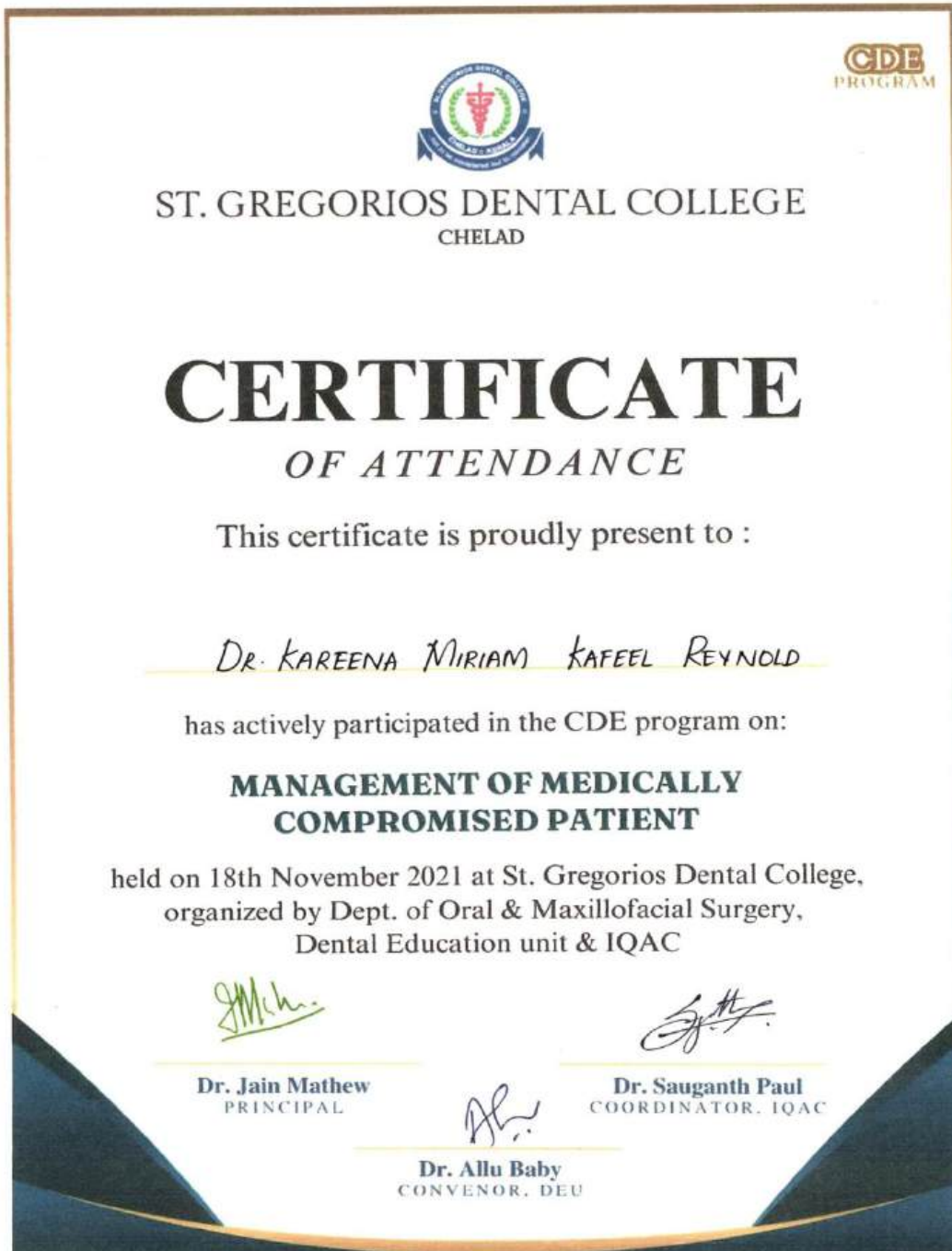
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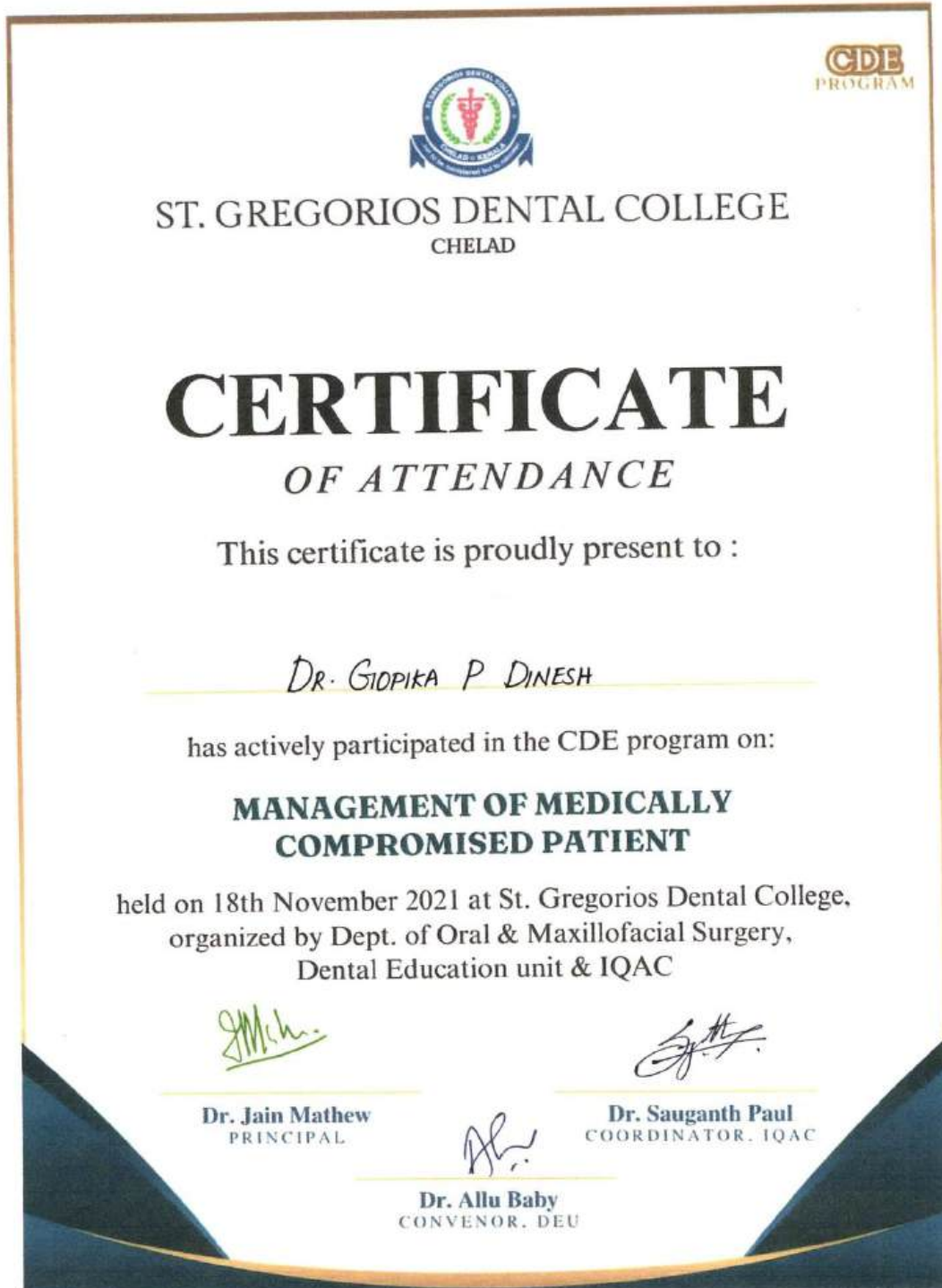
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**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

## **CERTIFICATE**

*OF ATTENDANCE*


This certificate is proudly present to :


Dr. AISWARYA ULLATHIL


has actively participated in the CDE program on:

**MANAGEMENT OF MEDICALLY  
COMPROMISED PATIENT**

held on 18th November 2021 at St. Gregorios Dental College,  
organized by Dept. of Oral & Maxillofacial Surgery,  
Dental Education unit & IQAC

  
**Dr. Jain Mathew**  
PRINCIPAL

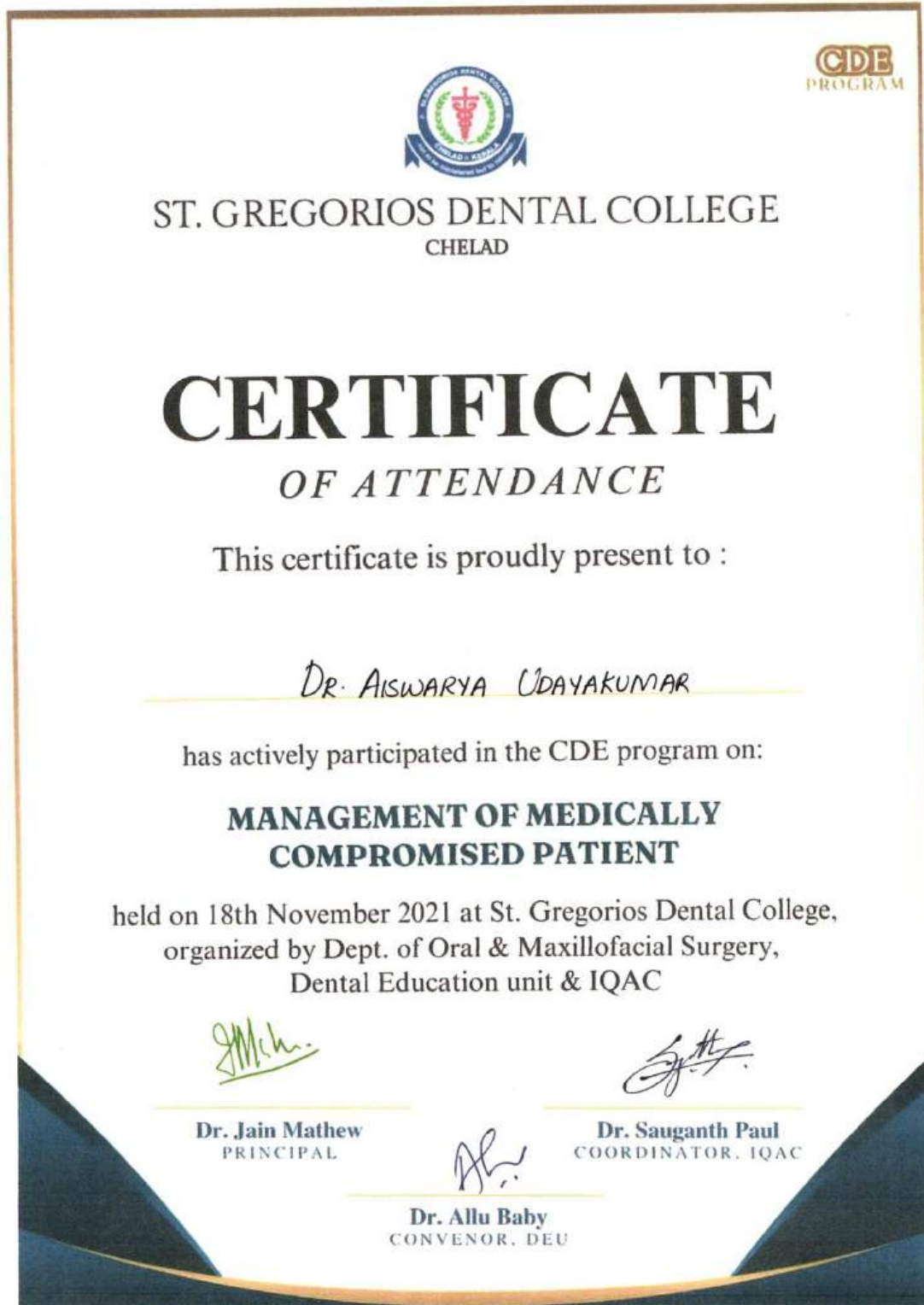
  
**Dr. Sauganth Paul**  
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**Dr. Allu Baby**  
CONVENOR, DEU



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CDE  
PROGRAM



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. SREENATH U.P*

has actively participated in the CDE program on:

### MANAGEMENT OF MEDICALLY COMPROMISED PATIENT

held on 18th November 2021 at St. Gregorios Dental College,  
organized by Dept. of Oral & Maxillofacial Surgery,  
Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

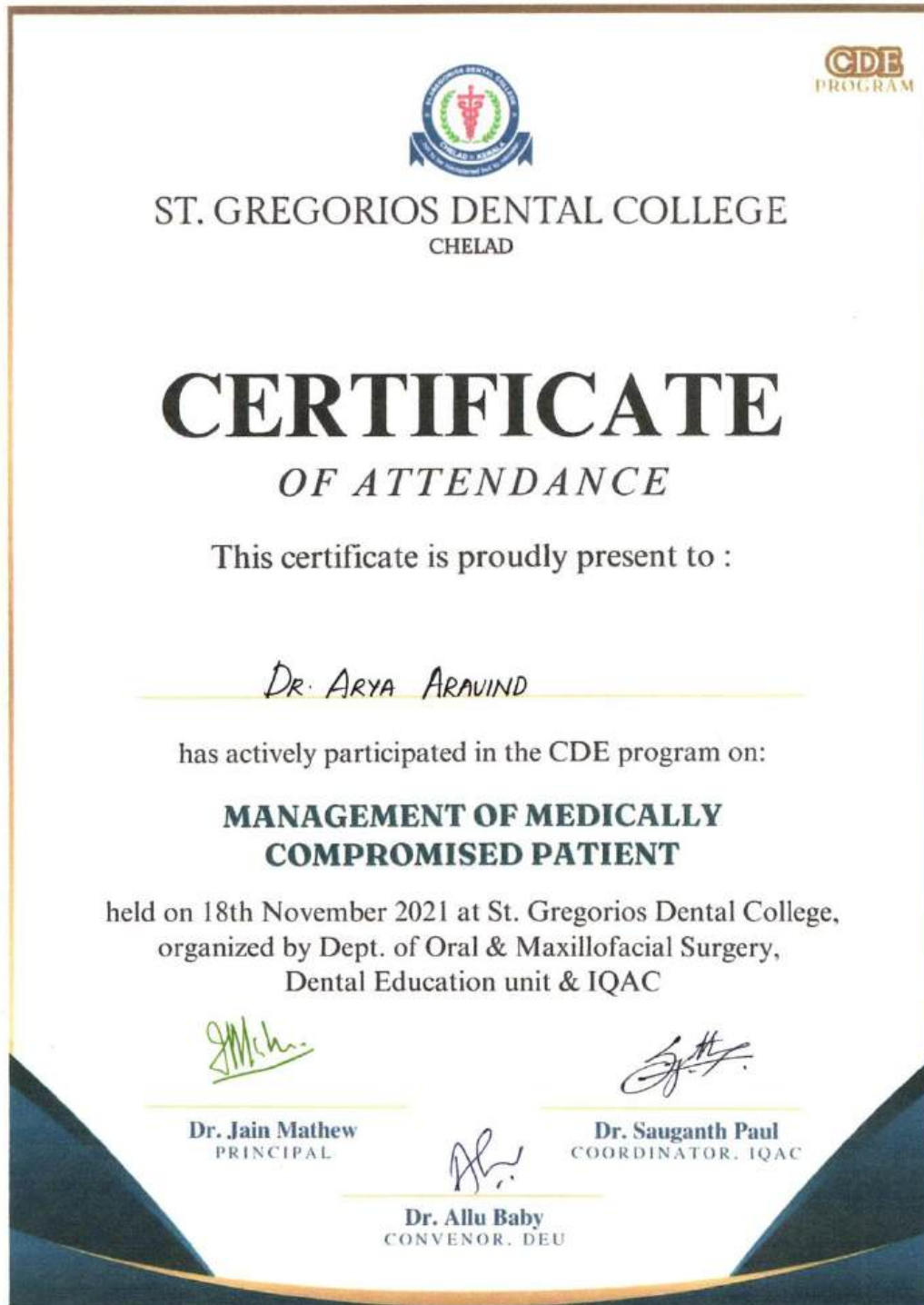
Dr. Allu Baby  
CONVENOR, DEU





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CDE  
PROGRAM



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*DR. JISHNU SIVARAMAN*

has actively participated in the CDE program on:

### MANAGEMENT OF MEDICALLY COMPROMISED PATIENT

held on 18th November 2021 at St. Gregorios Dental College,  
organized by Dept. of Oral & Maxillofacial Surgery,  
Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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CHELAD

## CERTIFICATE OF ATTENDANCE

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*Dr. JINSON JAMES*

has actively participated in the CDE program on:

### MANAGEMENT OF MEDICALLY COMPROMISED PATIENT

held on 18th November 2021 at St. Gregorios Dental College,  
organized by Dept. of Oral & Maxillofacial Surgery,  
Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU





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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## PHOTOGRAPHS



Photograph of class on mangement of medically compromised patient



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## ORAL DISEASE BURDEN AND ORAL WORK FORCE IN INDIA

**ST GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/003/2022

22.03.2021

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Oral Disease Burden and Oral Work Force in India' for postgraduate students and staff.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students and staff is being organised by the Department of Periodontics on the topic entitled 'Oral Disease Burden and Oral Work Force in India' on 24.03.2022 at the college auditorium.

For further reference, reach out to Dr. Annie V Issac

  
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Chelad, Kerala - 686 681



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

 **ST GREGORIOUS DENTAL COLLEGE  
CHELAD**

CDE PROGRAM ON

# ORAL DISEASE BURDEN & ORAL WORK FORCE IN INDIA

FOR TEACHING FACULTIES & POST GRADUATES

  
RESOURCE PERSON  
**DR. SUBRAMANIAN**

## 24 MARCH 2022

COLLEGE AUDITORIUM  
10.00 - 11.00 AM

ORGANIZED BY  
DENTAL EDUCATION UNIT  
DEPT. OF PERIODONTICS & IMPLANTOLOGY





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

The course "Oral Disease Burden and Oral Workforce in India" included a thorough analysis of the current state of oral health issues and the ability of the dental staff to successfully address them. The session, which was led by Dr Subramanian, carefully examined the complex problems related to the prevalence, risk factors, and disparities of oral disease in various parts of India. The intricate relationship between socioeconomic factors, access to care, and oral health outcomes was deeply understood by participants thanks to data-driven presentations, interactive conversations, and stakeholder insights. Additionally, the class evaluated the workforce distribution and the current infrastructure for oral healthcare critically, highlighting areas that needed improvement as well as creative ways to increase oral health equity and provide all demographic segments with access to high-quality care. The significance of ongoing education in providing high-quality dental care was emphasised by this lively and educational event, which gave participants the confidence to handle complexity.



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TOPIC: ORAL DISEASE BURDEN & ORAL WORK FORCE IN INDIA

24/3/22

Sl no.	Name of participant	Signature
1.	Dr. Aishwarya Udayakumar	
2.	Dr. Simon James Puthuparamb	
3.	Dr. Sreerath bp	
4.	Dr. Pooja Jayan	
5.	Dr. Jacobus Cyril	
6.	Dr. Anja Aravind	
7.	Dr. Divya Subramanian	
8.	Dr. Simon James Puthuparamb	
9.	Dr. Vishnu Shivarasman	
10.	Dr. Jerrin Abraham	
11.	Dr. Aida James	
12.	Dr. Vidya S.L	
13.	Dr. Ann Mathew Sunny	
14.	Dr. Jose Nelson	
15.	Dr. Jimmy George K.	
16.	Dr. Kareena Melbom	
17.	Dr. Mebil Joseph	
18.	Dr. Lijie P Mathew	
19.	Dr. Nisha C. Joseph	
20.	Dr. Vidhya K.	
21.	Dr. Nisha Maria Joseph	
22.	Dr. Sakin S	
23.	Dr. Hansikrishnan W	
24.	Dr. Ann George	
25.	Dr. Kabi Mariam Jacote	

PRINCIPAL	DEU Convenor	DEU Secretary



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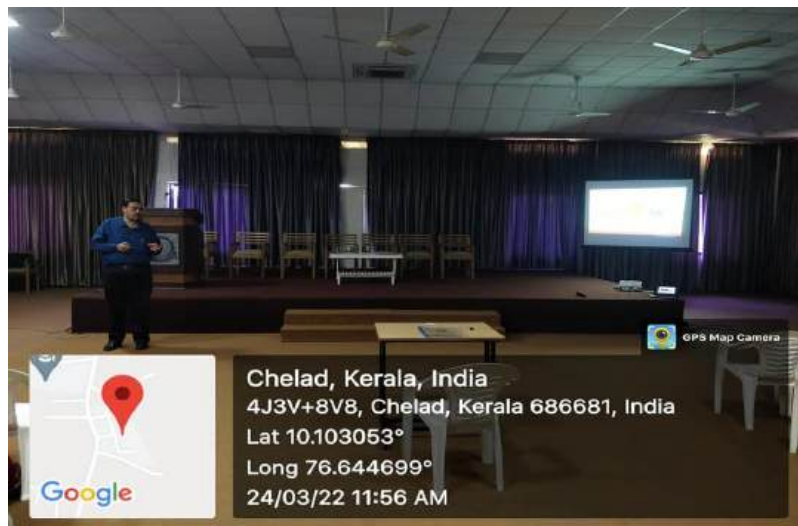


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## PHOTOGRAPHS



Photograph of class on oral disease burden and oral work force in India



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## TROUBLESHOOTING IN LA



**ST GREGORIOS DENTAL COLLEGE  
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SGDC/CDE/001/2022

2.03.2022

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on Troubleshooting In LA for postgraduate students of the Department of Conservative Dentistry and Endodontics.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students is being organised by the Department of Conservative Dentistry and Endodontics on the topic entitled 'Troubleshooting In LA' on 4.03.2022 at the seminar hall of the department.

For further reference, reach out to Dr. Allu Baby



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MARCH  
**04**  
2022

**TROUBLESHOOTING  
IN LA**  
C D E  
FOR POST GRADUATES - ENDODONTICS

RESOURCE PERSON  
**DR. EAPEN THOMAS**

ORGANIZED BY  
**DENTAL EDUCATION UNIT**  
DEPT. OF CONSERVATIVE & ENDODONTICS

 10.00 - 11.00 AM  
SEMINAR HALL



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## **POST EVENT REPORT**

Troubleshooting in LA, the CDE program conducted at St. Gregorios Dental College on 04.03.2022 offered a comprehensive exploration of contemporary approaches to dental restoration techniques, materials, and technologies. Renowned speaker Dr. Eapen Thomas delivered insightful presentations. Dental experts were gathered in this workshop for an interactive investigation of efficient problem-solving strategies for the administration of local anaesthesia. Under the direction of seasoned instructors and professionals, the course included a thorough review of typical problems that arise during anaesthetic operations and offered workable answers and approaches for the best possible patient comfort and procedure success. Participants improved their diagnostic abilities and strategies to handle a variety of problems, from insufficient anaesthesia to patient anxiety, through interactive demonstrations, case-based discussions, and practical simulations. The significance of ongoing education in providing high-quality dental care was emphasised by this lively and educational event, which gave participants the confidence to handle complexity



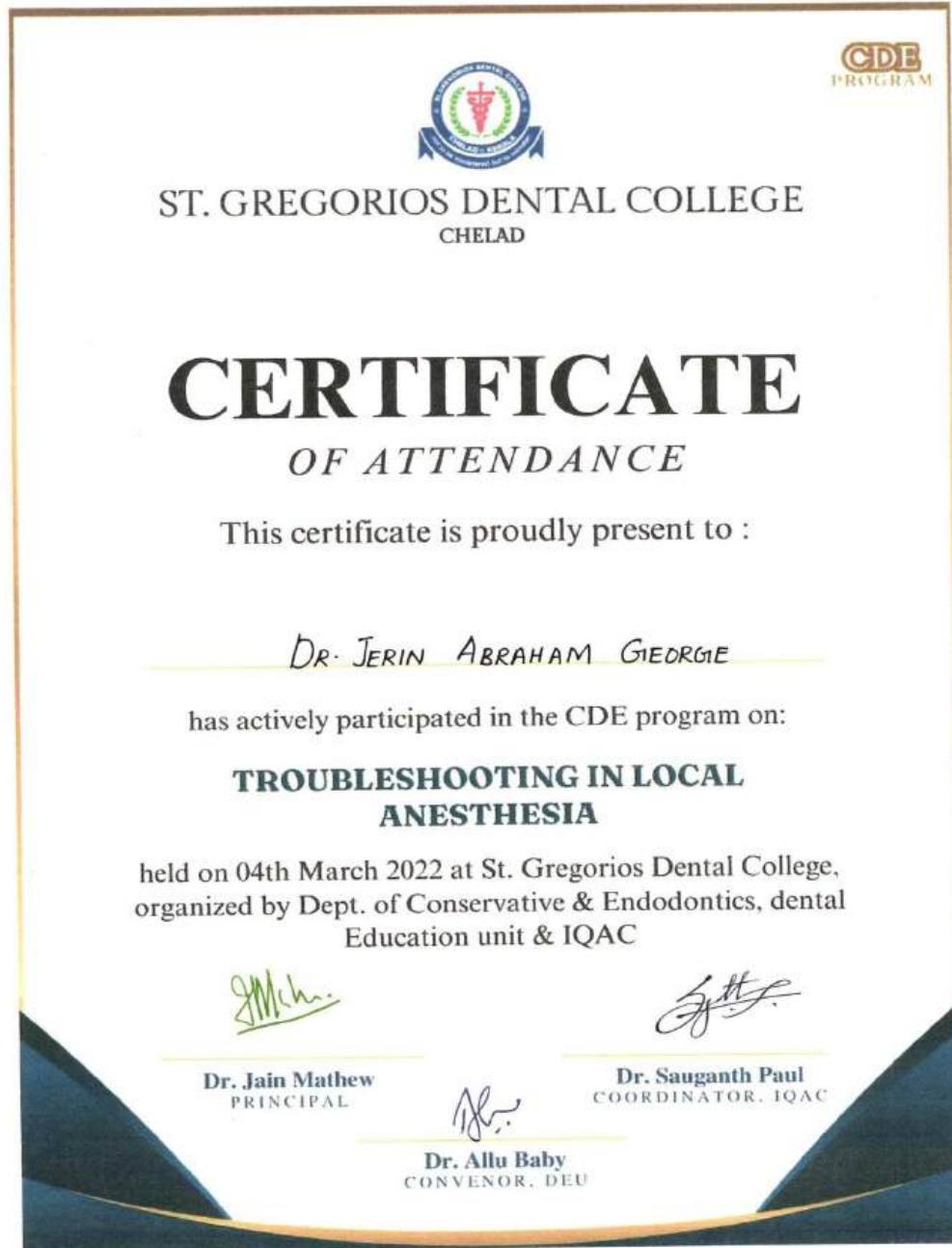




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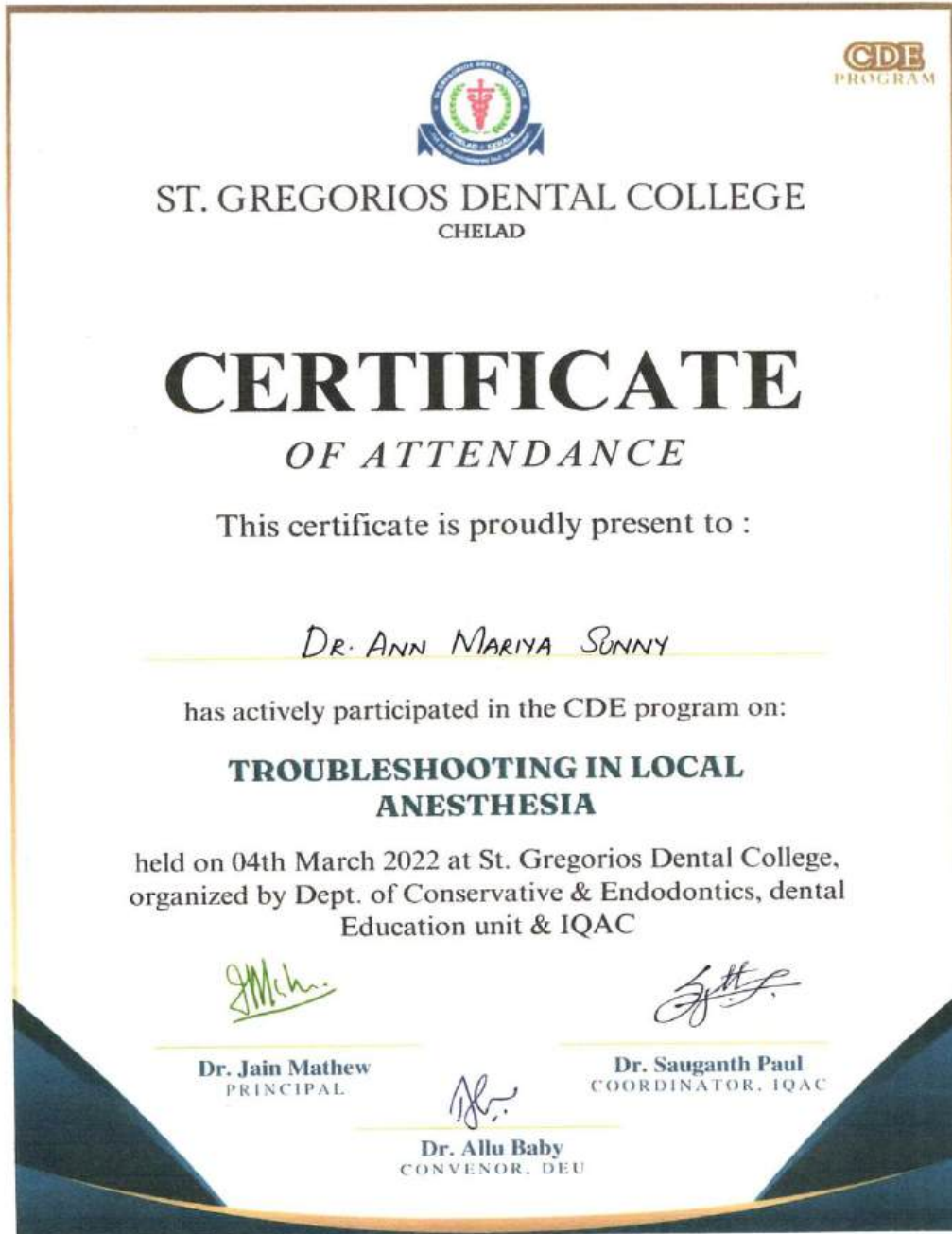
## CERTIFICATE





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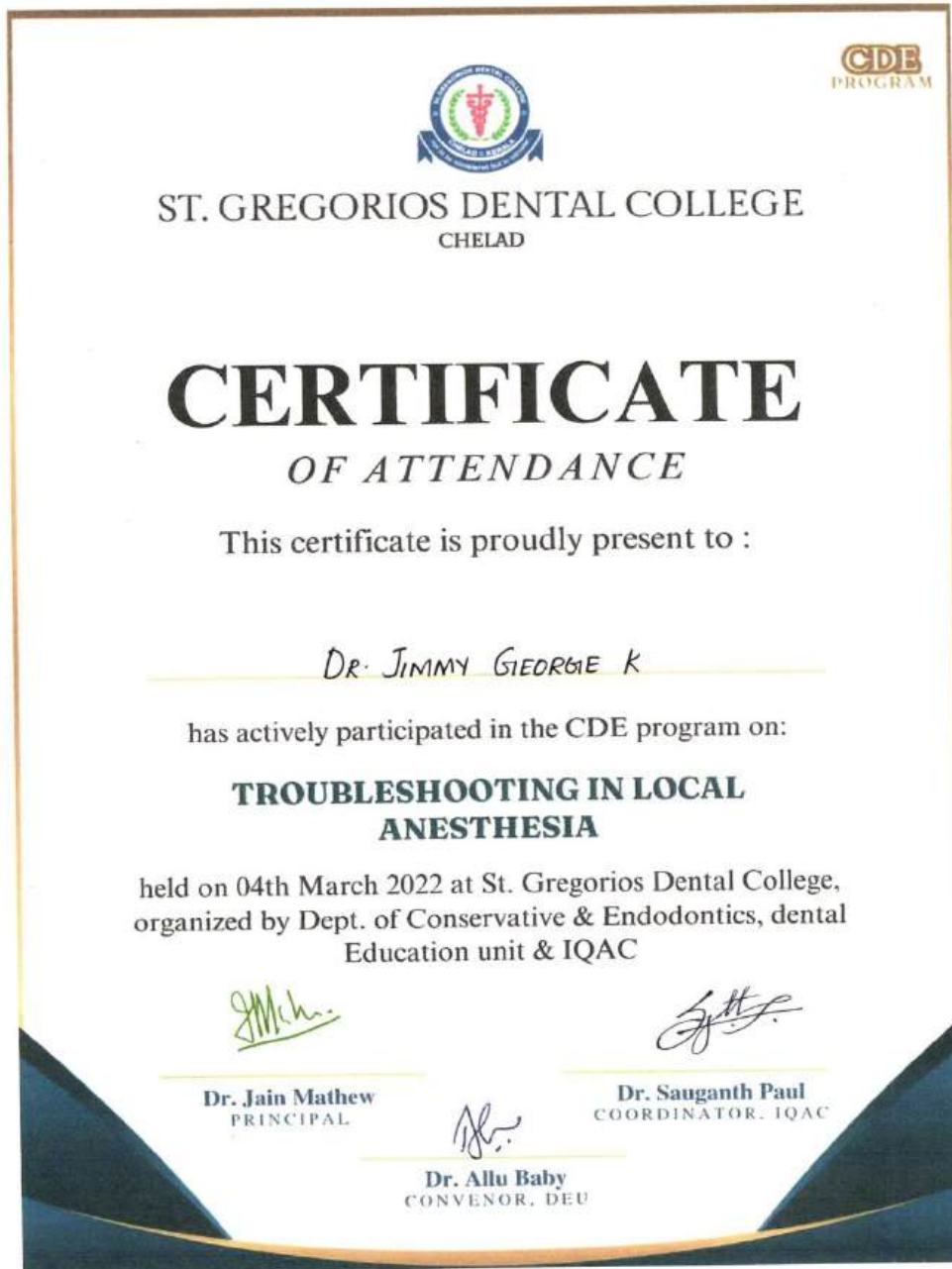
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## PHOTOGRAPHS



Photograph of class on troubleshooting in local anesthesia



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## EMPLOYABILITY SKILL DEVELOPMENT



# ST. GREGORIOS DENTAL COLLEGE

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## ETHICS IN DENTAL PRACTICE



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/007/2021

21.10.2021 **CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Ethics In Dental Practice'.

This is to inform you that a Continuous Dental Education program (CDE) for 1- year postgraduate students and faculty members is being organised by the Department of Orthodontics and Dentofacial Orthopaedics on the topic entitled 'Ethics In Dental Practice' on 25.10.2021 from 10.00am to 11.00am at the college auditorium. Interested students are also invited.

For further reference, reach out to Dr. Tony Michael

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**PRINCIPAL**  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## BROCHURE

CDE PROGRAM

# ETHICS IN DENTISTRY

ORGANIZED BY  
ETHICAL COMMITTEE & DENTAL EDUCATION UNIT &  
DEPT. OF ORTHODONTICS & DENTOFACIAL ORTHOPEDICS

FOR 1ST YEAR POST  
GRADUATES

RESOURCE PERSON  
**DR. BINNOY KURIAN**

25 OCTOBER 2021

**10.00-11.00 AM**  
COLLEGE AUDITORIUM

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## **POST EVENT REPORT**

Ethics in Dental Practice, a CDE programme, was held at St. Gregorios Dental College on October 25, 2021. The program's goal was to address ethical dilemmas and challenges that dentists face on a daily basis in their practice from the perspective of incoming postgraduate students. In order to do this, the seminar aimed to foster cross-border ethical discourse among practitioners by utilising case studies. As a result, participants were able to share best practices with one another. The chief of the Department of Orthodontics and Dentofacial Orthopaedics is the renowned Kochi orthodontist Dr. Binnoy Kurian. He discussed how the four moral principles of beneficence, non-maleficence, justice, and patient autonomy might be used to apply morality to dentistry.

In addition, he said that this event was full of profound insights into difficult topics pertaining to dentistry ethics and included suggestions on how to resolve some of those challenges, such as informed consent. He went into great detail on how breaching an ethical rule as a dentist could result in charges being brought against you. He did this by analysing relevant laws and real-world examples of what happens to businesspeople—or perhaps I should say, "professionals"—when they act unethically. During other portions of the programme, students would use made-up instances to facilitate group conversations in which they might pretend to be dentists and provide peer-to-peer mentorship while coming up with solutions for such ethical conundrums.




# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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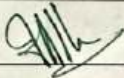

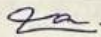
## ATTENDANCE

 **ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: *Ethics in Dentistry*

DATE : 25/10/21

Sl no.	Name of participant	Signature
1.	Dr. Aida James	<i>[Signature]</i>
2.	DR. Nija Mariam Joseph	<i>[Signature]</i>
3.	Dr. Vidya S.L	<i>[Signature]</i>
	Dr. Uthya k	<i>[Signature]</i>
5	Dr. Divya Subramanian	<i>[Signature]</i>
6	Dr. Anishya Udayakumari	<i>[Signature]</i>
	Dr. Aisha B Joseph	<i>[Signature]</i>
8	Dr. Mehil Joseph	<i>[Signature]</i>

		
PRINCIPAL	DEU Convenor	DEU Secretary







# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE





ST. GREGORIOS DENTAL COLLEGE  
CHELAD

# CERTIFICATE

*OF ATTENDANCE*


This certificate is proudly present to :

*Dr. Aida James*


has actively participated in the CDE program on:

**ETHICS IN DENTAL PRACTICE**


held on 25th October 2021 at St. Gregorios Dental College,  
organized by Dept. of orthodontics & Dentofacial Orthopedics,  
IQAC &  
Dental Education unit



**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Sauganth Paul**  
COORDINATOR, IQAC

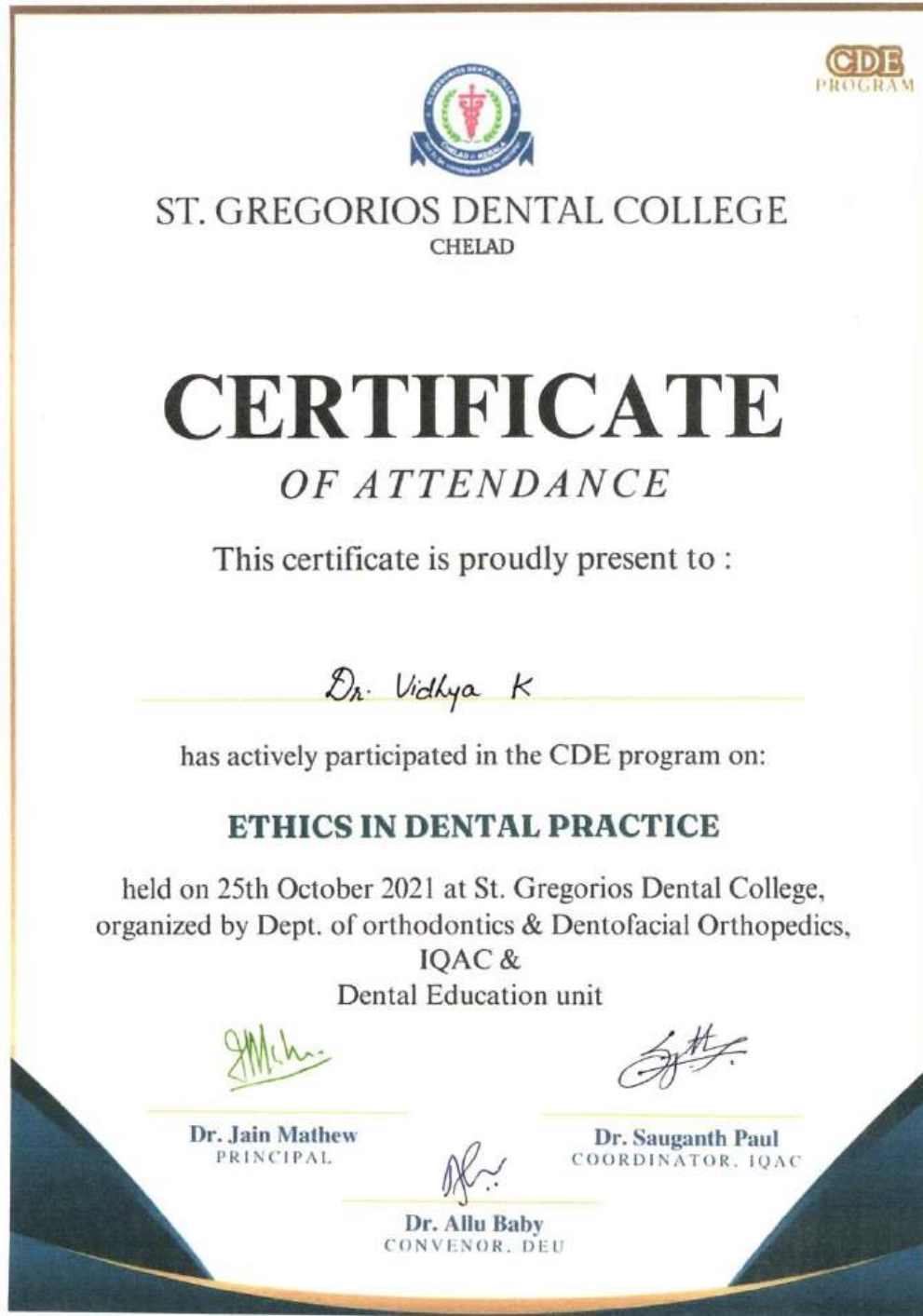


**Dr. Allu Baby**  
CONVENOR, DEU



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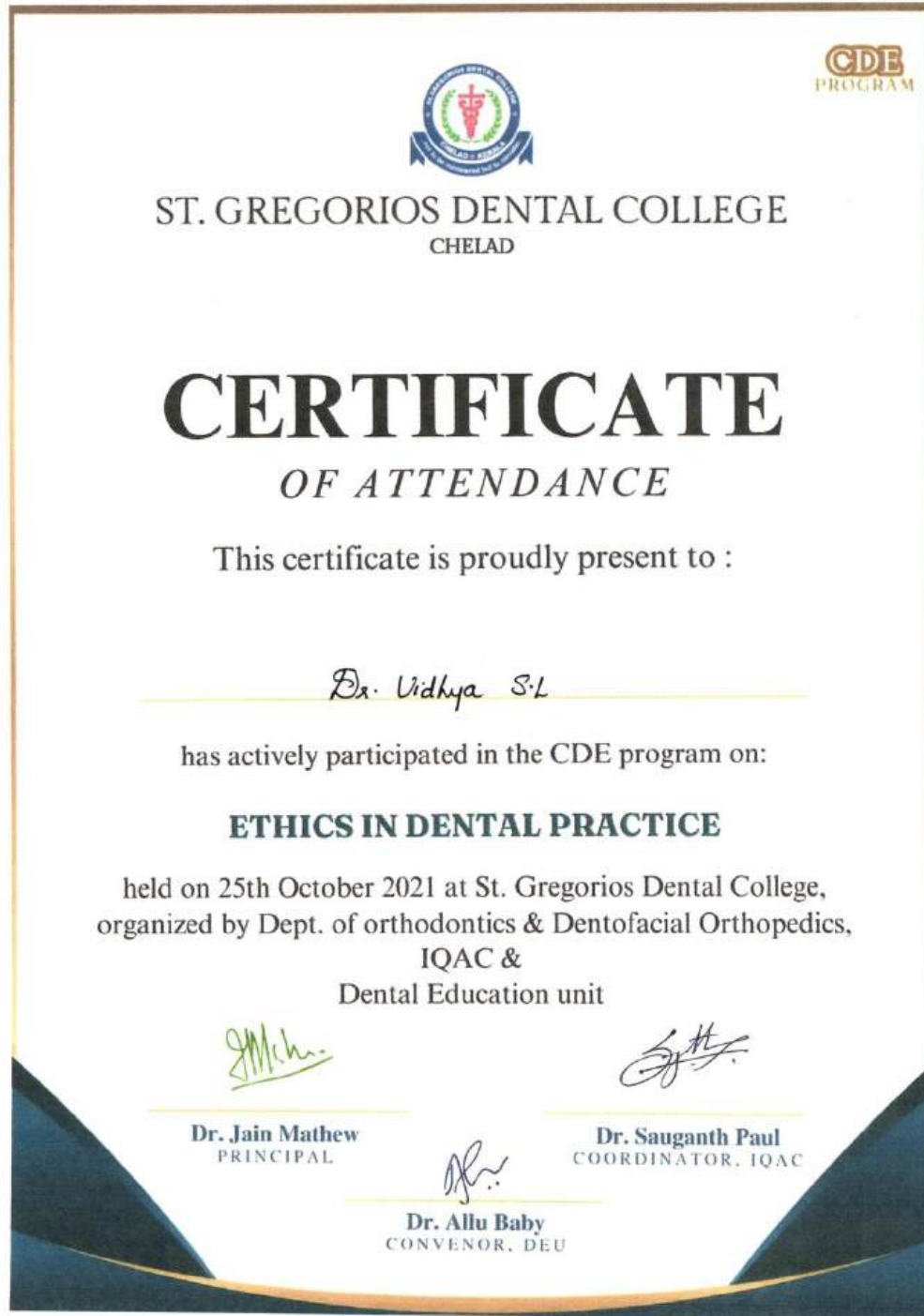
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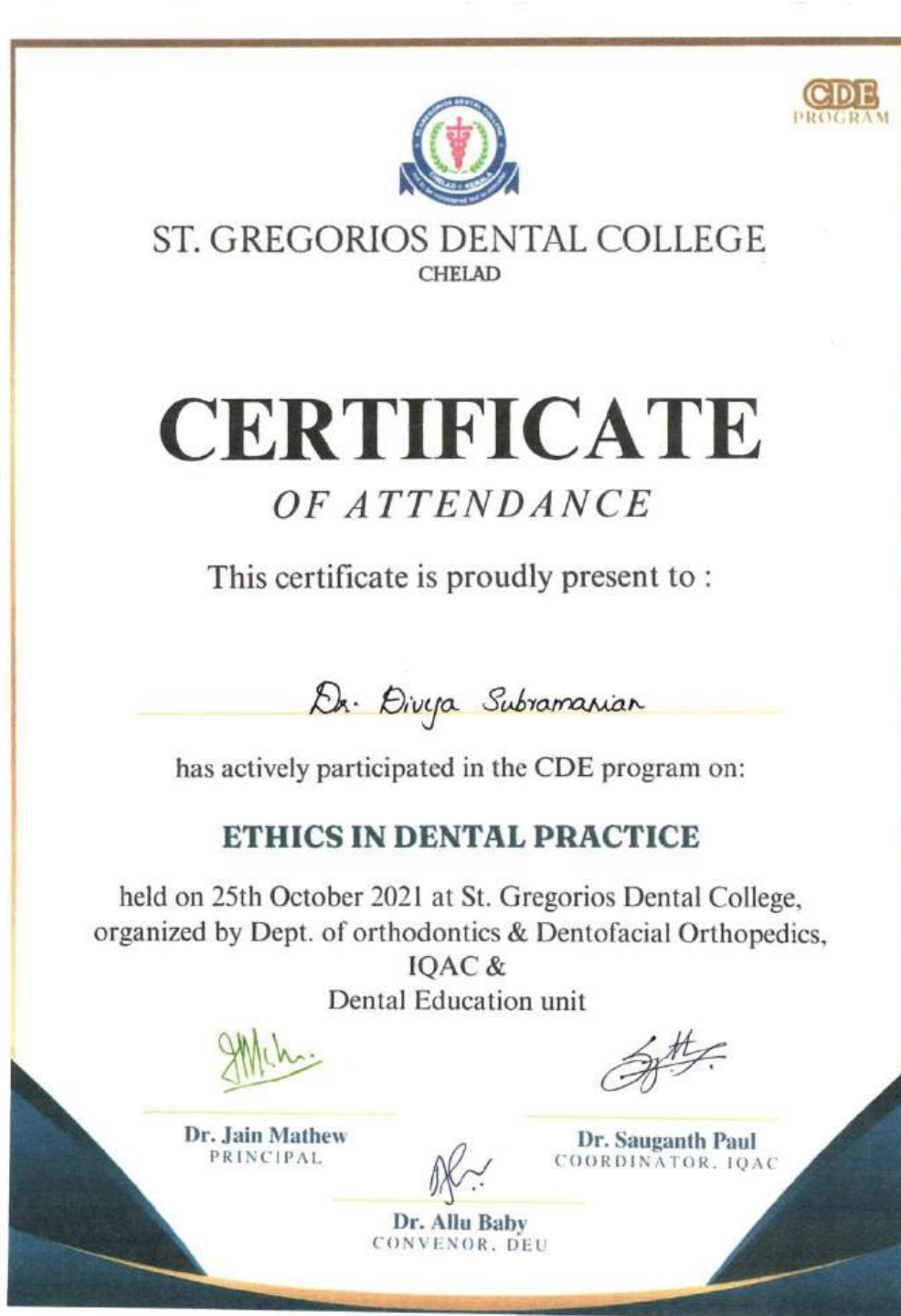
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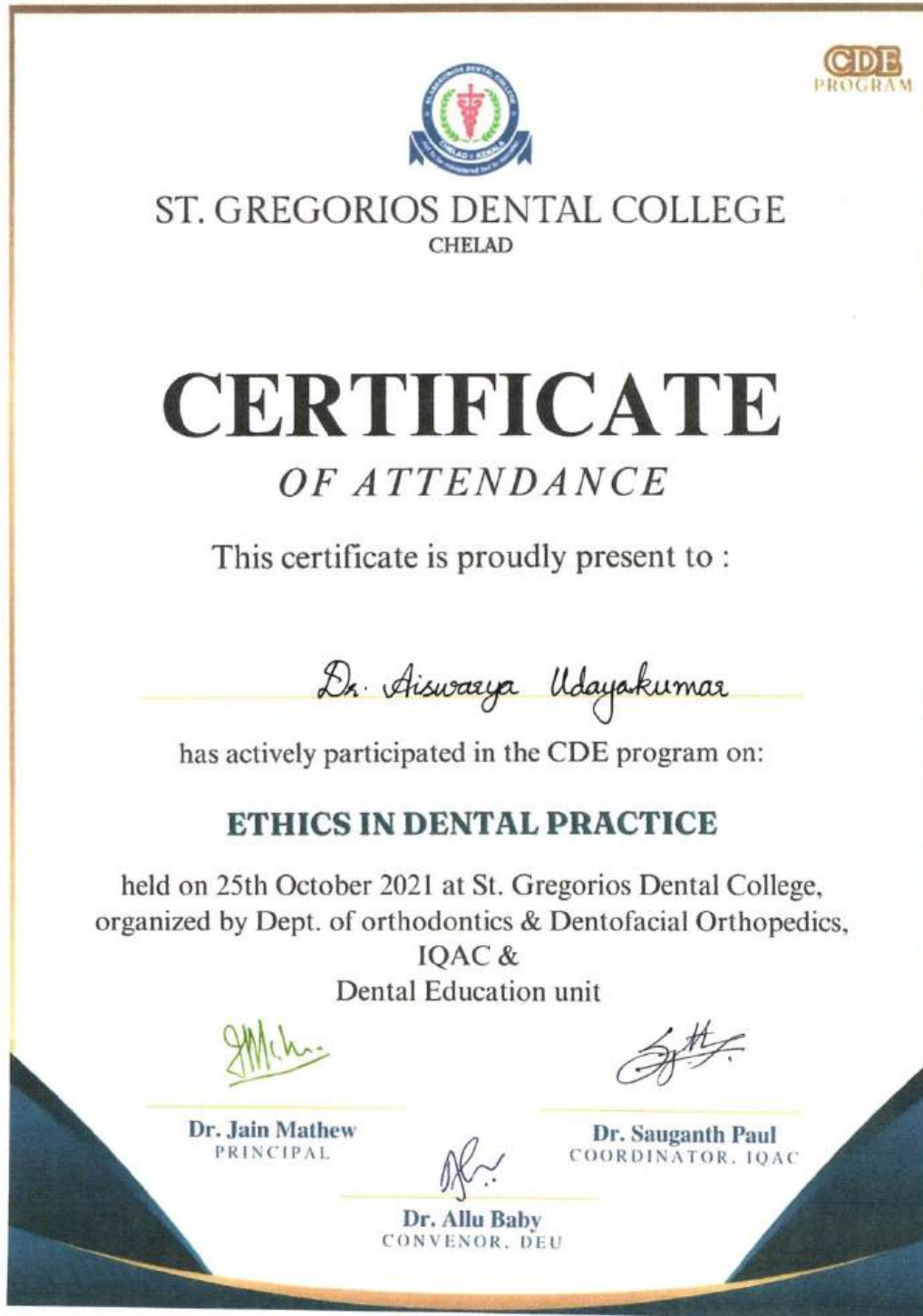






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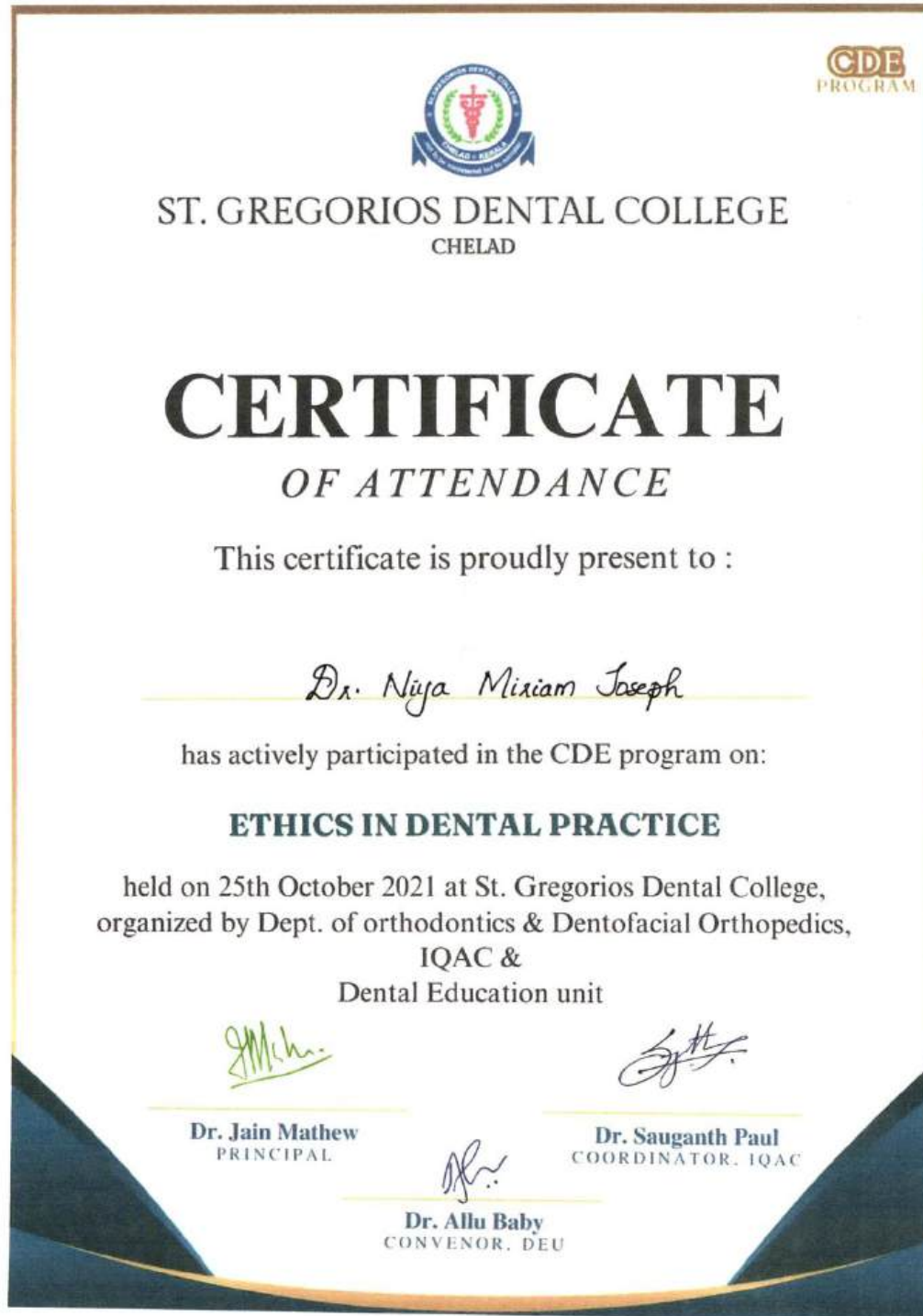
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CDE  
PROGRAM

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. Nisha C. Joseph*

has actively participated in the CDE program on:

### ETHICS IN DENTAL PRACTICE

held on 25th October 2021 at St. Gregorios Dental College,  
organized by Dept. of orthodontics & Dentofacial Orthopedics,  
IQAC &  
Dental Education unit

Dr. Jain Mathew  
PRINCIPAL

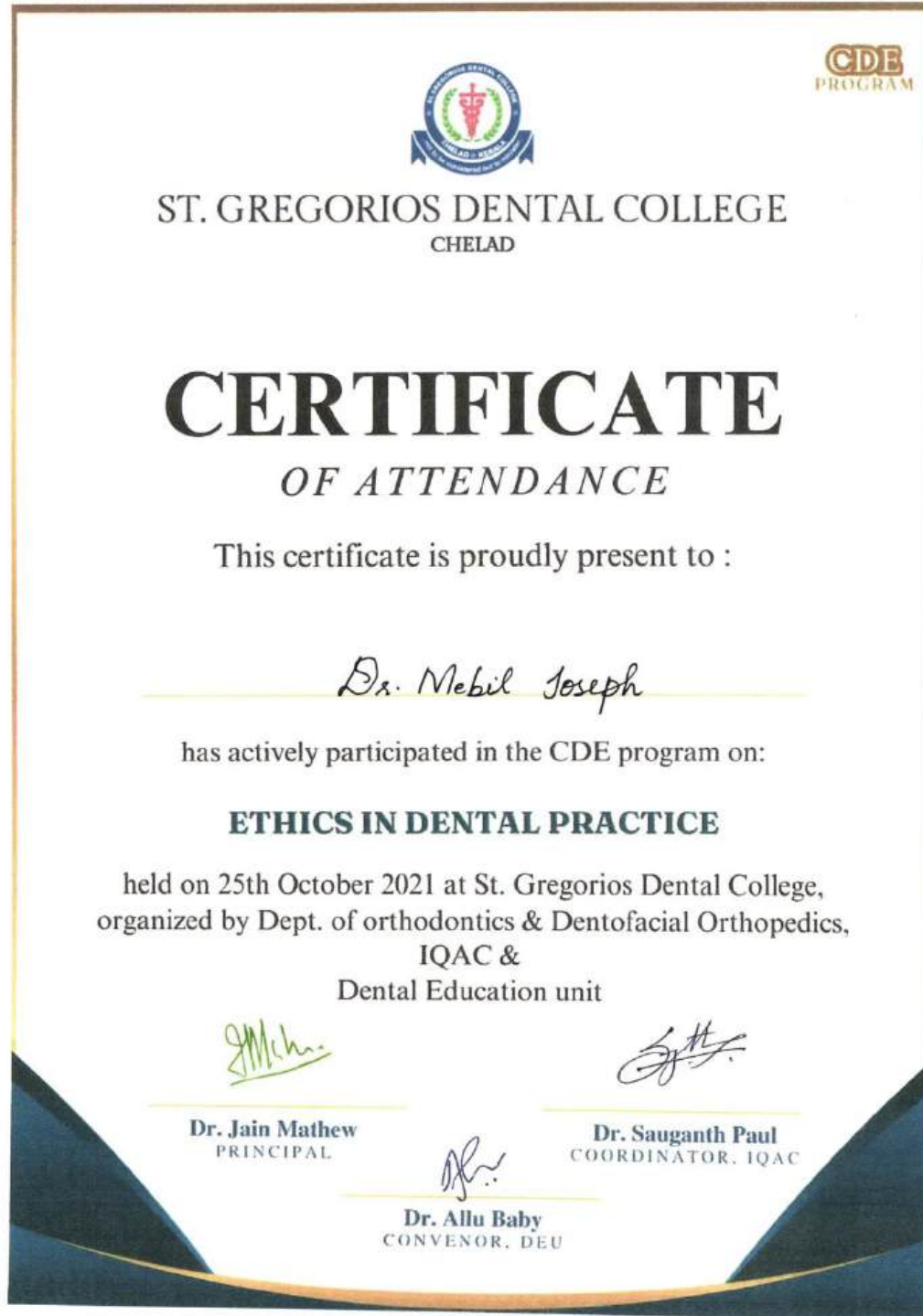
Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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## PHOTOGRAPHS



Photographs of CDE Program 'Ethics in Dental Practice'



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UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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## AWARENESS TALK ON PRESENT LIFESTYLE AND POST COVID INTERACTIONS

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/004/2022  
04.04.2022

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Awareness Talk On Present Lifestyle And Post Covid Interactions'.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduates and faculty member is being organised by the Basic Sciences Department of the college on the topic entitled 'Awareness Talk On Present Lifestyle And Post Covid Interactions' on 07.04.2022 from 10.00am to 11.00am at the college auditorium. Interested students are also invited.

*For further reference, reach out to Ms. Nima M. Kalappura*

  
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Chelad, Kerala - 685 681



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

CDE PROGRAM ON

# AWARNESS TALK ON PRESENT LIFE STYLE *and* POST COVID INTERACTIONS

TEACHING FACULTIES & POST GRADUATES



**07** APRIL  
2022  
COLLEGE AUDITORIUM

RESOURCE PERSON  
**DR SAIRA GEORGE**

ORGANIZED BY  
**DENTAL EDUCATION UNIT**  
ST. GREGORIOS DENTAL COLLEGE, CHELAD

🕒 10.00 – 11.00 AM





# ST. GREGORIOS DENTAL COLLEGE

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## **POST EVENT REPORT**

The St. Gregorios Dental College awareness discussion on "Present Lifestyle and Post-COVID Interactions" on April 7, 2022, was successful in bringing up the topic of healthy lifestyle choices and modifications to social contacts following the pandemic among postgraduate students and staff. Dr. Saira George, the keynote speaker, talked about how today's lifestyle affects health and wellbeing and how to adjust to new standards in dentistry. Engaging dialogues promoted resilience-building and the development of communication skills for online interactions. Participants learned about coping strategies and resources related to mental health. The event's relevance and importance for professional development were emphasised in the feedback. Suggestions include interdisciplinary cooperation and ongoing education on health-related subjects. In general, the gathering encouraged communication, self-determination, and a dedication to health and wellbeing among dentistry college students.



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Awareness Talk on Present Lifestyle & COVID

7-4-22

Sl no.	Name of participant	Signature
1	Dr. Jessin Abraham George	[Signature]
2	Dr. Harishankaran U	[Signature]
3	Dr. Sibha Sivasamen	[Signature]
4	Dr. Jinson James Puthuparambil	[Signature]
5	Dr. Ananya Anam Kadal Reybrod	[Signature]
6	Dr. Jimmy George K.	[Signature]
7	Dr. Anja Anand	[Signature]
8	Dr. Pooja Sayer	[Signature]
9	Dr. Anu Mariya Sunny	[Signature]
10	Dr. Sarin S.	[Signature]
11	Dr. Bose Nelson	[Signature]
12	Dr. Divya Subramanian	[Signature]
13	Dr. Anu George	[Signature]
14	Dr. Aida James	[Signature]
15	Dr. Samira Cyril	[Signature]
16	Dr. Ashwanya Udayakumar	[Signature]
17	Dr. Raisa Manan Jacob	[Signature]
18	Dr. Aniya P Mathew	[Signature]
19	Dr. Mebit Joseph	[Signature]
20	Dr. Nitya Mariam Joseph	[Signature]
21	Dr. Vidhya S.K	[Signature]
22	Dr. Nisha C. Joseph	[Signature]
23	Dr. Vidhya K.	[Signature]



[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU Convenor	DEU Secretary



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CHELAD

# CERTIFICATE

*OF ATTENDANCE*


This certificate is proudly present to :


DR. JERIN ABRAHAM GEORGE


has actively participated in the CDE program on:

**AWARENESS TALK ON PRESENT  
LIFESTYLE & POST COVID INTERACTIONS**

held on 07th April 2022 at St. Gregorios Dental College,  
organized by Dental Education unit & IQAC

  
Dr. Jain Mathew  
PRINCIPAL

  
Dr. Sauganth Paul  
COORDINATOR, IQAC

  
Dr. Allu Baby  
CONVENOR, DEU



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CHELAD

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This certificate is proudly present to :

*Dr. HARISHANKARAN. U*

has actively participated in the CDE program on:

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held on 07th April 2022 at St. Gregorios Dental College,  
organized by Dental Education unit & IQAC

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

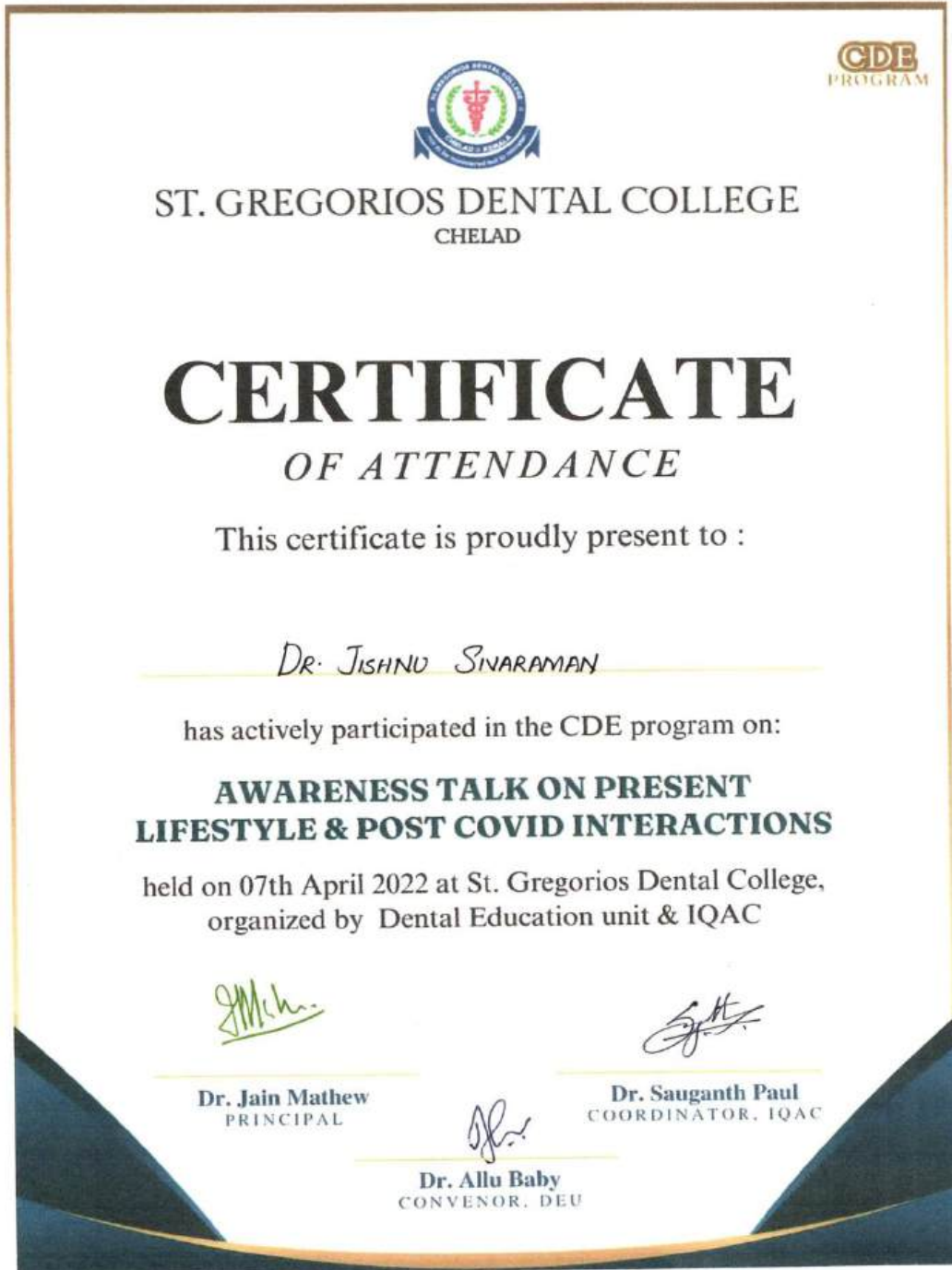
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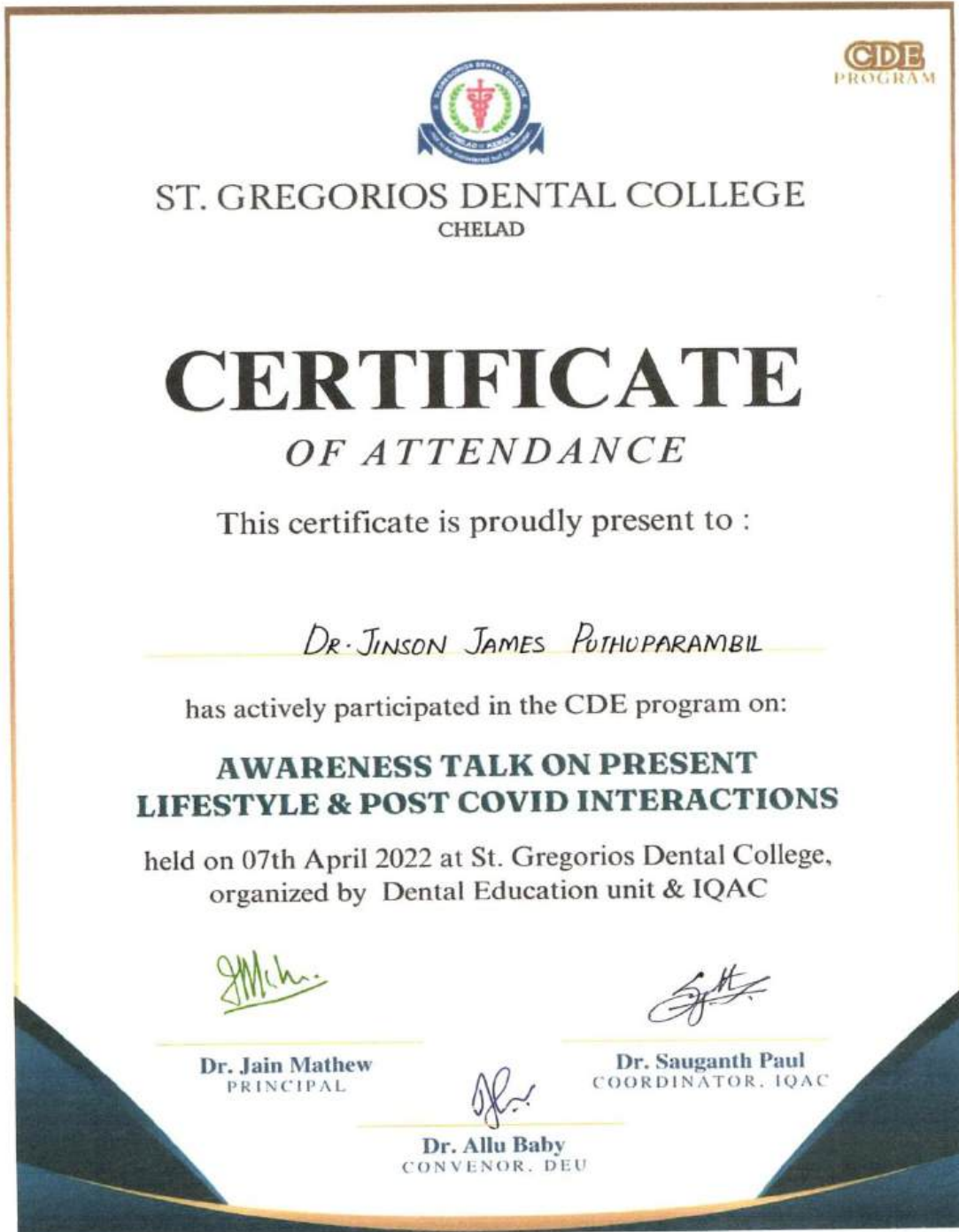
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CHELAD

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This certificate is proudly present to :

*DR. JIMMY K. GEORGE*

has actively participated in the CDE program on:

### **AWARENESS TALK ON PRESENT LIFESTYLE & POST COVID INTERACTIONS**

held on 07th April 2022 at St. Gregorios Dental College,  
organized by Dental Education unit & IQAC

**Dr. Jain Mathew**  
PRINCIPAL

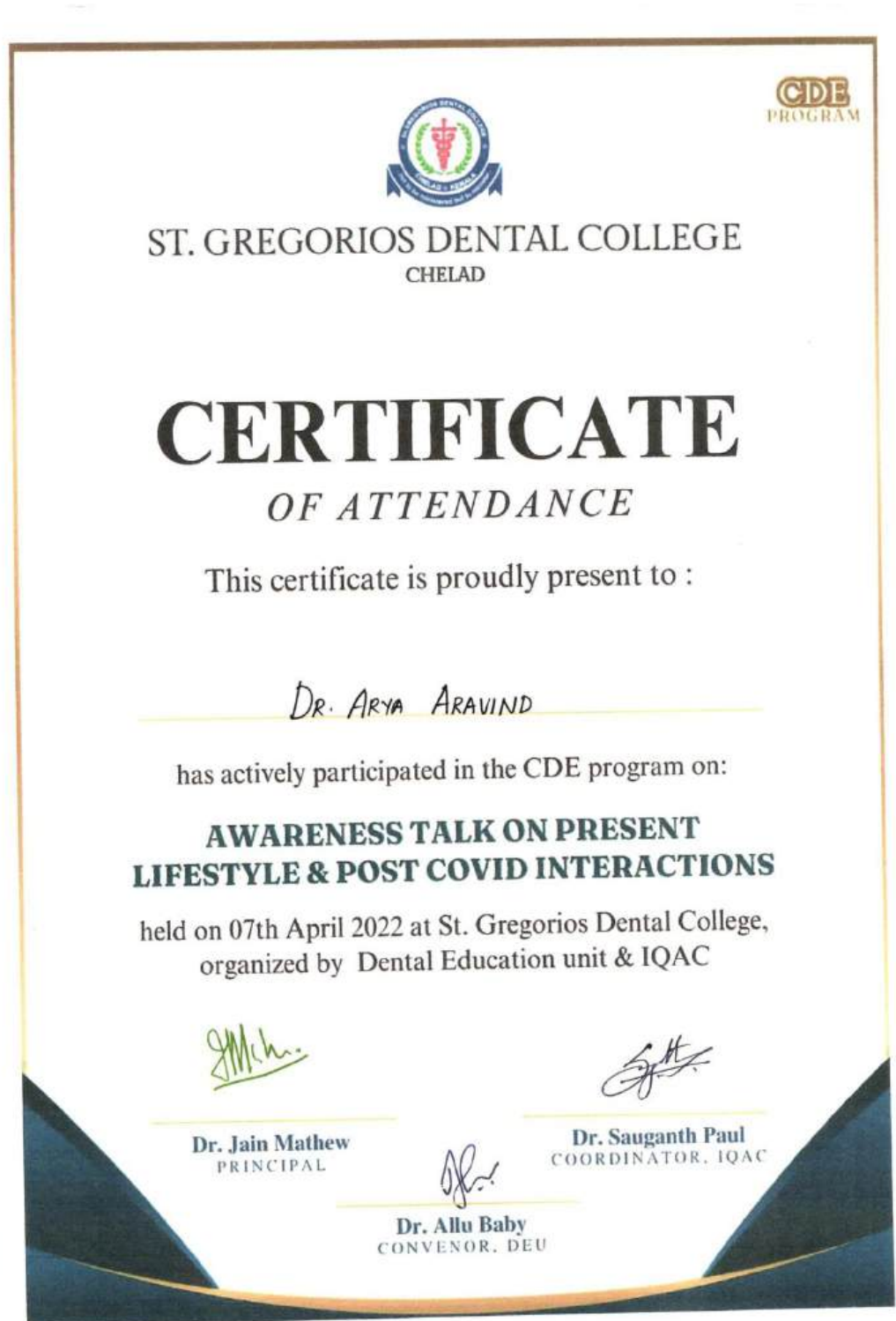
**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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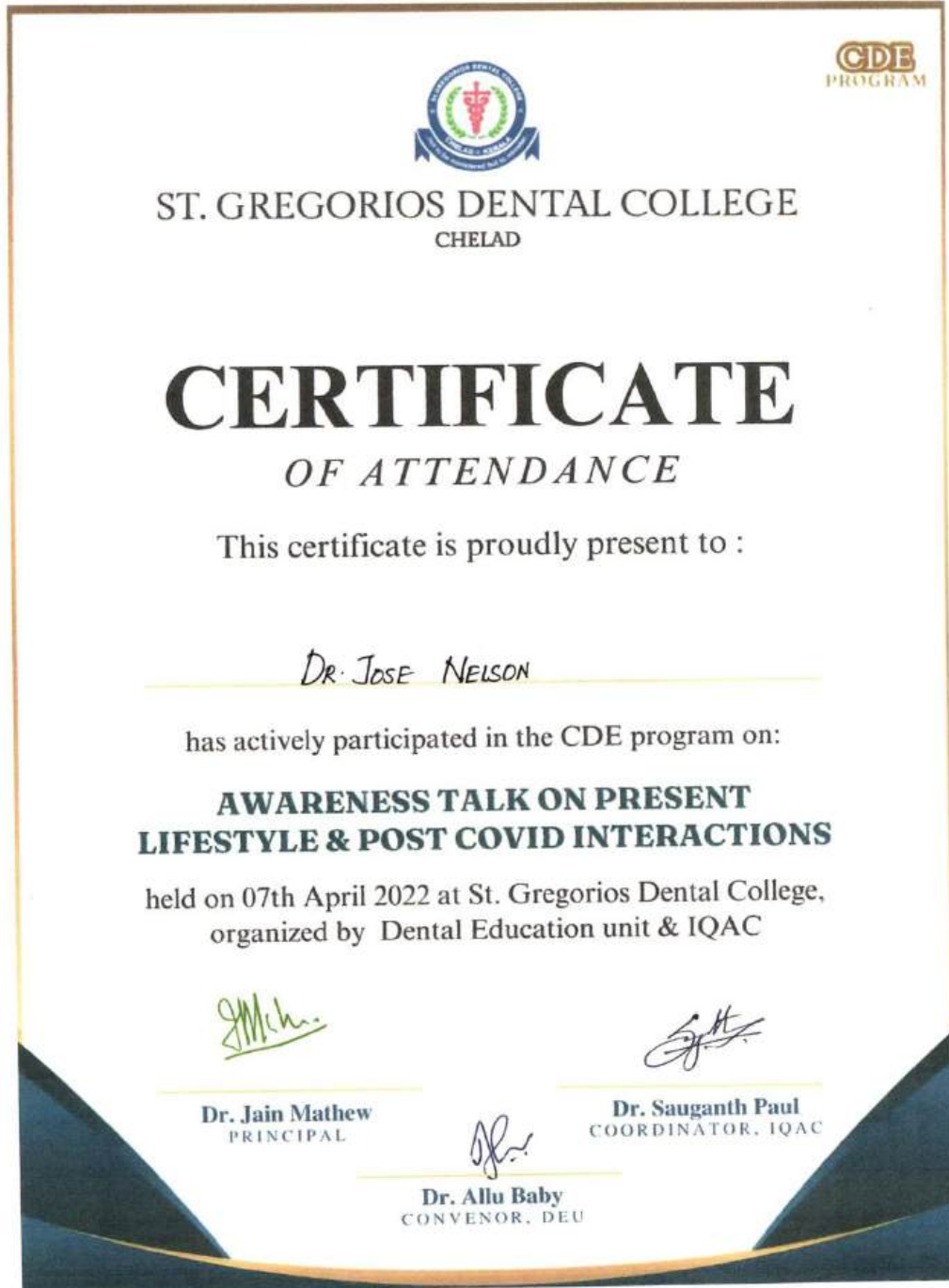






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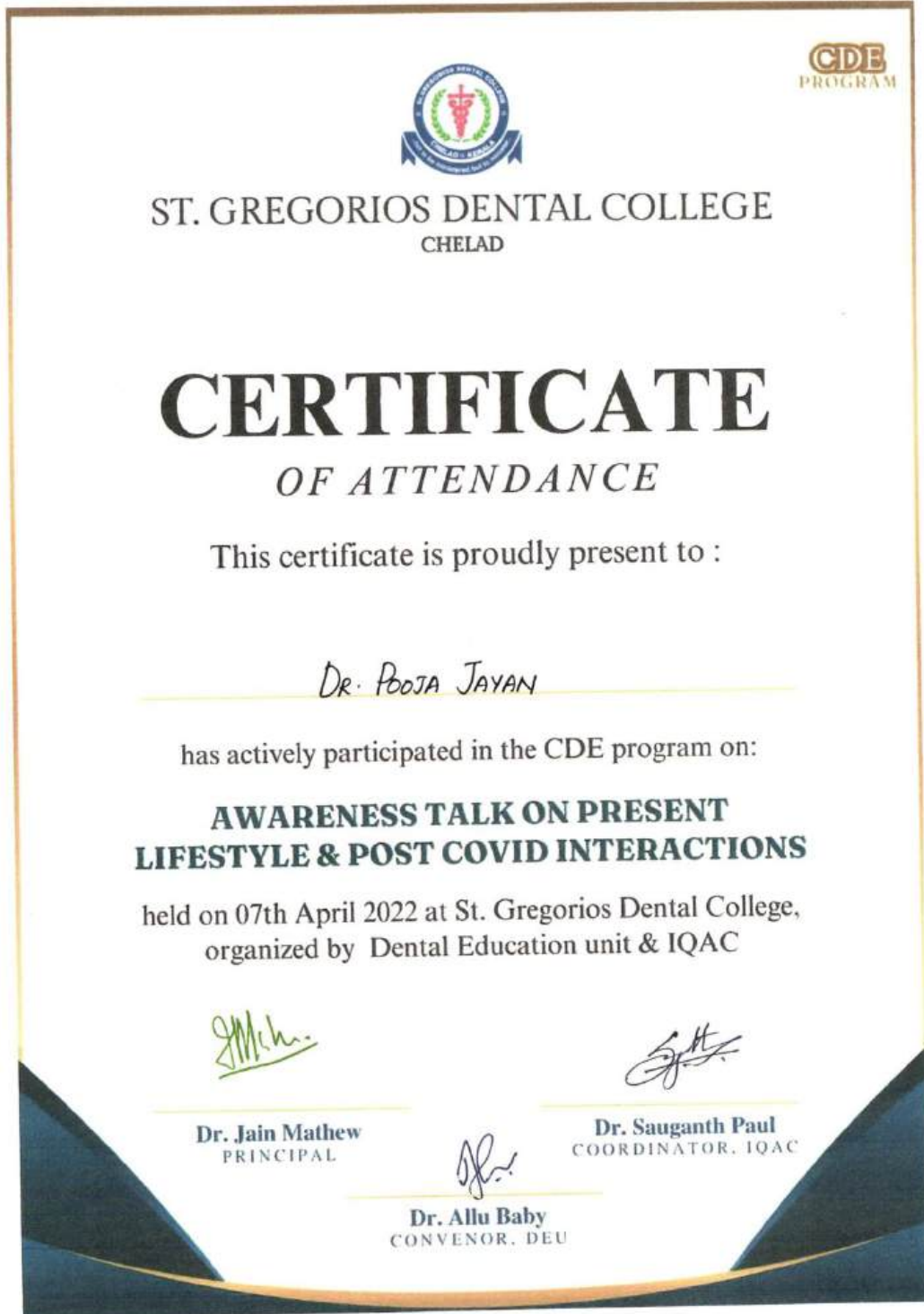
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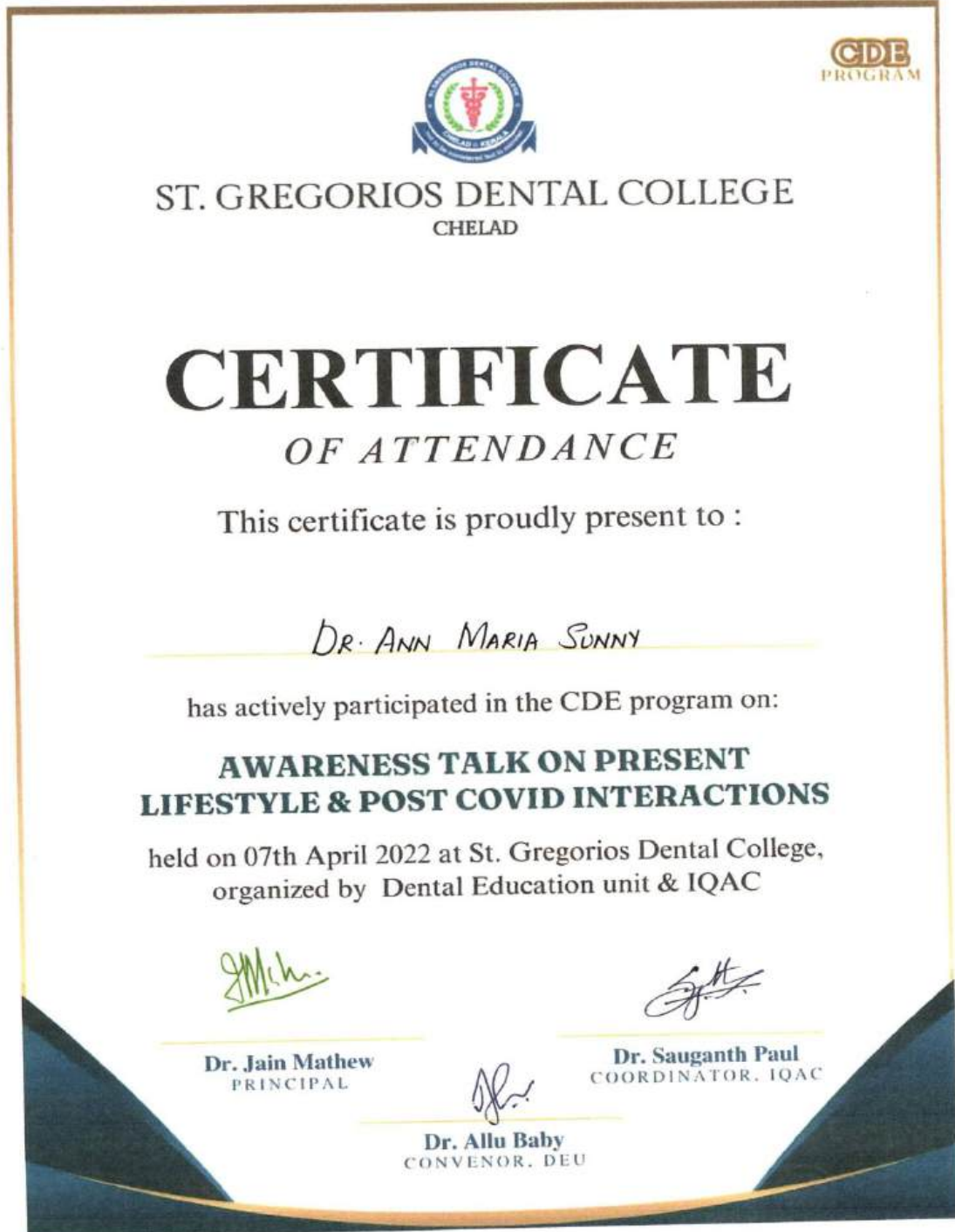
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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

Dr. KAREENA MIRIAM KAFEEL REYNOLD

has actively participated in the CDE program on:

**AWARENESS TALK ON PRESENT  
LIFESTYLE & POST COVID INTERACTIONS**

held on 07th April 2022 at St. Gregorios Dental College,  
organized by Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

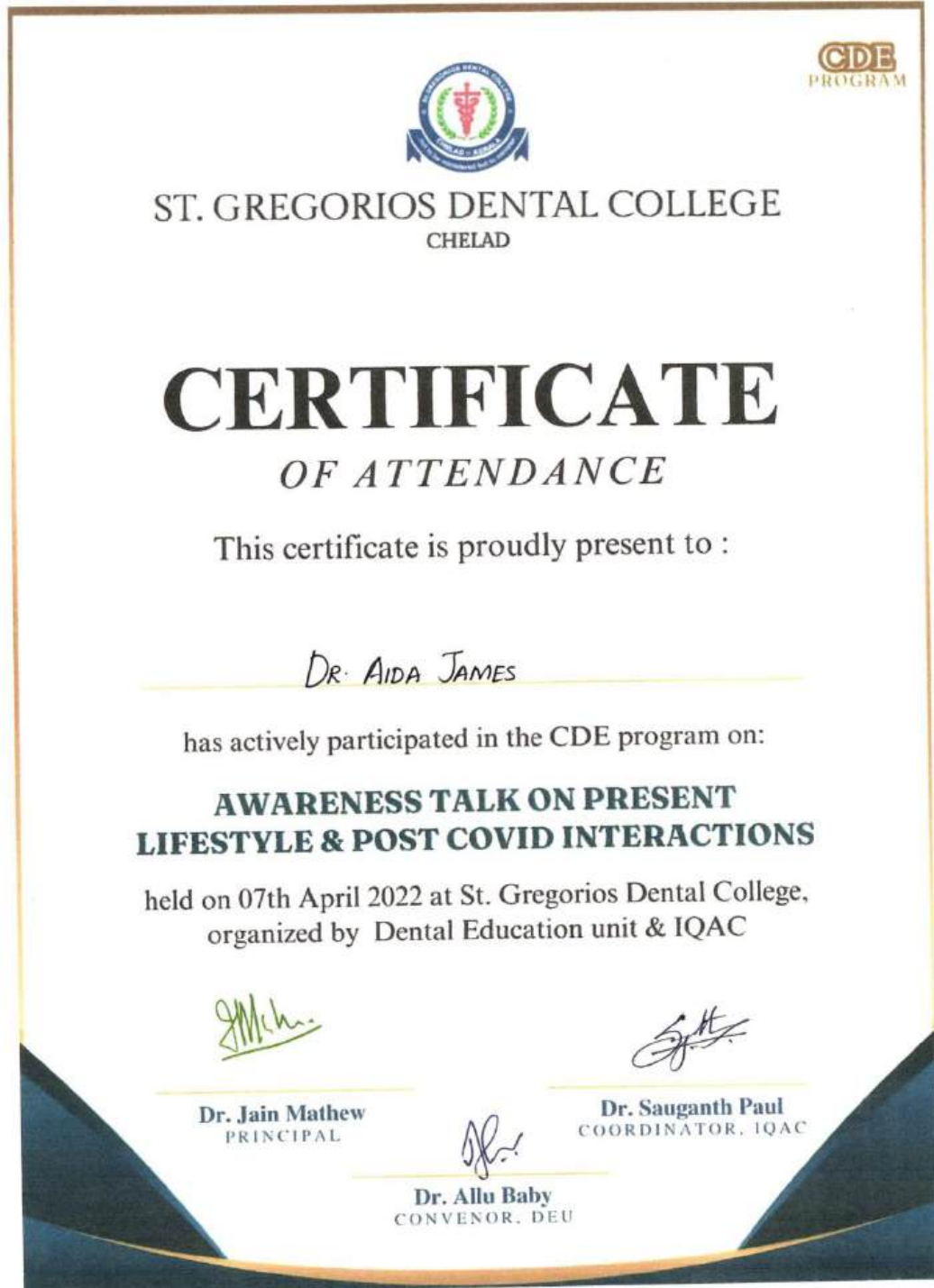
Dr. Allu Baby  
CONVENOR, DEU





# ST. GREGORIOS DENTAL COLLEGE

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CDE  
PROGRAM



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. Divya Subramanian*

has actively participated in the CDE program on:

### **AWARENESS TALK ON PRESENT LIFESTYLE & POST COVID INTERACTIONS**

held on 07th April 2022 at St. Gregorios Dental College,  
organized by Dental Education unit & IQAC

**Dr. Jain Mathew**  
PRINCIPAL

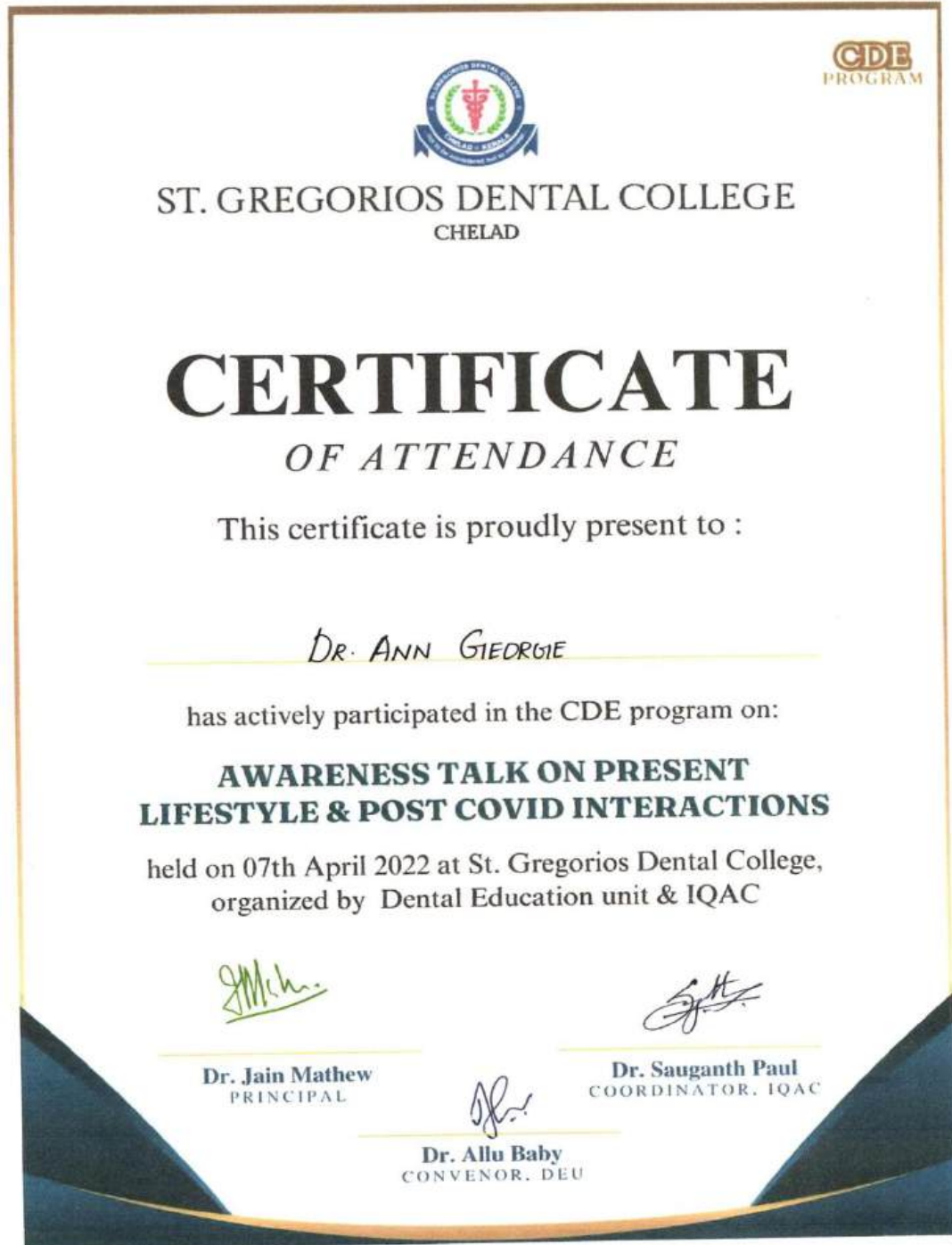
**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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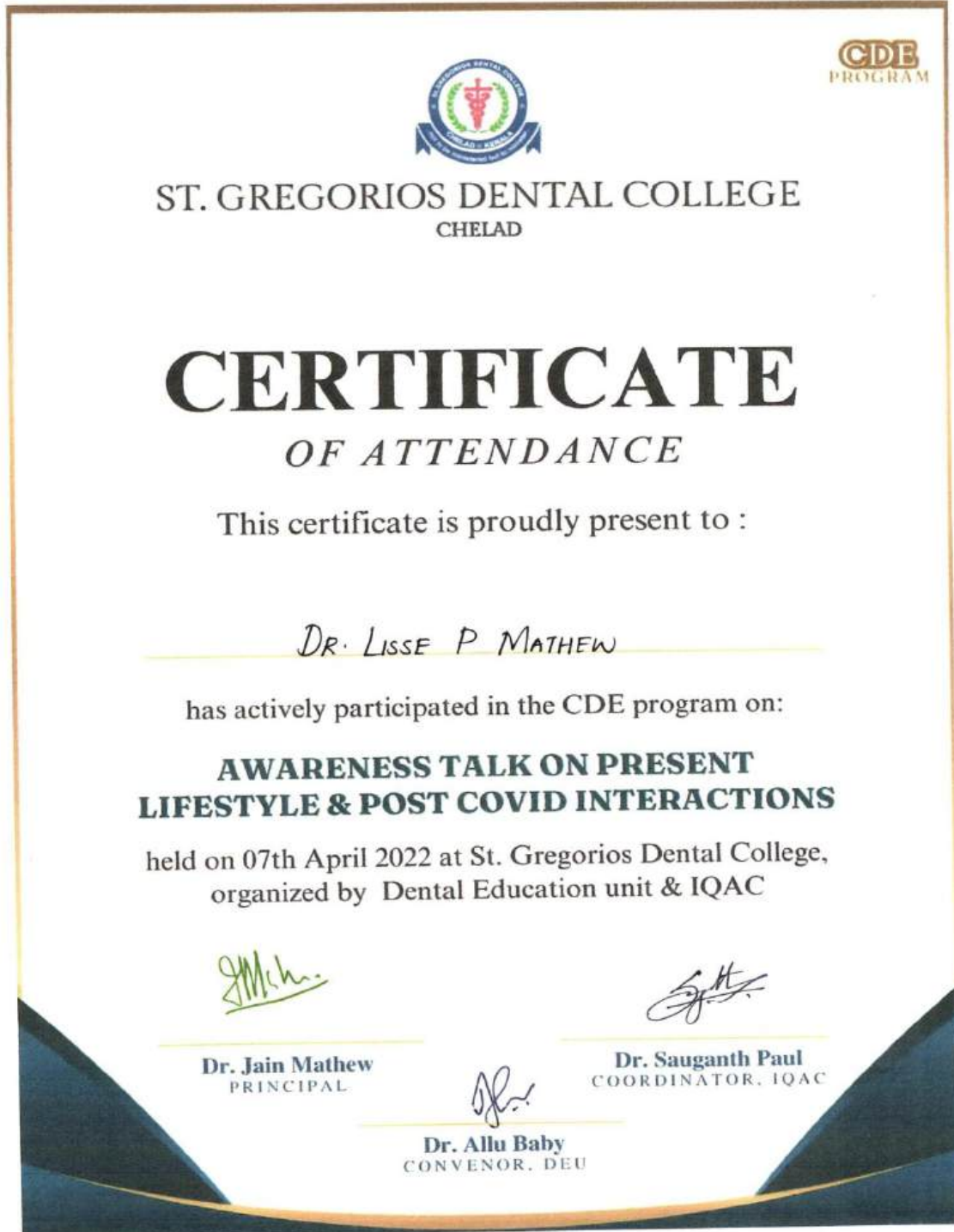
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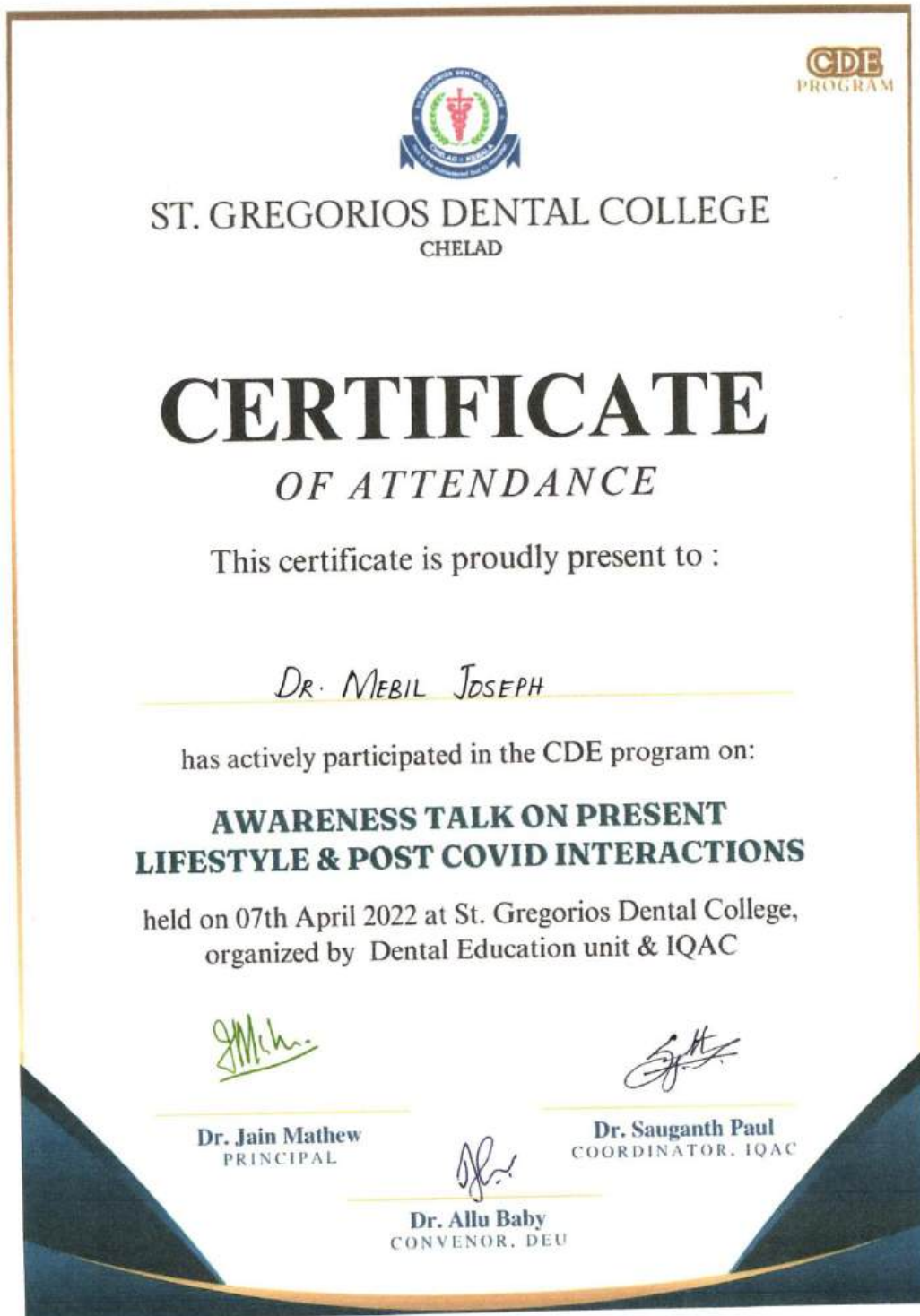






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CDE  
PROGRAM

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. Aiswarya Udayakumar*

has actively participated in the CDE program on:

**AWARENESS TALK ON PRESENT  
LIFESTYLE & POST COVID INTERACTIONS**

held on 07th April 2022 at St. Gregorios Dental College,  
organized by Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

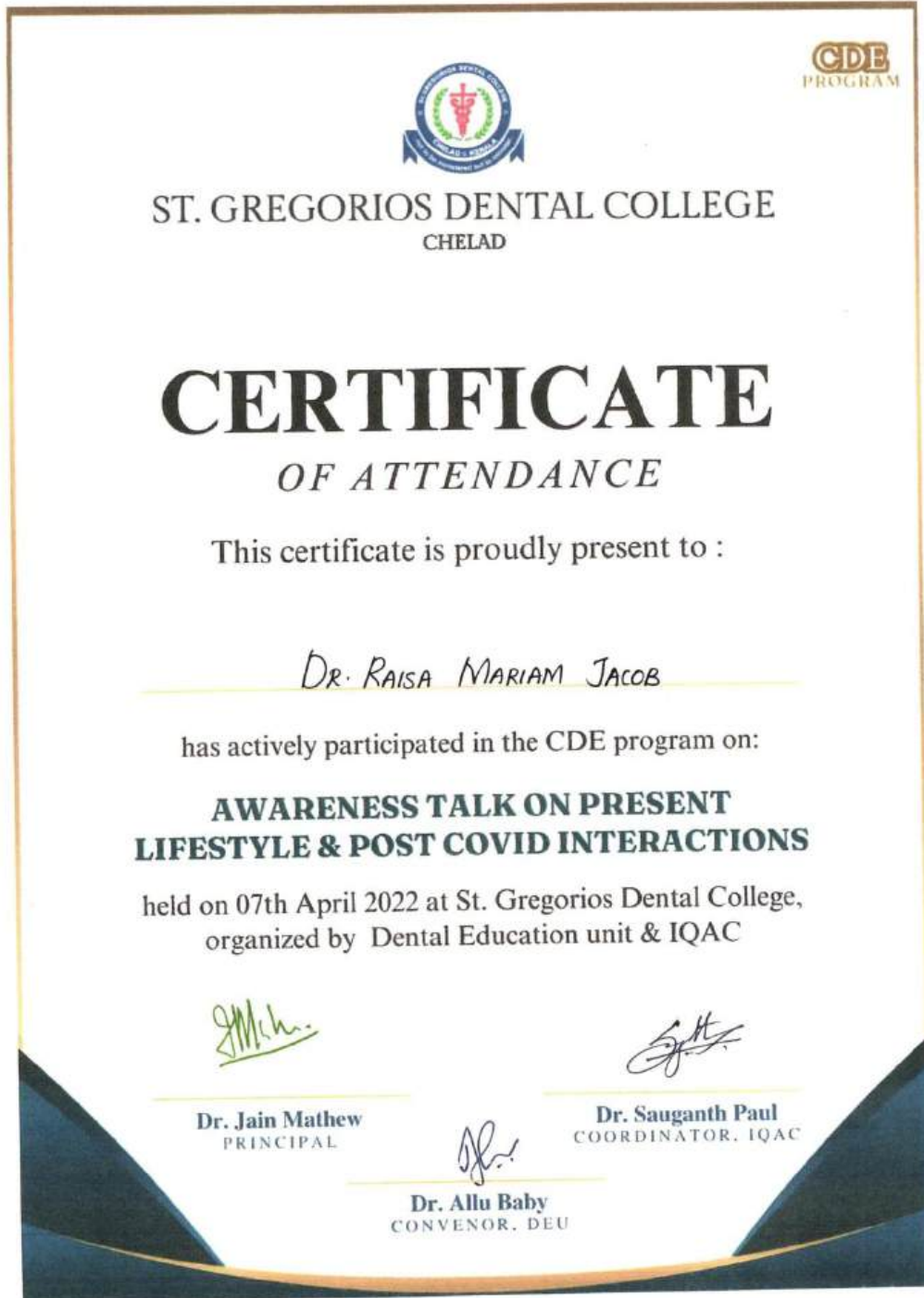
Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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**CDE**  
PROGRAM

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. VIDHYA K*

has actively participated in the CDE program on:

### **AWARENESS TALK ON PRESENT LIFESTYLE & POST COVID INTERACTIONS**

held on 07th April 2022 at St. Gregorios Dental College,  
organized by Dental Education unit & IQAC

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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PROGRAM

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CHELAD

## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. VIDHYA S-L*

has actively participated in the CDE program on:

### **AWARENESS TALK ON PRESENT LIFESTYLE & POST COVID INTERACTIONS**

held on 07th April 2022 at St. Gregorios Dental College,  
organized by Dental Education unit & IQAC

Dr. Jain Mathew  
PRINCIPAL

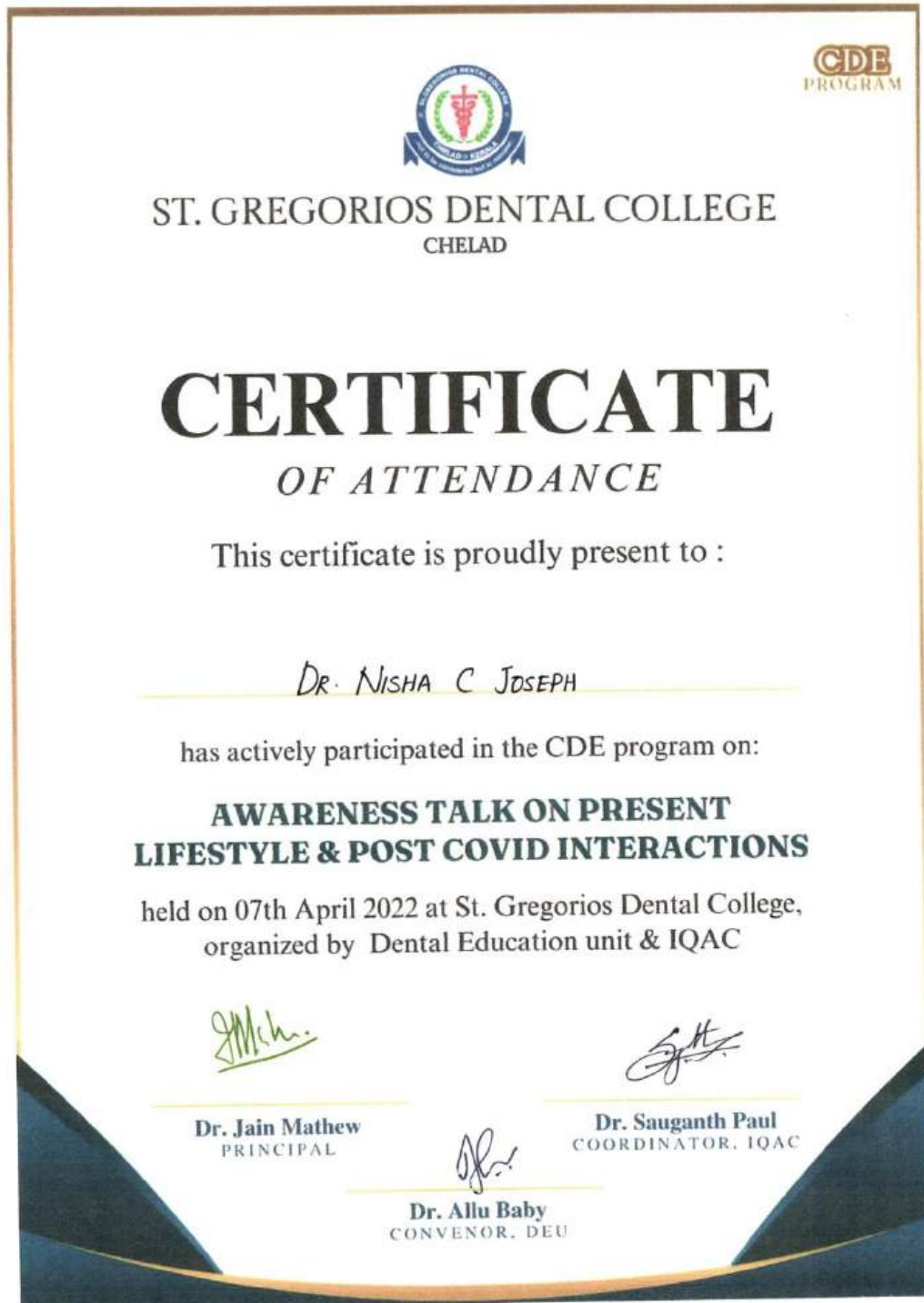
Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



# ST. GREGORIOS DENTAL COLLEGE

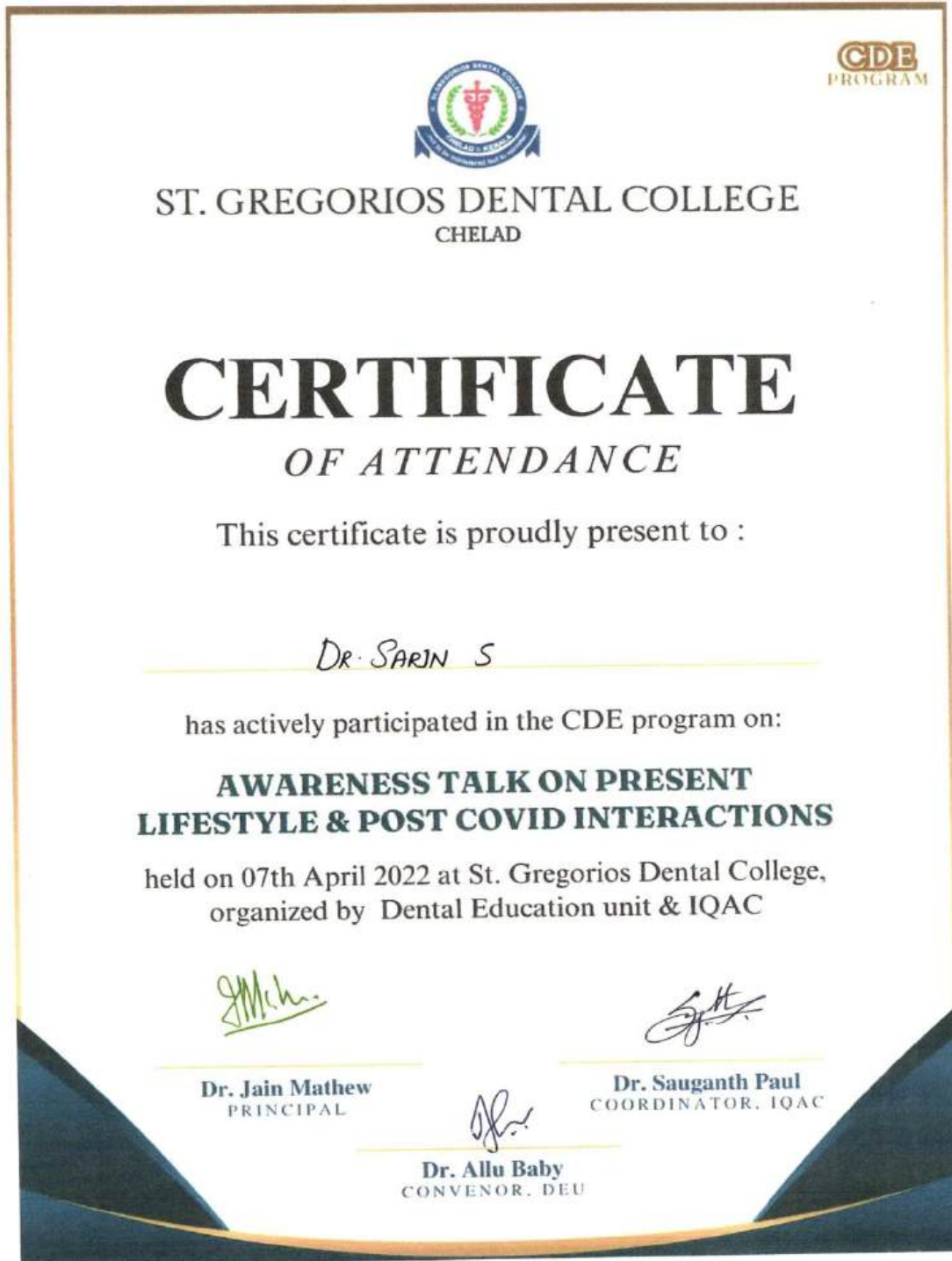
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# ST. GREGORIOS DENTAL COLLEGE

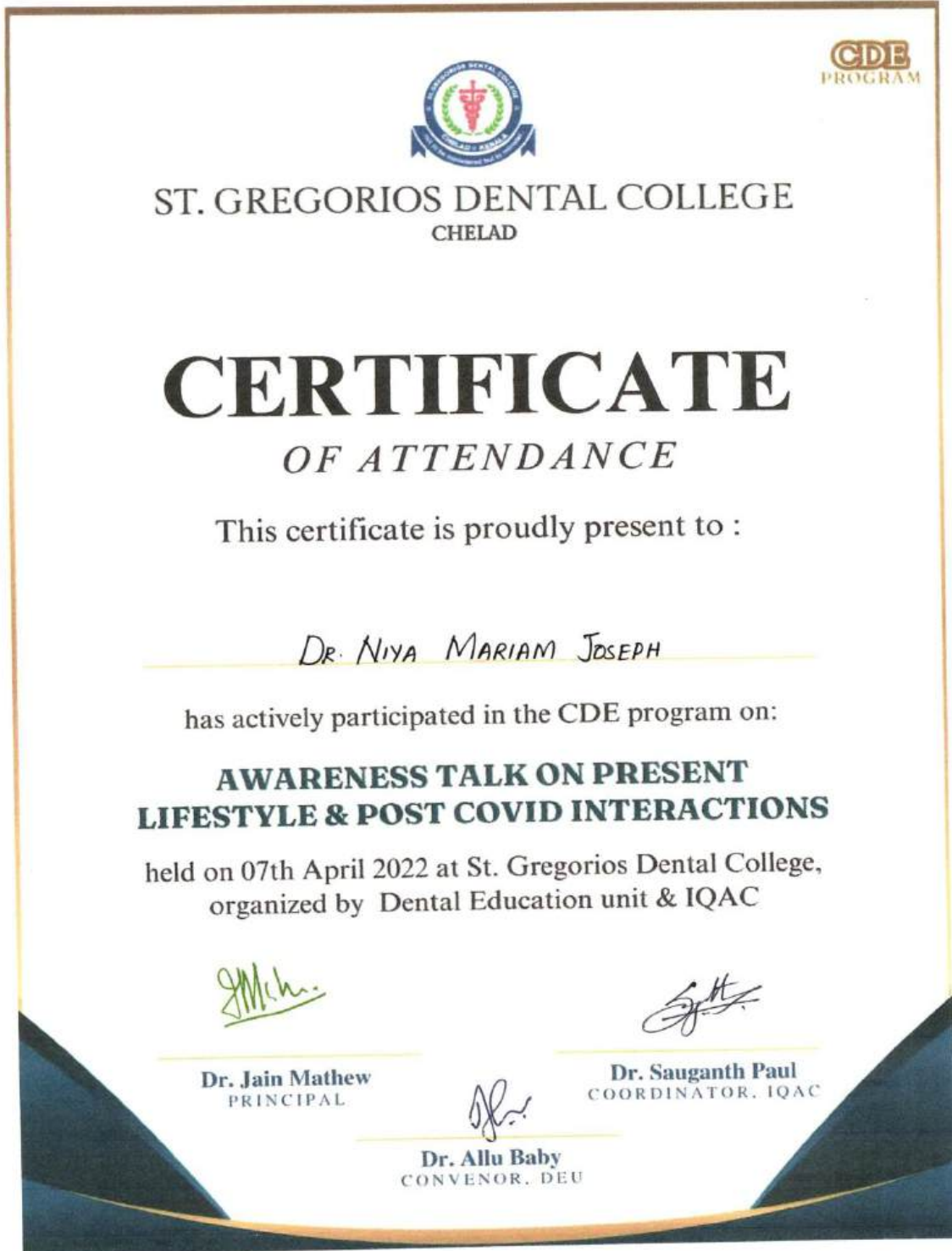
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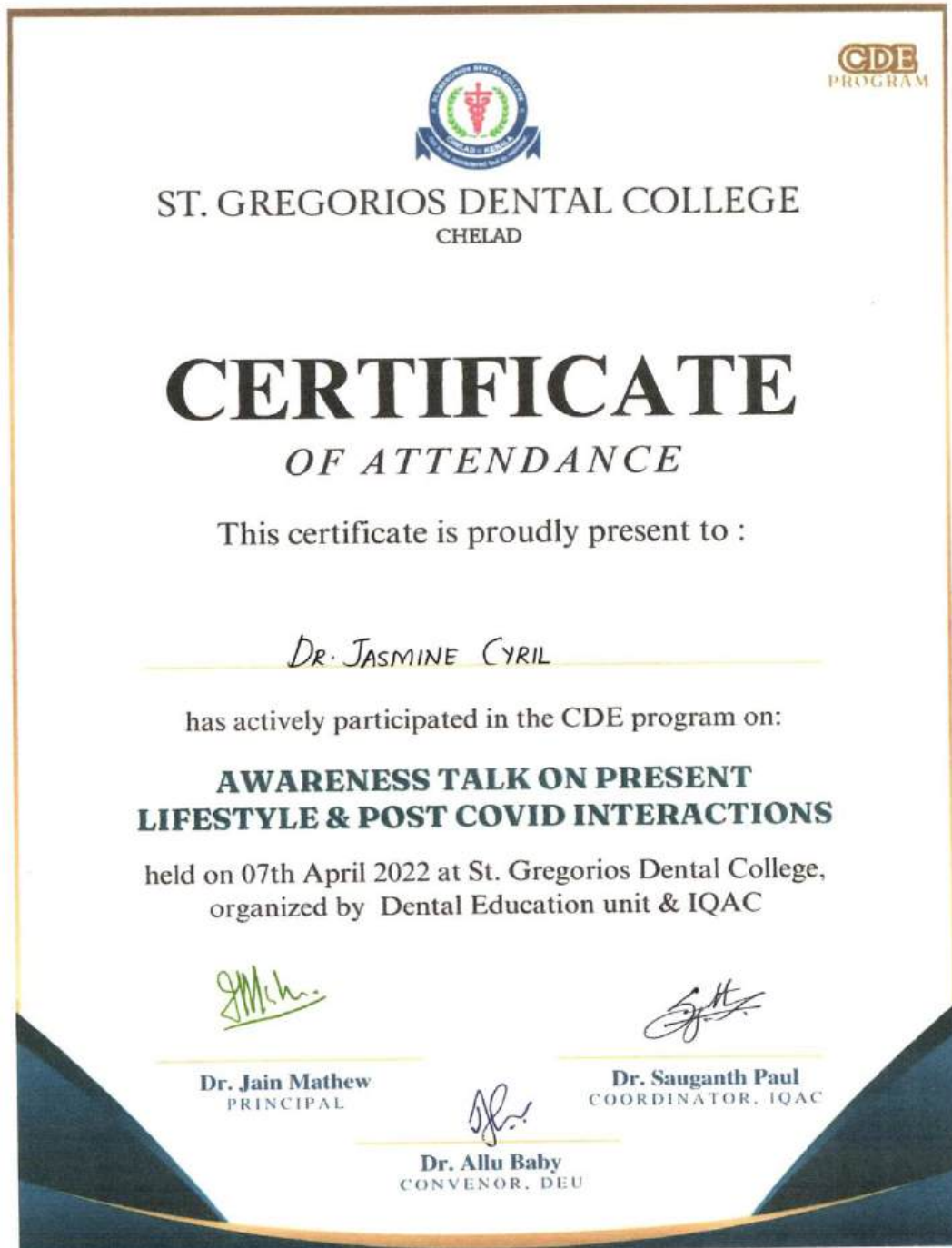






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## PHOTOGRAPH



Photograph of awareness talk on present lifestyle & post covid interactions



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## ACADEMIC YEAR 2020-2021



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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	i) BASIC COMPUTER COURSE	4
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	i)TALK ON CODE OF CONDUCT	12
<b>3</b>	<b>YOGA AND WELLNESS</b>	
	i)YOGA IN DAILY LIFE	42
	ii)ZUMBA-MOVE TO THE RYTHM	50
	iii) COVID	58
<b>4</b>	<b>ANALYTICAL SKILL DEVELOPMENT</b>	
	i)CRITICAL EVALUATION OF AN ARTICLE AND PRESENTATION SKILLS	68
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## SOFT SKILL DEVELOPMENT



# **ST.GREGORIOS DENTAL COLLEGE**

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---

## **BASIC COMPUTER COURSE**

**ST GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/004/2021.

03.04.2021

**CIRCULAR**

Subject: Basic Computer Course

Dental Education Unit, St. Gregorios Dental College is organizing an Orientation Program for post graduates on 6.4.2021 to 7.4.2021 at 8 am in college auditorium

For further reference reach out to Dr. Allu Baby.

  
**PRINCIPAL**

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St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE

**ST GREGORIOS DENTAL COLLEGE**  
CHELAD

# Basic Computer Skills

VALUE  
ADDED  
PROGRAM

## POST GRADUATES

DATE: APRIL 06-07, 2021  
VENUE: A V Ha11

ORGANIZED BY  
DENTAL EDUCATION UNIT & IQAC





# ST.GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## POST-EVENT REPORT: BASIC COMPUTER COURSE

Date: 6.4.2021 to 7.4.2021

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

The training method for the basic computer skills course involved a combination of lectures and interactive discussions. Participants were introduced to computer basics through presentations and interesting demonstrations. Interactive discussions facilitated knowledge sharing and allowed participants to ask questions and clarify ideas. Group activities and peer learning were encouraged to promote cooperation and teamwork. Overall, the training approach effectively engaged the participants and provided a conducive environment for learning and skill development in basic computer applications.

### Key Highlights:

Highlights of the Basic Computer Skills Course include an engaging lecture on computer basics, an interactive discussion on internet safety and cybersecurity, and a participant feedback session to further improve the Course provided participants with essential computer skills in a supportive environment.

### Conclusion:

The Basic Computer Skills Course was a valuable opportunity for participants to gain essential computer knowledge. Despite challenges, it successfully achieved its objectives and provided a foundation for further learning.



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



**ST. GREGORIOS DENTAL COLLEGE, CHELAD**

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Basic Computer skills

Sl no.	Name of participant	6/4/21	7/4/21
Sl no.	Name of participant	Day 1	Day 2
1	Dr. Gishan Sivaraman	[Signature]	[Signature]
2	Dr. Jerin Abraham George	[Signature]	[Signature]
3	Dr. Ann George	[Signature]	[Signature]
4	Dr. Raine Matham Jacob	[Signature]	[Signature]
5	Dr. Amal Kumar Lal	[Signature]	[Signature]
6	Dr. Hani Krishnan	[Signature]	[Signature]
7	Dr. Gimmey George	[Signature]	[Signature]
8	Dr. Sacenath U.P	[Signature]	[Signature]
9	Dr. Jose Nelson	[Signature]	[Signature]
10	Dr. Kisan D Costa	[Signature]	[Signature]
11	Dr. Aya Aravind	[Signature]	[Signature]
12	Dr. Kaseena Mitham	[Signature]	[Signature]
13	Dr. Jinson James	[Signature]	[Signature]
14	Dr. Jasin Thomas	[Signature]	[Signature]
15	Dr. Aparna Arand	[Signature]	[Signature]
16	Dr. Sarpin S	[Signature]	[Signature]
17	Dr. Sheethal Sara	[Signature]	[Signature]
18	Dr. Lini P. Mathew	[Signature]	[Signature]
19	Dr. Jayapriya J Prabash	[Signature]	[Signature]
20	Dr. S. Manesh Ahmed	[Signature]	[Signature]
21	Dr. JESMIN CRI	[Signature]	[Signature]
22	Dr. Pooja Jayan	[Signature]	[Signature]
23	Dr. Jehin Maria Jose	[Signature]	[Signature]
24	Dr. Ann Masiya	[Signature]	[Signature]

[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATE



**ST. GREGORIOS DENTAL COLLEGE**  
**CHELAD, KOTHAMANGALAM**

# CERTIFICATE

## OF APPRECIATION

This certificate is proudly present to :

*DR. JESWIN MARIA JOSE*

for successfully completeing 15 hours of value added course  
entitled BASIC COMPUTER COURSE from 26/09/2021... to  
27/09/2021.. conducted by the Dental Education Unit in  
association with IQAC..

*Dr. Jain Mathew*  
**PRINCIPAL**

*Dr. Sauganth Paul*  
**IQAC**  
**COORDINATOR**

*Dr. Alu Baby*  
**DEU CONVENOR**



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## PHOTOS



PHOTO OF BASIC COMPUTER COURSE





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## **LANGUAGE AND COMMUNICATION SKILL**



# ST.GREGORIOS DENTAL COLLEGE

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## TALK ON CODE OF CONDUCT

**ST. GREGORIOS DENTAL COLLEGE**  
**CHELAD, KOTHAMANGALAM**

SGDC/CDE/003/2021

12.03.2021

**CIRCULAR**

Subject: Online Continuous Dental Education program (CDE) on 'Talk on Code of Conduct' for Undergraduate students, Post graduate students and faculty members

This is to inform you that a Continuous Dental Education program (CDE) for UG students, PG students and faculty members is being organized by the Ethical Committee of the college on the topic entitled 'Talk on Code of Conduct' on 17.03.2021 at the college auditorium at 10.00am through an online platform.

For further reference, reach out to Dr. Eapen Cherian



**PRINCIPAL**

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Chelad, Kothamangalam - 686 681



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BROCHURE

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

# TALK ON CODE OF CONDUCT

CDE FOR UNDERGRADUATES & POST GRADUATES

**ONLINE**  
MODE

AT 10.00 AM  
17 MARCH, 2021  
COLLEGE AUDITORIUM

RESOURCE PERSON  
**DR. ANILA S**

ORGANIZED BY  
**ETHICAL COMMITTEE, IQAC**





# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## POST EVENT REPORT

The Talk on Code of Conduct was conducted for the undergraduate students and postgraduate students on 17.03.2021 by the Ethical Committee at the college auditorium with the aim of promoting a deeper understanding and adherence to ethical guidelines and standards in the professional sphere, particularly within the realm of technology and coding. The event focused around a talk on the importance, principles, and application of codes of conduct in various professional settings. The Head of the Department of Periodontics, Dr. Anila S began with an introductory session explaining the concept and significance of a code of conduct. The event's goals were effectively attained, and attendees left with insightful knowledge on communication techniques. The program also emphasised the value of good communication in dental practice and give dental practitioners the resources and methods they need to become more fluent in language. Furthermore, the talk digged into the fundamental principles that develop a robust code of conduct, such as integrity, respect, accountability, and transparency. These principles were discussed in the backdrop of their application to real-world scenarios. The event fostered interactive discussions wherein attendees were motivated to share their perspectives, experiences, and insights regarding code of conduct implementation and challenges in various professional settings. This interactive component cleared the way for peer learning and knowledge exchange.



# ST.GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

**TOPIC: TALK ON CODE OF CONDUCT (ONLINE)**

**DATE: 17.03.2021**

S.NO	NAME OF PARTICIPANTS
1.	Athira Kunjiiraman
2.	Athira P R
3.	Gopika Joshi
4.	Sandra Mariam Thomas
5.	Sandra Susan
6.	Sara Mathew
7.	Sneha N S
8.	Snigdha Jayaraj
9.	Liya Merin Paul
10.	Maria M Raju
11.	Angela Susan Jacob
12.	Ani K Raghavan
13.	Anna Oshin Benny
14.	Annet Theresa Panackal
15.	Annie Robert
16.	Anziya Baker
17.	Frank Shibu
18.	Henna Sony Paul
19.	Honey Leya Sajan
20.	Jetsy Mariam Jacob
21.	Kezia Marium George
22.	Malavika Miriam Shaji
23.	Dr. Jimmy George K
24.	Dr. Sreenath U P
25.	Dr. Jinson James Puthuparambil



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UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

26.	Dr. Arya Aravind
27.	Dr. Ann Mariya Sunny
28.	Dr. Lisie P Mathew
29.	Dr. Jasmin Cyril
30.	Dr. Jerrin Abraham George
31.	Dr. Pooja Jayan
32.	Dr. Jose Nelson
33.	Dr. Jishnu Sivaraman
34.	Dr. Kareena Miriam Kafeel Reybnold
35.	Dr. Harishankaran U
36.	Dr. Ann George
37.	Dr. Raisa Mariam Jacob
38.	Dr. Kiran D Costa J
39.	Dr. Jerin Thomas
40.	Dr. Amrutha Lal
41.	Dr. Aparna Anand
42.	Dr. Sheetal Sara Verghese
43.	Dr. Jayasree J Prakash
44.	Dr. S Maneesh Ahamed
45.	Dr. Jesline Maria Jose



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## CERTIFICATE



# CERTIFICATE

## OF ATTENDANCE

This certificate is proudly present to :

*DR. JESLINE MARIA JOSE*

has successfully participated in webinar on:

### TALK ON CODE OF CONDUCT

*Held on 17th March, 2021*

conducted by Ethical Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 17th May 2021.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEE





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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)



## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*DR. S MANEESH AHAMED.*

has successfully participated in webinar on:

### TALK ON CODE OF CONDUCT

*Held on 17th March, 2021*

conducted by Ethical Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 17th May 2021.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEE



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## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. JAYASREE J PRAKASH*

has successfully participated in webinar on:

### TALK ON CODE OF CONDUCT

*Held on 17th March, 2021*

conducted by Ethical Committee, IQAC,  
St. Gregorios Dental College, Chelad  
held on 17th May 2021.

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)



## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*DR. SHEETHAL SARA VARUHEESE*

has successfully participated in webinar on:

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*Held on 17th March, 2021*

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## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. APARNA ANAND.*

has successfully participated in webinar on:

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## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*Dr. AMURTHA LAL*

has successfully participated in webinar on:

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*Held on 17th March, 2021*

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held on 17th May 2021.

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*DR. JERIN THOMAS*

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*Held on 17th March, 2021*

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St. Gregorios Dental College, Chelad  
held on 17th May 2021.

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*Dr. KIRAN D COSTA J*

has successfully participated in webinar on:

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held on 17th May 2021.

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## CERTIFICATE OF ATTENDANCE

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*DR. RAISA MARIAM JACOB*

has successfully participated in webinar on:

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*DR. ANN GEORGIE*

has successfully participated in webinar on:

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## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*DR. HARISHANKARAN U*

has successfully participated in webinar on:

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*Dr. Kareena Miriam Kafeel*

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*Dr. JISHNU SIVARAMAN*

has successfully participated in webinar on:

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## CERTIFICATE OF ATTENDANCE

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*DR. POOJA JAYAN*

has successfully participated in webinar on:

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*DR. JERRIN ABRAHAM GEORGIE*

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has successfully participated in webinar on:

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*DR. ANN MARIYA SUNNY*

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## CERTIFICATE OF ATTENDANCE

This certificate is proudly present to :

*DR. ARYA ARAVIND*

has successfully participated in webinar on:

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*DR. JINSON JAMES*

has successfully participated in webinar on:

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*DR. SREENATH UP.*

has successfully participated in webinar on:

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## CERTIFICATE OF ATTENDANCE

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*DR. JIMMY GEORGIE K*

has successfully participated in webinar on:

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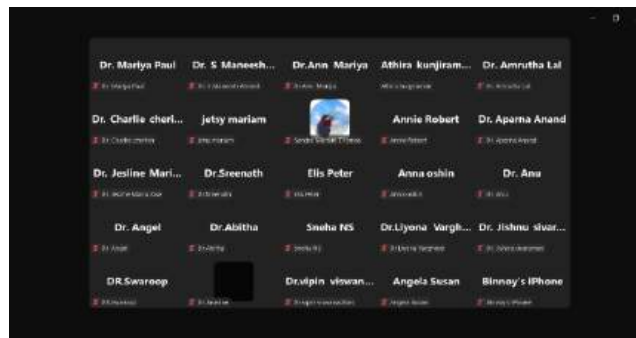
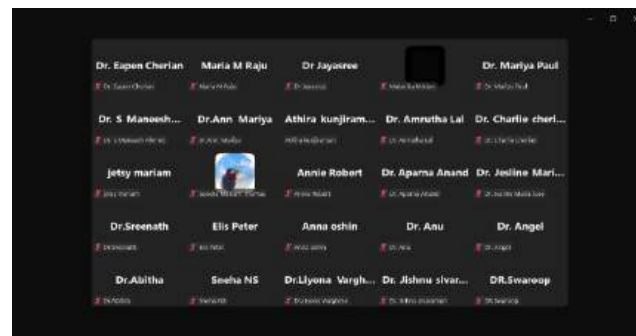
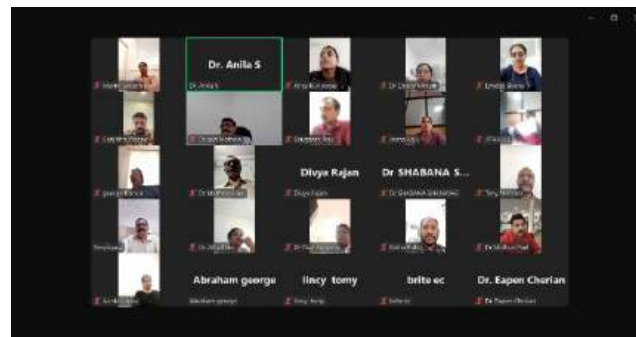
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## PHOTOS



ONLINE CDE PROGRAM “ CODE OF CONDUCT”



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## YOGA AND WELLNESS



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 003/2021

06.03.2021

**CIRCULAR**

Subject: Value added program on YOGA IN DAILY LIFE.

The Dental Education Unit, St. Gregorios Dental College is organizing an online value added program entitled 'YOGA IN DAILY LIFE' for First and Second year students from 08.03.21-09.03.21 via online platform.

For further reference reach out to Dr. Allu Baby.



**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



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BROCHURE

## YOGA IN DAILY LIFE

VALUE ADDED PROGRAM

ONLINE

March 2021

08 - 09

Venue:

ONLINE MODE

ORGANIZED BY DENTAL EDUCATION UNIT  
FOR BDS FIRST & SECOND YEAR STUDENTS



**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD



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---

## POST-EVENT REPORT: YOGA IN DAILY LIFE

**Date:** 08.03.21-09.03.2021

**Trainer:** Mr. Binoy Thomas

### **Training Methodology:**

The training program of this course utilizes a combination of instructional modules, interactive exercises, and guided practice sessions followed by peer discussions to facilitate experiential learning and the development of skills in yoga philosophy and practice.

### **Key Highlights:**

- Blended instructional modules with active exercise participation
- Guided practice to facilitate active learning
- Discussions with the group for sharing experiences and integration
- Focus on hands-on learning to enhance practical skills
- Comprehensive course content on yoga philosophy and practices
- Individually adapted for stress management and well-being
- Incorporated breath control, physical postures, meditation, and mindfulness techniques.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

**TOPIC:** Yoga in Daily Life- Value Added Courses (Online)

**Date:** 08/03/2021-09/03/2021

Sl no.	Name of participant
1.	Aashitha Ann Jimnet
2.	Abhirami Suresh
3.	Amal A
4.	Aneena Anna Gym
5.	Angela Susan Jacob
6.	Ani K Raghavan
7.	Anjana Rose
8.	Anna Oshin Benny
9.	Annet Theresa Panackal
10.	Annie Robert
11.	Anziya Baker
12.	Cicitta Mookken
13.	Divya S Raj
14.	Elma Sajjo T
15.	Esha Sainudeen
16.	Frank Shibu
17.	Hema Sony Paul
18.	Jetsy Mariam Jacob
19.	Kezia Marium George
20.	Malavika Miriam Shaji
21.	Mariya Reji Daniel
22.	Melbin K Reeson
23.	Nakul P G
24.	Nidhiya Elias
25.	R. Ramani
26.	Riya Elezabeth Shashs
27.	Sameera Saji
28.	Sarah Sumil
29.	Shruti Saji Nair
30.	Sneha S Kumar
31.	Sreeraj S
32.	Sruthi V S





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33.	Surabli B S
34.	Abhinaya K A
35.	Ahsana Nazreen
36.	Aleena Elezabeth Issac
37.	Aneena Mariya Boban
38.	Anit Simon
39.	Anjitha K Vijay
40.	Arsha K A
41.	Arun V A
42.	Aswani G
43.	Athira Kunhiraman
44.	Athira P R
45.	Gopika S M
46.	Hephziba Tom
47.	Hridya Kuriakose
48.	Jia Suresh
49.	Jini Jiji
50.	Krishna Prakash
51.	Maria M Raju
52.	Mehar Jan Shaw
53.	Merin Rose M T
54.	Merin Xavier
55.	Mirwa Tp
56.	Nilma A
57.	Rajmohan
58.	Rintu Sunil
59.	S Farhana
60.	Sajeesha Sasi
61.	Sandra Mariam Thomas
62.	Sara Mathew
63.	Sneha N S
64.	Snigdha Jayaraj
65.	Sreelakshmi
66.	Sreemol C R



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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE

CHELAD, KOTHAMANGALAM

# CERTIFICATE

*OF APPRECIATION*

This certificate is proudly present to :

*ANNIE ROBERT*

for successfully completeing 15 hours of value added course  
entitled YOGA IN DAILY LIFE from 2/02/2021.. to  
22/02/2021.. conducted by the Dental Education Unit in  
association with IQAC..

*Dr. Jain Mathew*  
PRINCIPAL

*Dr. Sanganth Paul*  
IQAC  
COORDINATOR

*Dr. Allu Baby*  
DEU CONVENOR



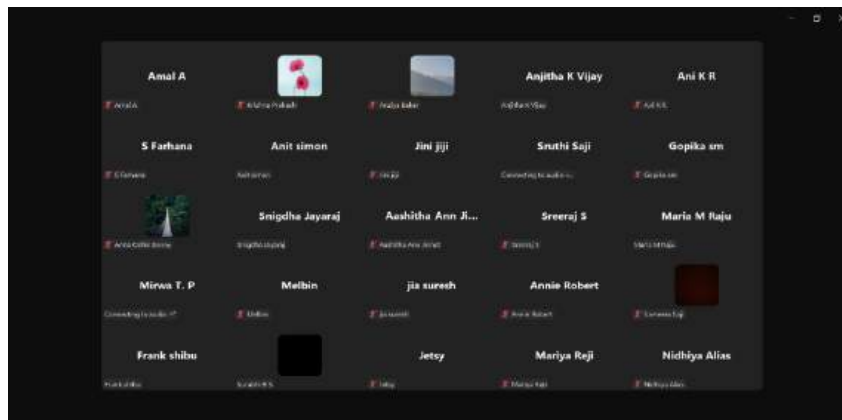
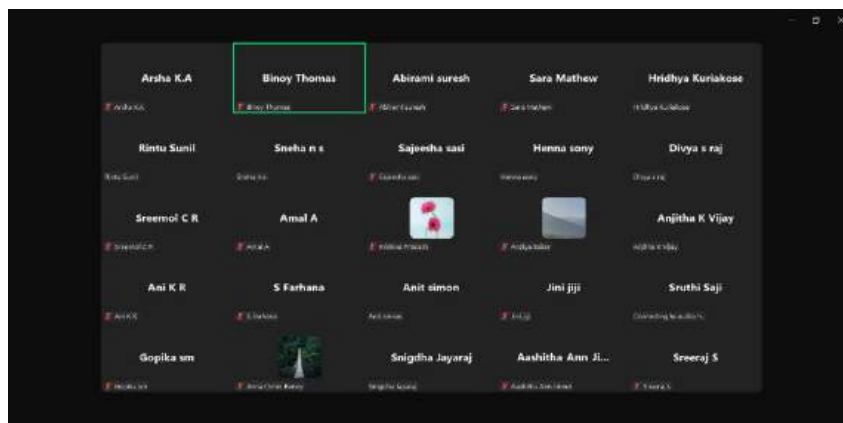
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## PHOTOGRAPHS



SCREENSHOTS OF ONLINE VALUE- ADDED PROGRAM- 'YOGA IN DAILY LIFE'



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---

**ZUMBA: LETS DANCE OUR WAY TO HEALTH**



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/006/2021

1.05.2021

**CIRCULAR**

Subject: Online Certificate course on "ZUMBA: LETS DANCE OUR WAY TO HEALTH" program  
for First year students

This is to inform that an online value-added course on topic entitled 'Zumba: let's dance our  
way to health' for first year students is being organised by the IQAC on 05.05.2021 and  
06.05.2021.

For further reference, reach out to Dr. Souganth Paul M. P.

  
**PRINCIPAL**

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St. Gregorios Dental College  
Chelad, Kerala - 686 681

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UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

# LET'S DANCE OUR WAY TO HEALTH **ZUMBA**

value added program for  
1st year BDS students



## ORGANIZED BY

**WOMEN CELL, IQAC  
ST. GREGORIOS DENTAL COLLEGE, CHELAD**

 **05-06 MAY 2021**

 **ONLINE PLATFORM**

 **10.00 AM**

*Online*





# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## POST EVENT REPORT

Date: 5.05.2021-6.5.2021

Location: St. Gregorios Dental College

Speaker: Ms. Minnu Kandirickal

### **Training Methodology:**

The goal of this Zumba class's training style is to provide an organised, entertaining, and welcoming atmosphere where students can get fitter while having fun with dance moves. To guarantee participants' growth and enjoyment, the methodology incorporates a number of instructional strategies, feedback mechanisms, and support systems.

### **Key Highlights:**

- Provided a structured session for students
- Different dance styles are taught
- Various modifications can be made for different fitness levels
- Engaging and interactive sessions
- Many group activities are provided
- Proper warm up and cool down techniques are learnt from the session



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

**TOPIC: ZUMBA – LET'S DANCE OUR WAY TO HEALTH (ONLINE)**

**DATE: 05.05.2021-06.05.2021**

S.NO	NAME OF PARTICIPANTS
1	Abhinaya K A
2	Ahsana Nazreen
3	Aleena Elezabeth Issac
4	Aneena Mariya Boban
5	Anit Simon
6	Anjitha K Vijay
7	Annet Rachel Joy
8	Arsha K A
9	Arun V A
10	Aswani G
11	Athira Kunhiraman
12	Athira P R
13	Gopika Joshi
14	Gopika S M
15	Hephziba Tom
16	Hridya Kuriakose
17	Jia Suresh
18	Jimi Jiji
19	Krishna Prakash
20	Liya Merin Paul
21	Maria M Raju
22	Mehar Jan Shaw
23	Merin Rose M T
24	Merin Xavier
25	Mirwa T P





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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

26	Nihma A
27	Rajmohan
28	Rintu Sunil
29	Roshini Robin
30	S Farhana
31	Sajeesha Sasi
32	Sandra Mariam Thomas
33	Sandra Susan
34	Sara Mathew
35	Sneha N S
36	Snigdha Jayaraj
37	Sreelakshmi
38	Sreemol C R
39	Swathi S Prasad
40	Vaishnavi S



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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM

# CERTIFICATE

## OF APPRECIATION

This certificate is proudly present to :

*JIA SURESH*

for successfully completing 15 hours of value added course  
entitled ZUMBA: LET'S DANCE OUR WAY TO  
HEALTH from 25/05/2021. to 09/05/2021.. conducted by the  
Dental Education Unit in association with IQAC..

*Dr. Jain Mathew*  
**PRINCIPAL**

*Dr. Sauganth Paul*  
**IQAC  
COORDINATOR**

*Dr. Allu Baby*  
**DEU CONVENOR**



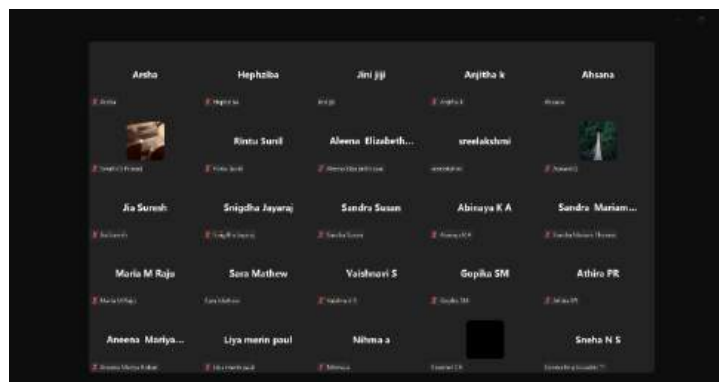
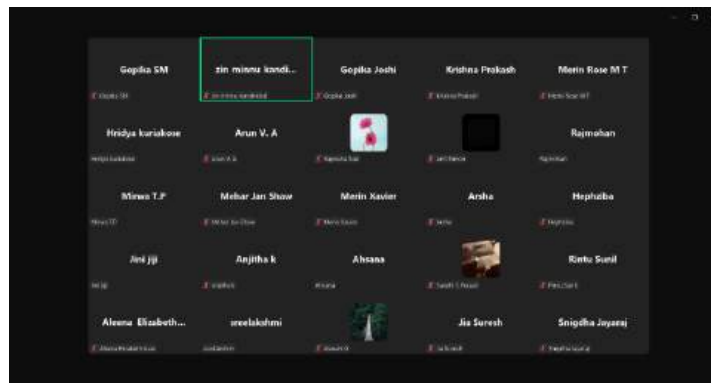
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## PHOTOGRAPHS



PHOTOGRAPHS OF ONLINE VALUE-ADDED PROGRAM 'ZUMBA – LET'S DANCE OUR WAY TO HEALTH



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## COVID



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/VAL/001/2021.

30.1.2021

**CIRCULAR**

Subject: Value Added Course on COVID

Department of Public Health Dentistry, St. Gregorios Dental College is organizing a course on COVID for 3<sup>RD</sup> year, Final year Part 1 and Part 2 students on 2.2.2021 to 3.2.2021 at 8 am via google meet.

For further reference reach out to Dr. Kiran Mathai



**PRINCIPAL**

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St. Gregorios Dental College  
Chelad, Kerala - 686 681

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ST GREGORIOS DENTAL COLLEGE  
CHELAD

# COVID GUIDELINES

COVID-19  
WHAT?  
HOW?

ONLINE SESSION

**when** FEB 02-03, 2021  
FROM 08:00AM ONWARDS  
online platform

**VALUE ADDED  
PROGRAM**

What you  
need to  
know

- Covid-19
- General Precaution
- Precaution for clinical students
- Diagnostic & Testing

Session - link will be sent to your  
mail id



STOP THE  
SPREAD

SESSION BY  
**DR. KIRAN MATHAI**

DEPARTMENT OF PUBLIC HEALTH DENTISTRY & INTERNAL QUALITY ASSURANCE CELL



# ST.GREGORIOS DENTAL COLLEGE

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---

## POST-EVENT REPORT: COVID

Date: 2.2.2021 to 3.2.2021

Location: St. Gregorios Dental College, Auditorium

Speaker: Dr. Kiran Mathai

### Training Methodology:

This course employs a blended learning approach, incorporating lectures, discussions, interactive activities, and also independent study. Expert-led lectures cover fundamental COVID-19 topics and recent research findings, while facilitated discussions encourage critical analysis of the case studies and debates on pandemic-related issues. Interactive exercises and simulations simulate real-world challenges thereby fostering teamwork and practical problem-solving skills. Assigned readings and research projects prompt students to explore the specific aspects of COVID-19 independently, fostering inquiry and synthesis of knowledge.. This comprehensive methodology equips students to contribute effectively to the pandemic response efforts and public health initiatives.

### Key Highlights:

The course stands out for its comprehensive approach to understanding COVID-19, covering scientific, social, and also practical aspects. Through expert-led lectures, interactive discussions, and independent study, students explore the virus's biology, transmission dynamics, societal impacts, and response strategies. Incorporating guest speakers and technology enhances learning diversity. Emphasis on critical thinking and evidence-based decision-making prepares the students to contribute effectively to pandemic response and public health efforts, offering a well-rounded understanding essential for addressing global health challenges.

### Conclusion:

In summary, this course has thoroughly explored COVID-19, covering its scientific, social, and practical dimensions. Participants gained a comprehensive understanding of the virus's biology, transmission patterns, and societal impacts through lectures, discussions, and practical activities. Emphasis on critical thinking and evidence-based decision-making has prepared participants to contribute meaningfully to pandemic response efforts and address future global health challenges with informed action.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

**TOPIC: COVID Guidelines- Online Value Added Course**

**Date: 2.02.2021-3.02.2021**

Sl no.	Name of participant
1.	Aiswarya Narayanan
2.	Akshay Raj M
3.	Akshaya R Nath
4.	Alias Biju
5.	Ann Mary Jose
6.	Anna Mary Saji
7.	Ashly S Reny
8.	Basil Jose
9.	Farsana Muhammed P
10.	Jipsa Bindu Prakash
11.	Justline Jose
12.	Kessiya Babu
13.	Magi Xavier
14.	Merin Varghese
15.	Minna Mariya Jose
16.	Nandu P
17.	Nynu Fathima Sunil
18.	Praise Jose
19.	Richa K C
20.	Rinni Rose Antony
21.	Rose Maria Jaimon
22.	Sangeetha Sasikumar
23.	Sarin Anna Jojee
24.	Shilpa Thomas
25.	Siney Vincent
26.	Sneha K Antony
27.	Sreelakshmi M S
28.	Sweety Maria George
29.	Linda Maria Jose
30.	Agna K Gheever
31.	Akshaya P R
32.	Alwina Mathew





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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

33.	Amelia Maria Desouza
34.	Ammulakshmi M S
35.	Anagha P R
36.	Angel Mary Sajan
37.	Anitta Mathew Kongalathu
38.	Ann timer Tresa Jesty
39.	Athira S Pisharody
40.	Cerin E Erney
41.	Ciby Abraham
42.	Elbe Jacob
43.	Jia Miria George
44.	Nikky Peter
45.	Preenu Ann Prasad
46.	Richa Sara Sibi
47.	Ruth Rachel Roy
48.	Sarah Verghese
49.	Shamila
50.	Sneha G Nath
51.	Soya Baby
52.	Sruthy S
53.	Treasa Elizabeth Jaimon
54.	Aibin Joy
55.	Akshara T K
56.	Alex Mathew
57.	Alka Susan Binu
58.	Alvin Raju
59.	Aneetta Anna Eldho
60.	Anisha Rachel John
61.	Anoopa T M
62.	Aparana U Raj
63.	Arya Gireesh
64.	Ashley Eldo Paulose
65.	Chippy Elizabeth Philip
66.	Dilna Elizabeth Biju
67.	Gouri Lakshmi S
68.	Hanna Mary Eldho
69.	Jeff Jacob Mathews
70.	Jithin Saji



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71.	Liya Maria Joseph
72.	Manisha Chandran
73.	Mannya Maria Aby
74.	Mariya Elizabeth Sunil
75.	Melvin Thomas
76.	Mishal Ann Mathew
77.	Rinku C Rajeev
78.	Riyana V H
79.	S Mahima Mahendran
80.	Siona Rachel Saji
81.	Sruthy S
82.	Vyshali Jai Prakash



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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE

CHELAD, KOTHAMANGALAM

# CERTIFICATE

## OF APPRECIATION

This certificate is proudly present to :

SINCY VINCENT

for successfully completing 15 hours of value added course entitled COVID from 21.02.2021... to 23.02.2021.. conducted by the Dental Education Unit in association with IQAC..

*Dr. Jain Mathew*  
**PRINCIPAL**

*Dr. Sauganthi Paul*  
**IQAC  
COORDINATOR**

*Dr. Alu Baby*  
**DEU CONVENOR**



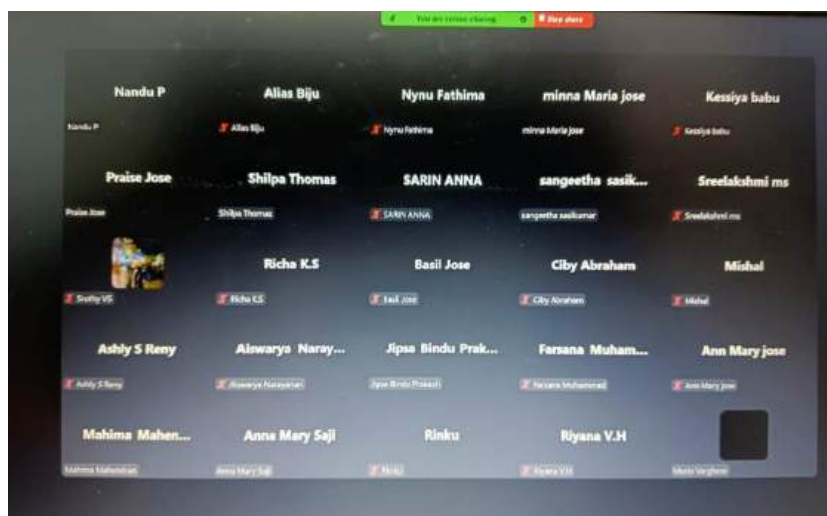
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## PHOTOGRAPH



SCREENSHOTS OF VALUE ADDED PROGRAMME ENTITLED “COVID GUIDELINES”





# **ST.GREGORIOS DENTAL COLLEGE**

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---

## **ANALYTICAL SKILL DEVELOPMENT**



# **ST.GREGORIOS DENTAL COLLEGE**

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## **CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION SKILL**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/002/2021

25.01.2021

**CIRCULAR**

Subject: Continuous dental education program on 'Critical Evaluation of an Article & Presentation Skill' for Post Graduate students and faculty members.

This is to inform you that a Continuous Dental Education program (CDE) for PG students and faculty members is being organised by the Department of Orthodontics and Dentofacial Orthopaedics on the topic entitled 'Critical Evaluation of an Article & Presentation Skill' on 28.01.2021 at the college auditorium.

For further reference, reach out to Dr. Abraham George



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Chelad, Kerala - 686 681



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**CDE ON**  
**CRITICAL**  
**EVALUATION OF**  
**AN ARTICLE**  
**&**  
**PRESENTATION**  
**SKILL**

**FOR POST GRADUATES**



**ST. GREGORIOS DENTAL COLLEGE**  
**CHELAD**

**ORGANIZED BY**  
**DENTAL EDUCATION UNIT &**  
**DEPT. OF ORTHODONTICS & ORTHOPEDICS**

**RESOURCE PERSON**

**DR. JOSEPH JOHN**

**28 JANUARY 2021 | COLLEGE AUDITORIUM**  
**10.00 - 11.00 AM**





# ST.GREGORIOS DENTAL COLLEGE

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## POST EVENT REPORT

The "Critical Evaluation of an Article & Presentation Skill Workshop" was held on January 28, 2021, in the seminar hall of St. Gregorios Dental College, which is home to the Department of Orthodontics and Dentofacial Orthopaedics. These instructors aimed to improve their ability to critically analyse scientific publications with a focus on improving presentation; the target audience consisted of postgraduate students from the university who are eager to advance their academic careers. The leader of it was Dr. Joseph John. In addition to case studies and a group discussion on how to efficiently prepare for writing, attendees learned about various methods of reviewing articles and how to improve presentations.

Positive feedback on the workshop's participatory format and insight delivery was especially appreciated by the students. This reveals that attendees significantly improved their evaluation of the calibre of scientific publications and their ability to deliver engaging presentations.



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Critical Evaluation of an Article & Presentation skills.

Date - 28/1/21

Sl no.	Name of participant	Signature
1	Dr. Anna Mariya	
2	Dr. S Manesh Ahammed	
3	Dr. Hanthirihan U	
4	Dr. Jeslin Maria Rose	
5	Dr. Sarjith S	
6	Dr. Jose Nelson	
7	Dr. Pooja Jayan	
8	Dr. Jaimin Kroll	
9	Dr. APARNA ANAND	
10	Dr. Suresh V.P	
11	Dr. JAYASREE PRASAD	
12	Dr. Felix James	
13	Dr. Timothy George	
14	Dr. Lisie M Mathew	
15	Dr. Kiran D cost	
16	Dr. Anantha Lal	
17	Dr. Senthil Raja	
18	Dr. Jinson James	
19	Dr. Ann George	
20	Dr. Kaseena Mariam	
21	Dr. Geeya Aravind	
22	Dr. JERRIN ABRAHAM	
23	Dr. Rajee Mariam Jacob	
24	Dr. Vishnu Sivadas	

PRINCIPAL	DEU Convenor	DEU Secretary

ATTENDANCE



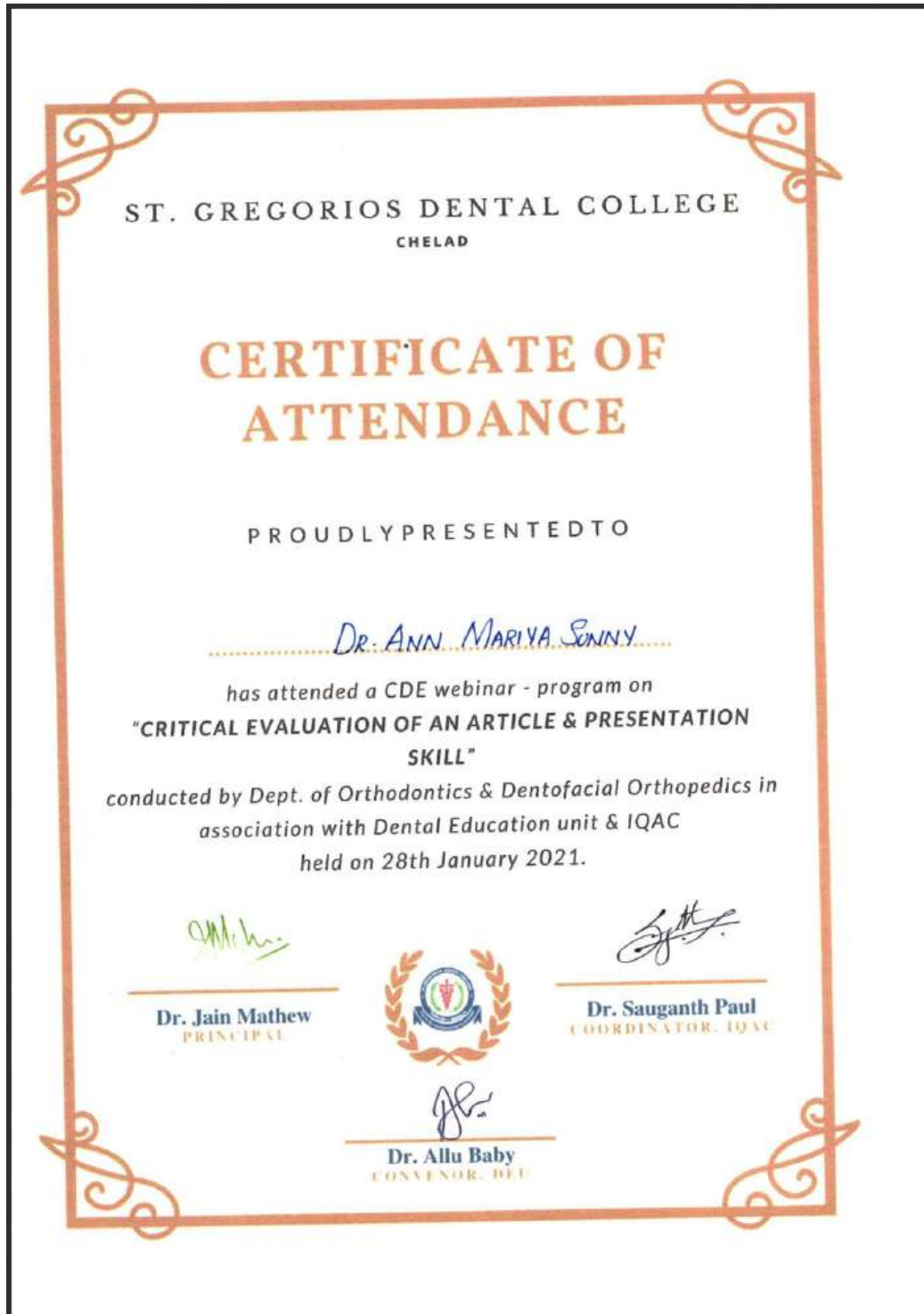
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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. ANN MARIYA SONNY*

has attended a CDE webinar - program on  
"CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION  
SKILL"

conducted by Dept. of Orthodontics & Dentofacial Orthopedics in  
association with Dental Education unit & IQAC  
held on 28th January 2021.

Dr. Jain Mathew  
PRINCIPAL



Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU





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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. S. MANEESH AHAMED*

has attended a CDE webinar - program on  
"CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION  
SKILL"

conducted by Dept. of Orthodontics & Dentofacial Orthopedics in  
association with Dental Education unit & IQAC  
held on 28th January 2021.

  
Dr. Jain Mathew  
PRINCIPAL



  
Dr. Sauganth Paul  
COORDINATOR, IQAC

  
Dr. Allu Baby  
CONVENOR, DET





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CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*Dr. HARISHANKARAN U*

has attended a CDE webinar - program on  
"CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION  
SKILL"

conducted by Dept. of Orthodontics & Dentofacial Orthopedics in  
association with Dental Education unit & IQAC  
held on 28th January 2021.

  
Dr. Jain Mathew  
PRINCIPAL



  
Dr. Sauganth Paul  
COORDINATOR, IQAC

  
Dr. Allu Baby  
CONVENOR, DEU



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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. JESLINE MARIA JOSE*

has attended a CDE webinar - program on  
"CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION  
SKILL"

conducted by Dept. of Orthodontics & Dentofacial Orthopedics in  
association with Dental Education unit & IQAC  
held on 28th January 2021.

Dr. Jain Mathew  
PRINCIPAL



Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU



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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. SARJIN S*

has attended a CDE webinar - program on  
"CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION  
SKILL"

conducted by Dept. of Orthodontics & Dentofacial Orthopedics in  
association with Dental Education unit & IQAC  
held on 28th January 2021.

Dr. Jain Mathew  
PRINCIPAL



Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU





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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. JOSE NELSON*

*has attended a CDE webinar - program on*  
**"CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION  
SKILL"**

*conducted by Dept. of Orthodontics & Dentofacial Orthopedics in*  
*association with Dental Education unit & IQAC*  
*held on 28th January 2021.*

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU





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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. POOJA JAYAN*

has attended a CDE webinar - program on  
"CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION  
SKILL"

conducted by Dept. of Orthodontics & Dentofacial Orthopedics in  
association with Dental Education unit & IQAC  
held on 28th January 2021.

Dr. Jain Mathew  
PRINCIPAL



Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENER, DEU



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. JASMIN CYRIL*

*has attended a CDE webinar - program on  
"CRITICAL EVALUATION OF AN ARTICLE & PRESENTATION  
SKILL"*

*conducted by Dept. of Orthodontics & Dentofacial Orthopedics in  
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*DR. APARNA ANAND.*

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*DR. SREENATH U P*

*has attended a CDE webinar - program on*  
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*Dr. JAYASREE J PRAKASH*

has attended a CDE webinar - program on  
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*DR. JINSON JAMES*

*has attended a CDE webinar - program on  
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*Dr. Jimmy George K*

has attended a CDE webinar - program on  
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*DR. LISIE P. MATHEW*

has attended a CDE webinar - program on  
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*DR. KIRAN D COSTA*

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*Dr. AMURTHA LAL*

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*DR. SHEETHAL SARA*

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*DR. JERIN THOMAS*

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*DR. ANN GEORGE*

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*DR. KAREENA MIRIAM KAFTEL*

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*Dr. Arya Aravind*

has attended a CDE webinar - program on  
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*DR. JERRIN ABRAHAM GEORGE*

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*DR. RAISA MARIAM JACOB*

has attended a CDE webinar - program on  
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*Dr. JISHNU SIVARAMAN*

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## PHOTOGRAPH



PHOTOGRAPHS OF CDE PROGRAM “CRITICAL  
EVALUATION OF AN ARTICLE AND PRESENTATION  
SKILLS”



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## HUMAN VALUE DEVELOPMENT





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## **GENDER EQUITY: ADVOCATING GENDER NEUTRAL LANGUAGE AND PRACTICES**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 005/2021

19.04.2021

**CIRCULAR**

**Subject: Value added program on GENDER EQUITY: ADVOCATING GENDER NEUTRAL LANGUAGE AND PRACTICES.**

The Women Empowerment Cell, St. Gregorios Dental College is organizing an online value added program entitled 'GENDER EQUITY: ADVOCATING GENDER NEUTRAL LANGUAGE AND PRACTICES' for Second year students from 21.4.2021-22.4.2021 via online platform.

For further reference reach out to Ms. Manju Manoharan.



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## BROCHURE

ST. GREGORIOS DENTAL COLLEGE  
CHELAD 


**VALUE ADDED PROGRAM**

# GENDER EQUITY

**ADVOCATING GENDER NEUTRAL LANGUAGE & PRACTICES**  
(II nd Year BDS)



**21,22 APRIL 2021**

 **10.00 AM**

*Online*

Organized by  
— WOMEN CELL —  
INTERNAL QUALITY ASSURANCE CELL



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

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---

## POST-EVENT REPORT: GENDER EQUITY; ADVOCATING GENDER NEUTRAL LANGUAGE AND PRACTICES

**Date:** 21-22.04.2024

**Time:** 8:30am to 4:30 pm

### **Training Methodology:**

The training methodology combines lectures with a lot of interaction in the form of discussions, group activities, and practical exercises. Participants also go through role-plays so that the concepts learned can be applied in real-life scenarios. Group projects are designed to enhance interaction and innovation, and guest lectures add other dimensions. A feedback session is also in place to encourage reflection and growth. Emphasis is placed on practical experience, while at the same time, encouragement is given for full participation in order to ensure that the course participants acquire and effectively apply the concepts of gender equity.

### **Key Highlights:**

- Comprehensive exploration of gender equity advocacy.
- Detailed coverage of the subtleties of gender identity, language, and how to practice inclusion.
- Engaging interactive sessions involve role-playing and group projects.
- Strategies to challenge resistance and drive transformative change.
- Practical application of the learned concepts in real-life scenarios.





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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

**TOPIC:** GENDER EQUITY: ADVOCATING GENDER NEUTRAL LANGUAGE AND PRACTICES  
(Online)

Date: 21.4.2021-22.4.2021

Sl no.	Name of participant
1.	Aashitha Ann Jimmet
2.	Abhirami Suresh
3.	Amal A
4.	Anchel Jose
5.	Aneena Anna Gym
6.	Angela Susan Jacob
7.	Anjana Rose
8.	Anna Oshin Benny
9.	Annet Theresa Panackal
10.	Annie Robert
11.	Anziya Baker
12.	Cicitta Mookken
13.	Divya S Raj
14.	Dona Davis
15.	Elna Sajjo T
16.	Esha Sainudeen
17.	Henna Sony Paul
18.	Honey Leya Sajan
19.	Jetsy Mariam Jacob
20.	Kezia Mariam George
21.	Malavika Miriam Shaji
22.	Mariya George
23.	Mariya Reji Daniel
24.	Maya Mariya Abraham
25.	Melbin K Reeson
26.	Nakul P G
27.	Nidhiya Elias
28.	R. Ramani
29.	Sameera Saji
30.	Sarah Sunil
31.	Shruti Saji Nair
32.	Sneha S Kumar



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

33.	Sreeraj S
34.	Sruthi V S
35.	Surabhi B S
36.	Vidhya K S



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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM

# CERTIFICATE

## OF APPRECIATION

This certificate is proudly present to :

HONEY LEYA SAJAN

for successfully completing 15 hours of value added course  
entitled GENDER EQUALITY: ADVOCATING GENDER  
NEUTRAL LANGUAGE AND PRACTICES from  
31/09/2021.. to 12/10/2021... conducted by the Dental Education  
Unit in association with IQAC and Women Cell.

*Dr. Jain Mathew*  
**PRINCIPAL**

*Dr. Sauganth Paul*  
**IQAC  
COORDINATOR**

*Dr. Allu Baby*  
**DEU CONVENOR**



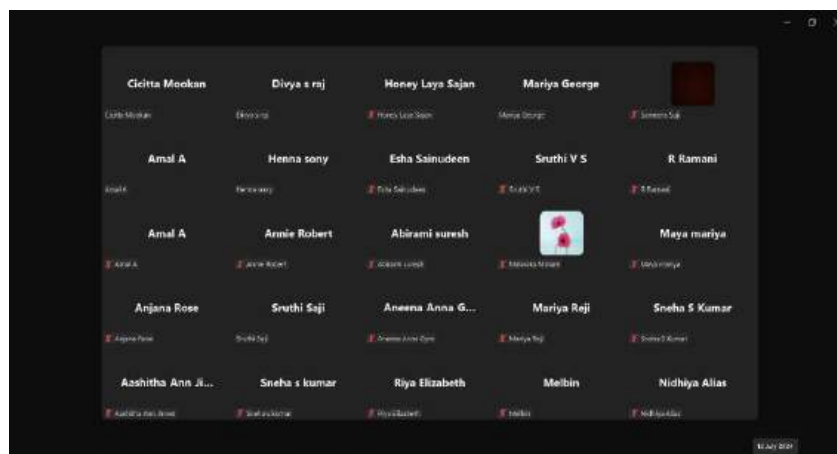
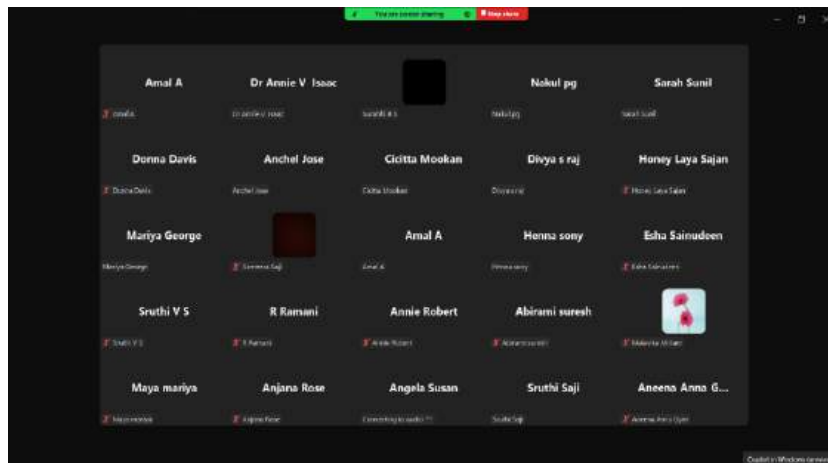
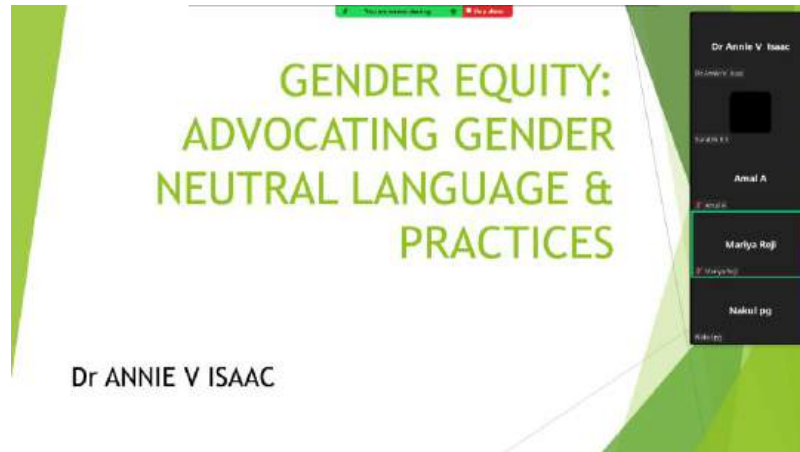
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## PHOTOGRAPH



SCREENSHOTS OF VALUE ADDED PORGRAM- 'GENDER EQUITY; ADVOCATING GENDER NEUTRAL LANGUAGE AND PRACTICES'





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## PERSONALITY AND PROFESSIONAL DEVELOPMENT



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## BASIC LIFE SUPPORT

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 002/2021

25.02.2021

**CIRCULAR**

Subject: Certificate course on Basic life support BLS for Interns.

Department of Oral and Maxillofacial Surgery, St. Gregorios Dental College is organizing a value-added program on Basic life support for interns on 1.03.2021 and 02.03.2021 at 8 am at the college auditorium.

For further reference, reach out to Dr. Sanjith Salim.

  
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## ST.GREGORIOS DENTAL COLLEGE

CHELAD

DEPT. OF ORAL & MAXILLOFACIAL SURGERY & IQAC

# BASIC LIFE SUPPORT

VALUE ADDED PROGRAM

LEAD BY

**HEALTH CAREERS INSTITUTE**

USA

**FOR INTERNS**

**01-02**  
*March 2021*

**9:00 AM to 2:00 PM**

**VENUE: COLLEGE AUDITORIUM**







# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## POST-EVENT REPORT: BASIC LIFE SUPPORT TRAINING

Date: 01.03.2021 – 02.03.2021

Location: College Auditorium, St. Gregorios Dental College

### **Training Methodology:**

Instructions for the use of the latest CPR and AED guidelines, including specific compression depth, speed, and techniques, were provided to the interns. Through practical sessions, the participants were able to apply what they had learned in simulated cardiac arrest situations. The trainees were instructed by Health Careers Institute Private Ltd representatives in hands-on application. Certificate was given immediately after that.

### **Key Highlights:**

- In-depth conversations about survival importance in making the lives of those who have suffered a heart attack bearable
- Thorough guidelines on the importance of early identification and activation of the emergency medical service systems.
- Demonstrations on practical approaches to chest compressions, airway control and rescue breaths.
- Practice using shock box machines underlining the essence of prompt defibrillations.

Role-playing as an avenue of creating real-life situations which might occur.



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## ATTENDANCE LIST



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: Basic Life Support (Value added).

Sl no.	Name of participant	1/3/21	2/3/21
		Day 1	Day 2
1	Abana Jay	Abana Jay	Abana Jay
2	Anuna Jojo	Anuna Jojo	Anuna Jojo
3	Akarsh S Kumar	Akarsh S Kumar	Akarsh S Kumar
4	Bandy Nelson	Bandy Nelson	Bandy Nelson
5	Anu Thomas	Anu Thomas	Anu Thomas
6	Alfi Benny	Alfi Benny	Alfi Benny
7	Ajay Jay	Ajay Jay	Ajay Jay
8	Akshay K J	Akshay K J	Akshay K J
9	Ashya Alwyn	Ashya Alwyn	Ashya Alwyn
10	Della Rajana	Della Rajana	Della Rajana
11	DEVI SASI	DEVI SASI	DEVI SASI
12	GEO THOMAS	GEO THOMAS	GEO THOMAS
13	Jeebamma George	Jeebamma George	Jeebamma George
14	Jenny M Jose	Jenny M Jose	Jenny M Jose
15	Joseph Jon Nellikedam	Joseph Jon Nellikedam	Joseph Jon Nellikedam
16	Poyamvada C	Poyamvada C	Poyamvada C
17	Neethu R	Neethu R	Neethu R
18	Murzin John	Murzin John	Murzin John
19	Nehuna Joseph	Nehuna Joseph	Nehuna Joseph
20	PRINCE PETER	PRINCE PETER	PRINCE PETER
21	Reshma Marshal Thomas	Reshma Marshal Thomas	Reshma Marshal Thomas
22	Rinku Mariam Reji	Rinku Mariam Reji	Rinku Mariam Reji
23	Sharon MS	Sharon MS	Sharon MS
24	Stephy MS	Stephy MS	Stephy MS
25	Saimya Xavier	Saimya Xavier	Saimya Xavier

PRINCIPAL	DEU Convenor	DEU Secretary





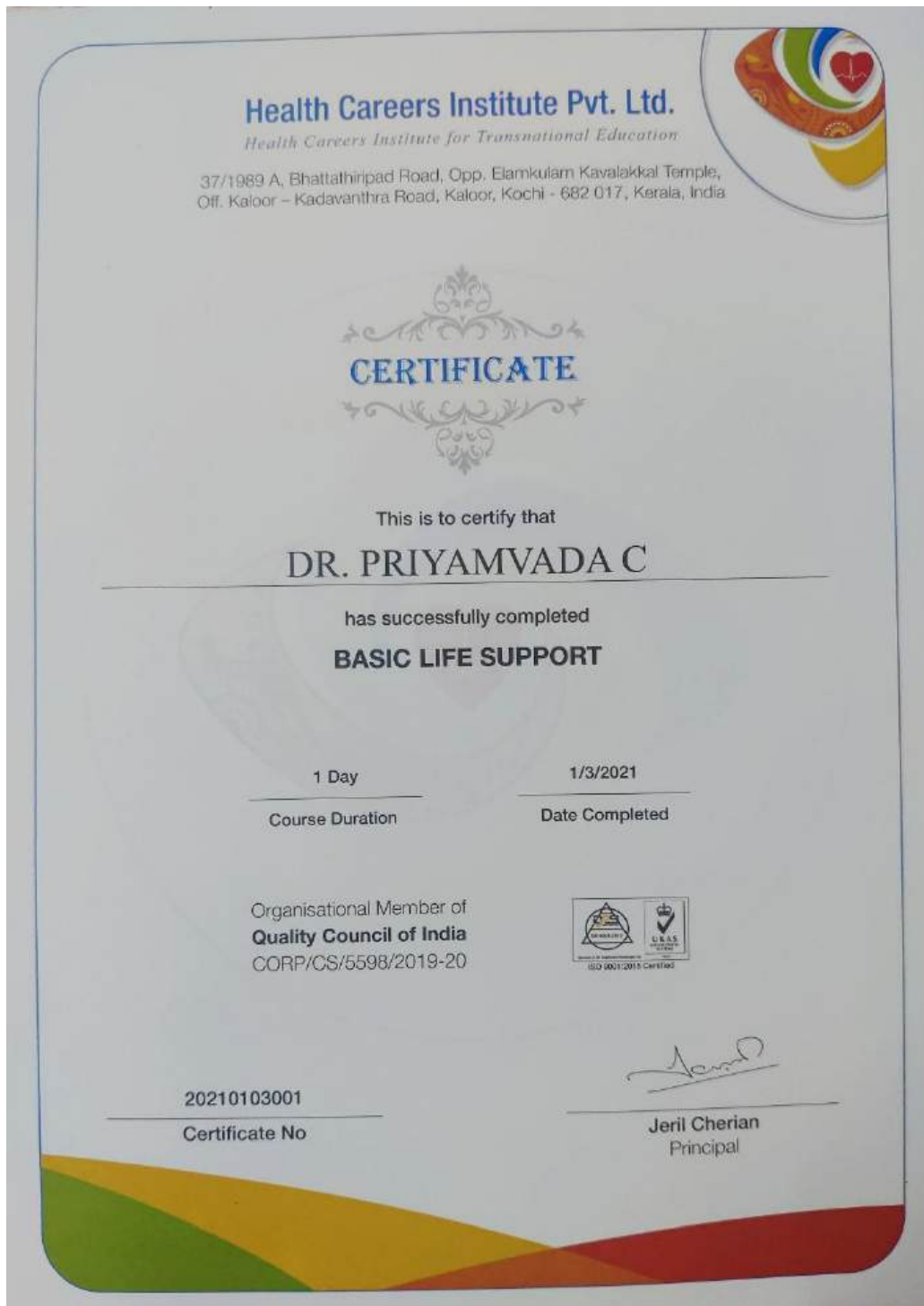
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## CERTIFICATE







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## PHOTOGRAPH



## VALUE ADDED PROGRAM 'BASIC LIFE SUPPORT' FOR INTERNS



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## WHEN DO I BRACE MY KID?

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/003/2020

18.11.2020

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'When Do I Brace My Kid?' for Orthodontic PG students and Faculty members.

This is to inform you that a Continuous Dental Education program (CDE) for Orthodontic PG students and Faculty members is being organised by the Department of Orthodontics and Dentofacial Orthopedics on the topic entitled 'When Do I Brace My Kid?' on 20.11.2020 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Deaby Miriam Aby.



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St. Gregorios Dental College  
Chelad, Kerala - 686 681



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BROCHURE

ST. GREGORIOS  
DENTAL COLLEGE



CHELAD

# WHEN DO I BRACE MY KID

CDE FOR ORTHODONTICS- POST  
GRADUATES



RESOURCE PERSON  
**DR. BINOY KURIAN**

**20 NOVEMBER 2020 | SEMINAR HALL**

**10.00 - 11.00 AM**

**DEPT. OF ORTHODONTICS & ORTHOPEDICS**

**IN ASSOCIATION WITH DENTAL EDUCATION UNIT**





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## POST EVENT REPORT

‘WHEN DO I BRACE MY KID?’, the CDE program conducted at St. Gregorios Dental College on 20.11.2020 provided dental students with insights into the timing of orthodontic treatment for pediatric patients. The event aimed to enhance students' understanding of the factors influencing orthodontic intervention in children and to prepare them for future clinical practice. The program was attended by the undergraduate students of First year, Second year and Third year from St. Gregorios Dental College. By incorporating expert presentations, clinical case studies, and interactive learning activities, the event successfully enhanced students' understanding of orthodontic principles and prepared them for future clinical practice. Feedback was collected from the students and they found the lecture to be informative and relevant to their future practice. Many expressed a desire for more interactive sessions and case-based learning opportunities in future lectures.





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## CERTIFICATE

# CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*Dr. JOSE NELSON*

*has actively participated in the CDE program on:*

**"WHEN DO I BRACE MY KID"**

*held on 20th November 2020 at St. Gregorios Dental College,  
organized by Dept. of orthodontics & Dentofacial Orthopedics  
IQAC & Dental Education unit*

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC



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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*Dr. KAREENA KAFEEL REYNOLD*

*has actively participated in the CDE program on:*

**"WHEN DO I BRACE MY KID"**

*held on 20th November 2020 at St. Gregorios Dental College,  
organized by Dept. of orthodontics & Dentofacial Orthopedics  
IQAC & Dental Education unit*

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC





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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. JISHNU SIVARAM*

*has actively participated in the CDE program on:*

**"WHEN DO I BRACE MY KID"**

*held on 20th November 2020 at St. Gregorios Dental College,  
organized by Dept. of orthodontics & Dentofacial Orthopedics  
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Dr. Jain Mathew  
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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. VINCYMOL J*

*has actively participated in the CDE program on:*

**"WHEN DO I BRACE MY KID"**

*held on 20th November 2020 at St. Gregorios Dental College,  
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ST. GREGORIOS DENTAL COLLEGE  
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## CERTIFICATE OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. JAYASREE*

*has actively participated in the CDE program on:*

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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. ANJITHA DEVARAJ*

*has actively participated in the CDE program on:*

**"WHEN DO I BRACE MY KID"**

*held on 20th November 2020 at St. Gregorios Dental College,  
organized by Dept. of orthodontics & Dentofacial Orthopedics  
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**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC





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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. BESTY LEVI*

*has actively participated in the CDE program on:*

**"WHEN DO I BRACE MY KID"**

*held on 20th November 2020 at St. Gregorios Dental College,  
organized by Dept. of orthodontics & Dentofacial Orthopedics  
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Dr. Jain Mathew  
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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. SHEETHAL*

*has actively participated in the CDE program on:*

**"WHEN DO I BRACE MY KID"**

*held on 20th November 2020 at St. Gregorios Dental College,  
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PROUDLY PRESENTED TO

*Dr. APARNA*

*has actively participated in the CDE program on:*

**"WHEN DO I BRACE MY KID"**

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## PHOTOGRAPHS



PHOTOGRAPH OF CDE PROGRAM- 'WHEN DO I BRACE MY KID'





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## EMPLOYABILITY SKILL DEVELOPMENT



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## **PARADIGM ON POSTERIOR RESTORATION**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/001/2021

12.01.2021

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Paradigm On Posterior Restoration' for postgraduate students, staff and interns.

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students, staff and interns is being organised by the Department of Conservative Dentistry and Endodontics on the topic entitled 'Paradigm On Posterior Restoration' on 14.01.2021 via online platform.

For further reference, reach out to Dr. John Jacob

  
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**ST. GREGORIOS DENTAL COLLEGE**  
**CHELAD**

## PARADIGM ON POSTERIOR RESTORATION

CDE FOR FACULTY, PG, INTERNS



ORGANIZED BY:

DEPARTMENT OF CONSERVATIVE & ENDODONTICS

IN ASSOCIATION WITH  
DENTAL EDUCATION UNIT & IQAC



**14 JANUARY 2021**



**DR. JOJO KOTTOR, MDS**



**10.00 - 12.00 NOON**

**ONLINE WEBINAR**







# ST.GREGORIOS DENTAL COLLEGE

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## POST EVENT REPORT

Paradigm of Posterior Restoration, the CDE program conducted at St. Gregorios Dental College on 14.01.2021 offered a comprehensive exploration of contemporary approaches to dental restoration techniques, materials, and technologies. Renowned speakers including Dr. Jojo Kottor delivered insightful presentations, covering topics such as direct and indirect restorations, adhesive techniques, and minimally invasive dentistry. Hands-on workshops allowed participants to practice various restoration techniques using state-of-the-art materials, fostering practical skills and confidence. Interactive discussions and real-life case studies provided opportunities for knowledge exchange and problem-solving. Additionally, the technology showcase highlighted the latest dental innovations, offering insights into cutting-edge tools and materials available in the market. The program was attended by the postgraduate students, staff and interns from St. Gregorios Dental College. Overall, the class facilitated a deeper understanding of posterior restoration principles and techniques, empowering participants to enhance their clinical skills, improve patient outcomes, and stay abreast of advancements in the field. Faculty members provided individualised feedback to students during the entire session focusing on the diagnosis and management of cleft. The lecture received positive feedback from the students and other staff members. Students reported increased desire to know more about the advancements in managing cleft lip and palate.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

**TOPIC: PARADIGM OF POSTERIOR RESTORATIONS**

**SPEAKER: Dr. Jojo Kottor**

**Date: 14.01.21**

Sl no.	Name of participant
1.	Dr. Raisa Mariam Jacob
2.	Dr. Ann George
3.	Dr. Harishankaran U
4.	Dr. Sarjin S
5.	Dr. Niya Mariam Joseph
6.	Dr. Vidhya K
7.	Dr. Nisha C Joseph
8.	Dr. Aiswarya Udayakumar
9.	Dr. Jinson James
10.	Dr. Sreenath V P
11.	Dr. Pooja Jayan
12.	Dr. Jasmine Cyril
13.	Dr. Arya Aravind
14.	Dr. Jerrin Abraham
15.	Dr. Jose Nelson
16.	Dr. Jishnu Sivaraman
17.	Dr. Kareena Mariam
18.	Dr. Jimmy George
19.	Alfi Benny
20.	Aneena JoJo
21.	Anna Rose K Jose
22.	Anna Twinkle Mathew



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

Sl no.	Name of participant
23.	Annu Thomas
24.	Anupa Merium Agish
25.	Ashiya Alwyn
26.	Athira Sami
27.	Devi Sasi
28.	Geo Thomas
29.	Greeshma George
30.	Jeney M Jose
31.	Neethu R
32.	Nihina Joseph
33.	Nimmi Mani
34.	Niva Babu
35.	Prince Peter
36.	Priyamvada C
37.	Reshma Marshal Thomas
38.	Rinku Mariam Reji
39.	Sharon M S
40.	Soumya Xavier
41.	Tisha George Thykadavil



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## CERTIFICATE


ST. GREGORIOS DENTAL COLLEGE  
CHELAD



**CERTIFICATE**  
OF ATTENDANCE


*proudly presented to*

DR. RAISA MARIAM JACOB

*has attended a CDE webinar - program on  
"PARADIGM OF POSTERIOR RESTORATION"  
conducted by Dept. of Conservative & Endodontics in  
association with Dental Education unit & IQAC  
held on 14th January 2021.*

  
Dr. Jain Mathew  
PRINCIPAL

  
  
Dr. Allu Baby  
CONVENOR, DEU

  
Dr. Sauganth Paul  
COORDINATOR, IQAC





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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

*proudly presented to*

DR. ANN GEORGIE

*has attended a CDE webinar - program on  
"PARADIGM OF POSTERIOR RESTORATION"  
conducted by Dept. of Conservative & Endodontics in  
association with Dental Education unit & IQAC  
held on 14th January 2021.*

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC



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CHELAD

## CERTIFICATE OF ATTENDANCE

*proudly presented to*

*DR. HARISHANKARAN U*

*has attended a CDE webinar - program on  
"PARADIGM OF POSTERIOR RESTORATION"  
conducted by Dept. of Conservative & Endodontics in  
association with Dental Education unit & IQAC  
held on 14th January 2021.*

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR, DEE

Dr. Sauganth Paul  
COORDINATOR, IQAC



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CHELAD

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*proudly presented to*

*DR. SARJIN S*

*has attended a CDE webinar - program on  
"PARADIGM OF POSTERIOR RESTORATION"  
conducted by Dept. of Conservative & Endodontics in  
association with Dental Education unit & IQAC  
held on 14th January 2021.*

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC



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CHELAD

## CERTIFICATE

OF ATTENDANCE

*proudly presented to*

*DR. NISHA C JOSEPH*

*has attended a CDE webinar - program on  
"PARADIGM OF POSTERIOR RESTORATION"  
conducted by Dept. of Conservative & Endodontics in  
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held on 14th January 2021.*

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC





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CHELAD

## CERTIFICATE OF ATTENDANCE

*proudly presented to*

*DR. VIDHYA K*

*has attended a CDE webinar - program on  
"PARADIGM OF POSTERIOR RESTORATION"  
conducted by Dept. of Conservative & Endodontics in  
association with Dental Education unit & IQAC  
held on 14th January 2021.*

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC



# ST.GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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CHELAD

## CERTIFICATE OF ATTENDANCE

*proudly presented to*

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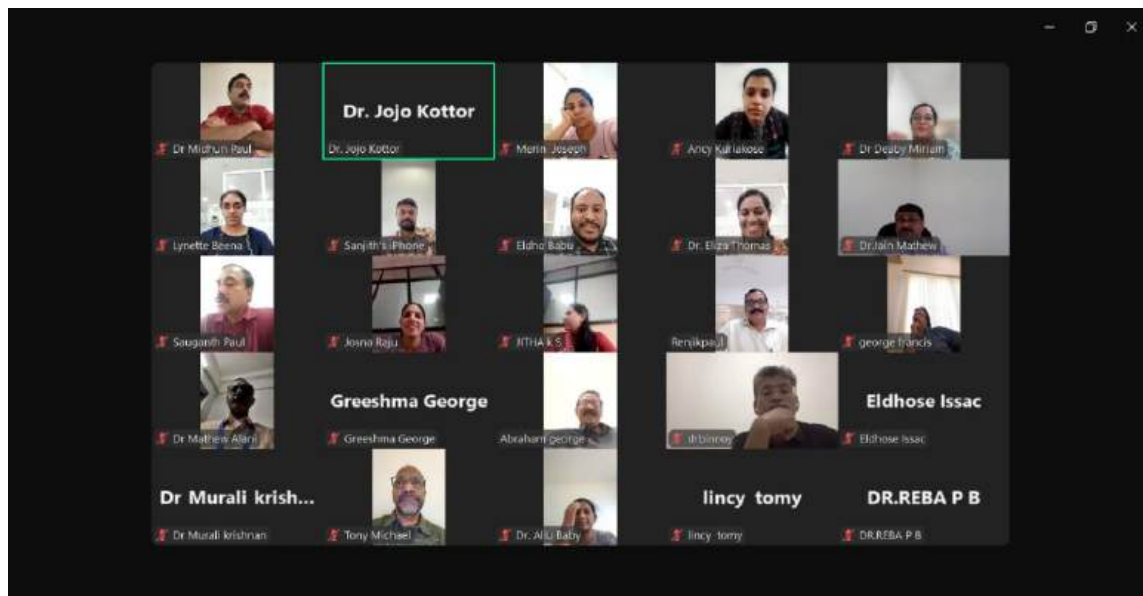
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## PHOTOGRAPHS



## PARADIGM ON POSTERIOR RESTORATIONS



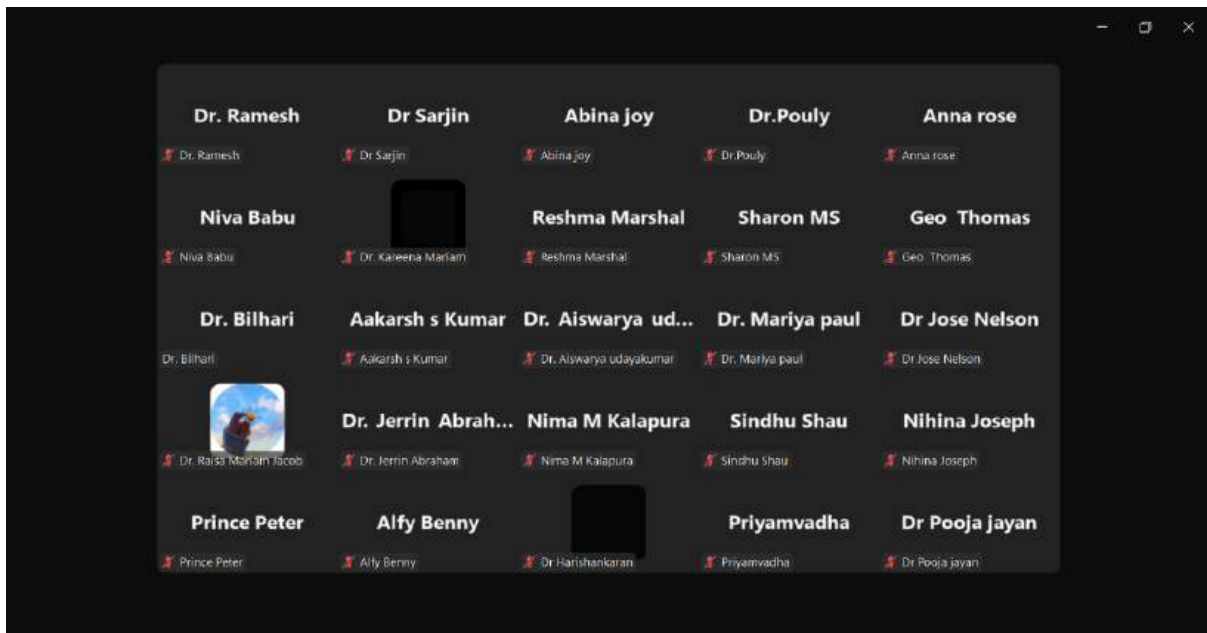
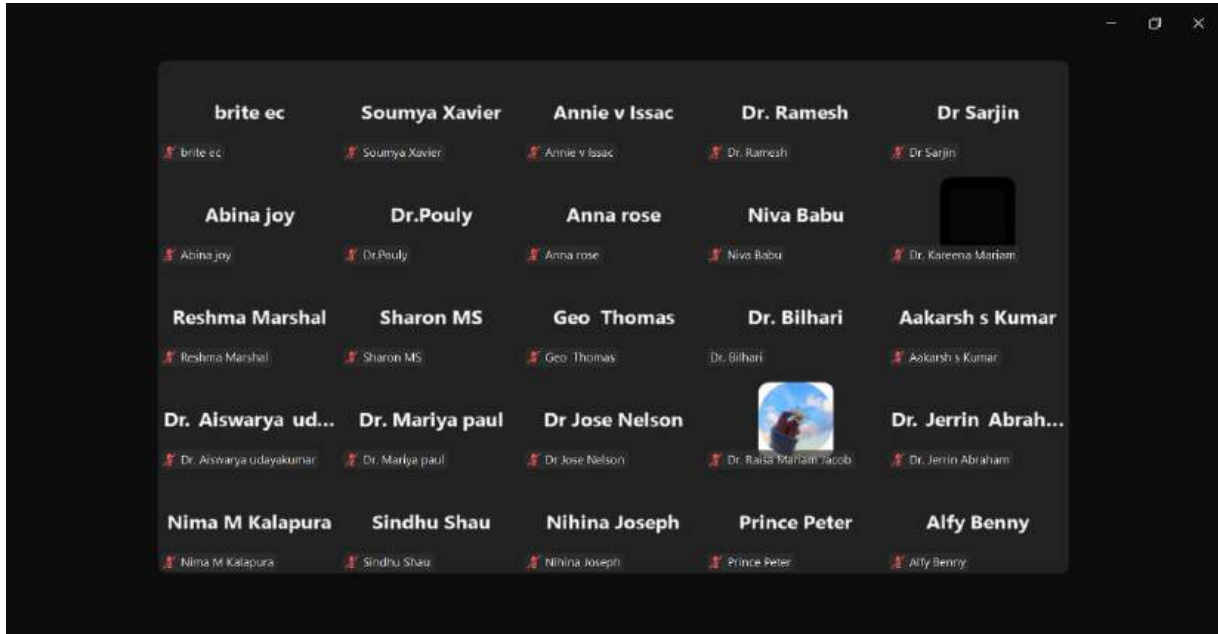


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SCREENSHOTS OF ONLINE CDE PROGRAM ENTITLED “PARADIGM OF POSTERIOR RESTORATIONS”





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## ETHICS IN DENTAL PRACTICE

**ST. GREGORIOS DENTAL COLLEGE**  
**CHELAD, KOTHAMANGALAM**

SGDC/CDE/005/2021  
01.05.2021

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Ethics In Dental Practice'.

This is to inform you that a Continuous Dental Education program (CDE) for 1. year postgraduate students and faculty members is being organised by the Department of Orthodontics and Dentofacial Orthopaedics on the topic entitled 'Ethics In Dental Practice' on 04.05.2021 from 10.00am to 11.00am at the college auditorium. Interested students are also invited

For further reference, reach out to Dr. Tony Michael

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Chelad, Kerala - 686 681



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BROCHURE


**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

# ETHICS IN DENTAL PRACTICE

CDE FOR FIRST YEAR POST GRADUATES

**ORGANIZED BY**  
Ethical committee & Dental Education Unit &  
Dept. of Orthodontics & Dentofacial Orthopedics



**RESOURCE PERSON**  
**DR. BINNOY KURIAN**

**10.00-11.00 AM** | **04 MAY 2021** | **SEMINAR HALL**



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---

## POST EVENT REPORT

On 04.05.2021 a CDE program called Ethics in Dental Practice was carried out in St. Gregorios Dental College. The purpose of the program was to tackle ethical issues and difficulties that dental professionals undergo day after day while practicing as perceived by new postgraduate student body. Towards this goal the seminar sought to create dialogue between practitioners on ethics using case scenarios for debate across borders; hence would also learn from one another on best practices. Dr. Binnoy Kurian is a famous orthodontist from Kochi and head of the Department of Orthodontics and Dentofacial Orthopaedics. He spoke about how morals can be applied in dental work using the four patient autonomy, beneficence, non-maleficence, and justice. Additionally, recommendations on how to solve some of those issues i.e., informed consent were given at this event which was full of deep insights into complex problems concerning ethics within dentistry according to him. He talked in-depth about how breaking an ethic rule as a dentist would lead to charges being pressed against you through analysis of actual example scenarios in addition to applicable laws that show what embodying a lack of ethics do to businesspersons ('professionals' would be better) in practice. This program also had parts at which pupils would use fictional cases for group discussions in which they could try to pretend being dentists, doing peer-to-peer mentorship while coming up with ways of handling such ethical dilemmas. Individuals left the seminar equipped with valuable insights and tools to handle ethical dilemmas and maintain professionalism.







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CHELAD

# CERTIFICATE

## Of Appreciation

This certificate is proudly present to :

*DR. JASMINE CYRIL*

has attended a CDE program on  
"ETHICS IN DENTAL PRACTICE"  
conducted by Dept. of Orthodontics &  
Dentofacial Orthopedics, DEU and IQAC  
held on 04th May 2021.

Dr. Allu Baby  
CONVENOR, DEU

Dr. Jain Mathew  
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## PHOTOGRAPHS



PHOTOGRAPH OF CDE PROGRAM 'ETHICS IN DENTAL PRACTICE'



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**ACADEMIC YEAR 2019-2020**



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## SOFT SKILL DEVELOPMENT



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## BASIC COMPUTER COURSE

# CIRCULAR

## ST GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/VAL/002/2019.

2.9.2019

### CIRCULAR

Subject: Value added program on Basic Computer Course

Dental Education Unit, St. Gregorios Dental College is organizing an Orientation Program for post graduates on 4.9.2019 to 5.9.2019 at 8 am in internet café.

For further reference reach out to Dr. Allu Baby.



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# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

# Basic Computer Course

FOR  
POST GRADUATES

**VALUE ADDED program**

**DATE: September 04-05th , 2019**  
**VENUE: Seminar Hall**





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## POST-EVENT REPORT: BASIC COMPUTER COURSE

Date: 4.9.2019 to 5.9.2019

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

The training methodology employed for the Basic Computer Skills Course included a combination of lectures and interactive discussions. Participants were introduced to computer basics through engaging presentations and demonstrations. Interactive discussions facilitated knowledge sharing and allowed participants to ask questions and clarify concepts. Group activities and peer-to-peer learning were encouraged to promote collaboration and teamwork. Overall, the training methodology effectively engaged participants and provided a conducive environment for learning and skill development in basic computer usage.

### Key Highlights:

Key highlights of the Basic Computer Skills Course included engaging lectures on computer fundamentals, interactive discussions on internet safety and cybersecurity, and participant feedback sessions for continuous improvement. The course successfully fostered a collaborative learning environment, allowing participants to develop essential computer skills in a supportive setting.

### Conclusion:

The Basic Computer Skills Course was a valuable opportunity for participants to gain essential computer knowledge. Despite challenges, it successfully achieved its objectives and provided a foundation for further learning.



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 (AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Basic Computer Course

Sl no.	Name of participant	4/9/19 Day 1	5/9/19 Day 2
1	Dr. Asha Pious	Yes	Yes
2	Dr. S. Maneeesh Ahmed.	Yes	Missing
3	Dr. Jesline Maria Jose.	Yes	Yes
4	Dr. Agatha Devanap.	Yes	Yes
5	DR. JERIN ABRAHAM GEORGE	Yes	Yes
6	DR. RAJKA MARIAM JACOB	Yes	Yes
7	Dr. Rehana Raha	Yes	Yes
8	Dr. Merlin P Papp Mathew	Yes	Yes
9	Dr. Kiran D. Celles	Yes	Yes
10	Dr. Jesia Thomas	Yes	Yes
11	Dr. Pooja JAYAN	Yes	Yes
12	DR. Karuna Kafeel Reynold.	Yes	Yes
13	DR. JISHU SIVARAMAN	Yes	Yes
14	DR. Anantha Lal	Yes	Yes
15	Dr. Aparna Anand	Yes	Yes
16	Dr. Sheetal Sree.	Yes	Yes
17	DR. JAYABETH JIBRAKASH	Yes	Yes
18	DR. MANOJA KELENDU BAI	Yes	Yes
19	Dr. VINCYMAL J	Yes	Yes
20	DR. GODWIN GEORGE KURIEN	Yes	Yes
21	DR. BESTY LEVI	Yes	Yes
22	DR. Jase Nelson.	Yes	Yes
23	Dr. Harishankaran U.	Yes	Yes
24	DR. ANA GEORGE	Yes	Yes

PRINCIPAL	DEU Convenor	DEU Secretary



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
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---

## PHOTOGRAPHS



PHOTO OF BASIC COMPUTER COURSE



# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE



**ST. GREGORIOS DENTAL COLLEGE**  
**CHELAD**

**VALUE  
ADDED  
PROGRAM**

# CERTIFICATE

OF APPRECIATION

*Basic Computer Course*

**THIS IS PRESENTED TO**

DR. POOJA JAYAN

**FOR SUCCESSFULLY COMPLETING 15 HOURS VALUE ADDED  
COURSE FROM 4/09/2019.... TO 5/09/2019... CONDUCTED BY  
THE INTERNAL QUALITY ASSURANCE CELL AND THE DENTAL  
EDUCATION UNIT.**

*JMch.*

\_\_\_\_\_  
**DR. JAIN MATHEW**  
PRINCIPAL

*[Signature]*

\_\_\_\_\_  
**DR. ALLU BABY**  
DEU CONVENOR

*[Signature]*

\_\_\_\_\_  
**DR. SAUGANTH PAUL M. V.**  
IQAC COORDINATOR





# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## MELODIOUS NOTES

# CIRCULAR

## ST GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/VAL/005/2019.

03.12.2019

### CIRCULAR

Subject: Melodious Notes – program for first years.

Music Club, St. Gregorios Dental College is organizing an program entitled "Melodious Notes" for BDS first year students on 5.12.2019 to 6.12.2019 at 5PM in college auditorium  
For further reference reach out to Mrs. Nima M Kalappura



  
PRINCIPAL

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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## BROCHURE

**ST. GREGORIOS DENTAL COLLEGE**

CHELAD

**Melodious Notes**

VALUE ADDED program

**RESOURCE PERSON**  
**SUJA RAVI**

**DEC 5-6, 2019**  
**8AM - 4PM**

FOR BDS FIRST YEAR STUDENTS  
@ COLLEGE AUDITORIUM



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 688681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## POST-EVENT REPORT: MELODIOUS NOTES

Date: 5.12.2019 to 6.12.2019

Location: St. Gregorios Dental College, Auditorium

### Training Methodology:

The training methodology employed for the course included interactive lectures, demonstrations, and group activities. Students were introduced to music concepts through theoretical instruction, followed by opportunities for discussion and reflection. Feedback from instructors was provided to support students' understanding and progress. This approach aimed to foster engagement and comprehension among participants.

### Key Highlights:

Key highlights of the course included engaging lectures that provided a comprehensive overview of music theory, instrumental techniques, and performance skills. Interactive demonstrations allowed students to apply theoretical knowledge practically. Group activities and discussions facilitated collaborative learning and encouraged peer interaction. Instructor feedback provided valuable guidance and support throughout the course, ensuring students' understanding and progress. Overall, the course effectively combined theoretical instruction with practical application, creating a dynamic learning environment that fostered enthusiasm and skill development among participants.

### Conclusion:

In conclusion, the course successfully achieved its objectives of providing students with a solid foundation in music theory and performance skills. Through engaging lectures, practical demonstrations, and collaborative activities, participants gained valuable knowledge and confidence in their musical abilities. The course fostered a supportive learning environment and facilitated skill development, ensuring that students were well-equipped to continue their musical journey with enthusiasm and proficiency.





# ST. GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: "Melodious nobis"

Sl no.	Name of participant	5/12/19 Day 1	6/12/19 Day 2
1.	Aashitha Ann Jinnat	Aashitha	Aashitha
2.	Abhirami Surech	Abhirami Surech	Abhirami Surech
3.	Amal A.	Amal A.	Amal A.
4.	Anchel Jose	Anchel Jose	Anchel Jose
5.	Angela Susas Jacob	Angela	Angela
6.	Anjana Rose	Anjana	Anjana
7.	Ari K Raghavam	Ari K	Ari K
8.	Annet Therese Parakkal	Annet	Annet
9.	Annie Robert	Annie	Annie
10.	Cicita Musaku	Cicita	Cicita
11.	Malavika Mislam.	Malavika	Malavika
12.	Nakul Per.	Nakul	Nakul
13.	D. Benzari	D. Benzari	D. Benzari
14.	Kapila Maslam George.	Kapila	Kapila
15.	Shreethi V.S	Shreethi	Shreethi
16.	Vidhya .K.S.	Vidhya	Vidhya
17.	Jotsy Maslam Jacob.	Jotsy	Jotsy
18.	Dana Davis	Dana	Dana
19.	Honey Laya	Honey	Honey
20.	Esha. Sainudeen	Esha	Esha
21.	Elma Sajjo T.	Elma	Elma
22.	Maya Maslam. Abubakar.	Maya	Maya
23.	Surabhi B.S.	Surabhi	Surabhi
24.	Dinya S Raj	Dinya	Dinya
25.	Anzaya Baker	Anzaya	Anzaya

PRINCIPAL	DEU Convenor	DEU Secretary





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## PHOTOGRAPHS



## PHOTOGRAPHS OF MELODIOUS NOTES





# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

VALUE  
ADDED  
PROGRAM

## CERTIFICATE

OF APPRECIATION

*Melodious Notes*

THIS IS PRESENTED TO

*Divya . S. Raj*

FOR SUCCESSFULLY COMPLETING 15 HOURS VALUE ADDED  
COURSE FROM *05.12.2019*..... TO *06.12.2019*..... CONDUCTED BY  
THE MUSIC CLUB IN ASSOCIATION WITH THE INTERNAL QUALITY  
ASSURANCE CELL AND THE DENTAL EDUCATION UNIT.

*JM*

DR. JAIN MATHEW  
PRINCIPAL

*AB*

DR. ALLU BABY  
DEU CONVENOR

*SPM*

DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR





# ST. GREGORIOS DENTAL COLLEGE

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## LANGUAGE AND COMMUNICATION SKILLS



# ST. GREGORIOS DENTAL COLLEGE

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## TALK ON CODE OF CONDUCT

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/003/2019

24.09.2019

### CIRCULAR

Subject: Continuous Dental Education program (CDE) on 'Talk on Code of Conduct' for Undergraduate students, Post graduate students and faculty members

This is to inform you that a Continuous Dental Education program (CDE) for UG students, PG students and faculty members is being organised by the Ethical Committee of the college on the topic entitled 'Talk on Code of Conduct' on 27.09.2019 at the college auditorium at 10.00am

For further reference, reach out to Dr. Eapen Cherian



**PRINCIPAL**



Principal  
St. Gregorios Dental College  
Chelad, Kothamangalam

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BROCHURE



**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

IN ASSOCIATION WITH  
ETHICAL COMMITTEE  
DENTAL EDUCATION UNIT

# TALK ON CODE OF CONDUCT



FOR MDS & BDS STUDENTS



**DR ANILA S**  
Resource Person

@ COLLEGE AUDITORIUM  
10.00 - 11.00 AM

27 SEPTEMBER 2019





# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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## POST EVENT REPORT

At a Code of Conduct Talk for undergraduate, postgraduate, and faculty members on September 27, 2019, in the college auditorium, the Ethical Committee aimed to encourage a better comprehension and observance of ethical norms and guidelines in the professional domain, especially in the area of technology and coding. The event's primary focus was on the importance, principles, and actual application of codes of conduct in various professional settings. In her initial lecture, Dr. Anila S, the chair of the department of periodontics, outlined the concept and significance of a code of conduct. The fundamental principles of a successful code of conduct, such as responsibility, openness, honesty, and decency, were also discussed. She discussed the importance of communicative skills and learning the language to cope up with the patients; Language and communication is the greatest barrier in this field. Using modest and proper communicative will help in easy diagnosis and treatment planning. These concepts were described along with how they relate to real-world scenarios. Through the event-encouraged participation discussions, participants were invited to share their opinions, experiences, and insights about the application of the code of conduct and issues in diverse professional settings. This interactive feature encouraged peer learning and knowledge exchange.



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## ATTENDANCE



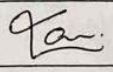


### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: *Talk on Code of Conduct*

Sl no.	Name of participant	Signature
1.	Ajai Joy	<i>Ajai Joy</i>
2.	DR. ANJITHA DEVARAJ	<i>Anjitha</i>
3.	Dr. Jesline Jote.	<i>Jesline</i>
4.	Dr. S Mameesh Ahmed	<i>S Mameesh</i>
5.	Purni Pater	<i>Purni</i>
6.	Dr JERIN GEORGE ABRAHAM	<i>Jerin</i>
7.	Dr. GODWIN GEORGE.	<i>Godwin</i>
8.	Dr. RAISA MARIAM	<i>Raisa</i>
9.	DR. HARSHANKAR V.	<i>Harshankar</i>
10.	Bilen Gorge	<i>Bilen</i>
11.	Dr. Asha Pous	<i>Asha</i>
12.	DR DAN GEORGE	<i>Dan</i>
13.	Rebekah M James	<i>Rebekah</i>
14.	Dr. Peera Jayan	<i>Peera</i>
15.	DR. JERIN THOMAS.	<i>Jerin</i>
16.	Reshma Marshall	<i>Reshma</i>
17.	DR. KIRAN D COSTA	<i>Kiran</i>
18.	Christy Mariam	<i>Christy</i>
19.	DR. AMRUTHA CAT.	<i>Amrutha</i>
20.	Dr. Jichou Sivaraman.	<i>Jichou</i>
21.	Anna Sandra	<i>Anna</i>
22.	Dr Kareena Muiim Kafeel Reyald	<i>Kareena</i>
23.	Dr. Jose Nelson	<i>Jose</i>
24.	Neethu R	<i>Neethu</i>
25.	Nura Babu	<i>Nura</i>

		
PRINCIPAL	DEU Convenor	DEU Secretary



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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: TALK ON CODE OF CONDUCT

Sl no.	Name of participant	Signature
26	Sharon MS	
27	Tithin Jose	
28	Priyanshuda C	
29	Dr. Sheethal Sara Varghese.	
30	D. Aparna Anand	
31	DR. JAYASREE J PRAKASH	
32	ANNA TWINKLE	
33	Dr. Vinayak J	
34	RINKU MARIAM	
35	Abina Joy	
36	DR. MANOJ KRISHNAN EMI	
37	Dr. Betsy Levi	
38	Rishan Tom	
39	Aina Thomas	
40	DR. MERLIN LUYA MATHAN	
41	Anna Rani.	
42	DR. RESHMA PADY	
43	Cleo Thomas	
44	Benoy Nelson	

PRINCIPAL	DEU Convener	DEU Secretary





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## CERTIFICATE

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

CDE  
PROGRAM

# CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. RESHMA RAJU*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR. DEU

Dr. Sauganth Paul  
COORDINATOR. IQAC





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ST. GREGORIOS DENTAL COLLEGE  
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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. MERLIN LIYA MATHEW*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR. DEU

Dr. Sauganth Paul  
COORDINATOR. IQAC



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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. BESTY LEVI*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR. DEU

**Dr. Sauganth Paul**  
COORDINATOR. IQAC



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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. MANJU KRISHNAN EM*

has attended a CDE program on  
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conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR. DEU

Dr. Sauganth Paul  
COORDINATOR. IQAC





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ST. GREGORIOS DENTAL COLLEGE  
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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. VINCYMOL J*

has attended a CDE program on  
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conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC





# ST. GREGORIOS DENTAL COLLEGE

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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

CDE  
PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. JAYASREE J PRAKASH*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC



# ST. GREGORIOS DENTAL COLLEGE

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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

CDE  
PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. APARNA ANAND.*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR. DEU

Dr. Sauganth Paul  
COORDINATOR. IQAC



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

CDE  
PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. SHEETHAL SARA VARGHESE*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR. DEU

Dr. Sauganth Paul  
COORDINATOR. IQAC





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

ST. GREGORIOS DENTAL COLLEGE  
CHELAD

CDE  
PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*Dr. JOSE NELSON*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC





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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

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PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. KAREENA MIRIAM KAFEEL REYNOLD*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

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PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. JISHNU SIVARAMAN*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

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PROGRAM

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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. AMURTHA LAL*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

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PROGRAM

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OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. KIRAN D COSTA*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

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PROGRAM

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PROUDLY PRESENTED TO

*DR. JERIN THOMAS*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
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## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. PODJA JAYAN*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
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## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*Dr. ASHA PIOUS*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

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PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. ANN GEORGIE*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR. DEU

**Dr. Sauganth Paul**  
COORDINATOR. IQAC





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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

CDE  
PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. GODWIN GEORGIE*

has attended a CDE program on  
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conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
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Dr. Jain Mathew  
PRINCIPAL



Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC



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OF ATTENDANCE

PROUDLY PRESENTED TO

*Dr. RAISA MARIUM*

has attended a CDE program on  
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Dr. Jain Mathew  
PRINCIPAL



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PROUDLY PRESENTED TO

*Dr. HARISHANKAR U*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
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Dr. Jain Mathew  
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**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

**CDE**  
PROGRAM

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*DR. JERIN GEORGIE ABRAHAM*

has attended a CDE program on  
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**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR. DEU

**Dr. Sauganth Paul**  
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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

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PROGRAM

## CERTIFICATE

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PROUDLY PRESENTED TO

*DR. ANJITHA DEVARAJ*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC



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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

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PROGRAM

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PROUDLY PRESENTED TO

*DR. JESLINE MARIA JOSE*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL



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**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

**CDE**  
PROGRAM

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. S. MANEESH AHAMED*

has attended a CDE program on  
**"TALK ON CODE OF CONDUCT"**  
conducted by Ethical Committee, IQAC  
in association with Dental Education Unit held on 27th September  
2019 at St. Gregorios Dental College, Chelad

**Dr. Jain Mathew**  
PRINCIPAL



**Dr. Allu Baby**  
CONVENOR. DEU

**Dr. Sauganth Paul**  
COORDINATOR. IQAC





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## PHOTOGRAPHS



PHOTOS OF CDE PROGRAM "TALK ON CODE OF CONDUCT"





# ST. GREGORIOS DENTAL COLLEGE

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---

## YOGA AND WELLNESS



# ST. GREGORIOS DENTAL COLLEGE

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---

## HEPATITIS B VACCINATION PROGRAM

## CIRCULAR

### ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/VAL/001/2019

28.08.2019

### CIRCULAR

Subject: Certificate course on Hepatitis B vaccination program for Second year students.

Department of Oral and Maxillofacial Surgery of St. Gregorios Dental College is organizing a value-added program on Hepatitis B vaccination program for Second year students on 01.09.2019 and 02.09.2019 at 10 am in the college auditorium

For further reference, reach out to Dr. Sanjith Salim

  
PRINCIPAL



PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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## BROCHURE



### ST. GREGORIOS DENTAL COLLEGE CHELAD

In association with  
Dental Education Unit & Dept. of Oral & Maxillofacial Surgery



# Hepatitis B Vaccination Program

VALUE-ADDED

For Second Year BDS Students



**Dr. Joseph John**

MDS,  
(Oral & Maxillofacial Surgery)



September 1-2, 2019  
@ College Auditorium





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCruz  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
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---

## POST EVENT REPORT: HEPATITIS B VACCINATION PROGRAM

Date: 01.09.2019-02.09.2019

Location: St. Gregorios Dental College Speaker: Dr. Joseph John

### Training Methodology:

To learn about hepatitis B, immunisation, programme design, and evaluation, students attended lively and participatory lectures and presentations. They were given case studies and scenarios to examine and illustrate practical applicability.

### Key Highlights:

- A thorough synopsis of the subject that covered diseases, immunisation tactics, programme design, execution, monitoring, and assessment
- As an awareness lecture, the course was designed with those students in mind and emphasised the need of vaccinations for medical professionals before to beginning any kind of practice.
- High-quality instruction and guidance are provided by knowledgeable faculty who have experience with the hepatitis B vaccination, public health, epidemiology, and vaccine management.
- Students had Hepatitis B vaccinations the following day; they were shown case studies and situations to help them learn and become familiar with the real world.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Hepatitis B Vaccination Program

Sl no.	Name of participant	Day 1 11/9/19	Day 2 12/9/19
1	Anoop TM	[Signature]	[Signature]
2	MANIHA CHANDRAN	[Signature]	[Signature]
3	Mishal Ann Mathew	[Signature]	[Signature]
4	Shruthy VJ	[Signature]	[Signature]
5	Mariya Elizabeth	[Signature]	[Signature]
6	Karaseena Rachel	[Signature]	[Signature]
7	Amsha Rachel	[Signature]	[Signature]
8	ATBIN JOY	[Signature]	[Signature]
9	Aiswarya Lizbeth K	[Signature]	[Signature]
10	Avin Raju	[Signature]	[Signature]
11	Liyana Shibu	[Signature]	[Signature]
12	Pinku C Rajeev	[Signature]	[Signature]
13	Liya Maria Joseph	[Signature]	[Signature]
14	AKshara. T.K.	[Signature]	[Signature]
15	Aparna U. Raj	[Signature]	[Signature]
16	Ashley Eld's Paulose	[Signature]	[Signature]
17	Aravind Raju	[Signature]	[Signature]
18	Alka Susan	[Signature]	[Signature]
19	Alina B Paul	[Signature]	[Signature]
20	PUTHRI NORA JAMES	[Signature]	[Signature]
21	Vyshali Jayaprakash	[Signature]	[Signature]
22	Jeff Jacob Mathews	[Signature]	[Signature]
23	Siona Rachel Saji	[Signature]	[Signature]
24	S. Mahima Meherdron	[Signature]	[Signature]
25	Riyana V. H	[Signature]	[Signature]

[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU Convenor	DEU Secretary





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
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**ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
 UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: *Step B Vaccination Program*

Sl no.	Name of participant	Day 1 11/07/19	Day 2 21/07/19
26	Anitha Anna Eldho	<i>[Signature]</i>	<i>[Signature]</i>
27	Brovilykalmi	<i>[Signature]</i>	<i>[Signature]</i>
28	Melvin Thomas	<i>[Signature]</i>	<i>[Signature]</i>
29	Santay Treasa cheeran	<i>[Signature]</i>	<i>[Signature]</i>
30	Mamya Maria shy	<i>[Signature]</i>	<i>[Signature]</i>
31	Alex Varghese	<i>[Signature]</i>	<i>[Signature]</i>
32	Anya greenh	<i>[Signature]</i>	<i>[Signature]</i>
33	Dina Elizabeth	<i>[Signature]</i>	<i>[Signature]</i>
34	Chippy Elizabeth philly	<i>[Signature]</i>	<i>[Signature]</i>
35	Elizabeth kodyjolly	<i>[Signature]</i>	<i>[Signature]</i>
36	Hanna Macy Eldho	<i>[Signature]</i>	<i>[Signature]</i>
37	Jithin Saji	<i>[Signature]</i>	<i>[Signature]</i>

<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
<b>PRINCIPAL</b>	<b>DEU Convenor</b>	<b>DEU Secretary</b>



# ST. GREGORIOS DENTAL COLLEGE

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## PHOTOGRAPHS



Photos of Value added program 'Hepatitis B vaccination'






# ST. GREGORIOS DENTAL COLLEGE

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## CERTIFICATE

 ST. GREGORIOS DENTAL COLLEGE  
CHELAD

**VALUE  
ADDED  
PROGRAM**

### CERTIFICATE


OF APPRECIATION


*Hepatitis B Vaccination Program*


**THIS IS PRESENTED TO**

LIYANA SHIOU

FOR SUCCESSFULLY COMPLETING 15 HOURS VALUE ADDED  
COURSE FROM 01/02/2019 TO 02/02/2019... CONDUCTED BY  
THE DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY IN  
ASSOCIATION WITH THE INTERNAL QUALITY ASSURANCE CELL  
AND THE DENTAL EDUCATION UNIT.

  
**DR. JAIN MATHEW**  
PRINCIPAL

  
**DR. ALLU BABY**  
DEU CONVENOR

  
**DR. SAUGANTH PAUL M. V.**  
IQAC COORDINATOR



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## ZUMBA: LET'S DANCE OUR WAY TO HEALTH

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/VAL/002/2020

25.02.2020

### CIRCULAR

Subject: Certificate course on "ZUMBA: DANCE YOUR WAY TO FITNESS" program for First year students

This is to inform that a value-added course on topic entitled 'Zumba: Dance Your way to Fitness' for first year students is being organised by the IQAC on 28.02.2020 and 29.02.2020 at the college auditorium.

For further reference, reach out to Dr. Souganth Paul M. P.



  
PRINCIPAL

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE

**DANCE YOUR WAY  
TO FITNESS**

# ZUMBA

for first year bds students

**ORGANIZED BY**  
WOMEN CELL, IQAC  
ST. GREGORIOS DENTAL COLLEGE, CHELAD

**28-29 FEB  
2020**

09.00 AM  
College Auditorium





# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## POST EVENT REPORT

Date: 28.02.2020-29.02.2020

Location: St. Gregorios Dental College

Speaker: Ms. Minnu Kandirickal

### **Training Methodology:**

The goal of this Zumba class's training style is to provide an organised, entertaining, and welcoming atmosphere where students can get fitter while having fun with dance moves. To guarantee participants' growth and enjoyment, the methodology incorporates a number of instructional strategies, feedback mechanisms, and support systems.

### **Key Highlights:**

- Provided a structured session for students
- Different dance styles are taught
- Various modifications can be made for different fitness levels
- Engaging and interactive sessions
- Many group activities are provided
- Proper warm up and cool down techniques are learnt from the session



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## PHOTOGRAPHS





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

VALUE  
ADDED  
PROGRAM

## CERTIFICATE

OF APPRECIATION

*Zumba - Dance your Way to Fitness*

THIS IS PRESENTED TO

ESHA SAINUDEEN

FOR SUCCESSFULLY COMPLETING 15 HOURS VALUE ADDED  
COURSE FROM 28/02/2020 TO 29/02/2020 CONDUCTED BY  
THE INTERNAL QUALITY ASSURANCE CELL AND THE DENTAL  
EDUCATION UNIT.

*J.M.*

DR. JAIN MATHEW  
PRINCIPAL

*A.B.*

DR. ALLU BABY  
DEU CONVENOR

DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR



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## ANALYSTICAL SKILL DEVELOPMENT





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## RESEARCH METHODOLOGY

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/006/2019

13.12.2019

### CIRCULAR

Subject: Continuous Dental Education program (CDE) on the topic entitled 'Research Methodology' for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Research Committee on the topic entitled 'Research Methodology' on 16.12.2019 at the College Auditorium from 10:00am to 11:00am.

For further reference, reach out to Dr. Anila S.

  
PRINCIPAL

Copy to:

Notice Board

Office

All departments

Library



PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



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BROCHURE



## ST. GREGORIOS DENTAL COLLEGE CHELAD

IN ASSOCIATION WITH

RESEARCH COMMITTEE  
DENTAL EDUCATION UNIT

# HEALTH RESEARCH METHODOLOGY

FOR FACULTIES AND POST GRADUATES

.....RESOURCE PERSONS.....

DECEMBER

16

2019



DR. ELDHO BABU

**HOD**  
**DEPT. OF PEDIATRIC & PREVENTIVE**  
**DENTISTRY**

TIME: 10.00 AM

COLLEGE AUDITORIUM  
ST. GREGORIOS DENTAL COLLEGE



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## POST EVENT REPORT

‘RESEARCH METHODOLOGY’, the CDE program conducted at St. Gregorios Dental College on 16.12.2019 aimed to provide attendees with a comprehensive understanding of the principles, methods, and techniques essential for conducting effective research across various disciplines. It was led by Dr. Eldho Babu, who provided valuable insights and practical examples related to research methodology. The program was attended by faculty members and post graduate students of St. Gregorios Dental College. Feedback from participants was overwhelmingly positive, with many expressing appreciations for the clarity of explanations, relevance of examples, and practical tips provided. The lecture on research methodology was successful in achieving its objectives of enhancing participants' understanding of research principles and techniques.





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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Research Methodology*  
DATE: *16/2/19.*

Sl no.	Name of participant	Signature
1.	<i>Asha Pious</i>	<i>Asa</i>
2.	<i>S. Manohar Athan</i>	<i>Manohar</i>
3.	<i>Jesline Maria Jose</i>	<i>Jesline</i>
4.	<i>Anjitha Devraj</i>	<i>Anjitha</i>
5.	<i>Jerrin Abraham George</i>	<i>Jerrin</i>
6.	<i>Rafsa Marlam Jacob</i>	<i>Rafsa</i>
7.	<i>Rakma Raju</i>	<i>Rakma</i>
8.	<i>Merlin Riya Mathew</i>	<i>Merlin</i>
9.	<i>Kisan D Costa J</i>	<i>Kisan</i>
10.	<i>gavin Thomas</i>	<i>Gavin</i>
11.	<i>Pooja Jaijan</i>	<i>Pooja</i>
12.	<i>Kareena Miriam kafeel Reynold</i>	<i>Kareena</i>
13.	<i>Jishnu Sivaxaman</i>	<i>Jishnu</i>
14.	<i>Aravitha Lal</i>	<i>Aravitha</i>
15.	<i>Aranya Arand</i>	<i>Aranya</i>
16.	<i>Sheetal sara varghese</i>	<i>Sheetal</i>
17.	<i>Jayaraj J Prakash</i>	<i>Jayaraj</i>
18.	<i>Manju Krishna EM</i>	<i>Manju</i>
19.	<i>Vinayamol J</i>	<i>Vinayamol</i>
20.	<i>Godwin George kurien</i>	<i>Godwin</i>
21.	<i>Beety leli</i>	<i>Beety</i>
22.	<i>Jax Nelson</i>	<i>Jax</i>
23.	<i>Elanusankaran U</i>	<i>Elanusankaran</i>
24.	<i>Ann George</i>	<i>Ann</i>
25.	<i>DR PAUL KARIYATTI</i>	

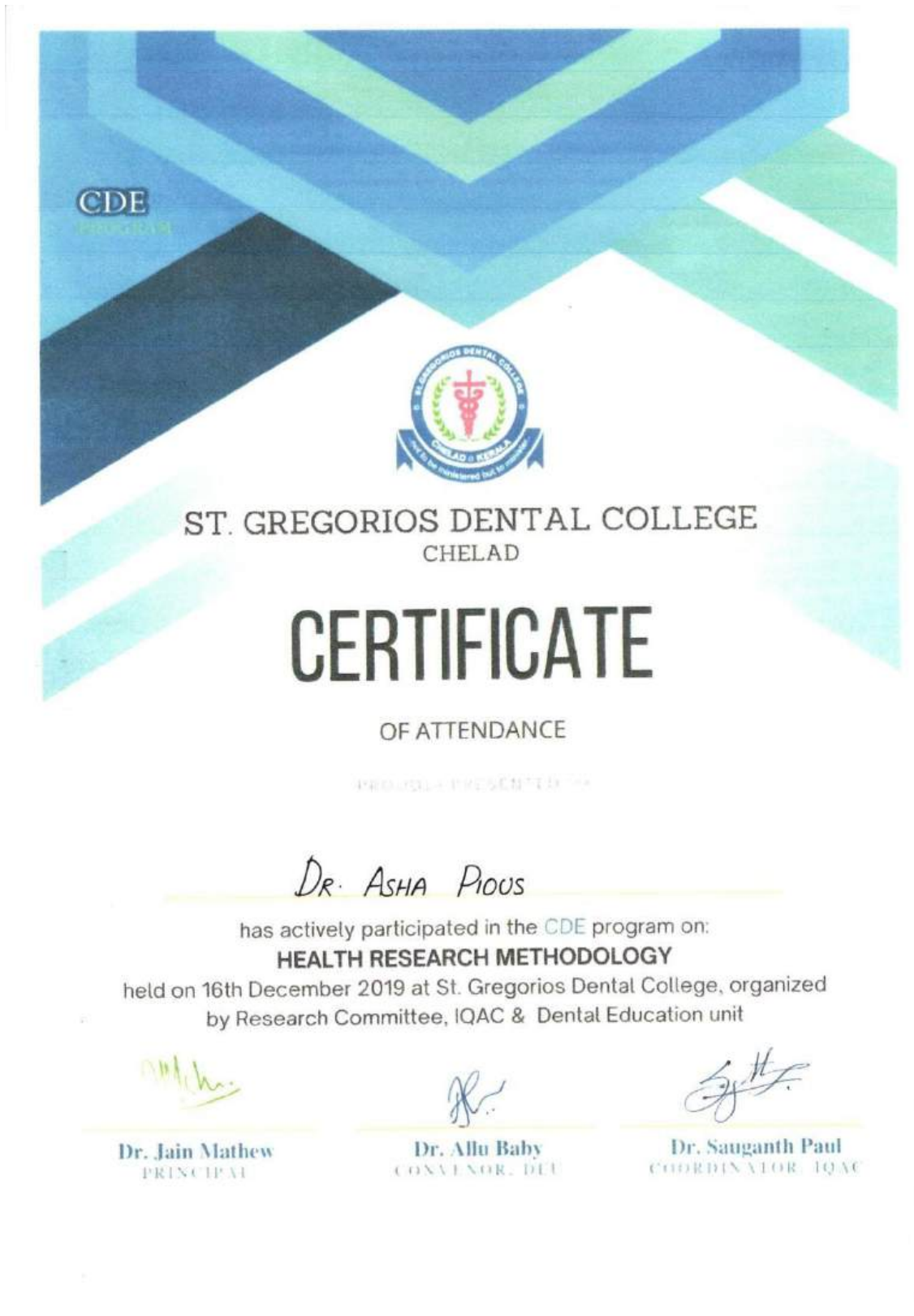
		
PRINCIPAL	DEU Convenor	DEU Secretary



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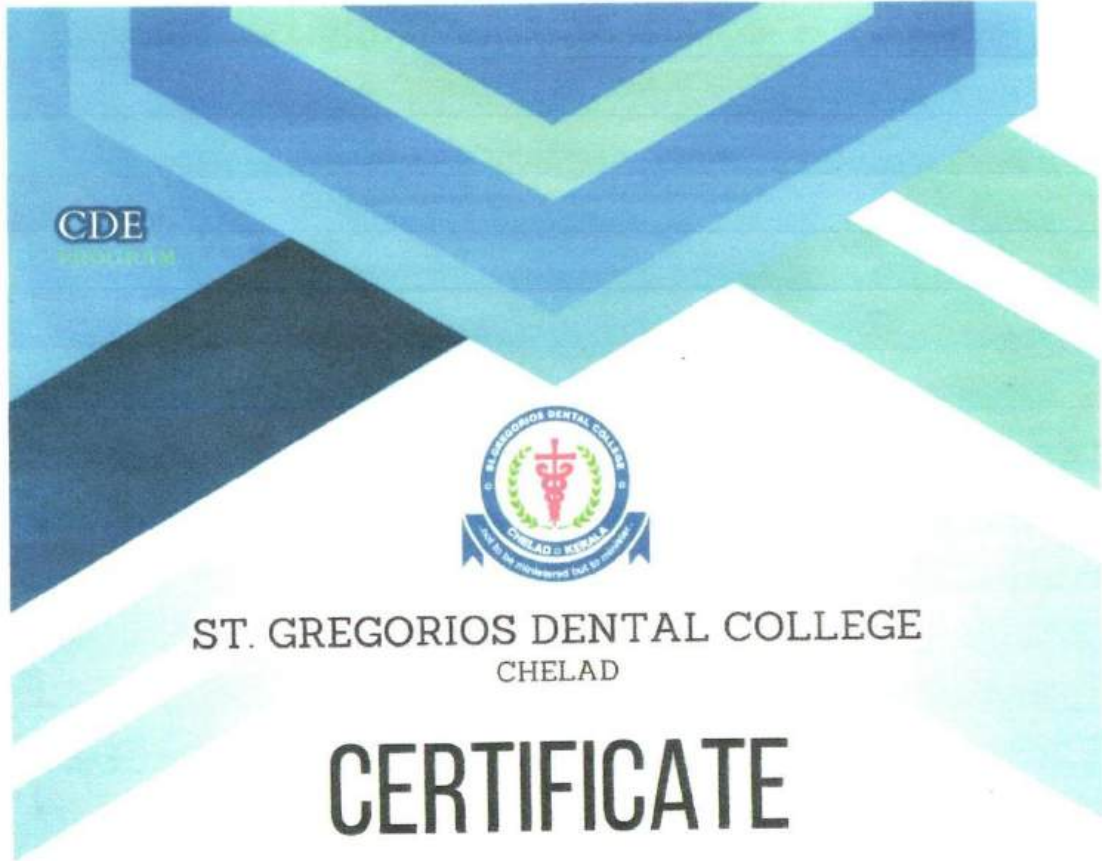
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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

PROJECTS PRESENTED TO

*Dr. S. MANEESH AHAMED*

has actively participated in the CDE program on:

**HEALTH RESEARCH METHODOLOGY**

held on 16th December 2019 at St. Gregorios Dental College, organized  
by Research Committee, IQAC & Dental Education unit

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

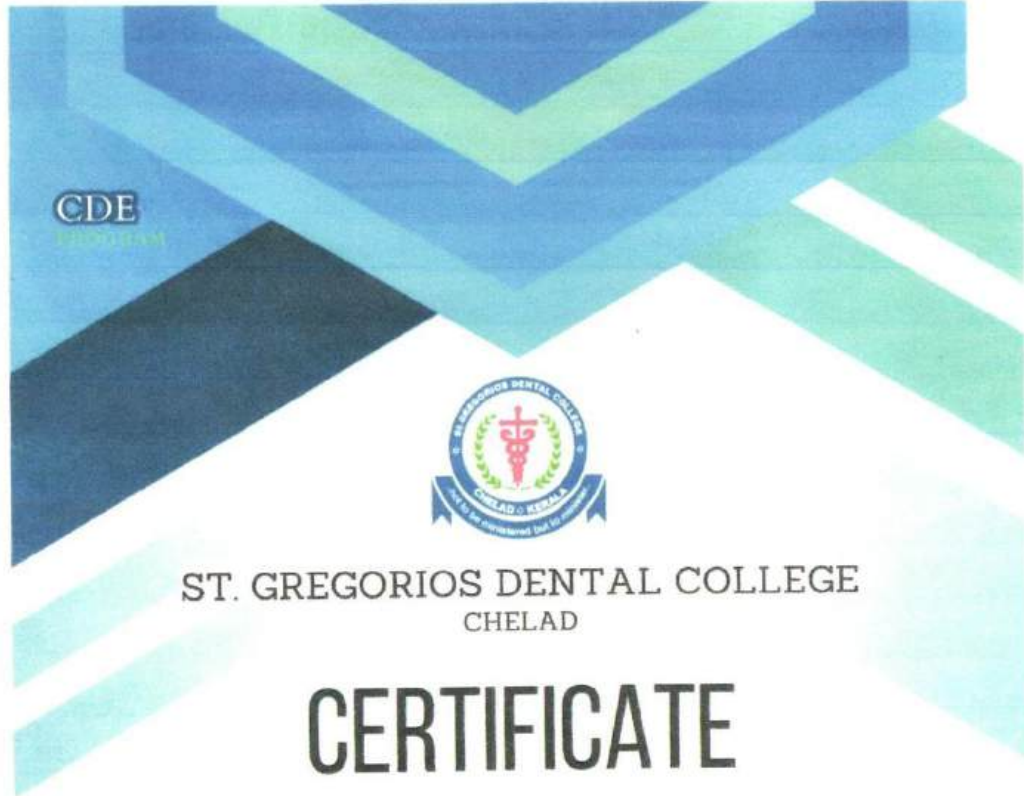
Dr. Sauganth Paul  
COORDINATOR, IQAC





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PROUDLY PRESENTED TO

*Dr. JESLINE MARIA JOSE*

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PRINCIPAL

Dr. Allu Baby  
CONSULTANT, DEU

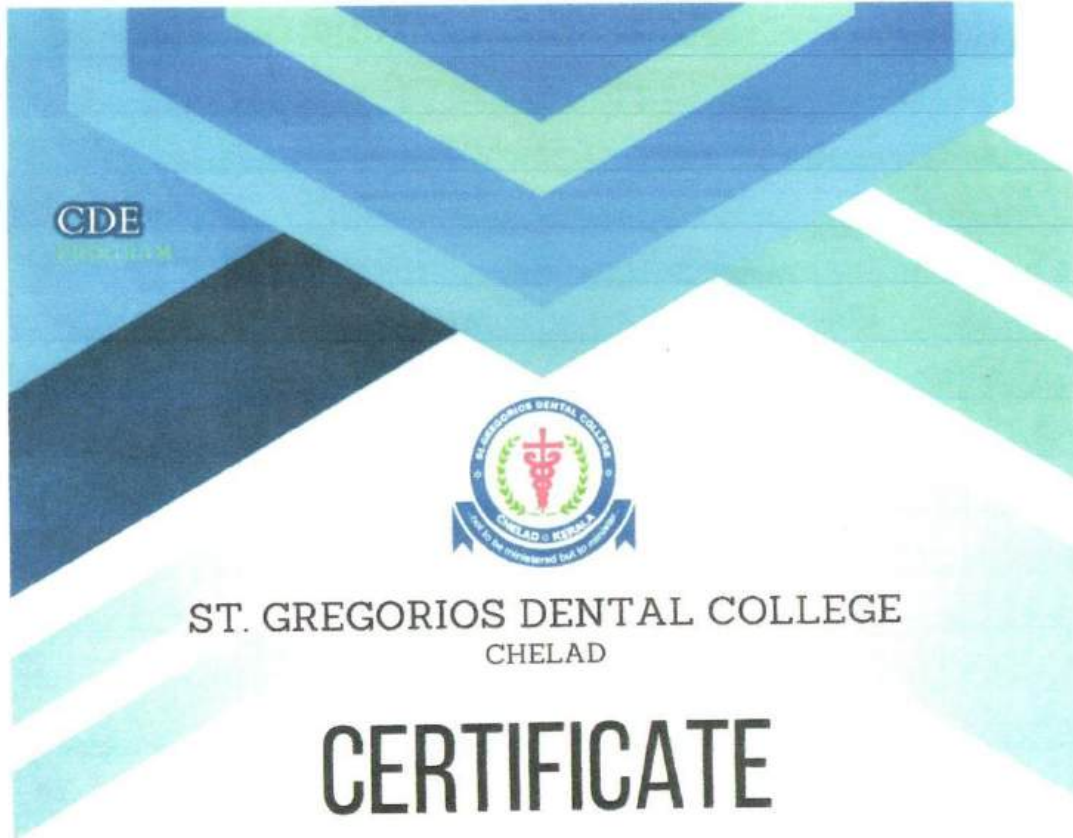
Dr. Sauganth Paul  
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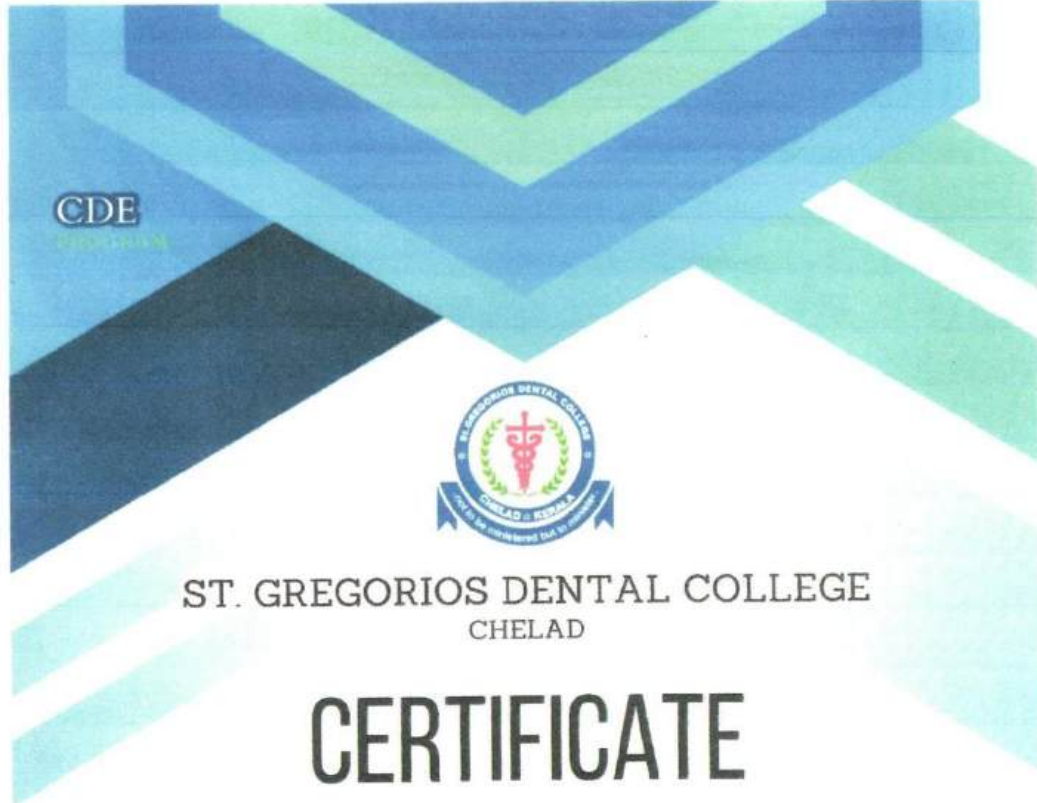
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CDE  
CREDIT PROGRAM



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*DR. JERIN ABRAHAM GEORGE*

has actively participated in the CDE program on:

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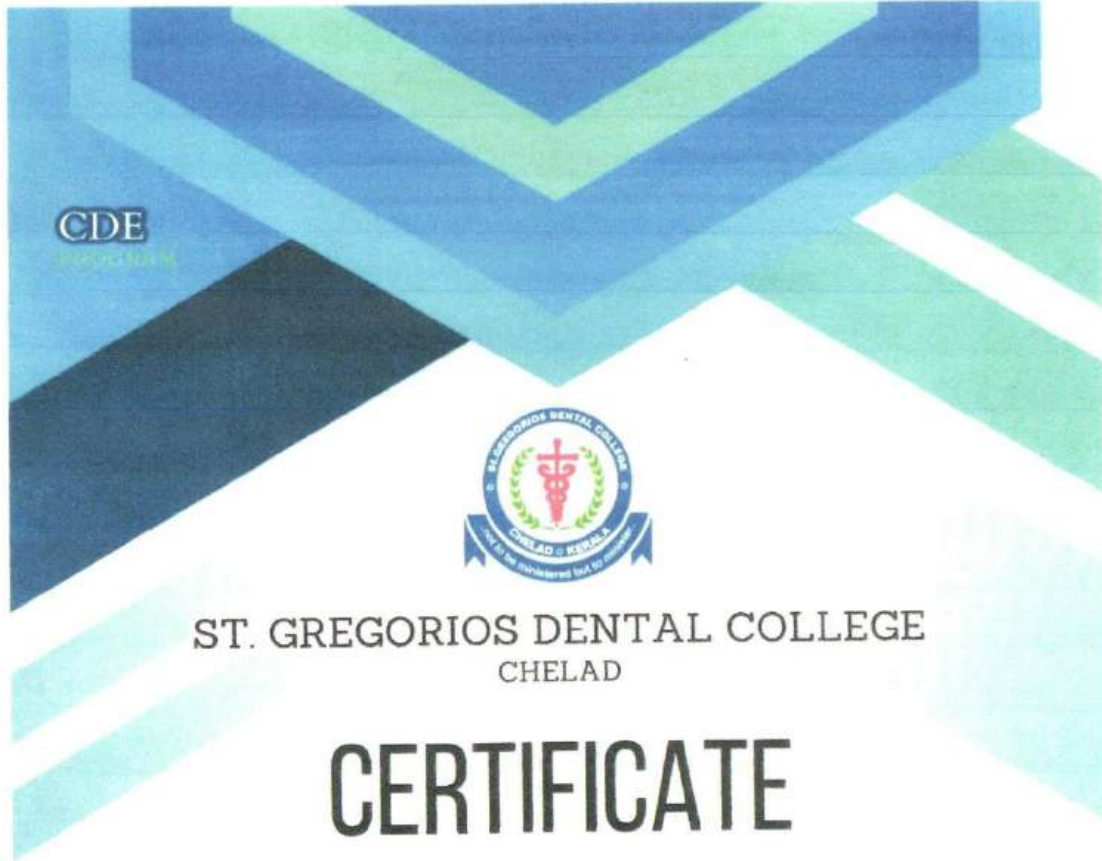
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*DR. RAISA MARIAM JACOB*

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**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Allu Baby**  
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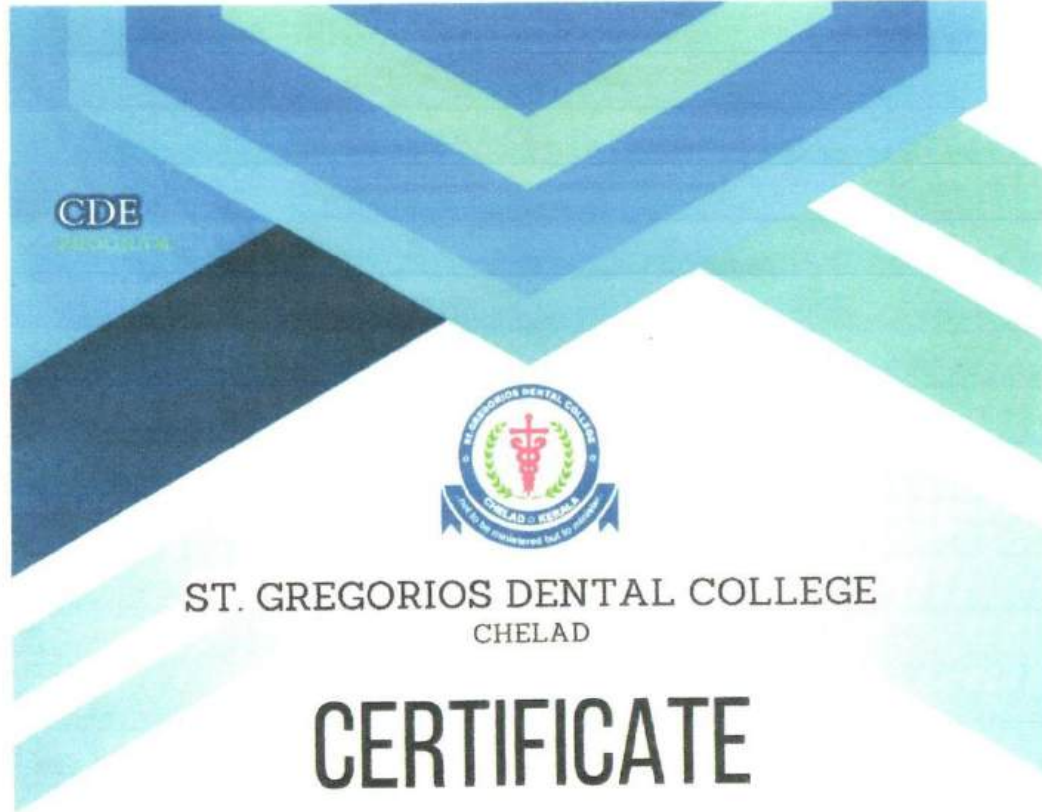
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*DR. RESHMA RAJU*

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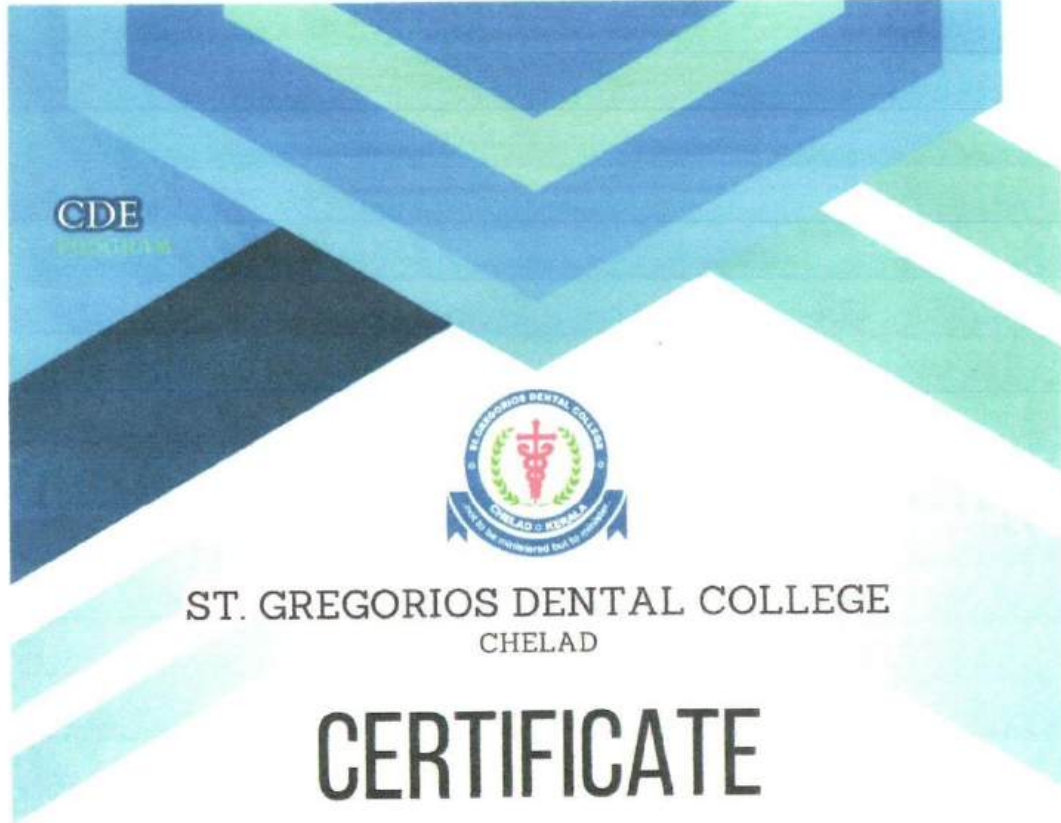
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*DR. MERLIN RIYA MATHEW*

has actively participated in the CDE program on:

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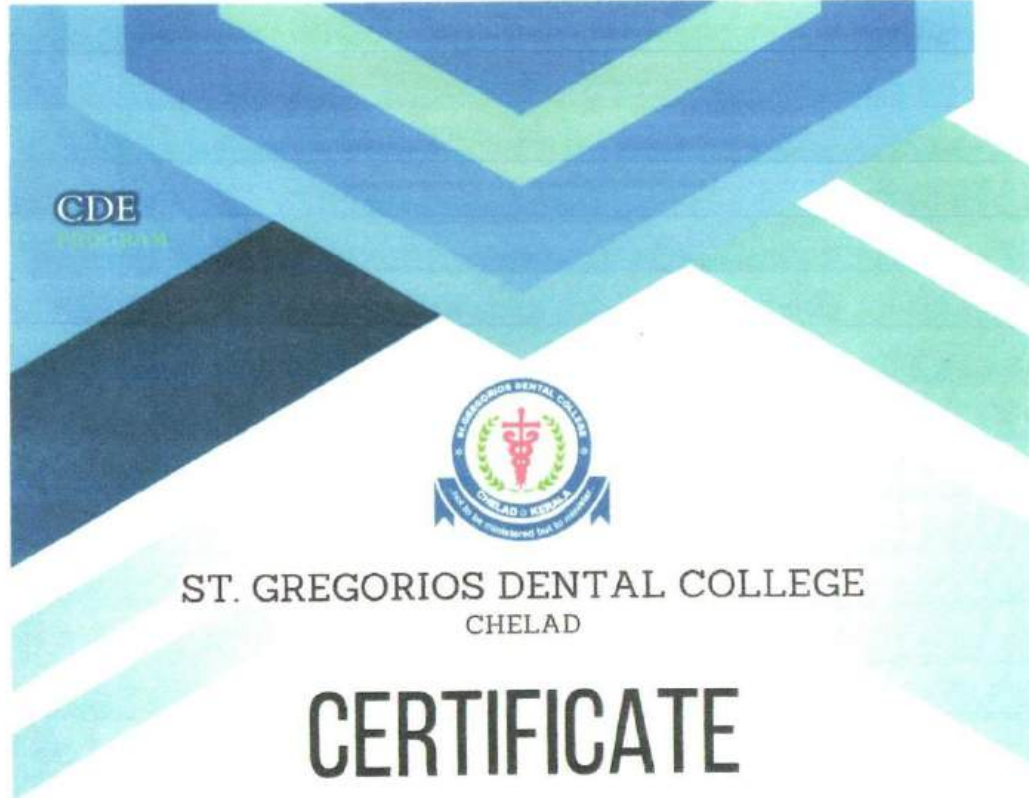
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*Dr. Kiran D Costa J*

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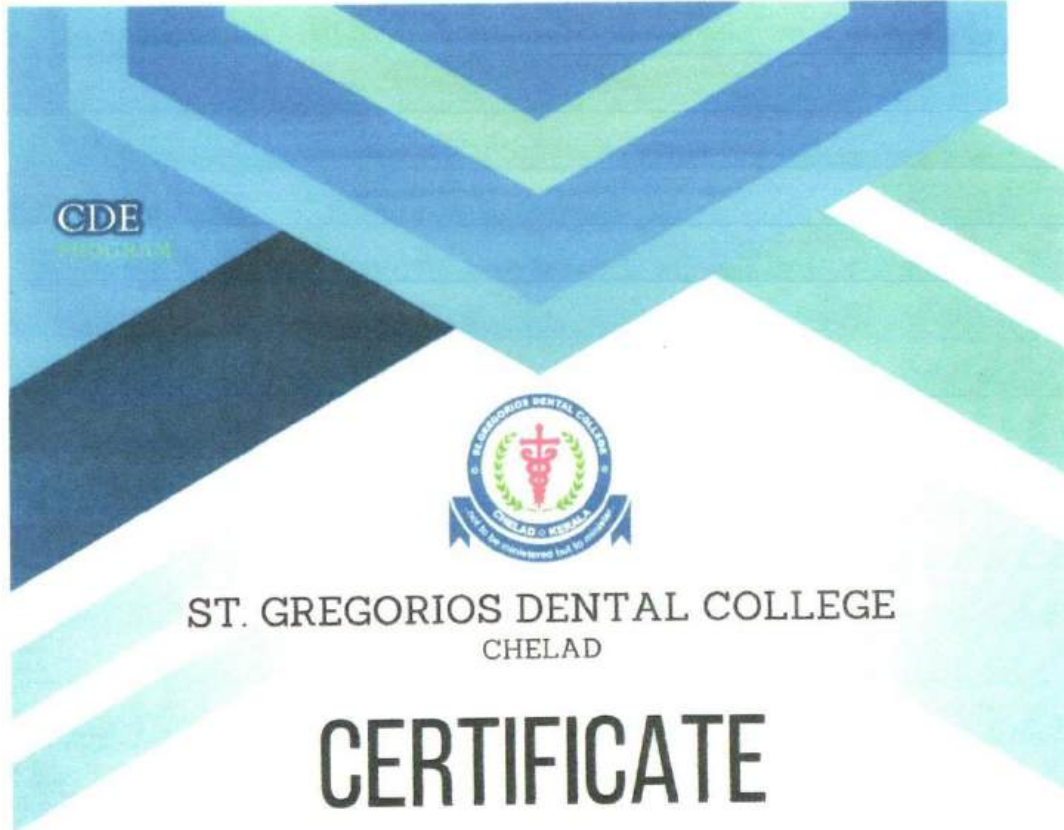
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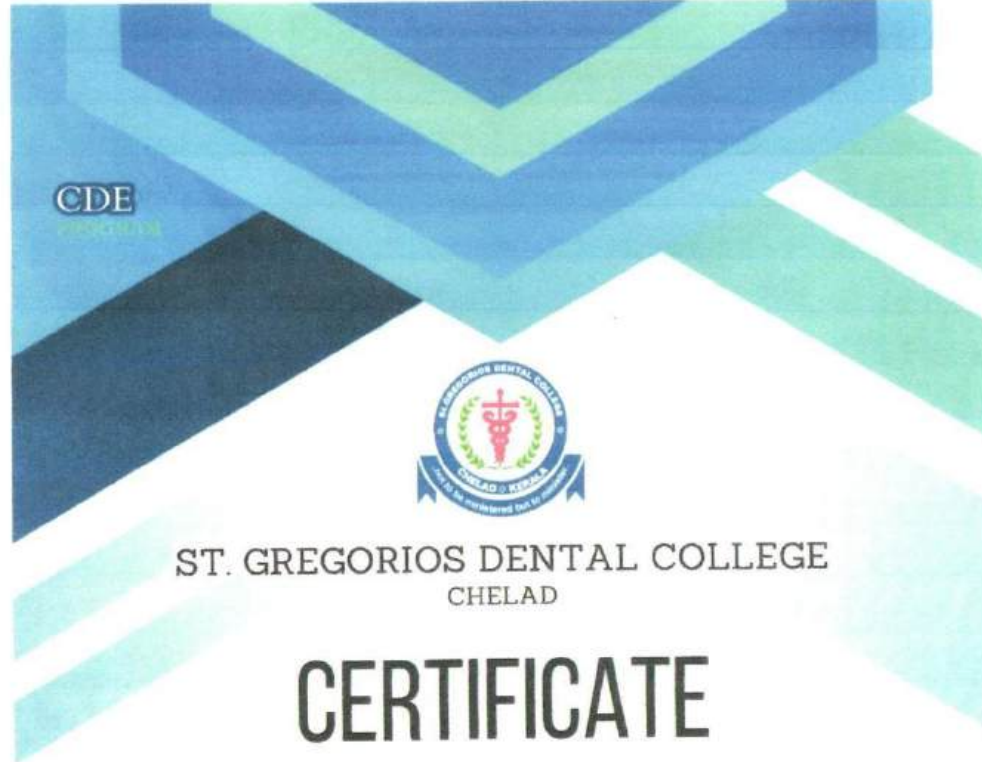
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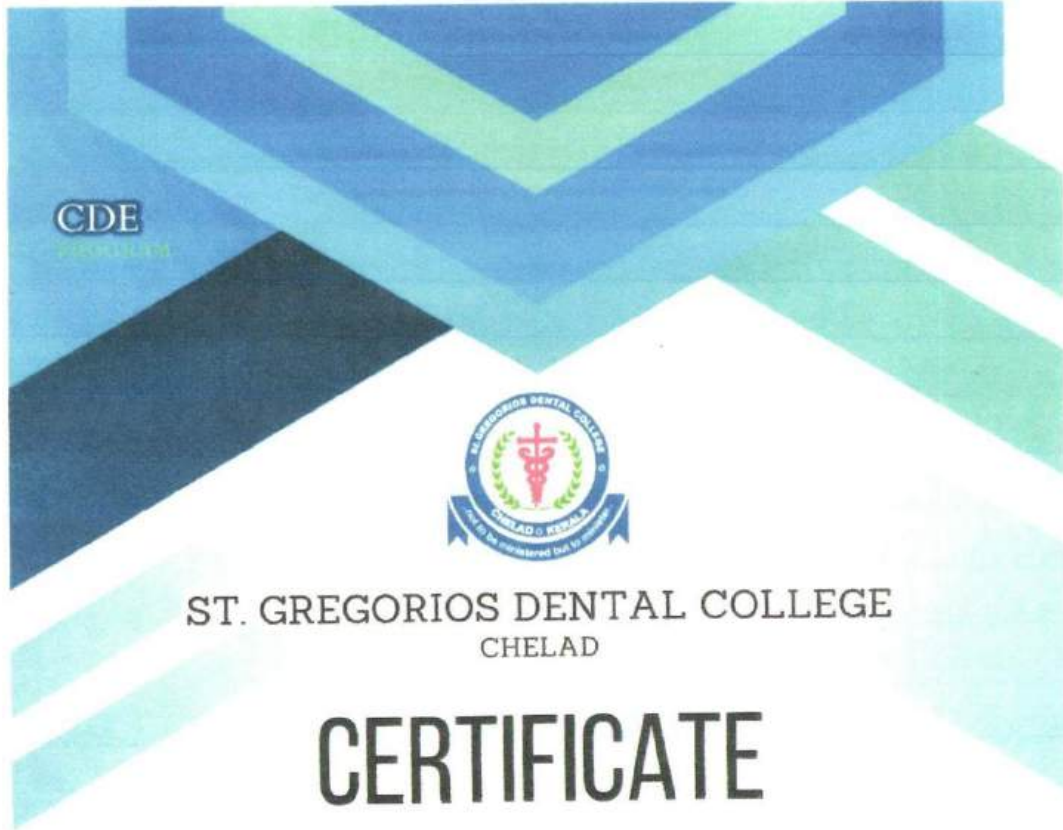
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PREVIOUSLY PRESENTED BY

*DR. KAREENA MIRIAM KAFEEL REYNOLD*

has actively participated in the CDE program on:

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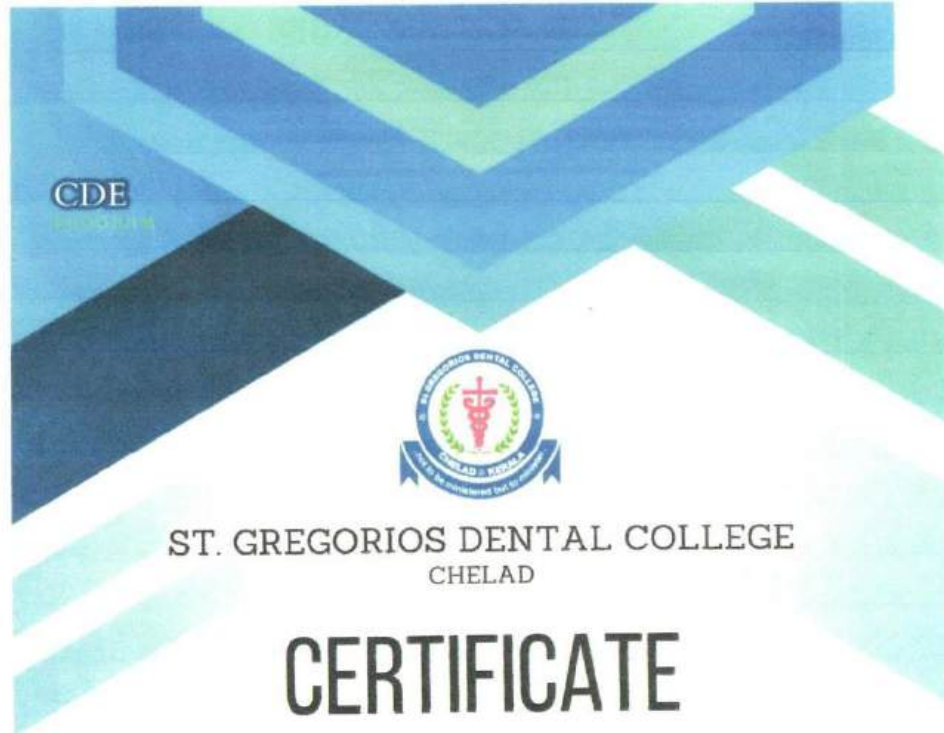
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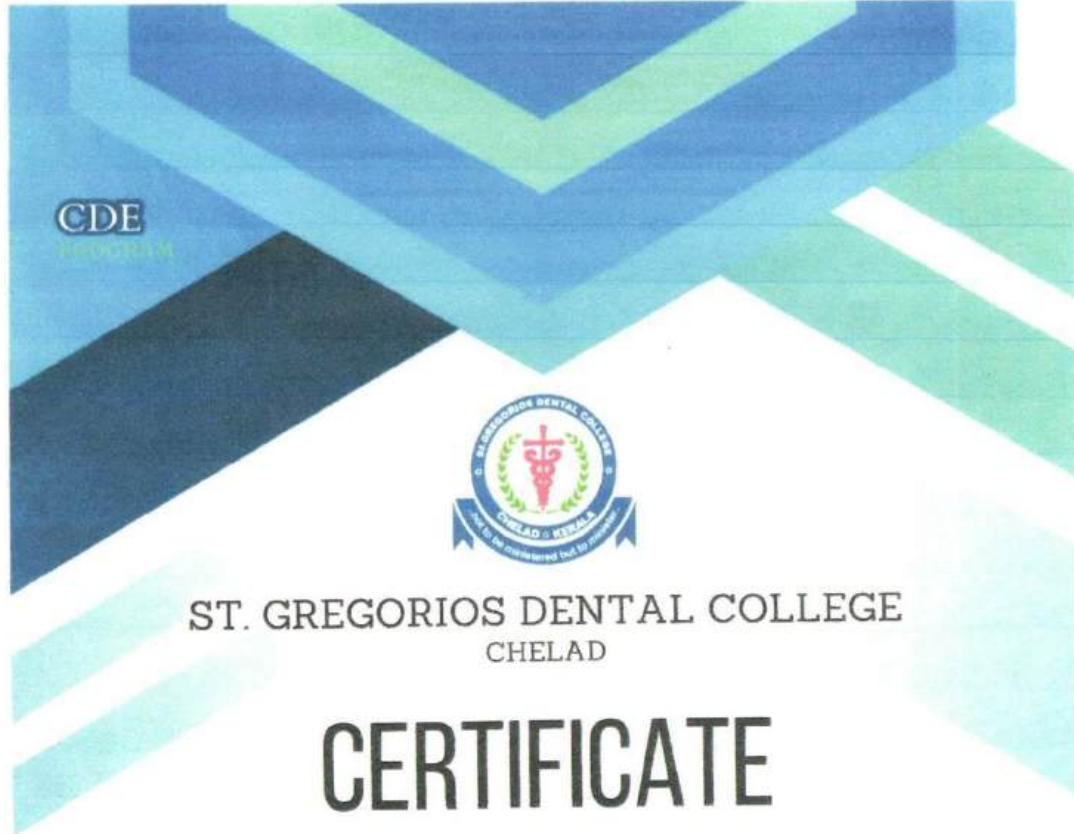
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*Dr. Amurtha Lal*

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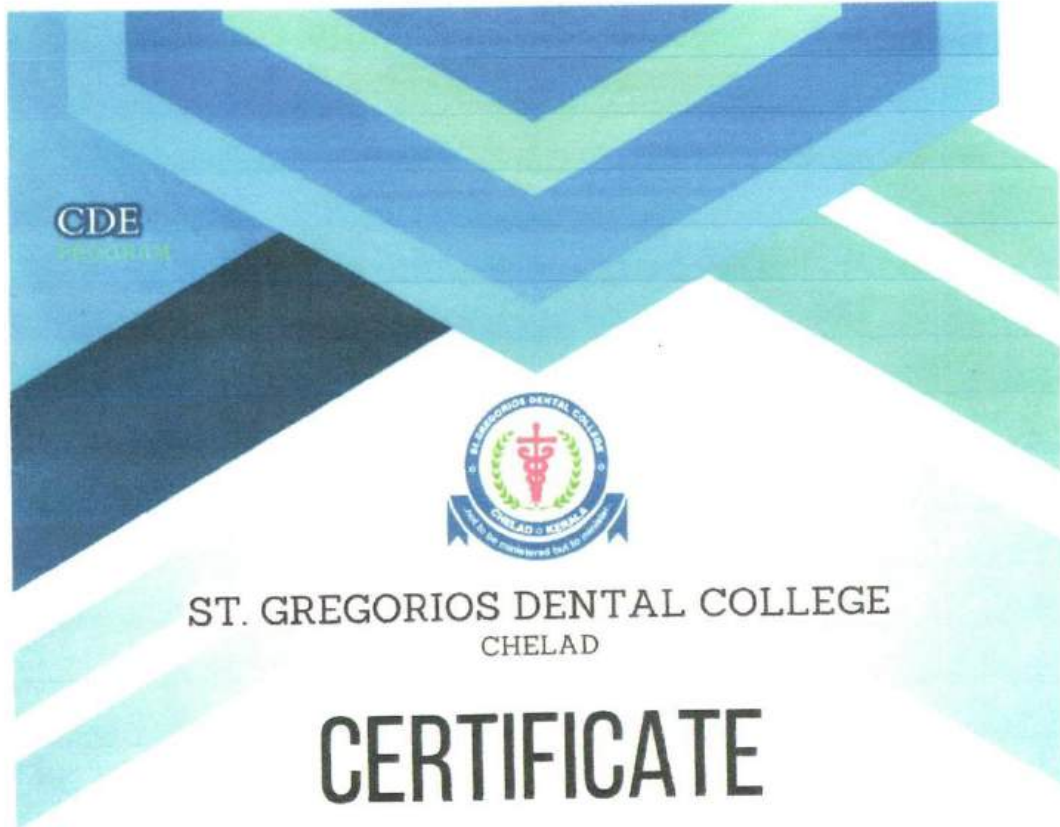
  
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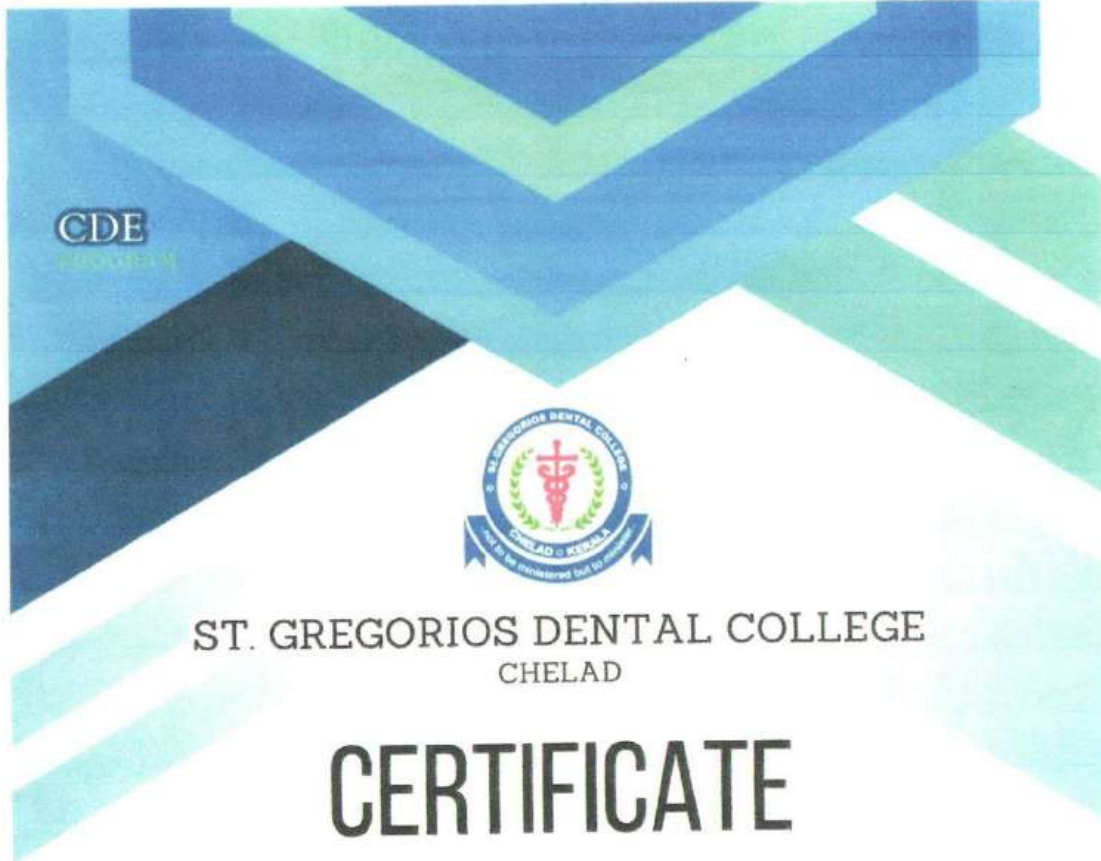
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*DR. SHEETHAL SARA VARGHEESE*

has actively participated in the CDE program on:

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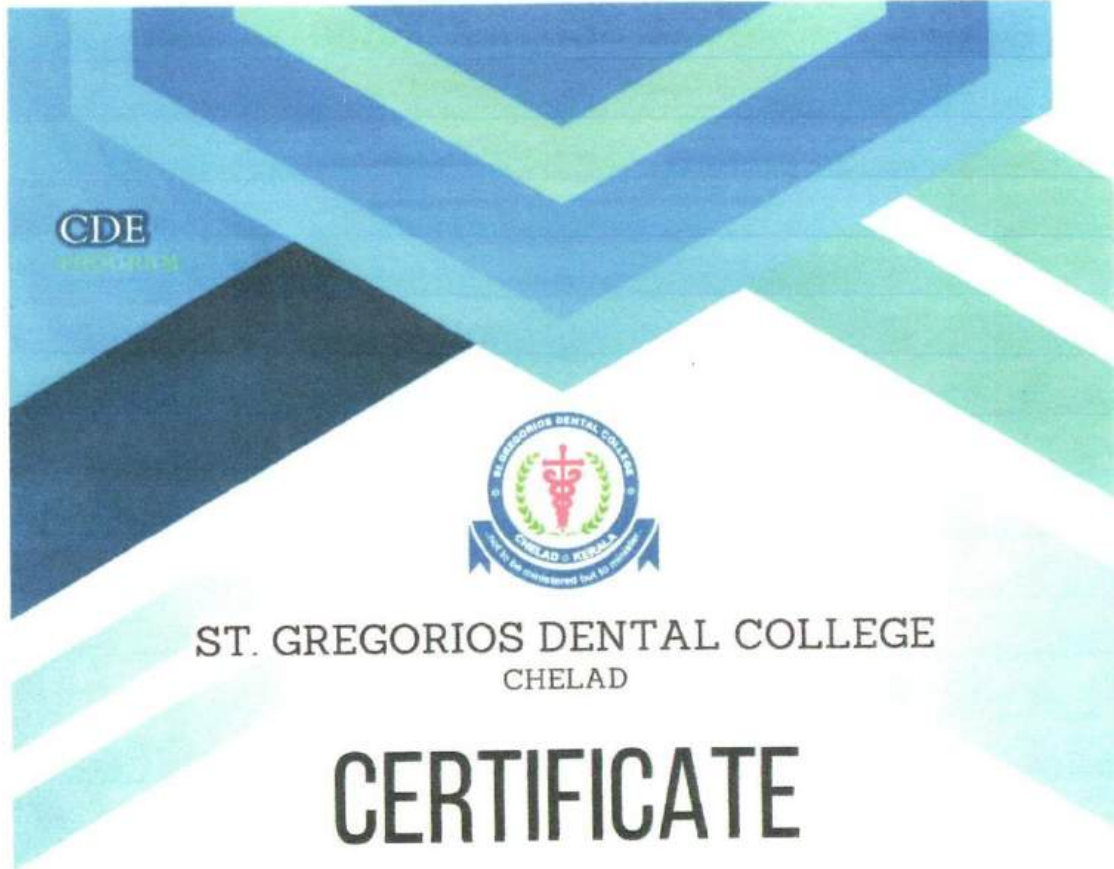
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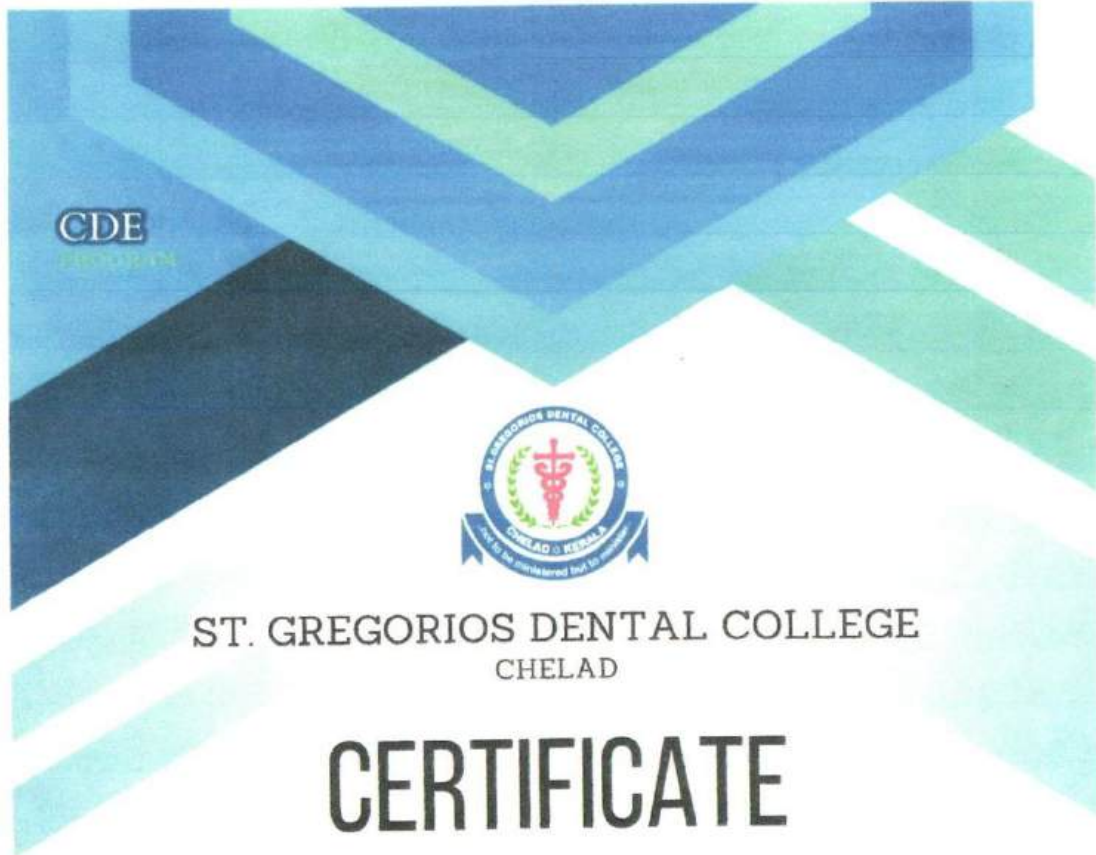
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PROGESSU PR. SETHIATH

*Dr. MANJU KRISHNA EM*

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Dr. Allu Baby  
CONVENOR, DEU

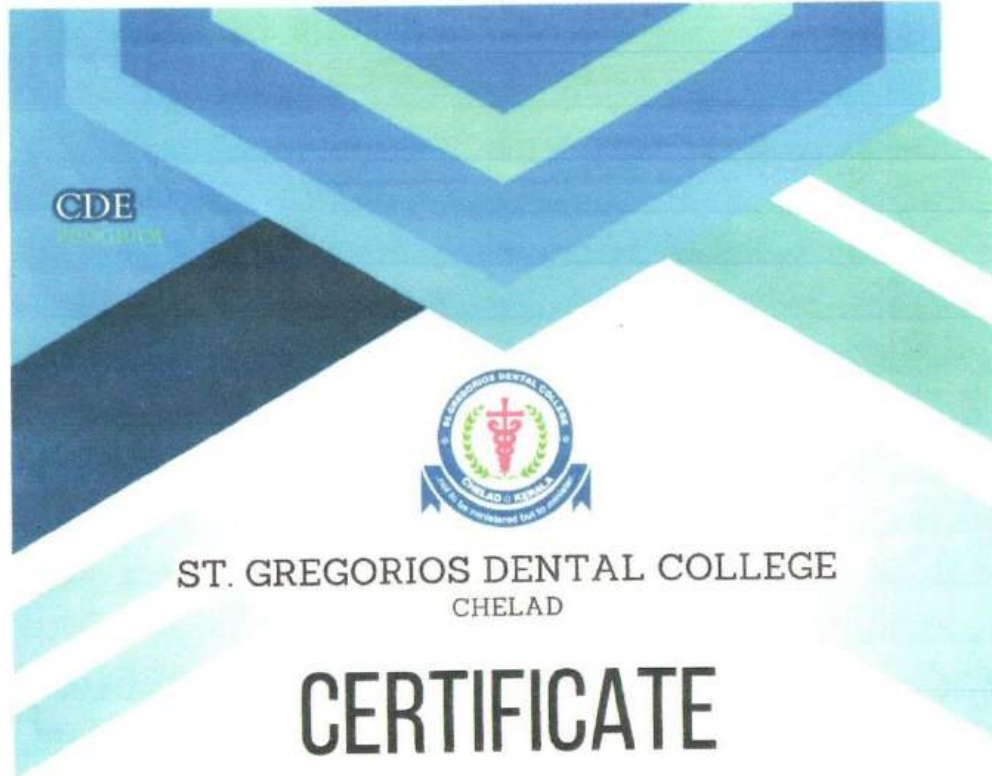
Dr. Sauganth Paul  
COORDINATOR, IQAC





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

PROVIDED AND PRESENTED BY

*Dr. Vincymol J*

has actively participated in the CDE program on:  
**HEALTH RESEARCH METHODOLOGY**  
held on 16th December 2019 at St. Gregorios Dental College, organized  
by Research Committee, IQAC & Dental Education unit

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONSULTANT, DEU

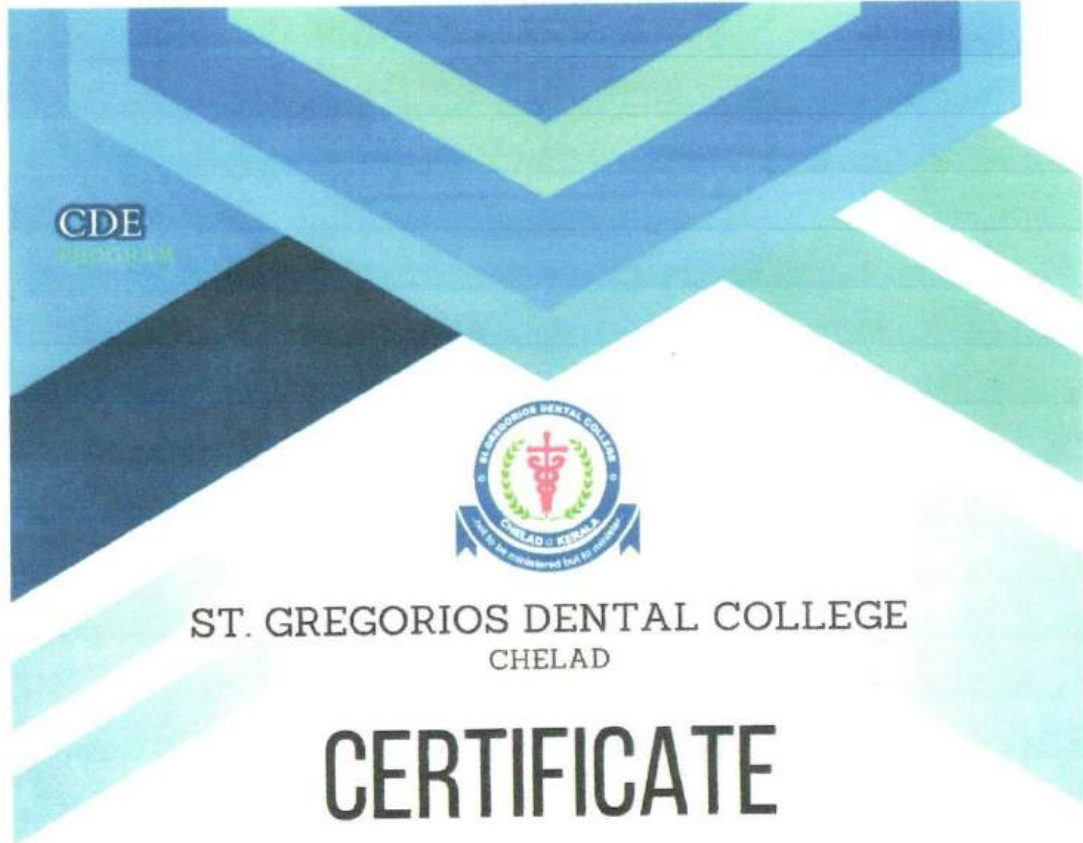
Dr. Sauganth Paul  
COORDINATOR, IQAC





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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. GODWIN GEORGIE KURIAN*

has actively participated in the CDE program on:

**HEALTH RESEARCH METHODOLOGY**

held on 16th December 2019 at St. Gregorios Dental College, organized  
by Research Committee, IQAC & Dental Education unit

**Dr. Jain Mathew**  
PRINCIPAL

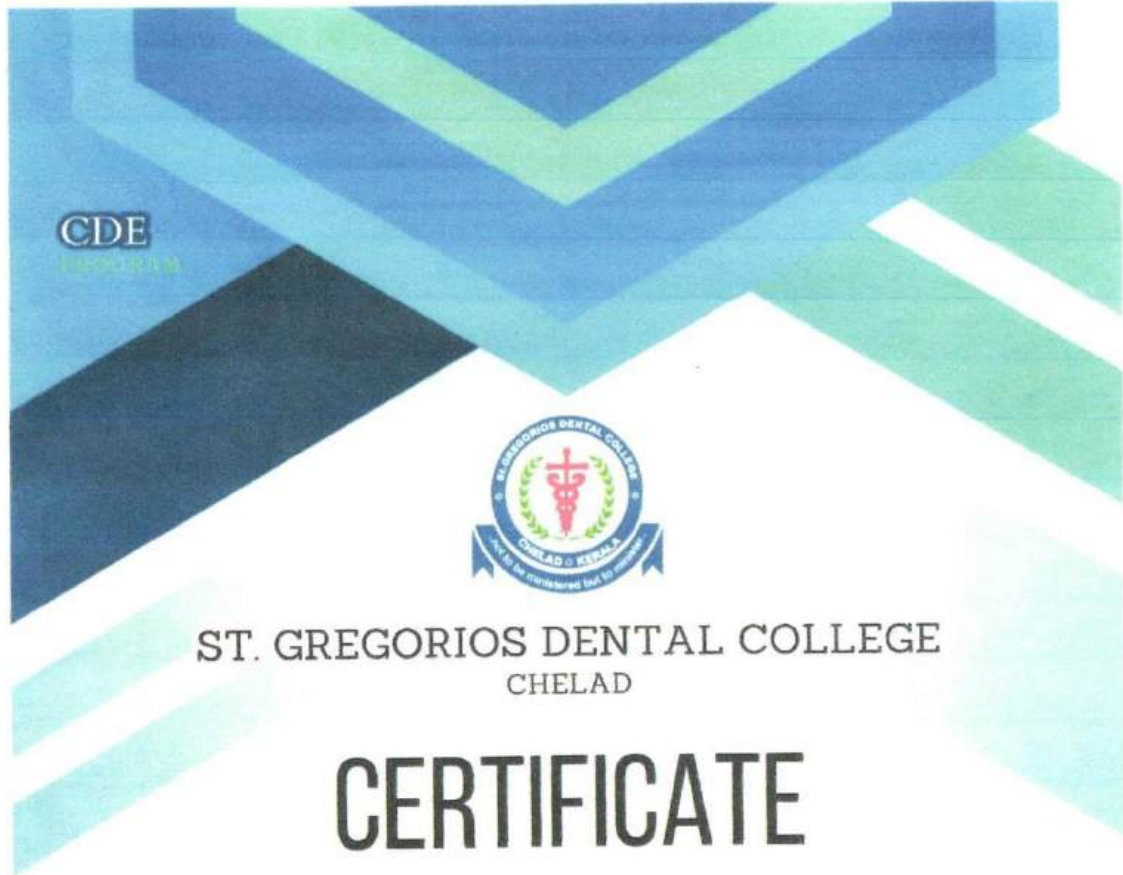
**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC



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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

PROVIDED PRESENTED TO:

*DR. BESTY LEVI*

has actively participated in the CDE program on:

**HEALTH RESEARCH METHODOLOGY**

held on 16th December 2019 at St. Gregorios Dental College, organized  
by Research Committee, IQAC & Dental Education unit

Dr. Jain Mathew  
PRINCIPAL

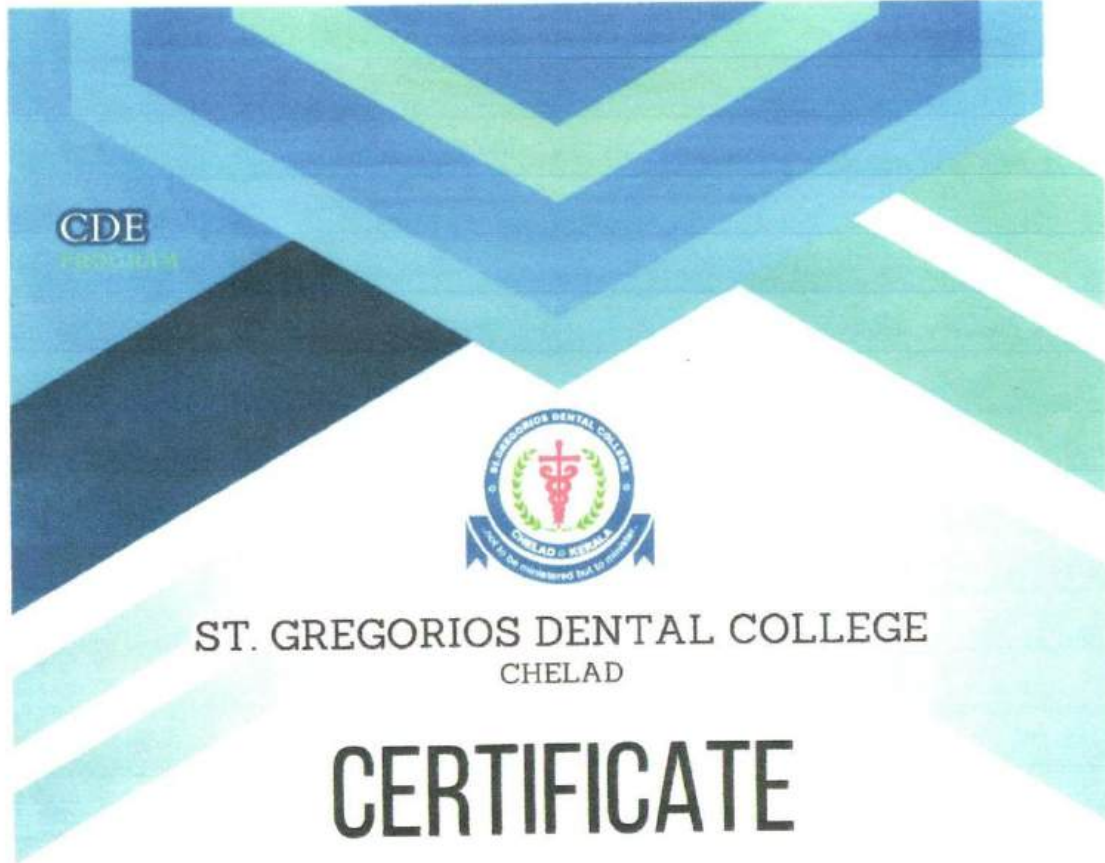
Dr. Allu Baby  
CONVENER, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC



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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. JOSE NELSON*

has actively participated in the CDE program on:  
**HEALTH RESEARCH METHODOLOGY**  
held on 16th December 2019 at St. Gregorios Dental College, organized  
by Research Committee, IQAC & Dental Education unit

  
**Dr. Jain Mathew**  
PRINCIPAL

  
**Dr. Allu Baby**  
CONVENOR, DEU

  
**Dr. Sauganth Paul**  
COORDINATOR, IQAC





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CDE  
PROGRAM



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

PROBLY PRESENTED BY

*DR. HARISHANKARAN U*

has actively participated in the CDE program on:

**HEALTH RESEARCH METHODOLOGY**

held on 16th December 2019 at St. Gregorios Dental College, organized  
by Research Committee, IQAC & Dental Education unit

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

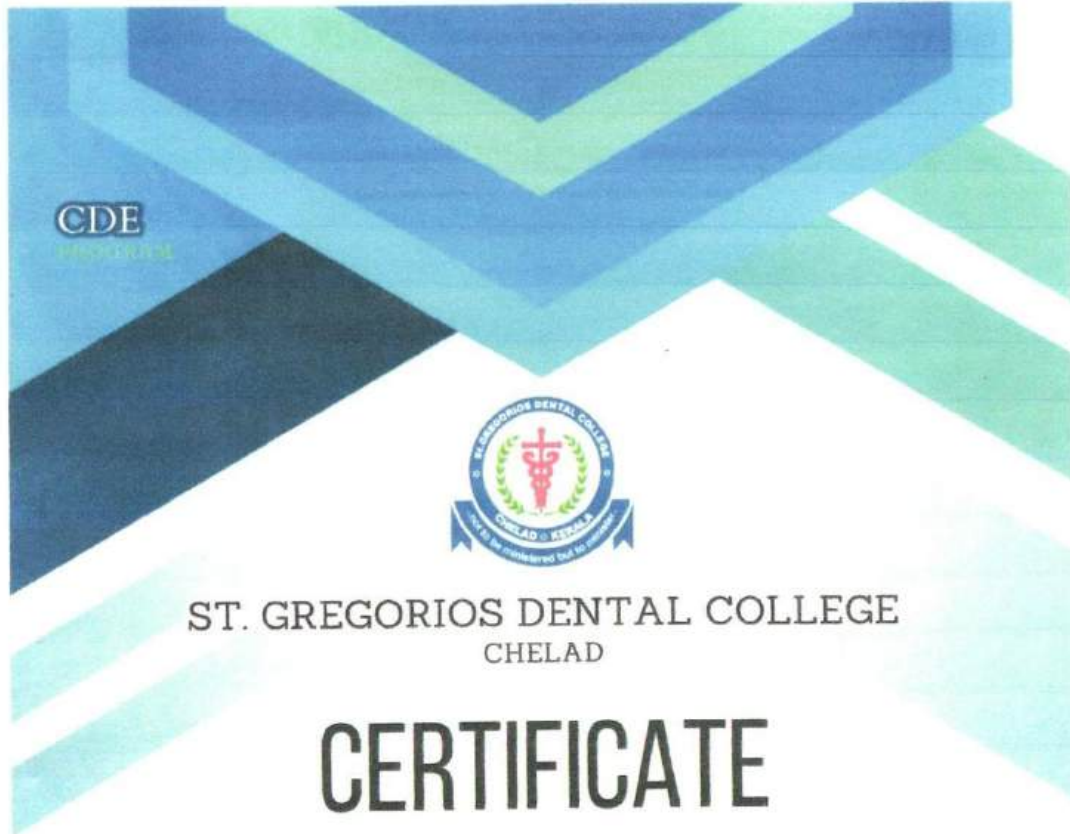
Dr. Sauganth Paul  
COORDINATOR, IQAC





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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## CERTIFICATE

OF ATTENDANCE

PROUDLY PRESENTED TO

*DR. ANN GEORGIE*

has actively participated in the CDE program on:  
**HEALTH RESEARCH METHODOLOGY**  
held on 16th December 2019 at St. Gregorios Dental College, organized  
by Research Committee, IQAC & Dental Education unit

  
Dr. Jain Mathew  
PRINCIPAL

  
Dr. Allu Baby  
CONVENOR, DEU

  
Dr. Sauganth Paul  
COORDINATOR, IQAC



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## PHOTOGRAPHS





# ST. GREGORIOS DENTAL COLLEGE

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---

## HUMAN VALUE DEVELOPMENT



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
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---

## FUNDAMENTAL LIFE SKILLS



**ST. GREGORIOS DENTAL COLLEGE**

**CHELAD, KOTHAMANGALAM**

SGDC/VAL/003/2020

20.03.2020

**CIRCULAR**

Subject: "Fundamental Life Skills" program for Final year Part 1 and Part 2 students.

Department of Orthodontics and Dentofacial Orthopaedics of St. Gregorios Dental College is organizing a value-added program on Fundamental Life Skills program for Final year Part 1 and Part 2 students on 25.03.2020 and 26.03.2020 at 8.30am through an online platform

For further reference ,reach out to Dr. Tony Michael



  
**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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BROCHURE



**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

## “FUNDAMENTAL LIFE SKILLS”

**VALUE  
ADDED  
PROGRAM**



FOR  
FINAL YEAR BDS  
STUDENTS

**RESOURCE PERSONS**  
FACULTIES  
DEPT. OF ORTHODONTICS & ORTHOPEDICS



**DATE: MAR 25-26, 2020**  
**VENUE: COLLEGE AUDITORIUM**





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## POST EVENT REPORT: FUNDAMENTAL LIFE SKILLS PROGRAM

Date: 25.03.2020-26.03.2020

Location: St. Gregorios Dental College Speaker: Dr. Vincy Antony

### **Training Methodology:**

The training methodology for the "Fundamental Life Skills" course integrates diverse techniques to ensure effective learning. It employs a combination of lectures, interactive discussions, case studies, role-playing exercises, and real-life simulations. Additionally, hands-on activities, group projects, and self-assessment tools are utilized to enhance engagement and understanding. Continuous feedback and reflection opportunities are provided to facilitate skill development and application in practical contexts.

### **Key Highlights:**

- Multifaceted approach integrating lectures, discussions, and interactive activities.
- Utilization of case studies and role-playing for practical skill application.
- Group projects to enhance engagement and collaboration.
- Incorporation of self-assessment tools and feedback mechanisms for continuous improvement.
- Emphasis on real-life simulations to simulate authentic learning experiences.

Facilitated reflection sessions to reinforce learning and promote personal growth.



# ST. GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

VALUE  
ADDED  
PROGRAM

## CERTIFICATE

OF APPRECIATION

*Fundamental Life Skills*

THIS IS PRESENTED TO

*NEETHU R*

FOR SUCCESSFULLY COMPLETING 15 HOURS VALUE ADDED  
COURSE FROM ..25/03/2020.. TO ..26/03/2020... CONDUCTED BY  
THE DEPARTMENT OF ORTHODONTICS IN ASSOCIATION WITH  
THE INTERNAL QUALITY ASSURANCE CELL AND THE DENTAL  
EDUCATION UNIT.

DR. JAIN MATHEW  
PRINCIPAL

DR. ALLU BABY  
DEU CONVENOR

DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR

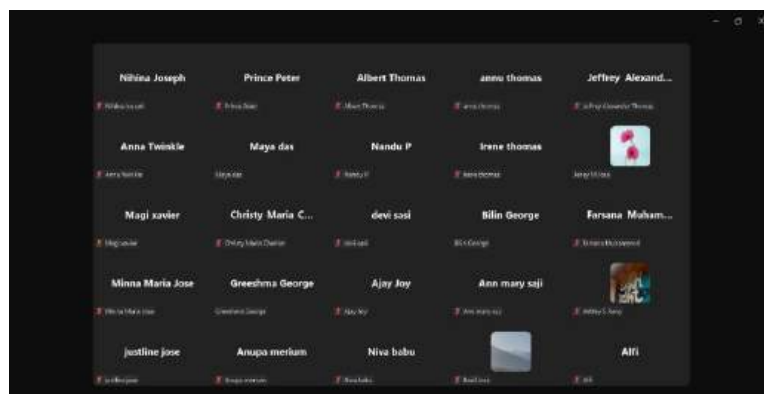
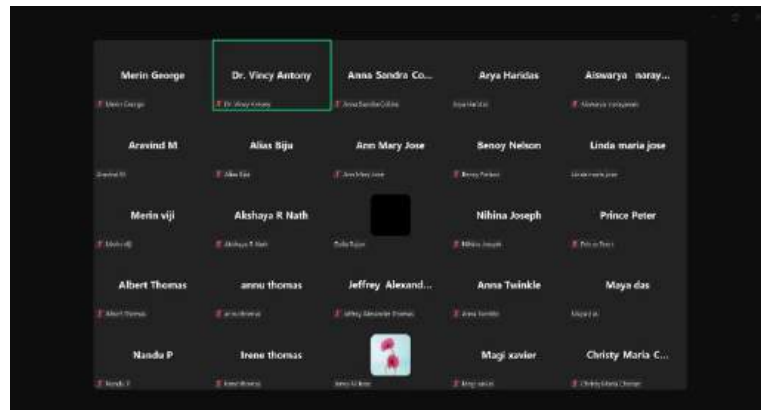




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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## PHOTOGRAPHS





# ST. GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW

SGDC/VAL/004/2019

26.11.2019

**CIRCULAR**

Subject: Value Added Course on GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW  
for 3rd year students.

This is to inform you that a Value Added Course for third year students is being organised by the women cell on the topic entitled 'GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW' on 28.11.2019 at the college auditorium.

For further reference, reach out to Dr. Nima M Kalapura



**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681



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## BROCHURE

**ST. GREGORIOS DENTAL COLLEGE**  
**CHELAD**

INTERNAL QUALITY ASSURANCE CELL & WOMEN CELL

# GENDER EQUALITY TODAY

FOR A SUSTAINABLE  
TOMORROW

**VALUE ADDED PROGRAM**

THIRD YEAR BDS STUDENTS

**PRIDE!**  
**in being**  
**Different**

RESOURCE PERSON  
**DR. ELIZABETH V ISSAC**

**28,29 NOVEMBER 2019 | COLLEGE AUDITORIUM**





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## POST-EVENT REPORT: GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW

Date: 28.11.2019 to 29.11.2019

Location: St. Gregorios Dental College, Auditorium

### **Training Methodology:**

The training methodology for this course embraced a dynamic and participatory approach to learning. It combined traditional lectures with interactive discussions to provide foundational knowledge and stimulate critical thinking. Group activities, role-plays, and case studies encouraged collaborative problem-solving and empathy-building exercises. Guest speakers and multimedia presentations offered real-world insights and enhanced engagement. Experiential learning through field visits and simulations provided practical applications of theoretical concepts. Reflective assignments prompted students to analyze their learning process and connect theory with personal experiences. Action projects empowered students to apply their knowledge and skills to advocate for gender equality in their communities. Through this multifaceted approach, the course aimed to cater to diverse learning styles and inspire active engagement in promoting social change.

### **Key Highlights:**

Key highlights of the course included its dynamic and participatory approach to learning. Traditional lectures were combined with interactive discussions, providing foundational knowledge and stimulating critical thinking. Group activities, role-plays, and case studies facilitated collaborative problem-solving and empathy-building exercises. Guest speakers and multimedia presentations offered real-world insights, enriching the learning experience. Experiential learning through field visits and simulations provided practical applications of theoretical concepts. Reflective assignments encouraged students to analyze their learning process and connect theory with personal experiences. Action projects empowered students to advocate for gender equality in their communities, fostering a sense of agency and social responsibility.



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
 (AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: Gender Equality Today for a sustainable tomorrow

29/11/19 29/11/19

Sl no.	Name of participant	Day 1	Day 2
1.	Amie Thomas Joshy	Am	Am
2.	Agna K Gheevan	Am	Am
3.	Akshaya R Nair	Am	Am
4.	Jia Minlam	Am	Am
5.	ANGEL	Am	Am
6.	Amalakshmi	Am	Am
7.	Reethal	Am	Am
8.	SARAH VARGHESE	Am	Am
9.	Ruth	Am	Am
10.	Richa Sora	Am	Am
11.	TREASA ELIZABETH JAINJON	Am	Am
12.	PREENU ANN PRASAD	Am	Am
13.	NIKKY PETER	Am	Am
14.	Angga P.R.	Am	Am
15.	Uby Abraham	Am	Am
16.	SPRITHY S	Am	Am
17.	Alania	Am	Am
18.	Anetta	Am	Am
19.	Maria Rani	Am	Am
20.	Soosanna Johnson	Am	Am
21.	Alina B Thommullil	Am	Am
22.	Akhil Varghese	Am	Am
23.	DIJIL DAVID M	Am	Am
24.	SOYA BABY	Am	Am
25.	Divya Mary Philip	Am	Am

PRINCIPAL	DEU Convenor	DEU Secretary








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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## CERTIFICATE

 ST. GREGORIOS DENTAL COLLEGE  
CHELAD

**VALUE  
ADDED  
PROGRAM**

# CERTIFICATE


OF APPRECIATION


*Gender Equality Today for a Sustainable Tomorrow*


**THIS IS PRESENTED TO**

NIKKY PETER

**FOR SUCCESSFULLY COMPLETING 15 HOURS VALUE ADDED  
COURSE FROM .25/11/2019... TO .29/11/2019..... CONDUCTED BY  
THE WOMEN'S CELL IN ASSOCIATION WITH THE INTERNAL  
QUALITY ASSURANCE CELL AND THE DENTAL EDUCATION UNIT.**

  
**DR. JAIN MATHEW**  
PRINCIPAL

  
**DR. ALLU BABY**  
DEU CONVENOR

  
**DR. SAUGANTH PAUL M. V.**  
IQAC COORDINATOR





# ST. GREGORIOS DENTAL COLLEGE

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## PHOTOGRAPHS



PHOTOSS OF GENDER EQUALITY PROGRAME CONDUCTED ON  
28/11/19



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCruz  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## **GENDER EQUITY: EQUAL PAY; ADDRESSING THE GENDER WAGE GAP**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/ VAL/ 001/2020

08.02.2020

**CIRCULAR**

Subject: Value added program on GENDER EQUITY: EQUAL PAY; ADDRESSING THE GENDER WAGE GAP.

The Women Cell, St. Gregorios Dental College is organizing a value added program entitled 'GENDER EQUITY: EQUAL PAY; ADDRESSING THE GENDER WAGE GAP' for Second year students from 11.02.2020-12.02.2020 at the College Auditorium.

For further reference reach out to Ms. Lincy Tomy.



**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## BROCHURE



ST. GREGORIOS DENTAL  
COLLEGE 

College Auditorium  
**FEB 11-12,2020**  
Time : 8.00 AM

**GENDER EQUITY  
EQUAL PAY**  
ADDRESSING THE GENDER  
WAGE GAP  
value added program

Organized by  
Women Cell  
Internal Quality Assurance Cell

FOR SECOND YEAR BDS  
STUDENTS





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCROZ  
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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## POST-EVENT REPORT: GENDER EQUITY: EQUAL PAY; ADDRESSING THE GENDER WAGE GAP

**Date:** 11.02.2020-12.02.2020

### **Training Methodology:**

This training was carried out through interactive presentations, group discussions, case studies, and practical exercises. The participants were actively involved in learning about issues regarding gender equity and in acquiring relevant skills related to communication and negotiation. Real-life cases and situations were used to put learning into perspective. This helped ensure that effective insights and applications were made to the participants' professional lives. The facilitators guided and ensured an environment that was supportive of open dialogue and knowledge sharing. With such a dynamic approach, both theoretical knowledge and practical tools were acquired, which would be used for driving positive change in achieving gender equity at the participants' workplace.

### **Key Highlights:**

- Comprehensively discusses questions of gender equity, with a focus on the gender wage gap and equal pay.
- In-depth analysis of pay equity laws and policies: It helps develop an understanding of legal frameworks and compliance requirements.
- Practical strategies to be implemented in organizations with regard to equal pay practices, including salary audits and promotion of transparency.
- Development of negotiation skills and advocacy techniques toward assertiveness among the participants when it comes to their compensation.
- Emphasize creating an inclusive and diverse culture to support gender equity efforts at work.
- Measurement of progress toward gender equity goals and establishment of accountability mechanisms for addressing disparities.



# ST. GREGORIOS DENTAL COLLEGE

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 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
 (AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
 CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: GENDER EQUITY; Equal Pay, Addressing the Gender Wage Gap

11/02/2020 12/02/2020

Sl no.	Name of participant	Day 1	Day 2
1	Abin Joy	Abin	Abin
2	Aiswarya Lybath K	Aiswarya	Aiswarya
3	Akshara TK	Akshara	Akshara
4	Alex Mathew	Alex	Alex
5	Alka Susan Binu	Alka	Alka
6	Anetta Anna Elba	Anetta	Anetta
7	Ansha Rachel John	Ansha	Ansha
8	Anroopa T M	Anroopa	Anroopa
9	Aparna Varargi	Aparna	Aparna
10	Arya Gireesh	Arya	Arya
11	Ashley Ade Anoush	Ashley	Ashley
12	Chippy Elizabeth Philip	Chippy	Chippy
13	Elizabeth Kadiyathil	Elizabeth	Elizabeth
14	George Binu	George	George
15	Georj Akshara S	Georj	Georj
16	Hanna Mary Edho	Hanna	Hanna
17	Jeff Jacob Mathews	Jeff	Jeff
18	Jithin Raji	Jithin	Jithin
19	Liya Maria Joseph	Liya	Liya
20	Manisha Chandran	Manisha	Manisha
21	Mannya Mariya Aby	Mannya	Mannya
22	Mariya Elizabeth Sunil	Mariya	Mariya
23	Melvin Thomas	Melvin	Melvin
24	Michael An Mathew	Michael	Michael
25	Princo C Poojer	Princo	Princo

		
PRINCIPAL	DEU Convenor	DEU Secretary



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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

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## ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: GENDER EQUITY: Equal Pay; addressing the gender wage gap

11/02/2020 12/02/2020

Sl no.	Name of participant	Day 1	Day 2
26	Riyana Vtt	Riyana	Riyana
27	S. Mahima Mahendran	S. Mahima	S. Mahima
28	Siona Rachel Saje	Siona	Siona
29	Sathy VS	Sathy	Sathy
30	Vyshali Jaiprakash	Vyshali	Vyshali
31	Alison B. Paul	Alison	Alison
32	Alison Raju	Alison	Alison
33	Dina Elizabeth Biju	Dina	Dina
34	Kareena Rachel Punnar	Kareena	Kareena
35	Lekshana Shibu	Lekshana	Lekshana
36	Patricia Maria James	Patricia	Patricia
37	Serthy Tresa Cheerian	Serthy	Serthy

		
PRINCIPAL	DEU Convenor	DEU Secretary



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## CERTIFICATE



ST. GREGORIOS DENTAL COLLEGE  
CHELAD

VALUE  
ADDED  
PROGRAM

## CERTIFICATE

OF APPRECIATION

*Gender Equity: Equal Pay;  
Addressing the Gender Wage Gap*

THIS IS PRESENTED TO

*MARIYA ELIZABETH SUNIL*

FOR SUCCESSFULLY COMPLETING 15 HOURS VALUE ADDED  
COURSE FROM ..11/02/2020... TO ..12/02/2020... CONDUCTED BY  
THE WOMEN'S CELL IN ASSOCIATION WITH THE INTERNAL  
QUALITY ASSURANCE CELL AND THE DENTAL EDUCATION UNIT.

DR. JAIN MATHEW  
PRINCIPAL

DR. ALLU BABY  
DEU CONVENOR

DR. SAUGANTH PAUL M. V.  
IQAC COORDINATOR





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## PHOTOGRAPHS



PHOTOS OF GENDER EQUALITY PROGRAMME CONDUCTED ON  
11/02/2020



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## PERSONALITY AND PROFESSIONAL DEVELOPMENT



# ST. GREGORIOS DENTAL COLLEGE

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## BASIC LIFE SUPPORT

## CIRCULAR

### ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/ VAL/ 003/2019

17.9.2019

### CIRCULAR

Subject: Certificate course on Basic life support BLS for Interns.

Department of Oral and Maxillofacial Surgery, St. Gregorios Dental College is organizing a value-added program on Basic life support for BDS final year student on 24.9.2019 to 25.9.2019 at 8 am in college auditorium.

For further reference, reach out to Dr. Sanjith Salim.

**PRINCIPAL**

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St. Gregorios Dental College  
Chelad, Kerala - 686 681

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## BROCHURE

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD  
IN ASSOCIATION WITH  
DENTAL EDUCATION UNIT  
AND DEPT. OF ORAL AND MAXILLOFACIAL SURGERY

**BASIC  
LIFE  
SUPPORT**

**DR. SAJITH SALIM**

— VALUE ADDED PROGRAM —

SEPTEMBER 24-25, 2019  
@ COLLEGE AUDITORIUM



FOR INTERNS



# ST. GREGORIOS DENTAL COLLEGE

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## POST-EVENT REPORT: BASIC LIFE SUPPORT TRAINING

Date: 24.9.2019 to 25.9.2019.

Location: St. Gregorios Dental College, Auditorium

### **Training Methodology:**

The most recent recommendations for using an AED and doing CPR, including the right compression depth, pace, and technique, were taught to the participants. Participants were able to apply their knowledge in simulated cardiac arrest scenarios through practical exercises. The interns received hands-on training from Angels International Foundation personnel, following which they received a certificate.

### **Key Highlights:**

- Detailed talks about the Chain of Survival and how it helps victims of cardiac arrest have better results.
- Extensive training regarding the need of promptly identifying and initiating the emergency response system.
- Hands-on instruction on rescue breathing techniques, airway management, and efficient chest compressions.
- Practical experience with AEDs, highlighting the significance of prompt defibrillation.
- Role-playing games designed to mimic actual situations and boost participants' self-assurance in their capacity to handle emergencies.



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## ATTENDANCE



ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Basic Life Support*

Sl no.	Name of participant	Day 1	Day 2
1	RISWARNA SATHESH	<i>RS</i>	<i>RS</i>
2	RESHMA ELIZABETH	<i>RE</i>	<i>RE</i>
3	Ganay Jimmy	<i>GJ</i>	<i>GJ</i>
4	Deena Davis	<i>DD</i>	<i>DD</i>
5	Amrutha E	<i>AE</i>	<i>AE</i>
6	Angel Kater	<i>AK</i>	<i>AK</i>
7	Sudheesh M	<i>SM</i>	<i>SM</i>
8	Smitthy Xavier	<i>SX</i>	<i>SX</i>
9	Nirusha Jolly Joseph	<i>NJJ</i>	<i>NJJ</i>
10	Alexna Susan Anto	<i>AS</i>	<i>AS</i>
11	Don CHRIS JOSEPH	<i>DCJ</i>	<i>DCJ</i>
12	Goldy Christy	<i>GC</i>	<i>GC</i>
13	Meera Babu	<i>MB</i>	<i>MB</i>
14	MERINA ELIHO	<i>ME</i>	<i>ME</i>
15	GLORY ELIHO	<i>GE</i>	<i>GE</i>
16	ABHISHEK SINDHU	<i>AS</i>	<i>AS</i>
17	Ganesh K.V.	<i>GK</i>	<i>GK</i>
18	Amaly Susan Alexandra	<i>ASA</i>	<i>ASA</i>
19	Amrutha E	<i>AE</i>	<i>AE</i>
20	Anu Anu Bressy	<i>AB</i>	<i>AB</i>

		
PRINCIPAL	DEU Convenor	DEU Secretary



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## TMJ – UNLOCKING THE MYSTERY



**CIRCULAR**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD, KOTHAMANGALAM**

SGDC/CDE/001/2019

23.07.2019

**CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'TMJ – Unlocking The Mystery' for Post Graduate students and faculty members

This is to inform you that a Continuous Dental Education program (CDE) for post graduate students and faculty members is being organised by the Department of Oral Medicine and Radiology on the topic entitled 'TMJ – Unlocking The Mystery' on 26.07.2019 from 10.00am to 11.00am at the college auditorium.

For further reference, reach out to Dr. Bilahari. N



**PRINCIPAL**

**PRINCIPAL**  
St. Gregorios Dental College  
Chelad, Kerala - 686 631



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BROCHURE

## TMJ - UNLOCKING THE MYSTERY

CDE



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD**

**DENTAL EDUCATION UNIT &  
DEPT. OF ORAL MEDICINE & RADIOLOGY**



**DR DEEPAK DHARIYANI**

**POST GRADUATES**

**@ COLLEGE AUDITORIUM  
10.00 - 11.00 AM**

**26** JULY 2019



# ST. GREGORIOS DENTAL COLLEGE

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## POST EVENT REPORT

The goal of the CDE programme TMJ - Unlocking the Mystery, which was held at St. Gregorios Dental College on July 26, 2019, was to give postgraduate dentistry students and staff members useful knowledge and abilities so they could identify and treat patients with TMJ issues. Dr. Deepak Daryani, an aesthetic dentist, implantologist, and TMJ expert, spoke to the students and shared his invaluable knowledge. The purpose of the topic was to improve students' comprehension of the intricate anatomy of the temporomandibular joints and the problems associated with them.

PG students from St. Gregorios Dental College's departments of endodontics and conservative dentistry, prosthodontics and crown and bridge, orthodontics, and dentofacial orthodontics attended the programme. Throughout the whole session, faculty members gave students personalised input that was centred on the fundamental morphology of the joint. Students and other staff members gave the lecture and demonstrations great reviews. Pupils expressed a greater desire to learn more about joint complexity.



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## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE, CHELAD

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: TMJ - UNLOCKING THE MYSTERY

Sl no.	Name of participant	Signature
1.	Kareena Minam Kateel Reynold	[Signature]
2	Jose Nelson	[Signature]
3	Apasna Anand	[Signature]
4	Asha Pous	[Signature]
5	Jesline Maria Jose	[Signature]
6	Manju Krishna EM	[Signature]
7	Sheetal Sara Varghese	[Signature]
8	Anjitha Devalaj	[Signature]
9.	Vinymol J	[Signature]
10.	Jerrin Abraham George	[Signature]
11.	Raksa Mariam Jacob	[Signature]
12	Godwin George Kurian	[Signature]
13.	Reehma Raju	[Signature]
14.	Kiram D Costa J	[Signature]
15.	Merlin Riya Mathew	[Signature]
16.	Jen Thomas	[Signature]
17	Jishou Sivasaman	[Signature]
18	Amrutha Lal	[Signature]
19	Hanishankaran U	[Signature]
20	Jayasree J Prakash	[Signature]
21	Ann George	[Signature]
22	S. Manesh Ahmed.	[Signature]
23	Pooja jayan	[Signature]
24.	Desty Wani	[Signature]

PRINCIPAL	DEU Convenor	DEU Secretary





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## CERTIFICATE





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## Certificate

OF ATTENDANCE

PROUDLY PRESENTED TO

*Dr. Aparna Anand*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
conducted by Dept. of Oral Medicine & Radiology in association with  
Dental Education Unit and IQAC held on 26th July 2019 at  
St. Gregorios Dental College, Chelad

*JM*  
DR. JAIN MATHEW  
PRINCIPAL

*SP*  
DR. SAUGANTH PAUL  
COORDINATOR, IQAC

*AB*  
DR. ALLU BABY  
CONVENOR, DEU

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Dr. Asha Pious

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
conducted by Dept. of Oral Medicine & Radiology in association with  
Dental Education Unit and IQAC held on 26th July 2019 at  
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DR. JAIN MATHEW  
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DR. SAUGANTH PAUL  
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*Dr. Jesline Maria Jose*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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*D. Manju Krishna E.M.*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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*Dr. Sheethal Sara Varghese*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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*D. Anyitha Devaraj*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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*Dr. Vincymol J*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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*D. Raisa Mariam Jacob*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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*Dr. Reshma Raju*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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*Dr. Godwin George Kurian*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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Dr. Kiran D Costa J

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*Dr. Merlin Riya Mathew*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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*Dr. Jerin Thomas*

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*JM*  
DR. JAIN MATHEW  
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*SP*  
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*AB*  
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*D. Vishnu Shivasaman*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
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Dr. Amutha Lal

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
conducted by Dept. of Oral Medicine & Radiology in association with  
Dental Education Unit and IQAC held on 26th July 2019 at  
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DR. JAIN MATHEW  
PRINCIPAL

  
DR. SAUGANTH PAUL  
COORDINATOR, IQAC

  
DR. ALLU BABY  
CONVENOR, DEU

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OF ATTENDANCE


PROUDLY PRESENTED TO

*Dr. Harishankaran U*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
conducted by Dept. of Oral Medicine & Radiology in association with  
Dental Education Unit and IQAC held on 26th July 2019 at  
St. Gregorios Dental College, Chelad

  
DR. JAIN MATHEW  
PRINCIPAL

  
DR. SAUGANTH PAUL  
COORDINATOR, IQAC

  
DR. ALLU BABY  
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*Dr. Jayasree J Prakash*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
conducted by Dept. of Oral Medicine & Radiology in association with  
Dental Education Unit and IQAC held on 26th July 2019 at  
St. Gregorios Dental College, Chelad

DR. JAIN MATHEW  
PRINCIPAL

DR. SAUGANTH PAUL  
COORDINATOR, IQAC

DR. ALLU BABY  
CONVENOR, DEU

**CDG**  
PROGRAM





# ST. GREGORIOS DENTAL COLLEGE

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(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)







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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## Certificate

OF ATTENDANCE

PROUDLY PRESENTED TO

Dr. S. Manesh Abamed

has attended a CDE program on **"TMJ-UNLOCKING THE MYSTERY"**  
conducted by Dept. of Oral Medicine & Radiology in association with  
Dental Education Unit and IQAC held on 26th July 2019 at  
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DR. JAIN MATHEW  
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DR. SAUGANTH PAUL  
COORDINATOR, IQAC

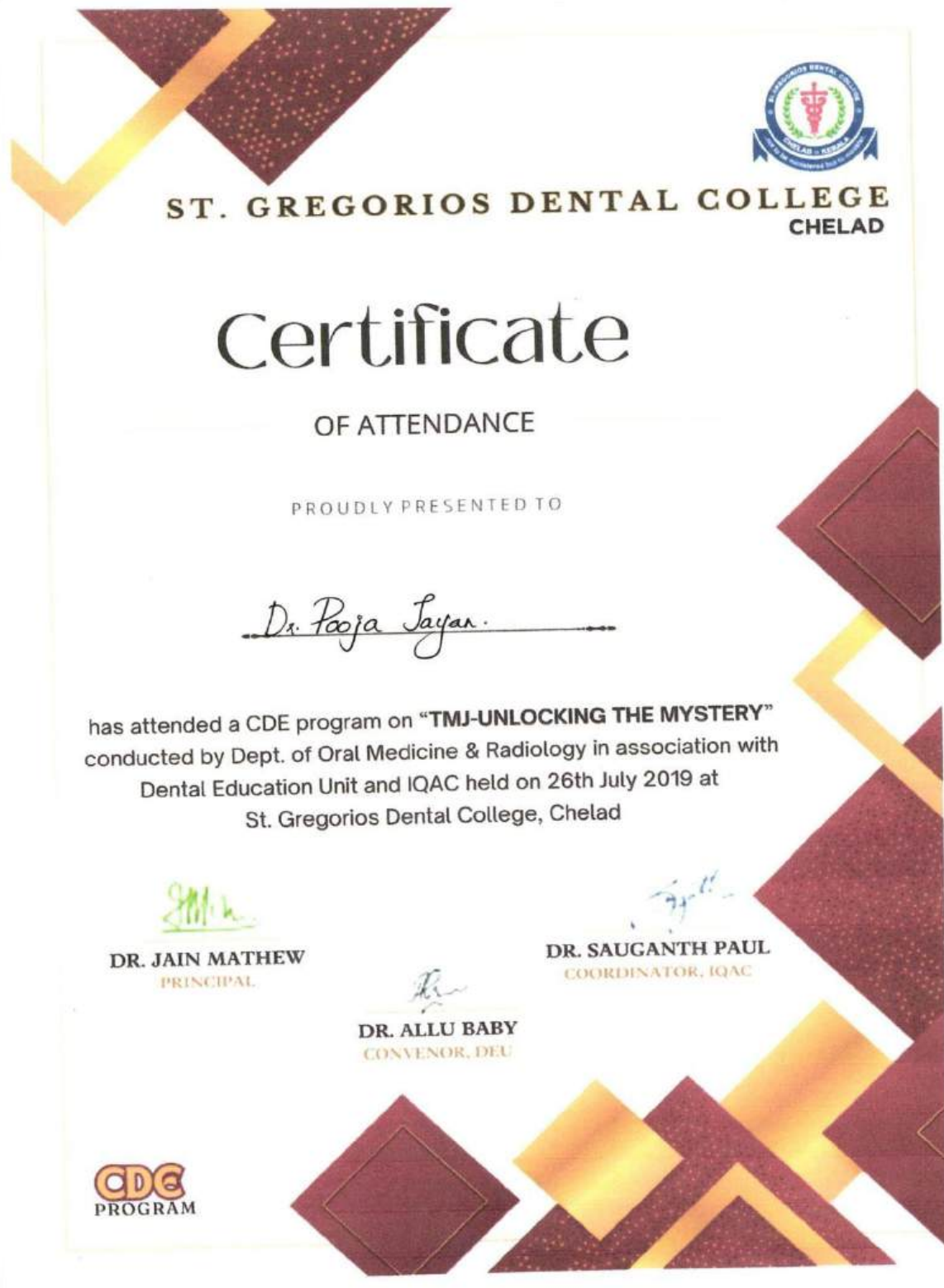
DR. ALLU BABY  
CONVENOR, DEU

**CDG**  
PROGRAM



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ST. GREGORIOS DENTAL COLLEGE  
CHELAD

## Certificate

OF ATTENDANCE

PROUDLY PRESENTED TO

*Dr. Besty Levi*

has attended a CDE program on "TMJ-UNLOCKING THE MYSTERY"  
conducted by Dept. of Oral Medicine & Radiology in association with  
Dental Education Unit and IQAC held on 26th July 2019 at  
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DR. JAIN MATHEW  
PRINCIPAL

DR. SAUGANTH PAUL  
COORDINATOR, IQAC

DR. ALLU BABY  
CONVENOR, DEU

**CDE**  
PROGRAM





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## PHOTOGRAPHS



Photos of CDE ' TMJ Unlocking the mystery



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---

## TRAMPOLIM-CLEFT LIP AND CLEFT PALATE

## CIRCULAR

SGDC/CDE/002/2020

20.01.2020

### CIRCULAR

Subject: Continuous Dental Education program (CDE) entitled 'Trampolim-Cleft Lip And Cleft Palate' for Faculty members and PG students.

This is to inform you that a Continuous Dental Education program (CDE) for Faculty members and PG students is being organised by the Department of Orthodontics and Dentofacial Orthopedics on the topic entitled 'Trampolim-Cleft Lip And Cleft Palate' on 23.01.2020 in the Seminar Hall, Department of Orthodontics from 10:00am to 11:00am.

For further reference, reach out to Dr. Abraham George.



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Chelad, Kerala - 686 681



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## BROCHURE

 **ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

# TRAMPOLINE - CLEFT LIP & CLEFT PALATE



**ORGANIZED BY**  
**DENTAL EDUCATION UNIT &**  
**DEPT. OF ORTHODONTICS & DENTOFACIAL ORTHOPEDICS**

—  
**FOR**  
**ORTHODONTICS - POST GRADUATES**

**23 JANUARY 2020 | SEMINAR HALL**  
**10.00 - 11.00 AM**





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

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## POST EVENT REPORT

TRAMPOLIM-Cleft Lip and Cleft Palate, the CDE program conducted at St. Gregorios Dental College on 23.01.2020 aimed to provide attendees with a comprehensive understanding of the condition, its causes, treatments, and the impact on individuals and families. The lecture, led by Dr. Sherry Peter, a respected expert in the field, provided attendees with thorough insights into the topic, ensuring a valuable learning experience for all participants. The lecture offered valuable insights into cleft lip and palate, helping attendees grasp its complexities and empathize with those affected. As a result, there's a collective desire to provide increased support and inclusion for individuals living with the condition. The program was attended by the postgraduate students of St. Gregorios Dental College. The lecture and demonstrations provided positive feedback from the students and other staff members.



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



**ST.GREGORIOS DENTAL COLLEGE**

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681.

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

Topic: TRAMPOLIM - CLEFT LIP AND PALATE

Date: 23. 01. 2020

Time:

Speaker: DR. SHERRY PETER

Sl No.	Name Of The Delegate	Department	Signature
1.	Dr. Anuj Analeon	OMDR	[Signature]
2.	Dr. Sanjay P. Salim	OMES	[Signature]
3.	Dr. Meenu K. Joseph	Prosthodontics	[Signature]
4.	JITHA	Physiology	[Signature]
5.	Dr. Flotha Baby	Periodontics	[Signature]
6.	Dr. Binu Jayaraj	Orthodontics	[Signature]
7.	Dr. Madhavan Paul	Conservative	[Signature]
8.	Dr. Mathys Rajan	Oral Pathology	[Signature]
9.	Dr. Alvin Baby	CPQE	[Signature]
10.	Dr. Lynette Beech	PHD	[Signature]
11.	Dr. Tony Michael	Orthodontics	[Signature]
12.	Manju Maheshwaran	Anatomy	[Signature]
13.	Jana Rajin	Physiology	[Signature]
14.	Dr. Anil	Periodontics	[Signature]
15.	Nima M Kalapara	Anatomy	[Signature]
16.	Dr. An. K. J.	Prosthodontics	[Signature]
17.	Dr. Anu V. K.	Ped	[Signature]
18.	Dr. ABRAHAM GEORGE	Oral Radiology	[Signature]
19.	Jinu Tony	Microbiology	[Signature]
20.	DR. PAUL KODIYATH	PROSTHODONTICS	[Signature]
21.	DR. ROBIN THERUVIL	Conservative & Endodontics	[Signature]
22.	Dr. Sanganth Paul M.V	Biochemistry	[Signature]
23.	Dr. Reetha Alina	Orthodontics	[Signature]
24.	DR. SAIRA GEORGE	Conservative & Endodontics	[Signature]
25.	Dr. George Francis	Prosthodontics	[Signature]

[Signature]	[Signature]	[Signature]
PRINCIPAL	DEU CONVENOR	DEU SECRETARY



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## CERTIFICATE



**ST. GREGORIOS  
DENTAL COLLEGE**  
CHELAD

# *Certificate*

OF ATTENDANCE

This Certificate is Presented To :

*Dr. JISHNU SIVARAMAN*

has attended a CDE program on  
**"TRAMPOLIM - CLEFT LIP & CLEFT PALATE"**  
conducted by Dept. of Orthodontics & Dentofacial Orthopedics  
in association with Dental Education Unit and IQAC held on 23rd  
January 2020 at St. Gregorios Dental College, Chelad

 _____ <b>Dr. Jain Mathew</b> PRINCIPAL	 _____ <b>Dr. Allu Baby</b> CONVENOR. DEU	 _____ <b>Dr. Sauganth Paul</b> COORDINATOR. IQAC
---	---	--





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## ST. GREGORIOS DENTAL COLLEGE

CHELAD

# Certificate

## OF ATTENDANCE

This Certificate is Presented To :

*DR. AMURTHA LAL*

has attended a CDE program on  
**"TRAMPOLIM - CLEFT LIP & CLEFT PALATE"**  
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**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Allu Baby**  
CONVENOR, DEU

**Dr. Sauganth Paul**  
COORDINATOR, IQAC





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ST. GREGORIOS  
DENTAL COLLEGE

CHELAD

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This Certificate is Presented To :

*DR. APARNA ANAND*

has attended a CDE program on

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CHELAD

## Certificate OF ATTENDANCE

This Certificate is Presented To :

*DR. SHEETHAL SARA VARGHESE*

has attended a CDE program on

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PRINCIPAL

**Dr. Sauganth Paul**  
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CONVENOR, DEU



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## Certificate OF ATTENDANCE

This Certificate is Presented To :

Dr. JAYASREE J. PRAKASH.

has attended a CDE program on

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This Certificate is Presented To :

DR. MANJU KRISHNA E.M.

has attended a CDE program on  
"TRAMPOLIM - CLEFT LIP & CLEFT PALATE"  
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PRINCIPAL

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COORDINATOR, IQAC

Dr. Allu Baby  
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ST. GREGORIOS  
DENTAL COLLEGE  
CHELAD

## Certificate OF ATTENDANCE

This Certificate is Presented To :

*DR. GODWIN GEORGE KURIAN*

has attended a CDE program on  
"TRAMPOLIM - CLEFT LIP & CLEFT PALATE"  
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Dr. Jain Mathew  
PRINCIPAL

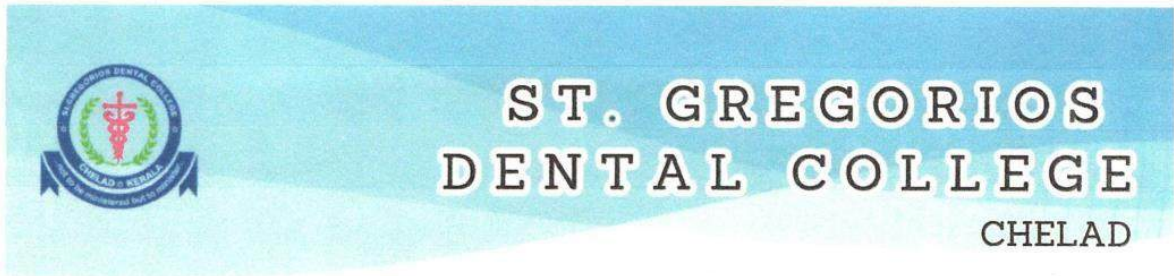
Dr. Allu Baby  
CONVENOR. DEU

Dr. Sauganth Paul  
COORDINATOR. IQAC



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## Certificate OF ATTENDANCE

This Certificate is Presented To :

DR. VINCYMOL J

has attended a CDE program on  
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PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU





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ST. GREGORIOS  
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CHELAD

## Certificate OF ATTENDANCE

This Certificate is Presented To :

*DR. BESTY LEVI*

has attended a CDE program on  
"TRAMPOLIM - CLEFT LIP & CLEFT PALATE"  
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**Dr. Sauganth Paul**  
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CHELAD

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This Certificate is Presented To :

*Dr. JOSE NELSON*

has attended a CDE program on  
"TRAMPOLIM - CLEFT LIP & CLEFT PALATE"  
conducted by Dept. of Orthodontics & Dentofacial Orthopedics  
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January 2020 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL

Dr. Allu Baby  
CONVENOR, DEU

Dr. Sauganth Paul  
COORDINATOR, IQAC





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ST. GREGORIOS  
DENTAL COLLEGE  
CHELAD

## Certificate OF ATTENDANCE

This Certificate is Presented To :

*Dr. HARISHANKARAN U.*

has attended a CDE program on  
"TRAMPOLIM - CLEFT LIP & CLEFT PALATE"  
conducted by Dept. of Orthodontics & Dentofacial Orthopedics  
in association with Dental Education Unit and IQAC held on 23rd  
January 2020 at St. Gregorios Dental College, Chelad

Dr. Jain Mathew  
PRINCIPAL

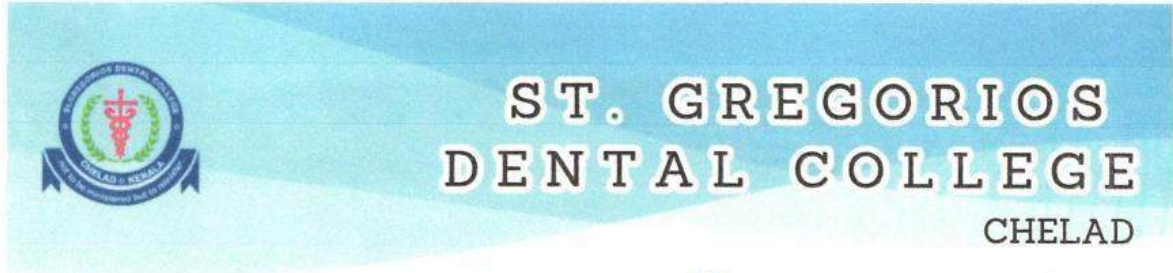
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## Certificate OF ATTENDANCE

This Certificate is Presented To :

*DR. ANN GEORGIE*

has attended a CDE program on  
**"TRAMPOLIM - CLEFT LIP & CLEFT PALATE"**  
conducted by Dept. of Orthodontics & Dentofacial Orthopedics  
in association with Dental Education Unit and IQAC held on 23rd  
January 2020 at St. Gregorios Dental College, Chelad

**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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## PHOTOGRAPHS





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---

## CLEFT LIP AND PALATE: PAST PRESENT AND FUTURE



# CIRCULAR

## ST GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/002/2019

14.08.2019

### CIRCULAR

Subject: Continuous Dental Education program (CDE) on 'Cleft Lip And Palate: Past, Present And Future' for post graduate students and staff

This is to inform you that a Continuous Dental Education program (CDE) for postgraduate students and staff is being organised by the Department of Oral and Maxillofacial Surgery on the topic entitled 'Cleft Lip And Palate: Past Present And Future' on 16.08.2019 at the college auditorium.

For further reference, reach out to Dr. Sanjith Salim



A handwritten signature in green ink, appearing to be 'S. Salim', written over a horizontal line.

**PRINCIPAL**

PRINCIPAL  
St. Gregorios Dental College  
Chelad, Kerala - 686 681

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BROCHURE



## ST. GREGORIOS DENTAL COLLEGE CHELAD

DENTAL EDUCATION UNIT &  
DEPT. OF ORAL & MAXILLOFACIAL SURGERY

# CLEFT LIP AND PALATE ; PAST PRESENT & FUTURE



*Resource Person*

**DR MATHEW P C**

**POST GRADUATES**

**@ COLLEGE AUDITORIUM**

**10.00 - 11.00 AM**

**16 AUGUST 2019**





# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

---

## POST EVENT REPORT

Cleft Lip and Palate: Past Present and Future, the CDE program conducted at St. Gregorios Dental College on 16.08.2019 aimed to provide valuable insights and skills for the postgraduate dental students to effectively diagnose and manage the patients with cleft lip and palate. The class was taken by Dr. Mathew P C MDS. The aim of the class was to provide students with a comprehensive understanding of cleft lip and palate, including their definition, prevalence, causes, effects on individuals, and multidisciplinary management. By exploring these topics, the class aimed to equip participants with the knowledge and skills necessary to effectively care for individuals affected by these conditions and improve their overall quality of life. The program was attended by the postgraduate students of St. Gregorios Dental College. Faculty members provided individualised feedback to students during the entire session focusing on the diagnosis and management of cleft. The lecture received positive feedback from the students and other staff members.

Students reported increased desire to know more about the advancements in managing cleft lip and palate.



# ST. GREGORIOS DENTAL COLLEGE

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CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

## ATTENDANCE



### ST. GREGORIOS DENTAL COLLEGE

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681.

(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

Topic: CLEFT LIP AND PALATE ; PAST, PRESENT AND FUTURE  
Date: 16-8-2019  
Time:  
Speaker: DR. MATHEW P.C.

Sl No.	Name Of The Delegate	Department	Signature
1	Dr. Jami Mullu	Conservative	[Signature]
2	Dr. Mathew Alari	Prosthodontics	[Signature]
3	Dr. Robin Theeruvu	Conservative & Endodontics	[Signature]
4	Dr. Saira George	Conservative & Endodontics	[Signature]
5	Dr. George Frangul	Prosthodontics	[Signature]
6	Dr. Elizabeth Babu	Pedodontics	[Signature]
7	Dr. Allen Baby	Conservative Dentistry	[Signature]
8	Dr. Renji K Paul	Orthodontics	[Signature]
9	Dr. Anula S	Periodontics	[Signature]
10	Dr. Meera K. Joseph	Prosthodontics	[Signature]
11	Dr. Anurag K. J	Prosthodontics	[Signature]
12	Dr. Nudha Paul	Conservative	[Signature]
13	Dr. Ananya K. J	Period	[Signature]
14	JITHA K S	Physiology	[Signature]
15	Dr. Binny Kuttan	Orthodontics	[Signature]
16	Dr. Tony Michael	Orthodontics	[Signature]
17	Dr. Merlyn Rajan	Oral Pathology	[Signature]
18	Liny Tony	Microbiology	[Signature]
19	Shreya Rajin	Physiology	[Signature]
20	Nima M. Kalapna	Anatomy	[Signature]
21	Dr. Lynette Beem	PHD	[Signature]
22	Dr. I. BRAMAN GEORGE	Orthodontics	[Signature]
23	Manju Manoharan	Anatomy	[Signature]
24	DR. PAUL KARIYATU	Prosthodontics	[Signature]
25	Dr. Sangamth Paul M.V	Biochemistry	[Signature]

PRINCIPAL	DEU CONVENOR	DEU SECRETARY

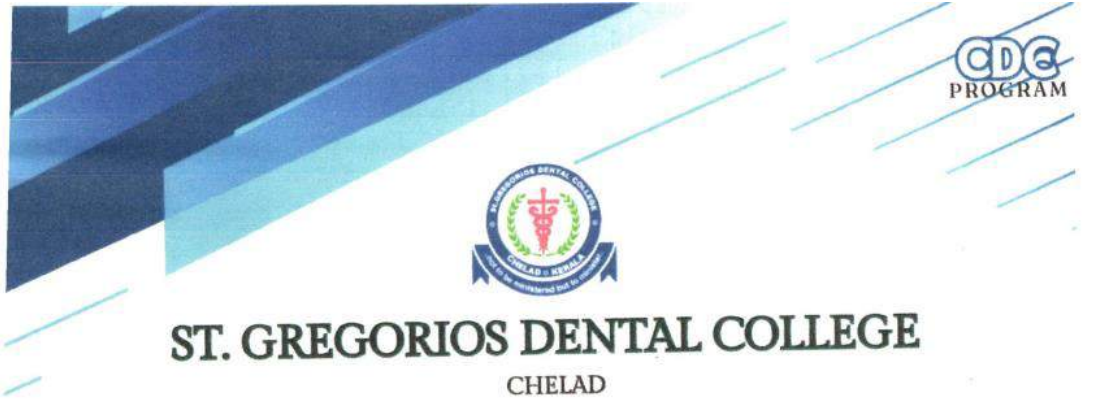




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## CERTIFICATE



# CERTIFICATE OF ATTENDANCE


THIS IS PRESENTED TO

Dr. MERLIN RIYA MATHEW

has attended a CDE program on  
**“CLEFT LIP & PALATE - PAST, PRESENT & FUTURE”**  
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Dr. Jain Mathew  
PRINCIPAL

  
Dr. Allu Baby  
CONVENOR, DEU

  
Dr. Sauganth Paul  
COORDINATOR, IQAC



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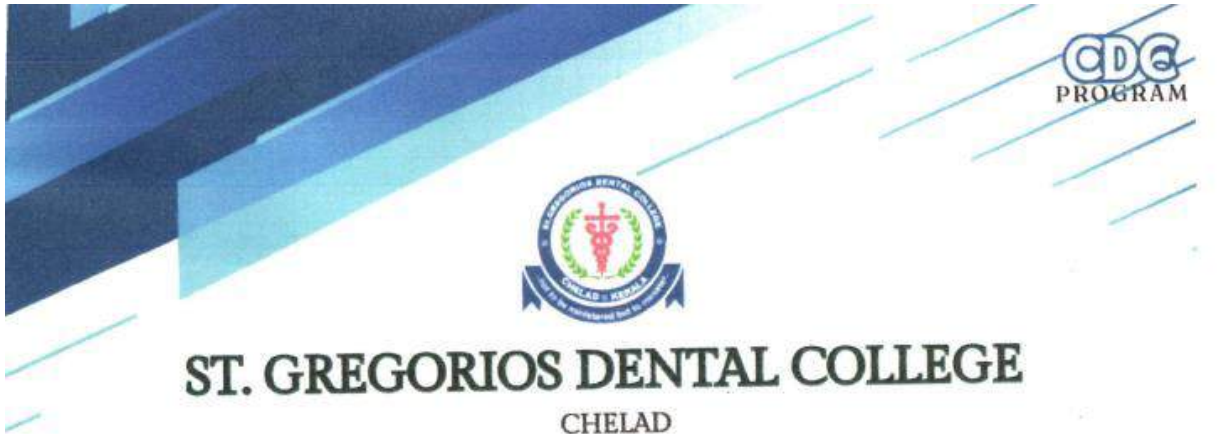
  
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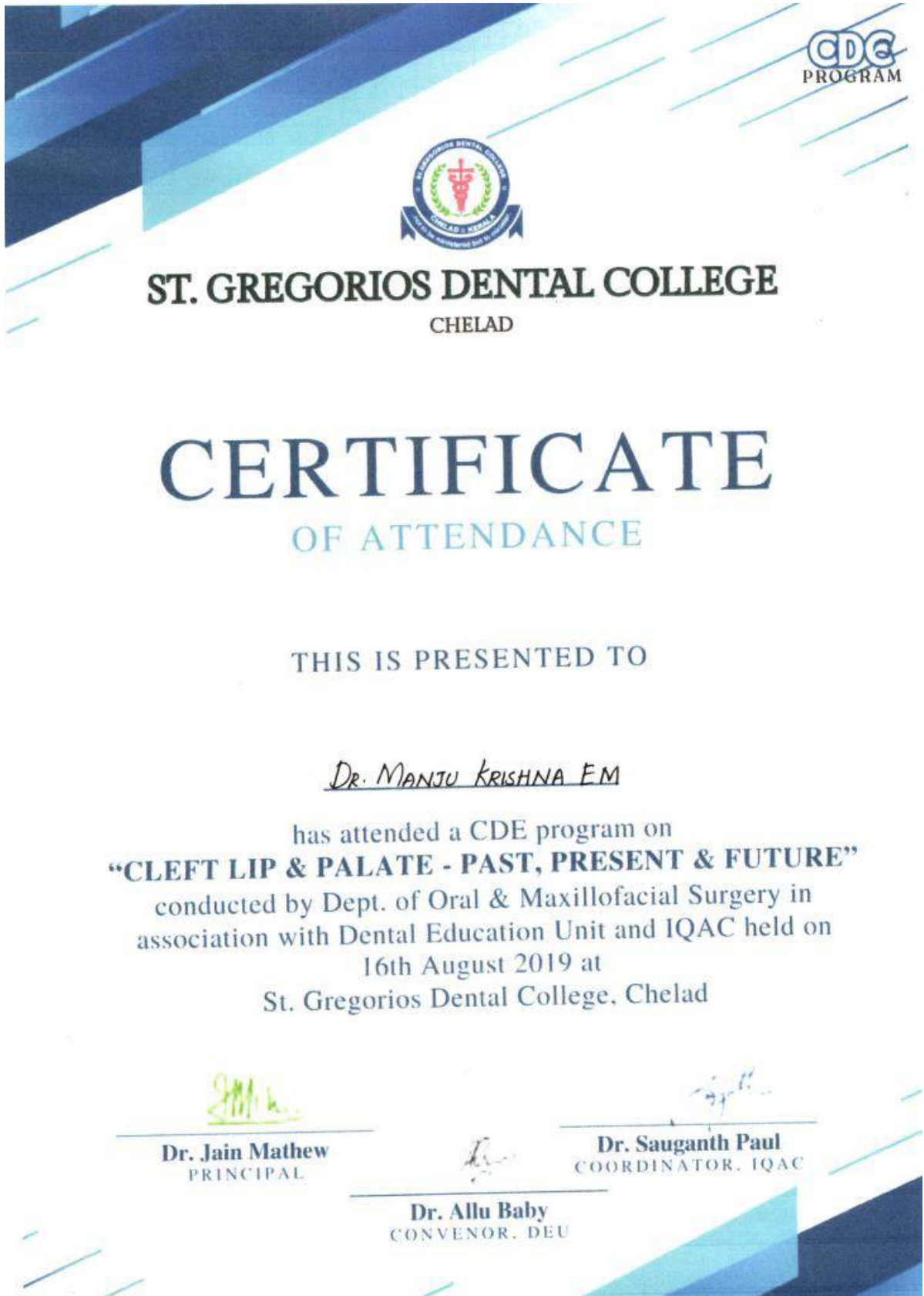
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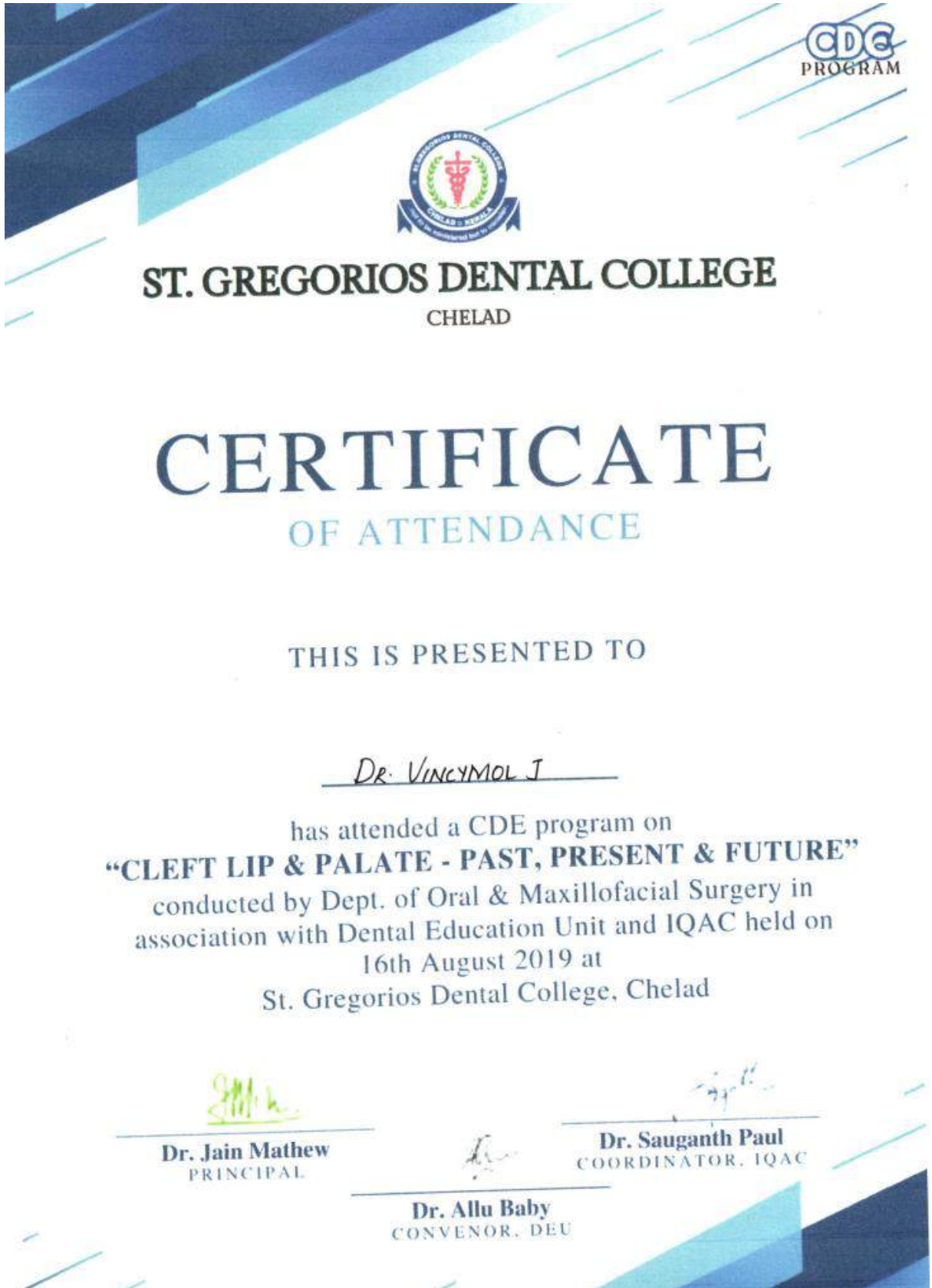
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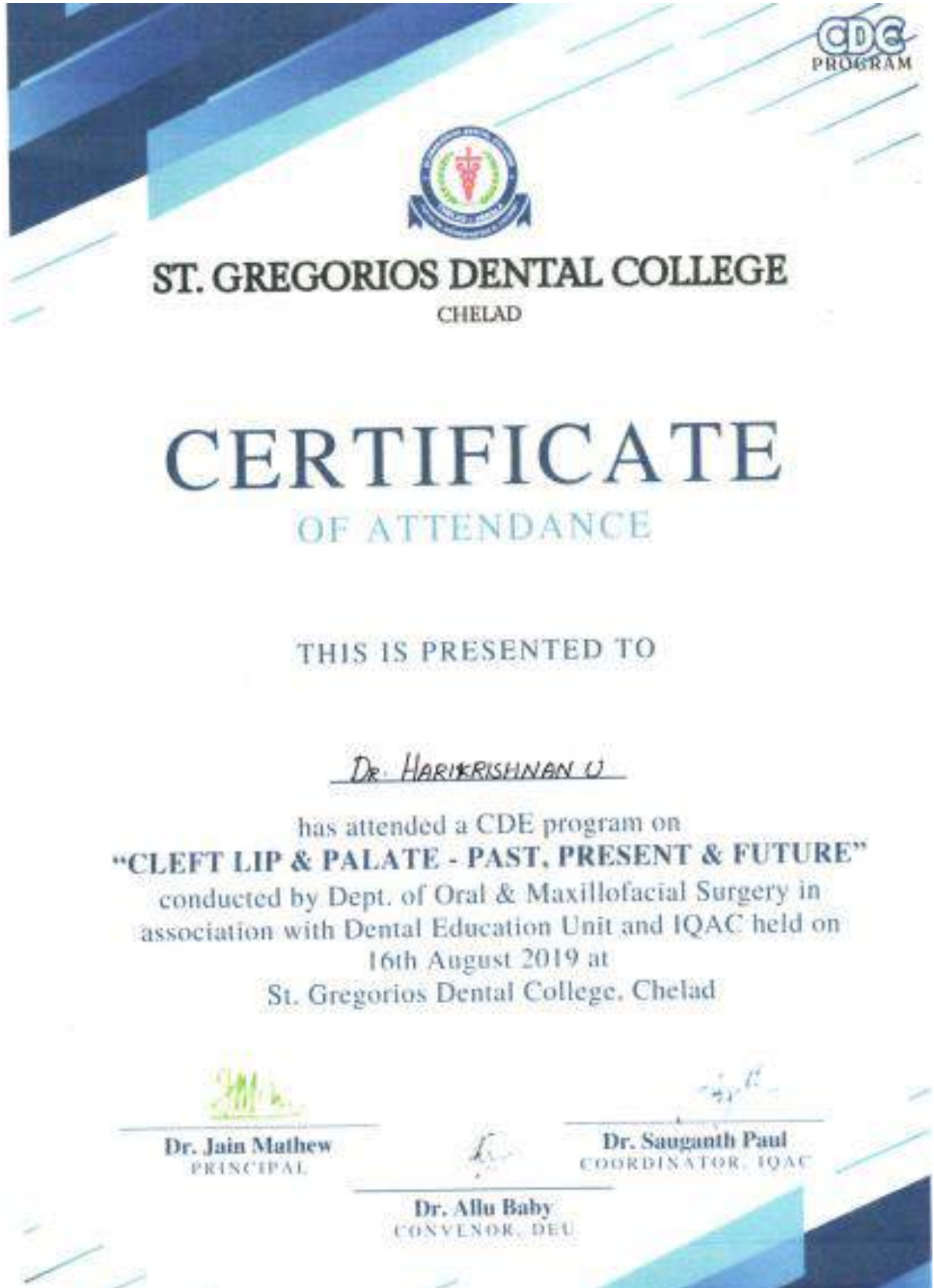
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## PHOTOGRAPHS



## PHOTOS OF CDE PROGRAM MANAGEMENT OF CLEFT LIP AND PALATE



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## RECENT ADVANCES IN POST SYSTEMS

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/005/2019

18.11.2019

### CIRCULAR

Subject: Continuous Dental Education program (CDE) on 'Recent Advances In Post Systems' for Post Graduate students of Department of Conservative Dentistry & Endodontics and faculty members

This is to inform you that a Continuous Dental Education program (CDE) for PG students and faculty members of Department of Conservative Dentistry and Endodontics is being organised by the Department of Conservative Dentistry and Endodontics on the topic entitled 'Recent Advances in Post Systems' on 20.11.2019 at the department seminar hall from 10am to 11am

For further reference, reach out to Dr. Midhun Paul



**PRINCIPAL**



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Chelad, Kerala - 686 681



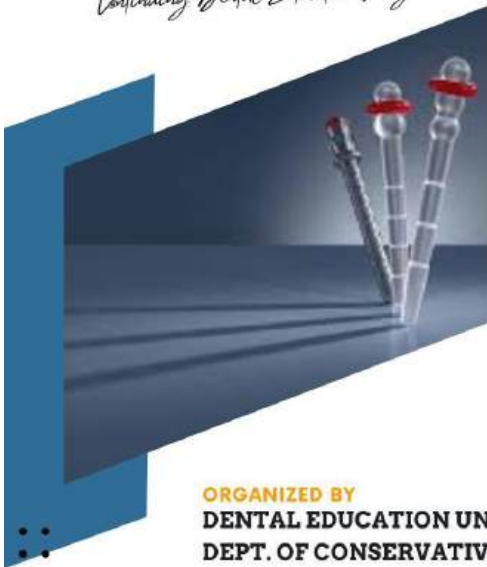
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BROCHURE

## RECENT ADVANCES IN POST SYSTEMS

*Continuing Dental Education Program*



**TARGET:  
ENDO-POST GRADUATES**

**ORGANIZED BY  
DENTAL EDUCATION UNIT &  
DEPT. OF CONSERVATIVE & ENDODONTICS**



**RESOURCE PERSON  
DR PRASANTH DHANAPAL**

**10.00 - 11.00 AM**

**20 NOVEMBER 2019  
@ SEMINAR HALL**



**ST. GREGORIOS DENTAL COLLEGE  
CHELAD**





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## POST EVENT REPORT

The Department of Conservative Dentistry and Endodontics held a seminar in their department seminar hall on November 20, 2019, with the theme "RECENT ADVANCES IN POST SYSTEMS," for postgraduate students and faculty members. Dr. Prasanth Dhanapal, a well-known endodontist and dental surgeon from Kochi, started out by outlining the function and significance of post systems in restorative dentistry, emphasising their part in giving dental prostheses structural stability and guaranteeing long-term success. In addition, he talked about the most recent developments in post design, such as the production of tailored posts using CAD/CAM technology and the usage of post shapes for improved stability and retention. The characteristics and benefits of the most current developments in post materials were discussed in the lecture. The topic provided new clinicians with an understanding of current clinical applications and procedures. The postgraduate students listened intently to the speaker and showed great interest in him. The students found the seminar to be an invaluable resource for their next academic projects and research pursuits in this area.







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*OF ATTENDANCE*


This certificate is proudly present to :


DR. ASHA PIOUS


has actively participated in the CDE program on:

**RECENT ADVANCES IN  
POST SYSTEM**

held on 20th November 2019 at St. Gregorios Dental College,  
organized by Dept. of Conservative & Endodontics, dental  
Education unit & IQAC

  
**Dr. Jain Mathew**  
PRINCIPAL

  
**Dr. Allu Baby**  
CONVENOR, DEU

  
**Dr. Sauganth Paul**  
COORDINATOR, IQAC



# ST. GREGORIOS DENTAL COLLEGE

UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681  
(AFFILIATED TO KERALA UNIVERSITY OF HEALTH SCIENCES)

CDE  
PROGRAM



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CHELAD

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*DR. JESLINE MARIA JOSE*

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PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

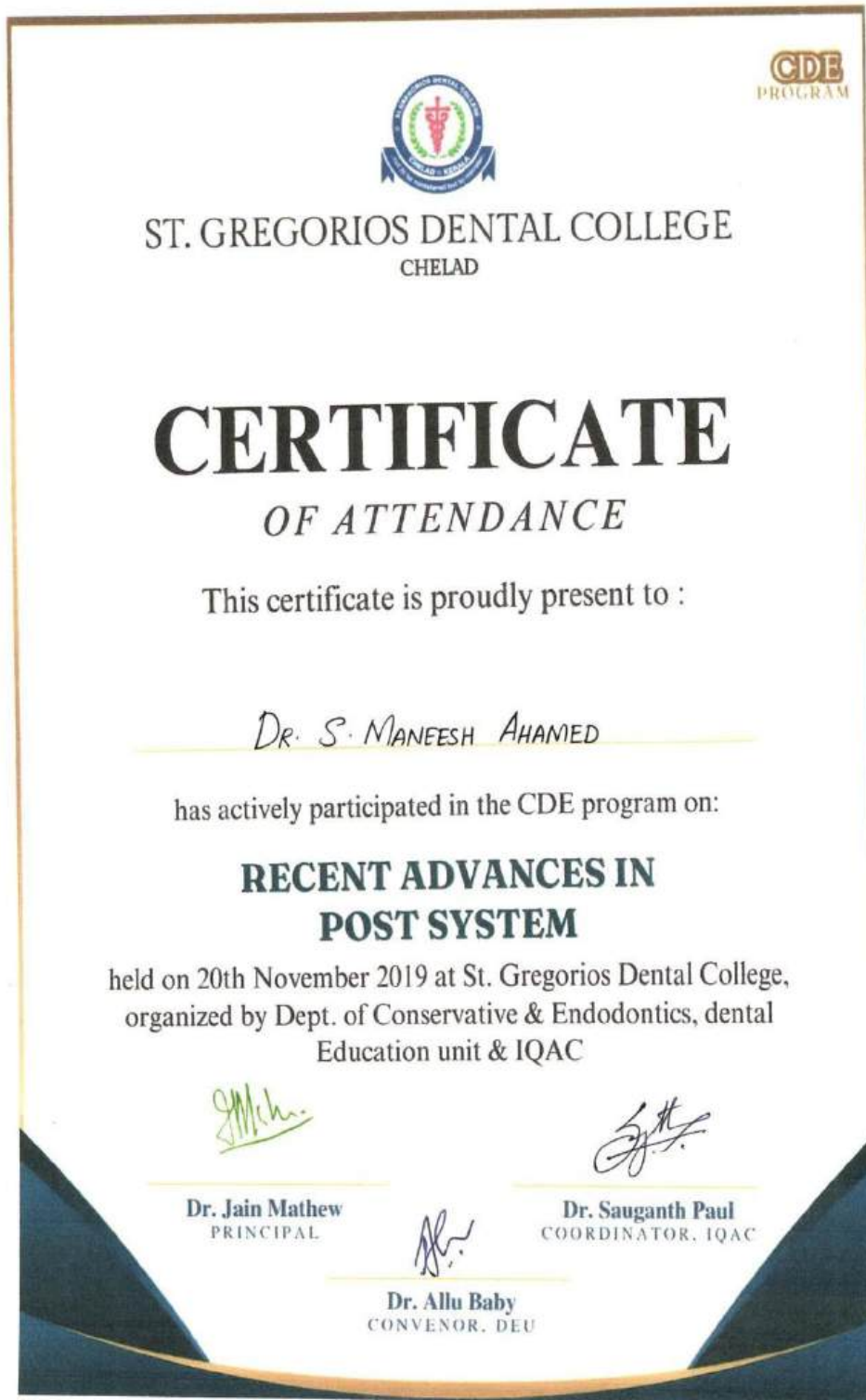
Dr. Allu Baby  
CONVENOR, DEU





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*DR. POOJA JAYAN*

has actively participated in the CDE program on:

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**Dr. Jain Mathew**  
PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
CONVENOR, DEU



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This certificate is proudly present to :

*DR. JERIN ABRAHAM GEORGIE*

has actively participated in the CDE program on:

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PRINCIPAL

**Dr. Sauganth Paul**  
COORDINATOR, IQAC

**Dr. Allu Baby**  
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*DR. MANJU KRISHNA EM*

has actively participated in the CDE program on:

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organized by Dept. of Conservative & Endodontics, dental  
Education unit & IQAC

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PRINCIPAL

Dr. Sauganth Paul  
COORDINATOR, IQAC

Dr. Allu Baby  
CONVENOR, DEU





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## PHOTOGRAPHS



Photos of CDE program 'Recent Advances in Post Systems'



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## EMPLOYEABILITY SKILL DEVELOPMENT



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## IMPLEMENT OF HEALTHY SMILE

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALAM

SGDC/CDE/001/2020

03.01.2020

### CIRCULAR

Subject: Continuous Dental Education program (CDE) entitled 'Implement of Healthy Smile' for Faculty members and PG students from the Department of Conservative Dentistry and Endodontics.

This is to inform you that a Continuous Dental Education program (CDE) for Endodontic PG students and Faculty members is being organised by the Department of Conservative Dentistry and Endodontics on the topic entitled 'Implement of Healthy Smile' on 06.01.2020 in the Seminar Hall, Department of Conservative Dentistry and Endodontics from 8:00am to 4:00pm.

For further reference, reach out to Dr. Allu Baby.



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## BROCHURE



### ST. GREGORIOS DENTAL COLLEGE CHELAD

# Implement of Healthy Smile

## **CDE PROGRAM** **ENDO-POST GRADUATES**



RESOURCE PERSONS

**DR PRATHAP SINGH**



**2020**  
**06 JANUARY**



**TIME & VENUE**  
**8.00 AM - 4.00 PM / SEMINAR HALL**

ORGANIZED BY

DEPT. OF CONSERVATIVE DENTISTRY & ENDODONTICS  
St. Gregorios Dental College



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## POST EVENT REPORT

'Implementation of a Healthy Smile', the CDE program conducted at St. Gregorios Dental College on 06.01.2020 aimed to educate participants on the practical aspects of achieving and maintaining optimal oral health. The event featured a comprehensive exploration of various topics, including oral hygiene practices, preventive care strategies, nutrition and oral health, the relationship between oral health and systemic health, promoting oral health awareness, and hands-on activities.

The lecture, led by Dr. Pratap Singh, commenced with an engaging discussion on the importance of oral health in overall well-being, emphasizing the significance of preventive care. Participants actively engaged in interactive sessions, demonstrating a keen interest in learning proper oral hygiene techniques and preventive care strategies. Feedback from participants was overwhelmingly positive, with many expressing appreciation for the informative content and interactive format of the event. Key highlights mentioned by participants included the practical nature of the activities, the clarity of the presentations, and the opportunity to engage in meaningful discussions with fellow attendees.







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## CERTIFICATE

**CDE PROGRAM**

**ST. GREGORIOS DENTAL COLLEGE**  
CHELAD

# CERTIFICATE

OF APPRECIATION

PROUDLY PRESENTED TO

*Dr. Abha Pious*

has attended a **CDE** program on  
**"IMPLEMENT OF HEALTHY SMILES"**  
conducted by Dept. of Conservative & Endodontics in  
association with Dental Education unit & IQAC  
held on 06th January 2020 at St. Gregorios Dental College,  
Chelad

*Jain Mathew*  
**Dr. Jain Mathew**  
PRINCIPAL

*Allu Baby*  
**Dr. Allu Baby**  
CONVENER, DEU

*Sauganth Paul*  
**Dr. Sauganth Paul**  
COORDINATOR, IQAC





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*[Signature]*  
Dr. Jain Mathew  
PRINCIPAL

*[Signature]*  
Dr. Allu Baby  
CONVENOR, DEU

*[Signature]*  
Dr. Sauganth Paul  
COORDINATOR, IQAC





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*J. Mathew*  
Dr. Jain Mathew  
PRINCIPAL

*A. Baby*  
Dr. Allu Baby  
CONVENOR, DEU

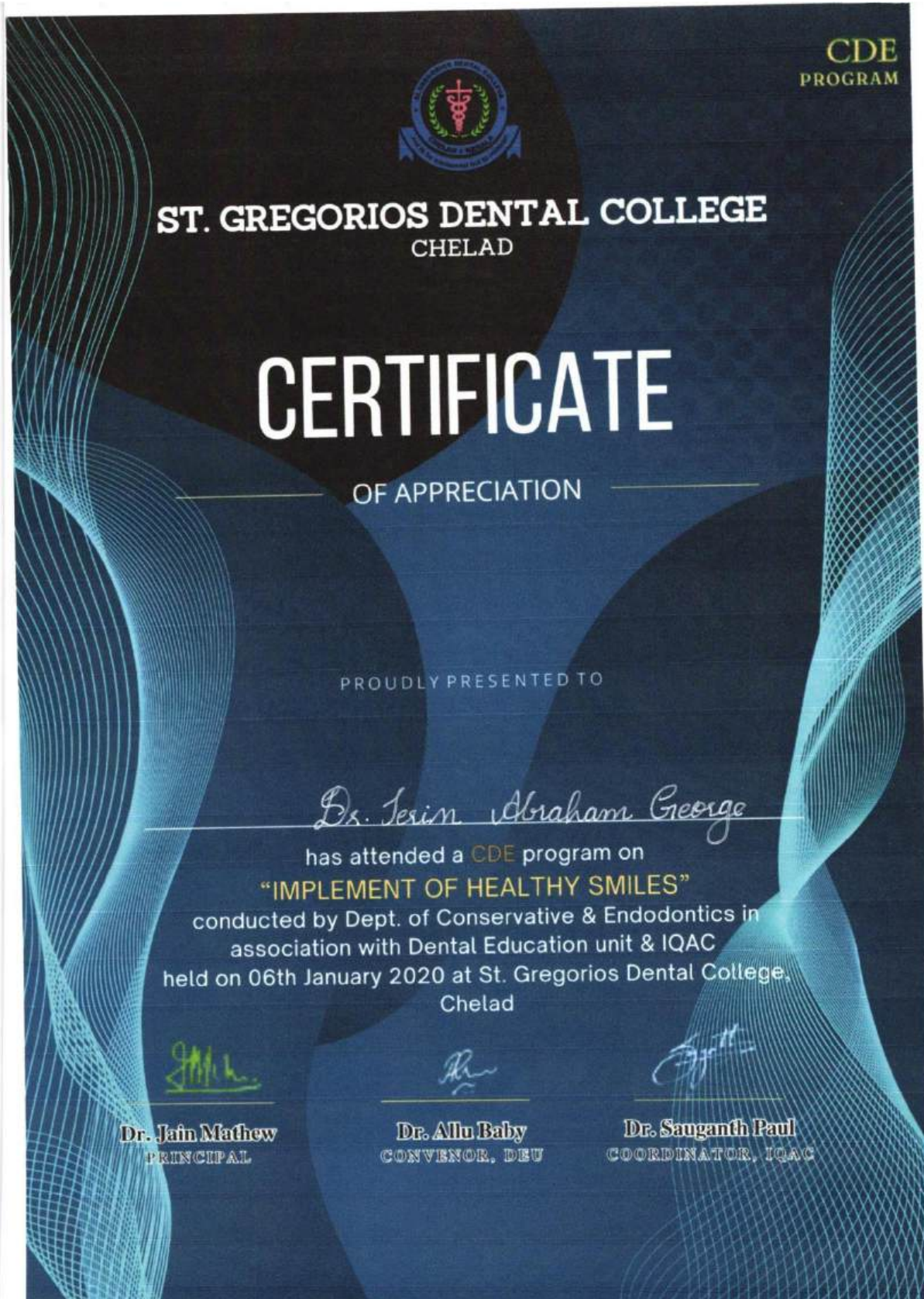
*S. Paul*  
Dr. Sauganth Paul  
COORDINATOR, IQAC





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**Dr. Jain Mathew**  
PRINCIPAL

  
**Dr. Allu Baby**  
CONVENOR, DEU

  
**Dr. Sauganth Paul**  
COORDINATOR, IQAC





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**CDE PROGRAM**

**ST. GREGORIOS DENTAL COLLEGE  
CHELAD**

# CERTIFICATE

OF APPRECIATION

PROUDLY PRESENTED TO

*Dr. Pooja Jayan*

has attended a **CDE** program on  
**"IMPLEMENT OF HEALTHY SMILES"**  
conducted by Dept. of Conservative & Endodontics in  
association with Dental Education unit & IQAC  
held on 06th January 2020 at St. Gregorios Dental College,  
Chelad

*Jain Mathew*  
**Dr. Jain Mathew**  
PRINCIPAL

*Allu Baby*  
**Dr. Allu Baby**  
CONVENOR, DEU

*Sauganth Paul*  
**Dr. Sauganth Paul**  
COORDINATOR, IQAC





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## PHOTOGRAPHS



PHOTOGRAPHS OF CDE PROGRAM ENTITLED 'IMPLEMENT OF HEALTHY SMILES'



# ST. GREGORIOS DENTAL COLLEGE

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## ETHICS IN DENTAL PRACTICE

# CIRCULAR

## ST. GREGORIOS DENTAL COLLEGE CHELAD, KOTHAMANGALM

SGDC/CDE/004/2019

17.10.2019 **CIRCULAR**

Subject: Continuous Dental Education program (CDE) on 'Ethics In Dental Practice'

This is to inform you that a Continuous Dental Education program (CDE) for faculty members and 1<sup>st</sup> year postgraduate students is being organised by the Department of Orthodontics and Dentofacial Orthopaedics on the topic entitled 'Ethics In Dental Practice' on 21.10.2019 from 10.00am to 11.00am at the college auditorium. Interested students are also invited

For further reference, reach out to Dr. Tony Michael



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Chelad, Kerala - 686 681

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## BROCHURE

 **ST. GREGORIOS DENTAL COLLEGE**  
CHELAD


# ETHICS IN DENTAL PRACTICE

CDE FOR UG AND FIRST YEAR PG

In association with  
ETHICAL COMMITTEE  
DENTAL EDUCATION UNIT  
DEPT. OF ORTHODONTICS & DENTOFACIAL ORTHOPEDICS

Dental Ethics

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[www.CenteanStdent.com](http://www.CenteanStdent.com)

 **RESOURCE PERSON**  
**DR. BINNOY KURIAN**

10.00-11.00 AM | 21 OCTOBER 2019 | COLLEGE AUDITORIUM





# ST. GREGORIOS DENTAL COLLEGE

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## POST EVENT REPORT


The goal of the CDE programme, Ethics in Dental Practice, which took place at St. Gregorios Dental College on October 21, 2019, was to discuss with third-year and new postgraduate students the ethical issues and difficulties that dental professionals confront in their day-to-day work. The goal of the seminar was to give dentists a forum to talk about moral conundrums, exchange best practices, and deepen their grasp of moral guidelines in dentistry. The esteemed Dr. Binnoy Kurian, a renowned orthodontist from Kochi who also serves as the Head of the Department of Orthodontics and Dentofacial Orthopaedics, gave a thought-provoking talk on the foundational ethics of dentistry, highlighting the significance of beneficence, non-maleficence, justice, and patient autonomy. He offered helpful advice on how to handle moral conundrums that arise frequently in dentistry practice, like informed consent, patient confidentiality, and conflicts of interest. He talked about the legal ramifications of ethical transgressions in dentistry, using case studies and pertinent laws to show the negative effects of misbehaviour on the profession. In order to build ethical decision-making abilities, the programme included interactive sessions where students may examine case studies, take part in role-playing activities, and work with peers. After attending the seminar, attendees have gained important knowledge and resources to help them deal with moral dilemmas and maintain the highest standards of professionalism in their work.



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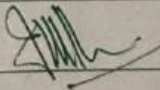

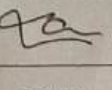
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## ATTENDANCE

 **ST. GREGORIOS DENTAL COLLEGE, CHELAD**  
UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ  
CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA- 686681

TOPIC: *ETHICS IN DENTAL PRACTICE*

Sl no.	Name of participant	Signature
1.	<i>Amelva D Cruz</i>	<i>[Signature]</i>
2	<i>Treasa Elizabeth James</i>	<i>[Signature]</i>
3	<i>Annie Treasa Jeky</i>	<i>[Signature]</i>
4	<i>Bhavana Ann Prasadh</i>	<i>[Signature]</i>
5	<i>Angel Mary</i>	<i>[Signature]</i>
6	<i>Tea Miriam</i>	<i>[Signature]</i>
7	<i>Akhil Varhese</i>	<i>[Signature]</i>
8	<i>Zoya Baby</i>	<i>[Signature]</i>
9	<i>Pinky Abrahams</i>	<i>[Signature]</i>
10	<i>Rickky Petal</i>	<i>[Signature]</i>
11	<i>Cecilia Sunny</i>	<i>[Signature]</i>
12	<i>Elbe Jacob</i>	<i>[Signature]</i>
13	<i>Johan V. Zachariah</i>	<i>[Signature]</i>
14	<i>Sarah Varghese</i>	<i>[Signature]</i>
15	<i>Divya Mary Philip</i>	<i>[Signature]</i>
16	<i>Amrutha Lakshmi</i>	<i>[Signature]</i>
17	<i>Maria Rani</i>	<i>[Signature]</i>
18	<i>Soosamma Johnson</i>	<i>[Signature]</i>
19	<i>Alaina Mathew</i>	<i>[Signature]</i>
20	<i>Agna K. Cheevari</i>	<i>[Signature]</i>
21	<i>Shoba A Matt</i>	<i>[Signature]</i>
22	<i>ATHIRA PISHARODY</i>	<i>[Signature]</i>
23	<i>Ruth Rachel</i>	<i>[Signature]</i>
24	<i>scatty S</i>	<i>[Signature]</i>
25	<i>Rube</i>	<i>[Signature]</i>

		
PRINCIPAL	DEU Convener	DEU Secretary



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UNDER THE MANAGEMENT OF MJSCE TRUST, PUTHENCRUZ

CHELAD, KOTHAMANGALAM, ERNAKULAM DIST, KERALA - 686681

TOPIC: *Etiology in Dental Practice.*

Sl no.	Name of participant	Signature
26.	Anagha P.R	
27.	Mahalekchmi Nair.	
28.	Sheethal K.S	
29.	Shamila Sulam.	
30.	Akshaya	
31.	Dijil David M.	
32.	Minnu B Mannath	
33.	Cracia Benny.	
34.	Aswathi Dhand	
35.	AKSHARA KURIEN.	
36.	Jose Saji Anwar.	
37.	Anitta Mathew	
38.	DR. RAISA MARIUM.	
39.	Dr. Jeeid Abraham.	
40.	Dr. Pooja Jain	
41.	Dr Jose Nelson.	
42.	DR. JISHNU SIVARAMAN.	
43.	Dr. Karishankar . V.	
44.	Dr. Kareena Miriam Kapriel Reynold.	
45.	DR. ANN MARIA .	
46.	Dr. Ann George.	

PRINCIPAL	DEU Convenor	DEU Secretary

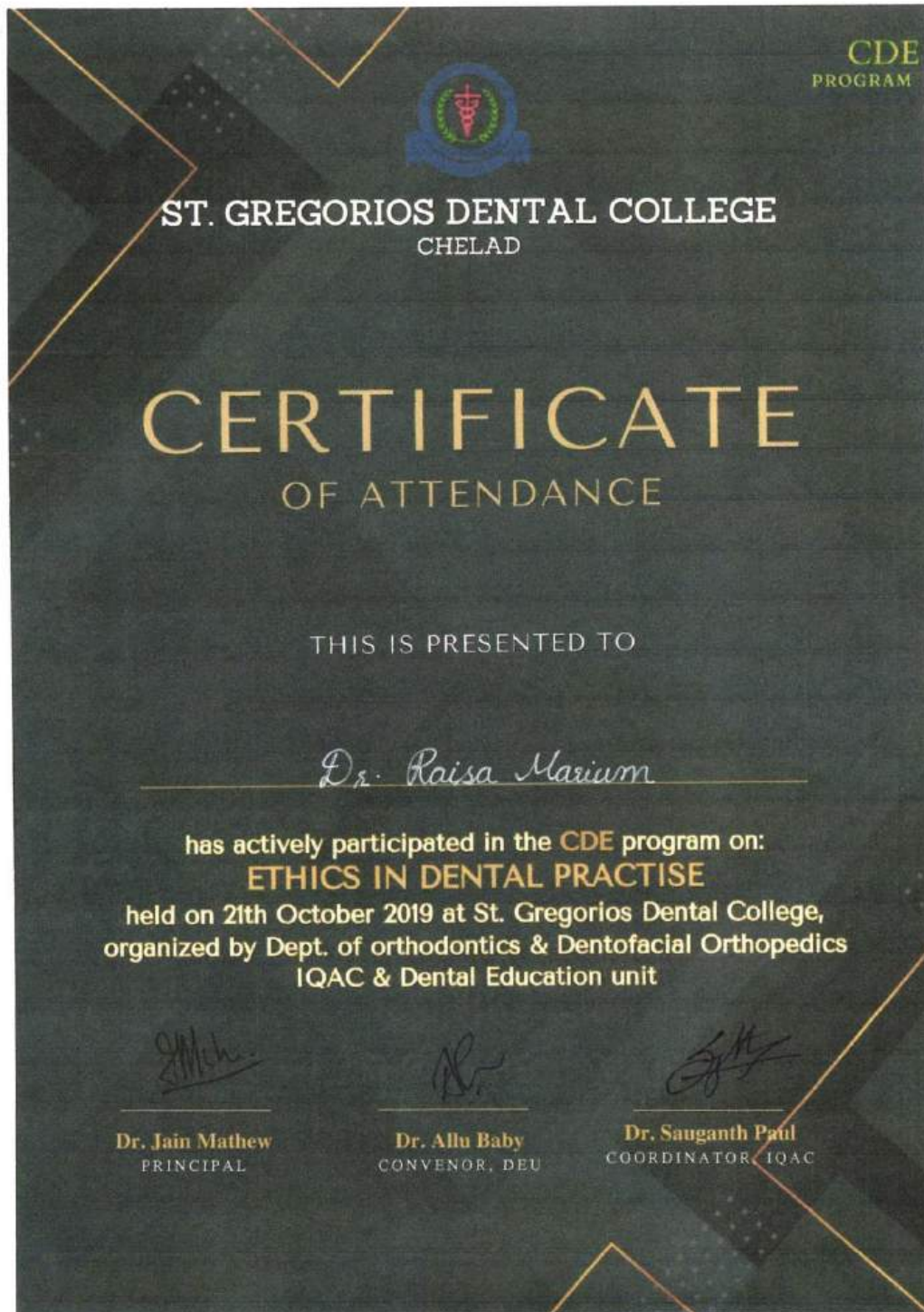
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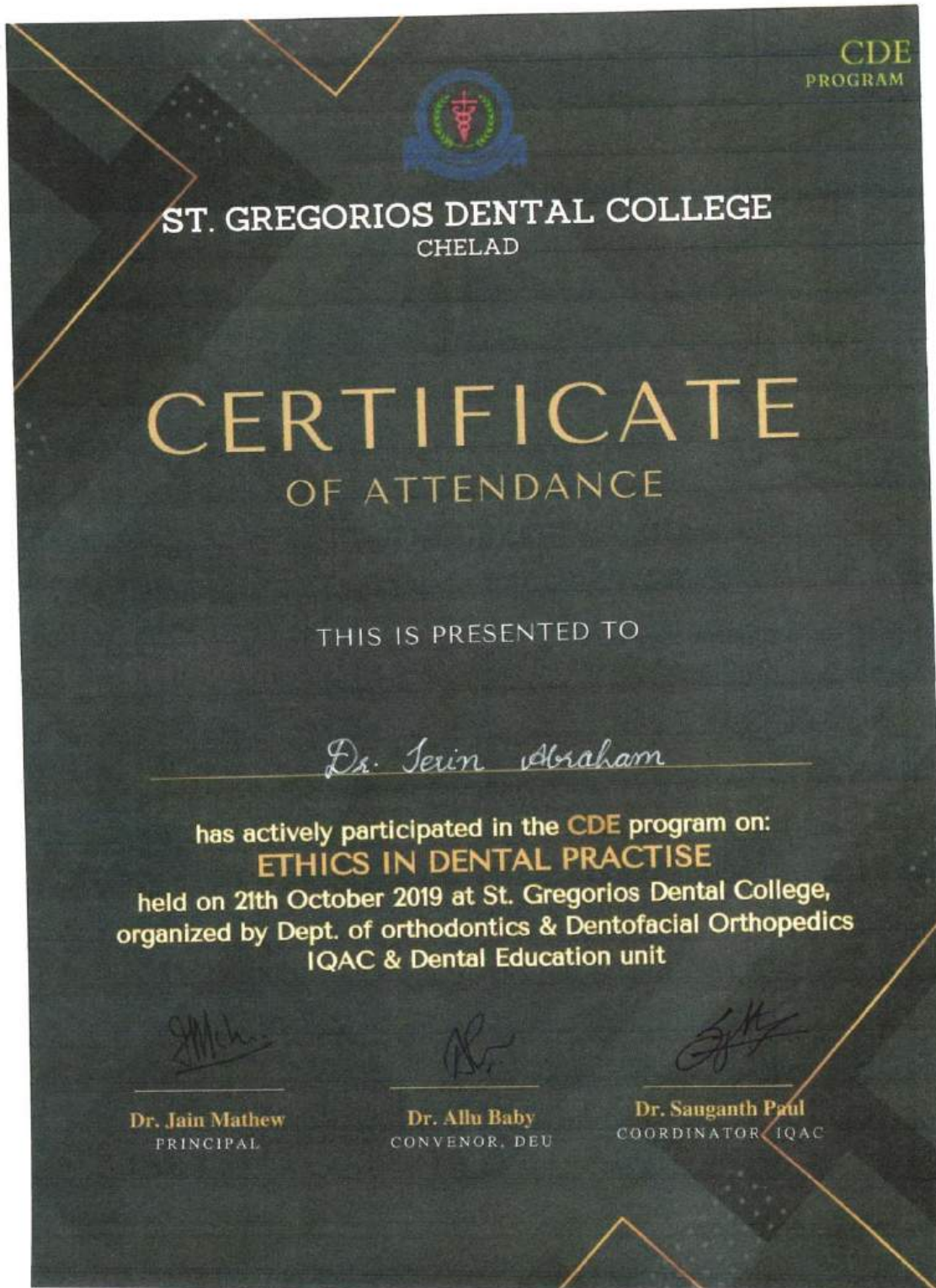






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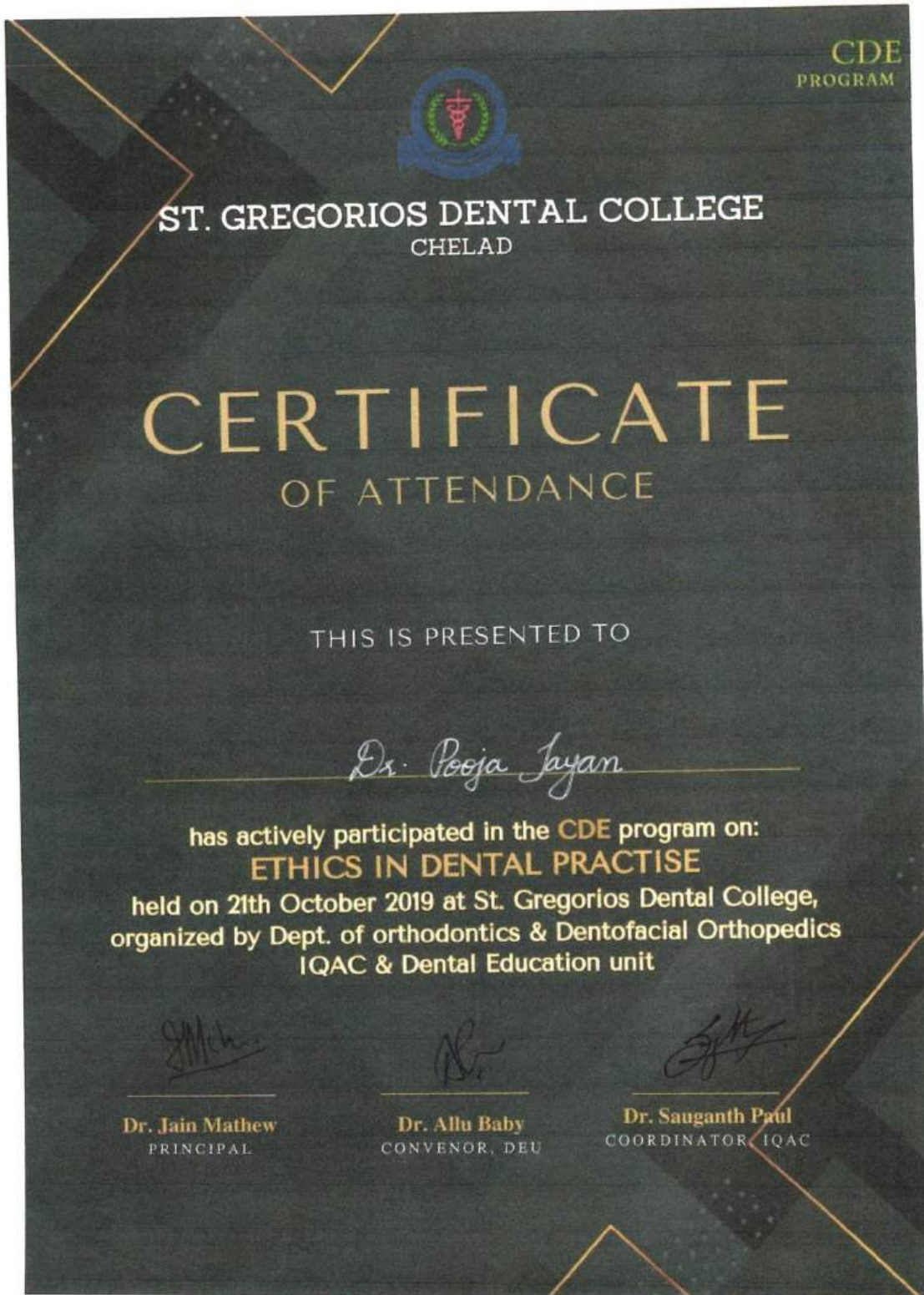
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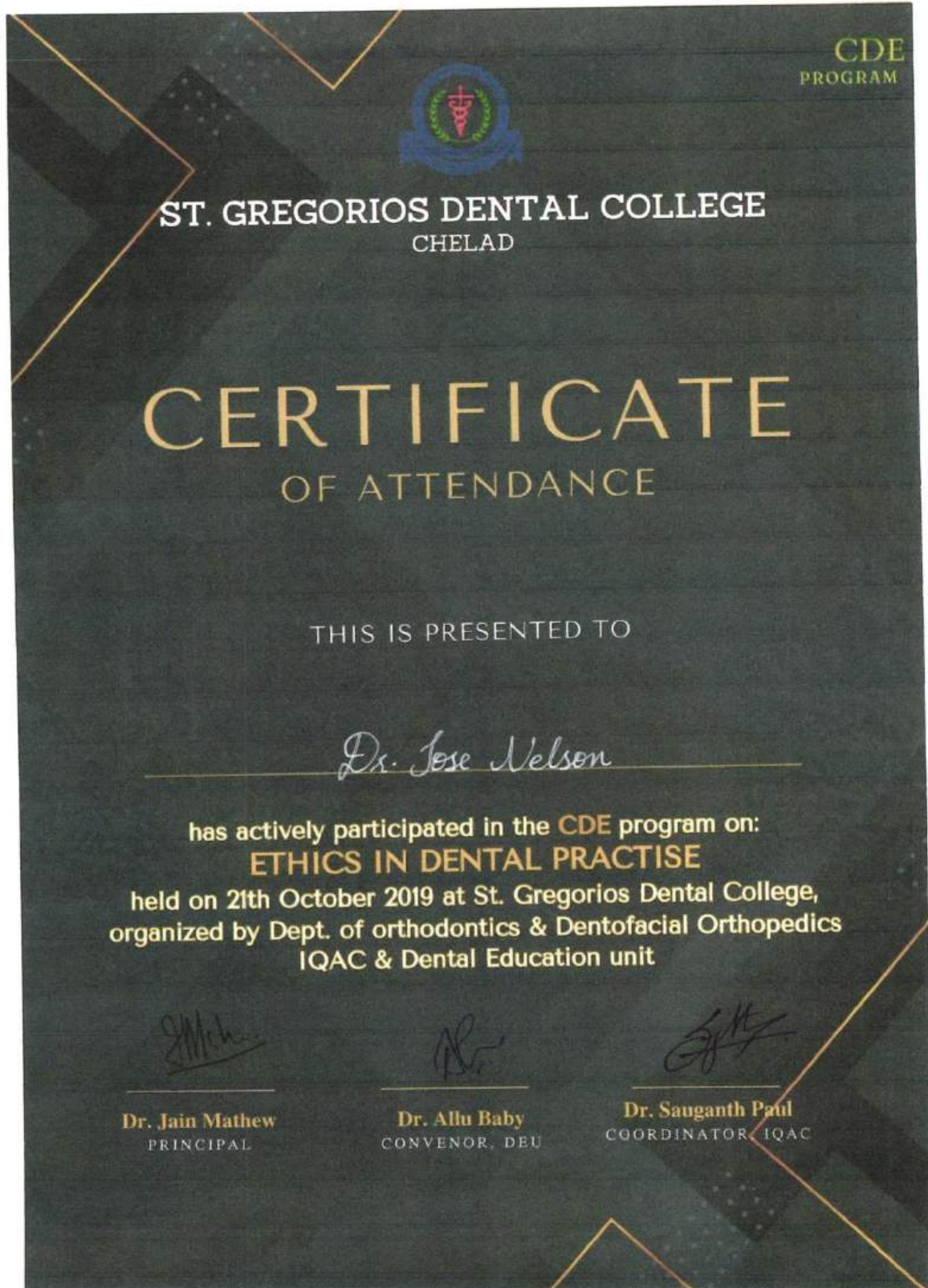






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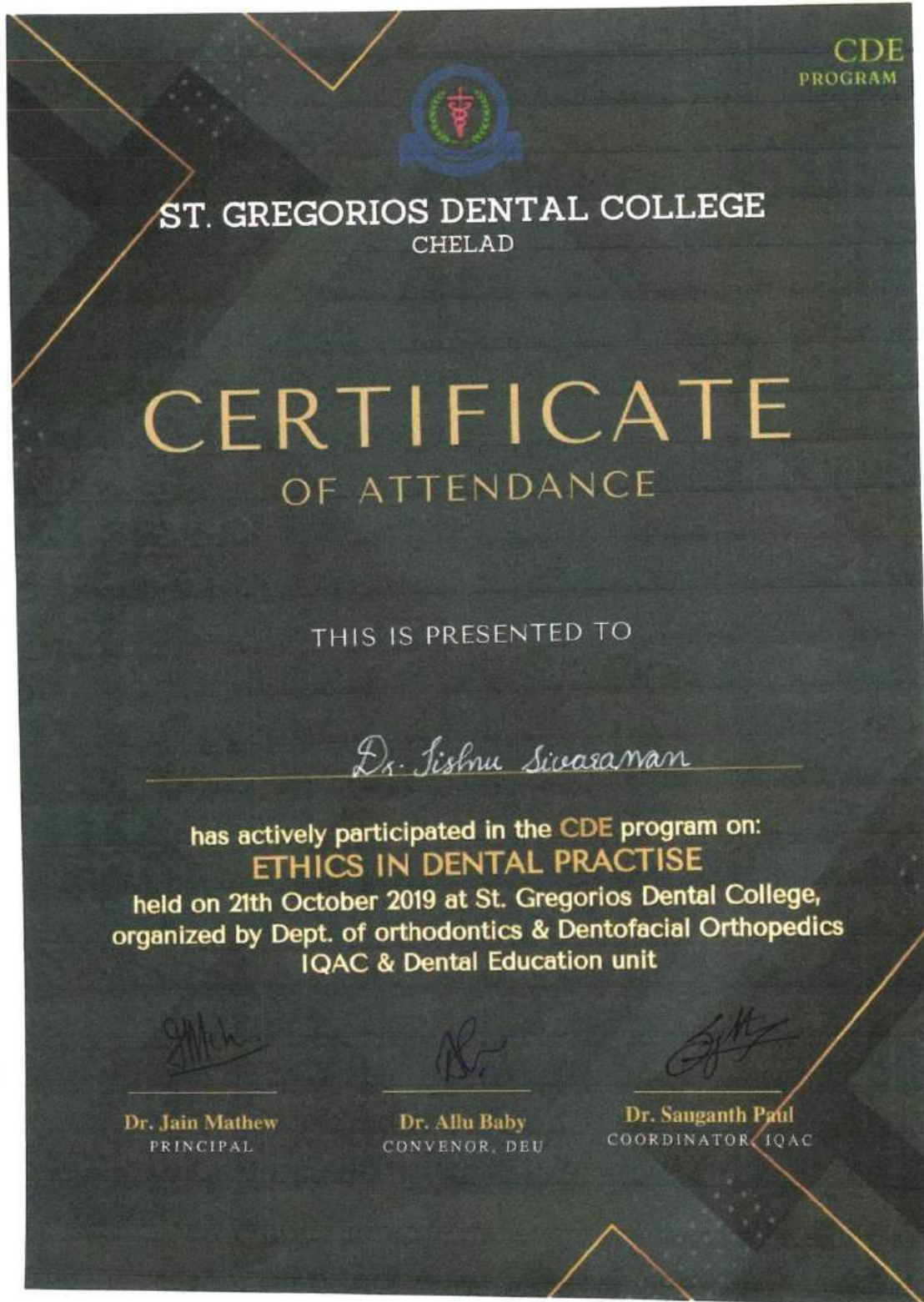
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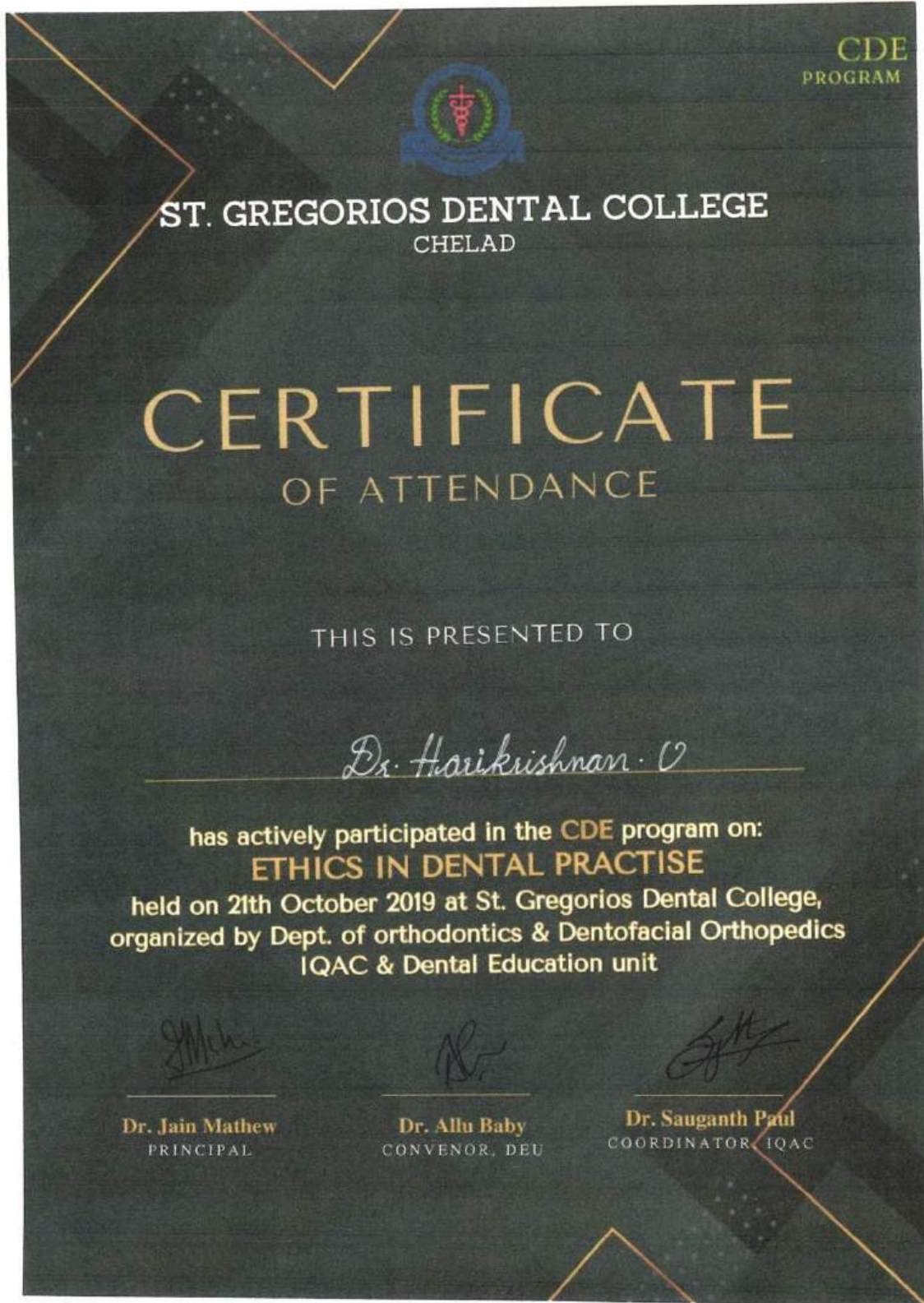






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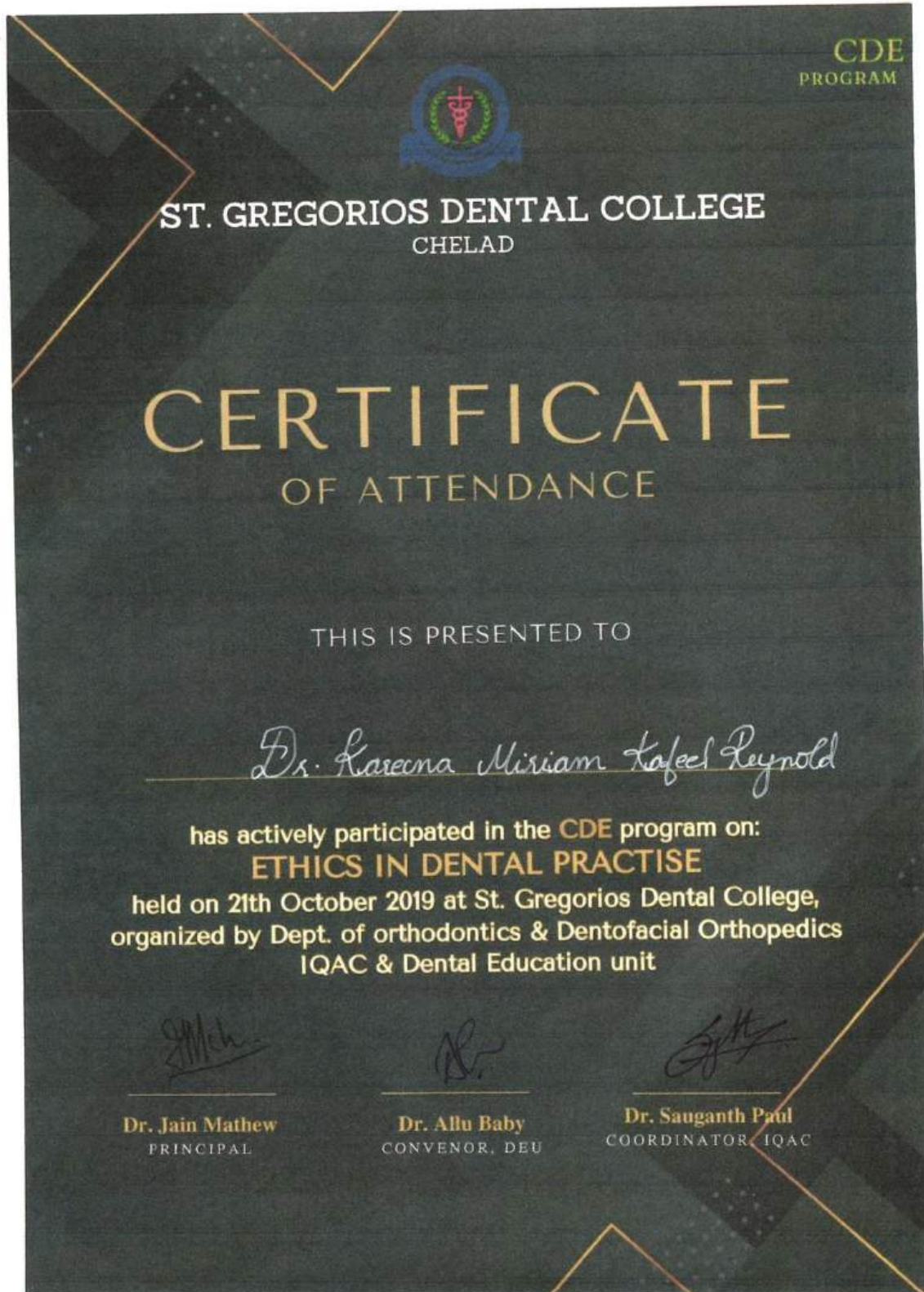
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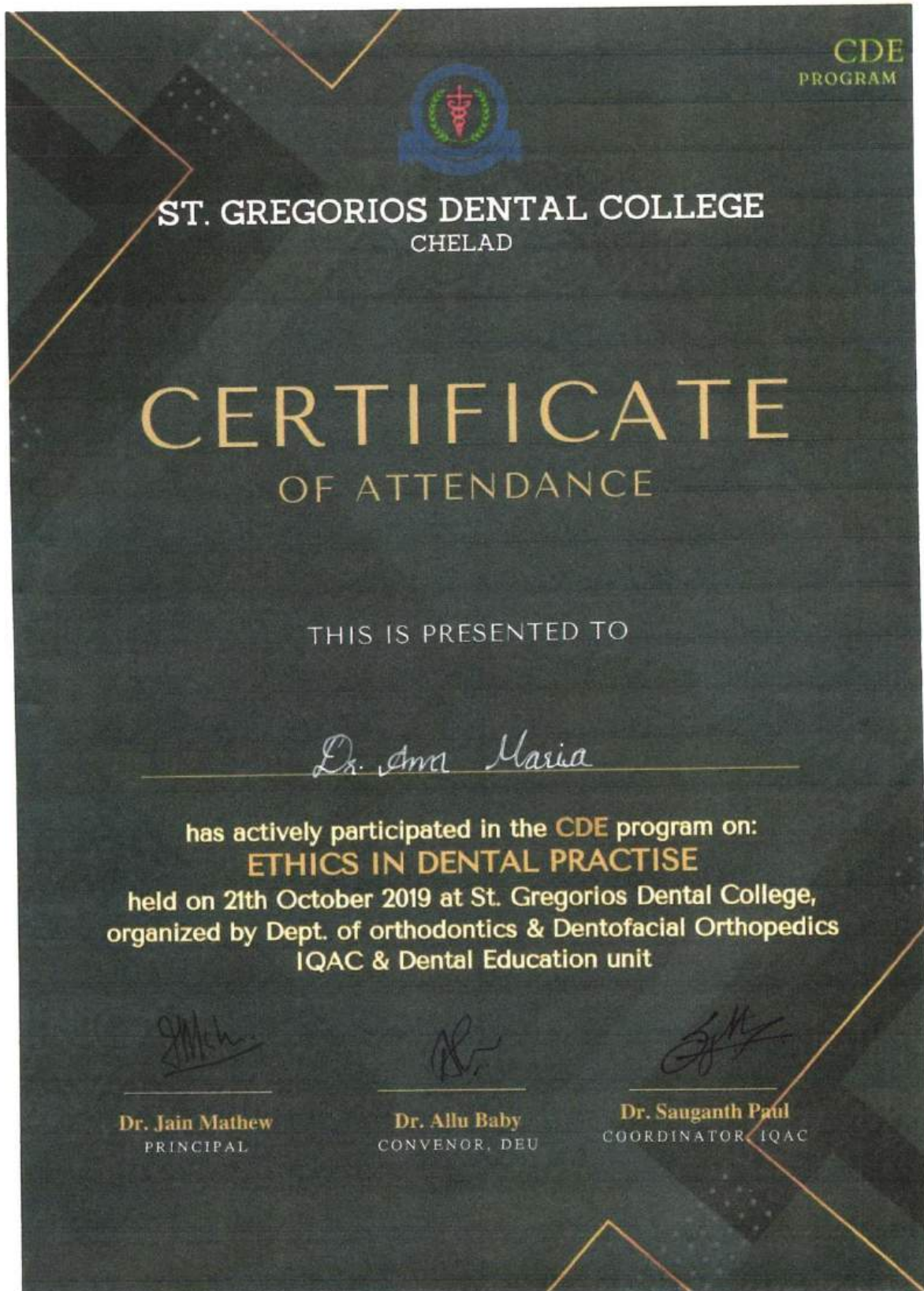






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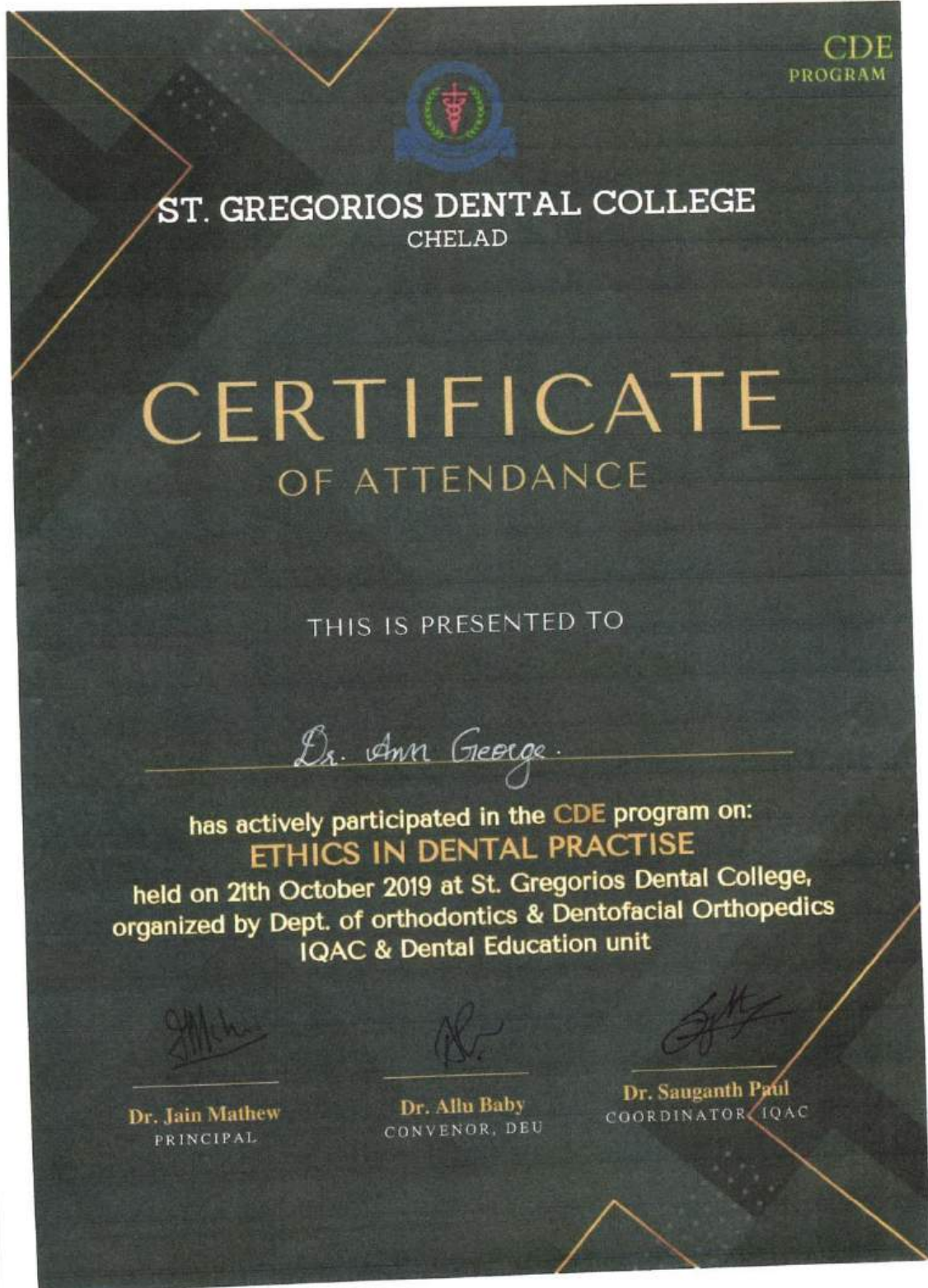
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## PHOTOGRAPHS



Photos of CDE program' Ethics in Dental Practice